

## STRUCTURAL AND FUNCTIONAL ALTERATIONS OF THE CARDIOVASCULAR SYSTEM IN PARKINSON'S DISEASE

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# Parkinson's disease (PD)

- progressive neurodegenerative disorder
- prevalence in developed countries of 0.3% in the adult population
- about 1% in subjects over 60 years of age
- clinically dominant motor symptoms caused by cell damage in the substantia nigra and by a subsequent deficit of dopamine (e.g. tremor, bradykinesia, rigidity, balance disorders)

# Cardiovascular system involvement in PD

- manifested mainly by autonomic dysfunction
- defects of the autonomous cardiac innervation
- most frequent symptoms are postural hypotension, chronotropic insufficiency, and reduced heart rate variability (HRV)
- increase of blood pressure (BP) and heart rate (HR) are also impaired in PD patients



# Aim

- 1) assess the influence of PD on the cardiovascular system, including HR and BP stress response
- 2) perform advanced measurements of heart volumes and mass using cardiac magnetic resonance
- 3) explore occurrence of AF and other arrhythmias in PD patients without cardiac comorbidities

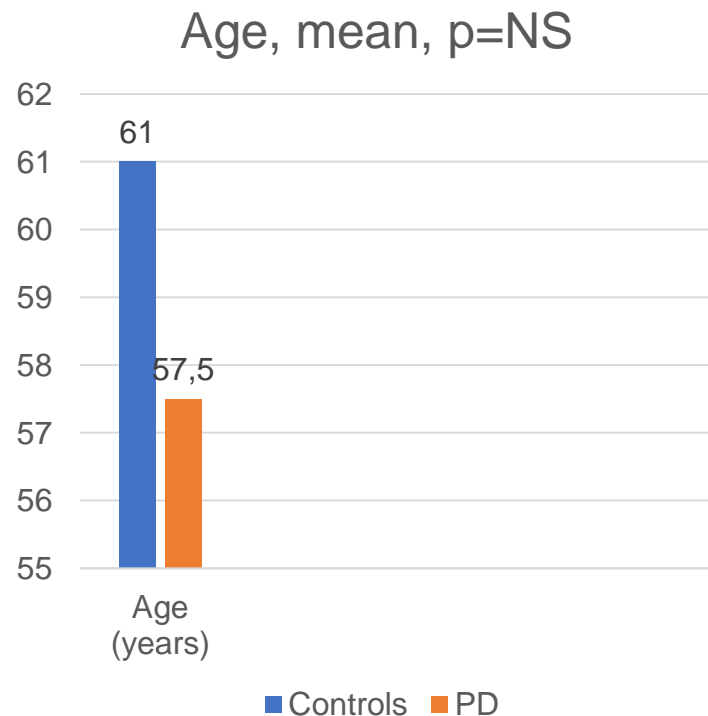
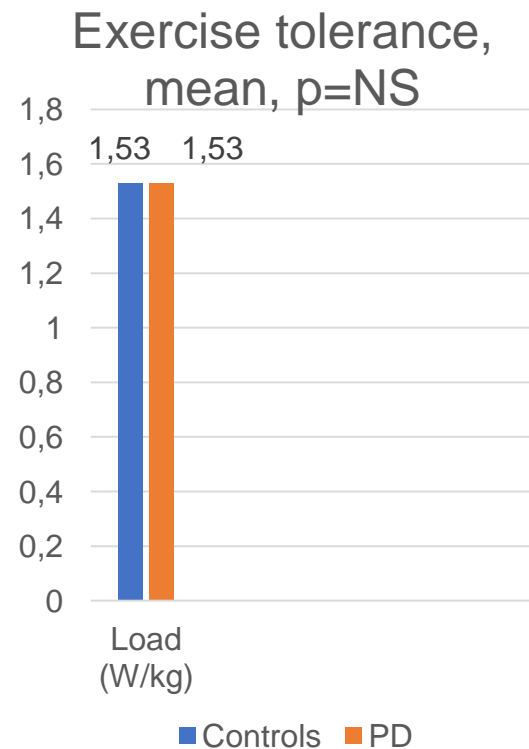
# Patients and Methods

- Initially 49 patients
- 19 patients with previous history of cardiac disorders (CAD, hypertension) excluded
- Finally enrolled 30 PD patients (19 men, mean age 57.5 years)
- bicycle ergometry, 24h-ECG Holter monitoring and cardiac MRI (CMR)

## Results – bicycle ergometry

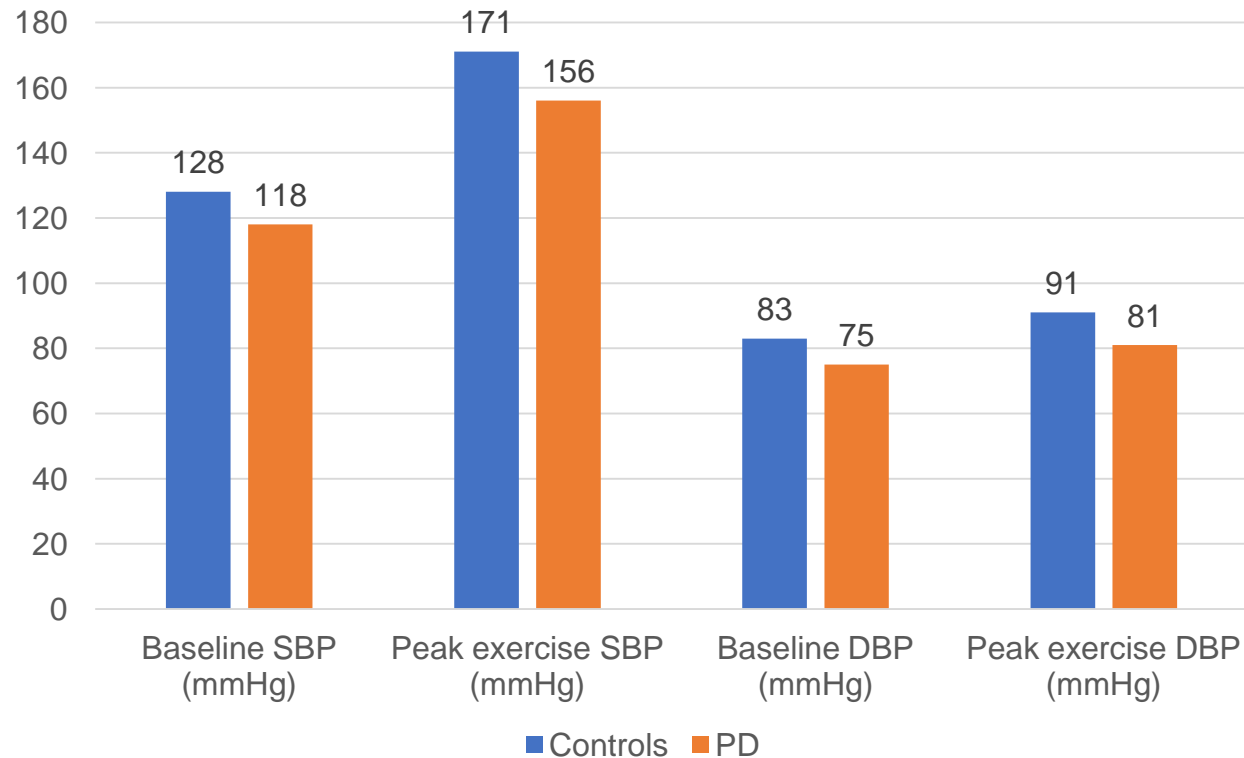
Control group of 24 subjects without previous history of cardiovascular disease and no antihypertensive drug use.

Referred for myocardial nuclear perfusion imaging (MPI) and had normal results

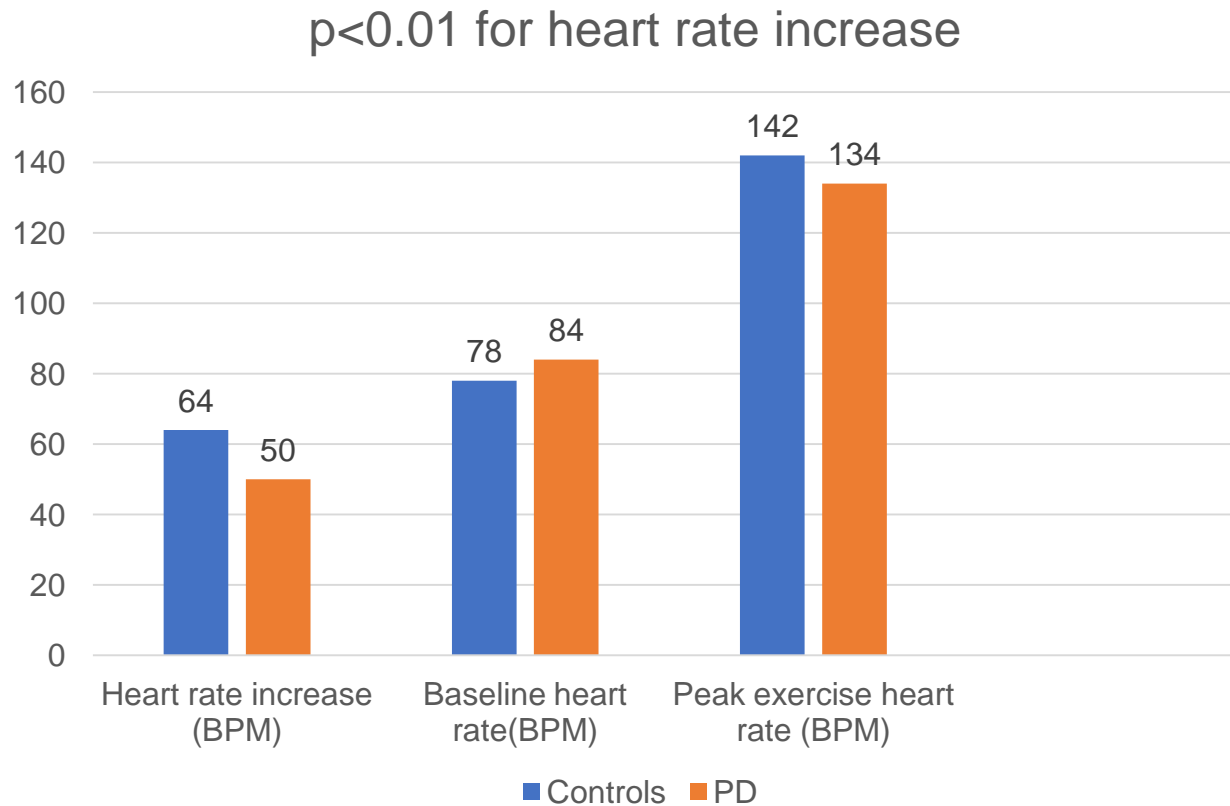


# Results – bicycle ergometry, blood pressure

$p < 0.05$  for baseline SBP,  $p < 0.01$  for peak SBP,  $p < 0.01$  for both DBP



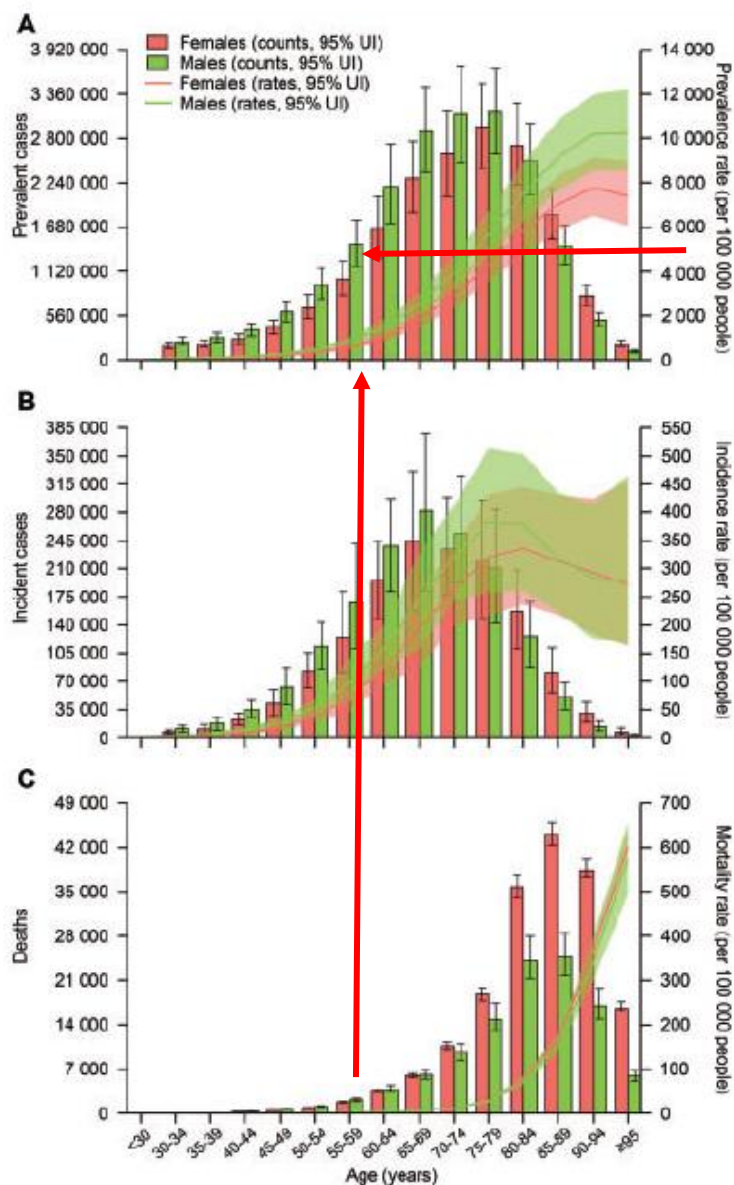
# Results – bicycle ergometry, heart rate





# Results – 24h-ECG Holter monitoring of 30 PD patients

Minimal heart rate (BPM, mean±SD)	49.2±7.3
Maximal heart rate (BPM, mean±SD)	109.9±15.5
Average heart rate (BPM, mean±SD)	71.6±7.9
Paroxysmal AF (No of subjects)	8 (26.7 %)
Paroxysmal SVT (No of subjects)	3 (10 %)
1st degree AV block (No of subjects)	4 (13.3 %)
2nd degree AV block (No of subjects)	1 (3.3 %)
Bundle branch block (No of subjects)	2 (6.6 %)
Premature supraventricular complexes (n, mean±SD)	226.9±489.9
Premature ventricular complexes (n, mean±SD)	182.5±415.1



**Figure 1** Age-specific counts and rates of prevalent cases (A), incident cases (B), and deaths (C) of atrial fibrillation by sex, 2017. Error bars and shading represent 95% uncertainty intervals.

## Global, regional, and national prevalence, incidence, mortality, and risk factors for atrial fibrillation, 1990–2017: results from the Global Burden of Disease Study 2017

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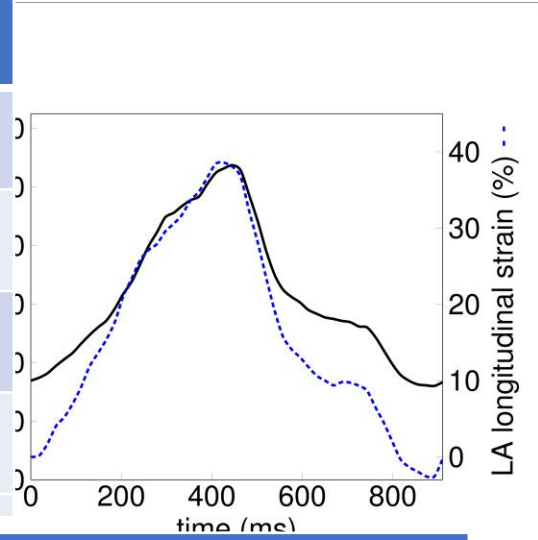
## Results – cardiac MRI

The controls for cardiac magnetic resonance (CMR) were 20 subjects with a clinical indication for CMR with normal CMR findings, no other cardiac results, and no other relevant medical history

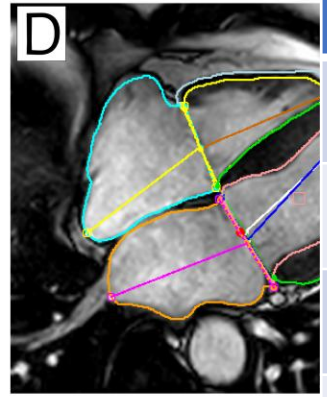
- native T1 and T2 relaxation times were not prolonged in PD.
- ECV values in PD were inside the normative values and did not differ from CG.
- LV strain was consistently lower in PD than controls - the difference was not statistically significant

# Results – cardiac MRI

Right ventricle			
	Controls	PD	p
RVEF (%)	64.8 (7.7)	60.5 (8.5)	0.069
RVEDVI (ml/m <sup>2</sup> )	61.0 (13.1)	73.5 (15.4)	<b>0.004</b>
RVESVI (ml/m <sup>2</sup> )	22.0 (8.1)	29.0 (10.8)	<b>0.013</b>
RVSVI (ml/m <sup>2</sup> )	37.4 (34.3, 40.4)	43.7 (36.8, 47.6)	0.053



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Right atrium			
	Controls	PD	p
RAVlmax (ml/m <sup>2</sup> )	37.8 (9.6)	48.1 (10.2)	<b>&lt;0.001</b>
RAVlmin (ml/m <sup>2</sup> )	17.2 (5.9)	22.9 (6.9)	<b>0.004</b>
RAEF (%)	54.9 (9.6)	52.9 (10.5)	0.500
RALS (%)	48.0 (13.8)	42.6 (14.0)	0.187

# Conclusion

- PD patients have high prevalence of AF
  - normal myocardial tissue characteristics assessed by cMRI
  - Indexed ventricular and atrial volumes are higher in PD patients
  - HR a BP stress response is significantly lower in PD patients
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# Conclusion 2

- Impairment of cardiac functions can influence patient's quality of life and worsen clinical condition
- Targeted cardiac examination should be included in diagnostic workflow in PD patients



Thank you for your attention



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