



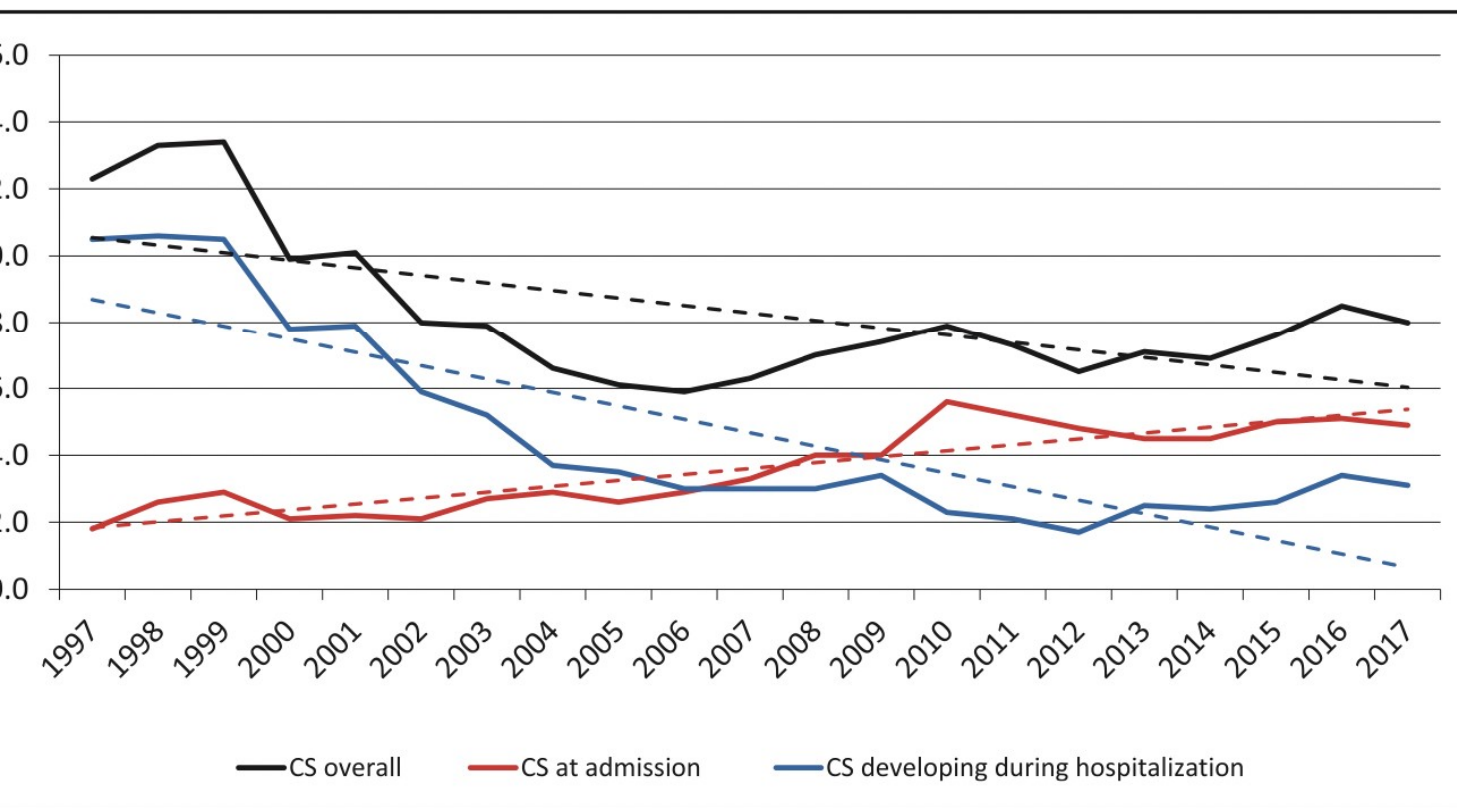
Predictors and Prognostic Impact of Early Acute Kidney Injury in Cardiogenic Shock: Results from a Monocentric, Prospective Registry

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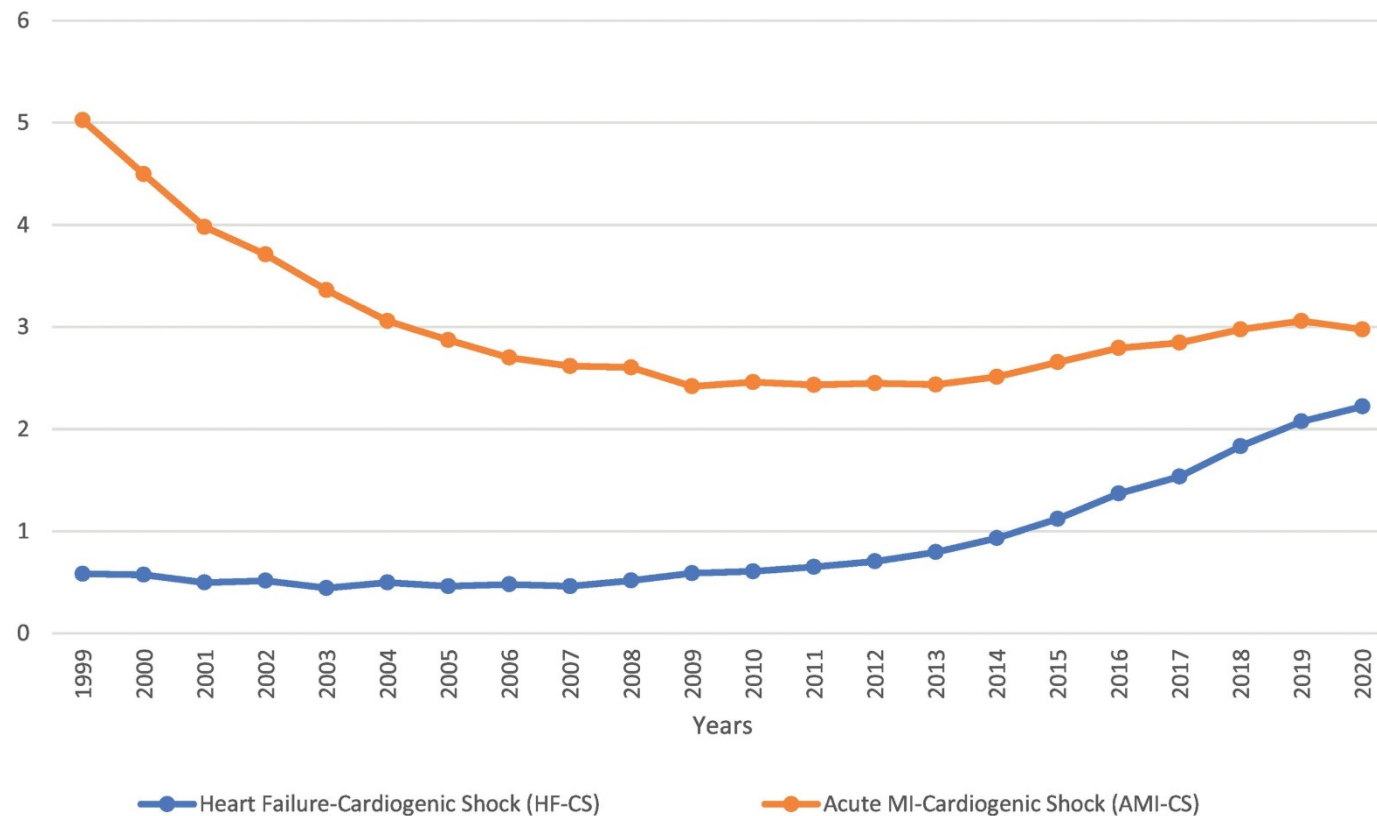
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Cidence of CS due to AMI



- The risk for CS following acute myocardial infarction (AMI) has significantly decreased from 8.7% to 7.3% from 1997 to 2017 ($p < 0.001$).
- In contrast, the risk of CS due to heart failure (HF) is steadily increasing.

Mortality trends im AMI- and HF-related Cardiogenic Shock



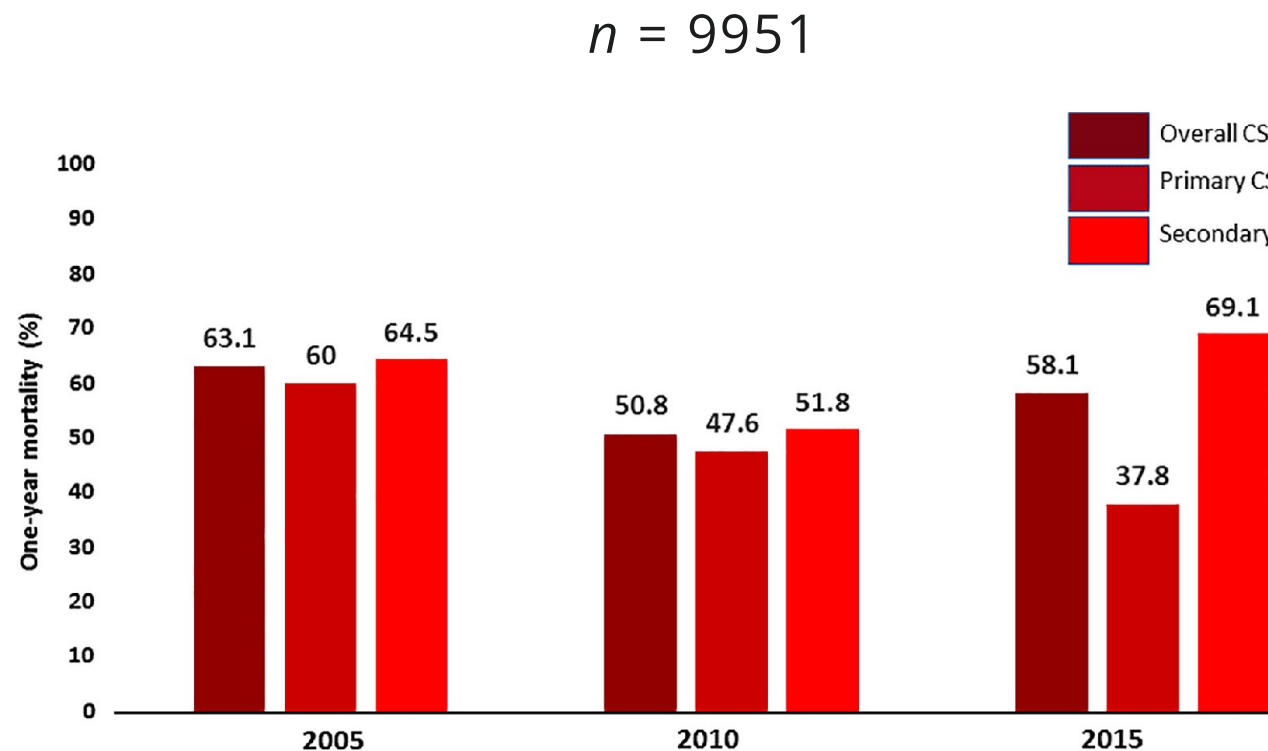
- Age-adjusted mortality (AAMR) for AMI-CS decreased significantly from 1999 to 2009 (-6.9% [95%CI -7.7, -6.1]) then stabilized from 2009 to 2020.
- HF-CS associated AAMR rose steadily from 2009 to 2020 (+ 13% [95%CI 11.4, 15.2]).

Ghajar A et al; Int J Cardiol. 2022

Cardiogenic shock related mortality remains high at about 40-60% at 30 days.

Recent studies investigating the prognosis of CS were commonly restricted to patients with AMI-CS.

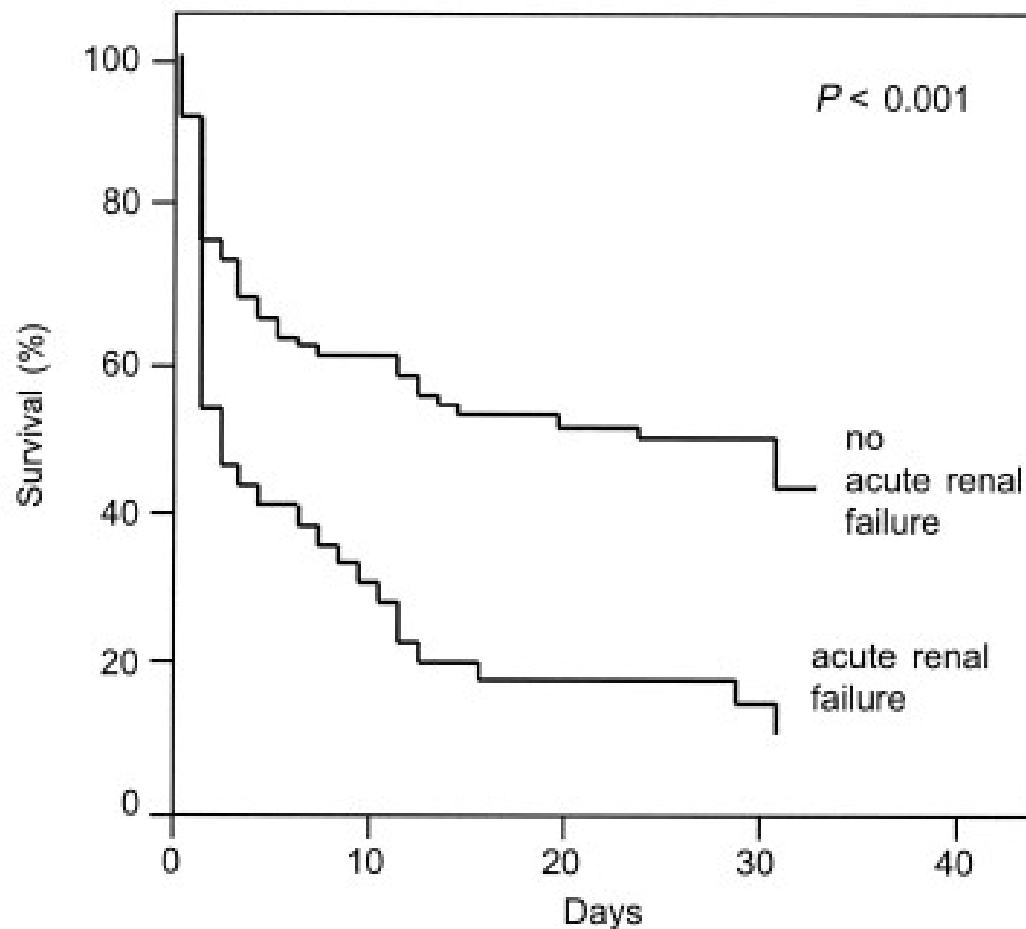
Data investigating predictors of outcomes in CS of any cause remains limited.



Aissaoui N et al; Eur J Heart Fail. 2020.

- Short-term mortality in patients with CS may be attributed to end organ damage.
- Acute kidney injury (AKI) may occur in more than 1/3 of CS patients and in 1/2 of patients treated on an ICU.
- AKI was yet demonstraed to increase the risk of all-cause mortality in CS patients.
- Most studies had low sample size and were restricted to AMI-CS patients

N=118 patients with AMI-CS from 1993 to 2000.



Koreny M, Am J Med. 200

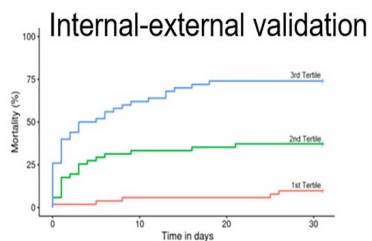
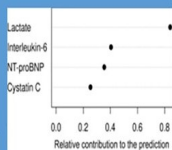
**Fast, objective biomarker-based
score for cardiogenic shock prognosis estimation**

Biomarker Substudy
n=458

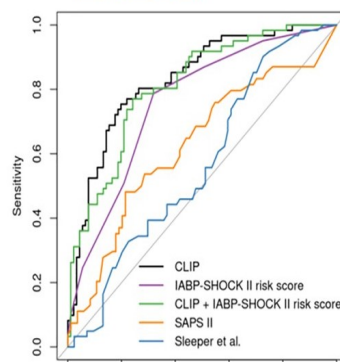
Blood based biomarkers (n=28)
Clinical parameters (n=30)

LASSO
regression

CLIP-score
Cystatin C (renal function)
Lactate (tissue hypoxemia)
Interleukin-6 (inflammation)
NT-proBNP (heart failure)



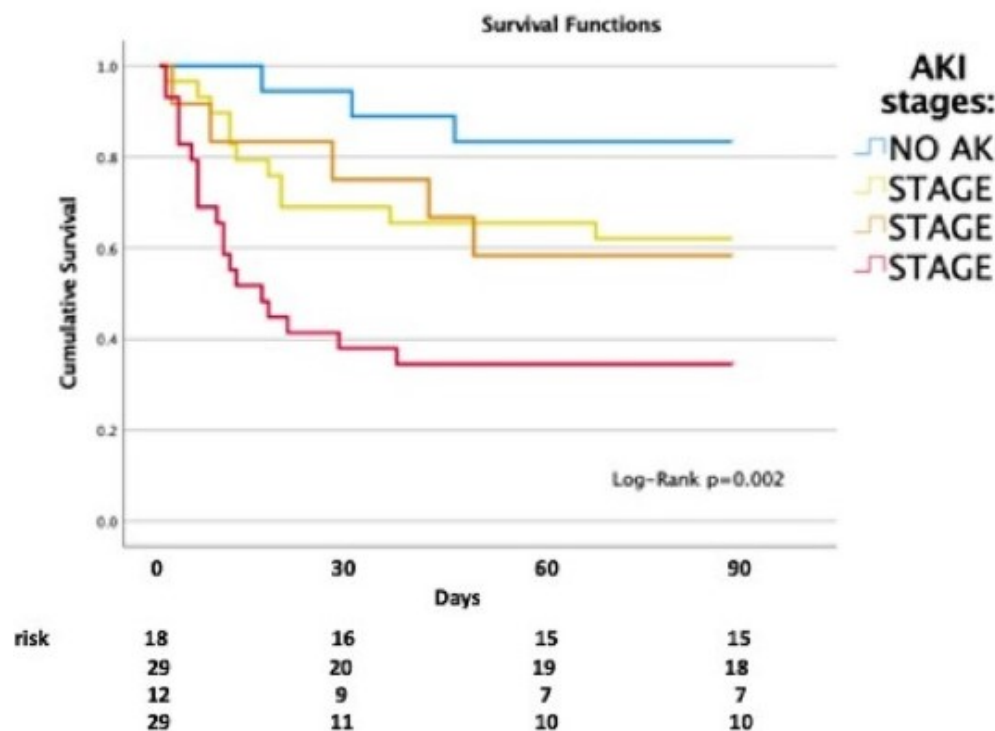
External validation
IABP-SHOCK II n=163



- Furthermore, the inclusion of cystatin c was shown to improve risk prediction in AMI-CS.
- However, cystatin c is unfrequently measured in patients with CS.
- In daily clinical practice, creatinine and eGFR remain the most-frequently biomarkers for the estimation of renal function.

Acute kidney injury in HF-related CS

- Studies investigating the outcomes of AKI in HF-CS were limited to small sample sizes.
- Increased central venous pressure and lactate were predictors of AKI.
- AKI – and more advanced stages of AKI – indicated higher short-term mortality.



Predictors and the effect of AKI need to be verified in studies with higher sample sizes.

Cardiogenic Shock Registry Mannheim (CARESMA-registry)

n = 273 consecutive patients with cardiogenic shock of any etiology

admitted to the internistic ICU at University Medical Centre Mannheim (UMM)

From June 2019 to May 2021

Risk stratification was performed according to the presence or absence of acute kidney injury, defined as

- an increase of creatinine > 50% within 48 h referring to baseline creatinine on day 1
- an increase of plasma creatinine > 50% referring to pre-admission creatinine
- need for continuous veno-venous haemodiafiltration (CVVHDF)).

primary endpoint: 30-day all-cause mortality

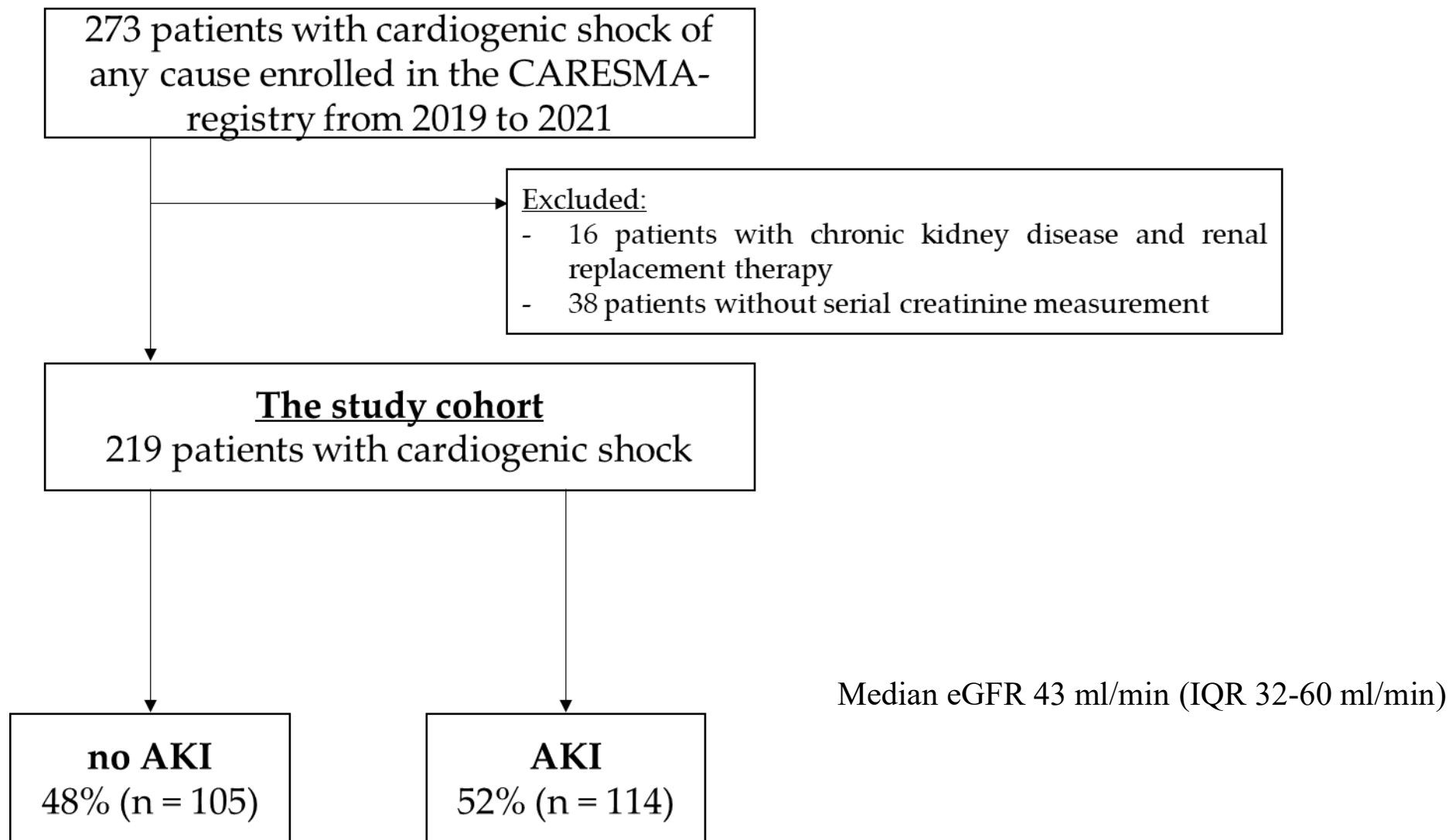


Table 1. Baseline characteristics.

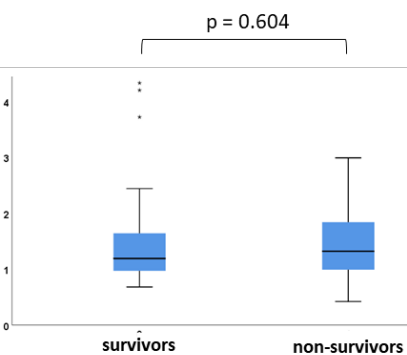
		No AKI (n=105)		AKI (n=114)	p value	
→	Age , median; (IQR)	74	(64-81)	72	(60-79)	0.263
	Male sex , <i>n</i> (%)	61	(58.1)	72	(63.2)	0.443
	Body mass index , kg/m ² (median, (IQR))	26.1	(23.9-29.3)	27.0	(24.7-31.0)	0.039
	Vital signs , (median, (IQR))					
	Body temperature (°C)	36.0	(34.8-36.5)	36.0	(35.0-36.8)	0.338
	Heart rate (bpm)	84	(69-106)	91	(72-108)	0.489
→	Systolic blood pressure (mmHg)	115	(94-139)	106	(93-124)	0.029
	Respiratory rate (breaths/min)	18	(16-22)	20	(17-25)	0.049
	Cardiovascular risk factors , <i>n</i> (%)					
	Arterial hypertension	74	(70.5)	87	(76.3)	0.328
→	Diabetes mellitus	31	(29.5)	53	(46.5)	0.010
	Hyperlipidemia	48	(45.7)	69	(60.5)	0.028
	Smoking	37	(35.2)	56	(40.4)	0.436
	Prior medical history , <i>n</i> (%)					
	Coronary artery disease	31	(29.5)	47	(41.2)	
	1-vessel disease	3	(2.9)	17	(14.9)	0.019
	2-vessel disease	4	(3.8)	5	(4.4)	
	3-vessel disease	24	(22.9)	25	(21.9)	
	Congestive heart failure	28	(26.7)	48	(42.1)	0.016
	Atrial fibrillation	34	(32.4)	36	(31.6)	0.899
→	Chronic kidney disease	26	(24.8)	44	(38.6)	0.028
	Stroke	11	(10.5)	20	(17.5)	0.134
	COPD	15	(14.3)	29	(25.4)	0.040
	Liver cirrhosis	2	(1.9)	7	(6.1)	0.115
	Medication on admission , <i>n</i> (%)					
	ACE-inhibitor	37	(35.2)	41	(36.0)	0.911
	ARB	19	(18.1)	17	(14.9)	0.525
	Beta-blocker	51	(48.6)	57	(50.0)	0.833
	ARNI	5	(4.8)	3	(2.6)	0.401
	Aldosterone antagonist	14	(13.3)	20	(17.5)	0.390
→	Diuretics	37	(35.2)	56	(49.1)	0.038
	ASA	23	(21.9)	35	(30.7)	0.141
	P2Y12-inhibitor	7	(6.7)	11	(9.6)	0.422
	Statin	41	(39.0)	59	(51.8)	0.059

ACE, angiotensin-converting-enzyme; ARB, angiotensin receptor blocker; ARNI, angiotensin receptor neprilysin inhibitor; ASA, acetylsalicylic acid; COPD, chronic obstructive pulmonary disease; IQR, interquartile range

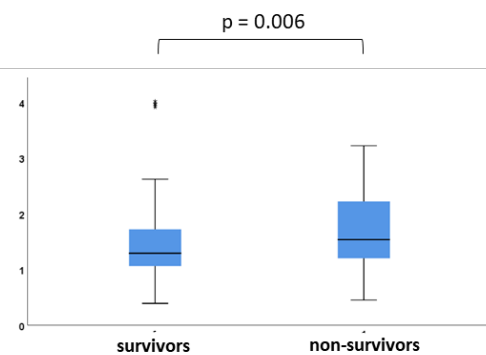
Table 2. Shock-related data, follow-up data and endpoints.

	No AKI (n=105)		AKI (n=114)		p value
Coronary angiography, n (%)	77	(73.3)	80	(70.2)	0.604
No evidence of CAD	13	(16.9)	8	(10.0)	
1-vessel disease	9	(11.7)	19	(23.8)	0.125
2-vessel disease	16	(20.8)	11	(13.8)	
3-vessel disease	39	(50.6)	42	(52.5)	
Left main trunk	10	(13.0)	8	(10.0)	0.557
Left anterior descending	46	(59.7)	41	(51.2)	0.285
Right coronary artery	37	(48.1)	36	(45.0)	0.702
Left circumflex	35	(45.5)	41	(51.2)	0.468
PCI, n (%)	48	(62.3)	57	(71.3)	0.236
Number of Stents, (median; (IQR))	1	(0-2)	1	(0-3)	0.349
CABG, n (%)	9	(11.7)	9	(11.3)	0.931
Chronic total occlusion, n (%)	19	(24.7)	19	(23.8)	0.892
Classification of CS, n (%)					
Stage A	0	(0.0)	0	(0.0)	
Stage B	3	(2.9)	2	(1.8)	
Stage C	39	(37.1)	43	(37.7)	0.305
Stage D	5	(4.8)	13	(11.4)	
Stage E	58	(55.2)	56	(49.1)	
Transthoracic echocardiography					
LVEF >55%, (n, %)	17	(16.2)	9	(7.9)	
LVEF 54-41%, (n, %)	10	(9.5)	19	(16.7)	
LVEF 40-30%, (n, %)	28	(26.7)	24	(21.1)	0.029
LVEF <30%, (n, %)	43	(41.0)	60	(52.6)	
LVEF not documented, (n, %)	7	(6.7)	2	(1.8)	
VCI, cm (median, (IQR))	1.9	(1.4-2.2)	1.8	(1.6-2.2)	0.489
TAPSE, mm (median, (IQR))	16	(12-20)	14	(11-18)	0.154
Cardiopulmonary resuscitation					
OHCA, n (%)	48	(45.7)	38	(33.3)	0.120
IHCA, n (%)	10	(9.5)	18	(15.8)	
Shockable rhythm, n (%)	68	(64.8)	88	(77.2)	0.042
Non-shockable rhythm, n (%)	37	(35.2)	26	(22.8)	
ROSC, min (median, IQR)	12	(6-20)	20	(10-35)	0.002
Multiple organ support during ICU					
Norepinephrine dose, µg/kg/min (median, (IQR))	0.1	(0.0-0.2)	0.2	(0.1-0.6)	0.001
Mechanical circulatory assist device, n (%)	5	(4.8)	17	(14.9)	0.013
CVVHDF, n (%)	0	(0.0)	69	(60.5)	0.001
Baseline laboratory values, (median, (IQR))					
pH	7.32	(7.25-7.39)	7.27	(7.19-7.36)	0.001
Lactate (mmol/l)	2.6	(1.5-4.1)	4.0	(2.1-7.7)	0.001
Sodium (mmol/l)	139	(136-141)	138	(135-141)	0.309
Potassium (mmol/l)	4.1	(3.7-4.6)	4.4	(3.9-5.4)	0.004
Creatinine (mg/dl)	1.25	(0.94-1.60)	1.62	(1.34-2.52)	0.001
Hemoglobin (g/dl)	12.6	(10.6-14.0)	12.7	(10.3-14.3)	0.959
WBC (10 ⁶ /ml)	12.67	(9.85-17.73)	16.40	(11.70-20.20)	0.010
Platelets (10 ⁶ /ml)	225	(173-271)	222	(174-275)	0.816
Troponin I (µg/l)	0.763	(0.136-5.332)	0.716	(0.159-6.037)	0.725
NT-pro BNP (pg/ml)	3169	(431-15066)	5680	(1094-13486)	0.301
Procalcitonin (ng/ml)	0.28	(0.06-0.42)	0.29	(0.16-1.06)	0.439
CRP (mg/l)	6	(4-28)	15	(4-57)	0.062

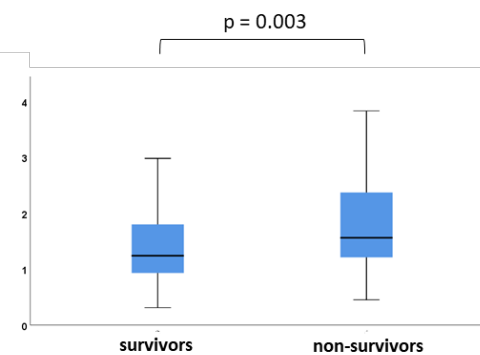
Pre-admission
N_{survivors} = 54
N_{non-survivors} = 65



Day 1
N_{survivors} = 119
N_{non-survivors} = 110

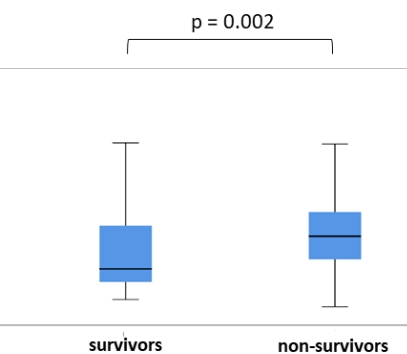


Day 2
N_{survivors} = 102
N_{non-survivors} = 93

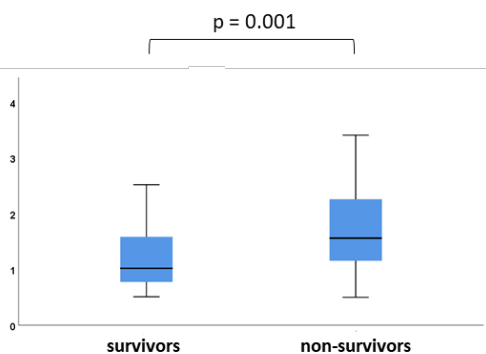


Creatinine levels were consistently higher in CS non-survivors during the first week of ICU treatment.

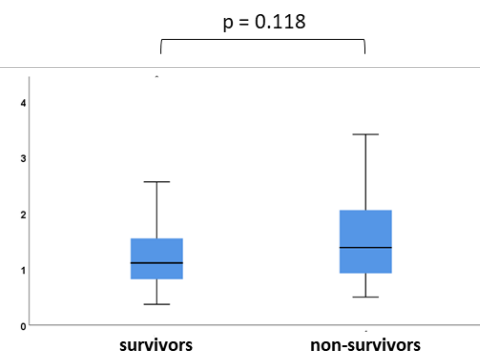
Day 3
N_{survivors} = 88
N_{non-survivors} = 70



Day 4
N_{survivors} = 79
N_{non-survivors} = 56



Day 8
N_{survivors} = 58
N_{non-survivors} = 24



In contrast, pre-admission creatinine levels did not differ among survivors and non-survivors.

Correlations of creatinine with clinical and laboratory data

Table 3. Correlations of creatinine with laboratory and clinical parameters in all patients on day 1.

		Creatinine	
		r	p value
	Age	0.229	0.001
	Body mass index (kg/m ²)	0.163	0.018
	Heart rate (bpm)	-0.113	0.102
	Systolic blood pressure (mmHg)	-0.208	0.002
	PaO ₂ /FiO ₂ ratio	-0.071	0.336
	PaO ₂ (mmHg)	-0.112	0.115
	Norepinephrine (µg/kg/min)	-0.021	0.759
	Hemoglobin (g/dL)	-0.240	0.001
	WBC (10 ⁶ /mL)	0.079	0.252
	Platelet count (10 ⁶ /mL)	-0.211	0.002
	INR	0.203	0.004
	Bilirubin (mg/dL)	-0.014	0.869
	cTNI (µg/L)	-0.058	0.428
	NT-pro BNP (pg/mL)	0.427	0.001
	CRP (mg/L)	0.347	0.001
	Procalcitonin (ng/mL)	0.231	0.060

CRP, C-reactive protein; cTNI, cardiac troponin I; INR, international normalized ratio; NT-pro BNP, aminoterminal pro-B-type natriuretic peptide; WBC, white blood cells.
 Level of significance p<0.05. Bold type indicates statistical significance.

Predictors for AKI in all-comers patients with CS.

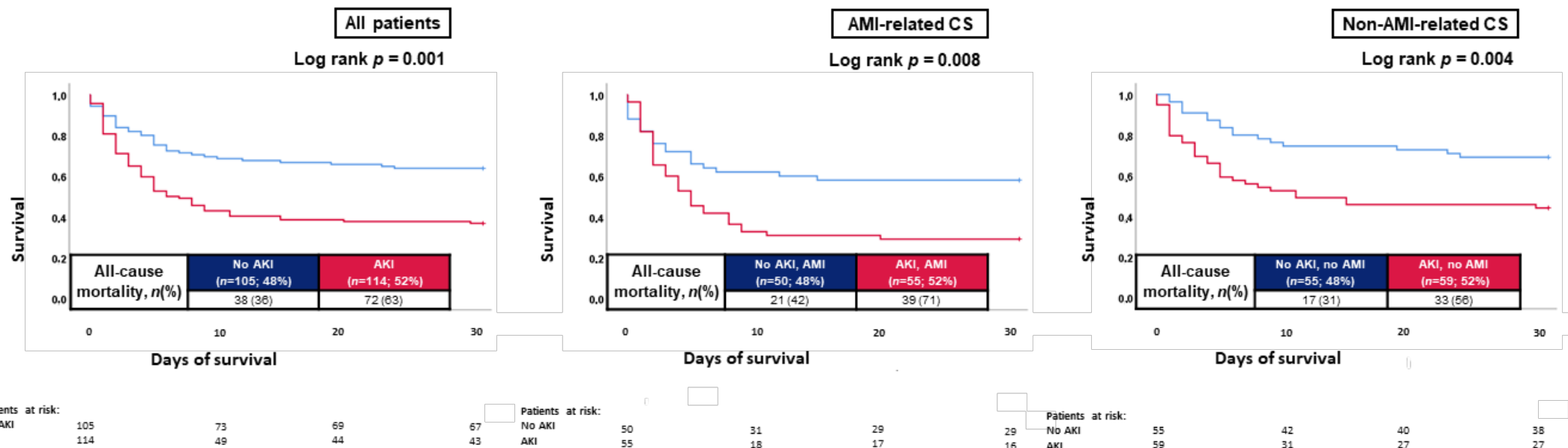
Table 4. Predictors of acute kidney injury within the entire study cohort.

	OR	95% CI	p value
Age (per 1 year increase)	1.003	0.981-1.027	0.772
Male sex	0.744	0.390-1.422	0.371
Heart rate (bpm) (per 1 bpm increase)	0.994	0.982-1.005	0.275
 Lactate (per 1 mmol/l increase)	1.194	1.083-1.316	0.001
CRP (per 1 mg/l increase)	1.003	0.997-1.008	0.306
Norepinephrine (per 1 µg/kg/min increase)	1.509	0.882-2.583	0.134
Non-AMI vs. AMI	1.278	0.683-2.391	0.442
Cardiopulmonary resuscitation	0.784	0.470-1.306	0.350

AMI, acute myocardial infarction; CRP, C-reactive protein.
 Level of significance p<0.05. Bold type indicates statistical significance.

Lactate on admission was the only predictor of AKI in patients with CS.

In contrast, the etiology of CS had no impact on the risk of AKI.



The presence of AKI was associated with an increased risk of 30-day all-cause mortality (63% vs. 36%; HR = 2.138; 95% CI 1.441 – 3.171 $p = 0.001$).

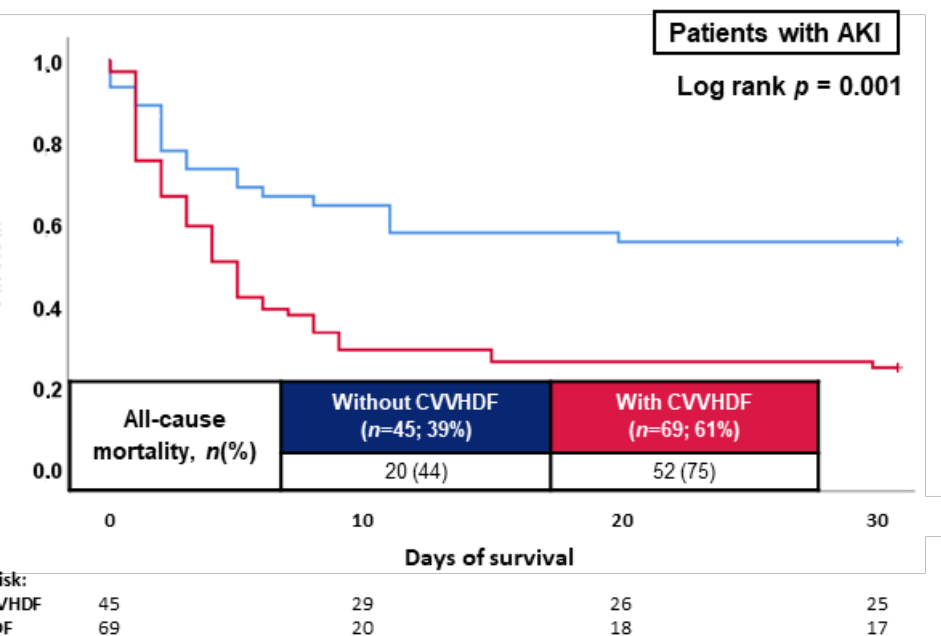
This association was observed irrespective of CS etiology (AMI-related CS: 71% vs. 42%; log rank $p = 0.008$; HR = 1.979; 95% CI 1.160 – 3.374; $p = 0.012$; non-AMI-related CS (56% vs. 31%; log rank $p = 0.004$; HR = 2.284; 95% CI 1.271 – 4.105; $p = 0.006$).

Table 5. Multivariate Cox regression analysis with regard to 30-day all-cause mortality.

Variables		HR	95% CI	p value
	Age (per 1 year increase)	1.022	1.005-1.039	0.010
	Male sex	1.039	0.685-1.575	0.857
	Heart rate (per 1 bpm increase)	1.007	0.999-1.015	0.105
	Lactate (per 1 mmol/l increase)	1.086	1.033-1.142	0.001
	CRP (per 1 mg/l increase)	0.998	0.995-1.001	0.190
	Norepinephrine (per 1 µg/kg/min increase)	1.209	0.993-1.472	0.058
	Non-AMI vs. AMI	1.358	0.896-2.059	0.149
	Cardiopulmonary resuscitation	1.169	0.874-1.563	0.293
	Acute kidney injury	1.861	1.207-2.869	0.005

CRP, C-reactive protein. Level of significance p<0.05. Bold type indicates statistical significance.

Higher age, lactate and the presence of AKI were demonstrated to be independent predictors of short-term mortality in CS patients.



Among patients with AKI, CVVHDF was required in 61%.

CVVHDF was associated with worse prognosis compared to AKI without CVVHDF (75% vs. 44%; log rank $p = 0.001$; HR = 2.211; 95% CI 1.315 – 3.718; $p = 0.003$).

Key messages

Early AKI is common in patients with CS and affects more than half of CS patients.

Lactate as a surrogate end organ hypoperfusion was the only predictor for the development of AKI.

AKI is independently associated with adverse outcomes in CS – irrespective of the CS etiology.

Further predictors of short-term mortality were higher age and lactate levels.

Thank you for your attention!



With a special thank you to the main contributors:

Dr. med. Jonas Rusnak, PD Dr. med. Kathrin Weidner, Prof. Dr. med. Michael Behnes and Prof. Dr. med. Sahim Akin.