

ČASTĚJŠÍ TYPY PLICNÍ HYPERTENZE (SKUPINA 2, 3, 4)

PAVEL JANSA

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European
Reference
Network

for rare or low prevalence
complex diseases

• **Network**
Respiratory Diseases
(ERN-LUNG)

• **Member**
General University
Hospital in Prague –
Czechia





2015 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension

The Joint Task Force for the Diagnosis and Treatment of Pulmonary Hypertension of the European Society of Cardiology (ESC) and the European Respiratory Society (ERS)

Endorsed by: Association for European Paediatric and Congenital Cardiology (AEPC), International Society for Heart and Lung Transplantation (ISHLT)

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ESC Associations: Acute Cardiovascular Care Association (ACCA), European Association for Cardiovascular Prevention & Rehabilitation (EACPR), European Association of Cardiovascular Imaging (EACVI), European Association of Percutaneous Cardiovascular Interventions (EAPCI), European Heart Rhythm Association (EHRA), Heart Failure Association (HFA).

ESC Councils: Council for Cardiology Practice (CCP), Council on Cardiovascular Nursing and Allied Professions (CCNAP), Council on Cardiovascular Primary Care (CCPC).

ESC Working Groups: Cardiovascular Pharmacotherapy, Cardiovascular Surgery, Grown-up Congenital Heart Disease, Pulmonary Circulation and Right Ventricular Function, Valvular Heart Disease.

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ESC subspecialty communities having participated in the development of this document:

Associations: Association of Cardiovascular Nursing & Allied Professions (ACNAP), European Association of Cardiovascular Imaging (EACVI), and Heart Failure Association (HFA).

Councils: Council on Cardiovascular Genomics.

Working Groups: Adult Congenital Heart Disease, Pulmonary Circulation and Right Ventricular Function, Thrombosis.

Patient Forum

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KLINICKÁ KLASIFIKACE PLICNÍ HYPERTENZE (2022)

GROUP 1 Pulmonary arterial hypertension (PAH)

1 %

- 1.1 Idiopathic
 - 1.1.1 Non-responders at vasoreactivity testing
 - 1.1.2 Acute responders at vasoreactivity testing
- 1.2 Heritable^a
- 1.3 Associated with drugs and toxins^a
- 1.4 Associated with:
 - 1.4.1 Connective tissue disease
 - 1.4.2 HIV infection
 - 1.4.3 Portal hypertension
 - 1.4.4 Congenital heart disease
 - 1.4.5 Schistosomiasis
- 1.5 PAH with features of venous/capillary (PVOD/PCH) involvement
- 1.6 Persistent PH of the newborn

GROUP 2 PH associated with left heart disease

70 %

- 2.1 Heart failure:
 - 2.1.1 with preserved ejection fraction
 - 2.1.2 with reduced or mildly reduced ejection fraction^b
- 2.2 Valvular heart disease
- 2.3 Congenital/acquired cardiovascular conditions leading to post-capillary PH

GROUP 3 PH associated with lung diseases and/or hypoxia

20 %

- 3.1 Obstructive lung disease or emphysema
- 3.2 Restrictive lung disease
- 3.3 Lung disease with mixed restrictive/obstructive pattern
- 3.4 Hypoventilation syndromes
- 3.5 Hypoxia without lung disease (e.g. high altitude)
- 3.6 Developmental lung disorders

GROUP 4 PH associated with pulmonary artery obstructions

4 %

- 4.1 Chronic thrombo-embolic PH
- 4.2 Other pulmonary artery obstructions^c

GROUP 5 PH with unclear and/or multifactorial mechanisms

5 %

- 5.1 Haematological disorders^d
- 5.2 Systemic disorders^e
- 5.3 Metabolic disorders^f
- 5.4 Chronic renal failure with or without haemodialysis
- 5.5 Pulmonary tumour thrombotic microangiopathy
- 5.6 Fibrosing mediastinitis

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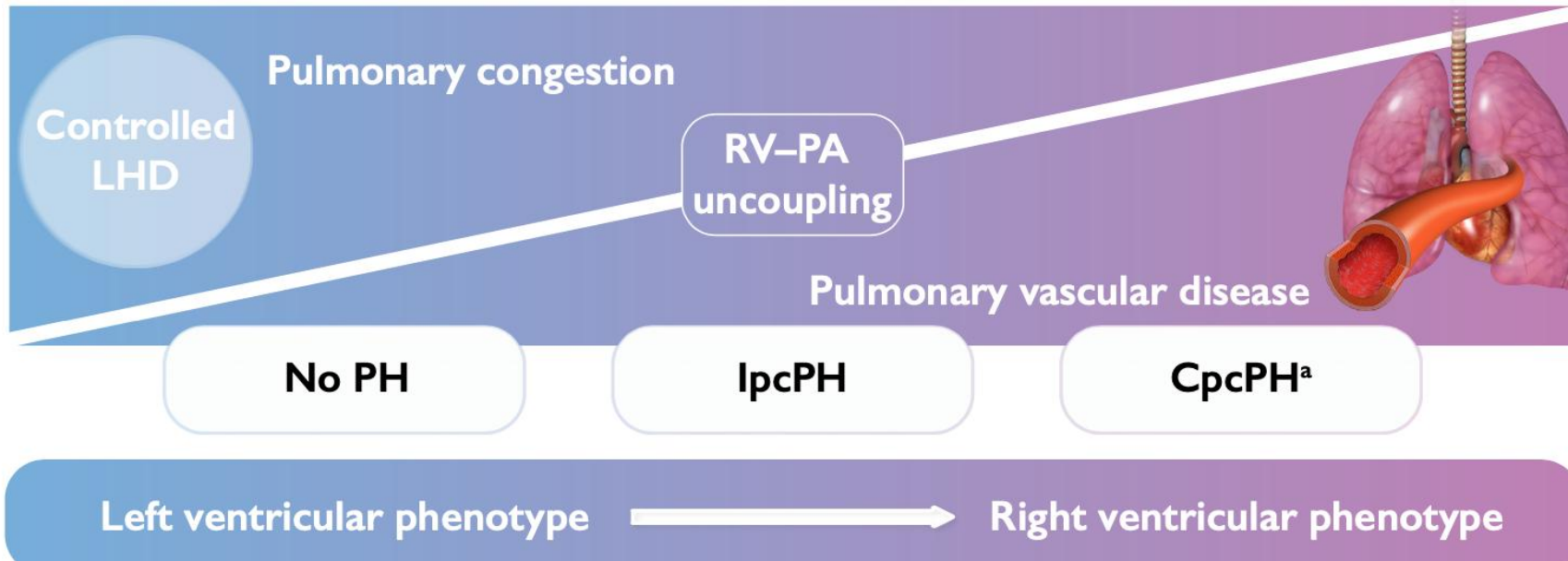
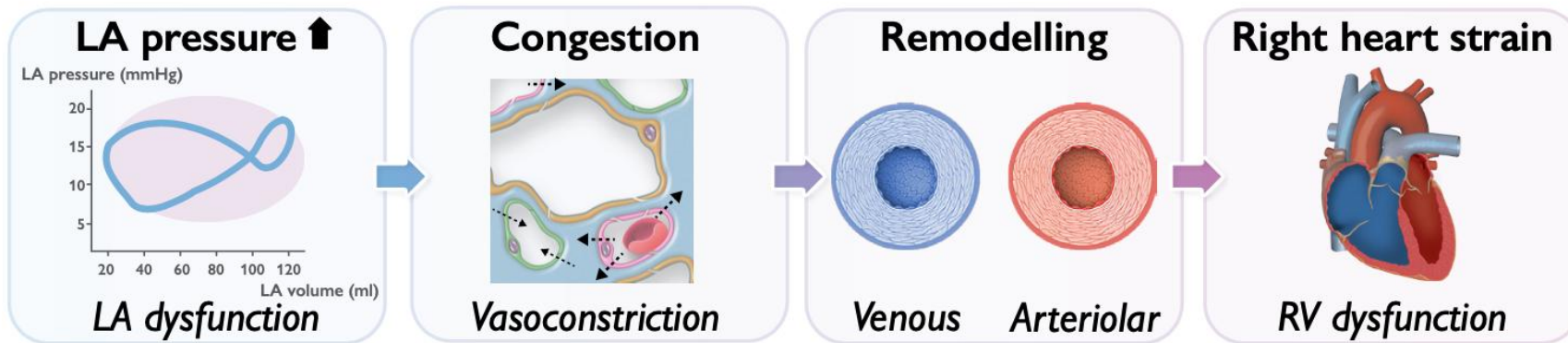
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PLICNÍ HYPERTENZE ASOCIOVANÁ S ONEMOCNĚNÍM LEVÉHO SRDCE

Variable degree of pulmonary congestion, vasoconstriction, vascular remodelling



Srdeční selhání se zachovalou EF (36-83 % pacientů)

Srdeční selhání s redukovanou EF (40-72 % pacientů)

PVR > 2 WU (20-30 % pacientů)

Těžká prekapilární komponenta

PVR > 5 WU

- Středně těžká až těžká PH
- Dilatace a/nebo dysfunkce PK

PLICNÍ HYPERTENZE ASOCIOVANÁ S ONEMOCNĚNÍM LEVÉHO SRDCE



Definition	Haemodynamic characteristics
PH	mPAP >20 mmHg
Pre-capillary PH	mPAP >20 mmHg PAWP ≤15 mmHg PVR >2 WU
Isolated post-capillary PH	mPAP >20 mmHg PAWP >15 mmHg PVR ≤2 WU
Combined post- and pre-capillary PH	mPAP >20 mmHg PAWP >15 mmHg PVR >2 WU
Exercise PH	mPAP/CO slope between rest and exercise >3 mmHg/L/min

Latentní postkapilární komponenta:
PAWP > 18 mmHg po volumové výzvě

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PLICNÍ HYPERTENZE ASOCIOVANÁ S ONEMOCNĚNÍM LEVÉHO SRDCE

- **Terapie základního onemocnění levé komory srdeční, diuretika**
- **Specifická terapie PAH (?)**
 - ERA všeobecně nedoporučovány (zhoršení symptomatologie v důsledku tekutinové retence)

Recommendations	GRADE		Class ^a	Level ^b
	Quality of evidence	Strength of recommendation		
No recommendation can be given for or against the use of PDE5is in patients with HFpEF and combined post- and pre-capillary PH	Low	None	–	–
The use of PDE5is in patients with HFpEF and isolated post-capillary PH is not recommended	Low	Conditional	III	C
In patients with LHD and CpcPH with a severe pre-capillary component (e.g. PVR >5 WU), an individualized approach to treatment is recommended			I	C

Pulmonary hypertension due to left heart disease

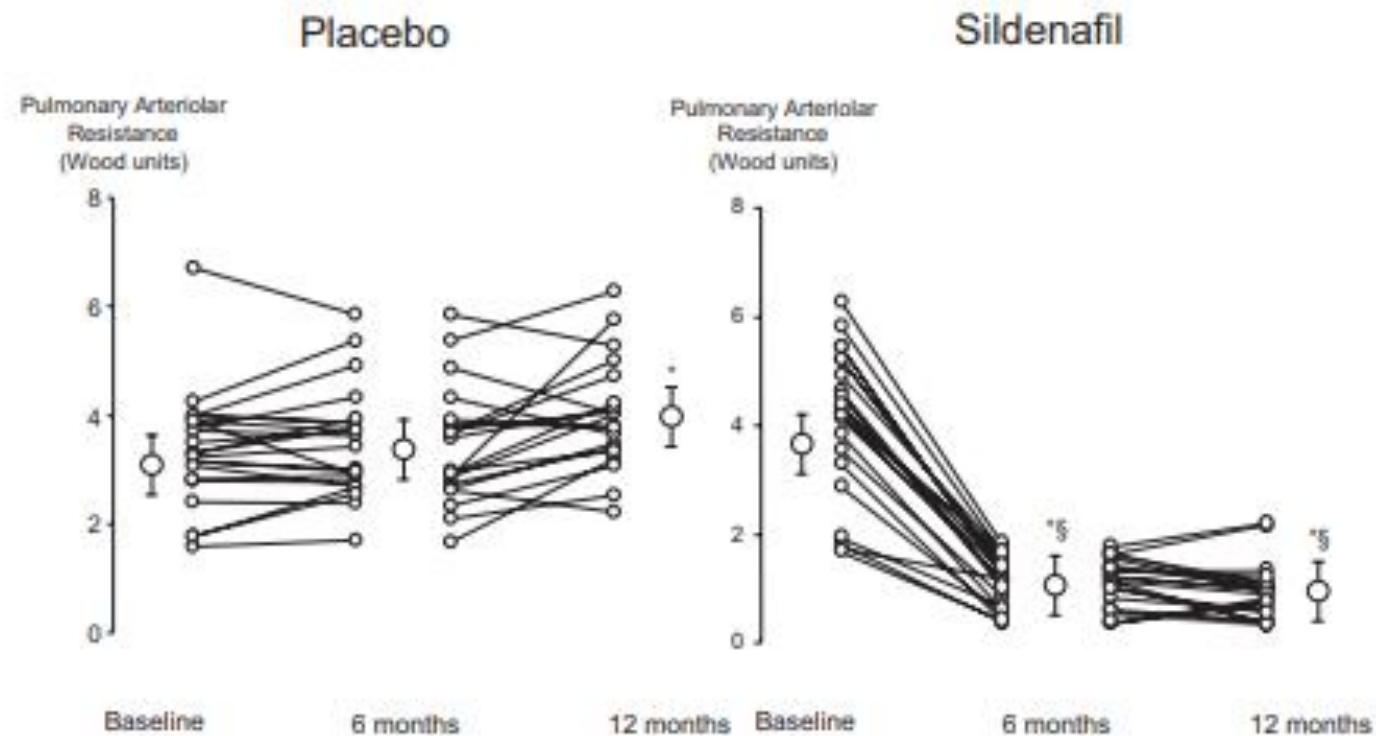
First author or study [ref.]	Study drug	Dose	Subjects n	Duration	Population	Primary outcome	Result
GUAZZI [74]	Sildenafil	50 mg 3 times a day	44	12 months	HFpEF	PVR, RV performance, CPET	Improvement
LEPHT [75]	Riociguat	0.5, 1 or 2 mg 3 times a day	201	16 weeks	HFrEF	mPAP versus placebo	No change
HOENDERMIS [73]	Sildenafil	60 mg 3 times a day	52	12 weeks	HFpEF	mPAP versus placebo	No change
SIOVAC [77]	Sildenafil	40 mg 3 times a day	231	24 weeks	VHD	Composite clinical score [#]	Worsening in active group
MELODY-1 [76]	Macitentan	10 mg once daily	48	12 weeks	HF (EF >30%); 75% HFpEF	Safety and tolerability	+10% fluid retention in active group

Pulmonary Hypertension in Heart Failure With Preserved Ejection Fraction

A Target of Phosphodiesterase-5 Inhibition in a 1-Year Study

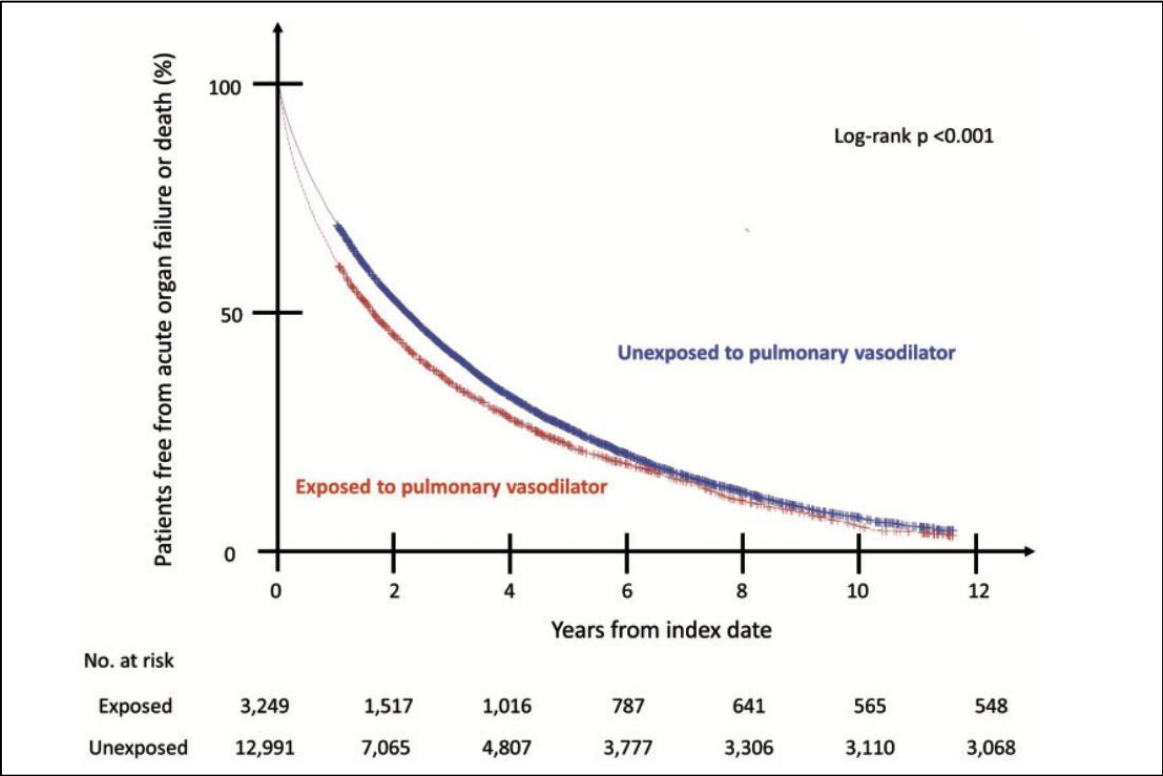
Marco Guazzi, MD, PhD; Marco Vicenzi, MD;
Ross Arena, PhD; Maurizio D. Guazzi, MD, PhD, FESC

N=44 (randomizace 1:1), EF \geq 50 %, PAMP > 40 mmHg, Sildenafil 3x50 mg
Měsíc 6: sildenafil PAMP pokles o 42 ± 13 %, obdobně měsíc 12



Outcomes of pulmonary vasodilator use in Veterans with pulmonary hypertension associated with left heart disease and lung disease

2006-2016, n=132552, PH skupiny 2/3, 2.5 % (n=3249) specifická vazodilatační léčba PH
Úmrtí nebo selhání orgánů



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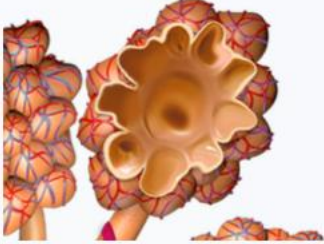
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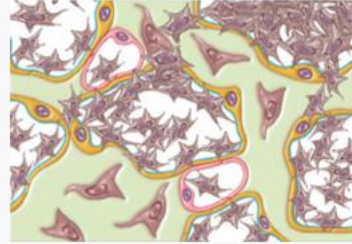
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PLICNÍ HYPERTENZE ASOCIOVANÁ S PLICNÍMI ONEMOCNĚNÍMI

Emphysema



Fibrosis



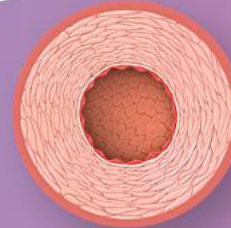
Vascular pruning



Remodelling of airways and parenchyma



Remodelling of pulmonary vessels



No PH

Non-severe PH

Severe PH
(PVR >5 WU)

Prevalence

~70%

~20%

~5-10%

Mostly ventilatory
exercise limitation

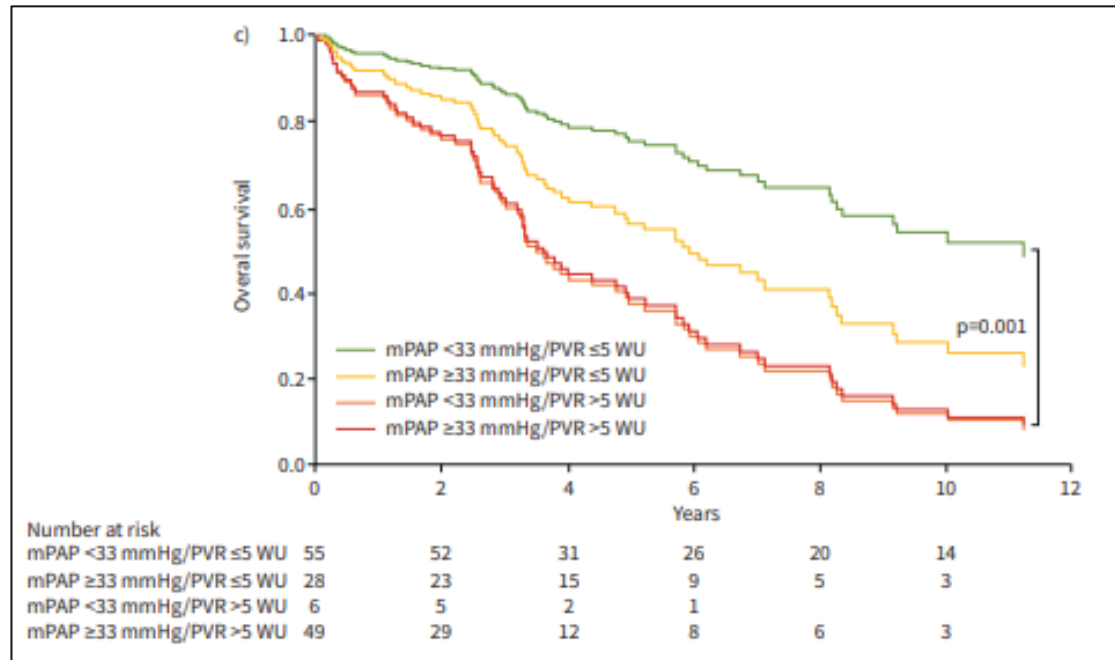
Mostly circulatory
exercise limitation

Hypoxaemia at rest and/or during exercise

Těžká PH
PVR > 5 WU

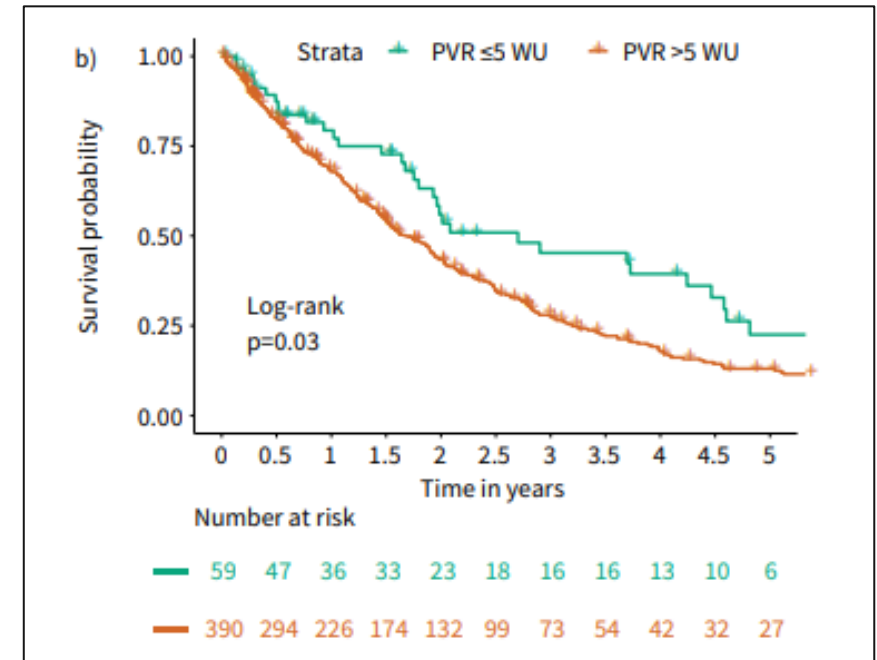
- Bez vztahu k plicním objemům
- Hypoxémie
- Nízká DLco

Elevated pulmonary vascular resistance predicts mortality in COPD patients



N=139, věk 68, 55 % mužů
 PAMP 35 (27–43) mmHg, PVR 4.3 (2.9–7.3) WU, FEV1 56±20%

Pulmonary vascular resistance predicts mortality in patients with pulmonary hypertension associated with interstitial lung disease: results from the COMPERA registry



N=449, věk 73, 65 % mužů
 PAMP 39 (33, 46) mmHg, PVR 7.6 (6.0, 10.6) WU,
 TLC 72 (60, 86) %, FEV1 69 (55, 81) %

PLICNÍ HYPERTENZE ASOCIOVANÁ S PLICNÍMI ONEMOCNĚNÍMI

Léčba: Léčba základního plicního onemocnění
DDOT pokud indikována
CPAP pokud indikován
Plicní RHB programy
U indikovaných pacientů zvážení LuTx
U kombinované etiologie PH adekvátní léčba
Specifická vazodilatační léčba?

Inhaled treprostinil may be considered in patients with PH associated with ILD ⁷³⁴	IIb	B
The use of ambrisentan is not recommended in patients with PH associated with IPF ⁷⁴⁰	III	B
The use of riociguat is not recommended in patients with PH associated with IIP ¹⁸¹	III	B
The use of PAH medication is not recommended in patients with lung disease and non-severe PH ^e	III	C

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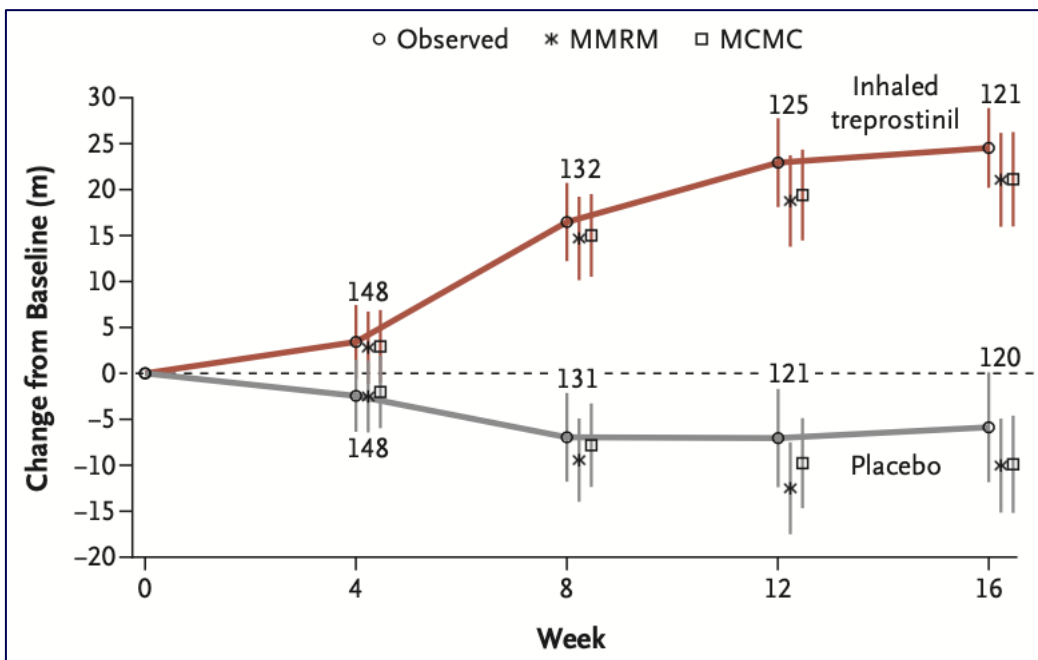
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ORIGINAL ARTICLE

Inhaled Treprostinil in Pulmonary Hypertension Due to Interstitial Lung Disease

N=326, PH uILD, inhal. treprostinil 12 vdechů (celkem 72 µg) 4x denně vs placebo
 Prekapilární PH, PVR více než 3 WU, FVC méně než 70 %



End Point	Inhaled Treprostinil (N=163)	Placebo (N=163)	Treatment Effect (95% CI)	P Value
Primary end point				
Change in peak 6-minute walk distance from baseline to wk 16 — m†	21.08±5.12	-10.04±5.12	31.12±7.25 (16.85 to 45.39)‡	<0.001
Secondary end points§				
Change in plasma concentration of NT-proBNP from baseline to wk 16¶				
Mean (±SD) change — pg/ml	-396.35±1904.90	1453.95±7296.20		
Median — pg/ml	-22.65	20.65		
Range — pg/ml	-11,433.0 to 5373.1	-5483.3 to 87,148.3		
Ratio to baseline	0.85±0.06	1.46±0.11	0.58±0.06 (0.47 to 0.72)	<0.001
Occurrence of clinical worsening — no. (%)			0.61 (0.4 to 0.92)**	0.04
Any event	37 (22.7)	54 (33.1)		
Hospitalization for cardiopulmonary indication	18 (11.0)	24 (14.7)		
Decrease in 6-minute walk distance of >15% from baseline	13 (8.0)	26 (16.0)		
Death from any cause	4 (2.5)	4 (2.5)		
Lung transplantation	2 (1.2)	0		
Least-squares mean change in peak 6-minute walk distance from baseline to wk 12 — m†	18.77±4.99	-12.52±5.01	31.29±7.07 (17.37 to 45.21)‡	<0.001
Least-squares mean change in trough 6-minute walk distance from baseline to wk 15 — m	9.3±5.5	-12.7±5.5	21.99±7.7 (6.85 to 37.14)‡	0.005††

Supplementary Appendix

This appendix has been provided by the authors to give readers additional information about their work.

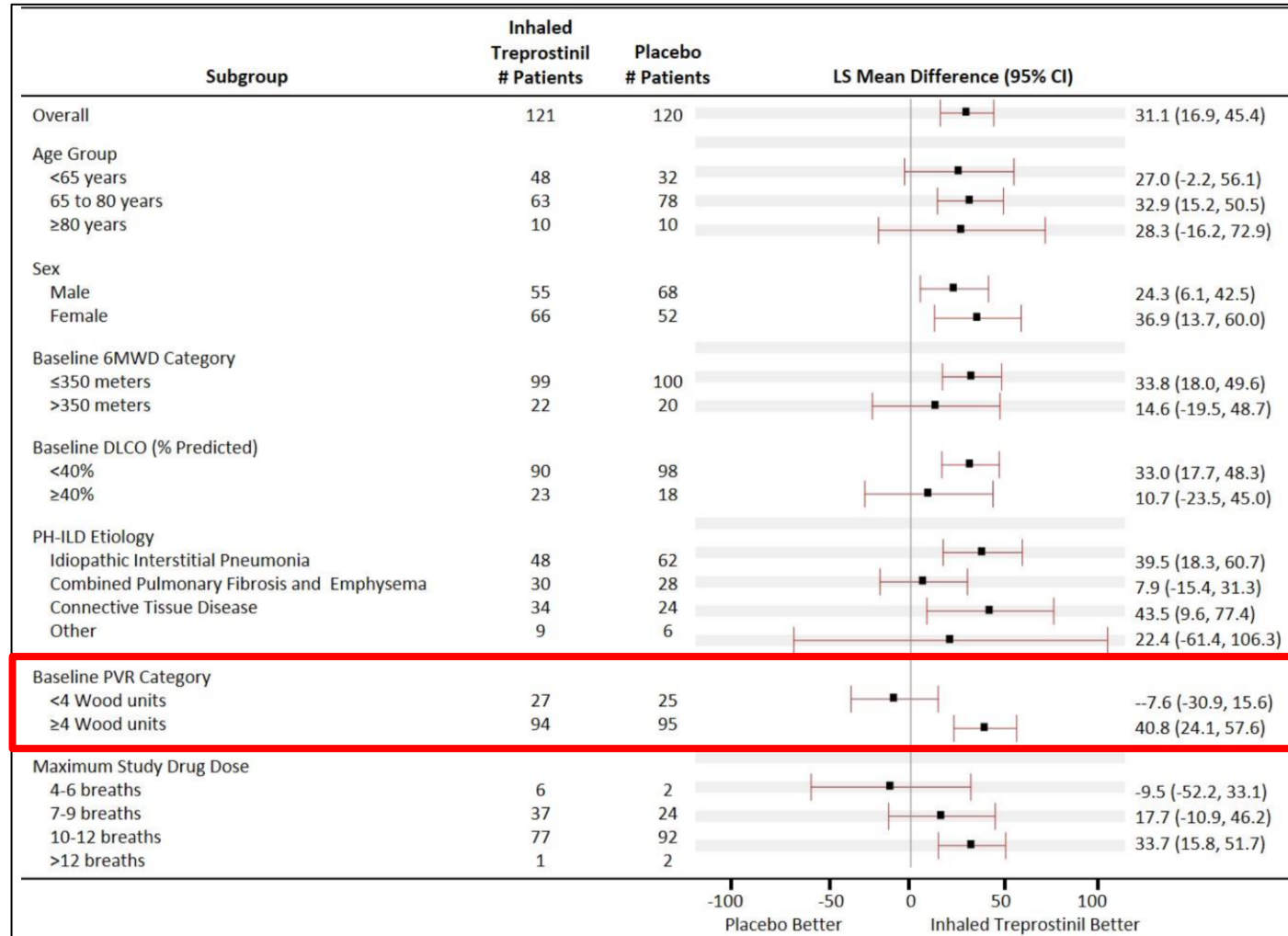
Supplement to: Waxman A, Restrepo-Jaramillo R, Thenappan T, et al. Inhaled treprostinil in pulmonary hypertension due to interstitial lung disease. *N Engl J Med* 2021;384:325-34. DOI: 10.1056/NEJMoa2008470

	Inhaled Treprostinil (N=163)	Placebo (N=163)	All Patients (N=326)
6-minute walk distance, meters; mean (range)	254.1 (100-538)	265.1 (30-505)	259.6 (30-538)
Median	256.0	260.0	259.0
Pulmonary vascular resistance, Woods units; mean (range)	6.369 (3.11-18.05)	6.013 (3.06-17.62)	6.191 (3.06-18.05)
Median	5.570	5.060	5.275
NT-proBNP, pg/mL; mean (range)	1857.53 (10.2-21942.0)	1808.86 (23.0-16297.0)	1832.88 (10.2-21942.0)
Median*	550.50	420.80	503.85
Pulmonary arterial pressure, mmHg; mean (range)	37.2 (25-74)	36.0 (25-61)	36.6 (25-74)
Median	35.0	35.0	35.0
Pulmonary capillary wedge pressure, mmHg; mean (range)	10.1 (2-20)	9.6 (0-15)	9.8 (0-20)
Median	10.0	10.0	10.0
Pulmonary function tests			
FEV ₁ % Predicted; mean (range)	63.9 (23, 120)	65.0 (22, 145)	
Median	63.0	63.0	
FVC % Predicted; mean (range)	62.5 (24, 130)	63.8 (20, 134)	
Median	60.0	61.0	
TLC % Predicted; mean (range)	62.9 (25, 126)	64.2 (30, 109)	
Median	62.0	62.5	
DLCO % Predicted; mean (range)	30.0 (5, 86)	28.1 (1, 86)	
Median	29.0	26.0	

Supplementary Appendix

This appendix has been provided by the authors to give readers additional information about their work.

Supplement to: Waxman A, Restrepo-Jaramillo R, Thenappan T, et al. Inhaled treprostinil in pulmonary hypertension due to interstitial lung disease. *N Engl J Med* 2021;384:325-34. DOI: 10.1056/NEJMoa2008470



KLINICKÁ KLASIFIKACE PLICNÍ HYPERTENZE (2022)

GROUP 1 Pulmonary arterial hypertension (PAH)

1 %

- 1.1 Idiopathic
 - 1.1.1 Non-responders at vasoreactivity testing
 - 1.1.2 Acute responders at vasoreactivity testing
- 1.2 Heritable^a
- 1.3 Associated with drugs and toxins^a
- 1.4 Associated with:
 - 1.4.1 Connective tissue disease
 - 1.4.2 HIV infection
 - 1.4.3 Portal hypertension
 - 1.4.4 Congenital heart disease
 - 1.4.5 Schistosomiasis
- 1.5 PAH with features of venous/capillary (PVOD/PCH) involvement
- 1.6 Persistent PH of the newborn

GROUP 2 PH associated with left heart disease

70 %

- 2.1 Heart failure:
 - 2.1.1 with preserved ejection fraction
 - 2.1.2 with reduced or mildly reduced ejection fraction^b
- 2.2 Valvular heart disease
- 2.3 Congenital/acquired cardiovascular conditions leading to post-capillary PH

GROUP 3 PH associated with lung diseases and/or hypoxia

20 %

- 3.1 Obstructive lung disease or emphysema
- 3.2 Restrictive lung disease
- 3.3 Lung disease with mixed restrictive/obstructive pattern
- 3.4 Hypoventilation syndromes
- 3.5 Hypoxia without lung disease (e.g. high altitude)
- 3.6 Developmental lung disorders

GROUP 4 PH associated with pulmonary artery obstructions

4 %

- 4.1 Chronic thrombo-embolic PH
- 4.2 Other pulmonary artery obstructions^c

GROUP 5 PH with unclear and/or multifactorial mechanisms

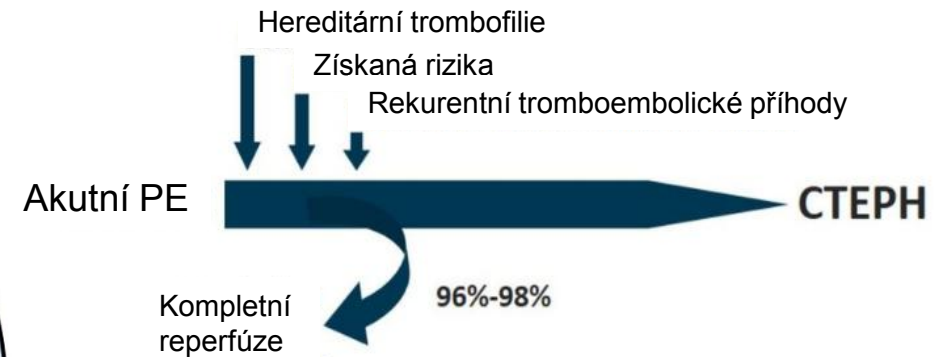
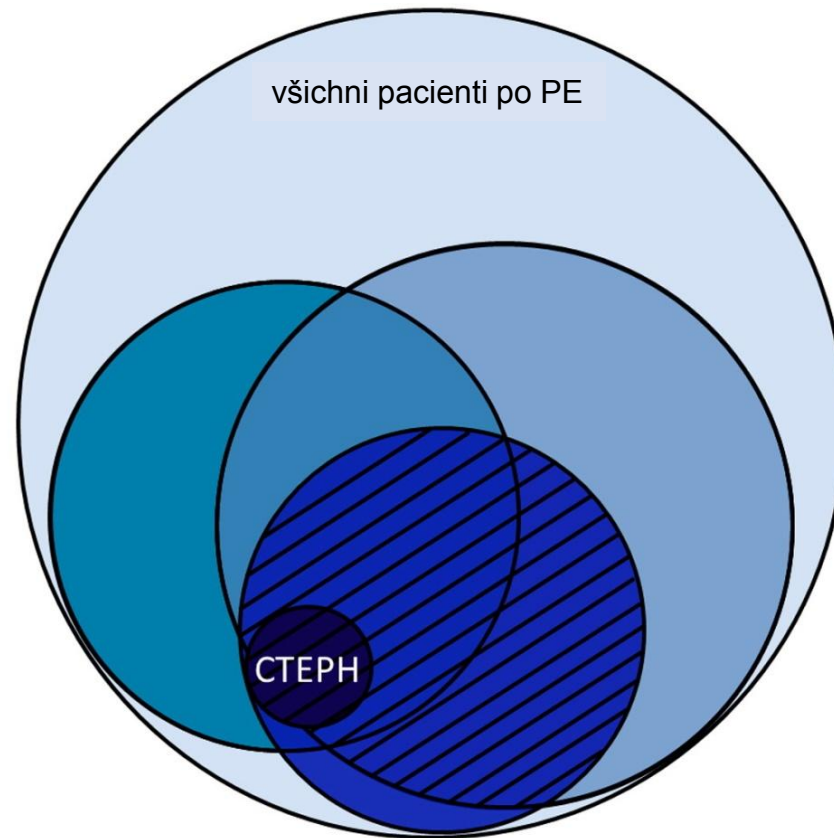
5 %

- 5.1 Haematological disorders^d
- 5.2 Systemic disorders^e
- 5.3 Metabolic disorders^f
- 5.4 Chronic renal failure with or without haemodialysis
- 5.5 Pulmonary tumour thrombotic microangiopathy
- 5.6 Fibrosing mediastinitis

Humbert M et al. 2022 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension
EHJ 2022, ERJ 2022

CHRONICKÉ KOMPLIKACE PO AKUTNÍ PLICNÍ EMBOLII

- všichni pacienti po PE
- ▒ symptomatictí
- s perzistujícími tromby
- ↓ zátěžová kapacita
- CTEPH
- ▨ postembolický syndrom



CTEPD s plicní hypertenzí (=CTEPH)

Definice: prekapilární plicní hypertenze+symptomy

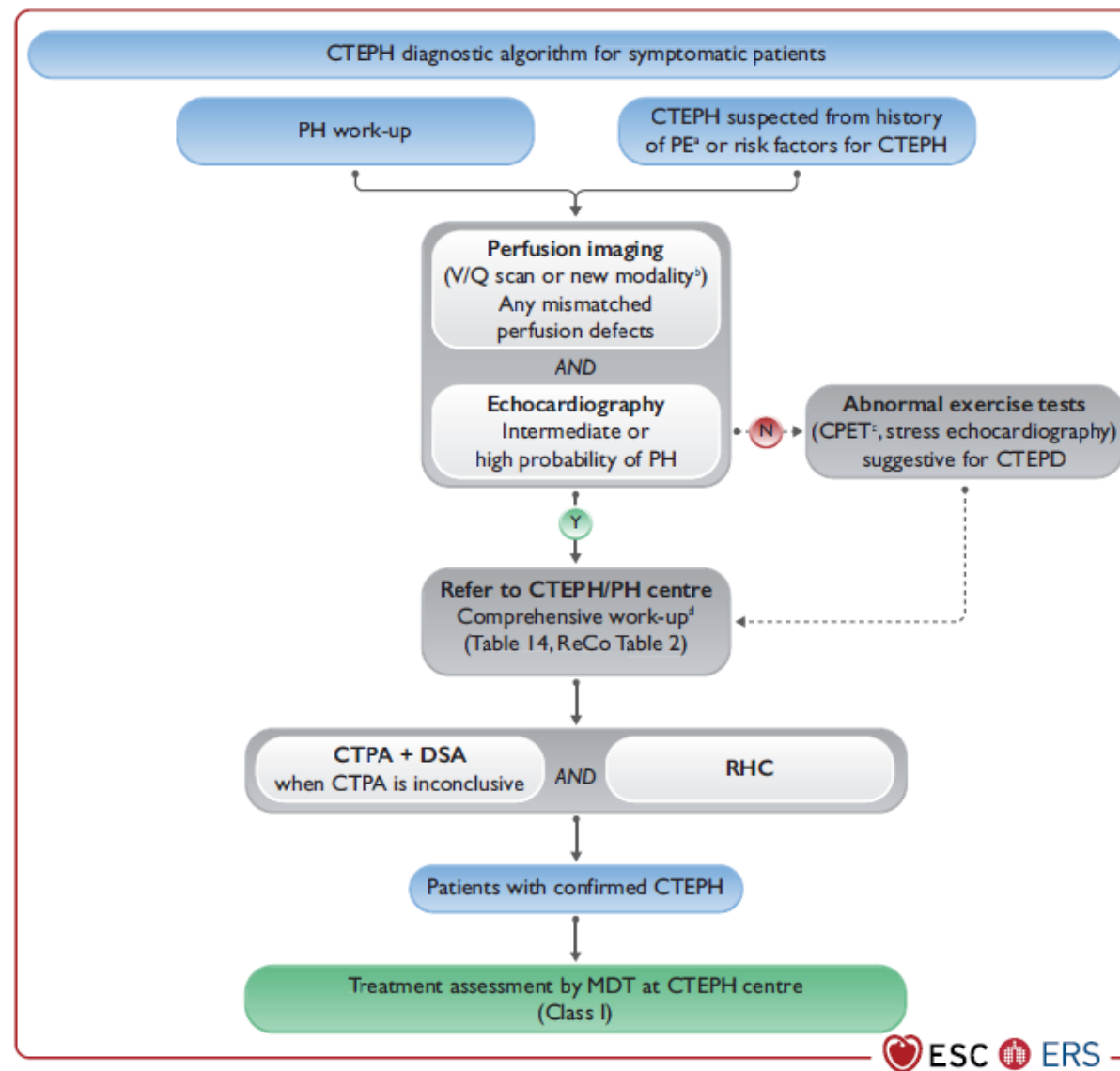
Příčina: trombotická okluze + remodelace

Konsekvence: pravostranné srdeční selhání a smrt

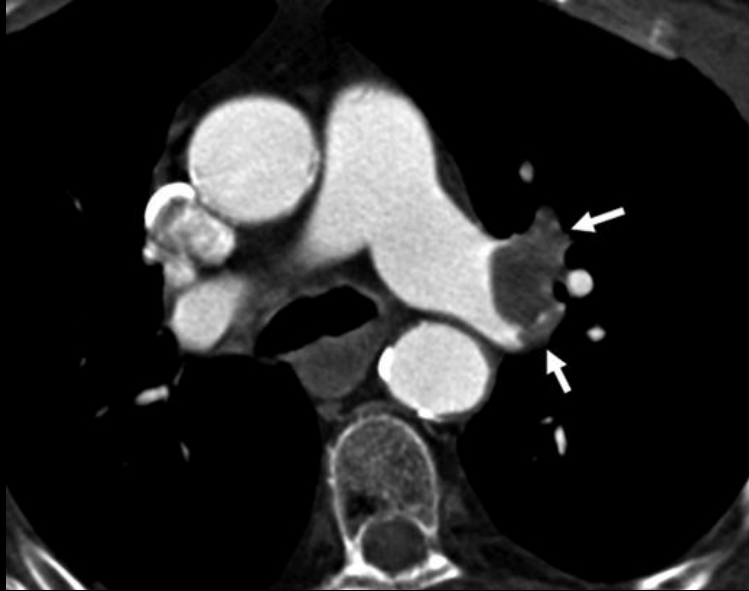
CTEPD bez plicní hypertenze

Trombot. okluze+remodelace+symptomy (bez PH)

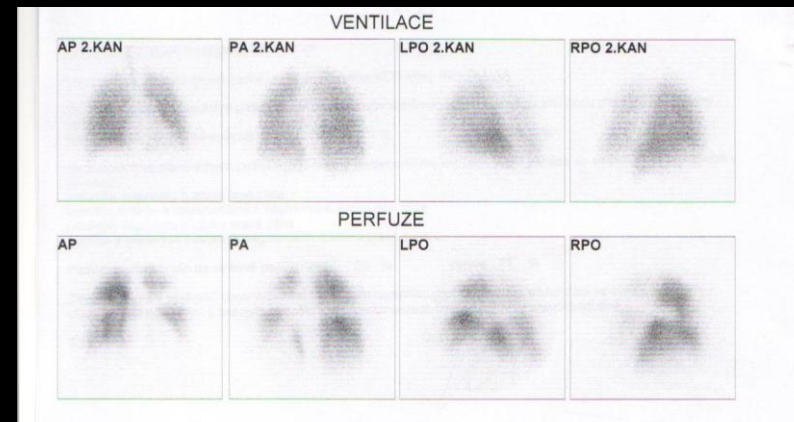
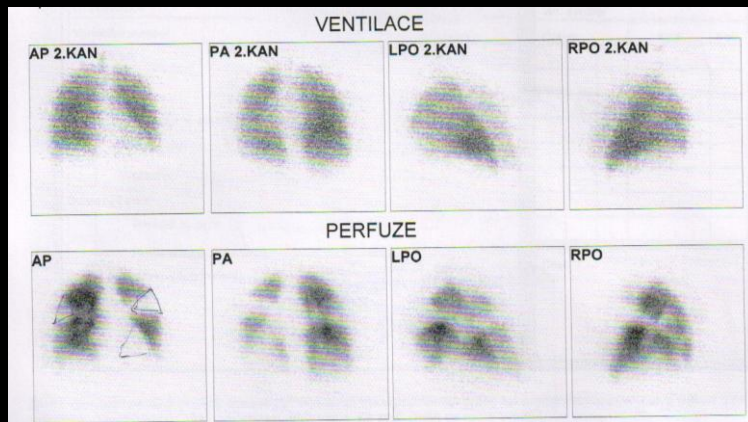
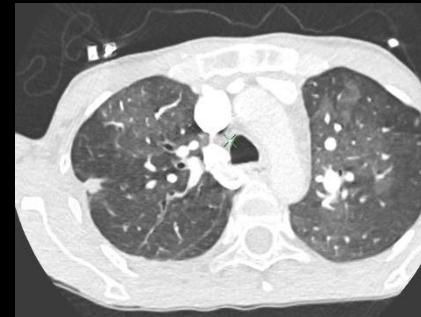
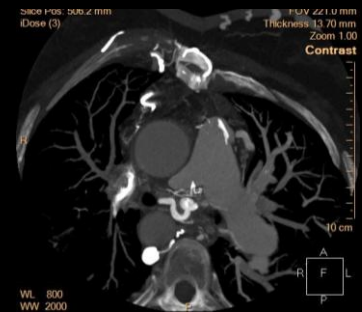
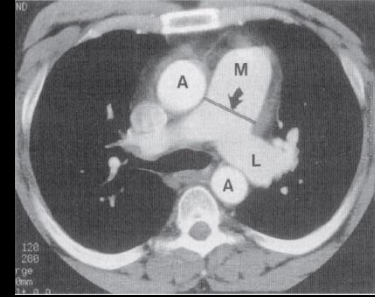
DIAGNOSTICKÝ ALGORITMUS CTEPH (2022)



PLICNÍ EMBOLIE



CTEPH

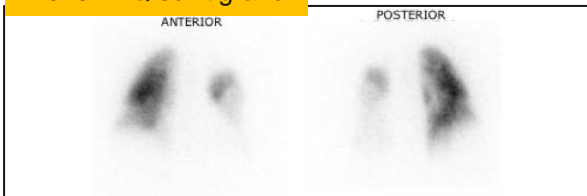




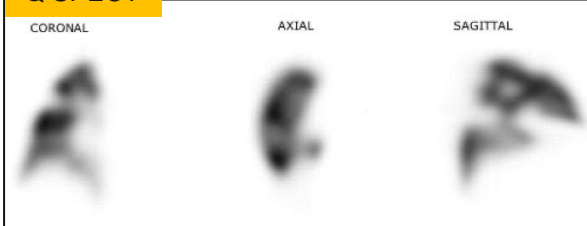
DIAGNOSTIKA

V/Q planární scinti je nadále klíčovou detekční zobrazovací metodou, V/Q SPECT je superiorní, plan.simulace DECT a MR perfúze – nenahrazuje scintigrafii (limitovaná dostupnost, zkušenost, validace)
CTA může nahradit DSA u proximálních nálezů, pro zobrazení periferie není dostatečná

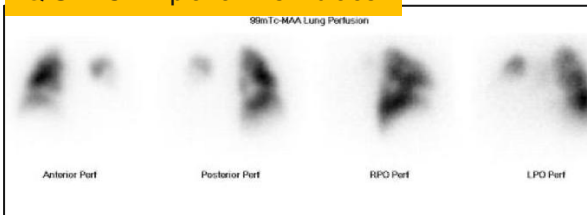
Planární Q scintigrafie



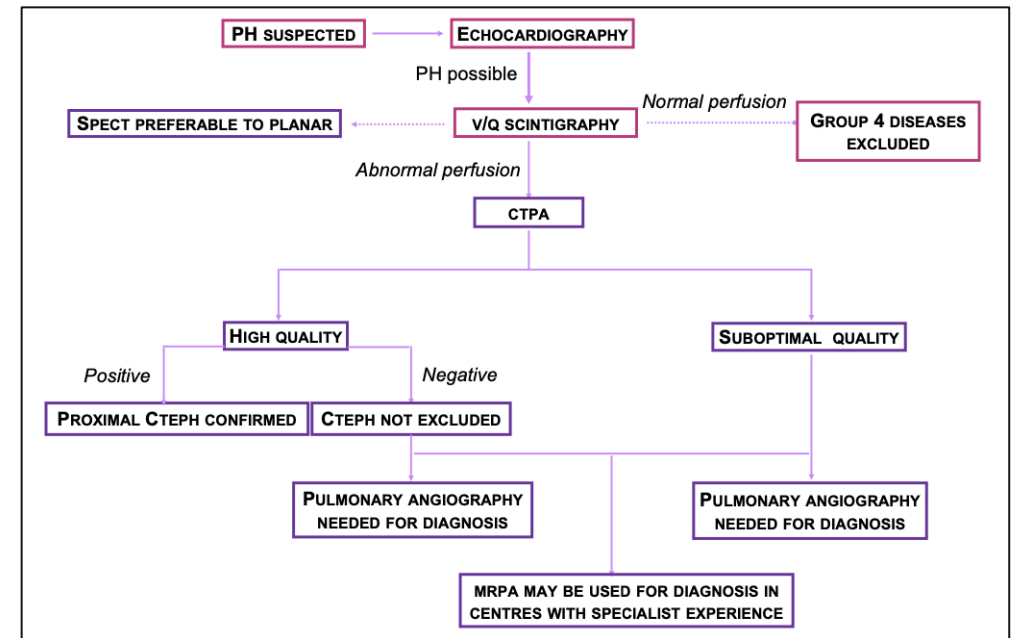
Q SPECT



Q SPECT – planární simulace



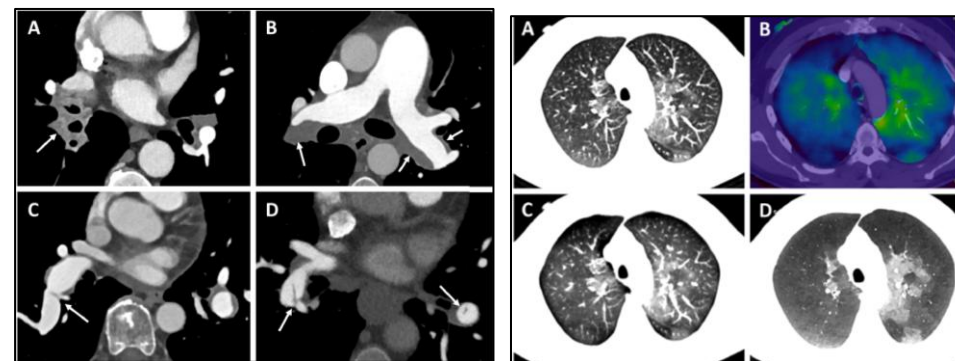
DECT



The diagnostic performance of CT pulmonary angiography in the detection of chronic thromboembolic pulmonary hypertension—systematic review and meta-analysis

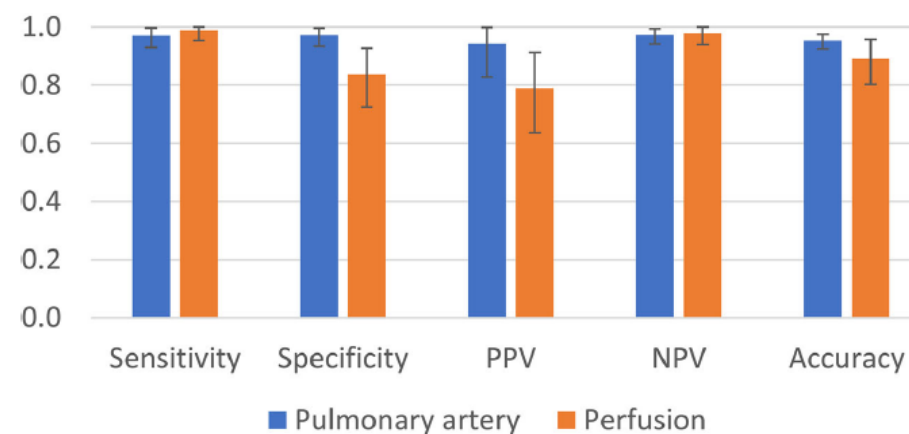
10 studií, 734 pacientů

CTA má vysokou senzitivitu a vysokou specificitu, pokud je prováděna expertním radiologem



Author	Year published	Design	Age (years) ± SD (range)	Male gender	Inclusion criteria	Sample size	Patients with CTEPH
Tunariu [8]	2007	R	42 (18–81)	37%	PH of any type	227	78
Bartalena [13]	2008	R	55 (22–87)	36%	PH of any type	107	37
Reichelt [14]	2009	R	59 (18–76)	48%	Suspected CTEPH	27	24
Nakazawa [15]	2011	P	58 (29–80)	67%	Suspected or known CTEPH	51	51
He [16]	2012	P	43 ± 15	43%	Suspected CTEPH	114	51
Doumes [17]	2014	R	67 ± 13	35%	PH of any type	40	14
Masy [18]	2018	R	59 ± 16	25%	PH of any type	80	36
Wang [11]	2020	P	42 ± 15	34%	Suspected CTEPH	150	51
Fathala [19]	2021	R	41 ± 10	37%	CTEPH (scintigraphy, PEA)	54	54
Schüssler [20]	2021	P	63 ± 15	31%	Suspected CTEPH	71	13

Pooled estimates



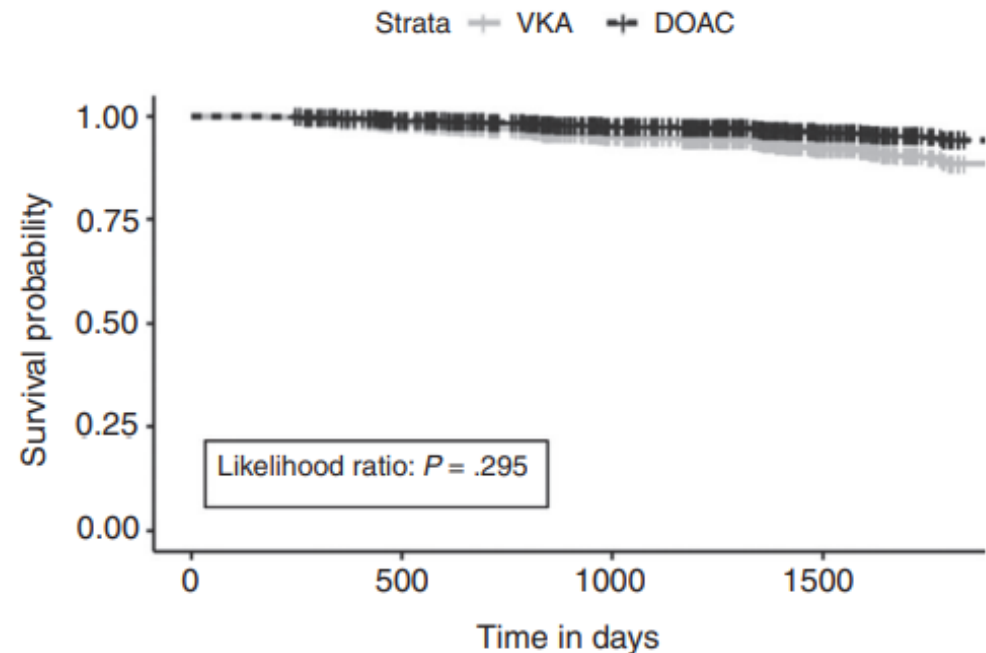
A multicenter study of anticoagulation in operable chronic thromboembolic pulmonary hypertension

Retrospective analysis, PEA 2007-2018, **794 VKA**, **206 DOACs**, mean observation period 612 days
 Significant improvements in hemodynamics and functional status in both groups following PEA
Major bleeding events equivalent ($P = 1$)
VTE recurrence higher ($P = .008$) with DOACs (4.62%/person-year) than VKAs (0.76%/person-year), survival did not differ

Recurrent VTE & bleeding events

	VKA		DOAC	
	n	Events	n	Events
Recurrent VTE	-	-	-	-
Pulmonary embolism	11	11	10	10
Deep vein thrombosis	1	1	0	0
Major bleeding	-	-	-	-
Fatal events	3	3	0	0
Central nervous system	3	3	0	0
Retroperitoneal	1	1	0	0
Hemopericardium	0	0	0	0
Intraocular	0	0	0	0
Hemoptysis	0	0	0	0
Gastrointestinal	2	2	1	1
Hematuria	1	1	0	0
Clinically relevant non-major bleeding	-	-	-	-
Gastrointestinal	0	0	1	1
Large diffuse hematomas	2	2	0	0
Epistaxis	1	1	0	0

Survival

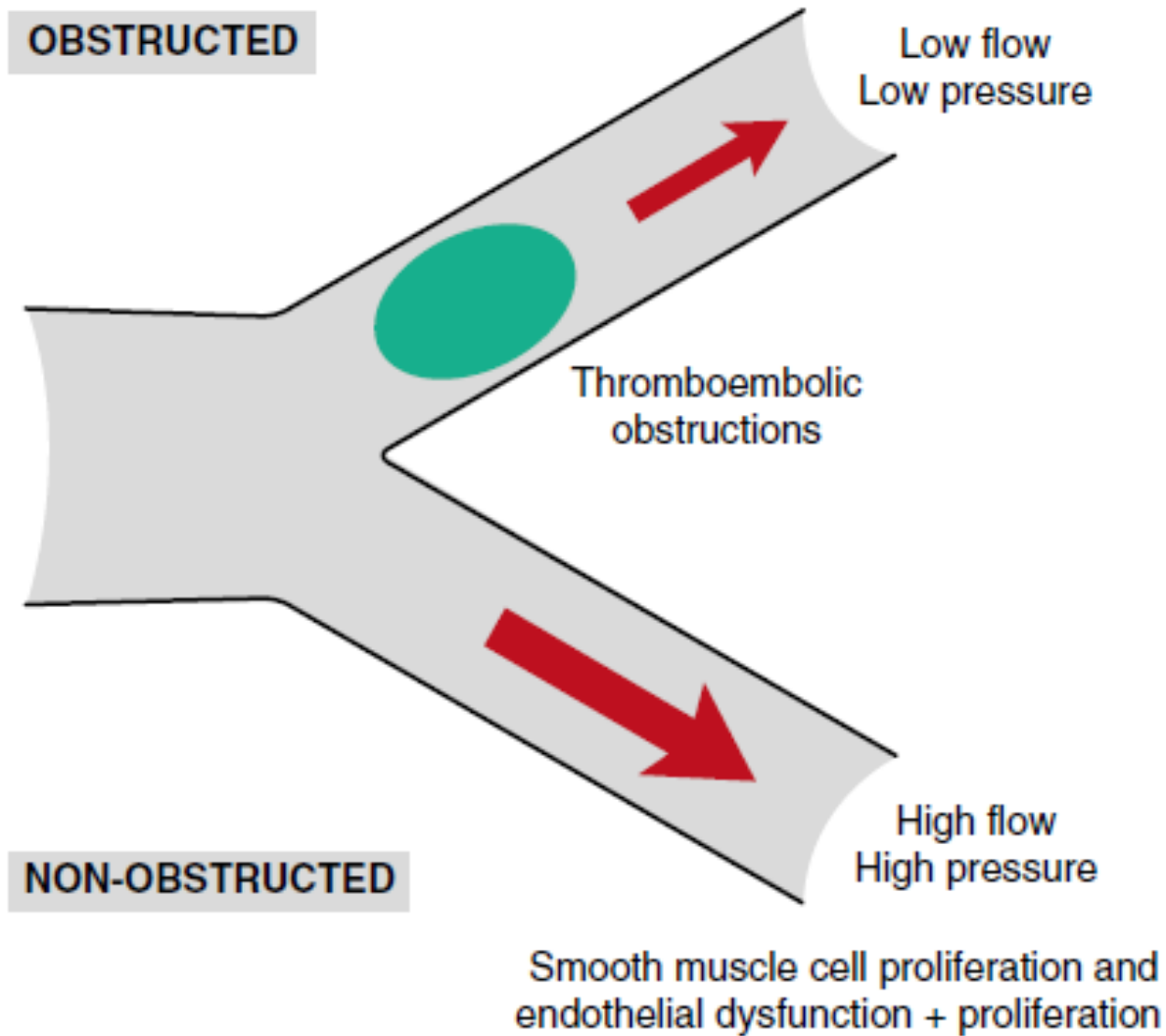


2022 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension

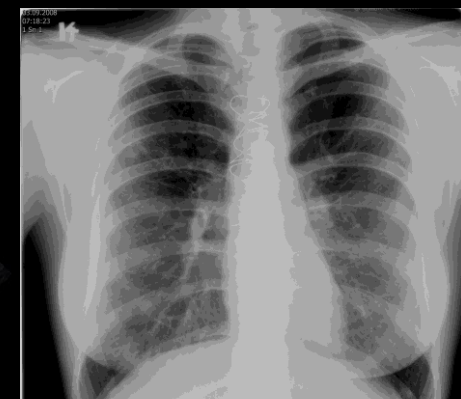
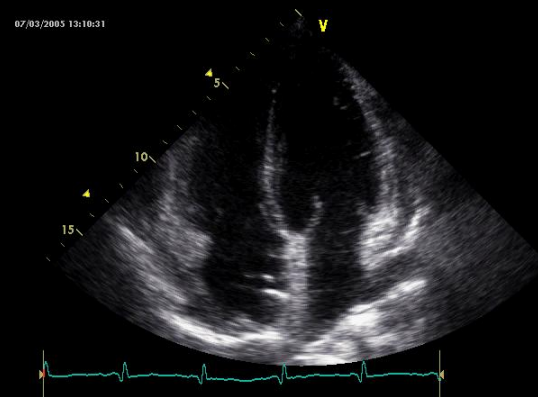
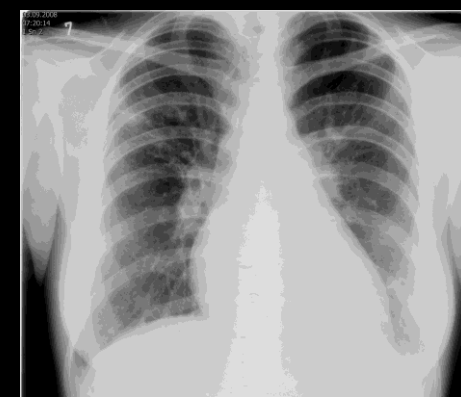
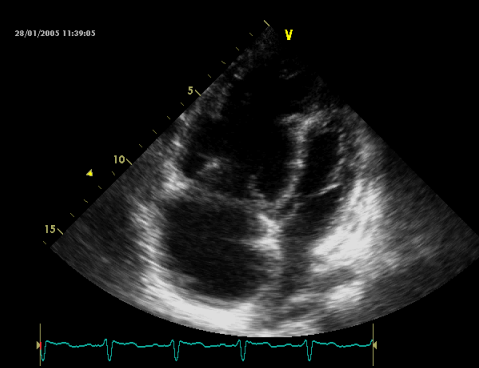
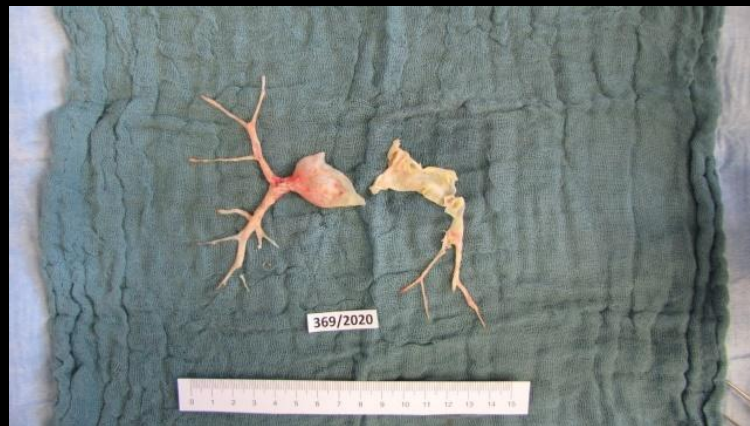
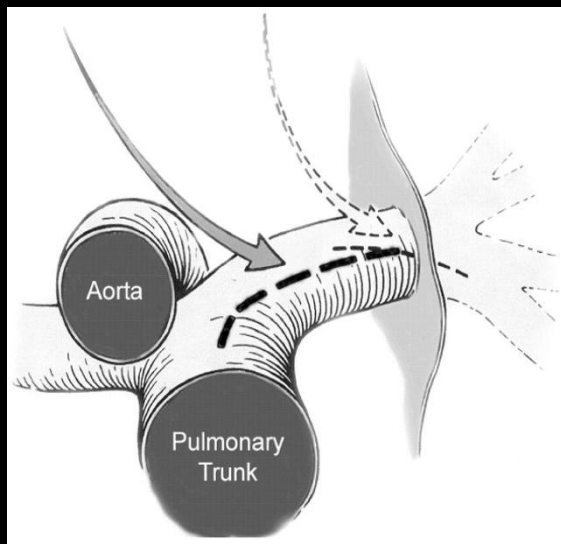
CTEPH and CTEPD without PH

2015 Guidelines	Class	2022 Guidelines	Class
Lifelong anticoagulation is recommended in all patients with CTEPH	I	Lifelong, therapeutic doses of anticoagulation are recommended in all patients with CTEPH	I
		Antiphospholipid syndrome testing is recommended in patients with CTEPH	I
		In patients with CTEPH and antiphospholipid syndrome, anticoagulation with VKAs is recommended	I

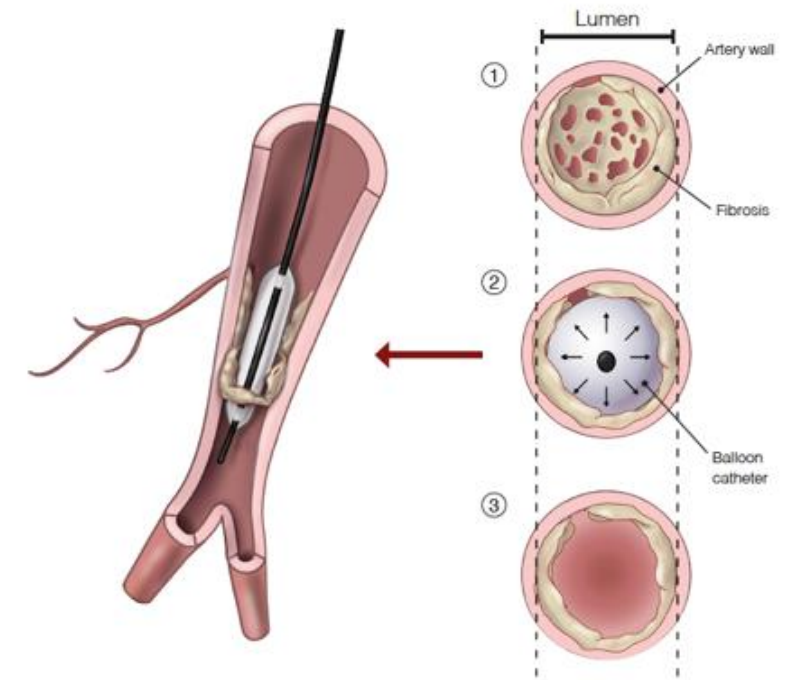
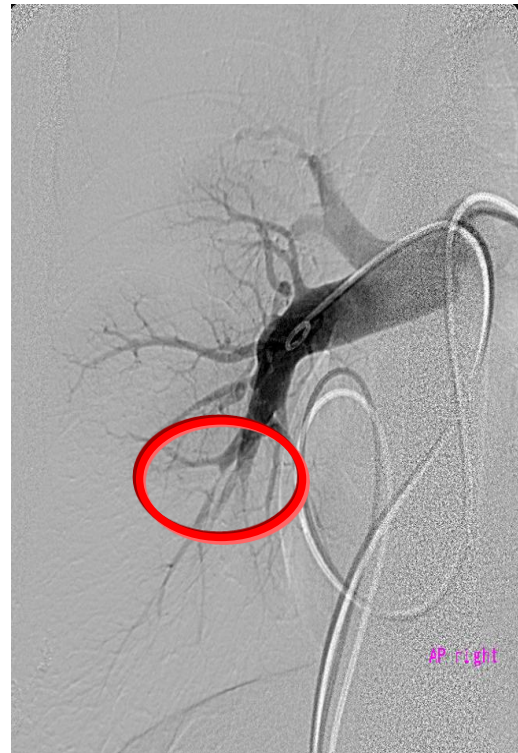
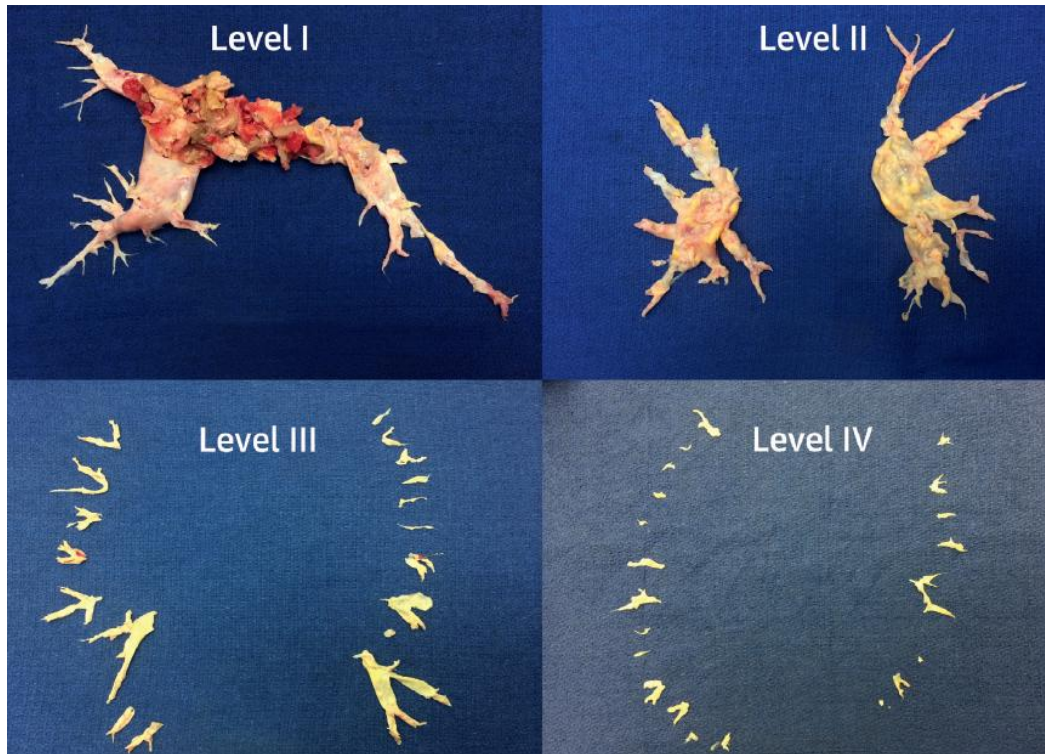
PATOFYZIOLOGIE CTEPH

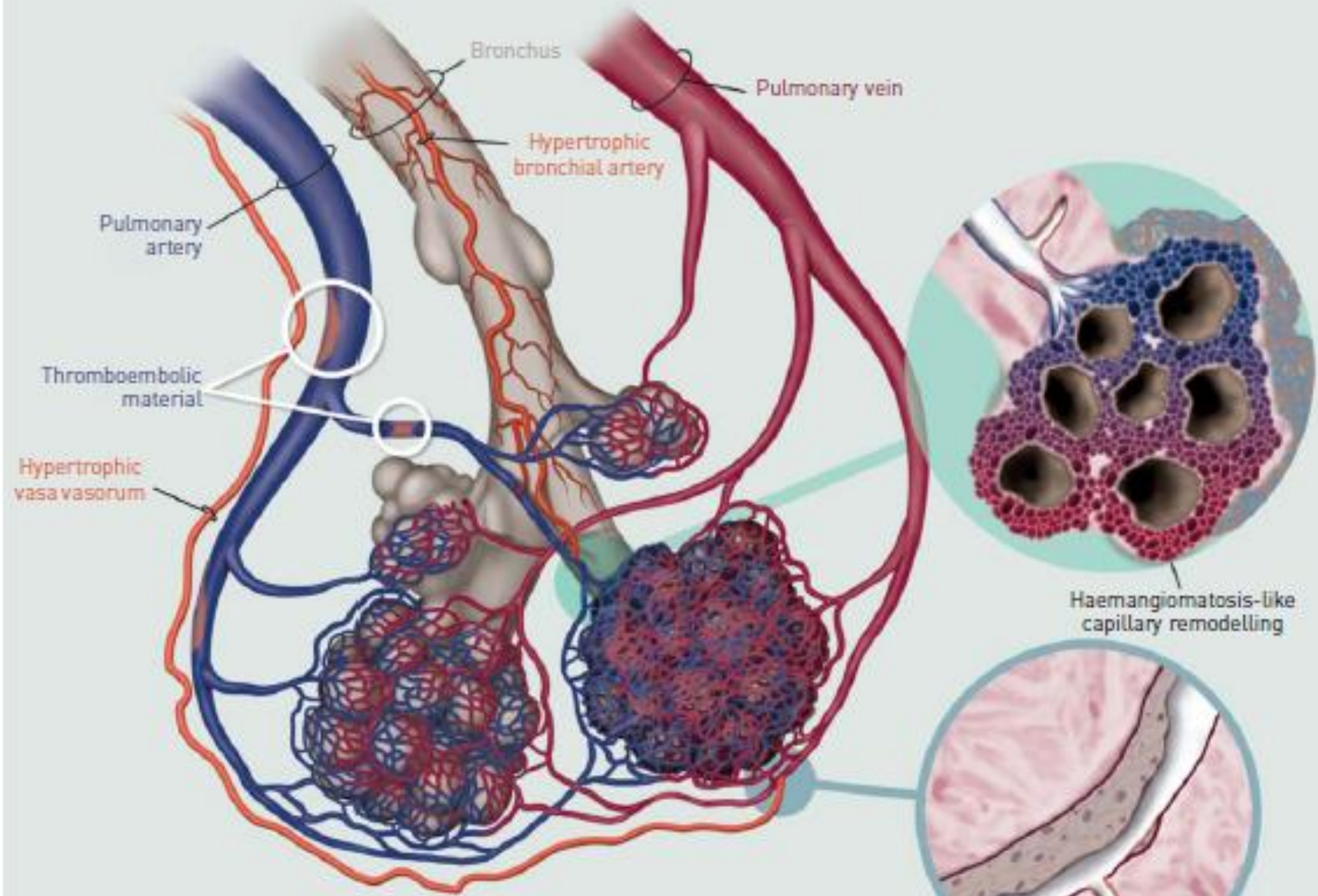


PLICNÍ ENDARTEREKTOMIE (PEA)

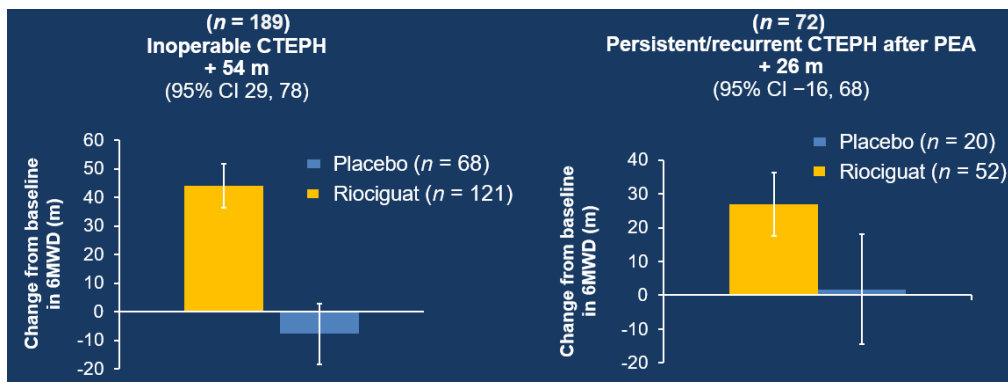
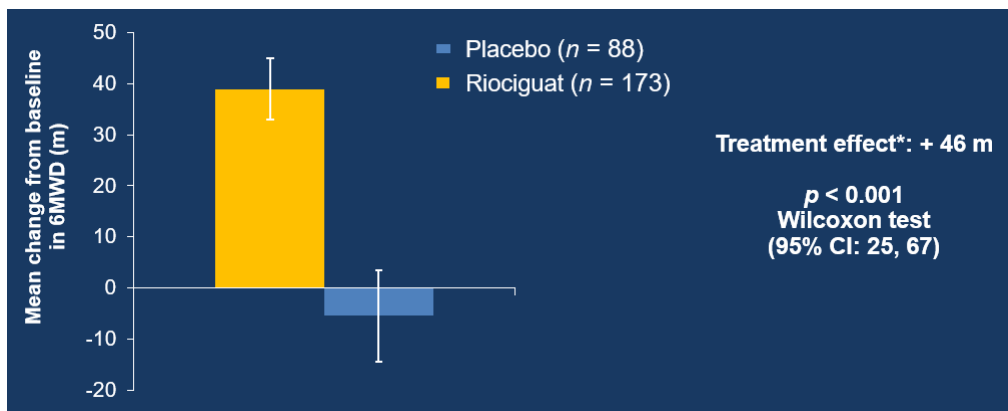


BALÓNKOVÁ PLICNÍ ANGIOPLASTIKA V LÉČBĚ CTEPH

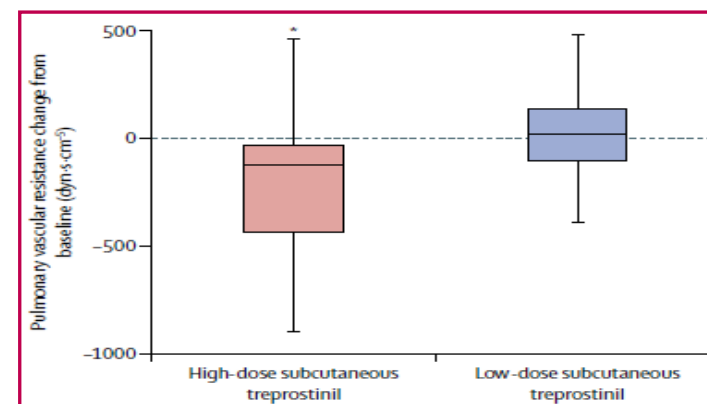
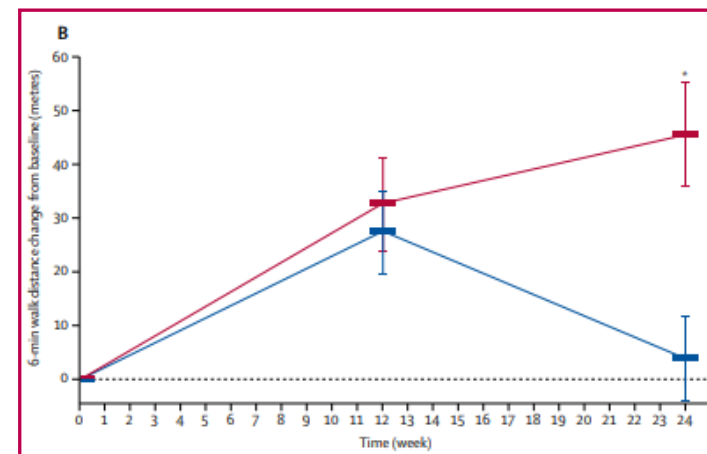




FARMAKOTERAPIE CTEPH

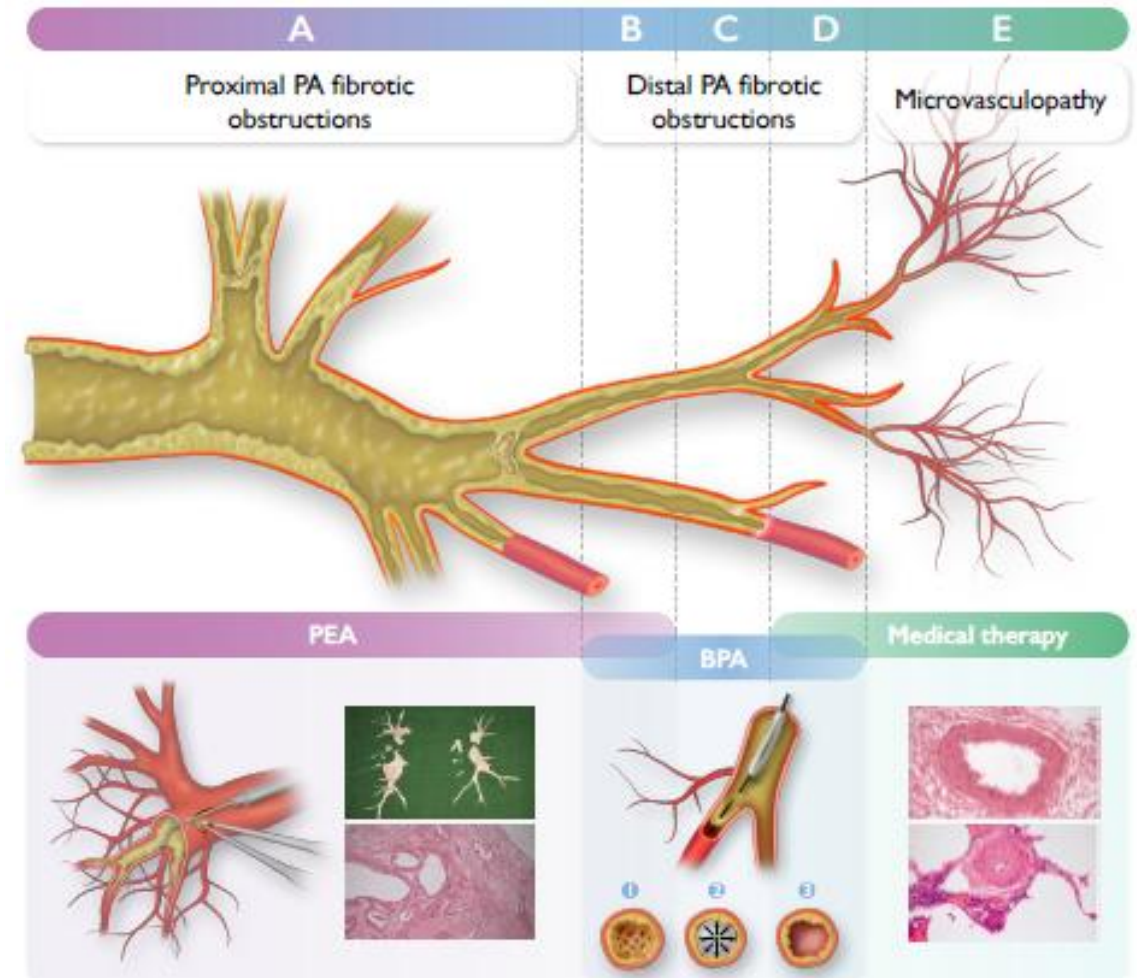
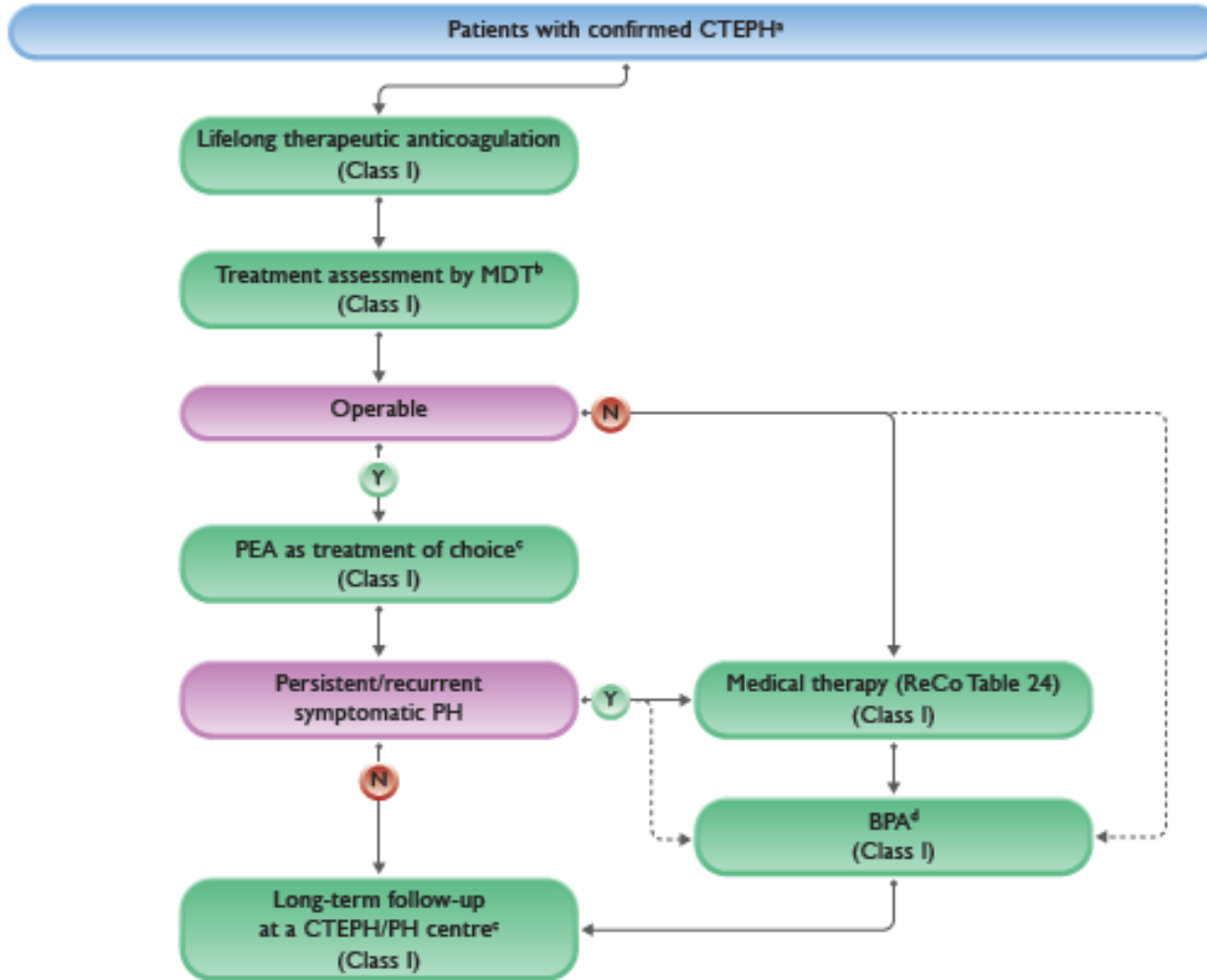


Studie CHEST (riociguat), n=261
Inoperabilní, perzistentní CTEPH, věk 59, 16 týdnů



Studie CTREPH (treprostinil), n=105
Inoperabilní, perzistentní CTEPH, věk 64, 24 týdnů

2022 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension



2022 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension

Multidiscipinární CTEPH tým

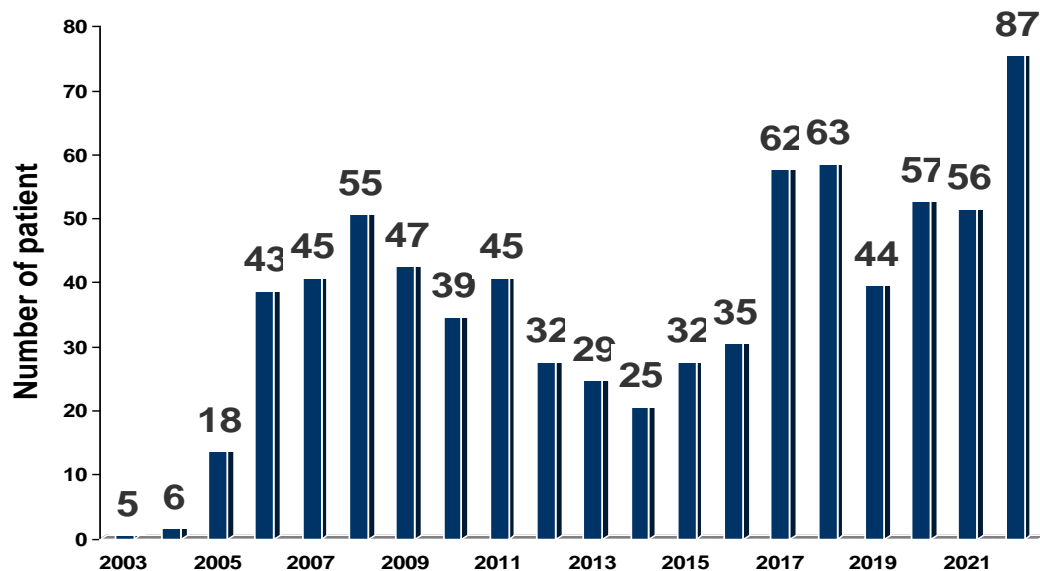
- Chirurg se zkušeností s PEA
- Intervenční kardiolog se zkušeností s BPA
- Specialista na plicní hypertenzi
- Radiolog se zkušeností z vysokoobjemového CTEPH centra

Optimální počty výkonů

- PEA > 50 výkonů/rok
- BPA > 100 výkonů/rok nebo > 30 pacientů se zahájenou léčbou

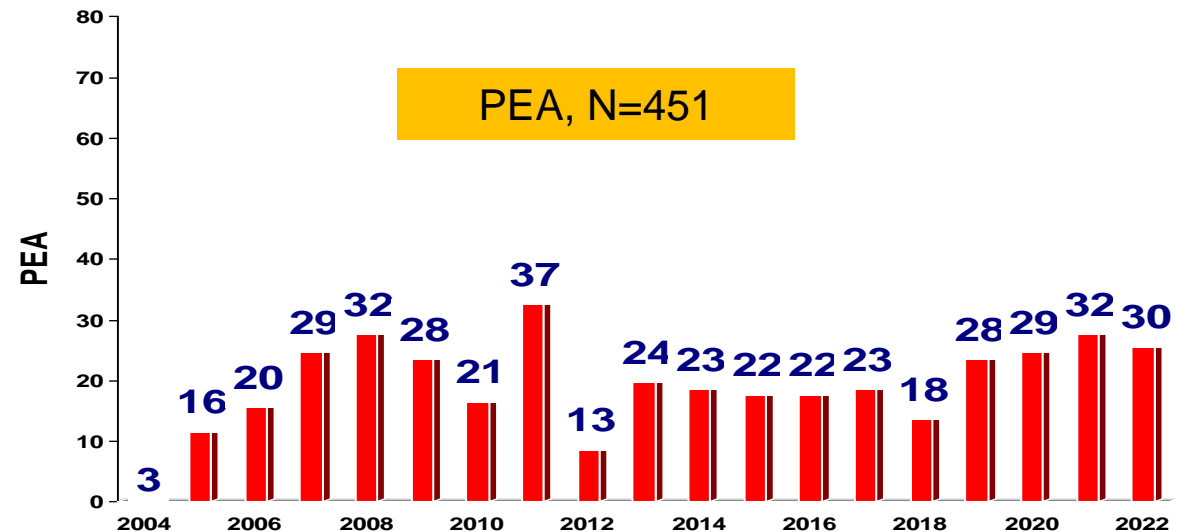
CTEPH V ČESKÉ REPUBLICE (2003-2022)

Nově diagnostikovaní pacienti (n=819)

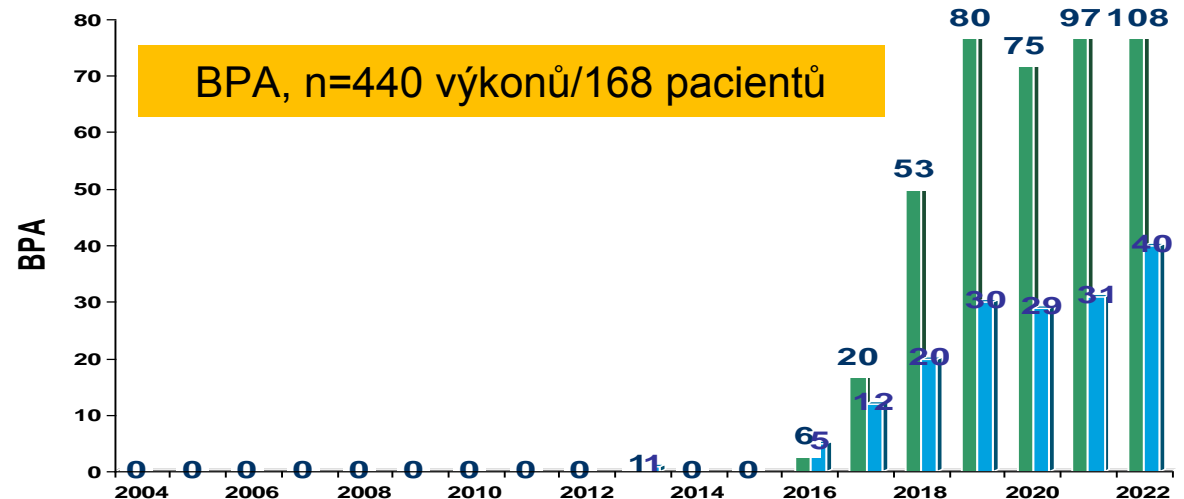


2017-2022:
nově diagnostikovaní 369.160 PEA, 162 BPA, 57 pouze farmakoterapie

PEA, N=451

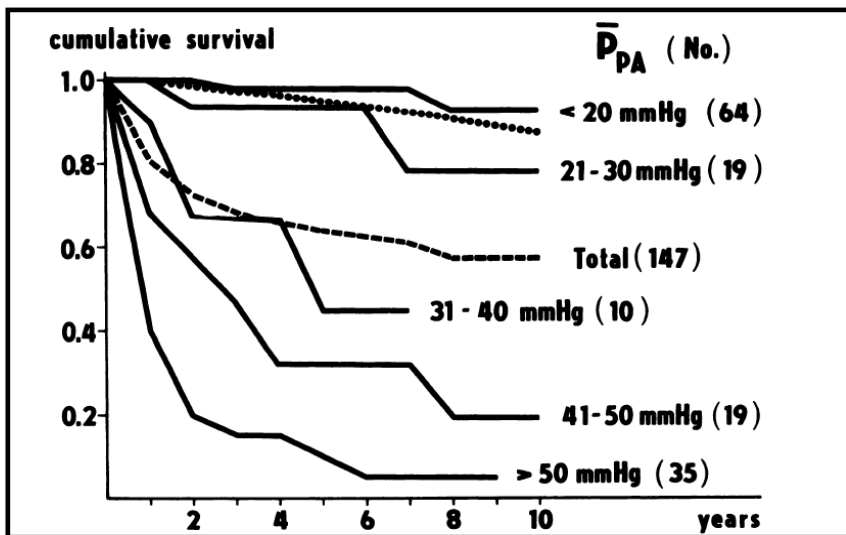


BPA, n=440 výkonů/168 pacientů

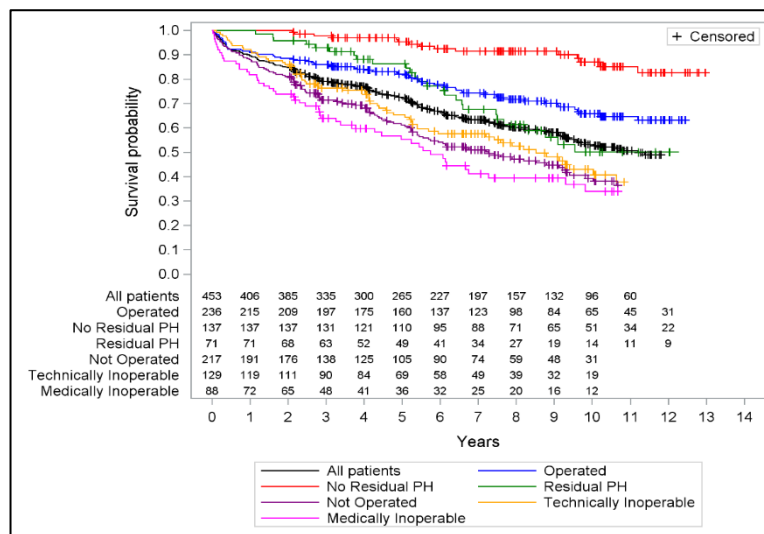


„MULTIMODÁLNÍ“ LÉČBA CTEPH V ČR

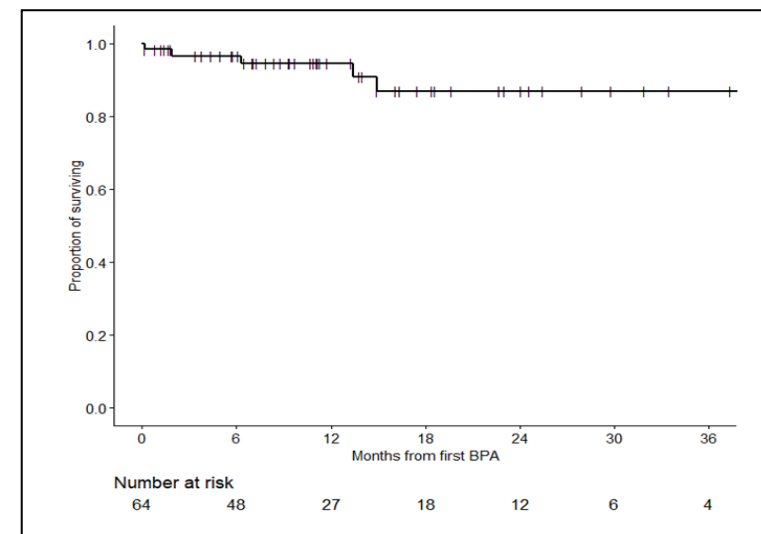
Pravděpodobnost přežití (%)
bez léčby CTEPH



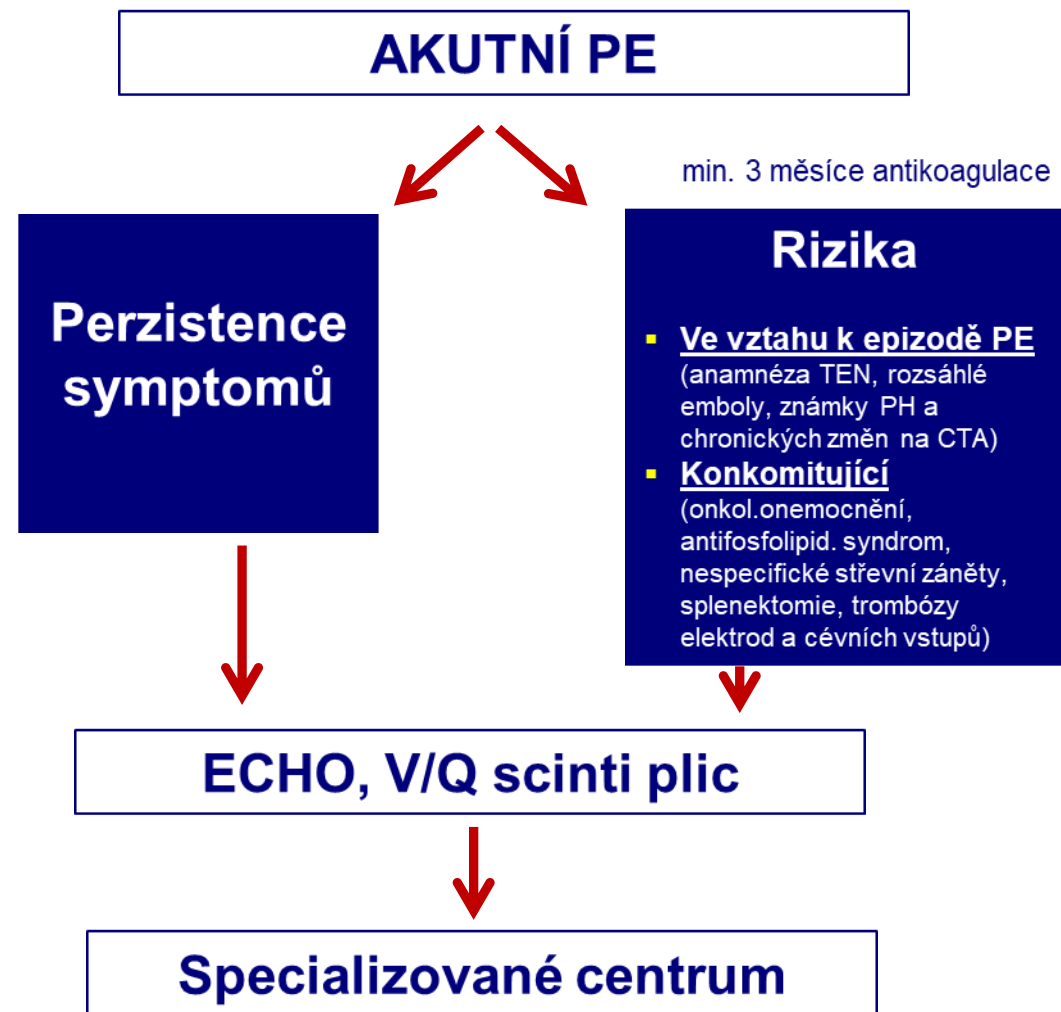
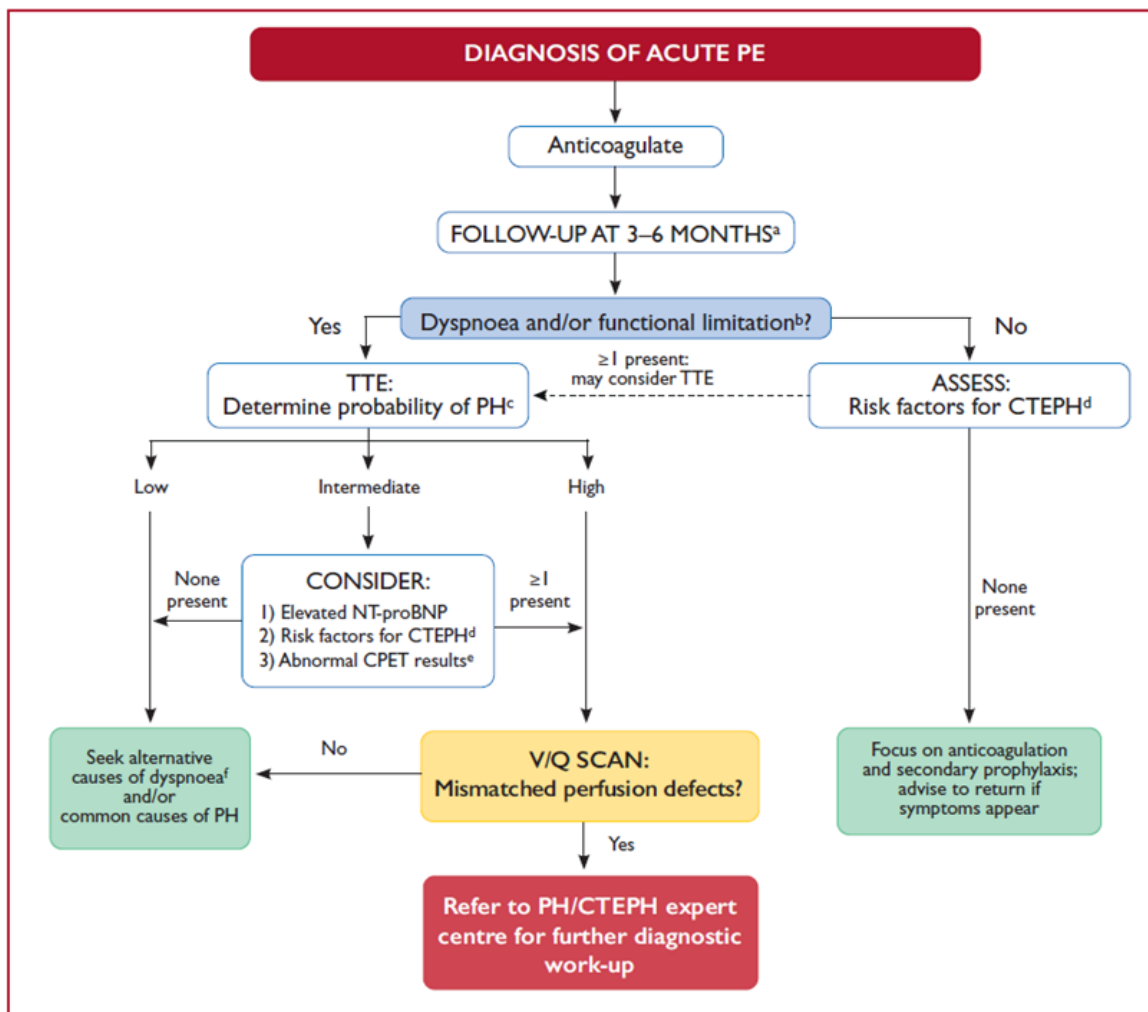
Pravděpodobnost přežití (%)
2004-2016 (PEA)



Pravděpodobnost přežití (%)
2016-2019 (BPA+farmakoterapie)



ČASNÁ DIAGNÓZA CTEPH



- Volumová výzva k odhalení latentní postkapilární komponenty
- PH skupiny 2 s významnou prekapilární komponentou (PVR>5 WU) – specifická léčba?
- Těžká PH skupiny 3 (PVR>5 WU) – kombinovaná etiologie? specifická léčba?
- Modifikovaná nomenklatura CTEPD/CTEPH
- Modifikovaný terapeutický algoritmus CTEPD/CTEPH (bez preference typu p.o. antikoagulace, multimodální léčba)
- Časná detekce CTEPD/CTEPH



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for rare or low prevalence complex diseases

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Respiratory Diseases
(ERN-LUNG)

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MUDr. Vladimír Černý, PhD
Prof. MUDr. Ing. Lukáš Lambert, PhD

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Prof. MUDr. Jaroslav Lindner, CSc.
MUDr. Tomáš Prskavec
MUDr. Matúš Nižnanský

Nukleární medicína

Prim. MUDr. David Zogala, PhD

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