

# Mladý pacient s aortální vadou: myslíme dostatečně dlouhodobě?

XXXV. WORKSHOP ČAIK

Jan Vojáček

Kardiochirurgická klinika

LF a FN Hradec Králové



Valve-sparing aortic root replacement is recommended in young patients with aortic root dilatation at experienced centres, when durable results are expected.<sup>247,250–253,255</sup>

**I**

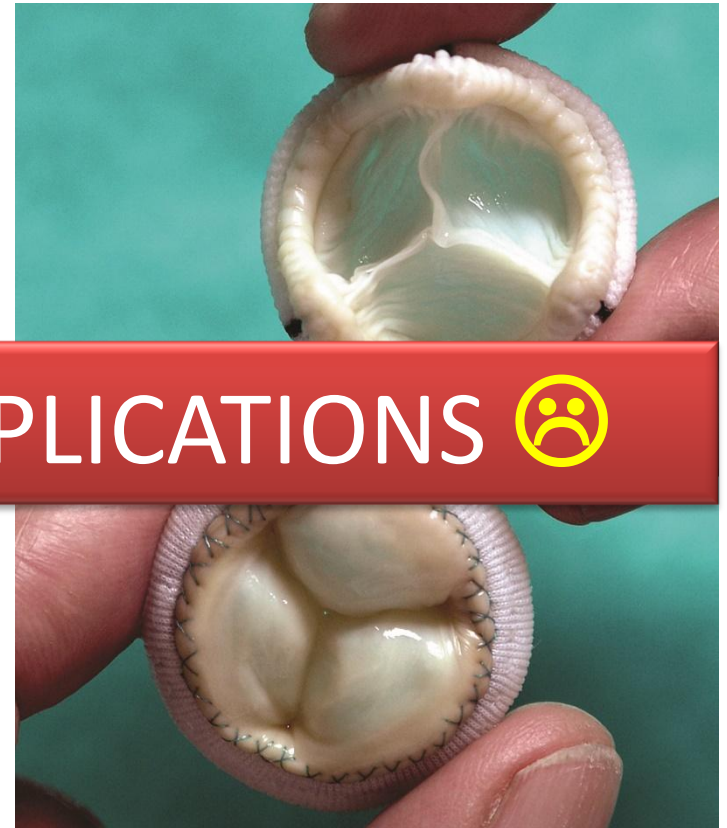
**B**

AV repair should be considered in selected patients with severe AR at experienced centres, when durable results are expected.<sup>220,245,246,259</sup>

**IIa**

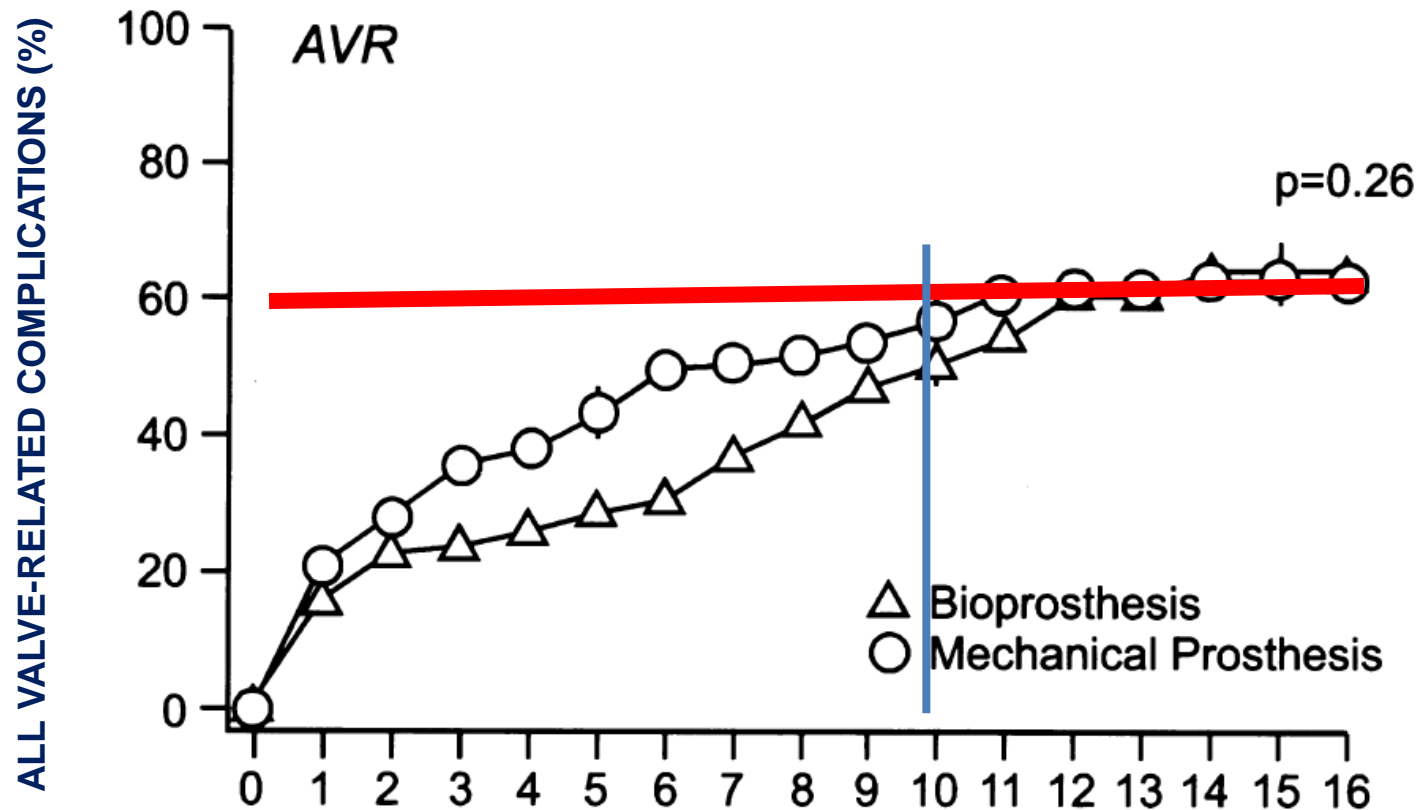
**B**





VALVE RELATED COMPLICATIONS ☹️

# The long-term results of mechanical and bioprosthetic AVR

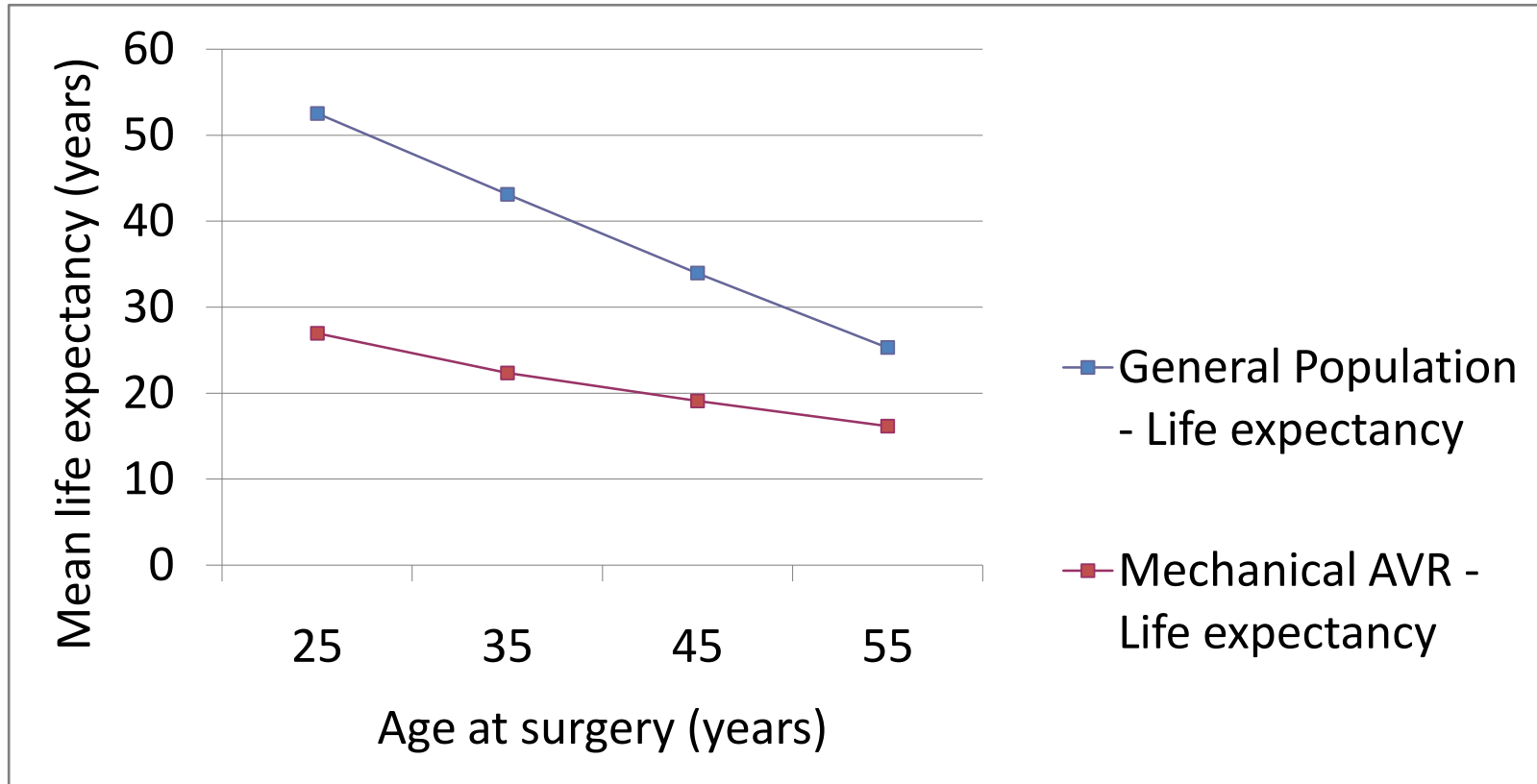


# Mechanical aortic valve replacement in non-elderly adults: meta-analysis and microsimulation



- 1995 – 2015
- Age: 18 – 55 (mean age: 48 years)
- 5728 patients from 29 publications
- Life expectancy and lifetime event risk

# Life expectancy after mechanical AVR??





45 years

Life expectancy: 34 years



Life expectancy = **19 years** (instead of 34 years)

Lifetime risk of:

TEC	18%
Bleeding	15%
ReDo	10%

# Loss in Life Expectancy After Surgical Aortic Valve Replacement

JACC 2019

SWEDHEART Study

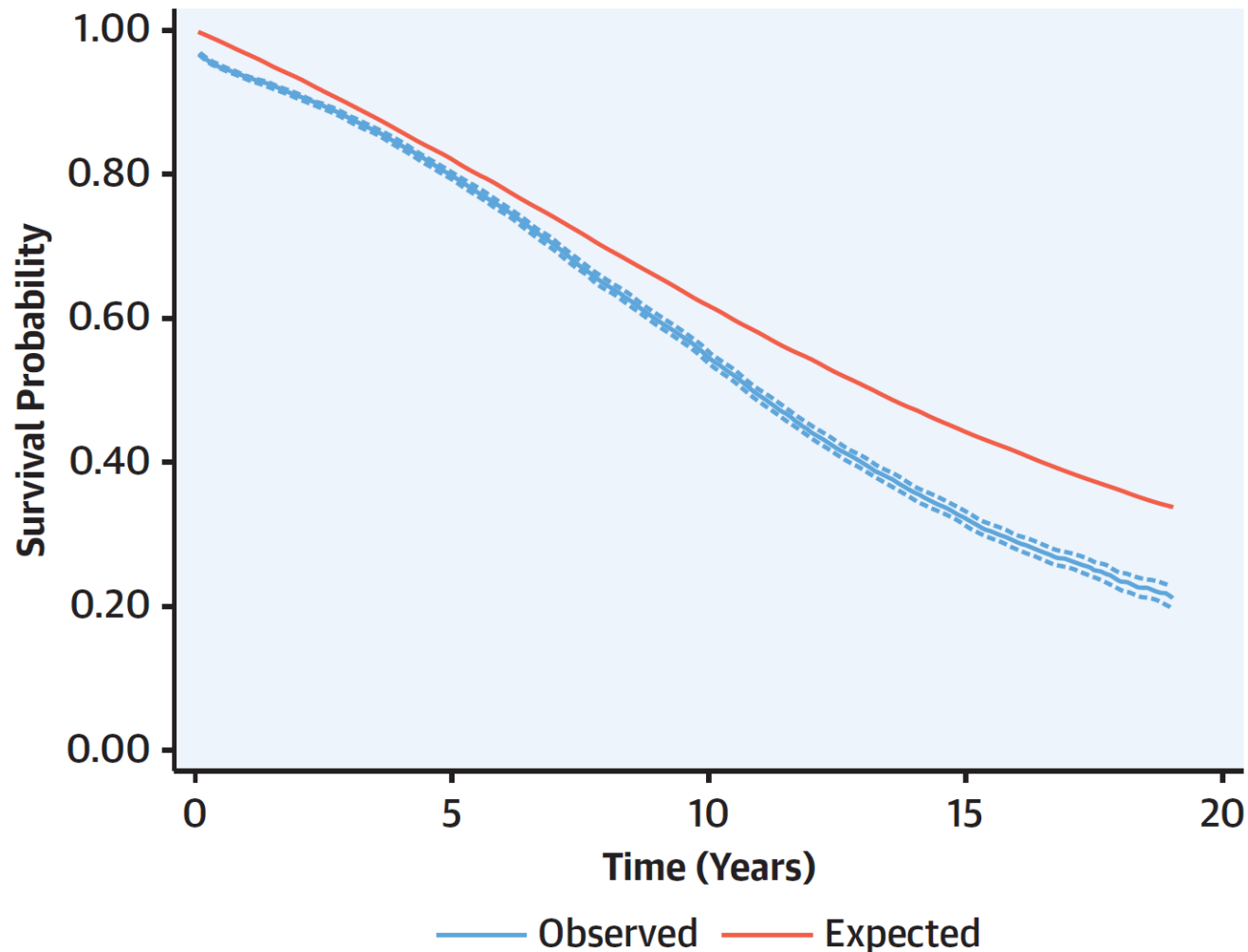
23 528 patients after AVR



# Loss in Life Expectancy After Surgical Aortic Valve Replacement

JACC 2019

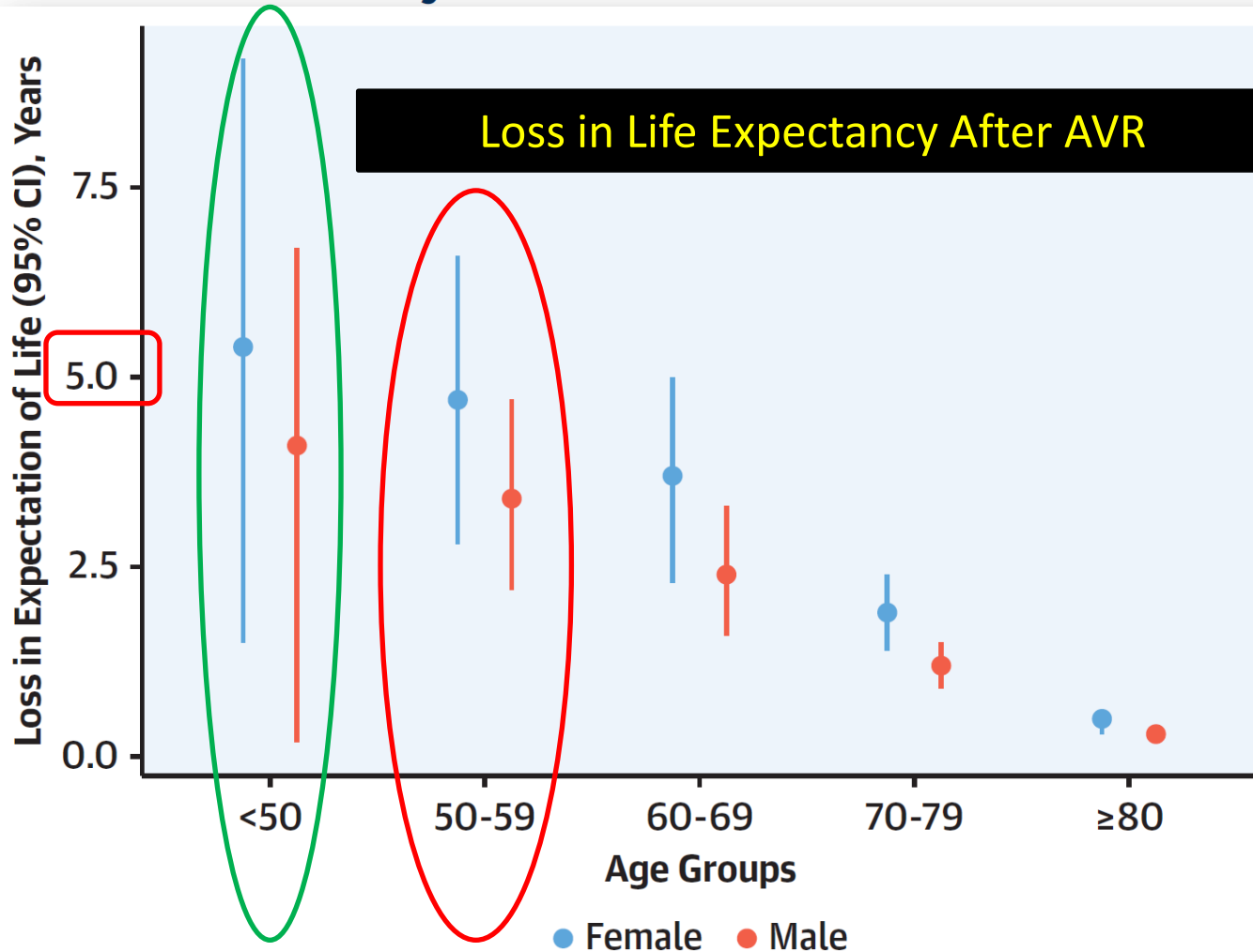
SWEDHEART Study



# Loss in Life Expectancy After Surgical Aortic Valve Replacement

JACC 2019

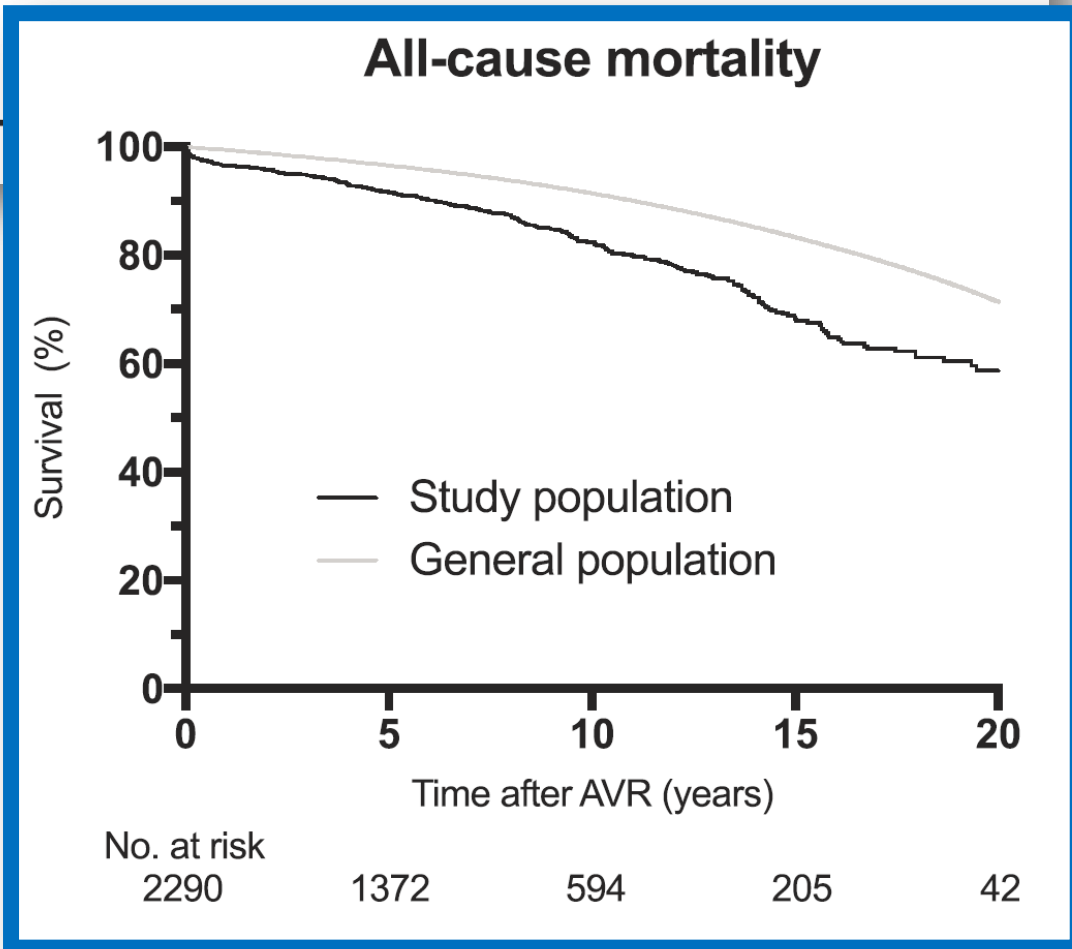
SWEDHEART Study



**ORIGINAL ARTICLE**

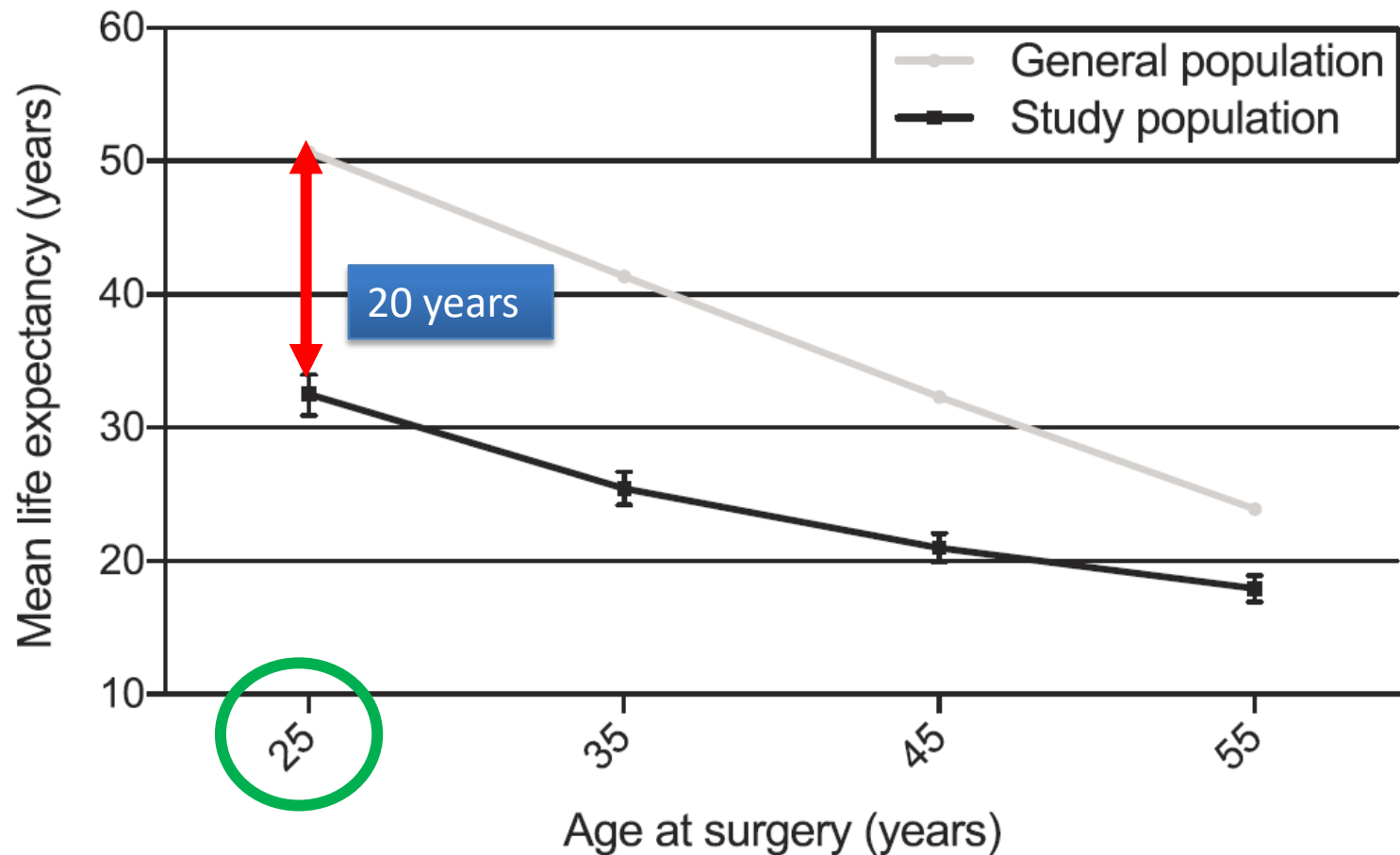
# Bioprosthetic Aortic Valve Replacement in Nonelderly Adults

A Systematic Review, Meta-



# Circulation: Cardiovascular Quality and Outcomes

**ORIG**  
**Bio**  
**No**  
**A Sy**



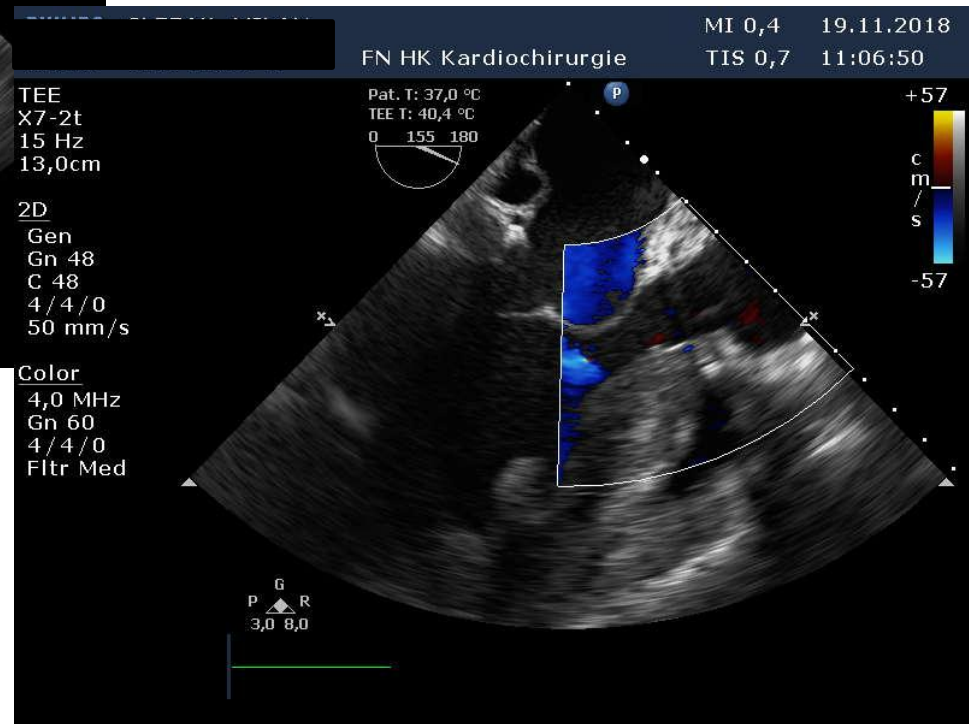
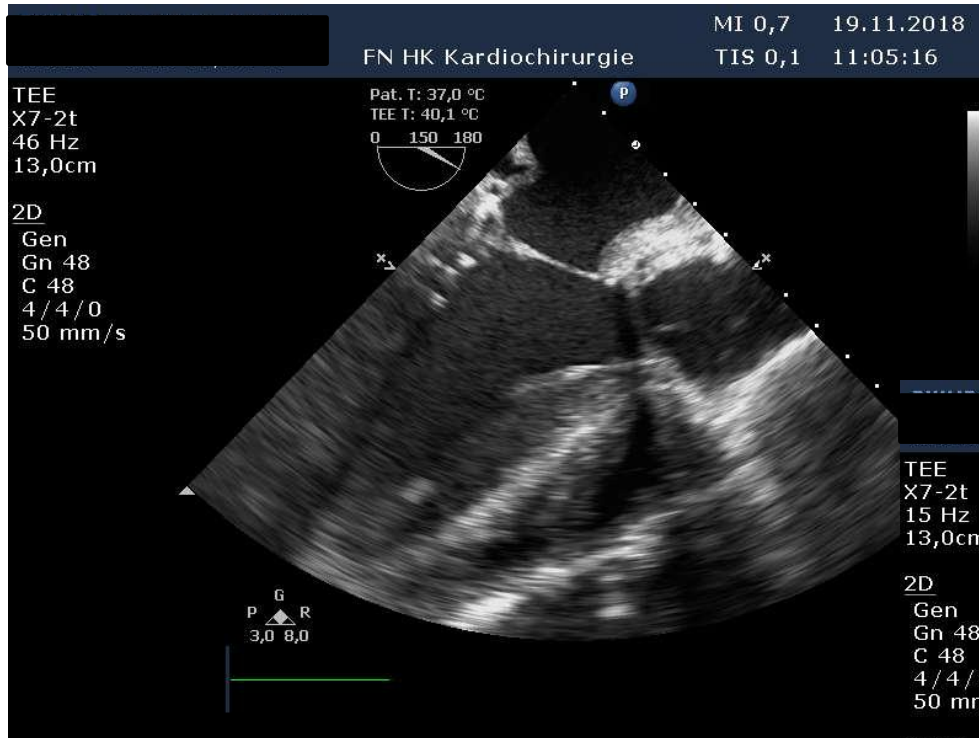
019

n

Microsimulation-based age-specific **mean life expectancy after bioAVR** compared with the age- and sex-matched general population

# The Ross procedure

## Perioperative TEE



# Improved Survival After the Ross Procedure Compared With Mechanical Aortic Valve Replacement

homograft aortic root trial. Lancet. 2010

When is the Ross operation a good

Tirone E. David, MD, Anna W

# Long-Term Outcomes of Patients Undergoing the Ross Procedure

JACC 2021



## Outcomes of the Ross Procedure Compared With Mechanical Aortic Valve Replacement

German Ross Registry

Aug 14, 2016 Matched Cohort Study

T. DAVID, Circulation, August 2016

# Propensity-Matched Comparison of the Ross Procedure and Prosthetic

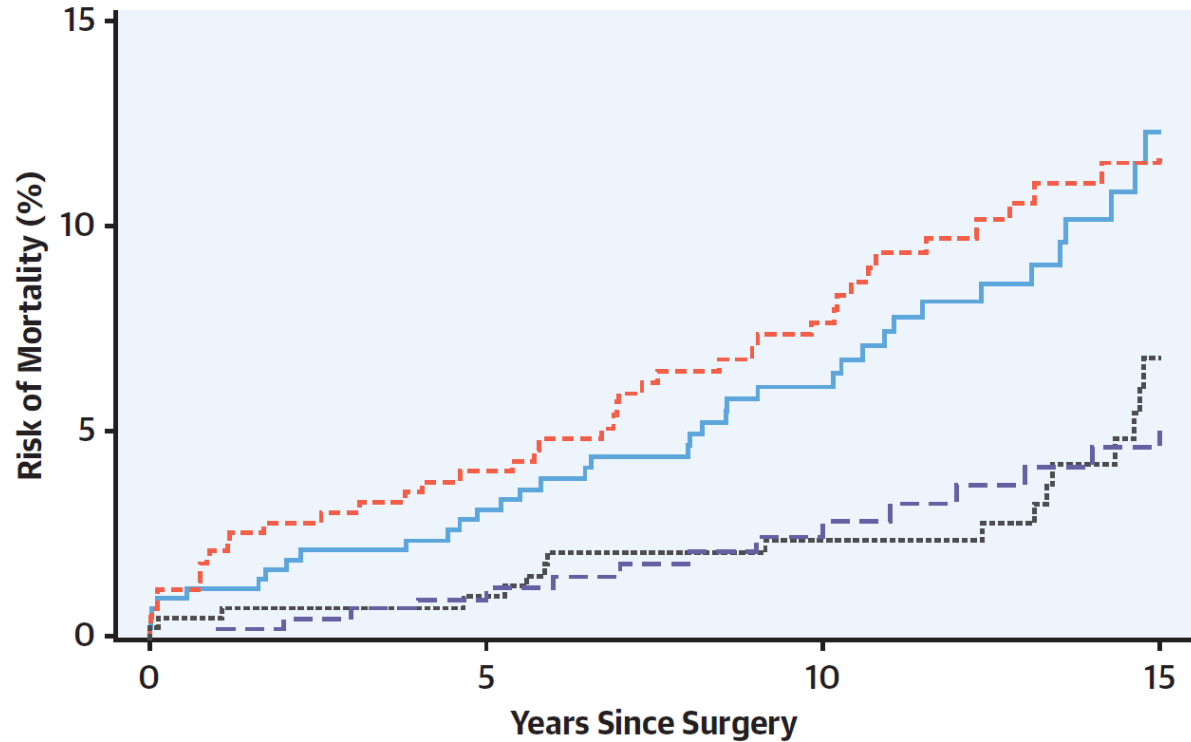


**CENTRAL ILLUSTRATION** Long-Term Outcomes After the Ross Procedure vs Prosthetic Aortic Valve Replacement in Adults

## Ross vs Biological vs Mechanical AVR

- New York and California Statewide Data (1997-2014)
- Adults needing elective isolated AVR (18-50 years old)
- Exclusions: Concomitant procedures, reoperations, IV drug use, dialysis, endocarditis, history of cancer, connective tissue disorders
- 1:1:1 propensity matching (Ross: Biological: Mechanical)
- N = 434 patients per cohort
- Median follow-up: 12.5 years

Long-Term Cumulative Incidence of All Cause Mortality Compared with the Matched U.S. General Population







Number at Risk

Bioprosthetic	434	386	290	113
Mechanical	434	369	287	131
Ross	434	376	298	129

— Bioprosthetic — Mechanical - - - Ross - - - General Population

Cite this article as: Gofus J, Fila P, Drabkova S, Zacek P, Ondrasek J, Nemecek P *et al.* Ross procedure provides survival benefit over mechanical valve in adults: a propensity-matched nationwide analysis. *Eur J Cardiothorac Surg* 2022; doi:10.1093/ejcts/ezac013.

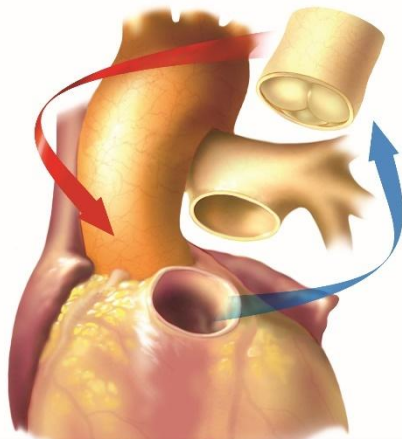
## Ross procedure provides survival benefit over mechanical valve in adults: a propensity-matched nationwide analysis

Jan Gofus <sup>a</sup>, Petr Fila <sup>b,\*</sup>, Svetlana Drabkova<sup>c</sup>, Pavel Zacek <sup>a</sup>, Jiri Ondrasek<sup>b</sup>, Petr Nemecek <sup>b</sup>, Jan Sterba<sup>b</sup>, Martin Tuna<sup>a</sup>, Jiri Jarkovsky<sup>c</sup> and Jan Vojacek<sup>a</sup>

<sup>a</sup> Department of Cardiac Surgery, Charles University, Faculty of Medicine and University Hospital in Hradec Kralove, Hradec Kralove, Czech Republic

<sup>b</sup> Department of Cardiac Surgery, Centre of Cardiovascular Surgery and Transplantation, Brno, Czech Republic

<sup>c</sup> Institute of Health Information and Statistics of the Czech Republic, Prague, Czech Republic



Dept. of Cardiac Surg, UH HK; CKTCH, Brno

**296** Ross adult patients



All cardiac centers in Czech Republic

**5120** mechanical AVR

Cite this article as: Gofus J, Fila P, Drabkova S, Zacek P, Ondrasek J, Nemecek P *et al.* Ross procedure provides survival benefit over mechanical valve in adults: a propensity-matched nationwide analysis. *Eur J Cardiothorac Surg* 2022; doi:10.1093/ejcts/ezac013.

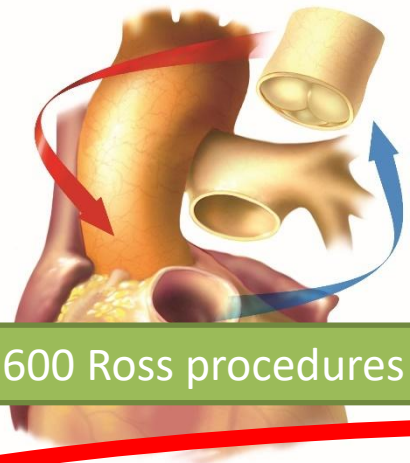
## Ross procedure provides survival benefit over mechanical valve in adults: a propensity-matched nationwide analysis

Jan Gofus <sup>a</sup>, Petr Fila <sup>b,\*</sup>, Svetlana Drabkova<sup>c</sup>, Pavel Zacek <sup>a</sup>, Jiri Ondrasek<sup>b</sup>, Petr Nemecek <sup>b</sup>, Jan Sterba<sup>b</sup>, Martin Tuna<sup>a</sup>, Jiri Jarkovsky<sup>c</sup> and Jan Voiacek<sup>a</sup>

<sup>a</sup> Department of  
<sup>b</sup> Department of  
<sup>c</sup> Institute of

Faculty of Medicine and University Hospital in Brno  
Department of Thoracic and Cardiovascular Surgery and Transplantation, Brno, Czech Republic  
Department of Thoracic and Cardiovascular Surgery, Prague, Czech Republic

Public



More than 600 Ross procedures

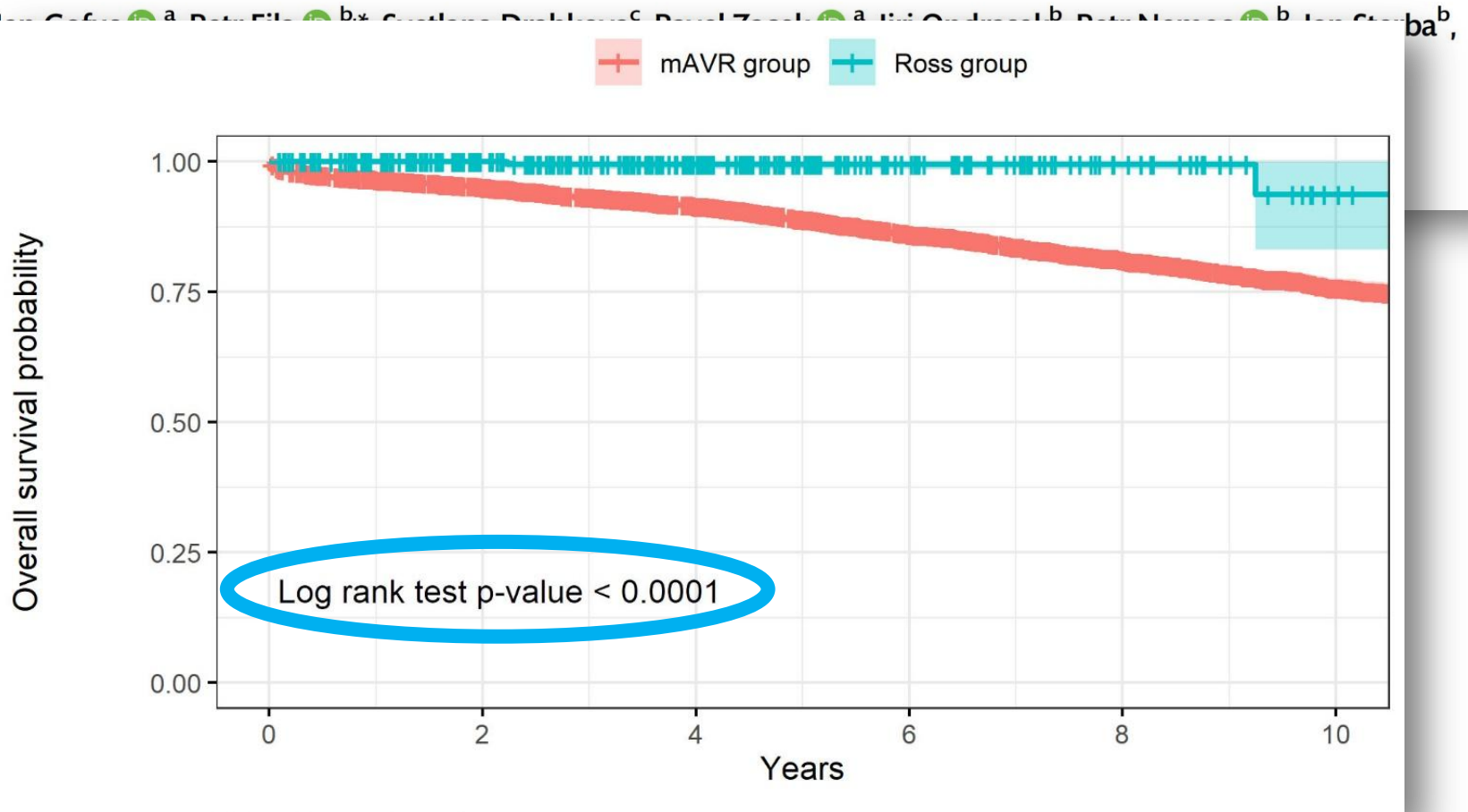
**291** Ross adult patients

**291** mechanical AVR

0% In-hospital mortality

Cite this article as: Gofus J, Fila P, Drabkova S, Zacek P, Ondrasek J, Nemecek P *et al.* Ross procedure provides survival benefit over mechanical valve in adults: a propensity-matched nationwide analysis. *Eur J Cardiothorac Surg* 2022; doi:10.1093/ejcts/ezac013.

## Ross procedure provides survival benefit over mechanical valve in adults: a propensity-matched nationwide analysis



Cite this article as: Vojacek J, Gofus J, Andreas M, Bavaria JE, Berdajs D, Casselman FPA *et al.* EACTS Expert Consensus Statement on the Ross Procedure in Adult Patients. *Eur J Cardiothorac Surg* 2025; doi:10.1093/ejcts/ezaf295.

## EACTS Expert Consensus Statement on the Ross Procedure in Adult Patients

Jan Vojacek<sup>ID\*1</sup>; Jan Gofus<sup>ID1</sup>; Martin Andreas<sup>ID2</sup>; Joseph E. Bavaria<sup>3</sup>; Denis Berdajs<sup>4</sup>; Filip P. A. Casselman<sup>5</sup>; Ismail El-Hamamsy<sup>6</sup>; Tomas Holubec<sup>ID7</sup>; Laurent de Kerchove<sup>ID8</sup>; Milan Milojevic<sup>ID9,10</sup>; Leonardo Mulinari<sup>11</sup>; Maral Ouzonian<sup>ID12</sup>; Peter Skillington<sup>13</sup>; Johanna J. M. Takkenberg<sup>14</sup>; Peter Verbrugghe<sup>15</sup>; EACTS Scientific Document Group

26 pages and 24 Expert Statements

<sup>1</sup>Department of Cardiac Surgery, University Hospital of Basel, Switzerland

<sup>5</sup>Department of Cardiac Surgery, Heart Center Azorg, Aalst, Belgium

<sup>6</sup>Department of Cardiovascular Surgery, Mount Sinai Hospital and Icahn School of Medicine at Mount Sinai, New York, NY, USA

<sup>7</sup>Department of Cardiovascular Surgery, University Heart and Vascular Centre, University Hospital Frankfurt and Goethe University Frankfurt, Frankfurt/Main, Germany

<sup>8</sup>Division of Cardiothoracic and Vascular Surgery, Cliniques Universitaires Saint-Luc, Pôle de Recherche Cardiovasculaire, Institut de Recherche Expérimentale et Clinique, Université Catholique de Louvain, Brussels, Belgium

<sup>9</sup>Department of Cardiac Surgery and Cardiovascular Research, Dedinje Cardiovascular Institute, Belgrade, Serbia

<sup>10</sup>Department of Cardiac Surgery, University Hospital Zurich, University of Zurich, Zurich, Switzerland

<sup>11</sup>Pediatric and Congenital Cardiac Surgery, Department of Surgery, Miller School of Medicine, University of Miami, Miami, FL, USA

<sup>12</sup>Peter Munk Cardiac Centre, University Health Network, Department of Surgery, University of Toronto, Ontario, Canada

<sup>13</sup>Department of Cardiothoracic Surgery, Royal Melbourne Hospital, Epworth Hospital, Melbourne, Victoria, Australia

<sup>14</sup>Department of Cardio-Thoracic Surgery, Erasmus University Medical Center, Rotterdam, Netherlands

<sup>15</sup>Department of Cardiac Surgery, UZ Leuven, Leuven, Belgium

# Ross Procedure in Adults- EACTS Expert Statement

## Rationale

- Restoration of long-term life expectancy to the level of age- and sex-matched general population
- Superior hemodynamic performance compared to all prosthetic aortic valve replacement options
- Improved freedom from valve-related complications



## Patient selection

- Age < 60 years and life expectancy > 15 years, minimum comorbidities
- Optimal indication is aortic valve stenosis or mixed disease with non-dilated annulus
- In pure aortic regurgitation and/or annulus dilation, surgical technique must be adjusted



## Surgical technique

- Tailored free standing root replacement with stabilization of aortic annulus and sinotubular junction if necessary
- Autologous inclusion technique
- Prosthetic inclusion technique



## Centralization and Ross Centres of Excellence

- Strong positive volume-outcome association for the outcomes of Ross procedure at surgeon- and centre-level
- Centres of Excellence defined by case volume, mortality, clinical and echocardiographic outcomes
- Longitudinal postoperative clinical and echocardiographic follow-up





