

# Prevalence and Impact of Arrhythmias in Adults with Congenital Heart Disease



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Prague, November 5, 2022

# Hannover Medical School



H. C. Kallfelz, MD

# Hannover Medical School

May 1991





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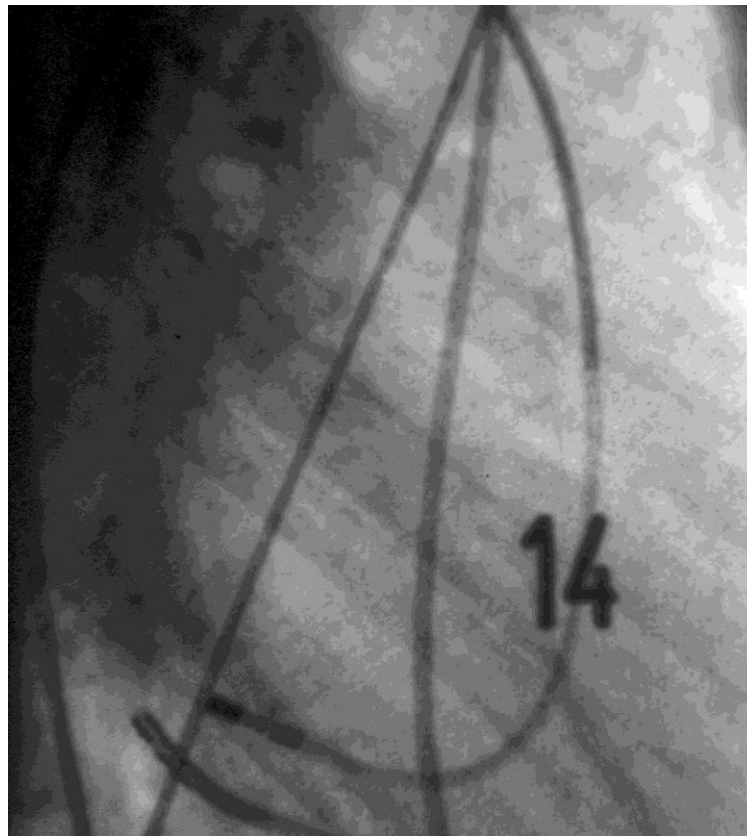
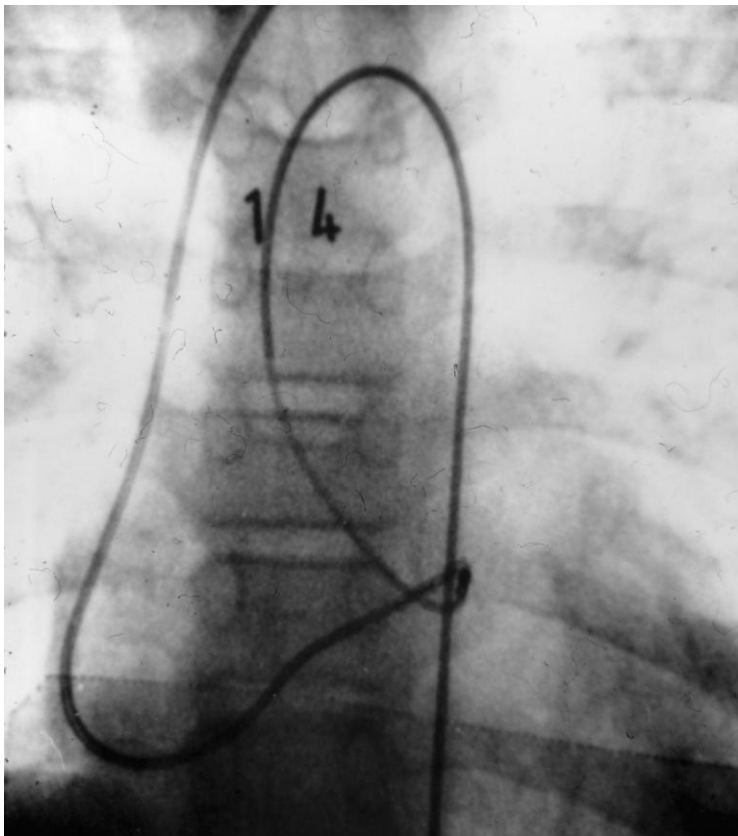
# Hannover Medical School

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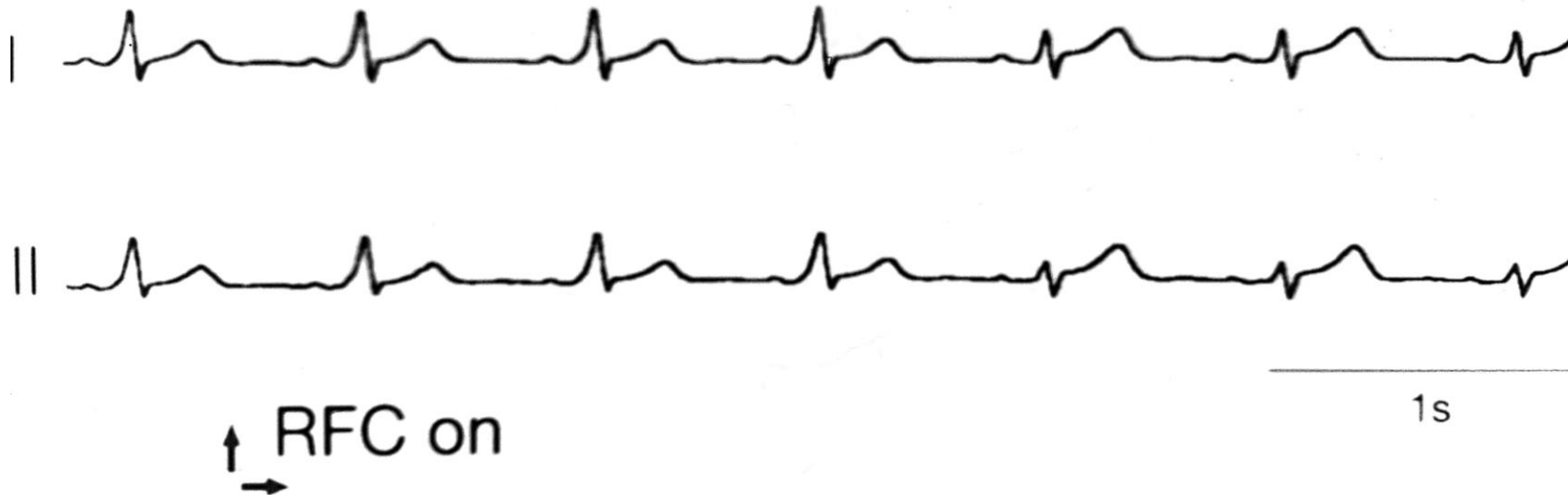
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# Hannover Medical School

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# Texas Children's Hospital









5. listopadu 2022

Břevnovský klášter

**PRAHA**

**PRAGUE SYMPOSIUM  
ON CONGENITAL  
HEART DISEASE 2022**



ČESKÁ  
KARDIOLOGICKÁ  
SPOLEČNOST



Agárka Sovičková, 9 let





# Estimated Clinical Relevance of CHD within this Decade

Estimated clinical relevance of CHD in the next years

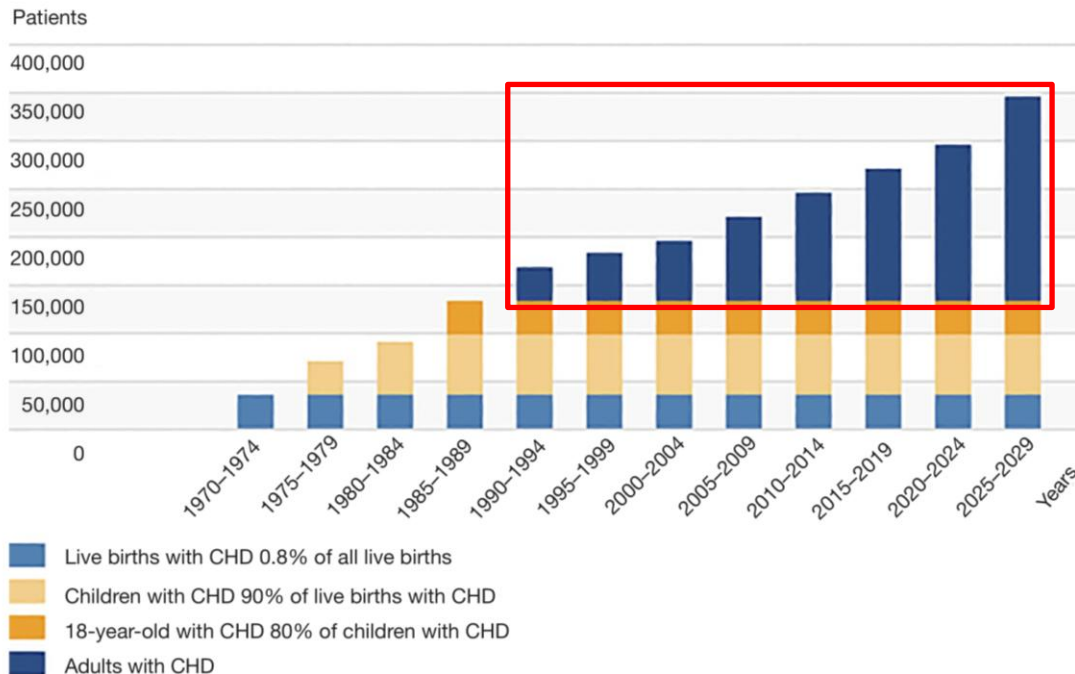


Image source: Competence Network for Congenital Heart Defects

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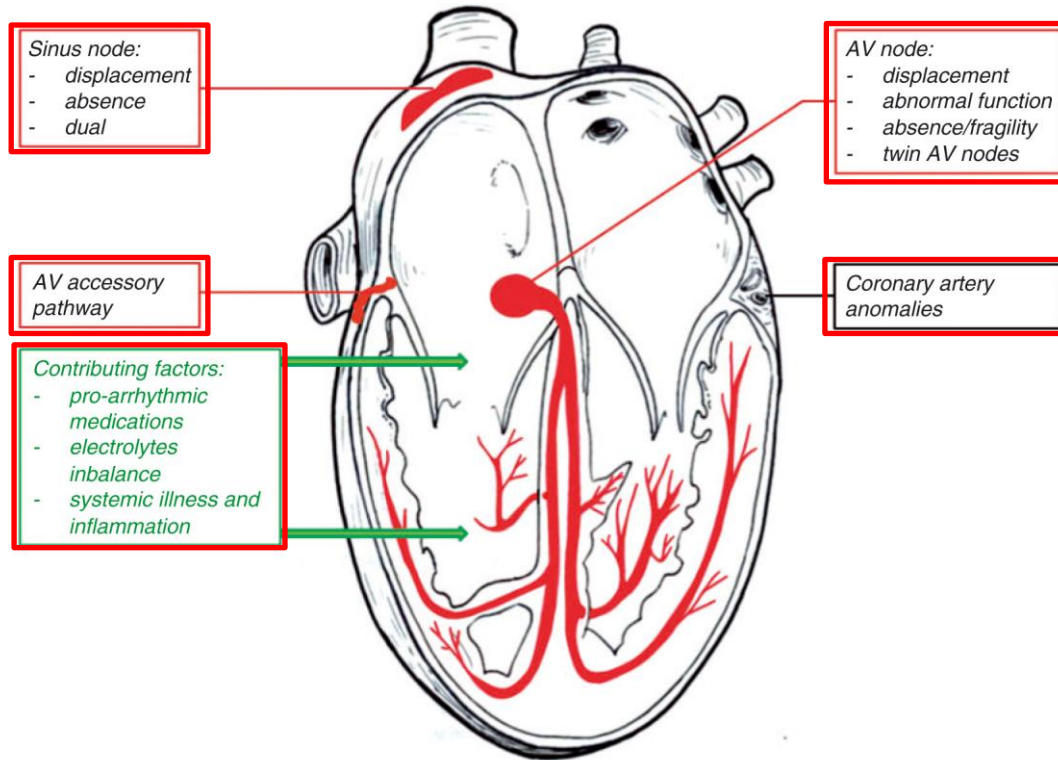
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**5 ACHD centers, 201 emergency room admissions within 1 year**  
**Kaemmerer et al., Am J Cardiol 2008**

# **Arrhythmias in congenital heart disease: a position paper of the European Heart Rhythm Association (EHRA), Association for European Paediatric and Congenital Cardiology (AEPC), and the European Society of Cardiology (ESC) Working Group on Grown-up Congenital Heart Disease, endorsed by HRS, PACES, APHRS, and SOLAECE**

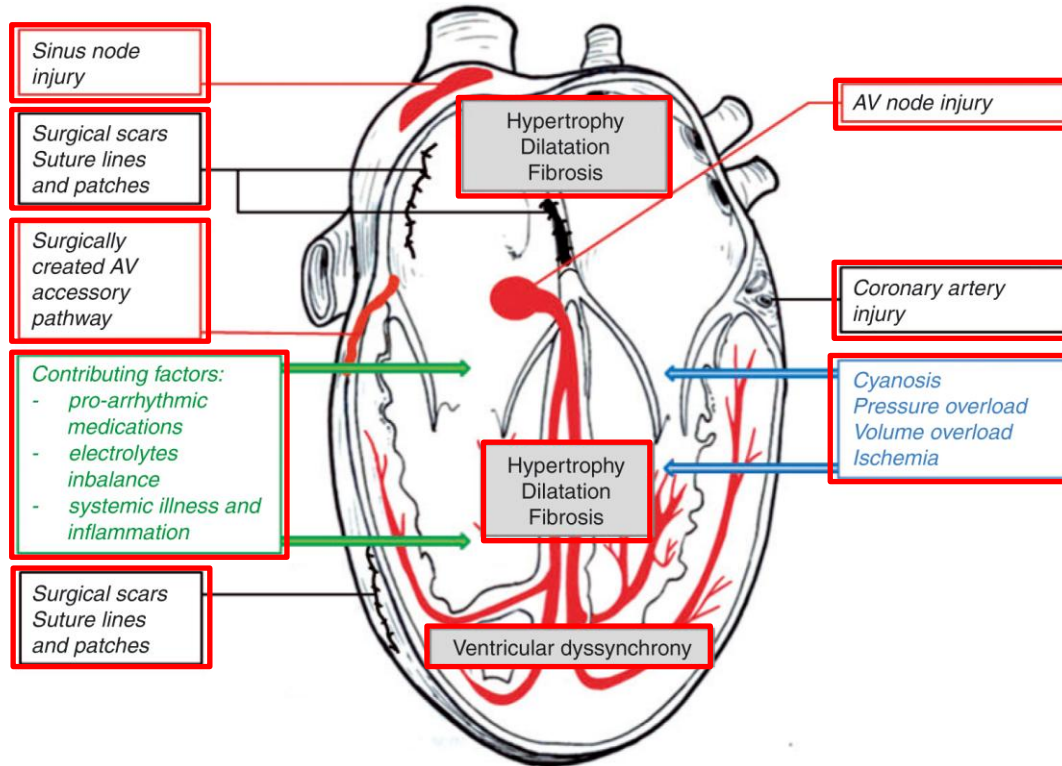
**Antonio Hernández-Madrid<sup>1\*†</sup>, Thomas Paul<sup>2†</sup>, Dominic Abrams<sup>3</sup>, Peter F. Aziz<sup>4</sup>, Nico A. Blom<sup>5,6</sup>, Jian Chen<sup>7</sup>, Massimo Chessa<sup>8</sup>, Nicolas Combes<sup>9</sup>, Nikolaos Dagnes<sup>10</sup>, Gerhard Diller<sup>11</sup>, Sabine Ernst<sup>12</sup>, Alessandro Giamberti<sup>13</sup>, Joachim Hebe<sup>14</sup>, Jan Janousek<sup>15</sup>, Thomas Kriebel<sup>16</sup>, Jose Moltedo<sup>17</sup>, Javier Moreno<sup>1</sup>, Rafael Peinado<sup>18</sup>, Laurent Pison<sup>19</sup>, Eric Rosenthal<sup>20</sup>, Jonathan R. Skinner<sup>21</sup>, and Katja Zeppenfeld<sup>22</sup>**

# Pre-operative Factors Resulting in Supraventricular and Ventricular Arrhythmias in CHD Patients





# Post-operative Factors Resulting in Supraventricular and Ventricular Arrhythmias in CHD Patients



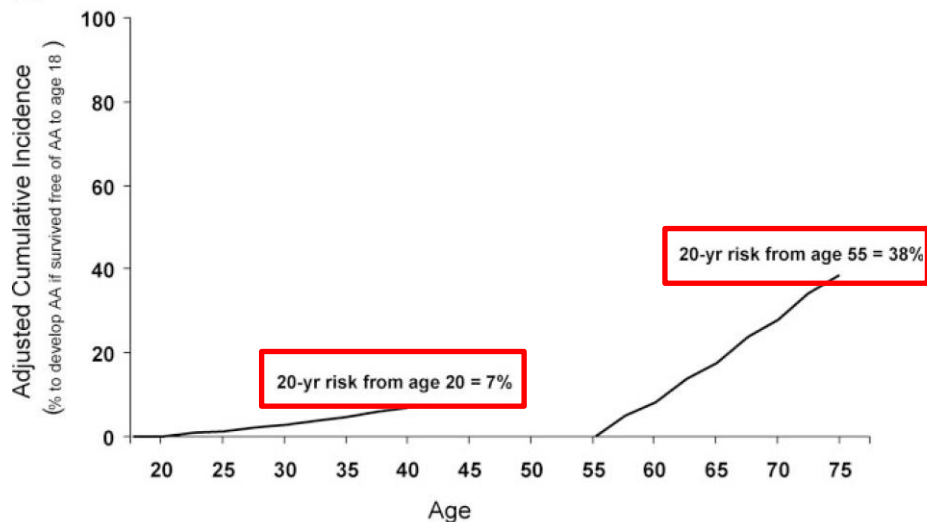
# Atrial Arrhythmias in Adults With Congenital Heart Disease



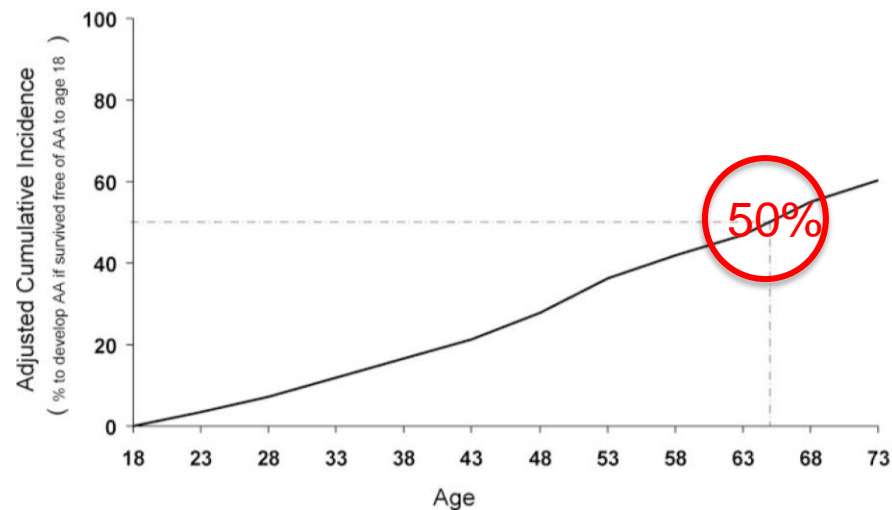
Judith Bouchardy, MD; Judith Therrien, MD; Louise Pilote, MD, MPH, PhD;  
Raluca Ionescu-Ittu, MSc; Giuseppe Martucci, MD; Natalie Bottega, MD; Ariane J. Marelli, MD

Circulation 2009

## A Lifetime cumulative incidence of AA



## B Lifetime risk of AA in severe CHD

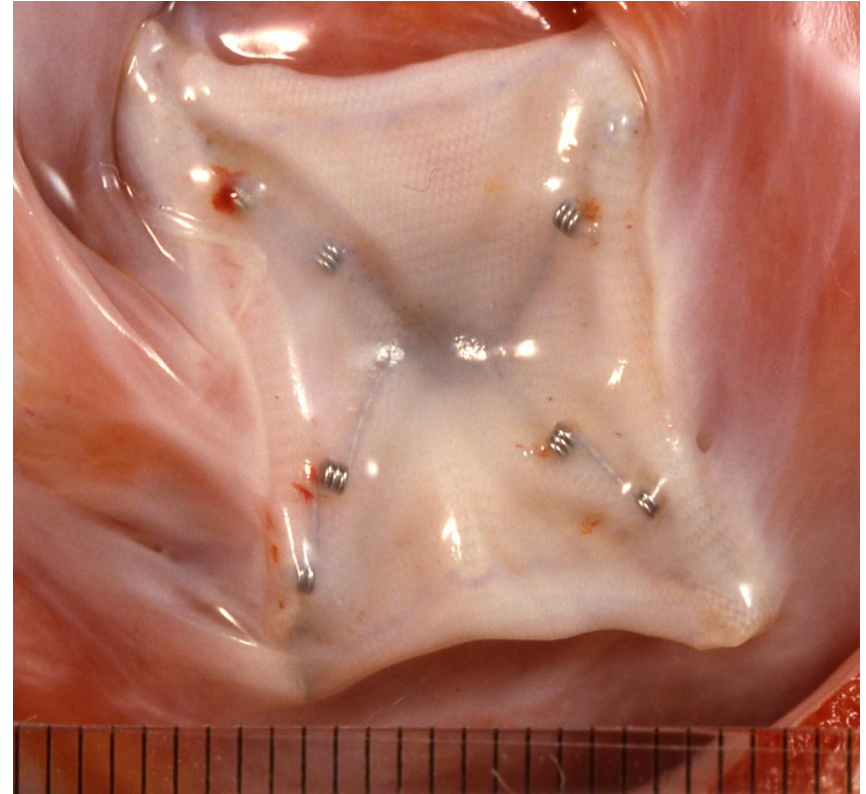
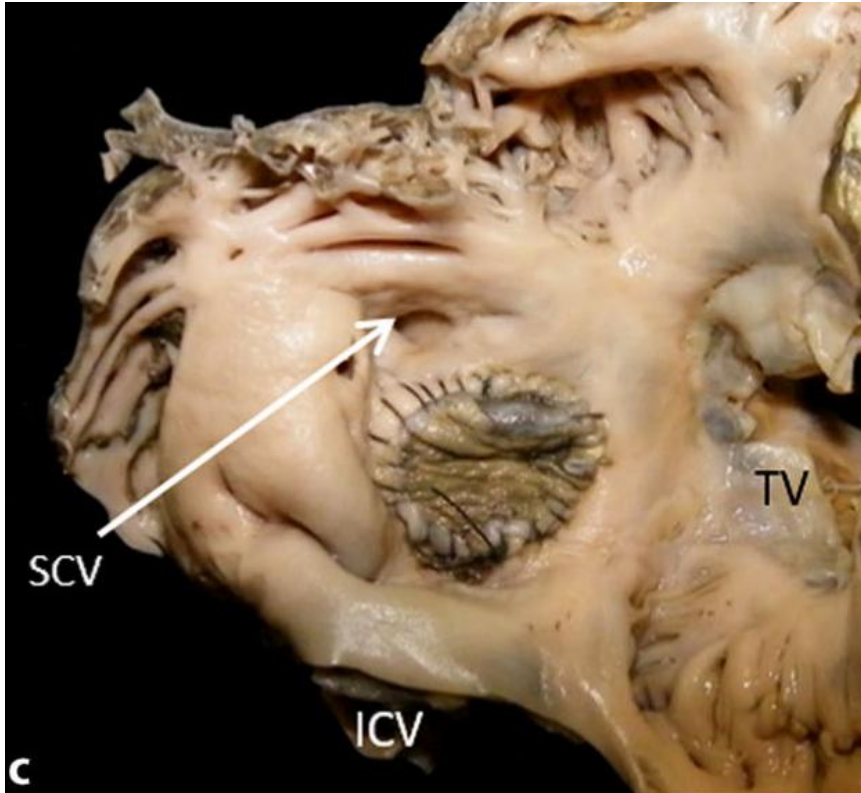


1983-2005, Quebec, n=38,428 ACHD patients, overall incidence of atrial arrhythmias 15.1%

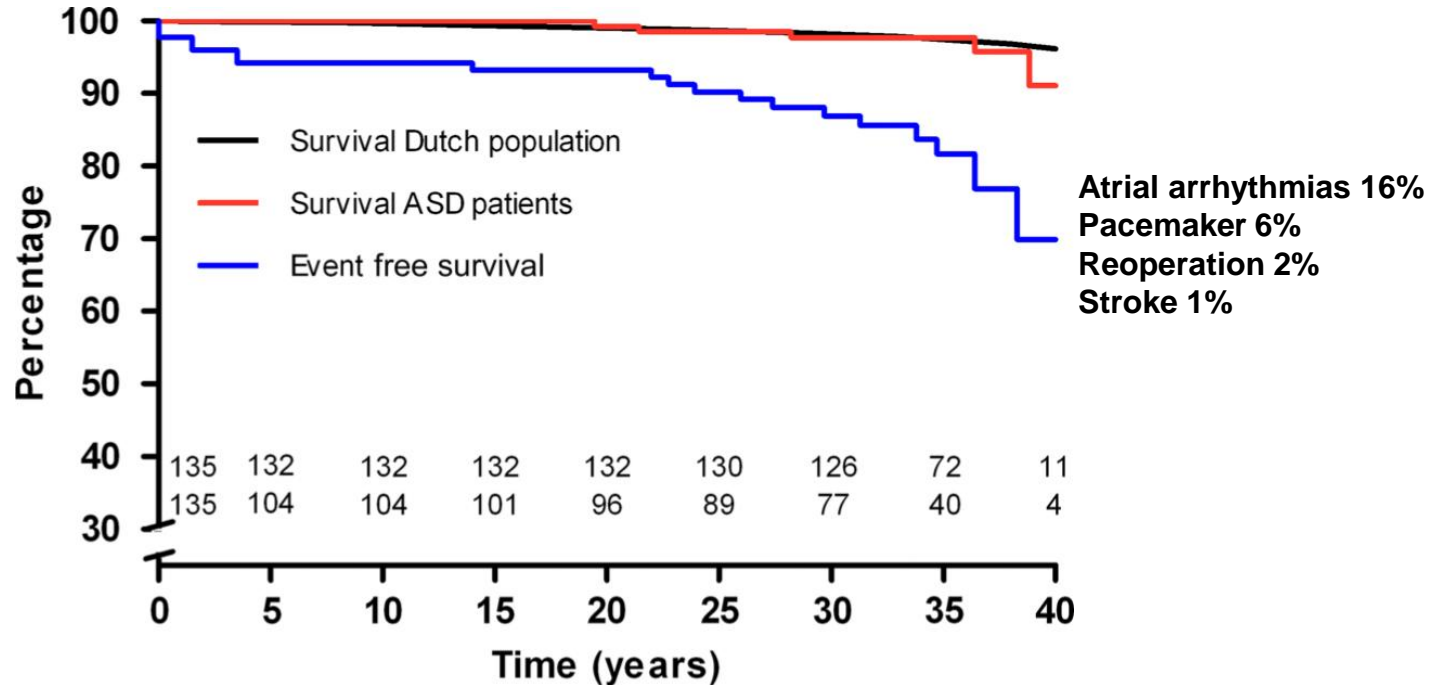
# Atrial Septal Defect

## Congenital Heart Defect of *Simple Complexity*

Warnes CA et al., ACC/AHA 2008 Guideline, Circulation 2008, Stout KK et al., Circulation 2018



# The unnatural history of an atrial septal defect: Longitudinal 35 year follow up after surgical closure at young age



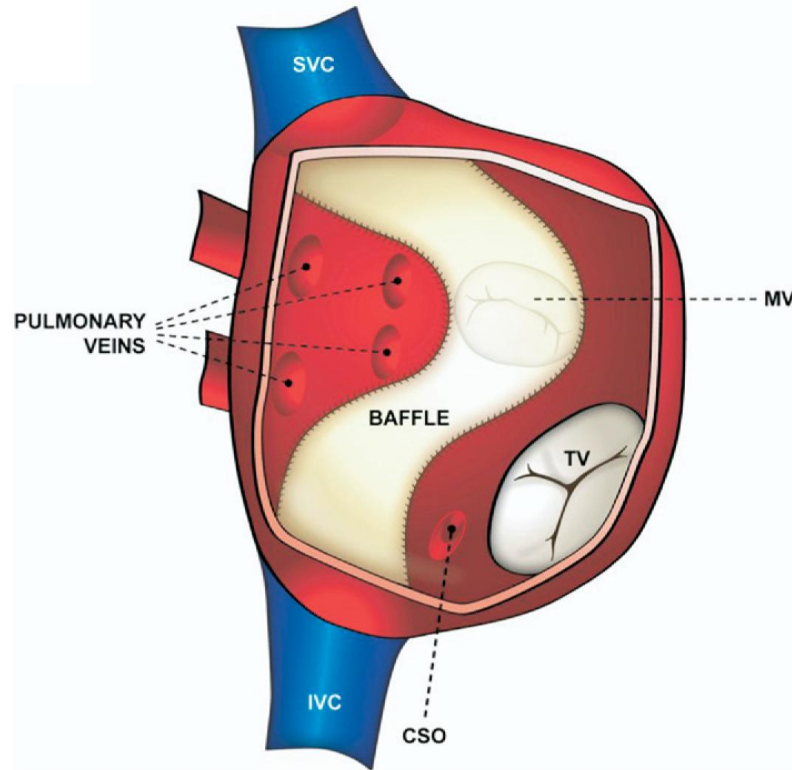
N=135, surgical ASD closure <15 years between 1968-1980 in Rotterdam, mean f/u 35 years  
 Cuypers J et al., Heart 2013



# d-Transposition of the Great Arteries After Atrial Switch Procedure

## Congenital Heart Defect of *Severe Complexity*

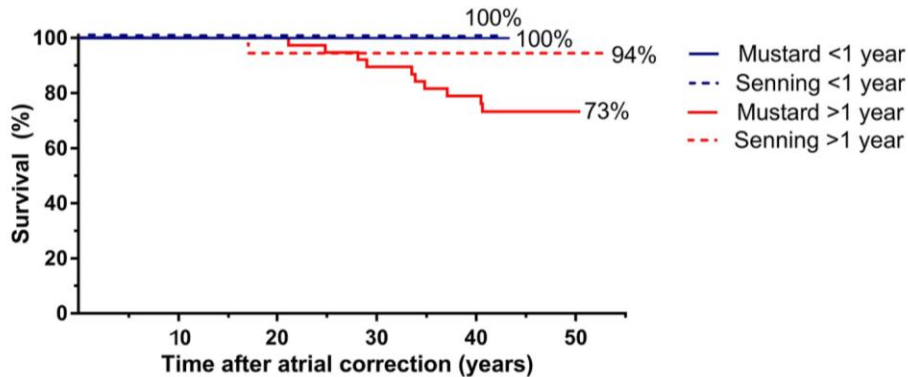
Warnes CA et al., ACC/AHA 2008 Guideline, Circulation 2008, Stout KK et al., Circulation 2018



Khairy P & van Hare G, Heart Rhythm 2009

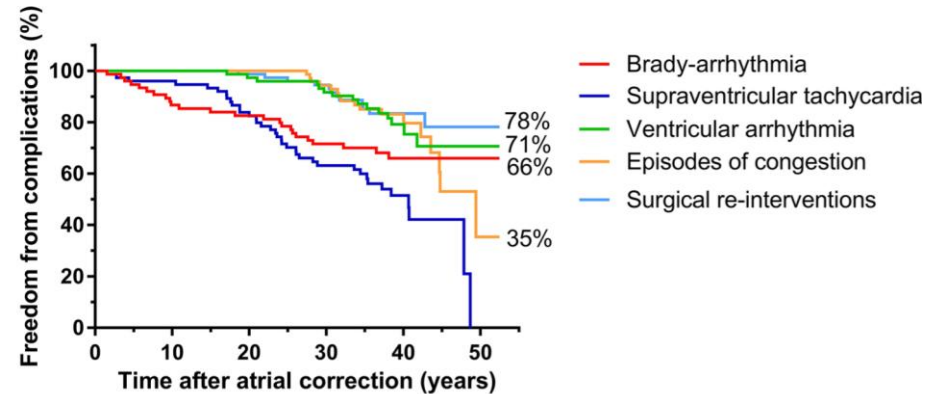
# Long-term outcome after atrial correction for transposition of the great arteries

## Survival curves after atrial switch



Overall survival 82% at 39.7 years after surgery

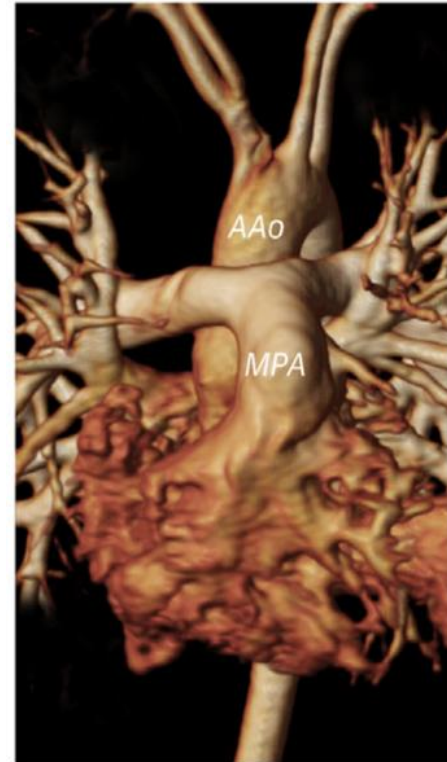
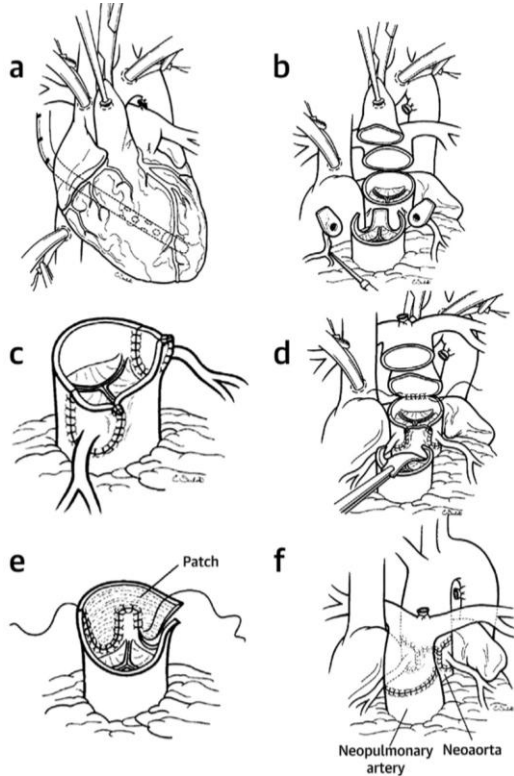
## Survival curves for freedom of adverse events after atrial switch



N=76 from Leiden, Couperus LE, Heart 2018

# d-Transposition of the Great Arteries

## - Arterial Switch Procedure -



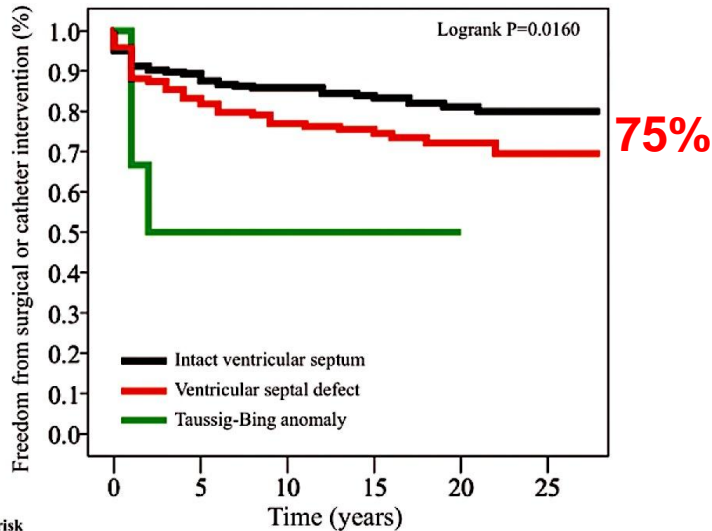
Villafane J et al., J Am Coll Cardiol 2014

# Cardiovascular Outcomes After the Arterial Switch Operation for D-Transposition of the Great Arteries



Paul Khairy, MD, PhD; Mathieu Clair, MD; Susan M. Fernandes, MHP, PA-C;  
 Elizabeth D. Blume, MD; Andrew J. Powell, MD; Jane W. Newburger, MD, MPH;  
 Michael J. Landzberg, MD; John E. Mayer Jr, MD

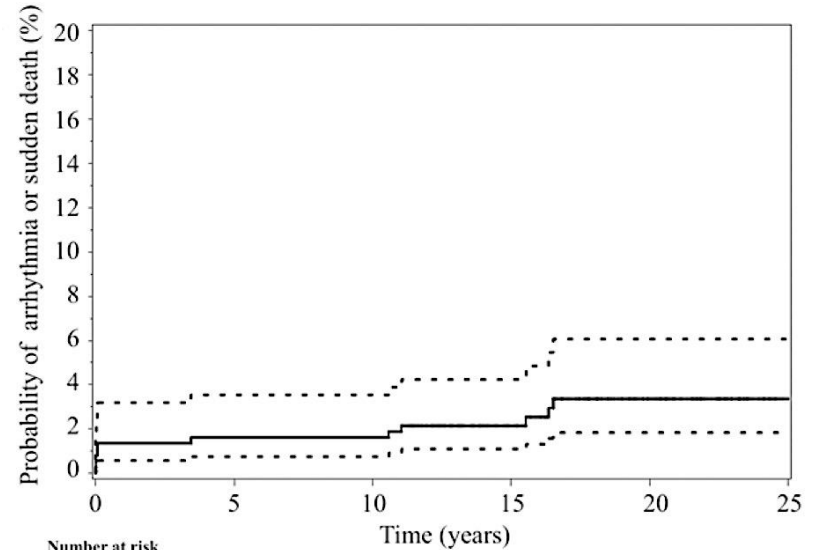
## Freedom from cardiovascular reintervention



Number at risk

	0	5	10	15	20	25
Intact ventricular septum	225	201	193	150	82	20
Ventricular septal defect	143	119	110	78	43	4
Taussig-Bing anomaly	6	3	3	1	1	0

## Late mortality due to sudden death and myocardial infarction



Number at risk

	0	5	10	15	20	25
Intact ventricular septum	374	365	365	267	148	28
Ventricular septal defect						
Taussig-Bing anomaly						

**N=400, ASO between 1983 and 1999 in Boston, median f/u 18.7 years**  
**Overall and arrhythmia-free survival at 25 years 96.6%, Circulation 2012**



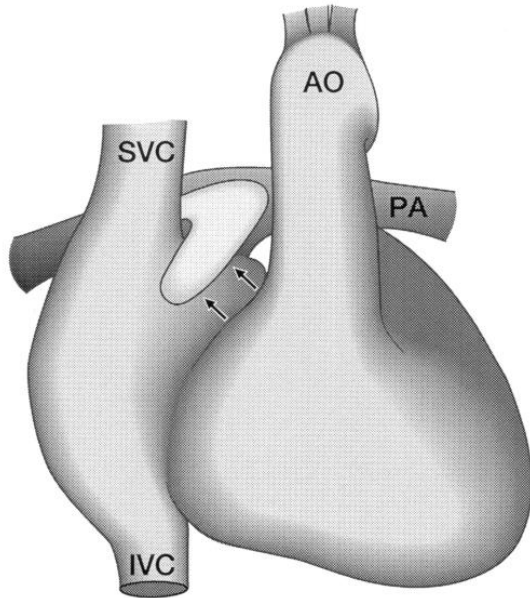
# Fontan Operation – Modifications

Congenital Heart Defects of *Severe Complexity*

Warnes CA et al., ACC/AHA 2008 Guideline, Circulation 2008, Stout KK et al., Circulation 2018

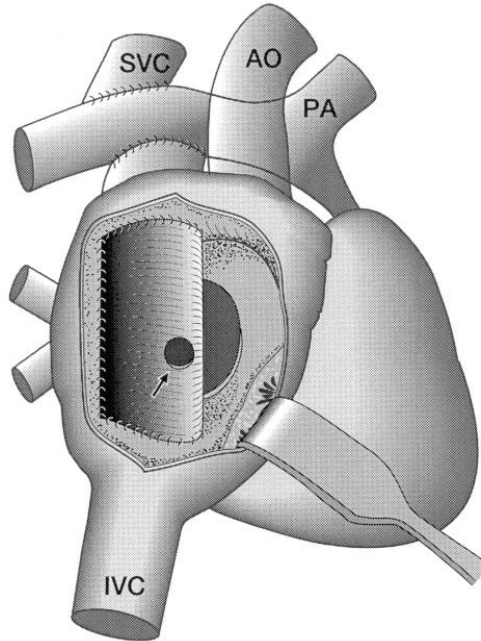


## Atriopulmonary Connection

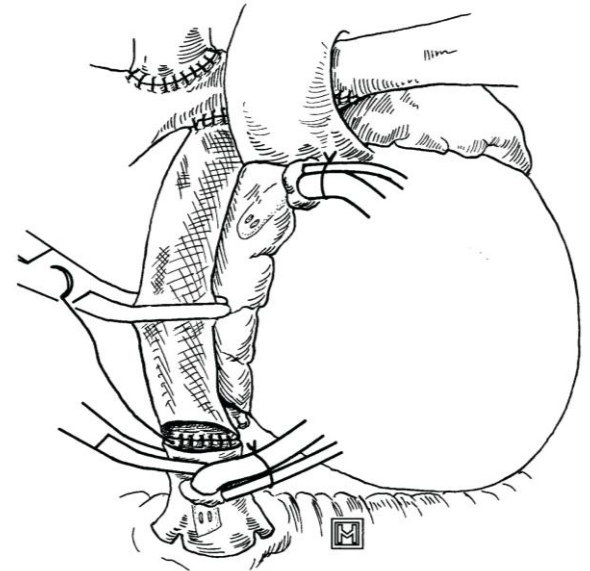


Courtesy R. Kaulitz

## Lateral Tunnel



## Extracardiac Conduit

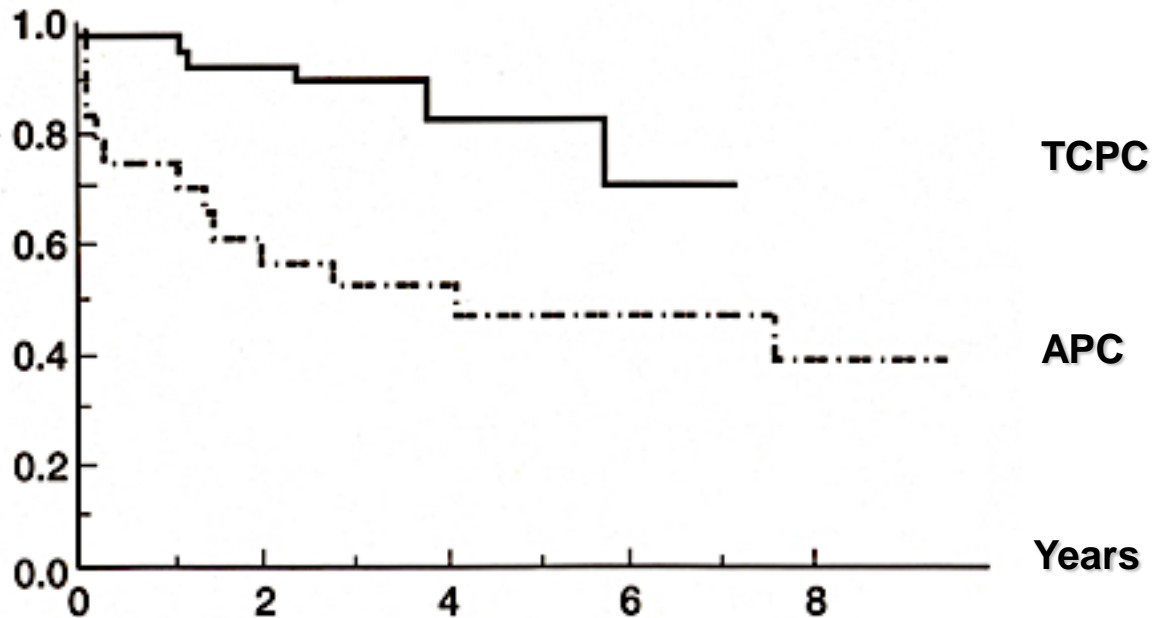


McElhinney DB et al, Ann Thorac Surg 1998

# Early and late atrial dysrhythmias after modified Fontan operation: implications of preoperative hemodynamics and type of operation (atriopulmonary vs. total cavopulmonary connection)

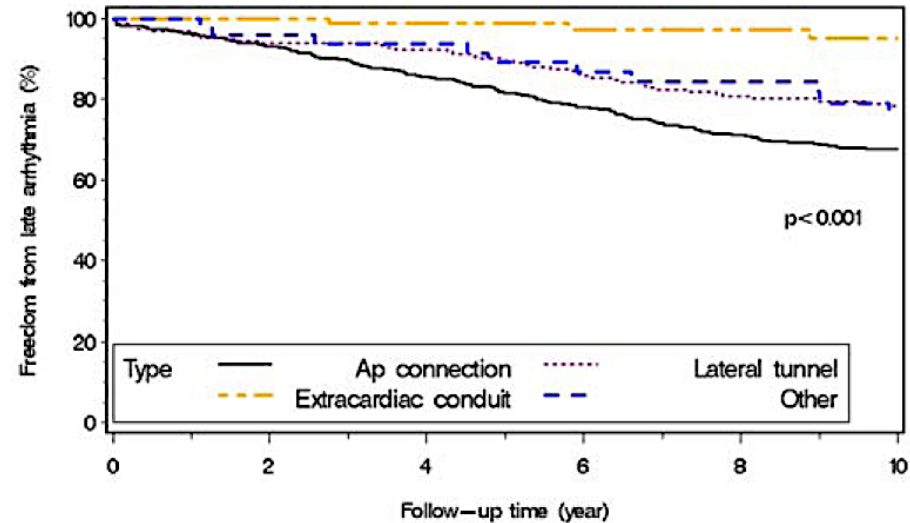
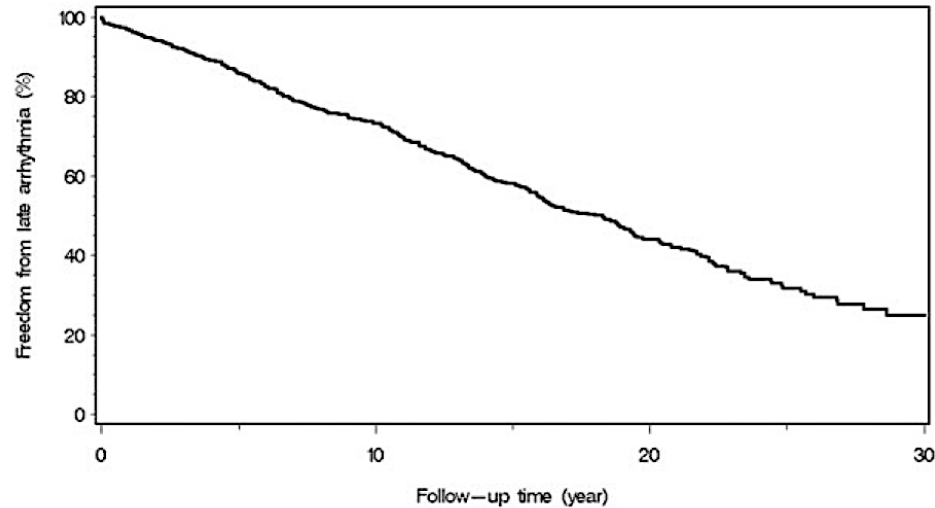
Paul T et al, Z Kardiol 1993

## Freedom from Atrial Arrhythmias (n=95)



# Sudden cardiac death and late arrhythmias after the Fontan operation

Pundi KN et al., Congenit Heart Dis 2017



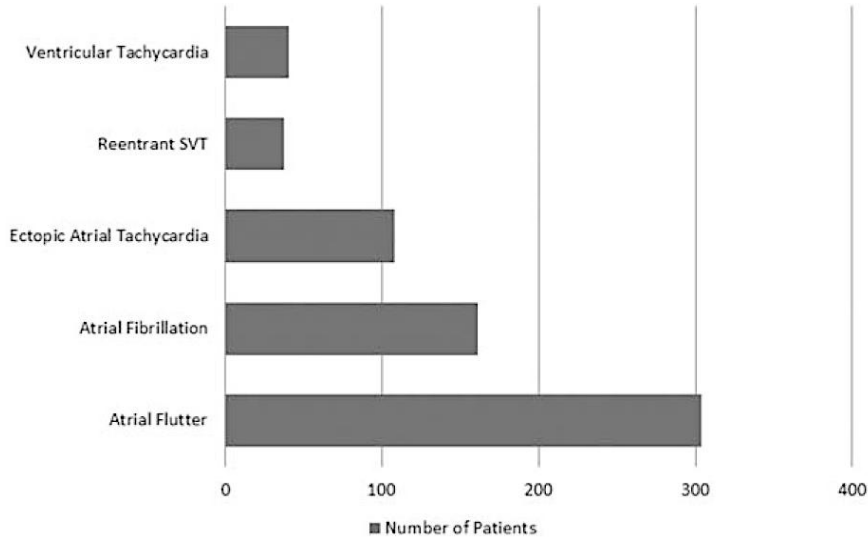
**Mayo Clinic, n=864, Fontan operation 1973-2012, mean age  $9.4 \pm 7.5$  years, mean f/u  $15.3 \pm 9.3$  years  
10-, 20-, and 30-year freedom from arrhythmias 71%, 42%, and 24%**

# Sudden cardiac death and late arrhythmias after the Fontan operation

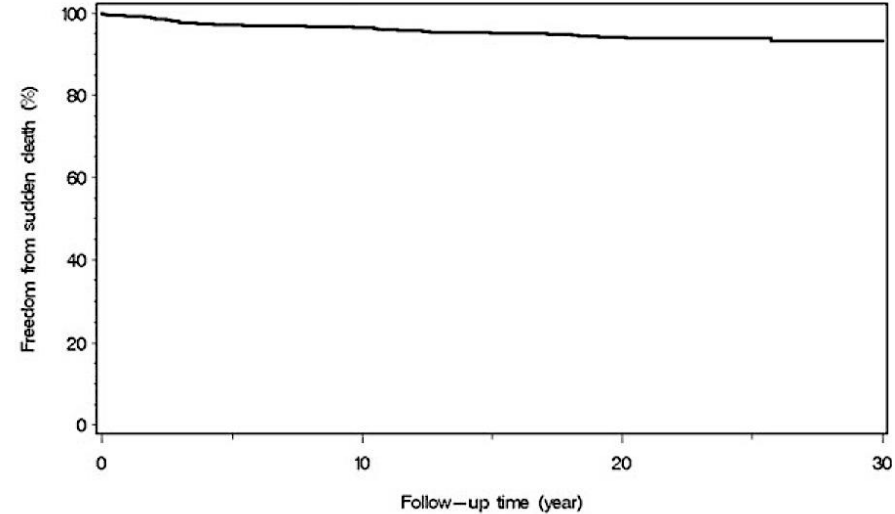
Pundi KN et al., Congenit Heart Dis 2017



## Incidence of late arrhythmias



## Freedom from sudden death



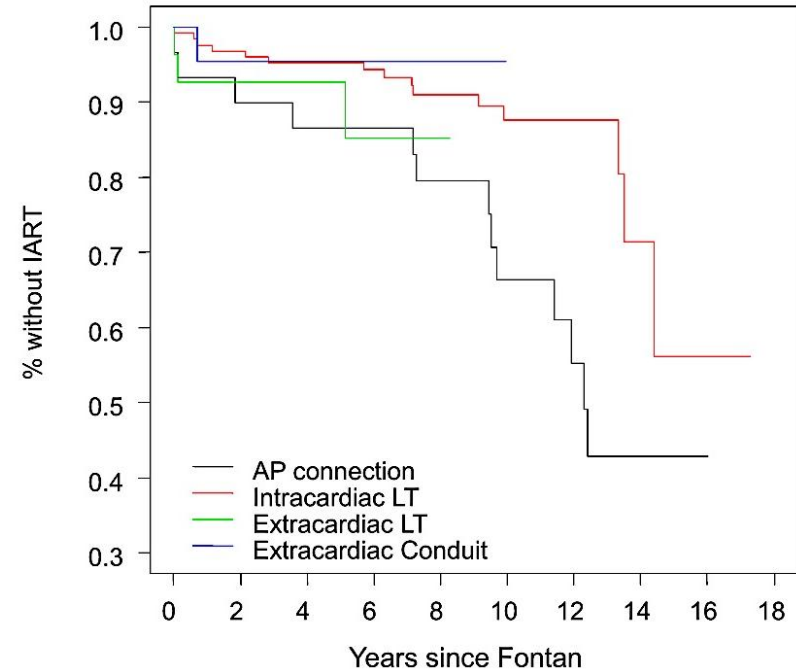
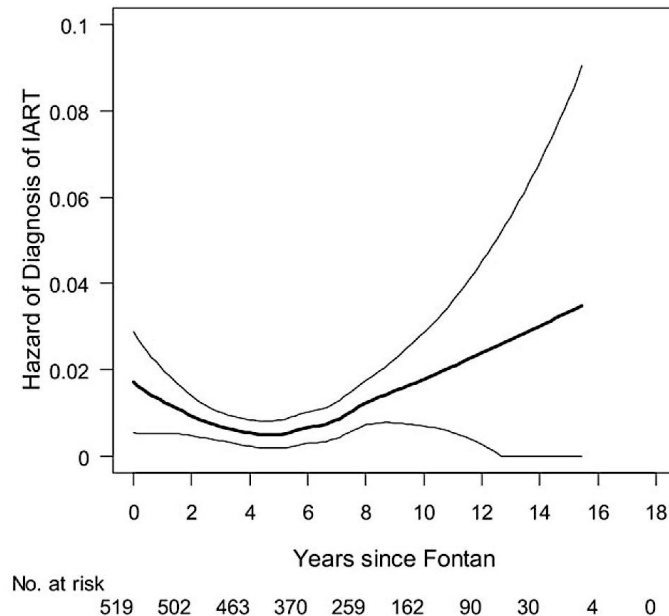
**N=864, sudden cardiac death in 5%**

**Incidence of SCD at 10, 20 and 30 years after Fontan operation 4.6%, 6.2% and 7.1%**



## Arrhythmias in a Contemporary Fontan Cohort

Prevalence and Clinical Associations  
in a Multicenter Cross-Sectional Study

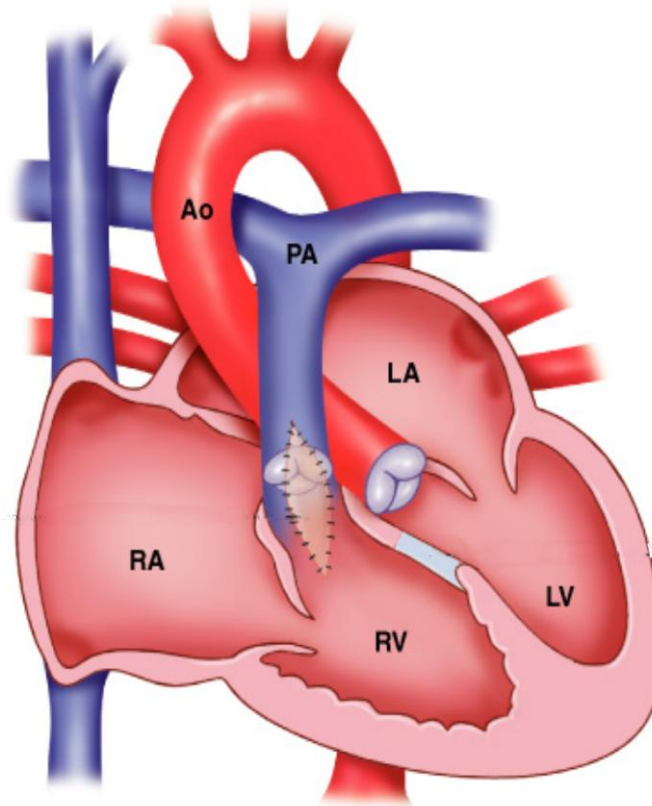


**N=519 from 7 centers, mean age at Fontan operation 3.4 years**  
**Mean follow-up 8.6 years, IART in 7%**

# Tetralogy of Fallot

## Congenital Heart Defect of *Moderate Complexity*

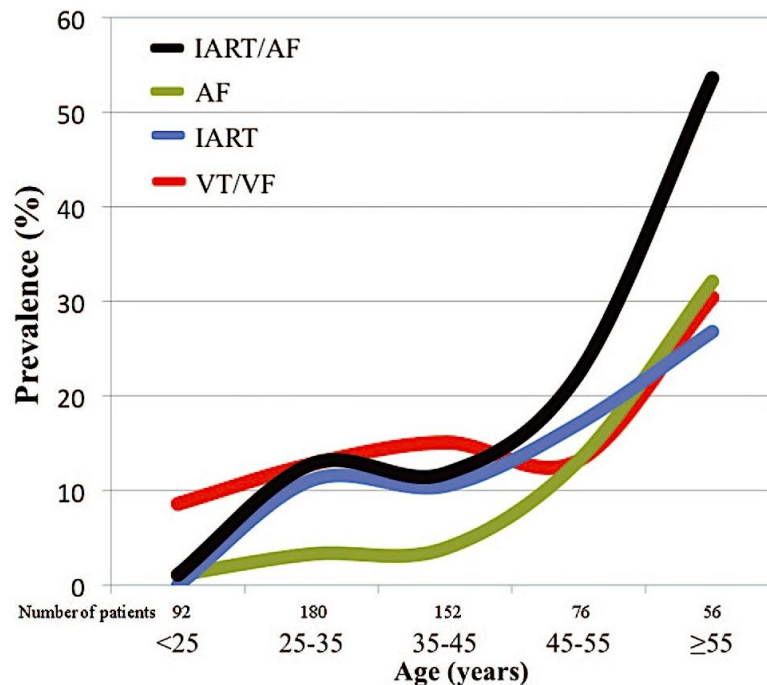
Warnes CA et al., ACC/AHA 2008 Guideline, Circulation 2008, Stout KK et al., Circulation 2018



# Arrhythmia Burden in Adults With Surgically Repaired Tetralogy of Fallot: A Multi-Institutional Study



Khairy P et al., Circulation 2010



**N=556, 11 centers, mean age  $36.8 \pm 12$  years, sustained arrhythmia or arrhythmia intervention in 43.3%, sustained VT/VF in 14.6%**

# Hazard Ratio for Outcomes in ACHD with vs. without AA

**ANY ADVERSE EVENT**  
2.50 (2.38, 2.62)

**MORTALITY**  
1.47 (1.37, 1.58)

**MORBIDITY**  
2.21 (2.07, 2.36)

**Stroke**  
1.55 (1.42, 1.68)

**Heart failure**  
2.64 (2.44, 2.85)

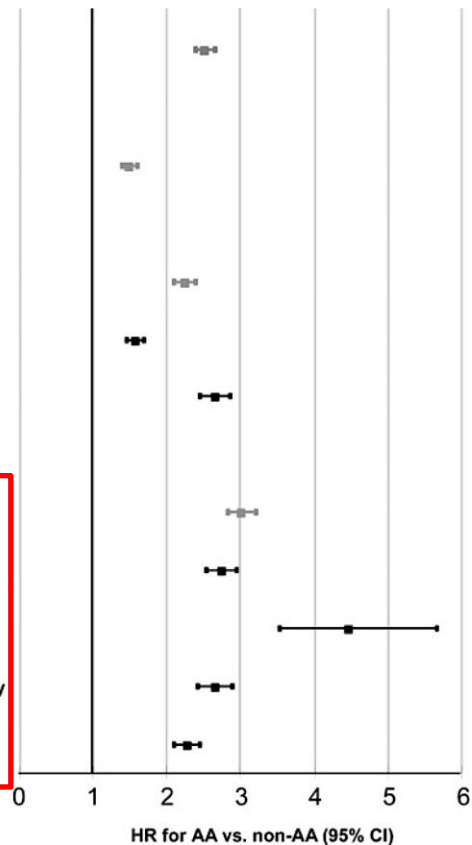
**INTERVENTIONS**  
3.00 (2.81, 3.20)

**Congenital cardiac surgery**  
2.72 (2.52, 2.93)

**Arrhythmia surgery**  
4.46 (3.51, 5.64)

**Non-congenital cardiac surgery**  
2.62 (2.40, 2.88)

**Cardiac catheterization**  
2.25 (2.07, 2.44)

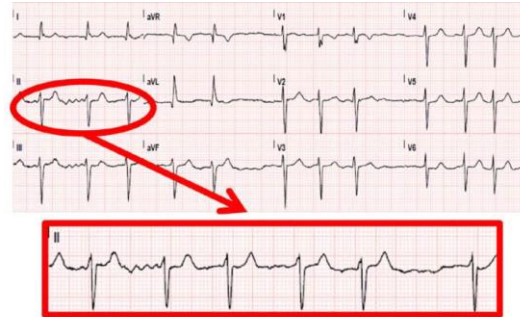
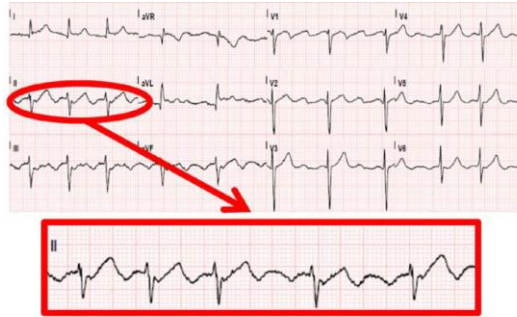


Bourchardy J et al., Circulation 2009

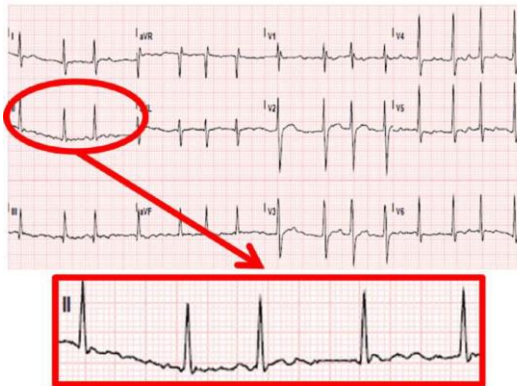


# Time Course of Atrial Fibrillation in Patients With Congenital Heart Defects

Teuwen CP et al., Circulation 2015



ASD Patient

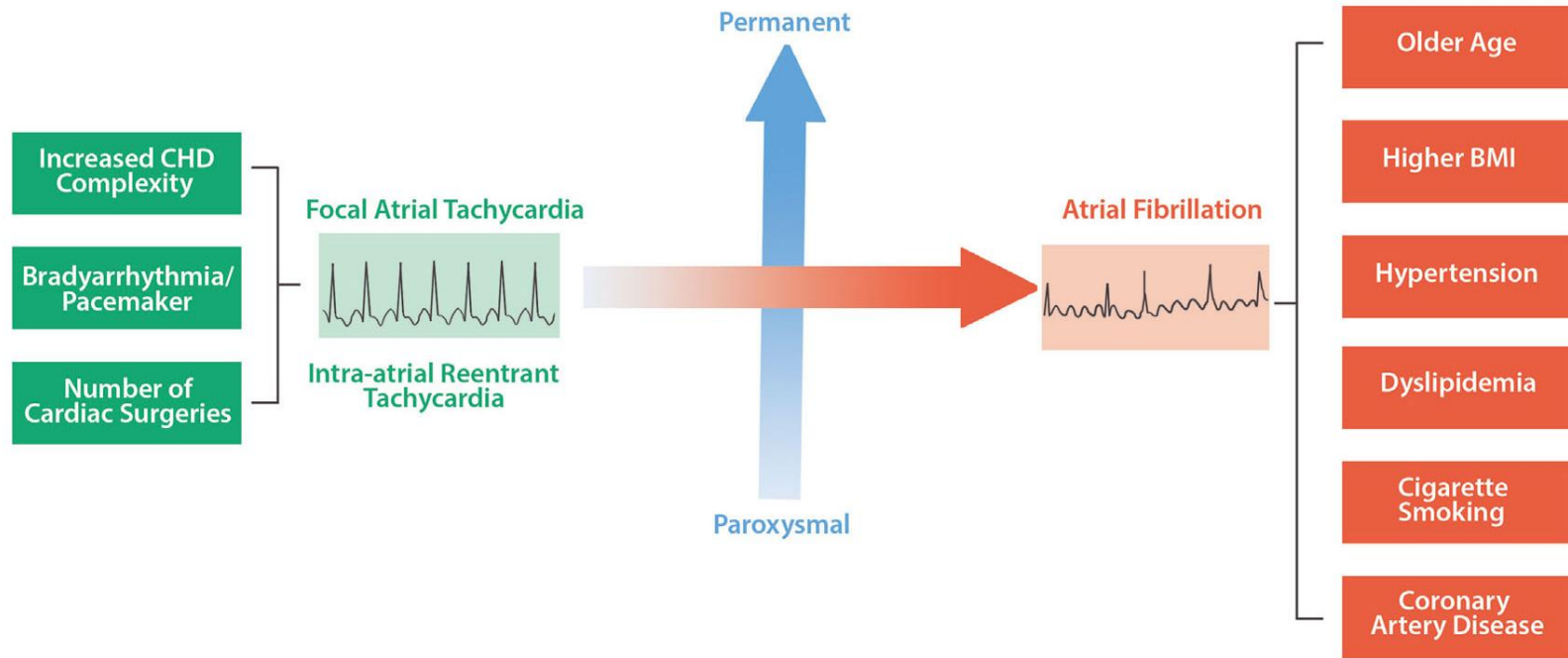


PS Patient

Multicenter study, n=199 ACHD patients, mean age @AF 49 $\pm$ 17 years, mean follow-up 5 years

# Increasing Prevalence of Atrial Fibrillation and Permanent Atrial Arrhythmias in Congenital Heart Disease

Labombarda F et al., J Am Coll Cardiol 2017



12 US centers, n=482 with ACHD and atrial arrhythmias, mean age 32±18 years

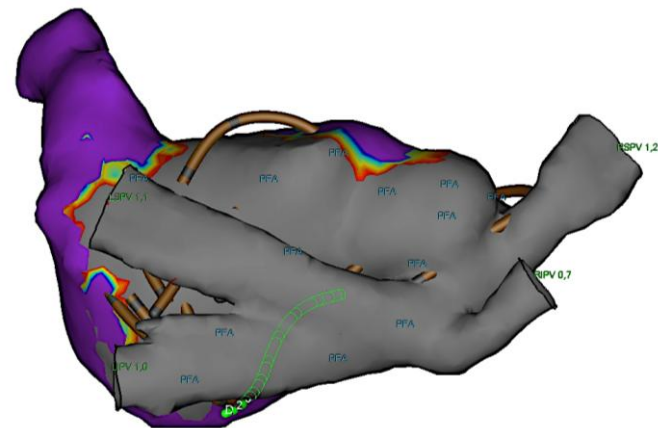
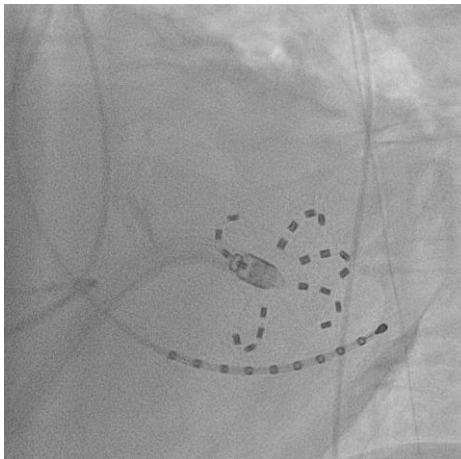
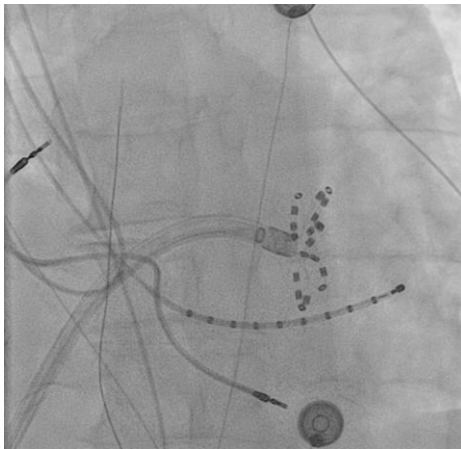
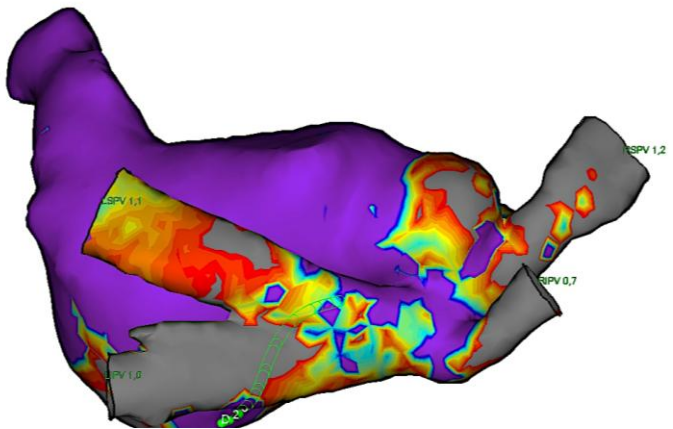
**Krause U et al., J Interv Card Electrophysiol 2022**

**Cryoballoon + RF ablation of ART**

**Cryoballoon only**

**n=19 ACHD patients with AF/ART, mean age 58 years, RF ablation of ART in 9/19  
Mean follow-up 26 months**

# Pulsed Field Ablation - Electroporation







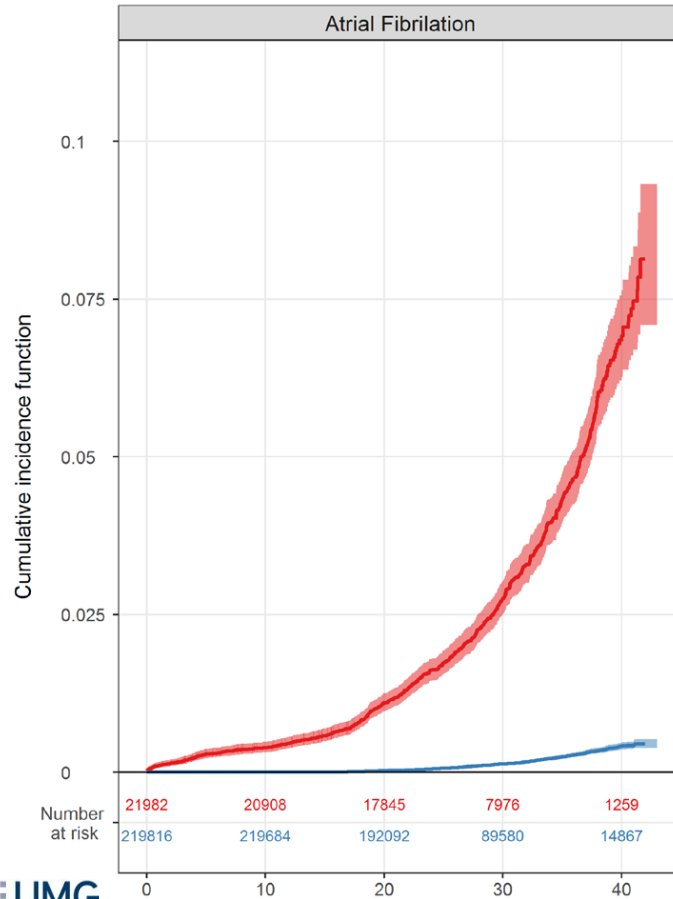




# Atrial Fibrillation in ACHD Patients <40 Years



Mandalenakis et al., Circulation 2018



**ACHD**

**ACHD: n = 21,982**

**Controls: n = 219,816**

**Follow-up:  $27 \pm 8.9$  years**

**Controls**

**Age**