

The Impact of Cardiogenic Shock and Out-of-Hospital Cardiac Arrest on the Outcome of Acute Myocardial Infarction. National Level Analysis.

Pavol Tomasov, Zuzana Motovska, Ota Hlinomaz, Petr Kala, Marek Sramko, Jan Mrozek, Milan Hromadka, Jan Precek, Josef Bis, Jan Matejka, Pavel Cervinka, Ales Kovarik, Libor Sknouril, Zdenek Coufal, Jiri Jarkovsky

Background

The number of AMIs complicated by CS and OHCA have an upward trend

Both complications increase the mortality of patients with AMI



Background

CS complicates up to 10% of AMIs

RCTs report 30-day mortality rates as high as 40-60%

OHCA prevalence in AMI patients treated by primary PCI varies greatly but can reach 30% in specific settings

30-day mortality rates can exceed 35%

Background

OHCA shifts the most frequent cause of death from primary cardiac reasons to neurological injury

The impact of cardiac arrest on AMI-related CS patients:
increased short-term mortality risk with a diminishing effect over time

Unclear effect of risk for CS development due to CA



Objective

To provide a national level analysis of predictors of CS and OHCA in AMI patients and their effect on mortality based on all-comers national registry



Methods

The analysis is based on data from the National Registry of Cardiovascular Surgery and Interventions (NRC SI) in the Czech Republic combined with data from the National registry of Deaths for mortality analysis

The 2016-2020 period was chosen for standardized registry data, and 23,703 patients with STEMI were analyzed



Results

		Acute STEMI after OHCA ¹			Acute STEMI without OHCA			Statistical significance of difference according to CS and resuscitation			
		1)Cardiogenic shock: no	2)Cardiogenic shock: yes	1 vs. 2 p ²	3)Cardiogenic shock: no	4)Cardiogenic shock: yes	3 vs 4 p ²	1 vs 3 p ²	2 vs 4 p ²	2 vs 3 p ²	1 vs 4 p ²
Total		2 262 (100.0%)	1 138 (100.0%)		19 590 (100.0%)	713 (100.0%)					
Gender	Men	1 676 (74.1%)	870 (76.4%)	0.134	13 991 (71.4%)	486 (68.2%)	0.062	0.007	<0.001	<0.001	0.002
	Women	586 (25.9%)	268 (23.6%)		5 599 (28.6%)	227 (31.8%)					
Age	Mean ± SD	62.0 ± 12.6	64.6 ± 12.3	<0.001	64.0 ± 12.6	68.8 ± 11.8	<0.001	<0.001	<0.001	0.072	<0.001
	< 40	73 (3.2%)	24 (2.1%)		431 (2.2%)	4 (0.6%)					
	40–49	317 (14.0%)	114 (10.0%)		2 268 (11.6%)	36 (5.0%)					
	50–59	549 (24.3%)	223 (19.6%)	<0.001	4 313 (22.0%)	113 (15.8%)	<0.001	<0.001	<0.001	0.070	<0.001
	60–69	677 (29.9%)	387 (34.0%)		5 930 (30.3%)	212 (29.7%)					
	70–79	446 (19.7%)	258 (22.7%)		4 384 (22.4%)	201 (28.2%)					
	≥ 80	200 (8.8%)	132 (11.6%)		2 264 (11.6%)	147 (20.6%)					

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Total	2 262 (100.0%)	1 138 (100.0%)		19 590 (100.0%)	713 (100.0%)						
Diabetes mellitus	396 (17.5%)	202 (17.8%)	0.86	3 246 (16.6%)	178 (25.0%)	<0.001	0.260	<0.001	0.302	<0.001	
Previous PCI	295 (13.0%)	167 (14.7%)	0.192	2 716 (13.9%)	134 (18.8%)	<0.001	0.279	0.020	0.446	<0.001	
Previous CABG	65 (2.9%)	44 (3.9%)	0.126	524 (2.7%)	38 (5.3%)	<0.001	0.584	0.140	0.024	0.003	
Chronic kidney disease	49 (2.2%)	59 (5.2%)	<0.001	536 (2.7%)	43 (6.0%)	<0.001	0.102	0.440	<0.001	<0.001	
Mechanical ventilation	1 631 (72.1%)	1 059 (93.1%)	<0.001	432 (2.2%)	194 (27.2%)	<0.001	<0.001	<0.001	<0.001	<0.001	
Infarct related artery	LMS	54 (2.4%)	156 (13.7%)	<0.001	291 (1.5%)	104 (14.6%)	<0.001	0.002	0.597	<0.001	<0.001
	LAD	1 100 (48.6%)	611 (53.7%)	0.005	8 571 (43.8%)	366 (51.3%)	<0.001	<0.001	0.323	<0.001	0.208
	LCX	486 (21.5%)	279 (24.5%)	0.047	3 442 (17.6%)	163 (22.9%)	<0.001	<0.001	0.415	<0.001	0.440
	RCA	780 (34.5%)	309 (27.2%)	<0.001	8 178 (41.7%)	229 (32.1%)	<0.001	<0.001	0.023	<0.001	0.243

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Total		2 262 (100.0%)	1 138 (100.0%)		19 590 (100.0%)	713 (100.0%)					
TIMI flow before treatment <i>(the lowest value of all treated lesions)</i>	0	1 167 (51.6%)	714 (62.7%)		10 279 (52.5%)	486 (68.2%)					
	1	186 (8.2%)	120 (10.5%)	<0.001	1 663 (8.5%)	71 (10.0%)	<0.001	0.015	0.096	<0.001	<0.001
	2	453 (20.0%)	159 (14.0%)		3 403 (17.4%)	80 (11.2%)					
	3	456 (20.2%)	145 (12.7%)		4 245 (21.7%)	76 (10.7%)					
TIMI flow after treatment <i>(the lowest value of all treated lesions)</i>	0	84 (3.7%)	82 (7.2%)		383 (2.0%)	61 (8.6%)					
	1	29 (1.3%)	41 (3.6%)	<0.001	158 (0.8%)	41 (5.8%)	<0.001	<0.001	0.021	<0.001	<0.001
	2	120 (5.3%)	116 (10.2%)		866 (4.4%)	90 (12.6%)					
	3	2 029 (89.7%)	899 (79.0%)		18 183 (92.8%)	521 (73.1%)					
Procedures											

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Mechanical ventilation	1 631 (72.1%)	1 059 (93.1%)	<0.001	432 (2.2%)	194 (27.2%)	<0.001	<0.001	<0.001	<0.001	<0.001
Procedures										
IABP the same day as PCI	12 (0.5%)	78 (6.9%)	<0.001	33 (0.2%)	45 (6.3%)	<0.001	0.002	0.647	<0.001	<0.001
ECMO the same day as PCI	14 (0.6%)	87 (7.6%)	<0.001	19 (0.1%)	21 (2.9%)	<0.001	<0.001	<0.001	<0.001	<0.001
MCS - short/medium term the same day as PCI	0 (0.0%)	10 (0.9%)	<0.001	7 (0.0%)	5 (0.7%)	<0.001	0.216	0.676	<0.001	<0.001
MCS - long term the same day as PCI	0 (0.0%)	0 (0.0%)	-	0 (0.0%)	0 (0.0%)	-	-	-	-	-
IABP from 1-30 days after PCI	8 (0.4%)	7 (0.6%)	0.290	34 (0.2%)	8 (1.1%)	<0.001	0.093	0.244	0.008	0.024
ECMO from 1-30 days after PCI	11 (0.5%)	21 (1.8%)	<0.001	22 (0.1%)	6 (0.8%)	<0.001	<0.001	0.068	<0.001	0.294
MCS - short/medium term from 1-30 days after PCI	2 (0.1%)	5 (0.4%)	0.040	11 (0.1%)	2 (0.3%)	0.082	0.575	0.580	0.001	0.260
MCS - long term from 1-30 days after PCI	1 (0.0%)	3 (0.3%)	0.089	6 (0.0%)	2 (0.3%)	0.028	0.745	0.946	0.010	0.118

Results

CS+ OHCA- patients were the oldest and had more comorbidities

CS- OHCA+ patients were the youngest and had fewer comorbidities

Infarct related artery supplying a large myocardial mass was more common in CS+ patients



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Total	2 262 (100.0%)	1 138 (100.0%)		19 590 (100.0%)	713 (100.0%)					
Mortality at 30 days	239 (10.6%)	549 (48.2%)	<0.001	776 (4.0%)	305 (42.8%)	<0.001	<0.001	0.008	<0.001	<0.001
Mortality at 1 year	387 (17.1%)	660 (58.0%)	<0.001	1 645 (8.4%)	387 (54.3%)	<0.001	<0.001	0.116	<0.001	<0.001

Results

CS predicted 30-day mortality

OR (95% CI) 5.515 (4.506; 6.751) for OHCA+

OR (95% CI) 9.275 (7.562; 11.376) for OHCA-

CS predicted 1-year mortality

OR (95% CI) 4.659 (3.870; 5.609) for OHCA+

OR (95% CI) 7.329 (6.040; 8.892) for for OHCA-



Figure 1a Mortality of patients according to cardiogenic shock and OHCA (30 days)

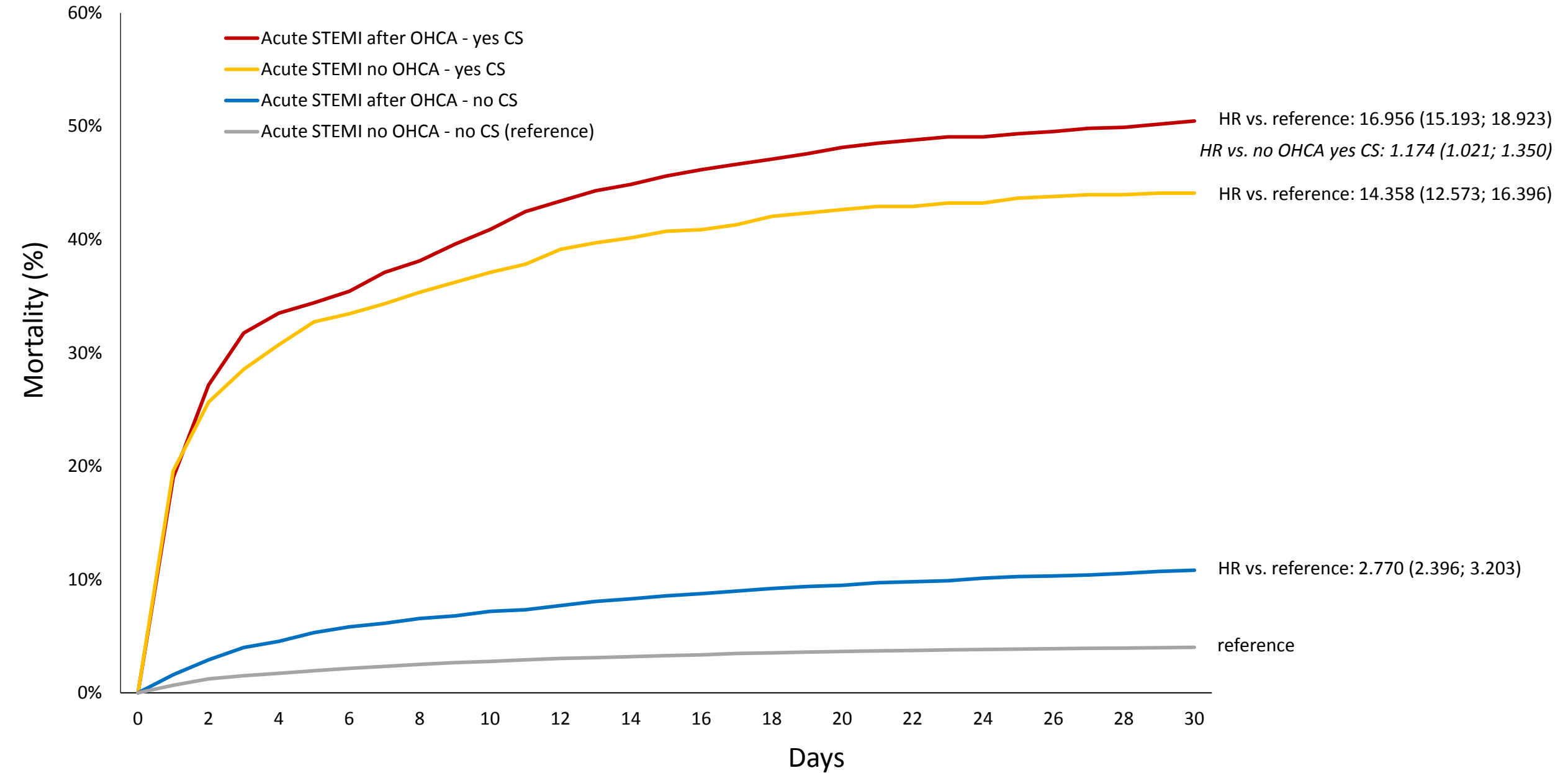


Figure 1b Mortality of patients according to cardiogenic shock and OHCA (1 year)

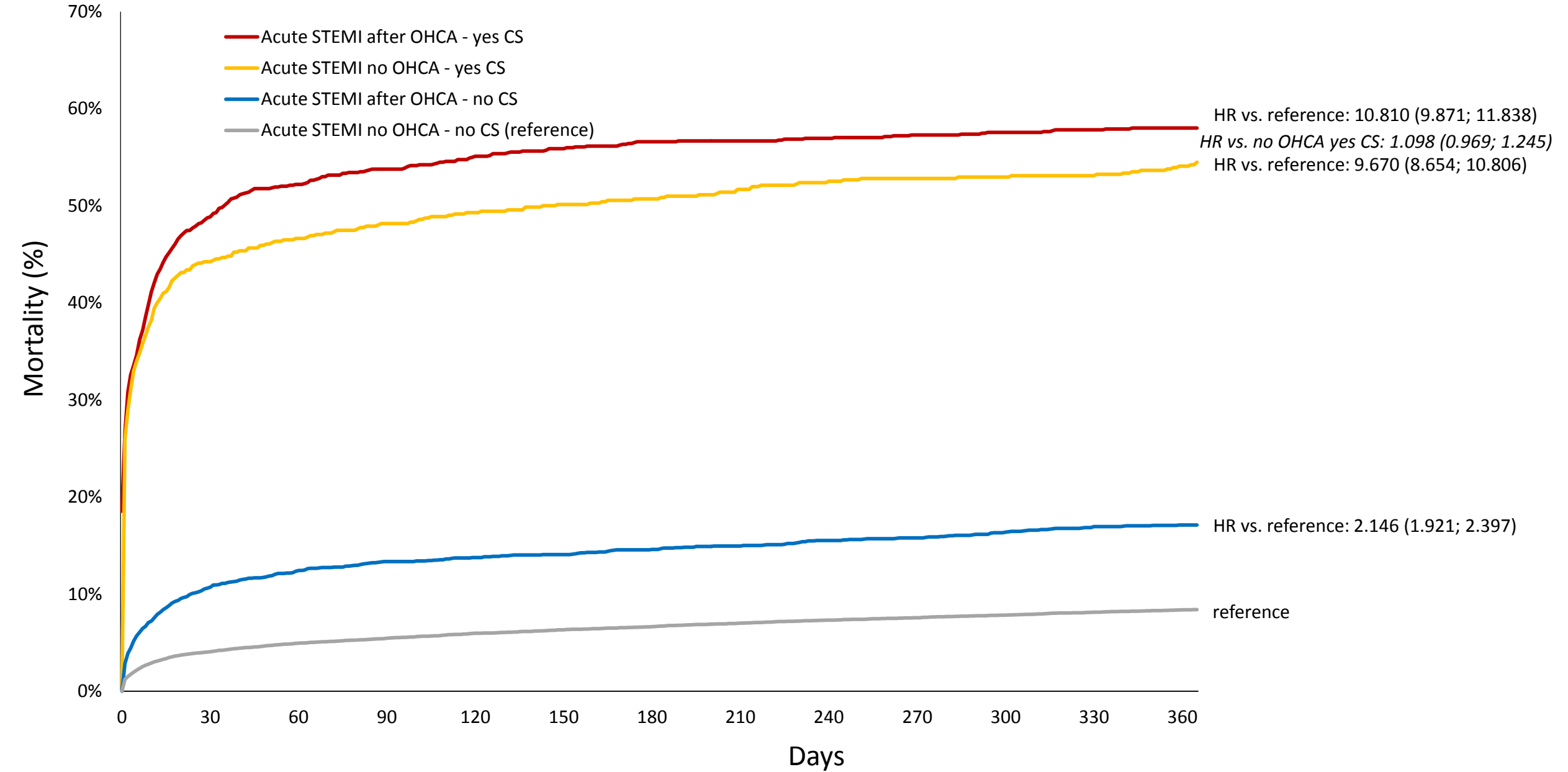
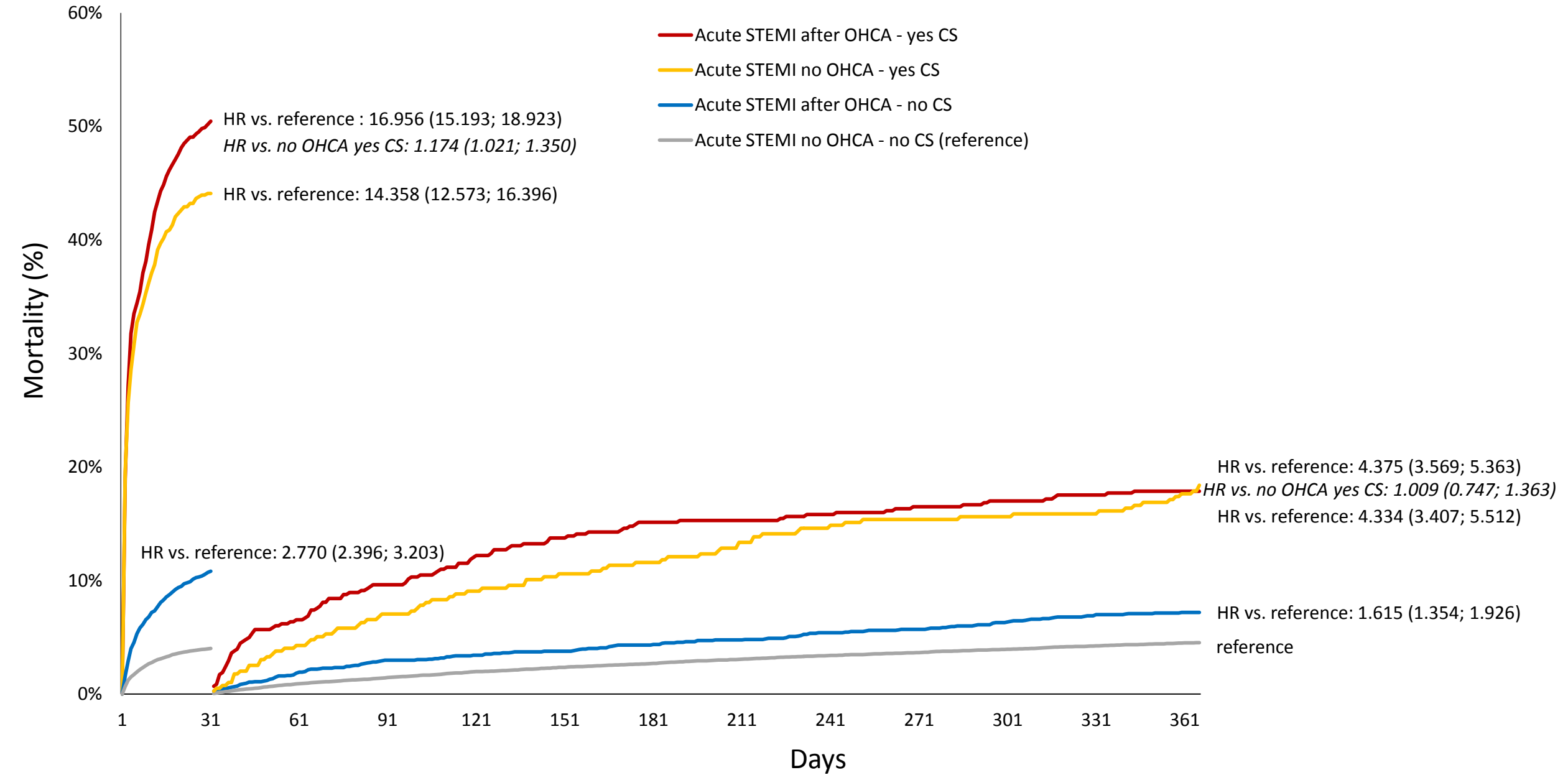


Figure 1c Mortality of patients according to cardiogenic shock and OHCA (landmark analysis 30 days and 31days-1 year)



Conclusion

OHCA significantly altered the 30-day mortality risk for both patients with and without CS with a diminishing impact at 1-year

CS is a strong predictor of both 30-day and 1-year mortality in STEMI, irrespective of OHCA

STEMI patients after OHCA and CS at admission are at the highest risk of death



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