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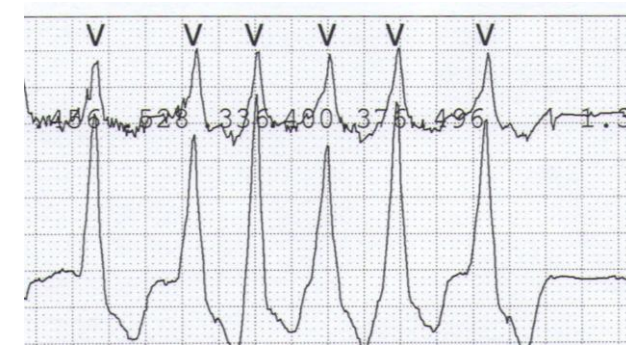
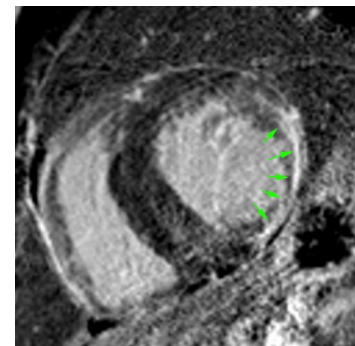
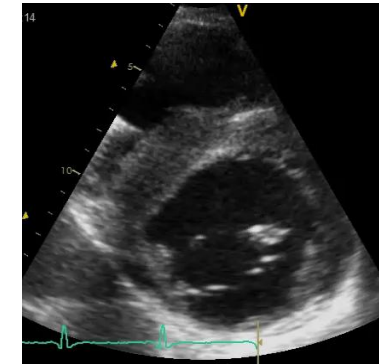
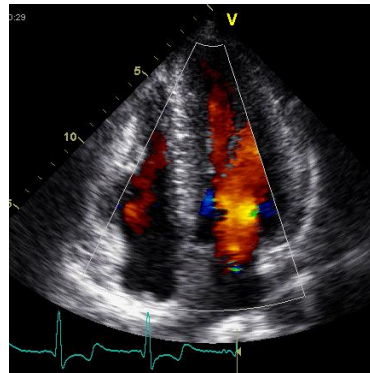
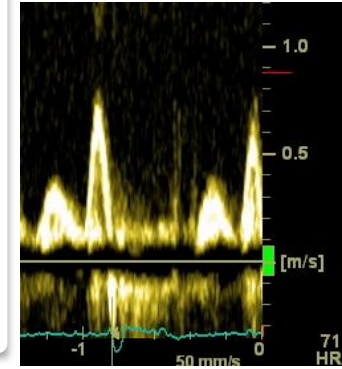
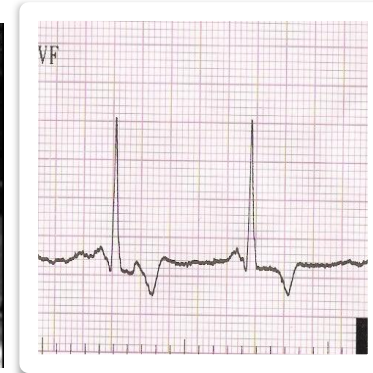
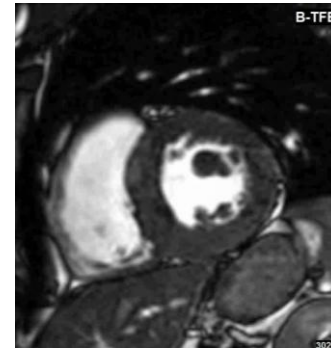
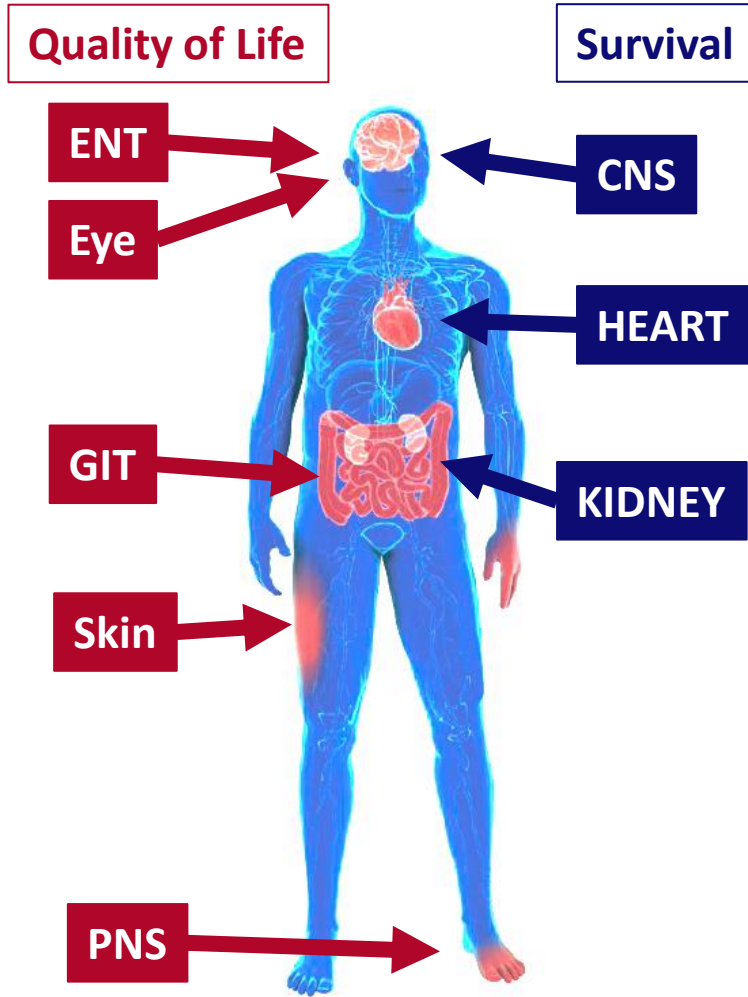
# **Role of myocardial deformation analyzed by 3D echocardiography in Fabry disease**

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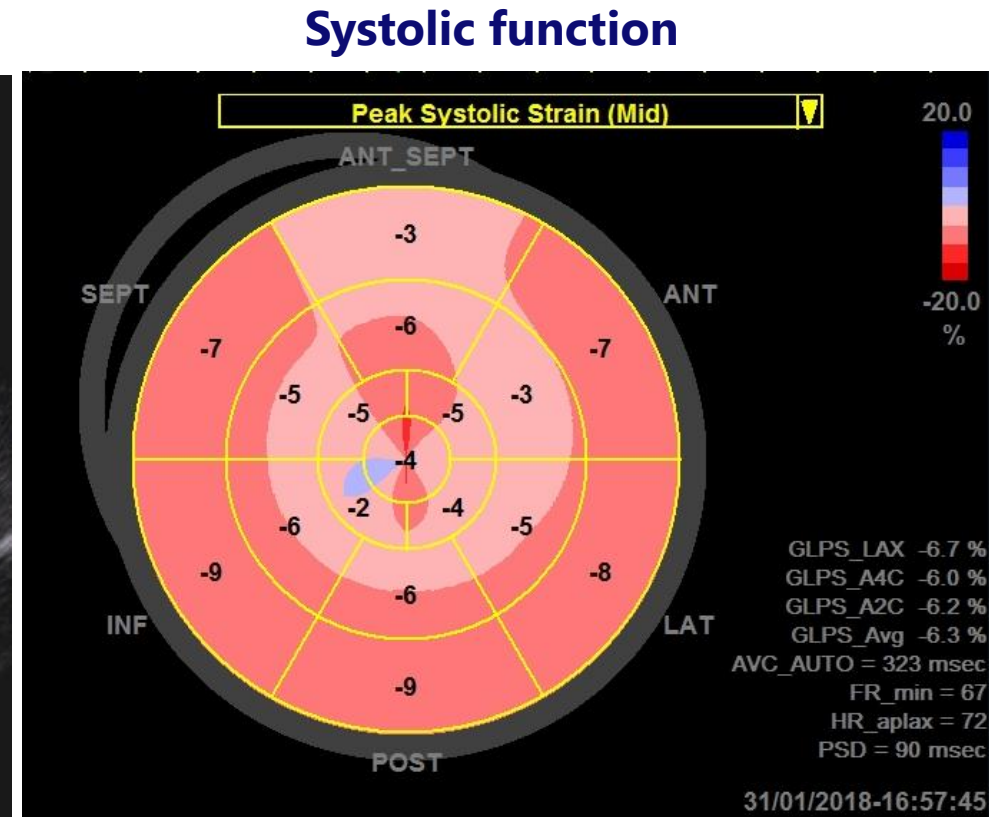
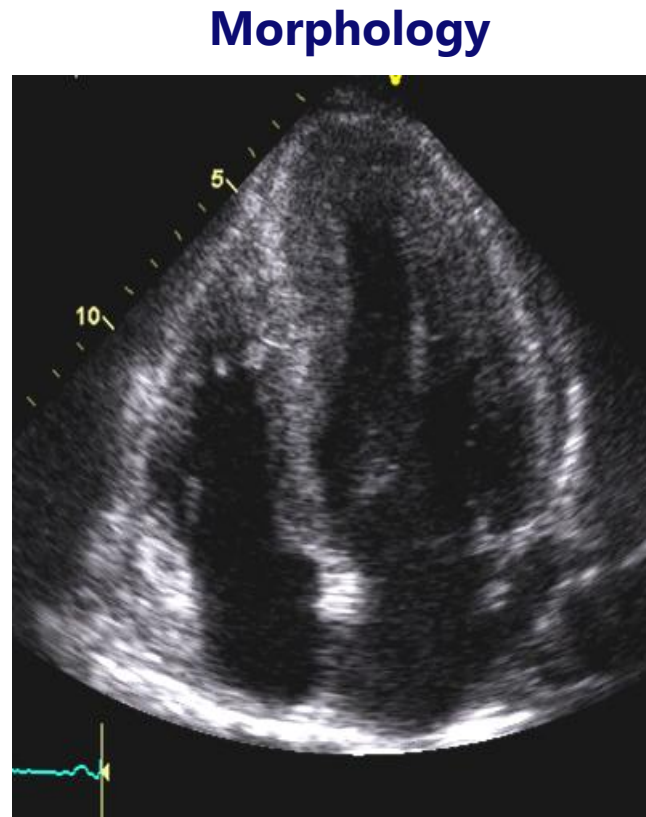
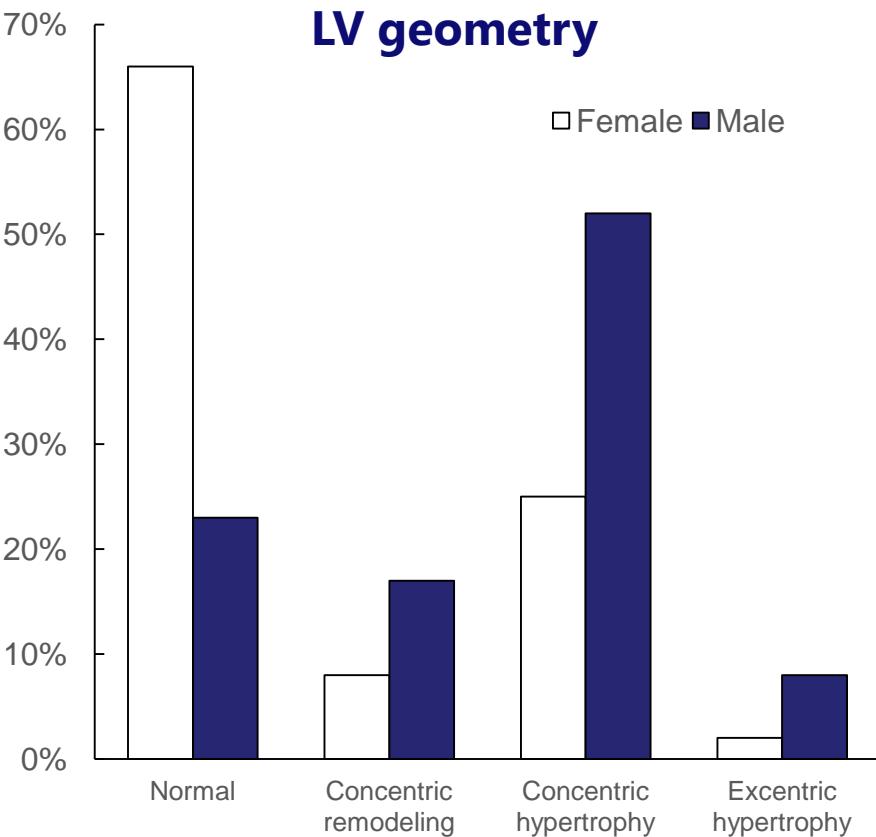


# Anderson-Fabry disease and heart





# Left ventricular morphology and function in Anderson-Fabry disease

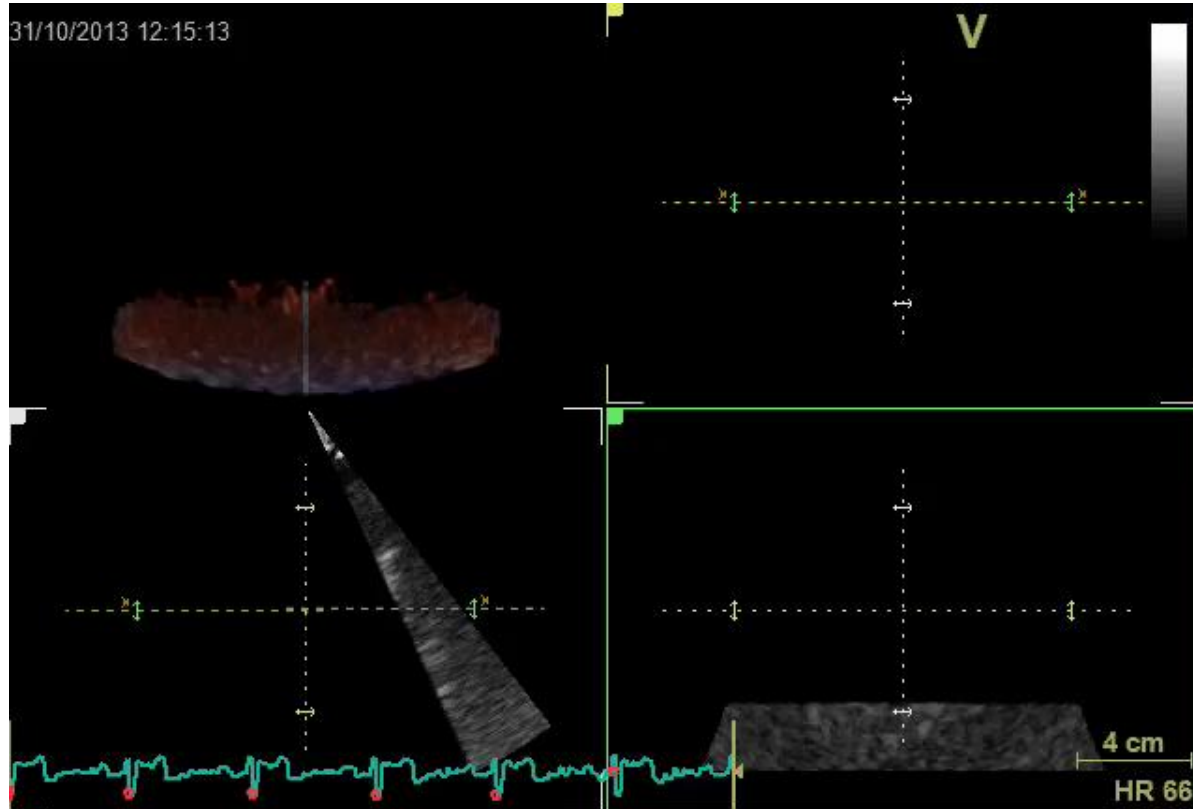


**Concentric LV remodelling or hypertrophy**  
**Preserved ejection fraction, decreased longitudinal function**

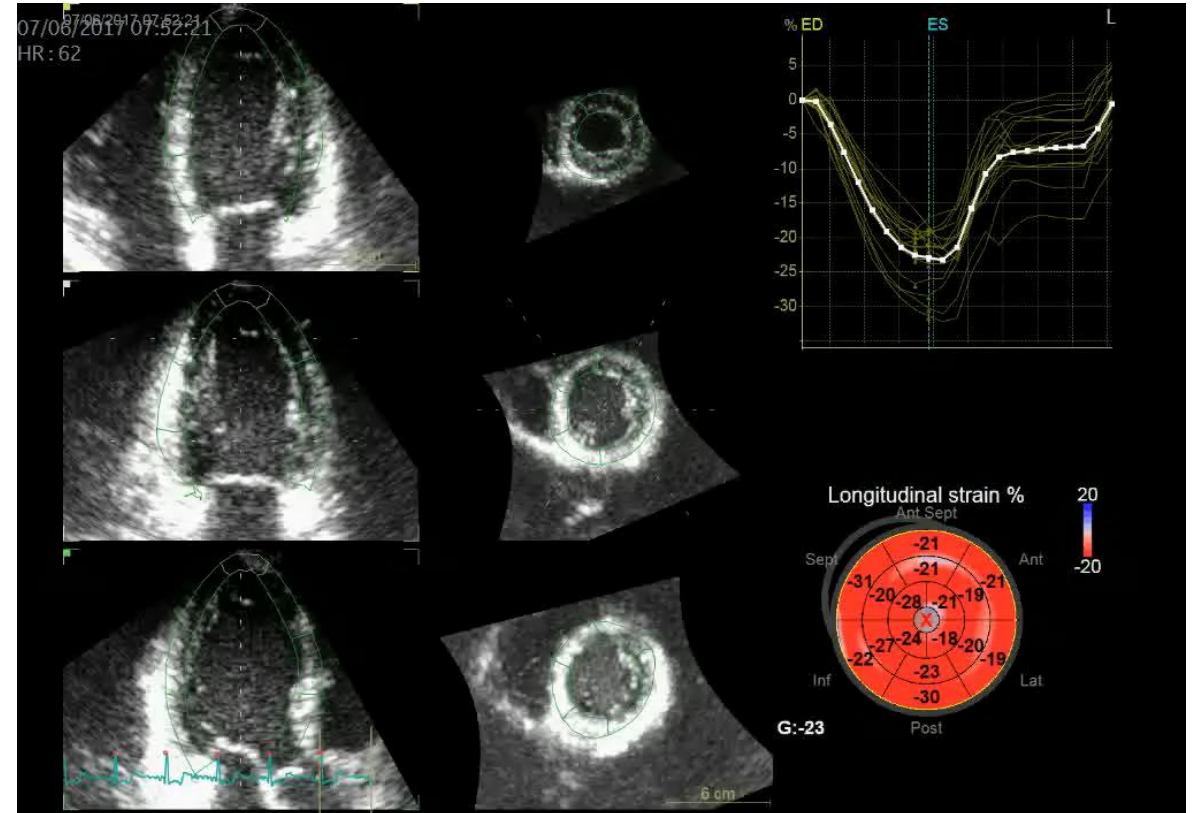


# Three dimensional echocardiography

## Gated acquisition



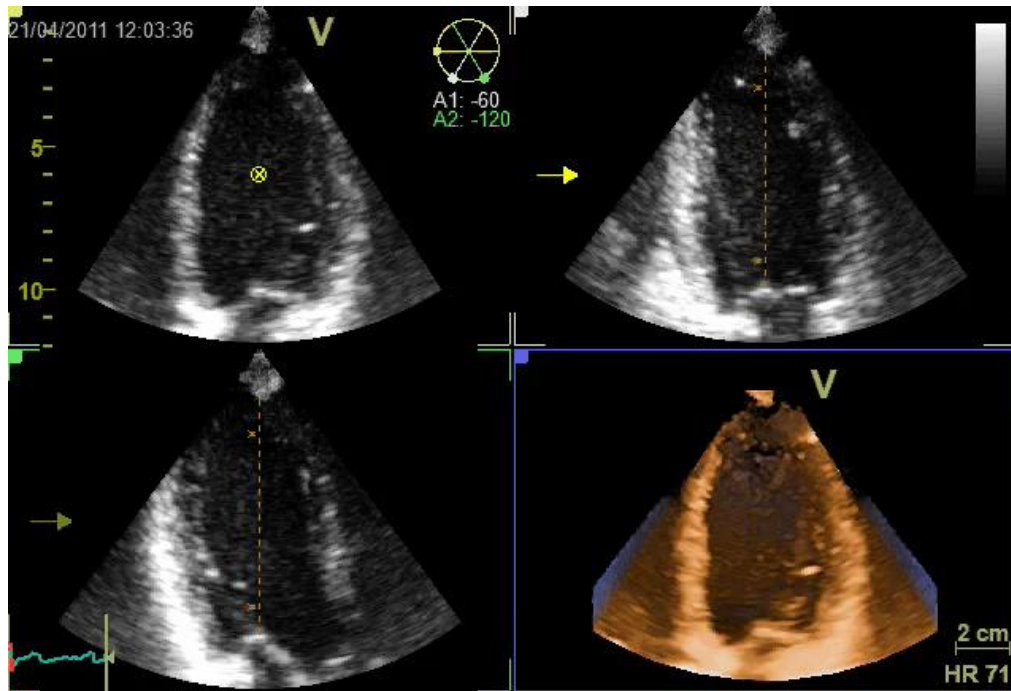
## Semiautomated analysis



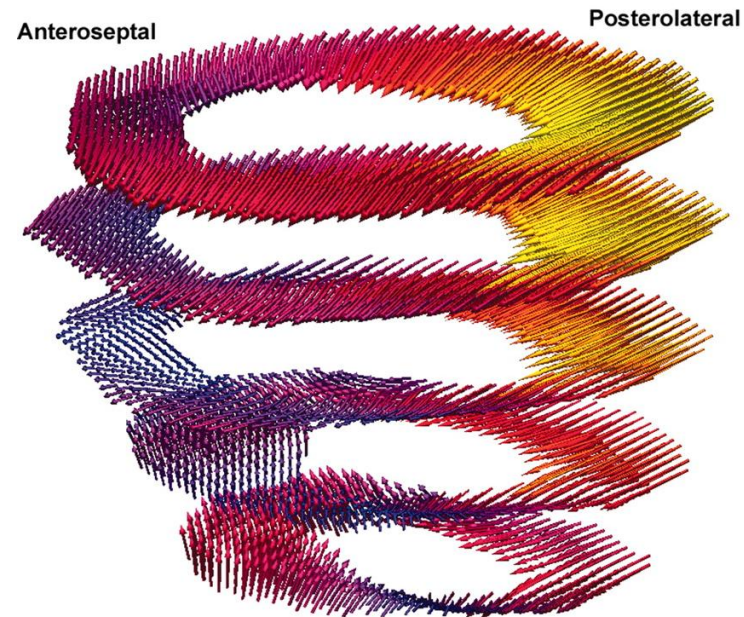


# Myocardial deformation in three dimensions

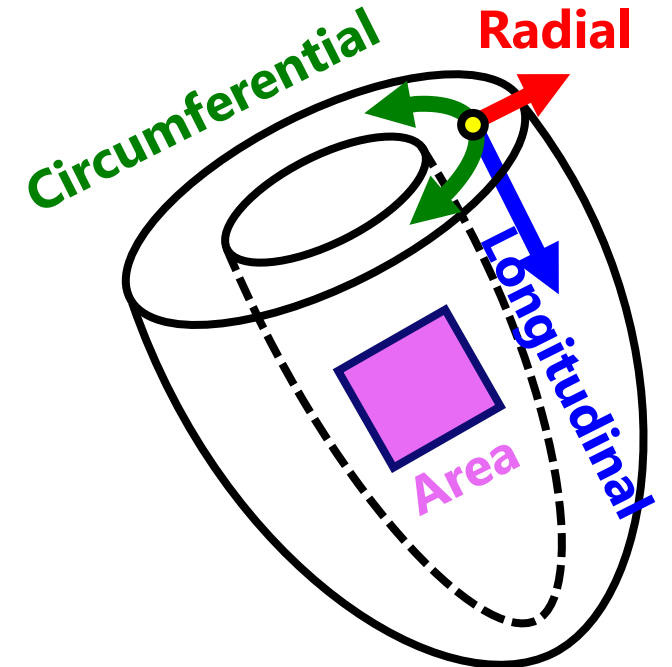
## 3D Dataset



## Deformation in „reality“



## Model





# Population and baseline characteristics

**3D echocardiography  
feasible in 75/99 pts**  
correlation with NT peptides  
comparison to CMR LGE



**long-term follow-up:**  
mortality  
HF worsening  
CV hospitalization  
median f-up 3.1 years

Demography	n = 75
Age	47 ± 14
Female gender	42 (56%)
BMI	25 [23,28]
Mainz Severity Score Index	16 [7, 27]
Enzyme replacement therapy	48 (64%)
Arterial hypertension	31 (41%)
Hyperlipidemia	28 (37%)
Diabetes	3 (4%)

Functional capacity	
NYHA	
0/I	47 (63 %)
II	22 (29 %)
III	5 (8 %)
IV	1 (1 %)
Six minute walk test distance	500 [400, 550]

Laboratory values	
Abnormal NP	34 (45%)
Creatinine	72 [62,91]
eGFR	97 [78, 109]
eGFR < 60	11 (15 %)

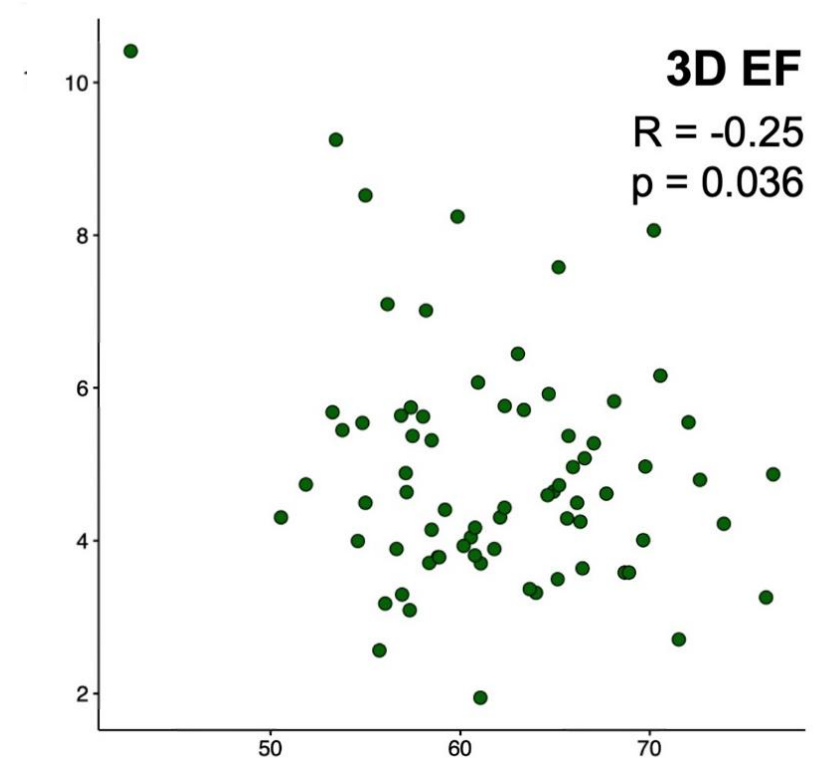
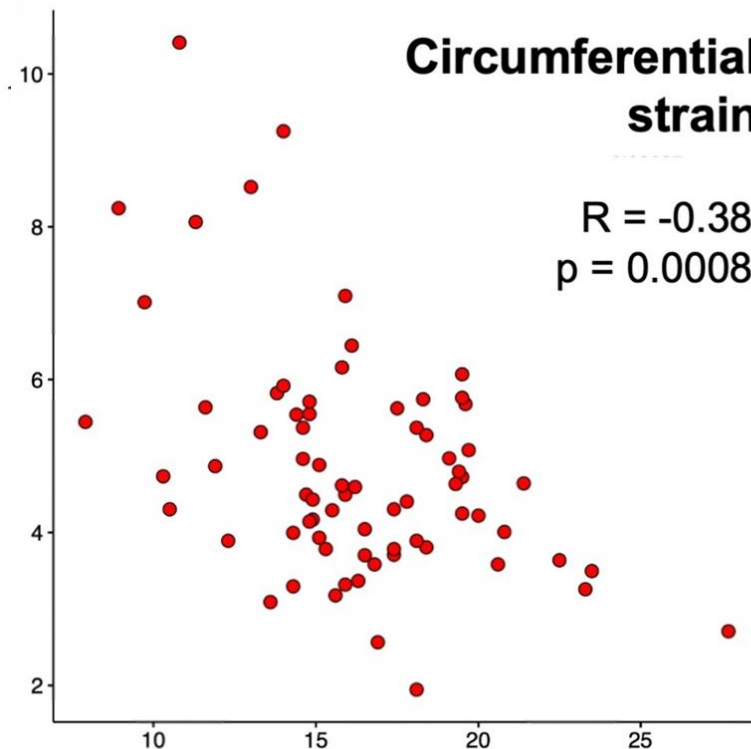
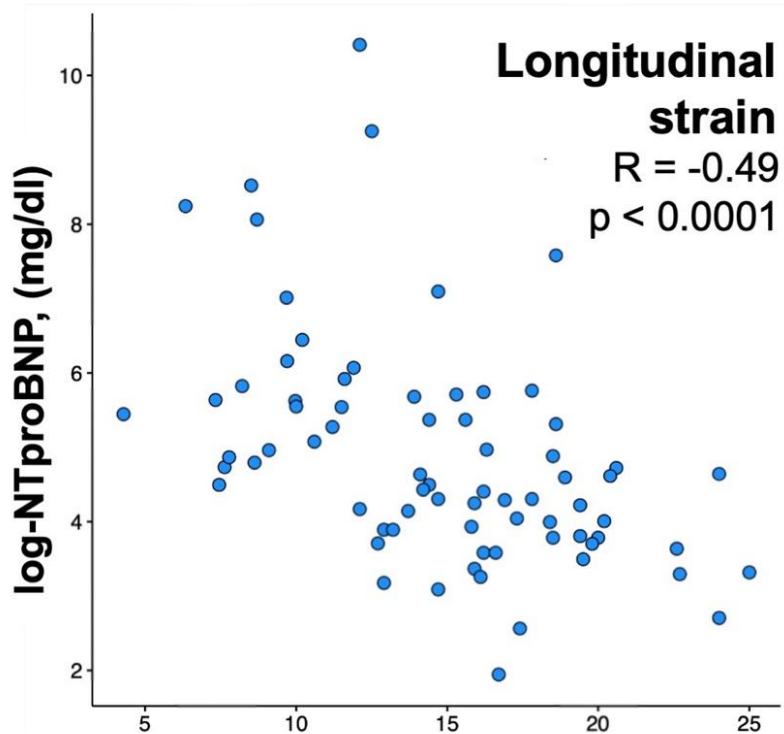


# Echocardiographic findings by gender

Echo parametry	Male	Female	p
Left ventricular mass indexed (g/m <sup>2</sup> )	140 [ 105 , 155 ]	72 [ 62 , 94 ]	< 0.001
Relative wall thickness	0.52 [ 0.42 , 0.6 ]	0.37 [ 0.31 , 0.46 ]	< 0.001
Ejection fraction (%)	66 ± 7	64 ± 6	0.27
2D global longitudinal strain (%)	15 ± 4	20 ± 4	< 0.001
E/e'	9.8 [ 8.2 , 14.0 ]	7.8 [ 6.4 , 9.3 ]	< 0.001
Left atrial volume indexed (ml/m <sup>2</sup> )	35 [ 28 , 44 ]	29 [ 24 , 34 ]	0.011
3D Ejection fraction (%)	62 ± 7	62 ± 6	0.78
3D Global circumferential strain (%)	16 ± 4	17 ± 4	0.25
3D Global longitudinal strain (%)	12 ± 4	17 ± 4	< 0.001



# Correlation with NTproBNP: 3D longitudinal and circumferential strain, EF



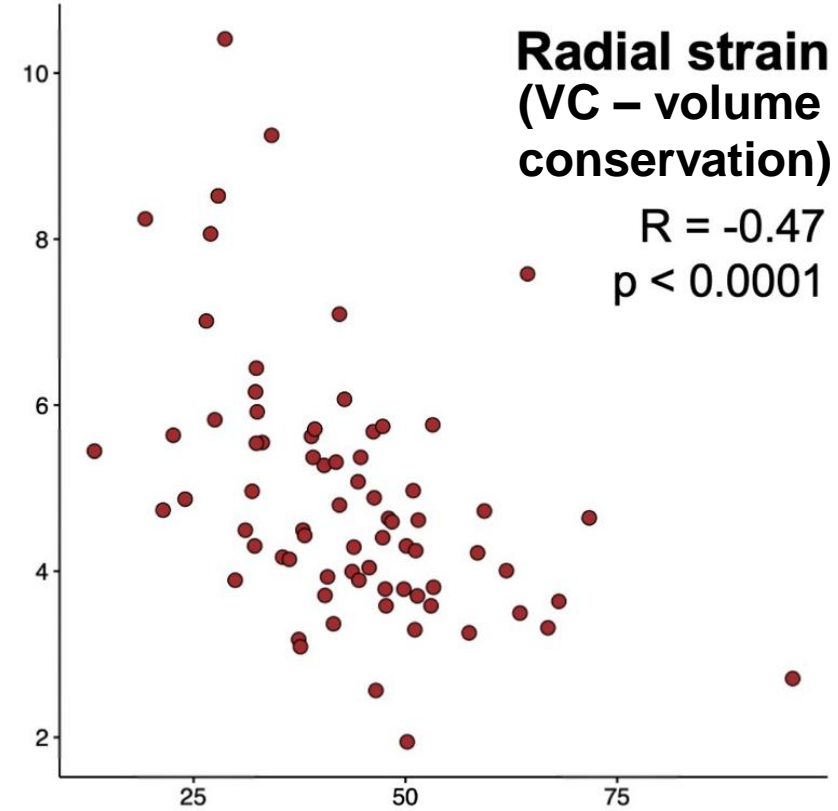
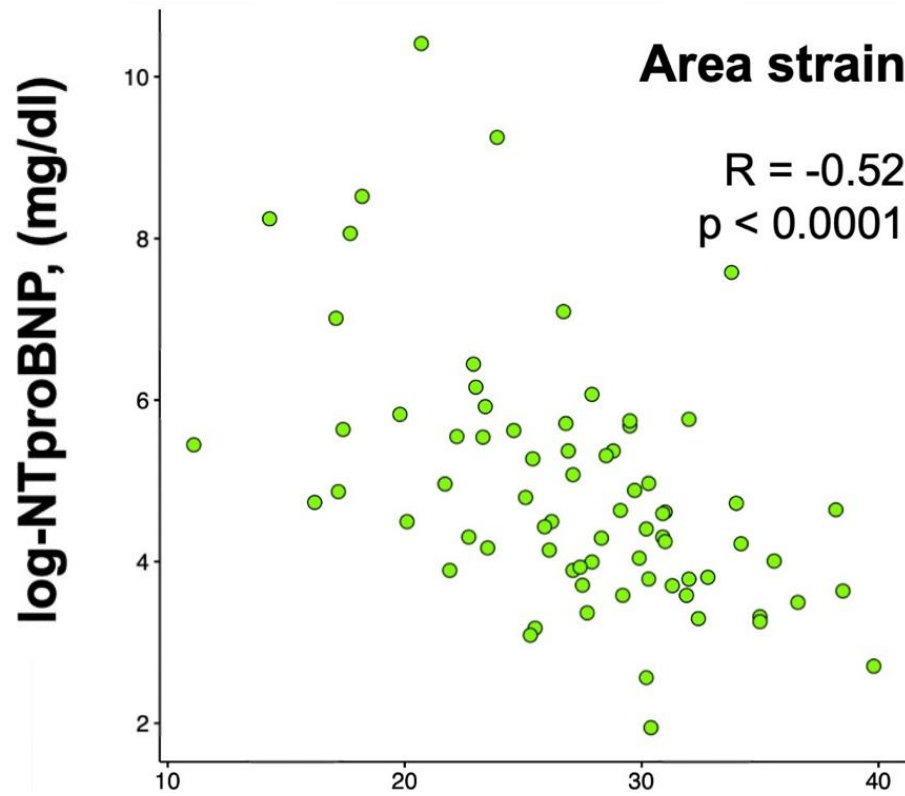
Strain and EF values

**Correlation with NTproBNP stronger for *longitudinal than circumferential* strain  
Correlation of NTproBNP with EF only borderline significant**





# Correlation with NTproBNP: 3D specific strains



Strain values

**Significant association for 3D-specific area strain and for calculated radial strain**



# Predictors of NTproBNP: 3D strain and EF

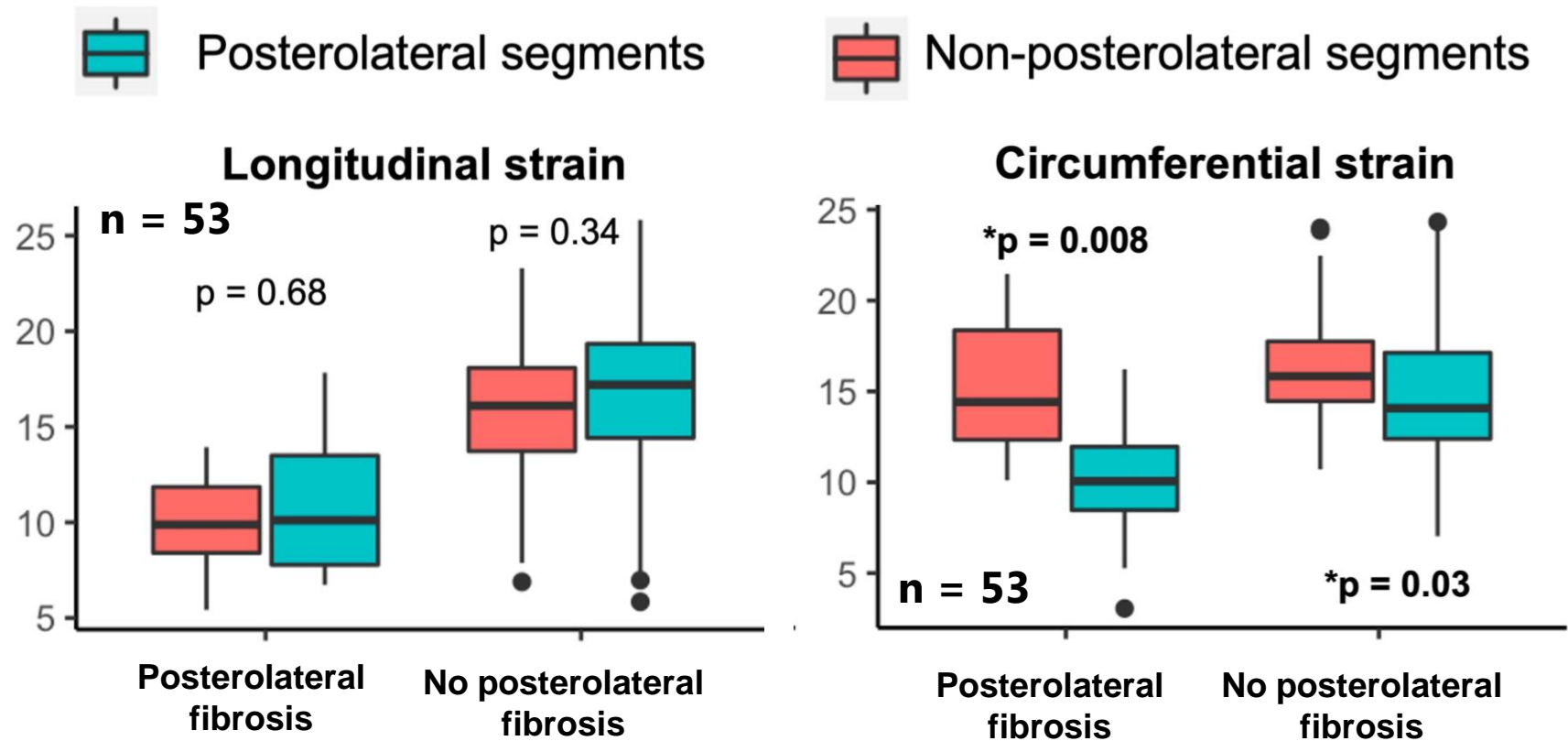
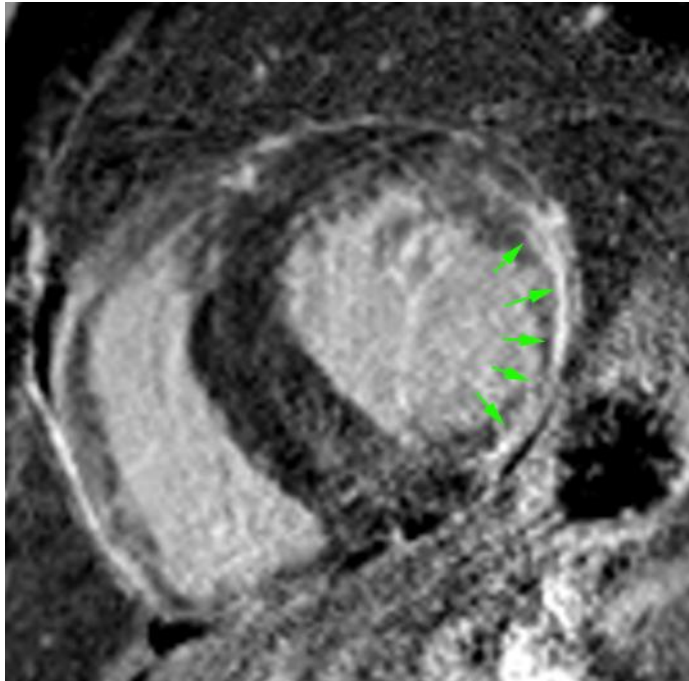
Variable (3D LV)	Unadjusted			Adjusted*		
	$\beta$	95%CI	p value	$\beta$	95%CI	p value
Longitudinal strain	-0.16	[-0.23, -0.10]	<0.0001	<b>-0.11</b>	<b>[-0.18, -0.04]</b>	<b>0.0020</b>
Circumferential strain	-0.16	[-0.25, -0.07]	0.0008	-0.08	[-0.15, -0.01]	0.0350
Area strain	-0.14	[-0.19, -0.08]	<0.0001	-0.08	[-0.13, -0.03]	0.0022
Radial strain	-0.05	[-0.08, -0.03]	<0.0001	-0.03	[-0.05, -0.01]	0.0050
Ejection fraction	-0.06	[-0.11, 0.00]	0.0362	-0.02	[-0.06, 0.03]	0.4329

**Global 3D longitudinal strain was the strongest adjusted predictor of natriuretic peptide levels**

\* - age, gender and renal function; HF – heart failure, CV - cardiovascular



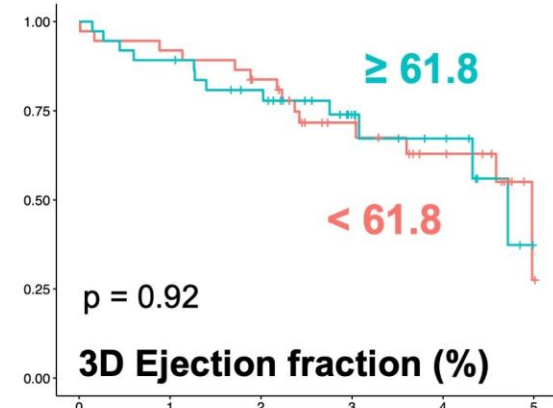
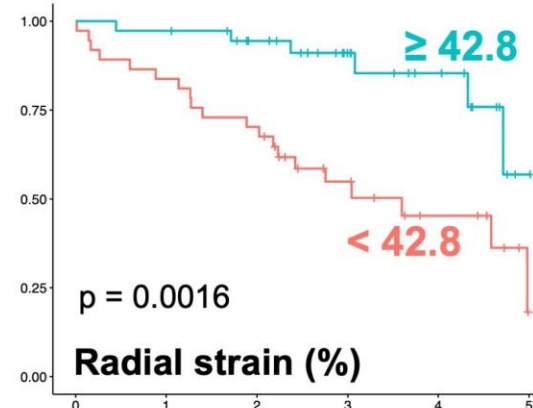
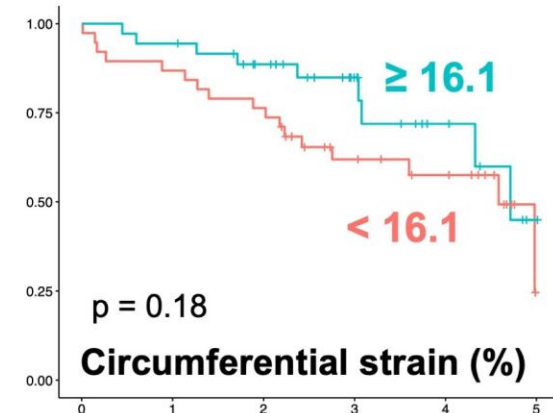
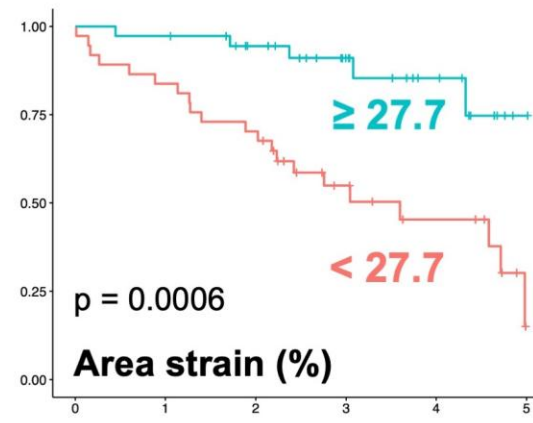
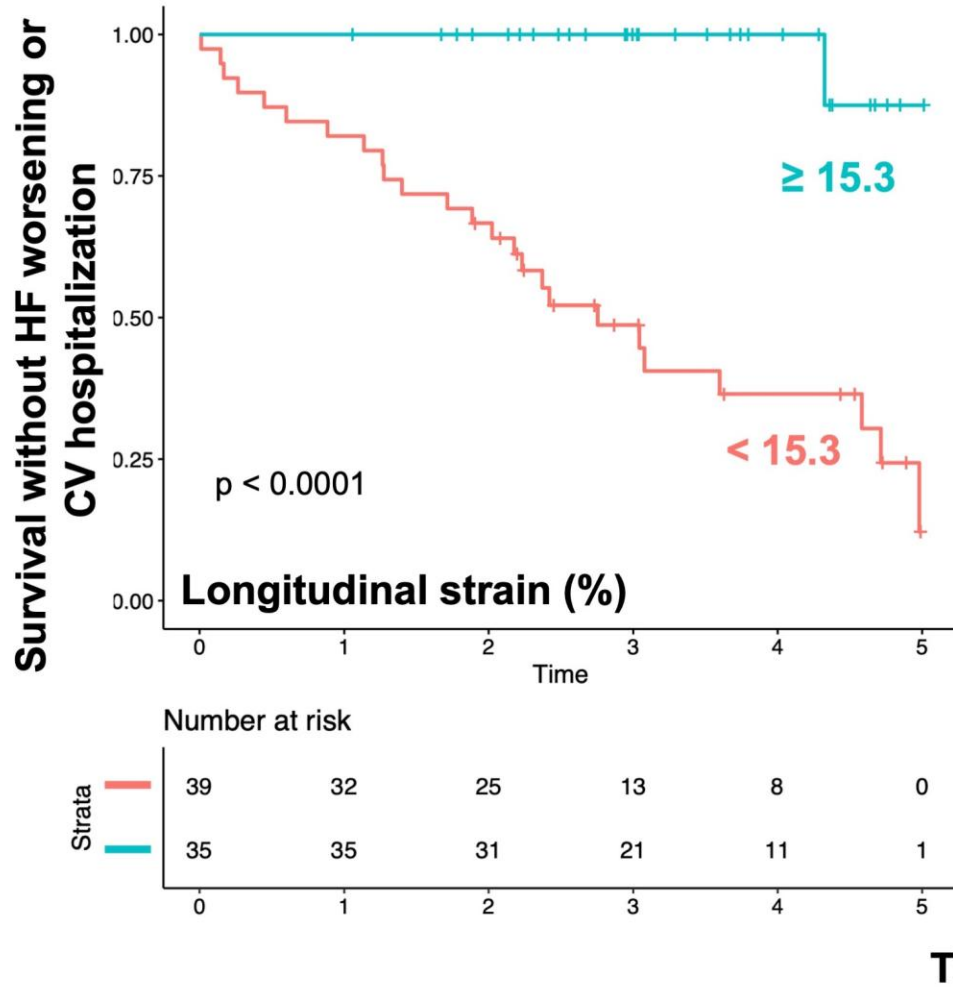
# Posterolateral scar and 3D regional strain



**In patients with posterolateral LGE-scar:**  
*circumferential strain significantly decreased in scarred vs. other segments*  
*longitudinal strain decreased overall in all segments*



# Predictors of long term combined outcome: mortality, HF worsening, CV hospitalization



**Global 3D longitudinal strain was the strongest predictor of outcome**



# Adjusted long term outcome (Cox PH)

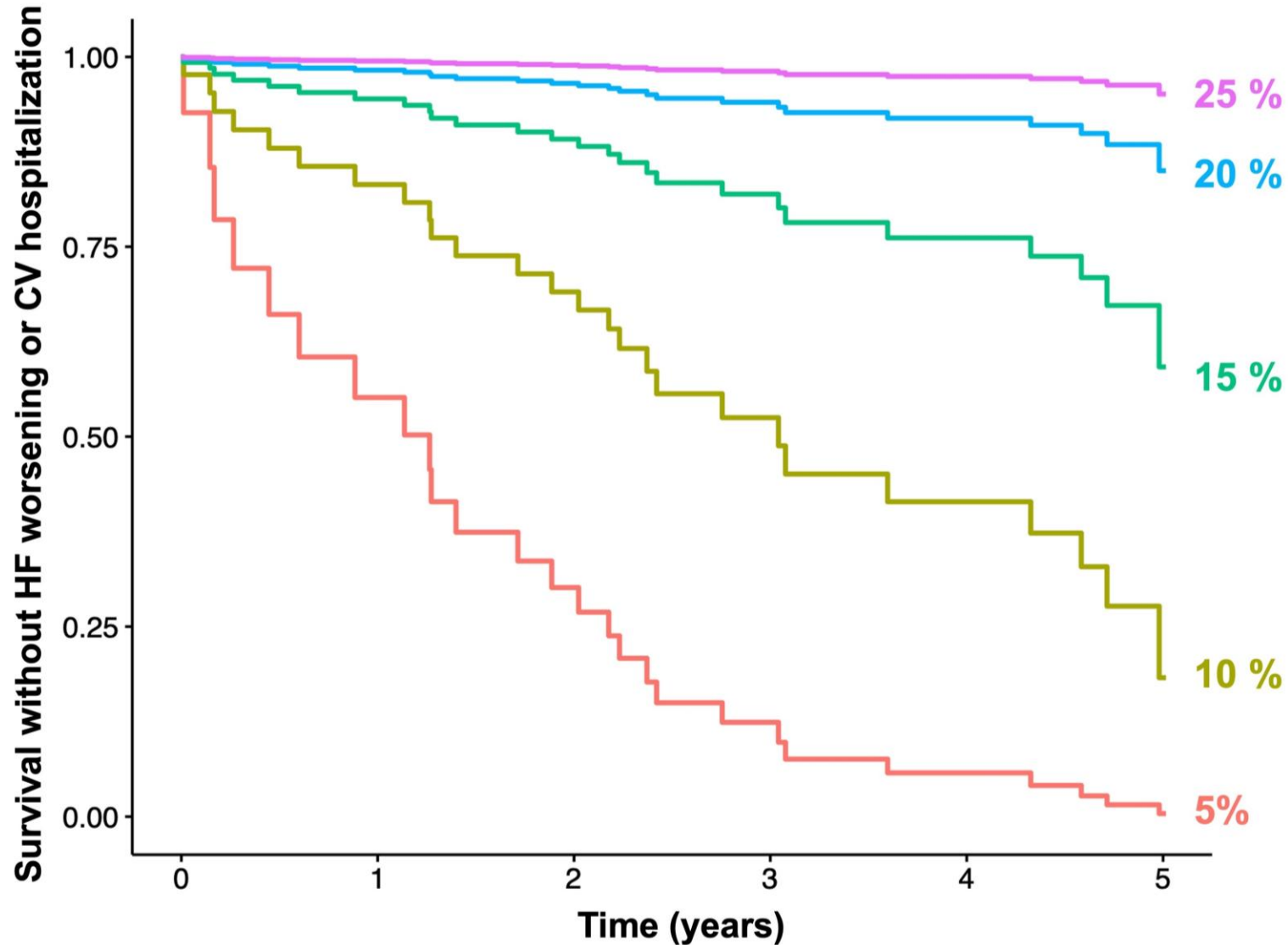
Variable (3D LV)	Unadjusted			Adjusted*		
	HR	95%CI	p value	HR	95%CI	p value
<b>Longitudinal strain</b>	0.79	[0.72, 0.87]	<0.0001	<b>0.84</b>	<b>[0.75,0.95]</b>	<b>0.004</b>
<b>Circumferential strain</b>	0.87	[0.77, 0.98]	0.0183	0.94	[0.85,1.10]	0.284
<b>Area strain</b>	0.87	[0.82, 0.93]	< 0.0001	0.93	[0.86,1.00]	0.04
<b>Radial strain</b>	0.93	[0.90, 0.97]	0.0001	0.96	[0.93,1.00]	0.038
<b>Ejection fraction</b>	1.02	[0.96, 1.10]	0.4242	-	-	-

***longitudinal strain was the strongest adjusted predictor of long term outcome***  
***circumferential strain was not significantly associated with long term outcome***

\* - age, gender and renal function; Cox PH – Cox proportional hazards model



# Estimated long-term outcome based on 3D global longitudinal strain





# Limitations

- need for **dedicated 3D probe** and specialized software analysis
- **good apical window needed** for adequate visualization of all segments
- **need for regular rhythm** - gating acquisition can generate stitching artifacts
- difficult endocardial border tracking in hypertrophic phenotypes



# Conclusions

- **3D echocardiography** is feasible in majority of patients with Anderson-Fabry disease
- **3D global longitudinal strain** was the strongest predictor of heart failure severity measured by natriuretic peptide levels in multivariate analyses
- **3D regional circumferential strain** in posterolateral regions was associated with presence of myocardial scarring on cardiovascular magnetic resonance
- **3D global longitudinal strain** was significant predictor of long-term morbidity of patients with Anderson-Fabry disease while circumferential strain was not



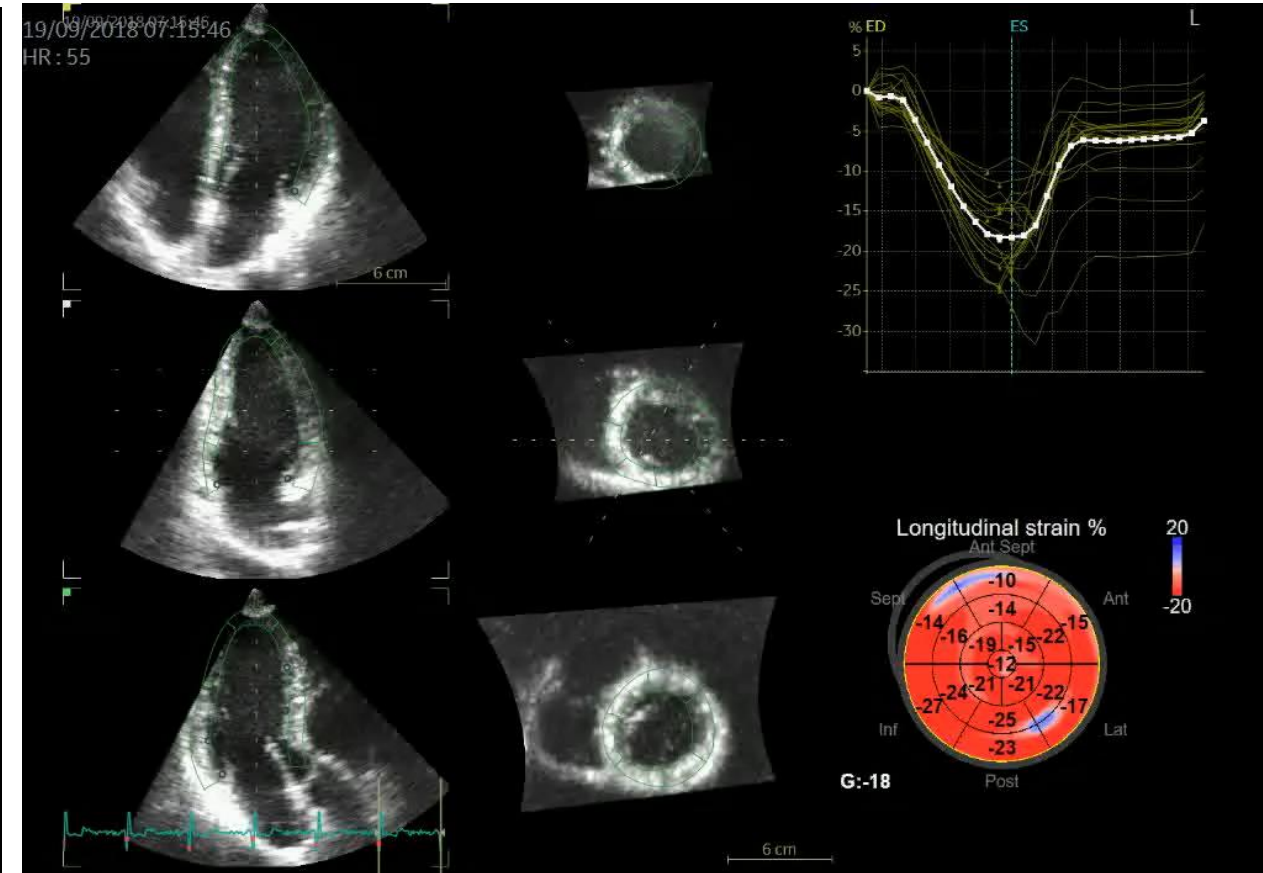
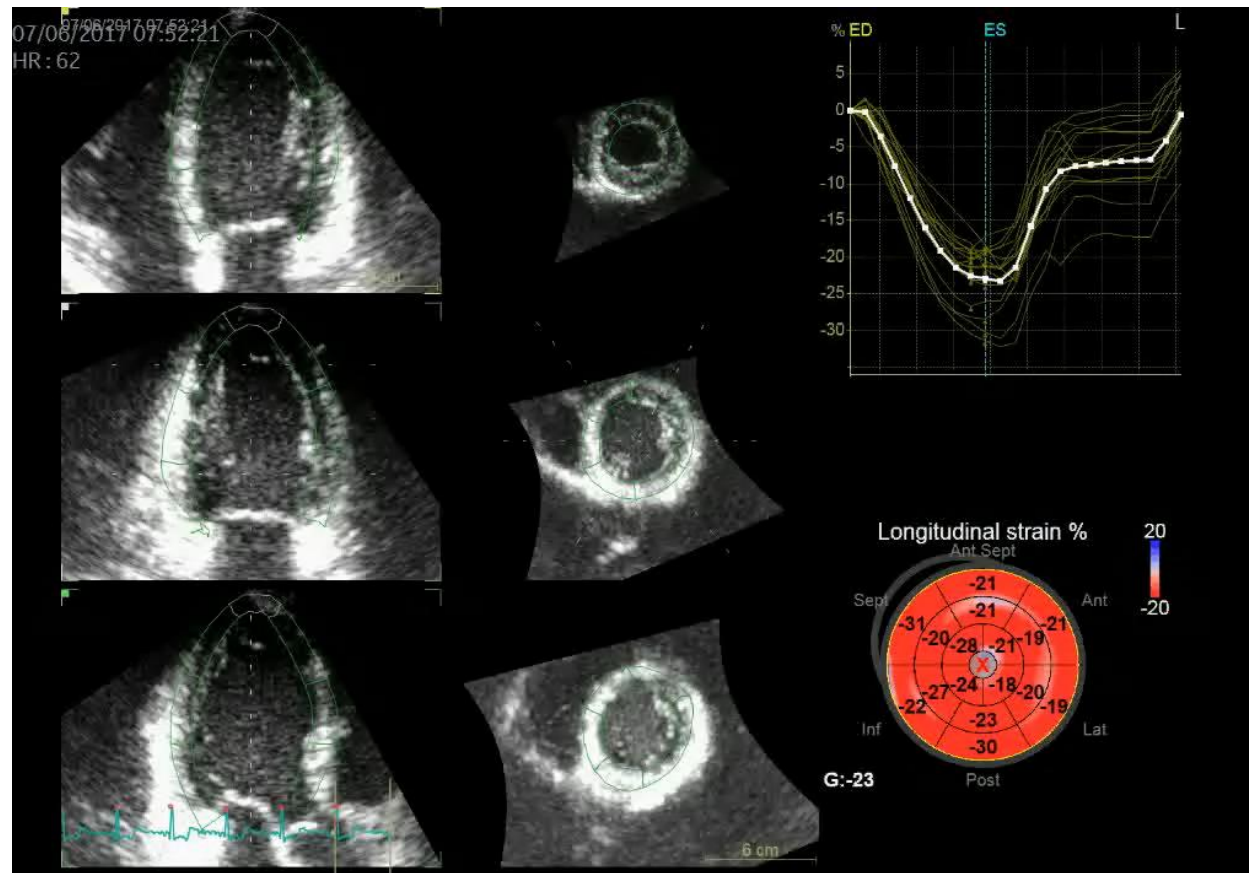


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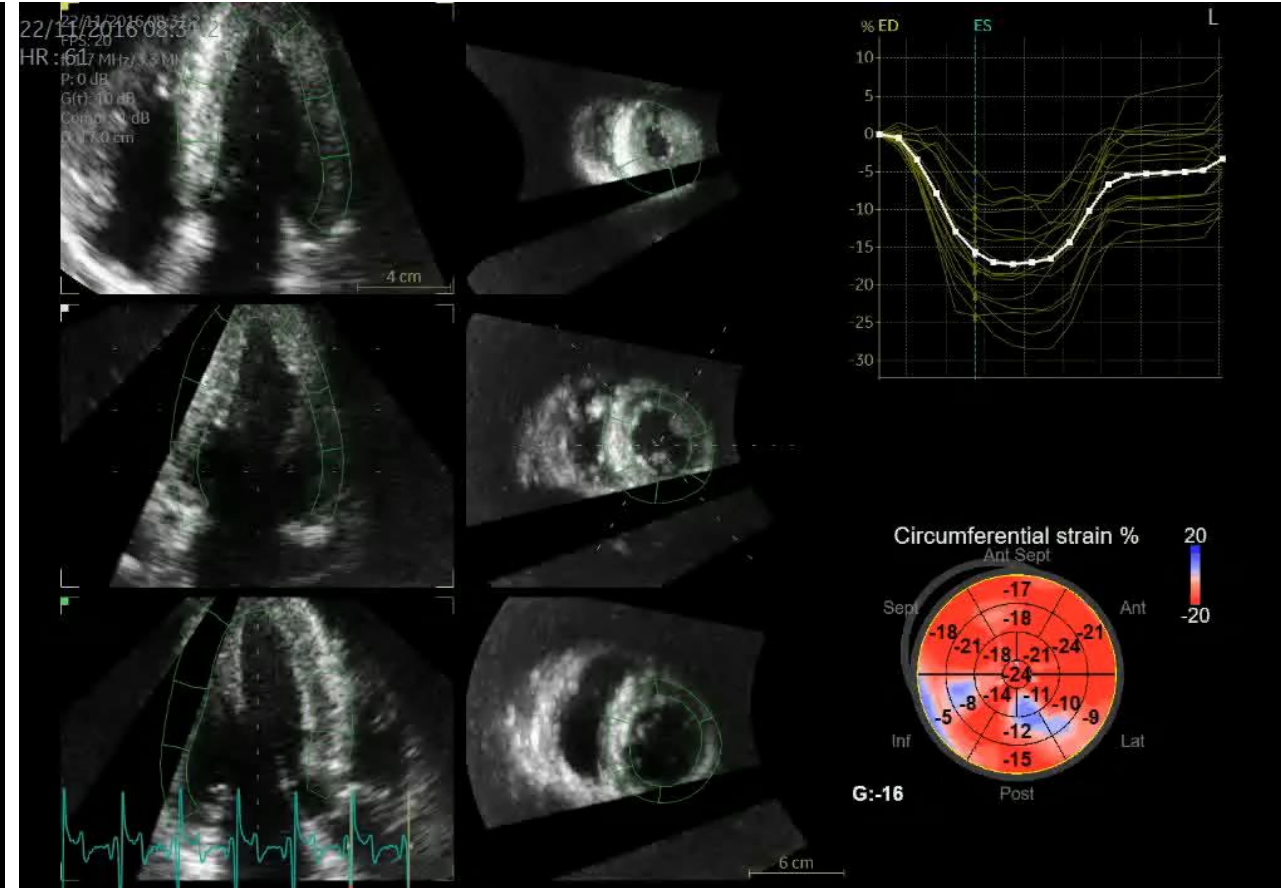
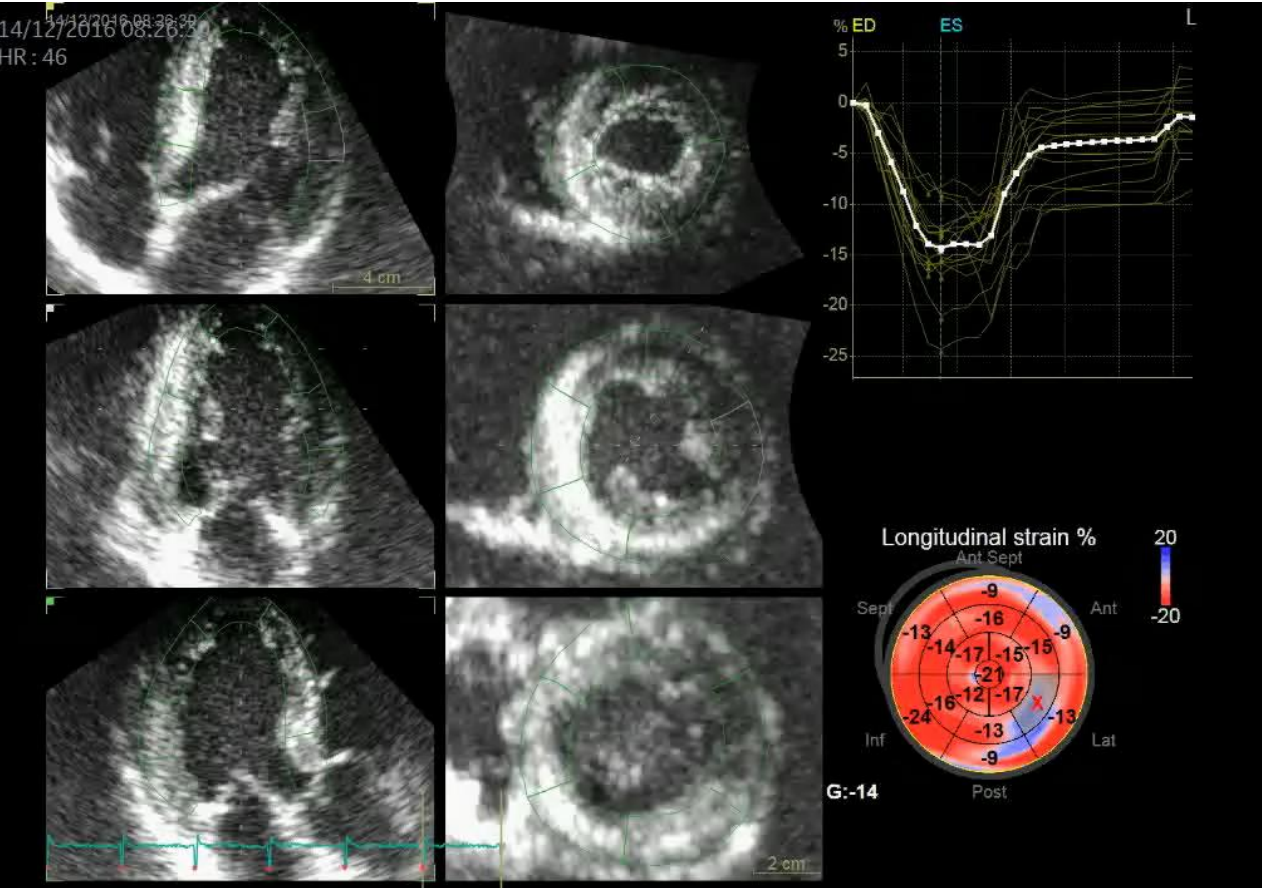


# Three dimensional echocardiography: tracking examples





# Three dimensional echocardiography: tracking examples





# Three dimensional echocardiography

## Gated acquisition



## Semiautomated analysis

