

# **Aké sú koncentrácie DOAK u pacientov s fibriláciou predsiení v čase nežiaducich príhod? - výsledky pilotnej multicentrickej štúdie**

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# Review of the Pharmacology of the Emerging Possibilities of the Direct Oral Anticoagulants' Reversal

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**Table 1.** New oral anticoagulants in current clinical practice.

	Dabigatran	Rivaroxaban	Apixaban	Edoxaban
Target factor	factor IIa	factor Xa	factor Xa	factor Xa
Clinical indication	NVAF PE or DVT prophylaxis PE or DVT treatment	NVAF PE or DVT prophylaxis PE or DVT treatment	NVAF PE or DVT prophylaxis PE or DVT treatment	NVAF PE or DVT treatment (only in Japan)
Hepatic metabolism	yes	yes	yes	yes
Renal clearance	75 - 80%	60 - 65%	25 - 30%	45 - 50%
Protein bound	35%	95%	87%	20%
Half-life	12 - 17 hours	9 - 13 hours	8 - 15 hours	8 - 10 hours
On-set of action	0.5 - 2 hours	2 - 4 hours	1 - 3 hours	1 - 2 hours
Laboratory test for monitoring	diluted thrombin clotting time, ecarin clotting time	anti-Xa activity	anti-Xa activity	anti-Xa activity
Dialysis	yes	no	no	no
Nonspecific reversal agents	PCC, aPCC/FEIBA, rVIIa	PCC, aPCC/FEIBA, rVIIa	PCC, aPCC/FEIBA, rVIIa	PCC, aPCC/FEIBA, rVIIa
Target-specific reversal agents	idarucizumab, aripazine	andexanet alpha, aripazine	andexanet alpha, aripazine	andexanet alpha, aripazine

Abbreviations: DVT - deep venous thrombosis; NVAF - non-valvular atrial fibrillation; PCC - prothrombin complex concentrate; aPCC - activated prothrombin complex concentrate; FEIBA - factor VIII inhibitor bypassing activity; PE - pulmonary embolism, rVIIa - recombinant activated factor VII.

## Monitoring of dabigatran therapy using Hemoclot® Thrombin Inhibitor assay in patients with atrial fibrillation

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### Monitorovanie účinnosti antikoagulačnej liečby dabigatranom u pacientov s fibriláciou predsiení: prvé skúsenosti.

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Table 2 Distribution of dabigatran concentrations according to established reference and cut-off values [9, 10]; sample 1 = taken 12 h after previous dose of drug; sample 2 = taken 2 h after subsequent dose of drug

	% (n) of values below the reference range	% (n) of values in the reference range	% (n) of values above the reference range	% (n) of values with overdose (>200 ng/ml)	Reference range (ng/ml)
Sample 1 (trough)	15.79 (3)	78.95 (15)	5.26 (1)	5.26 (1)	43–143
Sample 2 (peak)	18.18 (2)	81.82 (9)	0.00 (0)	x	60–275

### Conclusion

The results of our study confirmed that the HTI assay is useful method to monitor the anticoagulant effect of dabigatran administrated for prevention of ischemic stroke and systemic embolism in patients with non-valvular atrial fibrillation. According to this test, more tailored management of DT might be ensured. The specific measurement of dabigatran plasma concentrations using the HTI assay may also be useful for the diagnosis of dabigatran overdose in future. However, further studies on larger samples will be needed for the final clarification of this issue.

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## The effect of dabigatran plasma concentrations and patient characteristics on the frequency of ischemic stroke and major bleeding in atrial fibrillation patients: the RE-LY Trial (Randomized Evaluation of Long-Term Anticoagulation Therapy).

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### ⊕ Author information

#### Abstract

**OBJECTIVES:** The goal of this study was to analyze the impact of dabigatran plasma concentrations, patient demographics, and aspirin (ASA) use on frequencies of ischemic strokes/systemic emboli and major bleeds in atrial fibrillation patients.

**BACKGROUND:** The efficacy and safety of dabigatran etexilate were demonstrated in the RE-LY (Randomized Evaluation of Long-Term Anticoagulation Therapy) trial, but a therapeutic concentration range has not been defined.

**METHODS:** In a pre-specified analysis of RE-LY, plasma concentrations of dabigatran were determined in patients treated with dabigatran etexilate 110 mg twice daily (bid) or 150 mg bid and correlated with the clinical outcomes of ischemic stroke/systemic embolism and major bleeding using univariate and multivariate logistic regression and Cox regression models. Patient demographics and ASA use were assessed descriptively and as covariates.

**RESULTS:** Plasma concentrations were obtained from 9,183 patients, with 112 ischemic strokes/systemic emboli (1.3%) and 323 major bleeds (3.8%) recorded. Dabigatran levels were dependent on renal function, age, weight, and female sex, but not ethnicity, geographic region, ASA use, or clopidogrel use. A multiple logistic regression model (c-statistic 0.657, 95% confidence interval [CI]: 0.61 to 0.71) showed that the risk of ischemic events was inversely related to trough dabigatran concentrations ( $p = 0.045$ ), with age and previous stroke (both  $p < 0.0001$ ) as significant covariates. Multiple logistic regression (c-statistic 0.715, 95% CI: 0.69 to 0.74) showed major bleeding risk increased with dabigatran exposure ( $p < 0.0001$ ), age ( $p < 0.0001$ ), ASA use ( $p < 0.0003$ ), and diabetes ( $p = 0.018$ ) as significant covariates.

**CONCLUSIONS:** Ischemic stroke and bleeding outcomes were correlated with dabigatran plasma concentrations. Age was the most important covariate. Individual benefit-risk might be improved by tailoring dabigatran dose after considering selected patient characteristics. (Randomized Evaluation of Long Term Anticoagulant Therapy [RE-LY] With Dabigatran Etexilate; [NCT00262600](#)).

ORIGINAL ARTICLE

## Low drug levels and thrombotic complications in high-risk atrial fibrillation patients treated with direct oral anticoagulants

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**Bazálne (trough) koncentrácie DOAK korelujú s rizikom embolických príhod**

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ORIGINAL ARTICLE



## Drug levels and bleeding complications in atrial fibrillation patients treated with direct oral anticoagulants

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Coordinator of START2-Register

**Maximálne (peak) koncentrácie DOAK korelujú s rizikom hemoragických príhod**

***Aké sú reálne koncentrácie DOAK  
u pacientov s fibriláciou predsiení  
v čase krvácaných a embolických  
príhod?***



# Metodika

- **pilotná multicentrická prospektívna štúdia** (4.2019 – 10.2020)
- **súbor pacientov:**
  - A) *43 pacientov s embolicou CMP* pri liečbe DOAK (zaradení na 2 Neurologických klinikách /JLF UK Martin, FN Nitra/ s 24/7 h programom starostlivosti o pacientov s CMP)
  - B) *49 pacientov s krvácaním* pri liečbe DOAK (zaradení na Oddelení pohotovostného príjmu UNM)
  - C) *57 pacientov tolerujúcich terapeutickú dávku DOAK* minimálne 6 mesiacov bez akejkoľvek príhody = kontrolný súbor (zaradení na I. internej klinike JLF UK Martin)
- **stanovenie koncentrácie DOAK:**
  - v čase *embolickej* (súbor A) alebo *krvácavej* príhody (súbor B)
  - *bazálne* (pred) a *maximálne* (2 h po podaní u dabigatranu a rivaroxabanu a 3 h po podaní u apixabanu) koncentrácie (súbor C)
  - koncentrácie dabigatranu boli stanovené pomocou *Hemoclot Thrombin Inhibitor Assay* a koncentrácie rivaroxabanu a apixabanu pomocou *liekovo – špecifickej chromogénnej anti-Xa analýzy*

# Demografia: CMP verzus kontroly

	Dabigatran CMP	Dabigatran kontroly	Rivaroxaban CMP	Rivaroxaban kontroly	Apixaban CMP	Apixaban kontroly
Počet pacientov (muži/ženy)	10 (6/4)	21 (9/12)	13 (7/6)	14 (6/8)	20 (11/9)	22 (9/13)
Vek	73 (51 – 94)	65 (50 - 78)	72 (60 – 85)	70 (56 – 86)	80 (59-97)	72 (54-85)
Beta-blokátor (%)	80,0	71,4	83,3	92,8	100	81,8
Amiodaron (%)	30,0	9,5	7,6	14,2	5,0	4,5
Verapamil (%)	0	14,2	0	7,1	0	0
ACEi/AT1RB (%)	40,0/10,0	42,8/14,2	53,8/7,6	62,2/7,1	45/20	36,3/9,1
PPI (%)	40,0	71,4	23,1	42,8	45,0	40,9
Trvanie liečby DOAK (dni)	95	192	130	185	120	202
BMI (kg/m <sup>2</sup> )	27,3	30,3	26,5	27,5	28,2	30,3
CHA2DS2VASc skóre	3,7	3,5	4,7	3,5	4,8	4,5
HAS-BLED skóre	2,5	2,5	3,0	2,5	3,0	3,0
Vypočítaná GFR (ml/min/1.73 m <sup>2</sup> )	78,2	82,0	69,5	62,7	60,5	60,7



# Demografia: krvácanie verzus kontroly

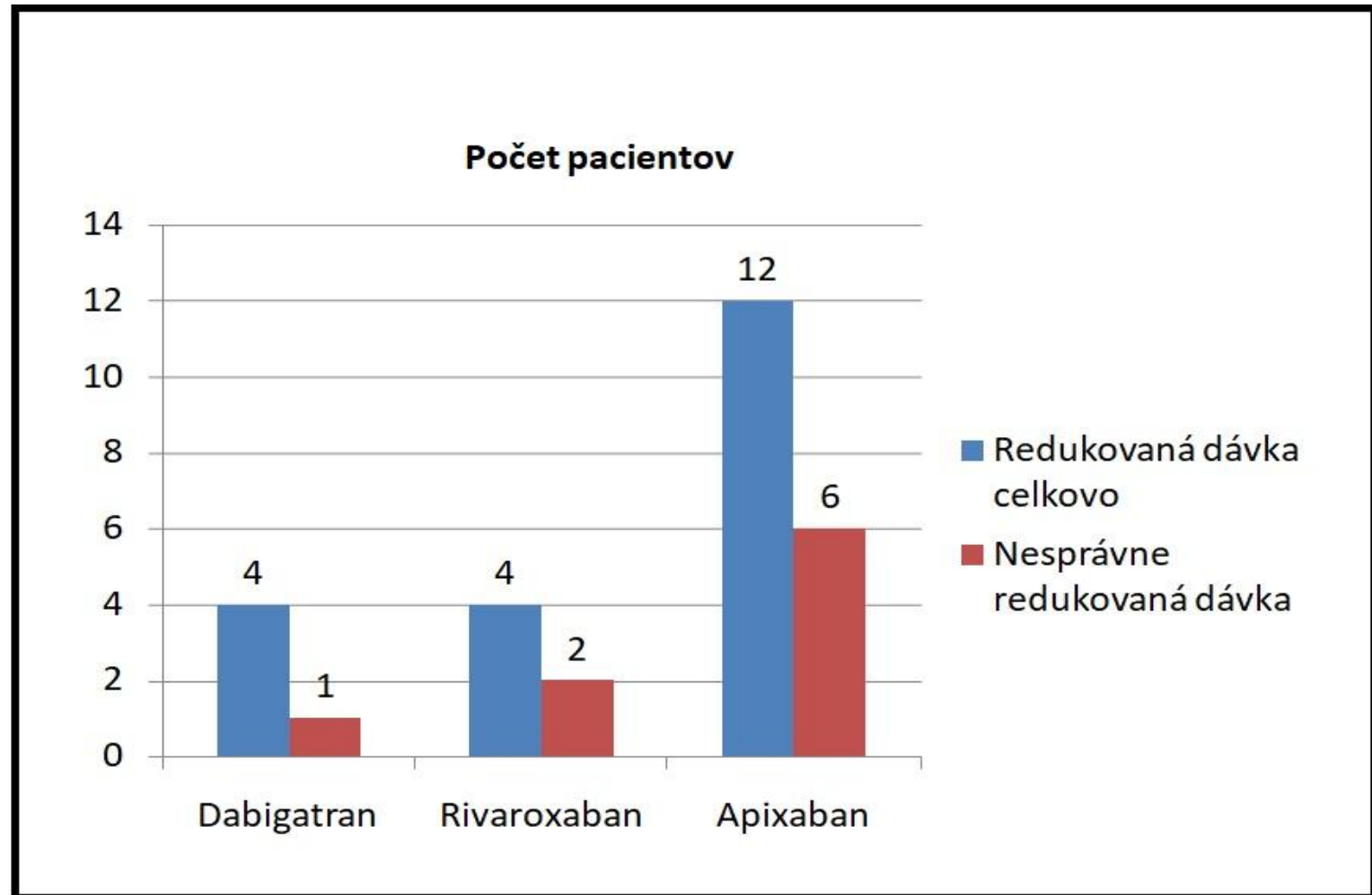
	Dabigatran krvácanie	Dabigatran kontroly	Rivaroxaban krvácanie	Rivaroxaban kontroly	Apixaban krvácanie	Apixaban kontroly
Počet pacientov (muži/ženy)	9 (5/4)	21 (9/12)	22 (9/13)	14 (6/8)	18 (9/9)	22 (9/13)
Vek (roky)	82 (72 – 89)	65 (50 - 78)	73 (58 – 88)	70 (56 – 86)	79 (61-89)	72 (54-85)
Beta-blokátor (%)	100	71,4	72,7	92,8	100	81,8
Amiodaron (%)	0	9,5	13,6	14,2	5,5	4,5
Verapamil (%)	0	14,2	4,5	7,1	5,5	0
ACEi/AT1RB (%)	55,5/0	42,8/14,2	45,4/9,1	62,2/7,1	72,2/11,1	36,3/9,1
PPI (%)	33,3	71,4	36,3	42,8	55,5	40,9
Trvanie liečby DOAK (dni)	85,5	110,5	140	145,5	132,5	161,5
BMI (kg/m <sup>2</sup> )	25,5	30,3	27,6	27,5	28,5	30,3
CHA2DS2VASc skóre	5,1	3,5	4	3,7	4	4,5
HAS-BLED skóre	3	2,5	3	2,5	3	3
Vypočítaná GFR (ml/min/1.73 m <sup>2</sup> )	54,6	78,5	68,3	62,7	56	60,7

# Výsledky:

## koncentrácie DOAK v čase embolickej CMP

	Pacienti s embolicou CMP	Kontroly		Signifikancia
Koncentrácie dabigatranu (ng/mL)	40,7 ± 36,9	bazálne (ng/mL)	85,4 ± 57,2	p < 0,05
		maximálne (ng/mL)	138,8 ± 78,7	p < 0,001
Koncentrácie rivaroxabanu (ng/mL)	42,7 ± 31,9	bazálne (ng/mL)	52,5 ± 36,4	p = 0,13
		maximálne (ng/mL)	177,6 ± 38,6	p < 0,001
Koncentrácie apixabanu (ng/mL)	72,4 ± 46,7	bazálne (ng/mL)	119,9 ± 81,7	p < 0,05
		maximálne (ng/mL)	210,9 ± 88,7	p < 0,001

# Výsledky: dávkovanie DOAK u pacientov s embolickou CMP



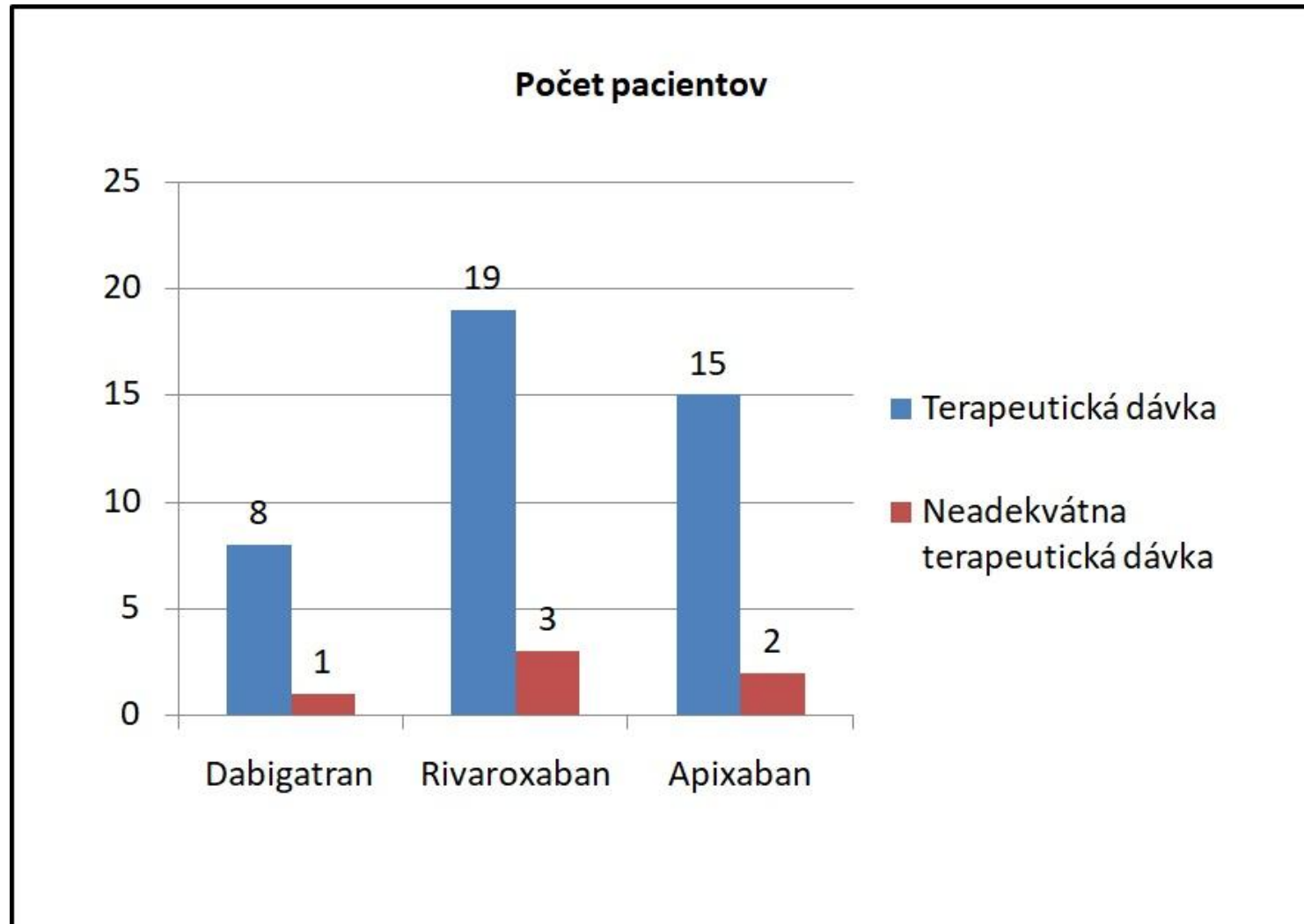
# Výsledky:

## koncentrácie DOAK v čase krvácania

	Pacienti s krvácaním	Kontroly		Signifikancia
Koncentrácie dabigatranu (ng/mL)	261,4 ± 163,7	Bazálne	85,4 ± 57,2	p < 0,001
		Maximálne	138,8 ± 78,7	p < 0,05
Koncentrácie rivaroxabanu (ng/mL)	245,9 ± 150,2	Bazálne	52,5 ± 36,4	p < 0,001
		Maximálne	177,6 ± 38,6	p = 0,13
Koncentrácie apixabanu (ng/mL)	311,8 ± 142,5	Bazálne	119,9 ± 81,7	p < 0,001
		Maximálne	210,9 ± 88,7	p < 0,05



# Výsledky: dávkovanie DOAK u pacientov s krvácaním



# ZÁVER

1. Pacienti s embolickou CMP pri liečbe DOAK majú **nižšie koncentrácie DOAK** v čase príhody v porovnaní s bazálnymi (dabigatran, apixaban) a maximálnymi (dabigatran, rivaroxaban, apixaban) koncentraciami pacientov tolerujúcich liečbu
2. Pacienti s krvácaním pri liečbe DOAK majú **vyššie koncentrácie DOAK** v čase príhody v porovnaní s bazálnymi (dabigatran, rivaroxaban, apixaban) a maximálnymi (dabigatran, apixaban) koncentraciami pacientov tolerujúcich liečbu
3. **Neadekvátna redukcia dávkovania DOAK** bola zistená u 9 pacientov (20,9 %) s embolickou CMP a **nadmerné dávkovanie DOAK** bolo zistené u 6 pacientov (12,2 %) s krvácaním pri liečbe DOAK

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**Ďakujem za pozornosť**