



2. LF UK



FN MO



# JAK VYBRAT SPRAVNOU OXYGENOTERAPII

JIŘÍ KARÁSEK

# CÍLE OXYGENOTERAPIE

- Udržovat SpO<sub>2</sub> 92%-98%
- Zajištění dostatečné oxygenace manipulací s koncentrací kyslíku a průtokem směsi
- Zvážit zda je nutná i podpora alv. ventilace a dech. práce
- Vyhnout se toxickému účinku O<sub>2</sub> na plicní tkáň (je funkcí koncentrace a délky aplikace)

# PATOFYZIOLOGIE

- Respirační insuficience I. typu (parciální)  $\text{PaO}_2 < 9 \text{ kPa}$
- porucha difúze -edém (kardiogenní i ARDS)
- restrikce-fibrózy
- nevzdušná plíce (plicní zkrat)
- atelektáza, pneumonie, těžký edém, PNO
- alveolární hypoventilace
- CNS-svaly-hrudník,  $\uparrow$  mrtvého prostoru, obstrukce dýchacích cest
- ventilačně – perfúzní nerovnováha

# INDIKACE OXYGENOTERAPIE

- **Akutní :**

These acute indications refer to medical emergencies that require high concentrations of oxygen in all cases. These cases include:

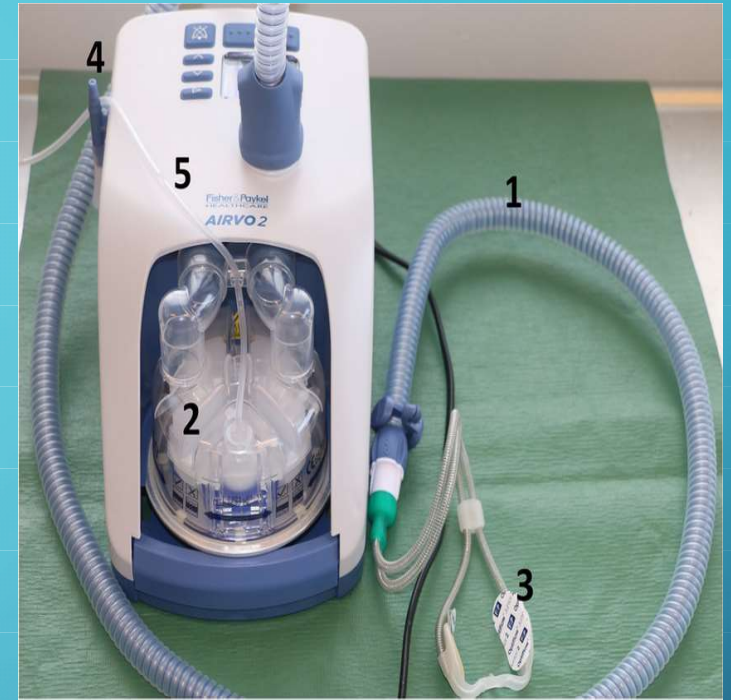
- **Shock**
- **Sepsis** (i.e., a possibly life-threatening condition caused by the body's response to an infection)
- **Major trauma, cardiac arrest and during resuscitation** (to provide adequate arterial oxyhemoglobin saturation)
- **Anaphylaxis** (which is a potentially life-threatening and severe allergic reaction)
- **Cyanide and carbon monoxide (CO) poisonings**
- **TRALI** (transfusion-related acute lung injury: which is a rare but serious syndrome which is characterized by sudden acute respiratory distress following transfusion).

These acute indications refer to medical emergencies that may or may not require oxygen administration. These cases include:

- **Asthma** (It causes repeated attacks of early morning or nighttime coughing, breathlessness, wheezing, and chest tightness).
- **Bronchitis** (It is caused when the airway of the lungs swell and produce mucus in the lungs).
- **Acute heart failure, or heart failure exacerbations**
- **Pulmonary embolism** (It is a sudden blockage in the lung artery).

# INDIKACE OXYGENOTERAPIE

- **Chronické:**
- **COPD** (chronic obstructive pulmonary disease). It refers to a group of diseases that cause breathing-related problems and airflow blockage. It has no cure but it can be treated.
- **Pulmonary fibrosis** (which is caused by scarred tissues present deep in lungs. They become stiff and thick which can make it harder for the person to catch a breath and as result blood does not get properly oxygenated). Its symptoms include SOB, fatigue, clubbing, dry cough, aching muscles, and joints, etc.
- **Cystic fibrosis** (It is an inherited disease in which sticky, thick mucus buildup that can damage many of the organs of the body). Its symptoms include continuous damage to the respiratory system and chronic digestive system problems.
- **Sarcoidosis** (It is a disease characterized by the growth of a tiny group of inflammatory cells in different parts of the body. Most commonly in lymph nodes and lungs. But it can also affect the heart, skin, eyes, and other organs)



Obrázek 1  
Přístroj  
Cardiohelp  
Maquet

Obrázek 2  
Přístroj  
Cardiohelp  
Maquet –  
zadní strana





Nosní brýle, nosní katétr - zvýšení  $\text{FiO}_2$  o 1 l/min zvyšuje inspirační  $\text{FiO}_2$  o 0,04



Otevřená maska –  $\text{FiO}_2$  do 0,35-0,65



Maska s rezervoárem –  $\text{FiO}_2$  0,6 až 0,8



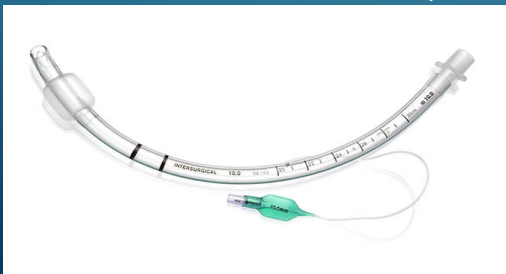
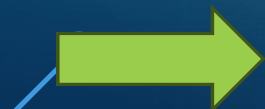
CPAP masky umožňují nastavit inspirační frakce 0,28, 0,31, 0,35 a 0,4



CPAP-není UPV/ventilátor  $\text{FiO}_2$ , PEEP



NIV-BiPAP  $\text{FiO}_2$ , PEEP, PS



# CPAP VS. NIV

- CPAP:
- možné zvýšení dech. práce
- zhoršení eliminace CO<sub>2</sub>, nevhodné při hyperkapnii
- horší zvlhčení
- Čistá podpora oxygenace
- Výhoda při tachypnoe
  
- NIV/BiPAP:
- Riziko asynchronie
- Limitováno tachypnoí
- Eliminace CO<sub>2</sub>



# UPV

Porucha oxygenace a/nebo ventilace (zvrát hypoxémie, resp. acidózy a dech. tísně, prevence a zvrát atelektáz a sval. únavy, umožnění sedace a relaxace

Plicní mechanika (  $DF$ ,  $V_t$ )

Převažuje UPV s poz. přetlakem (objemově/tlakově řízená)

$DF$   $V_t$ /PS, PEEP,  $FiO_2$

Je invazivní metoda (komplikace intubace, hemodyn.účinky, toxicita kyslíku, VILI, vyžaduje sedaci)



# ECMO

## VV/VA/VAV

One or more of the following:

- 1) Hypoxemic respiratory failure ( $\text{PaO}_2/\text{FiO}_2 < 80 \text{ mm Hg}$ )\*, after optimal medical management, including, in the absence of contraindications, a trial of prone positioning.
- 2) Hypercapnic respiratory failure ( $\text{pH} < 7.25$ ), despite optimal conventional mechanical ventilation (respiratory rate 35 bpm and plateau pressure  $[\text{P}_{\text{plat}}] \leq 30 \text{ cm H}_2\text{O}$ ).
- 3) Ventilatory support as a bridge to lung transplantation or primary graft dysfunction following lung transplant.



## Extracorporeal membrane oxygenation support in COVID-19: an international cohort study of the Extracorporeal Life Support Organization registry

Ryan P Barbaro <sup>a,\*</sup>, Graeme MacLaren <sup>d,\*</sup>, Philip S Boonstra <sup>b</sup>, Theodore J Iwashyna <sup>e,f</sup>, Arthur S Slutsky <sup>g</sup>, Robert H Bartlett <sup>c</sup>, Joseph E Tonna <sup>i</sup>, Robert Hyslop <sup>j</sup>, Jeffrey J Fanning <sup>k</sup>, Peter T Rycus <sup>l</sup>, Steven M Jones <sup>m</sup>, Marc M Anders <sup>m</sup>, Cara L Agerstrand <sup>n</sup>, Katarzyna Hryniewicz <sup>o</sup>, Rodrigo Diaz <sup>p</sup>, Roberto Lorusso <sup>q,\*</sup>, Alexander J Valleron <sup>r,s,t</sup>, Daniel Brodie <sup>n,\*</sup>; Extracorporeal Life Support Organization <sup>†</sup>, for the

brat správnou konfiguraci  
vazivní metoda  
tnost antikoagulace  
mplikace: punkce, krvácení, infekce

Table 3.

### Outcomes

	Full cohort (n=1035)	ARDS cohort <sup>†</sup> (n=779)
Patient status at study completion		
Discharged alive to home or acute rehabilitation centre	311 (30%)	262 (34%)
Discharged alive to long-term acute care centre or unspecified location	101 (10%)	79 (10%)
Discharged to another hospital	176 (17%)	97 (12%)
Remain in the hospital (discharged from ICU)	11 (1%)	10 (1%)
Remain in the ICU	56 (5%)	40 (5%)
In-hospital death	380 (37%)	291 (37%)
Tracheostomy <sup>†</sup>	444 (44%)	353 (47%)

# HFNO

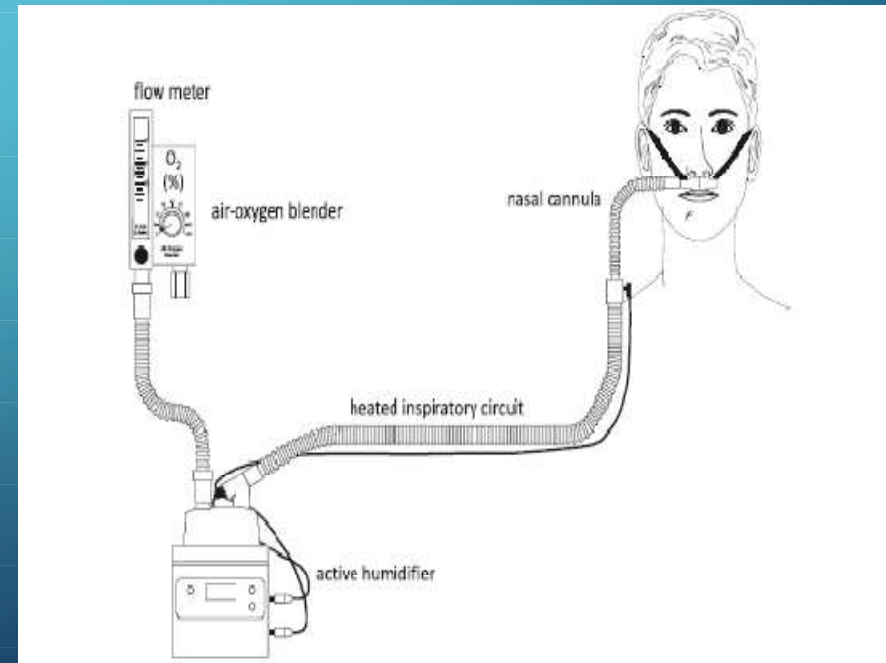
forma dechové podpory (částečně alternativa nebo doplnění NIV)

průtoky 30-40l/min ( u dospělých až 60 l/min O<sub>2</sub>)

vlhčená směs O<sub>2</sub>+vzduch

speciální nosní kanyla

vyšší inspir.odpor/vyšší expirační odpor



- Různé velikosti
- Varianta pro tracheostomii (weaning)
- Musí přiléhat k nosním dírkám



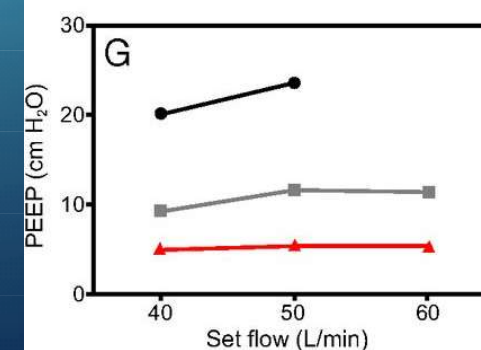
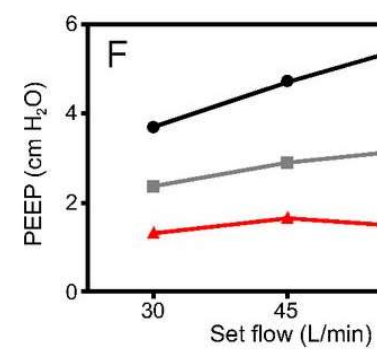
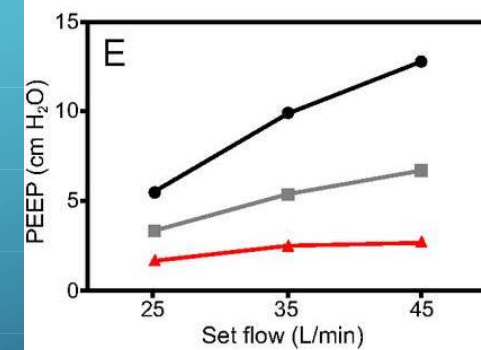
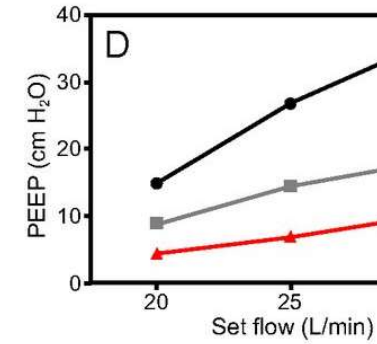
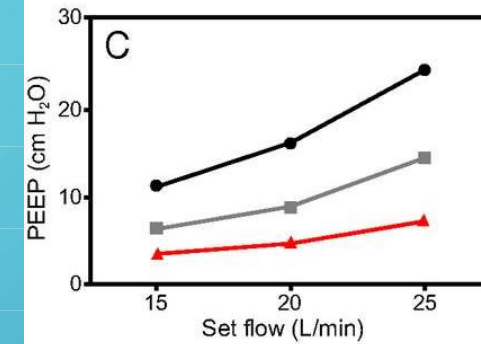
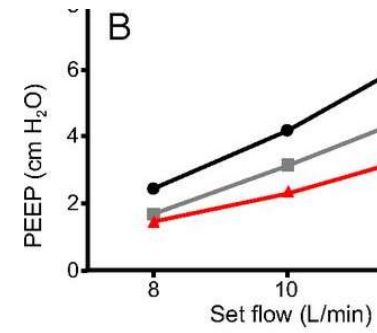
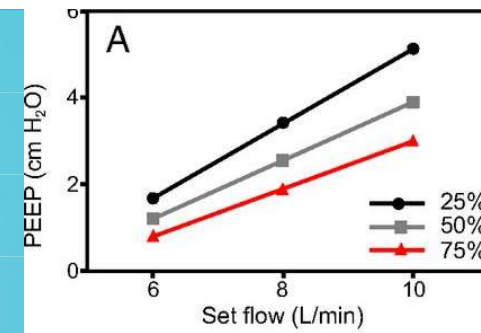
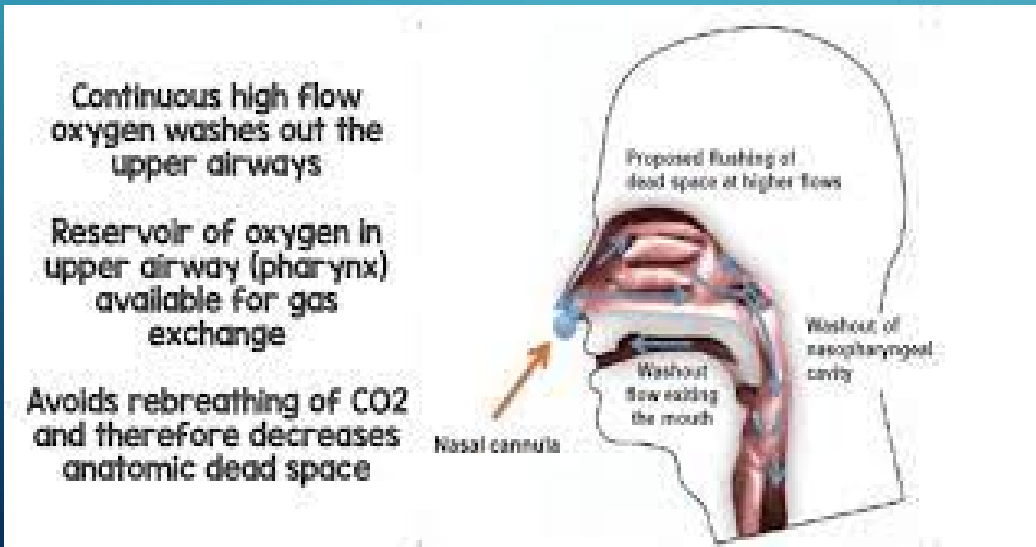
# FYZIOLOGIE

stabilní hodnota  $FiO_2$  0,2-1,0)

snížení dechového úsilí, „wash out“ mrtvého  
prostoru, pokles  $CO_2$

generuje přetlak (PEEP)- vysoký průtok převyšuje  
odpor v DC ( 40l/min...1,5 60 l/min....3,1 cm H<sub>2</sub>O)

vyhřívání a ohřátí-mukociliární transport a viskozita v



# INDIKACE

- Respir. Selhání I.typu-lehké a střední (pneumonie, inhal. trauma, srdeční selhání, CHOPN)
- Respir. Selhání II.typu (netoleruje nebo střídání s NIV)
- Postextubační období a weaning ( nižší riziko reintubace)
- Před rizikovou intubací a ICU intubací
- Invazivní výkony ?

# NASTAVENÍ

actical recommendations.  $FI_{O_2}$ , fraction of inspired oxygen;  $Sa_{O_2}$ , arterial oxygen saturation; HFNO, high-flow nasal oxygen

- Prongs should not totally occlude nostrils
- Start at 30-40 litres  $min^{-1}$  and increase to meet the patient's demand
- Set at 37°C
- Increase the  $FI_{O_2}$  until satisfactory  $Sa_{O_2}$  is achieved
- Increase the delivered flow until a reduction in respiratory rate and stable  $Sa_{O_2}$  is achieved
- Place as high as possible above the humidifier
- Continuous monitoring of heart rate, respiratory rate,  $Sa_{O_2}$
- Gas flow rate and  $FI_{O_2}$  adjusted according to the clinical response (expected within 1 h).
  
- Reduce  $FI_{O_2}$  by 5-10% and reassess after 1-2 h. Reduce the flow rate by 5 litres  $min^{-1}$  and reassess after 1-2 h.
- Consider weaning from HFNO with flow rates  $\leq 25$  litres  $min^{-1}$  and  $FI_{O_2} < 0.40$ .
- If there is no improvement after 60-120 min, treatment escalation must be considered.

ventilation.<sup>41</sup> They reported that early indicators of HFNO failure could be lack of improvement in oxygenation and persistence of tachypnoea, as defined by a respiratory rate higher than 30 breaths  $min^{-1}$  and thoraco-abdominal asynchrony 30 min after HFNO initiation.<sup>8,39</sup> Other factors associated with failure are shock requiring administration of vasopressors, a Sepsis-related Organ Failure Assessment (SOFA) score of 4 or more, an Acute Physiology and Chronic Health Evaluation II (APACHE II)  $\geq 12$  on admission and a  $Pa_{O_2}/FI_{O_2}$  ratio  $< 13.3$  kPa after 6 h of treatment<sup>32,37</sup>





## High-Flow Oxygen through Nasal Cannula in Acute Hypoxemic Respiratory Failure

Jean-Pierre Frat, M.D., Arnaud W. Thille, M.D., Ph.D., Alain Mercat, M.D., Ph.D., Christophe Girault, M.D.,  
Stéphanie Ragot, Pharm.D., Ph.D., Sébastien Perbet, M.D., Gwénael Prat, M.D., Thierry Boulanger, M.D.,  
Elise Morawiec, M.D., Alice Cottereau, M.D., Jérôme Devaquet, M.D., Saad Nseir, M.D., Ph.D., Keyvan  
Jean-Paul Mira, M.D., Ph.D., Laurent Argaud, M.D., Ph.D., Jean-Charles Chakarian, M.D., Jean-Damien Ricard, M.D.,  
Xavier Wittebole, M.D., Stéphanie Chevalier, M.D., Alexandre Herbland, M.D., Muriel Fartoukh, M.D.,  
Jean-Michel Constantin, M.D., Ph.D., Jean-Marie Tonnelier, M.D., Marc Pierrot, M.D., Armelle Mathonnet, M.D.,  
Gaëtan Béduncau, M.D., Céline Delétage Métreau, Ph.D., Jean-Christophe M. Richard, M.D.,  
Laurent Brochard, M.D., and René Robert, M.D., Ph.D., for the FLORALI Study Group and the REVA Study Group

: HFO vs. Stand.O2 vs. NIV k SpO2 92% a více

: RR nad 25/min, oxygen.index 300 mm Hg a méně při O2 10l/min po 15

Exl.: paCO2 nad 45 mm Hg, astma, CHOPN, plicní edém, vasopresory

hlavní outcome: OTI do 28 dnů

sekundární outcome: ICU mortalita, 90 denní mortalita, ventilátor free days

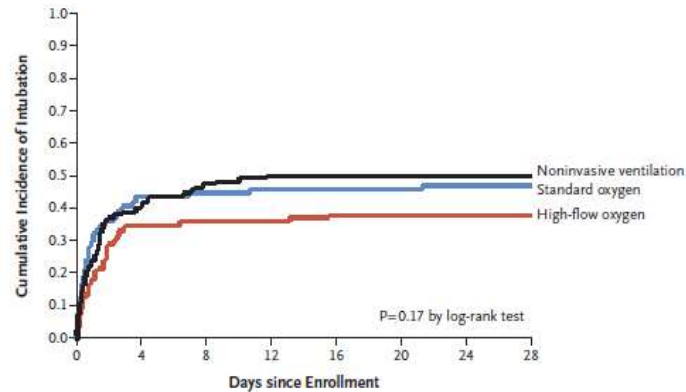
...ening respiratory failure as defined by  
...two of the following criteria: a respiratory  
...more than 40 breaths per minute, a lack  
...improvement in signs of high respiratory-  
...workload, the development of copious t  
...secretions, acidosis with a pH of less tha  
...an SpO<sub>2</sub> of less than 90% for more than 5 m  
...without technical dysfunction, or a poor re  
...to oxygenation techniques (details of the

# 310 PTS.: 94 O2/106 HFO/110 NIV

Characteristics of the Patients at Baseline, According to Study Group.\*

	High-Flow Oxygen (N=106)	Standard Oxygen (N=94)	Noninvasive Ventilation (N=110)
Age, mean (SD)	61±16	59±17	61±17
Male sex, no. (%)	75 (71)	63 (67)	74 (67)
APACHE II score, mean (SD)	25±5	26±5	26±6
SOFA score, mean (SD)	25±9	24±9	27±9
Shock, no. (%)	34 (32)	36 (38)	40 (36)
Respiratory failure — no. (%)			
Acquired pneumonia	71 (67)	57 (61)	69 (63)
Community-acquired pneumonia	12 (11)	13 (14)	12 (11)
Septic shock	4 (4)	5 (5)	7 (6)
Immunosuppression	3 (3)	1 (1)	2 (2)
Pre-existing immunosuppression	6 (6)	4 (4)	10 (9)
Days of mechanical ventilation, mean (SD)	10 (9)	14 (15)	10 (9)
Days of vasopressor use, mean (SD)	7.43±0.05	7.44±0.06	7.43±0.06
Days of sedation, mean (SD)	85±31	92±32	90±36
Days of delirium, mean (SD)	0.62±0.19	0.63±0.17	0.65±0.15
Days of coma, mean (SD)	157±89	161±73	149±72
Days of organ dysfunction, mean (SD)	36±6	35±5	34±6

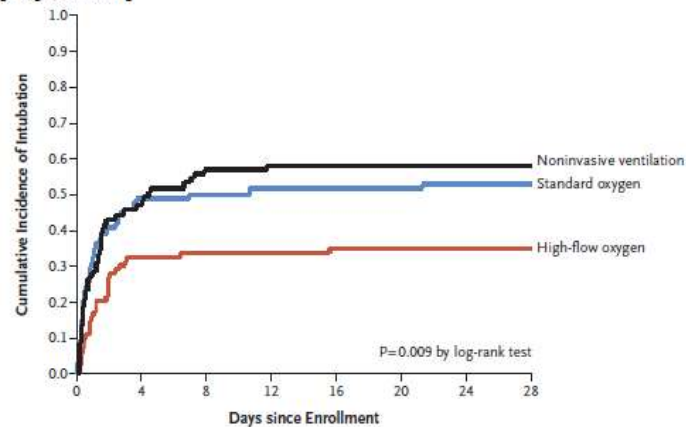
A Overall Population



No. at Risk

	0	4	8	12	16	20	24	28
High-flow oxygen	106	68	67	67	65	65	65	65
Standard oxygen	94	52	50	49	49	49	48	48
Noninvasive ventilation	110	64	57	53	53	53	53	52

B Patients with a PaO<sub>2</sub>/Fio<sub>2</sub> ≤200 mm Hg



No. at Risk

	0	4	8	12	16	20	24	28
High-flow oxygen	83	55	54	54	53	53	53	53
Standard oxygen	74	37	35	34	34	34	33	33
Noninvasive ventilation	81	41	34	32	32	32	32	32

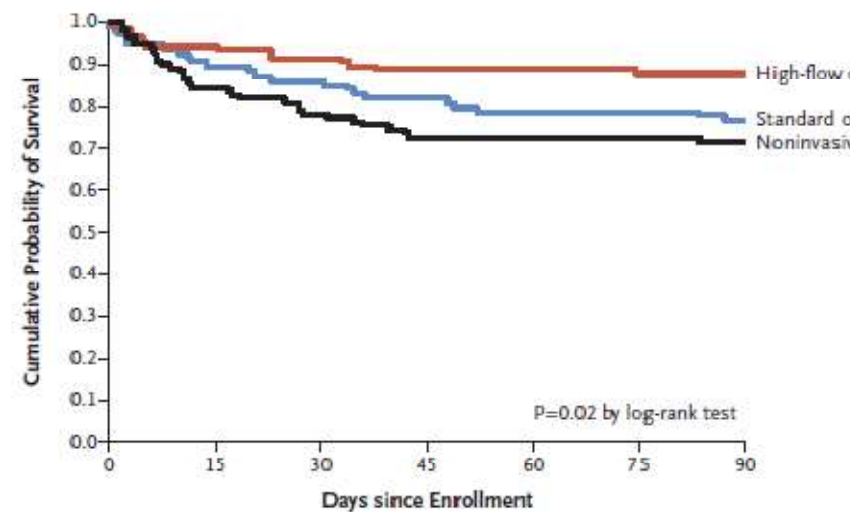
Table 2. Primary and Secondary Outcomes, According to Study Group.\*

Outcome	Study Group			P Value†	Odds Ratio (95% CI)
	High-Flow Oxygen (N=106)	Standard Oxygen (N=94)	Noninvasive Ventilation (N=110)		
Intubation at day 28					
Overall population				0.13	1.45 (0.83–2.54)
No. of patients	40	44	55		
% of patients (95% CI)	38 (29–47)	47 (37–57)	50 (41–59)		
Patients with PaO <sub>2</sub> /Fio <sub>2</sub> ≤200 mm Hg‡					
Unadjusted analysis				0.009	2.07 (1.09–3.91)
No. of patients/total no.	29/83	39/74	47/81		
% of patients (95% CI)	35 (26–46)	53 (42–64)	58 (47–68)		
Adjusted analysis§				0.01	2.14 (1.08–4.24)
Interval between enrollment and intubation — hr¶					
Overall population				0.27	—
Median	27	15	27		
Interquartile range	8–46	5–39	8–53		
Patients with PaO <sub>2</sub> /Fio <sub>2</sub> ≤200 mm Hg				0.32	—
Median	25	17	27		
Interquartile range	11–46	5–41	7–52		
Reason for intubation — no./total no. (%)					
Respiratory failure	35/51 (71)	43/58 (74)	49/67 (71)	0.24	—
Circulatory failure	7/51 (14)	5/58 (9)	5/67 (7)	0.45	—
Neurologic failure	3/51 (16)	10/58 (17)	13/67 (19)	0.91	—
Ventilator-free days					
Overall population	24±8	22±10	19±12	0.02	—
Patients with PaO <sub>2</sub> /Fio <sub>2</sub> ≤200 mm Hg	24±8	21±10	18±12	<0.001	—

Continued.)

	Study Group			P Value†	Odds Ratio or Hazard Ratio (95% CI)	
	High-Flow Oxygen (N=106)	Standard Oxygen (N=94)	Noninvasive Ventilation (N=110)		Standard Oxygen vs. High-Flow Oxygen	Noninvasive Ventilation vs. High-Flow Oxygen
Adjusted analysis				0.047	1.85 (0.84–4.09)	2.55 (1.21–5.35)
No. of patients	12	18	27			
% of patients (95% CI)	11 (6–19)	19 (12–28)	25 (17–33)			
Adjusted analysis**	—	—	—	—	2.55 (1.07–6.08)	2.60 (1.20–5.63)
<b>All population</b>						
Unadjusted analysis				0.02	2.01 (1.01–3.99)	2.50 (1.31–4.78)
No. of patients	13	22	31			
% of patients (95% CI)	12 (7–20)	23 (16–33)	28 (21–37)			
Adjusted analysis**	—	—	—	—	2.36 (1.18–4.70)	2.33 (1.22–4.47)
Intubated patients				0.16		
No. of patients/total no.	12/40	20/44	27/55			
% of patients (95% CI)	30 (18–46)	45 (32–60)	49 (36–62)			
Death — no./total no. (%)						
Septic shock	6/13 (46)	12/22 (55)	18/31 (58)	0.04		
Septic hypoxemia	5/13 (38)	6/22 (27)	8/31 (26)	0.73		
Cardiac arrest	1/13 (8)	1/22 (5)	3/31 (10)	0.52		
Other	1/13 (8)	3/22 (14)	2/31 (6)	0.52		

or the reasons for intubation. In our study, noninvasive ventilation that was administered to patients with severe lung injury could have increased the incidence of ventilator-induced lung injury by increasing tidal volumes that exceeded 9 ml per kilogram of predicted body weight.



No. at Risk	0	15	30	45	60	75	90
High-flow oxygen	106	100	97	94	94	93	93
Standard oxygen	94	84	81	77	74	73	72
Noninvasive ventilation	110	93	86	80	79	78	77



# High-flow Nasal Cannula Reduce Rate of Endotracheal Intubation in Patients With Acute Respiratory Failure Compared With Conventional Therapy and Noninvasive Positive Pressure Ventilation?

Systematic Review and Meta-analysis

Subgroup	HFNC Events	HFNC Total	Control Events	Control Total	Weight	OR	M-H, Random, 95% CI
<b>C vs COT</b>							
Bell 2015 <sup>18</sup>	1	34	0	33	1.5%	0.00 (0.12-70.31)	
Brotfain 2014 <sup>19</sup>	12	106	18	94	13.3%	0.54 (0.24-1.19)	
Hernández 2016 <sup>16</sup>	3	264	3	263	5.2%	1.00 (0.20-4.98)	
Maggiore 2014 <sup>25</sup>	6	53	5	52	7.7%	1.20 (0.34-4.20)	
Nicolet 2011 <sup>27</sup>	10	22	13	18	7.0%	0.32 (0.08-1.21)	
<b>95% CI</b>	<b>479</b>	<b>460</b>	<b>34.0%</b>	<b>0.65 (0.37-1.13)</b>			

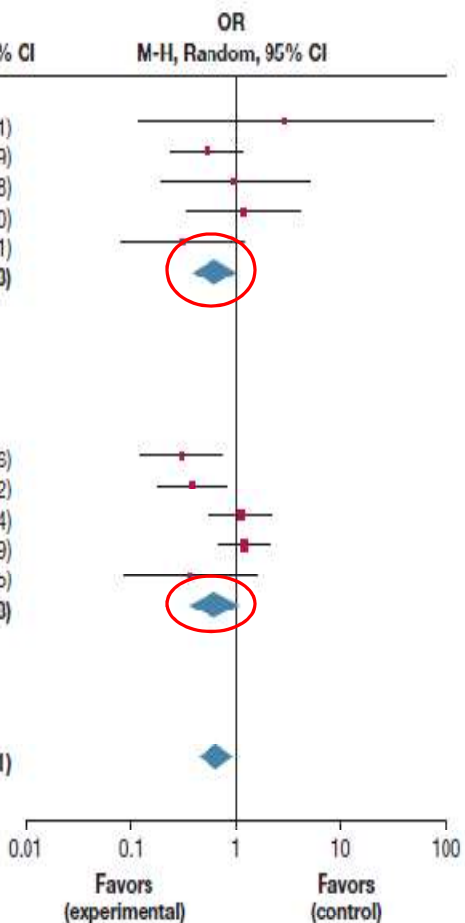
Heterogeneity:  $Tau^2 = 0.00$ ;  $\chi^2 = 3.35$ ,  $df = 4$  ( $P = .50$ );  $I^2 = 0%$   
 Overall effect:  $z = 1.53$  ( $P = .13$ )

Subgroup	HFNC Events	HFNC Total	Control Events	Control Total	Weight	OR	M-H, Random, 95% CI
<b>C vs NIPPV</b>							
Brotfain 2014 <sup>19</sup>	0	60	20	55	11.7%	0.31 (0.13-0.76)	
Hernández 2016 <sup>16</sup>	12	106	27	110	14.2%	0.39 (0.19-0.82)	
Stéphan 2016 <sup>32</sup>	19	290	18	314	15.5%	1.15 (0.59-2.24)	
Yoo 2016 <sup>33</sup>	28	414	23	416	17.4%	1.24 (0.70-2.19)	
Parke 2013 <sup>29</sup>	3	34	8	39	6.4%	0.38 (0.09-1.55)	
<b>95% CI</b>	<b>904</b>	<b>934</b>	<b>65.2%</b>	<b>0.63 (0.34-1.10)</b>			

Heterogeneity:  $Tau^2 = 0.32$ ;  $\chi^2 = 12.21$ ,  $df = 4$  ( $P = .02$ );  $I^2 = 67%$   
 Overall effect:  $z = 1.44$  ( $P = .15$ )

Subgroup	HFNC Events	HFNC Total	Control Events	Control Total	Weight	OR	M-H, Random, 95% CI
<b>Total (95% CI)</b>	<b>1,383</b>	<b>1,394</b>	<b>100.0%</b>	<b>0.67 (0.44-1.01)</b>			

Heterogeneity:  $Tau^2 = 0.17$ ;  $\chi^2 = 15.72$ ,  $df = 9$  ( $P = .07$ );  $I^2 = 43%$   
 Overall effect:  $z = 1.92$  ( $P = .05$ )  
 Subgroup differences:  $\chi^2 = 0.00$ ,  $df = 1$  ( $P = .96$ ),  $I^2 = 0%$



U mortality. See Figure 4 and 5 legends for expansion of abbreviations.

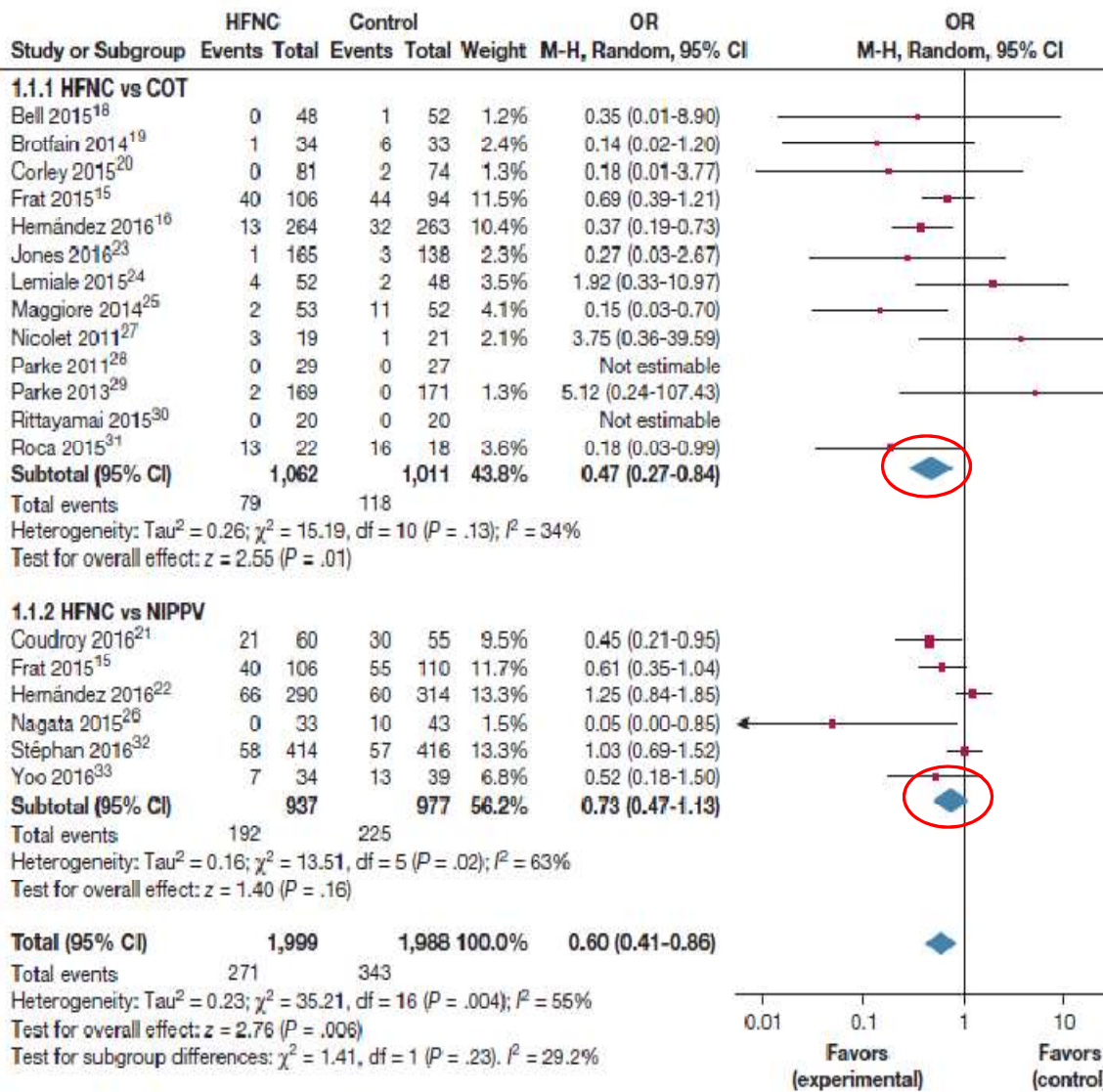


Figure 5 - Endotracheal intubation. M-H = Mantel-Haenszel. See Figure 4 legend for expansion of other abbreviations.

# Effect of Postextubation High-Flow Nasal Cannula Oxygen Therapy on Reintubation in High-Risk Patients: A Randomized Clinical Trial

de la Cruz, MD, PhD; Concepción Vaquero, MD; Paloma González, MD; Carlos Subira, MD; Fernando Frutos-Vivar, MD; Cesar Laborda, MD; Laura Colinas, MD; Rafael Cuena, MD; Rafael Fernández, MD, PhD

...or low risk of reintubation: younger than 65 years<sup>4,5</sup>; ...of heart failure as the primary indication for mechanical ventilation<sup>4,5</sup>; absence of moderate-to-severe chronic obstructive pulmonary disease<sup>15</sup>; Acute Physiology and Chronic Health Evaluation (APACHE) II score less than 12 points on day of extubation<sup>4,5</sup>; body mass index less than 30 (calculated as kilograms divided by height in meters squared)<sup>2,16</sup>; absence of airway patency problems, including high risk of developing laryngeal edema (eAppendix 2 in Supplement 2)<sup>5</sup>; inability to manage respiratory secretions (adequate cough reflex or suctioning <2 times within 8 hours before extubation)<sup>5,17</sup>; presence of comorbidities (eAppendix 3 in Supplement 2)<sup>5</sup>; and no prolonged mechanical ventilation, defined as longer than 7 days.<sup>18</sup>

...low oxygen therapy (Optiflow; Fisher & Paykel Healthcare) was applied immediately after extubation through nasal cannula. Flow was initially set at 10 L/min and titrated in 5-L/min steps until patients experienced discomfort. Temperature was initially set to 37°C, unless reported too high for patients, and FIO<sub>2</sub> was regularly adjusted to target arterial capillary oxygen saturation (SpO<sub>2</sub>) greater than 92%. After 48 hours, high-flow therapy was stopped and, if necessary, patients received conventional oxygen therapy. Conventional oxygen therapy was applied continuously through nasal cannula or nonrebreather facemask, and oxygen was adjusted to maintain SpO<sub>2</sub> greater than 92%.

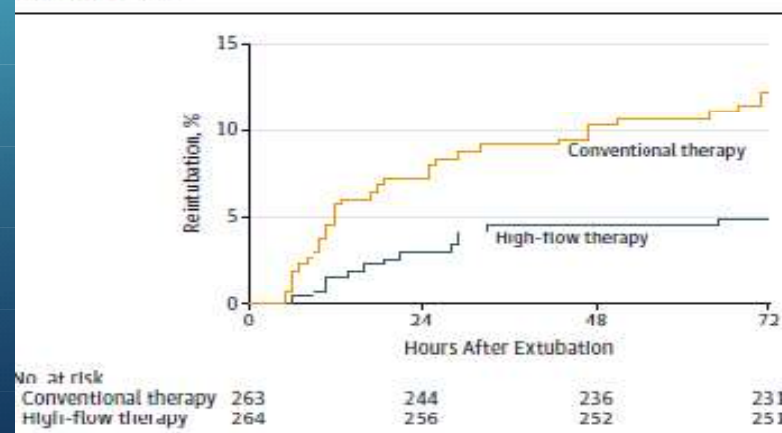
264 Included in primary analysis

263 Included in primary analysis

Table 2. Primary and Secondary Outcomes

Variable	Oxygen Therapy		Difference Between Groups (95% CI)	P Value
	High-Flow (n = 264)	Conventional (n = 263)		
<b>Primary Outcome</b>				
All-cause reintubation, No. (%)	13 (4.9)	32 (12.2)	7.2 (2.5 to 12.2)	.004 <sup>a</sup>
<b>Secondary Outcomes</b>				
Postextubation respiratory failure, No. (%)	22 (8.3)	38 (14.4)	6.1 (0.7 to 11.6)	.03 <sup>a</sup>
Respiratory infection, No. (%)	6 (2.3)	13 (4.9)	2.7 (-0.6 to 6.2)	.07 <sup>a</sup>
Ventilator-associated tracheobronchitis	3 (1.1)	7 (2.6)	1.5 (-1.0 to 4.4)	.22 <sup>a</sup>
Ventilator-associated pneumonia	3 (1.1)	6 (2.3)	1.2 (-1.3 to 3.9)	.31 <sup>a</sup>
<b>Causes of postextubation respiratory failure, No. (%)</b>				
Respiratory acidosis <sup>c</sup>	1 (4.5)	4 (10.5)		
Hypoxia <sup>c</sup>	7 (31.8)	6 (15.8)		
Unbearable dyspnea	9 (40.9)	14 (28.9)		.10 <sup>b</sup>
Decreased level of consciousness	2 (9)	0		
Inability to clear secretions	3 (13.6)	14 (36.8)		

Figure 2. Kaplan Meier Analysis of Time From Extubation to Reintubation



# AECOPD

Tan et al. *Critical Care* (2024) 28:250  
<https://doi.org/10.1186/s13054-024-05040-9>

Critical Care

RESEARCH

Open Access

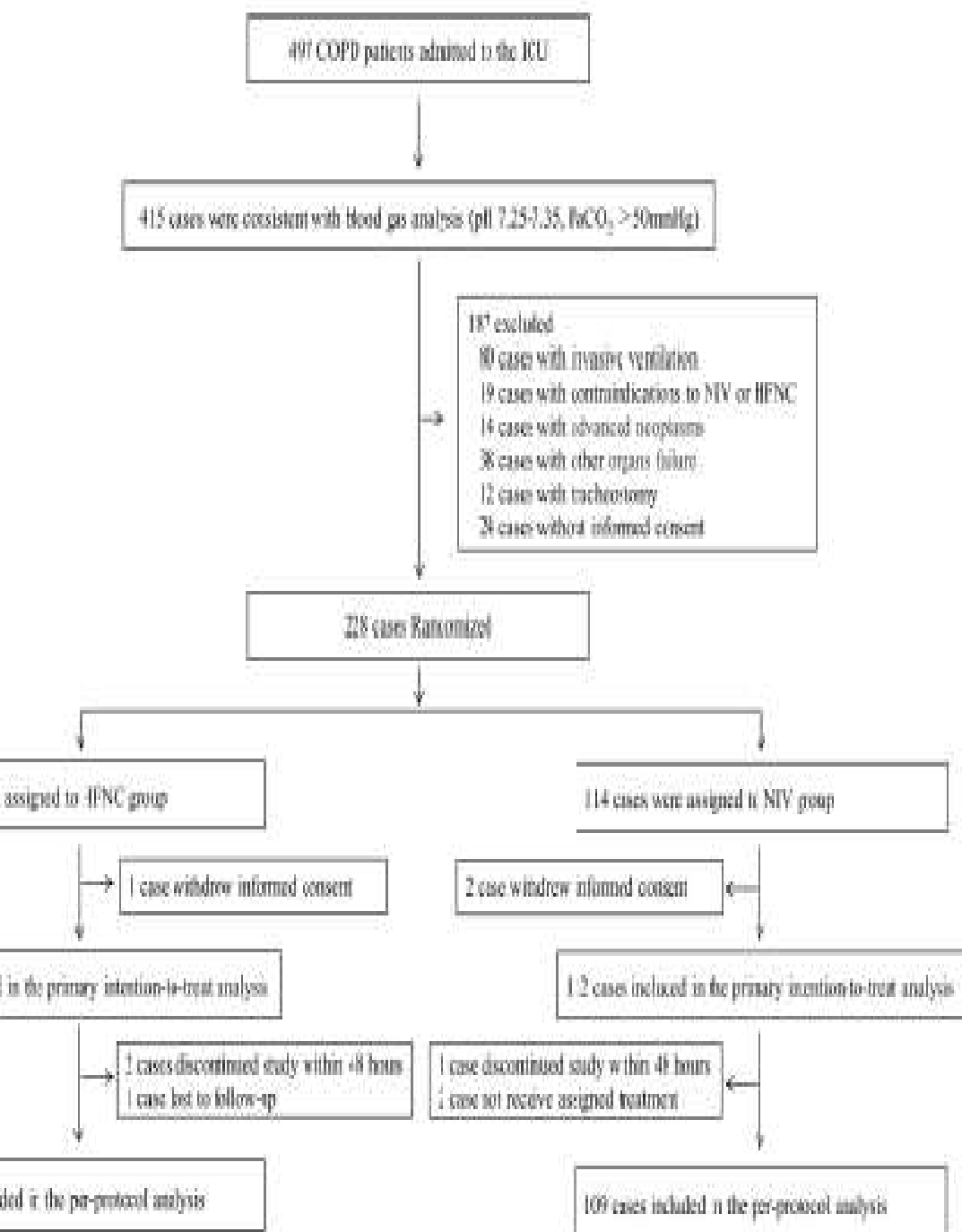
High flow nasal cannula oxygen therapy versus non-invasive ventilation for acute exacerbations of chronic obstructive pulmonary disease with acute-moderate hypercapnic respiratory failure: a randomized controlled non-inferiority trial



- Non-inferiority CRT : NIV vs. HFO u akutní exacerbace CHOPN se středně zvýšeným pCO<sub>2</sub>, unicentrická studie 2018-2022
- Inclusion:
  - ARF u COPD ( dle GOLD 2017)
  - pH 7,25-7,35, pCO<sub>2</sub>>50 mm Hg (6.7 kPa)
- Exclusion:
  - věk pod 18
  - OTI
  - PaO<sub>2</sub>/FiO<sub>2</sub><150 mm Hg
  - RR>40
  - GCS<8
  - Kontraindikace metody ( nízká sekrece sputa, trauma, hemodyn. Nestabilita)

- NIV: PS 8 cm H<sub>2</sub>O, PEEP 4 cm H<sub>2</sub>O k 6-8 ml/kg IBW, SpO<sub>2</sub> 88%-92% a RR<28 nejméně na 2 hodiny
- HFO: 40 l/min a FiO<sub>2</sub> k SpO<sub>2</sub> 88%-92%
- UPV: rostoucí pCO<sub>2</sub> k pH<7.2, pO<sub>2</sub> <50 mm Hg (6.6kPa) a RR>40/<8
- Primární endpoint: selhání metody (UPV nebo upgrade metody)
- Sekundární endpointy: UPV, fyziol. Parametry (RR, HR, MAP), krevní plyny (pH, pCO<sub>2</sub>, PaO<sub>2</sub>/FiO<sub>2</sub>) v H 1, 12 a 48, 28-denní mortalita, délka ICU a hospitalizace





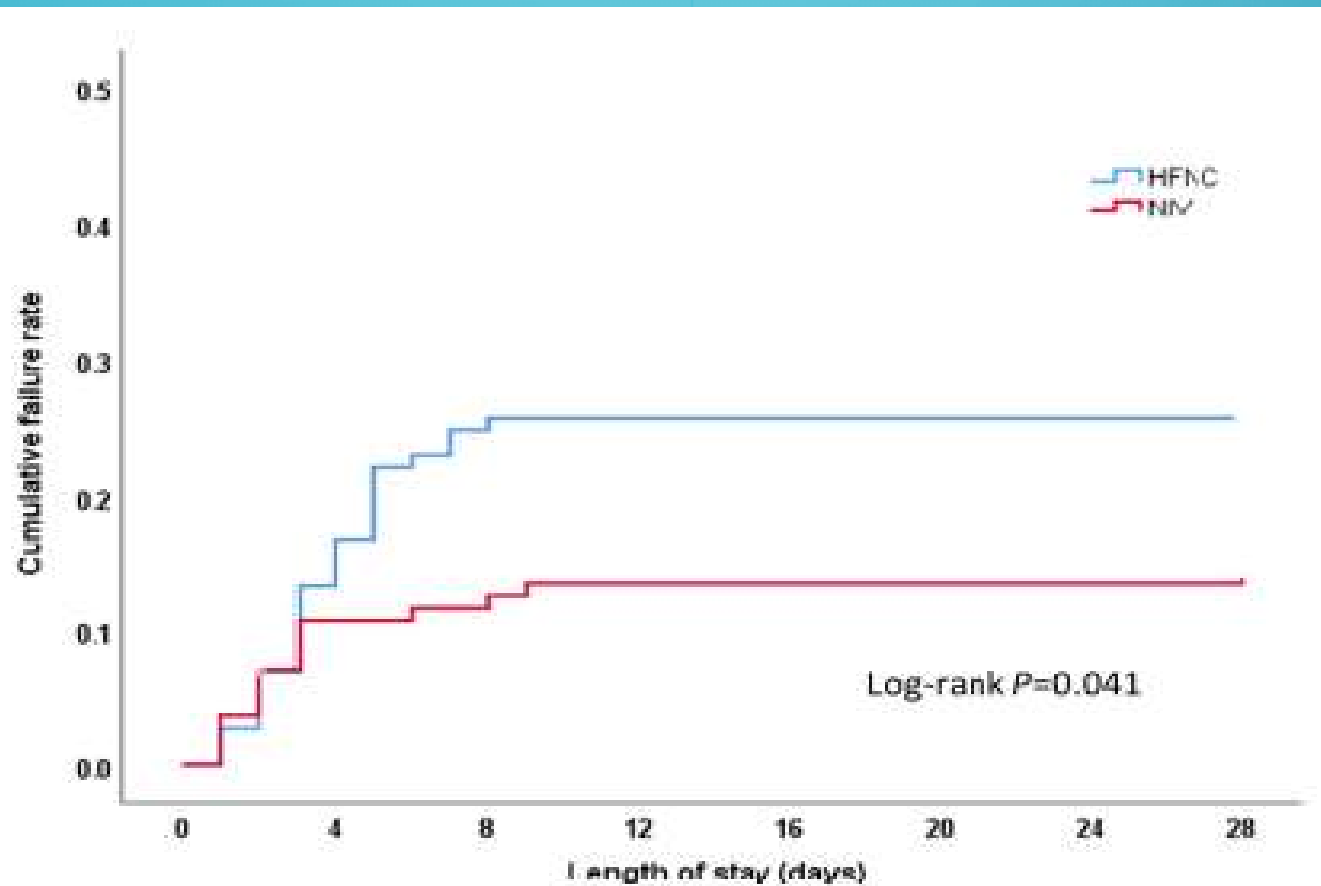
**Table 1** Baseline characteristics of selected patients

Characteristics	HFNC (n= 113)	NIV (n= 112)
Male, n (%)	71 (62.8)	62 (55.4)
Age, years	73 (65–78)	69 (63–76)
History of COPD, years	8 (6–12)	8 (6–11)
Smoking history, n (%)		
Current	12 (10.6)	7 (6.3)
Former smoker	36 (31.3)	49 (43.8)
Comorbidities, n (%)		
Diabetes mellitus	25 (21.1)	31 (27.7)
Coronary artery disease	49 (43.4)	38 (33.9)
Chronic liver disease	9 (8.0)	15 (13.4)
Chronic kidney disease	24 (21.2)	15 (13.4)
Cerebrovascular disease	11 (9.7)	19 (17.0)
Malignancy	13 (11.5)	16 (14.3)
Medication before exacerbation, n (%)		
Inhaled corticosteroids	21 (18.6)	33 (29.5)
Beta adrenoceptor agonist	50 (44.2)	44 (39.3)
Anticholinergics	23 (20.4)	32 (28.6)
Home oxygen therapy, n (%)		
NCO	23 (20.4)	18 (16.1)
NIV	9 (8.0)	12 (10.7)
Pulmonary function class, n (%)		
I	14 (40.0)	17 (38.6)
II	19 (54.3)	24 (54.5)
IV	2 (5.7)	3 (6.8)
Mean length from acute attack to ICU admission, days	5 (3–8)	4 (3–7)
On admission to ICU		
APACHE II score	14 (11–17)	12 (10–16)
SAPS II score	32 (26–37)	29 (26–34)
Heart rate, beats/min	92 (85–101)	96 (85–103)
Respiratory frequency, /min	28 (25–30)	29 (26–32)
Mean arterial pressure, mmHg	88 (82–93)	84 (77–93)
Arterial pH	7.31 (7.29–7.33)	7.30 (7.28–7.32)
PaCO <sub>2</sub> , mmHg	63 (59–68)	61 (58–65)
PaO <sub>2</sub> /FIO <sub>2</sub> , mmHg	175 (167–199)	184 (167–202)

**Table 2** Primary endpoint and cause analysis

	HFNC	NIV	Risk difference, % (95% CI)	P value
Treatment failure, n (%)				
Intention-to-treat analysis	29/113 (25.7)	16/112 (14.3)	11.38 (0.25 – 21.20)	0.033
Per-protocol analysis	28/110 (25.5)	15/109 (13.8)	11.69 (0.48 – 22.60)	0.029
Analysis of treatment failure, n (%)				
Aggravation of respiratory distress	9/29 (31.0)	6/16 (37.5)	-6.47 (-37.06 – 22.64)	0.660
Aggravation of hypoxemia	7/29 (24.1)	4/16 (25.0)	-0.86 (-31.41 – 25.68)	0.949
Aggravation of carbon dioxide retention	13/29 (44.8)	6/16 (37.5)	7.33 (-24.74 – 35.04)	0.373

HFNC High flow nasal cannula oxygen therapy; NIV non-invasive ventilation



**Table 3** Secondary endpoints in the HFNC and NIV groups

	HFNC (n=113)	NIV (n=112)	p value
Invasive ventilation	16 (14.2)	6 (5.4)	0.026
Treatment switch	13 (11.5)	10 (8.9)	0.524
Length of stay in ICU, days	7 (6–9)	9 (6–11)	0.059
Length of stay in hospital, days	10 (8–13)	11 (9–13)	0.228
28 day mortality, n (%)	11 (9.7)	8 (7.1)	0.485

HFNC High-flow nasal cannula oxygen therapy; NIV Non-invasive ventilation; ICU Intensive care unit

HODNOTY KREVNÍCH PLYNŮ SE NELIŠILY KROMĚ PCO<sub>2</sub> V H48 (NIŽŠÍ NIV)  
NEBYL ROZDÍL V DÉLCE UŽITÍ METODY

# AKUTNÍ SRDEČNÍ SELHÁNÍ

Study	Study population	Intervention/Experimental group	Control group	Outcome
Ko et al. [36] (Randomized controlled trial)	Patient suspected of pulmonary edema due to heart failure	HFNC (n = 36)	COT (n = 33)	Significant difference in respiratory rate, SpO <sub>2</sub> at 30 and 60 minutes (improved in HFNC group) Significant difference in ABG parameters (PaO <sub>2</sub> and SpO <sub>2</sub> ) at 30 and 60 minutes (improved in HFNC group)
Makdee et al. [37] (Randomized controlled trial)	ED patients with cardiogenic pulmonary edema	HFNC (n = 63)	COT (n = 65)	60-minute respiratory rate significantly lower in HFNC group Lower respiratory rate at 15 and 30 minutes in HFNC group
Sener et al. [4] (Prospective observational study)	Patients with hypertensive pulmonary edema	HFNC (n = 62)	COT (n = 50)	HFNC shortens the length of stay in both emergency and intensive care unit HFNC shows better results in terms of heart rate, respiratory rate, and ABG parameters
Chang et al. [38] (Cohort study)	Post-extubated patients with heart failure with ejection fraction <50%	HFNC (n = 58)	NIPPV (n = 46)	No significant difference in treatment failure between two groups in 72 hours

high-flow nasal cannula, COT, conventional oxygen therapy; NIPPV, non-invasive positive-pressure ventilation; ABG, arterial blood gas; SpO<sub>2</sub>, oxygen saturation; PaO<sub>2</sub>, partial pressure of oxygen; n, number of participants; ACPE, acute cardiogenic pulmonary edema

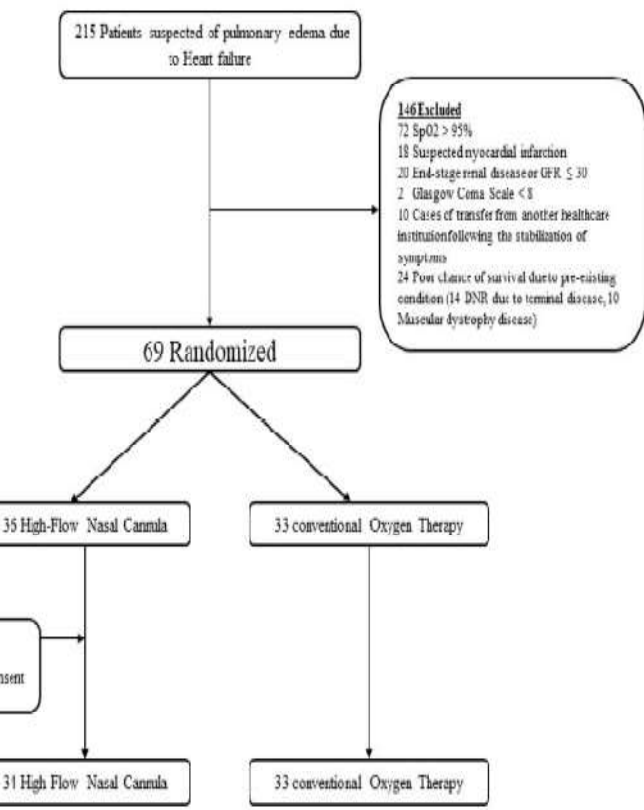
## Benefits of High-Flow Nasal Cannula Therapy for Pulmonary Edema in Patients with Heart Failure in the Emergency Department: A Prospective Multi-Center Randomized Controlled Trial

Seung-Ho Ko <sup>1,2,†</sup>, Jinho Beom <sup>1,†</sup>, Hye Sun Lee <sup>3</sup>, Je Sung You <sup>1,\*</sup>, Hyun Soo Chung <sup>1,\*</sup>  
and Phil Chung <sup>1</sup>

- Incl: AHF s plicním edémem na RTG Excl.: AHF d  
novo, GCS 8, susp. AIM, CHD, CHRI 4,5
- Primární outcome: změny RR, ABR a laktát  
clearance
- Sekundární outcome: intubace do 24h, ICU, 28  
denní mortalita

In the conventional oxygen therapy group, oxygen therapy was commenced using a conventional nasal cannula at a flow rate of  $>2$  L/min. The flow rate was continuously adjusted within the conventional nasal cannula or face mask to maintain an  $SpO_2$  of  $>93\%$ . In the HFNC group, oxygen therapy was applied using large-bore binasal prongs and a heated humidifier (MR850, Fisher & Paykel Healthcare Limited, Auckland, New Zealand) with a flow rate of 45 L/min and fraction of inspired oxygen ( $FiO_2$ ) of 1.0 at initiation (Optiflow, Fisher and Paykel Healthcare, Auckland, New Zealand).  $FiO_2$  (from 21% to 100%) and flow rate (up to 60 L/min) in the system were adjusted to maintain an  $SpO_2$  of  $>93\%$ . In the study protocol, all patients had to undergo treatment with the assigned modality

when therapy with either the conventional nasal cannula or HFNC. Early termination criteria included failure to tolerate the therapy (respiratory rate  $> 35$  breaths/min,  $SpO_2 < 90\%$ ,  $PaO_2/FiO_2 < 100$  mmHg, pulse rate  $> 120$  beats/min or a  $> 30\%$  increase above the baseline and a noninvasively measured pre-intervention mean arterial pressure  $> 30\%$  higher than that at the baseline or signs of respiratory distress (e.g., tachypnea, use of accessory muscles of respiration, and abdominal paradox), clinician judgements (when immediate intervention was required due to worsening of the levels of anxiety, agitation, and consciousness compared to those at the pre-intervention timepoint). If one or



Total (n = 72)	Conventional O <sub>2</sub> Therapy Group (n = 33, 49.3%)	High-Flow Nasal Cannula Group (n = 34, 50.7%)	p-Value
Mean ± SD or n (%)			
<b>Respiratory rate (bpm)</b>			
26.78 ± 3.99	25.18 ± 3.51	28.32 ± 3.86	0.001 *
23.75 ± 3.50	24.85 ± 3.19	22.68 ± 3.49	0.010 *
22.79 ± 3.72	24.30 ± 3.55	21.32 ± 3.32	0.001 *
<b>SpO<sub>2</sub> (%)</b>			
91.41 ± 5.89	92.55 ± 3.78	90.31 ± 7.29	0.120
95.69 ± 3.31	94.15 ± 3.26	97.18 ± 2.65	<0.001 †
95.94 ± 3.27	94.12 ± 3.25	97.71 ± 2.14	<0.001 †

Table 2. Cont.

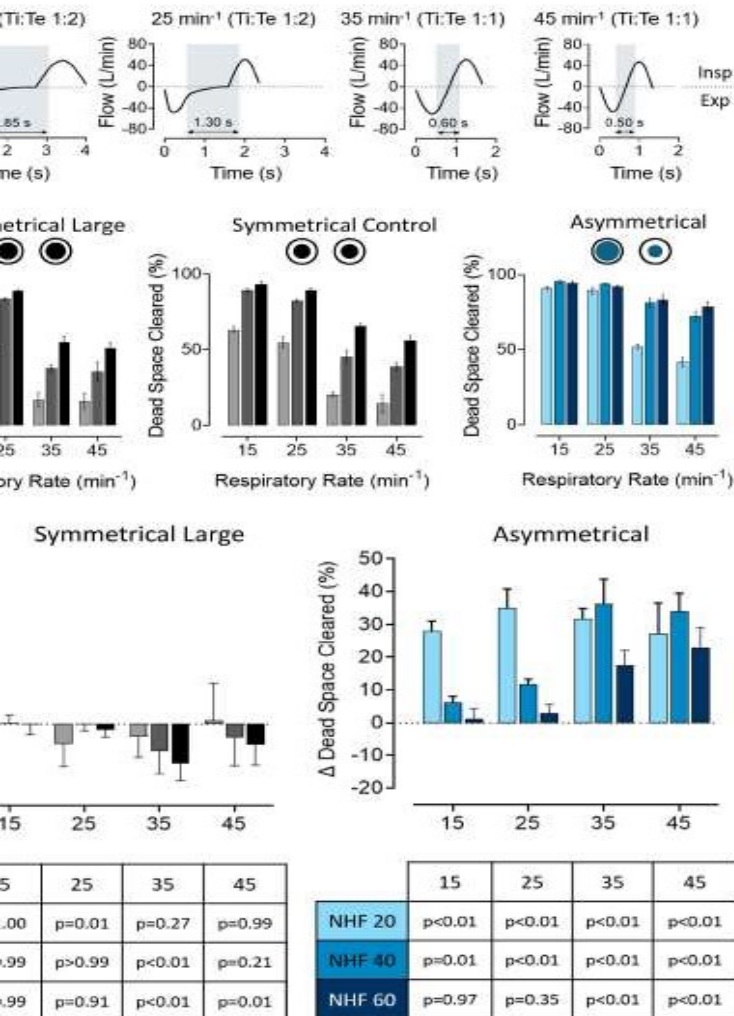
Variable	Total (n = 72) Mean ± SD or n (%)	Conventional O <sub>2</sub> Therapy Group (n = 33, 49.3%)	High-Flow Nasal Cannula Group (n = 34, 50.7%)	p-Value
<b>Arterial Blood Gas Analysis</b>				
pH, initial	7.36 ± 0.09	7.38 ± 0.07	7.34 ± 0.11	0.063
pH, 30 min	7.39 ± 0.07	7.39 ± 0.06	7.39 ± 0.07	0.788
pH, 60 min	7.40 ± 0.06	7.40 ± 0.06	7.40 ± 0.06	0.595
PaO <sub>2</sub> , initial	70.86 ± 17.32	71.91 ± 19.78	69.84 ± 14.79	0.629
PaO <sub>2</sub> , 30 min	87.79 ± 34.46	75.23 ± 19.87	99.98 ± 41.00	0.003 *
PaO <sub>2</sub> , 60 min	90.62 ± 36.79	73.25 ± 13.02	107.47 ± 44.15	<0.001 *
PaCO <sub>2</sub> , initial	32.85 ± 10.44	30.89 ± 6.18	34.76 ± 13.17	0.129
PaCO <sub>2</sub> , 30 min	31.97 ± 8.21	32.61 ± 7.13	31.35 ± 9.20	0.532
PaCO <sub>2</sub> , 60 min	31.91 ± 7.22	32.30 ± 6.22	31.54 ± 8.14	0.670
SpO <sub>2</sub> (%), initial	92.69 ± 3.79	92.55 ± 4.01	92.83 ± 3.63	0.765
SpO <sub>2</sub> , 30 min	95.30 ± 3.55	93.86 ± 3.38	96.71 ± 3.17	0.001 *
SpO <sub>2</sub> , 60 min	95.71 ± 3.07	93.99 ± 2.64	97.38 ± 2.51	<0.001 *
<b>Lactate (mmol/L)</b>				
Initial	2.39 ± 2.02	2.01 ± 1.78	2.77 ± 2.20	0.126
60 min	1.82 ± 1.31	1.89 ± 1.55	1.75 ± 1.04	0.666
<b>Echocardiography After ED visit</b>				
Ejection fraction (%)	40.15 ± 13.12	40.36 ± 15.23	39.94 ± 10.92	0.896
Valve disease	18(26.87)	8(24.24)	10(29.41)	0.633
Intubation	2(2.99)	1(3.03)	1(2.94)	0.999
ICU admission	18(26.87)	8(24.24)	10(29.41)	0.633

\* p < 0.05, PaO<sub>2</sub>: partial pressure of oxygen, PaCO<sub>2</sub>: partial pressure of carbon dioxide, SpO<sub>2</sub>: peripheral oxygen saturation.

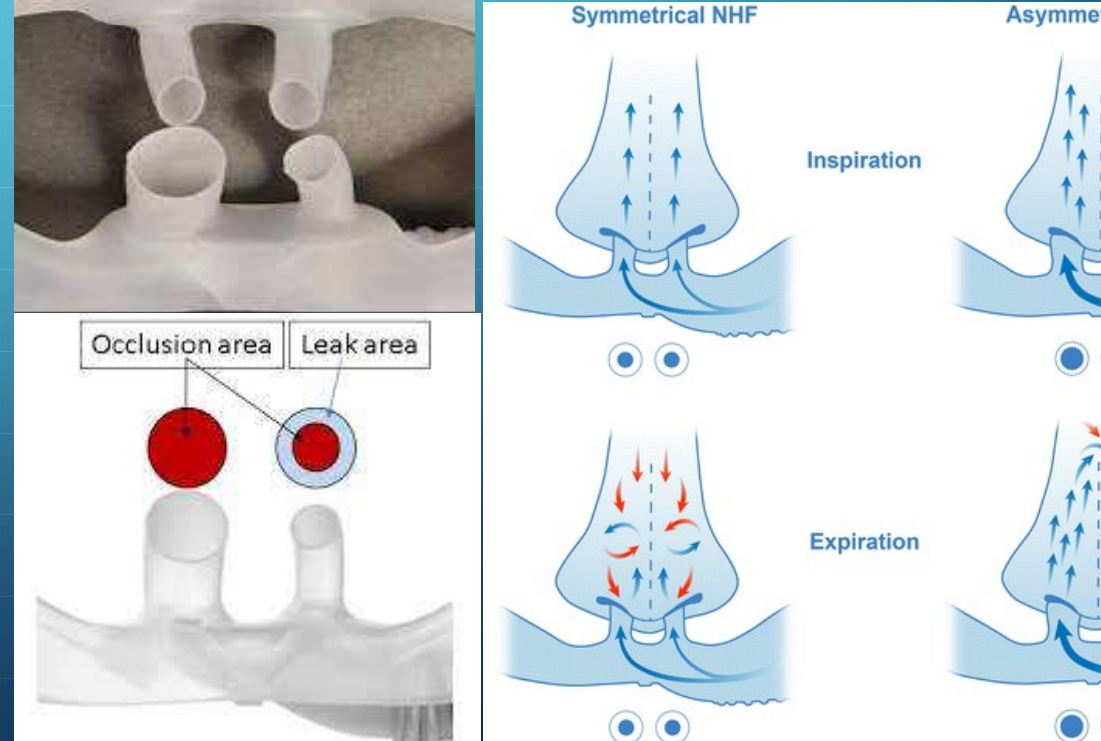
RESEARCH ARTICLE

**High nasal flow ventilation improves clearance of CO<sub>2</sub> from the anatomical dead space and increases positive airway pressure**

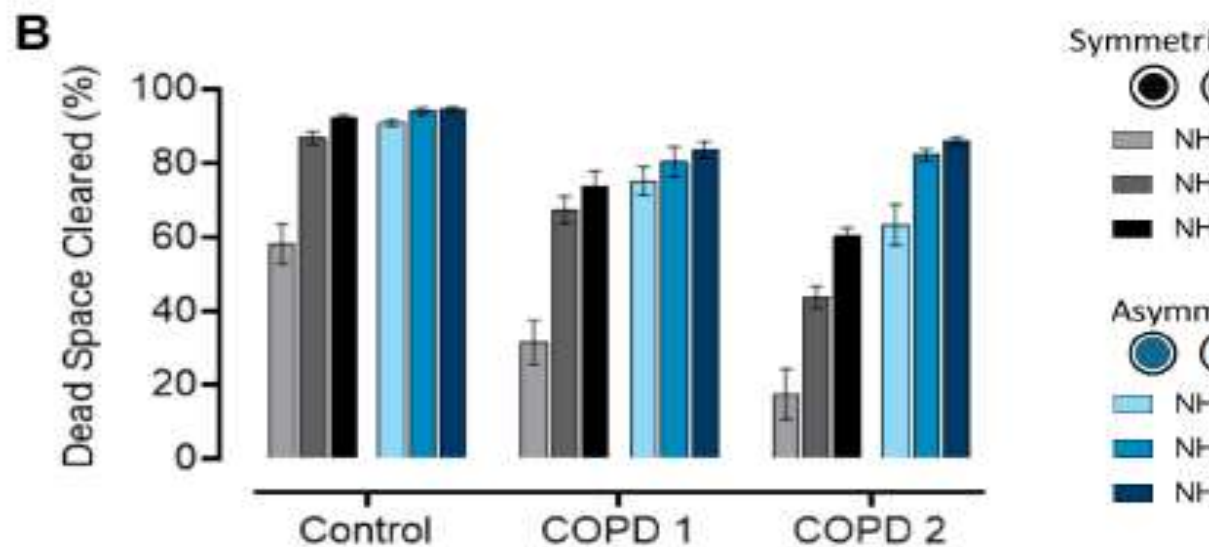
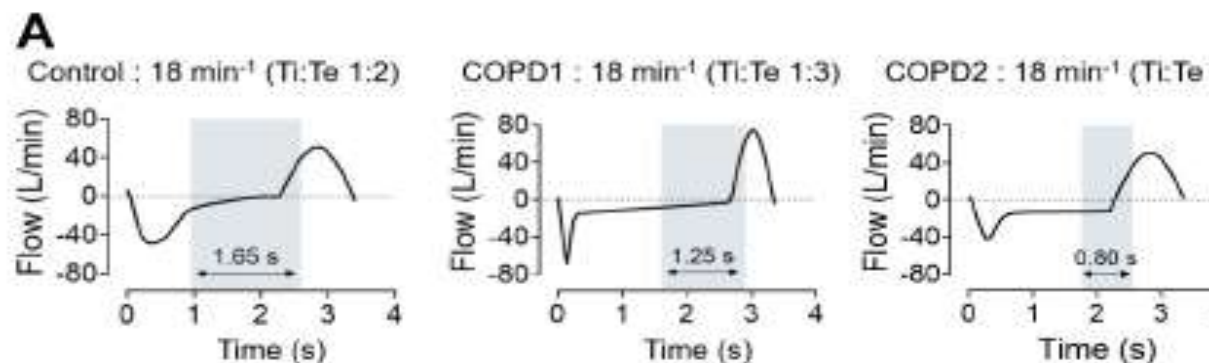
Yav Tatkov,<sup>1</sup> Monique Rees,<sup>1</sup> Anton Gulley,<sup>1</sup> Lotte G. T. van den Heuvel,<sup>1</sup> and Georg Nilius<sup>2,3</sup>  
<sup>1</sup>Playkel Healthcare Ltd., Auckland, New Zealand; <sup>2</sup>Evang. Kliniken Essen-Mitte GmbH, Essen, Germany; and <sup>3</sup>Witten/Herdecke, Witten, Germany



**Fig. 2C.** Note that increased symmetrical nare occlusion does not improve dead-space clearance, and significantly worsens it at higher RRs ( $P < 0.05$ ). However, a significant increase in nare occlusion with the AI significantly improves dead-space clearance ( $P < 0.05$ ). The dead-space clearance at a RR of 15 min<sup>-1</sup> and NHF 60 L/min was not significantly different between the SI and the AI [6.25% ( $P > 0.05$ )]. Nevertheless, at an RR of 35 min<sup>-1</sup> dead-space clearance decreased compared with the control, and at 45 min<sup>-1</sup> dead-space clearance increased, resulting in a significant difference of 29.64 ± 9.96% ( $P < 0.05$ ).



1 with a prolonged expiration (Ti:Te 1:3) and COPD 2 (Ti:Te 1:2) with intrinsic PEEP, characterized by a higher expiratory flow just before expiration ended. A normal breathing pattern (Ti:Te 1:2) was taken as the control. The time to



	Control ΔMean (Std) %	COPD 1 ΔMean (Std) %	COPD 2 ΔMean (Std) %
NHF 20	32.62 (6.15) p<0.0001	43.59 (9.8) p<0.0001	45.93 (12.2) p<0.0001
NHF 40	7.39 (2.73) p=0.0069	13.09 (7.72) p<0.0001	38.47 (4.64) p<0.0001
NHF 60	2.41 (1.53) p=0.8492	9.63 (6.15) p=0.0001	25.48 (3.38) p<0.0001





[JIRI.KARASEK@FNMOTOL.CZ](mailto:JIRI.KARASEK@FNMOTOL.CZ)