

Tajemství diagnózy HFpEF

Aleš Linhart

II. interní klinika

kardiologie a angiologie

**Komplexní kardiovaskulární
centrum**

VFN a 1. LF UK

Praha



CO JE VLASTNĚ HF-PEF?

Heart failure signs and symptoms

Shortness of breath

Orthopnea
Paroxysmal nocturnal dyspnea

Fatigue

Depression
Confusion

Bendopnea

Palpitations

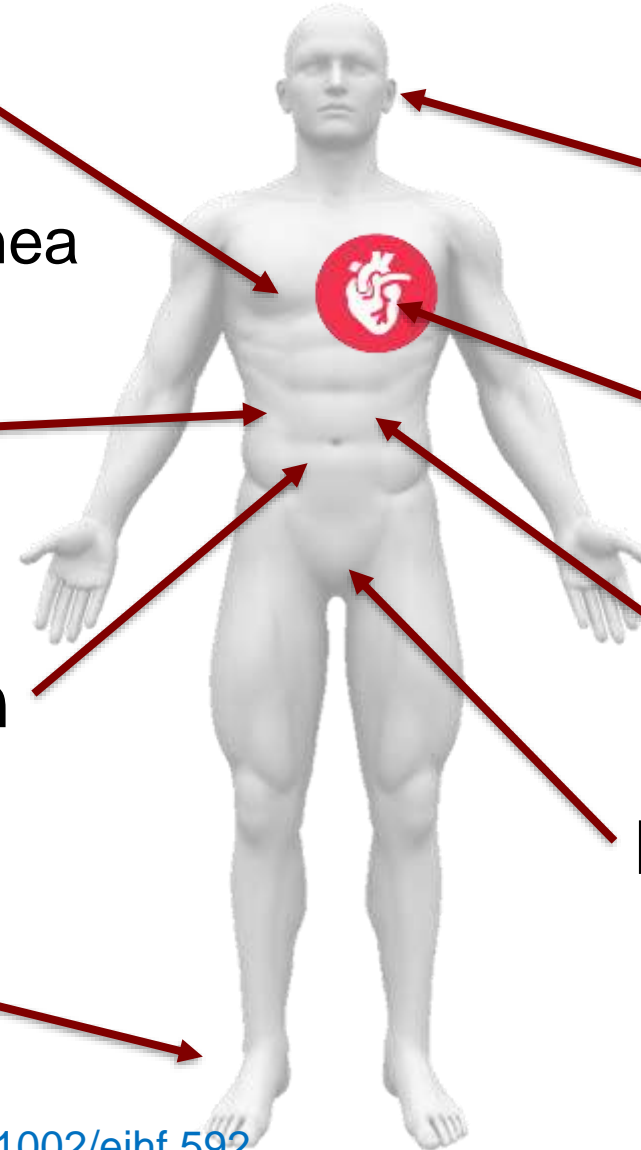
Syncope

Abdominal distension

Lack of appetite

Nycturia

Leg oedema



Left heart failure

All types = symptoms ± clinical signs of heart failure

HFmrEF

(heart failure with mid-range EF)



HF – REF

(heart failure with reduced EF)

EF <40%

HF-PEF

(heart failure with preserved EF)

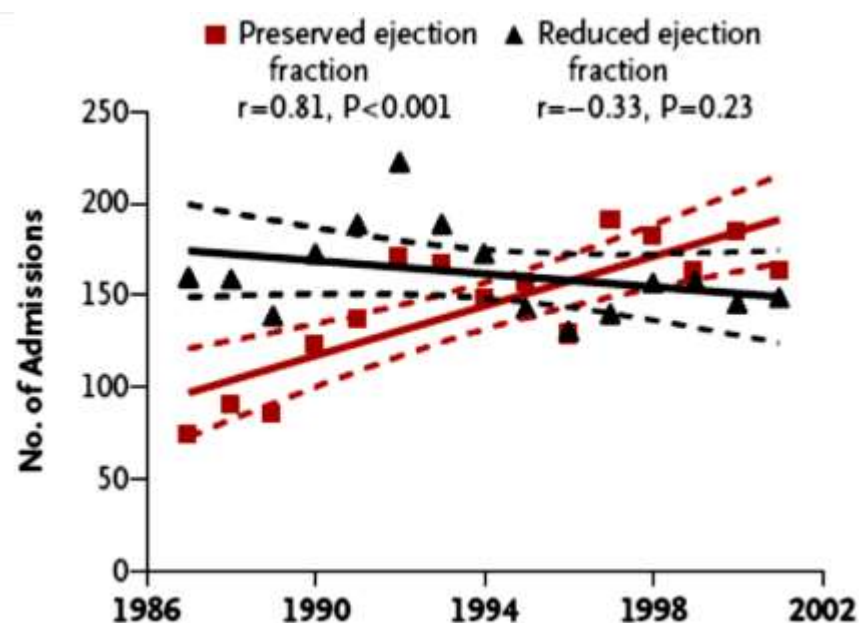
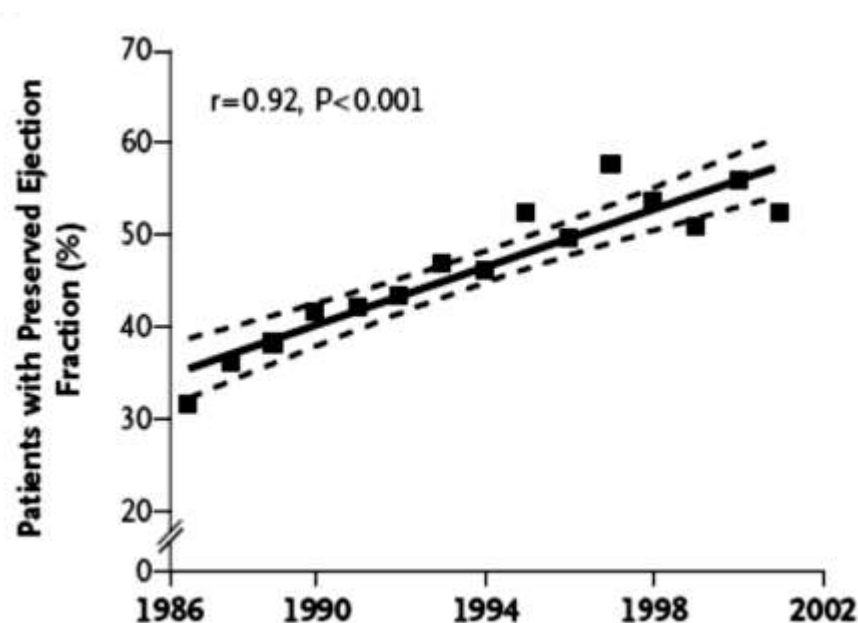
EF ≥ 50%

Elevation of BNP/NT-proBNP

Structural LV involvement

Signs of diastolic dysfunction

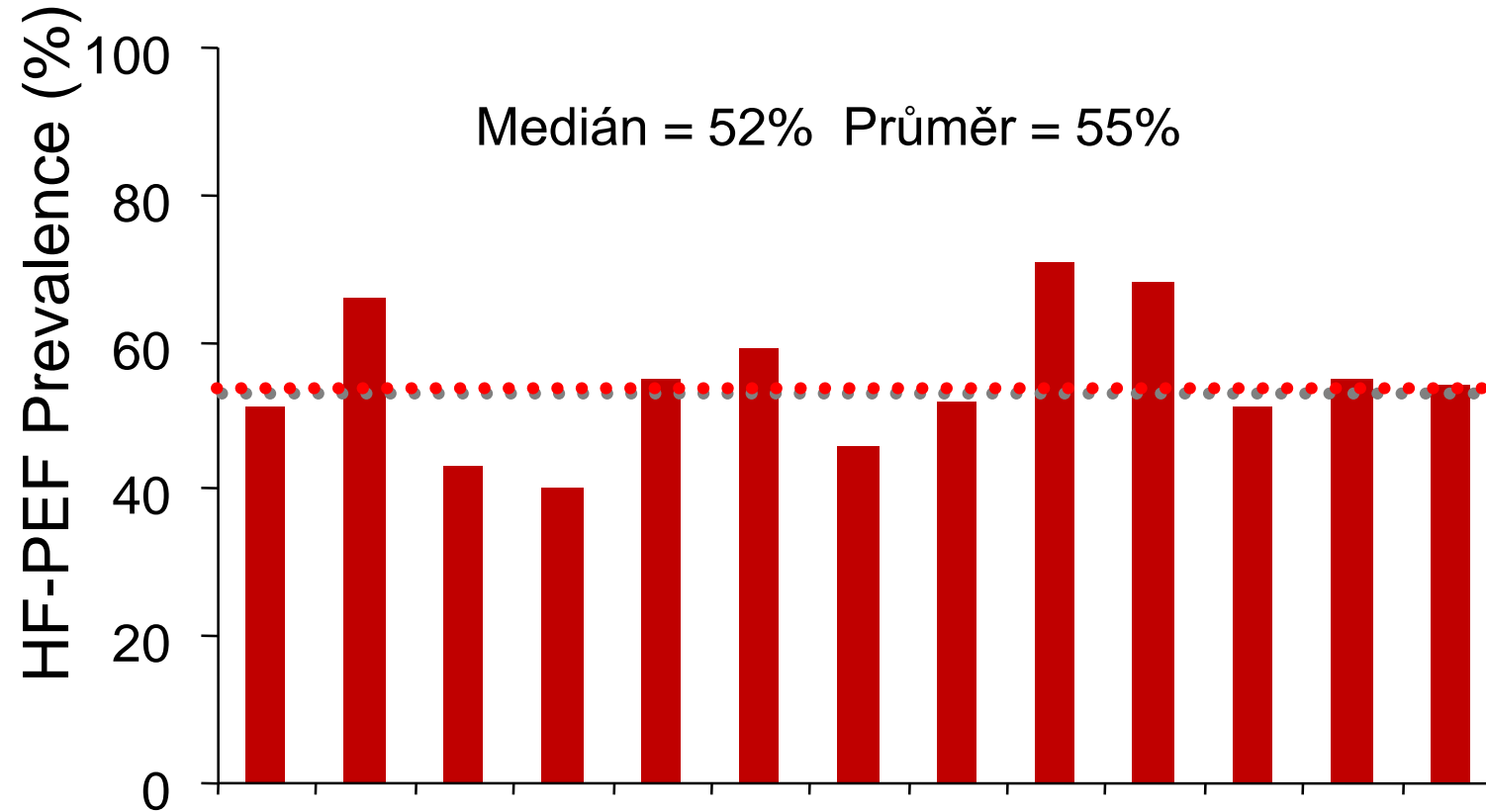
Zvyšující se incidence srdečního selhání se zachovalou EF (diastolického)



- $n=4596$ hospitalizovaní pro srdeční selhání v jediné nemocnici v průběhu 15 let → zvyšující se proporce nemocných se selháním a normální EF

Prevalence HF-PEF

13 komunitních studií
1997- 2006





2016 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure

The Task Force for the diagnosis and treatment of acute and chronic heart failure of the European Society of Cardiology (ESC)

Developed with the special contribution of the Heart Failure Association (HFA) of the ESC

Authors/Task Force Members: Piotr Ponikowski* (Chairperson) (Poland), Adriaan A. Voors* (Co-Chairperson) (The Netherlands), Stefan D. Anker (Germany), Héctor Bueno (Spain), John G. F. Cleland (UK), Andrew J. S. Coats (UK), Volkmar Falk (Germany), José Ramón González-Juanatey (Spain), Veli-Pekka Harjola (Finland), Ewa A. Jankowska (Poland), Mariell Jessup (USA), Cecilia Linde (Sweden), Petros Nihoyannopoulos (UK), John T. Parissis (Greece), Burkert Pieske (Germany), Jillian P. Riley (UK), Giuseppe M. C. Rosano (UK/Italy), Luis M. Ruilope (Spain), Frank Ruschitzka (Switzerland), Frans H. Rutten (The Netherlands), Peter van der Meer (The Netherlands)

Threshold levels of BNP and NTproBNP

Valid for HF-rEF and HF-pEF

New-onset acute HF

NT-proBNP < 300 pg/ml
BNP < 100 pg/ml

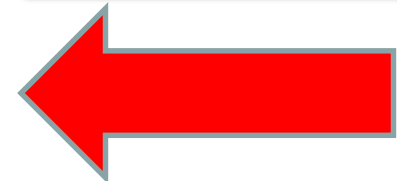
Probability
< 2%

New-onset non-acute

NT-proBNP < 125 pg/ml
BNP < 35 pg/ml

Probability
<10%

Thresholds are set at their best negative predictive values



But used as a positive diagnostic criterion

Predictive values of NT-pro BNP at specific cut-offs (Extract from NACB guidelines)

Cut-off hodnota pro akutní SS

Cut-off, pg/mL	300	450	600	900	1000
Positive predictive value	62 %	68 %	73 %	86 %	78 %
Negative predictive value	99 %	99 %	97 %	94 %	91 %

Age dependence of NT-pro BNP in acute heart failure

Age	Cut-off	Sensitivity, %
< 50 years	< 450 pg/mL	97
50-75 years	< 900 pg/mL	90
> 75 years	< 1800 pg/mL	85

Januzzi JL, Richards AM, eds. An International Consensus Statement Regarding Amino Terminal Pro-B-Type Natriuretic Peptide Testing: The International NT-proBNP Consensus Panel. Am J Cardiol. 2008; 101(3A).

HF-pEF + HF-mrEF Guidelines 2016

BNP >35 pg/mL and/or NT-proBNP >125 pg/mL

- **Structural abnormalities**

- Left atrial volume index (LAVi) >34 mL/m²
- LV mass index (LVMI)
 - ≥115 g/m² in men
 - ≥95 g/m² in women

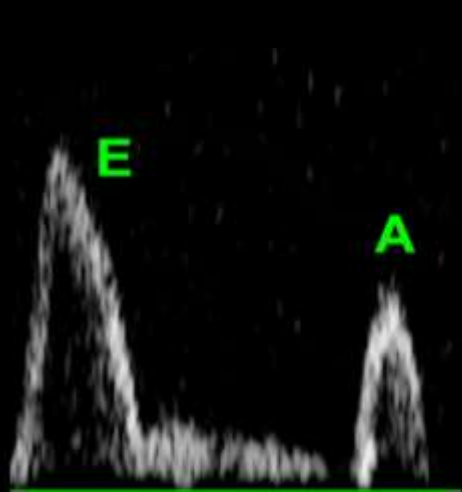
- **Functional abnormalities**

- E/e' ≥13
- Septal and lateral e' <9 cm/s

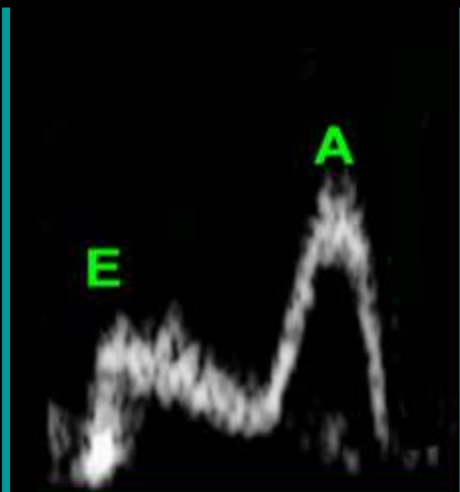
ASE/EACVI GUIDELINES AND STANDARDS

Recommendations for the Evaluation of Left Ventricular Diastolic Function by Echocardiography: An Update from the American Society of Echocardiography and the European Association of Cardiovascular Imaging

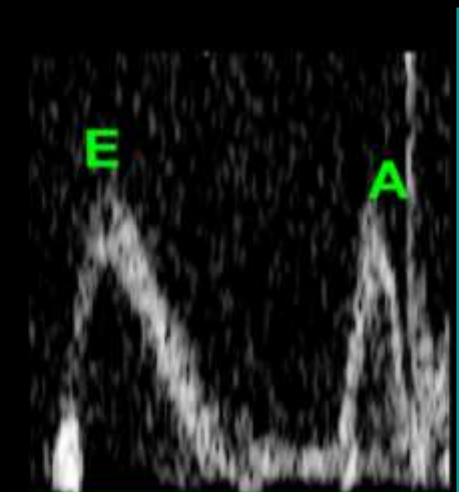
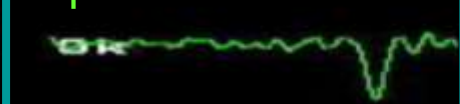
Sherif F. Nagueh, Chair, MD, FASE,¹ Otto A. Smiseth, Co-Chair, MD, PhD,² Christopher P. Appleton, MD,¹ Benjamin F. Byrd, III, MD, FASE,¹ Hisham Dokainish, MD, FASE,¹ Thor Edvardsen, MD, PhD,² Frank A. Flachskampf, MD, PhD, FESC,² Thierry C. Gillebert, MD, PhD, FESC,² Allan L. Klein, MD, FASE,¹ Patrizio Lancellotti, MD, PhD, FESC,² Paolo Marino, MD, FESC,² Jae K. Oh, MD,¹ Bogdan Alexandru Popescu, MD, PhD, FESC, FASE,² and Alan D. Waggoner, MHS, RDCS¹, *Houston, Texas; Oslo, Norway; Phoenix, Arizona; Nashville, Tennessee; Hamilton, Ontario, Canada; Uppsala, Sweden; Ghent and Liège, Belgium; Cleveland, Ohio; Novara, Italy; Rochester, Minnesota; Bucharest, Romania; and St. Louis, Missouri*



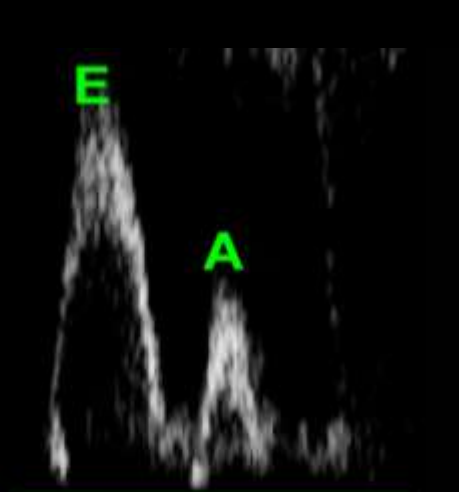
Normal



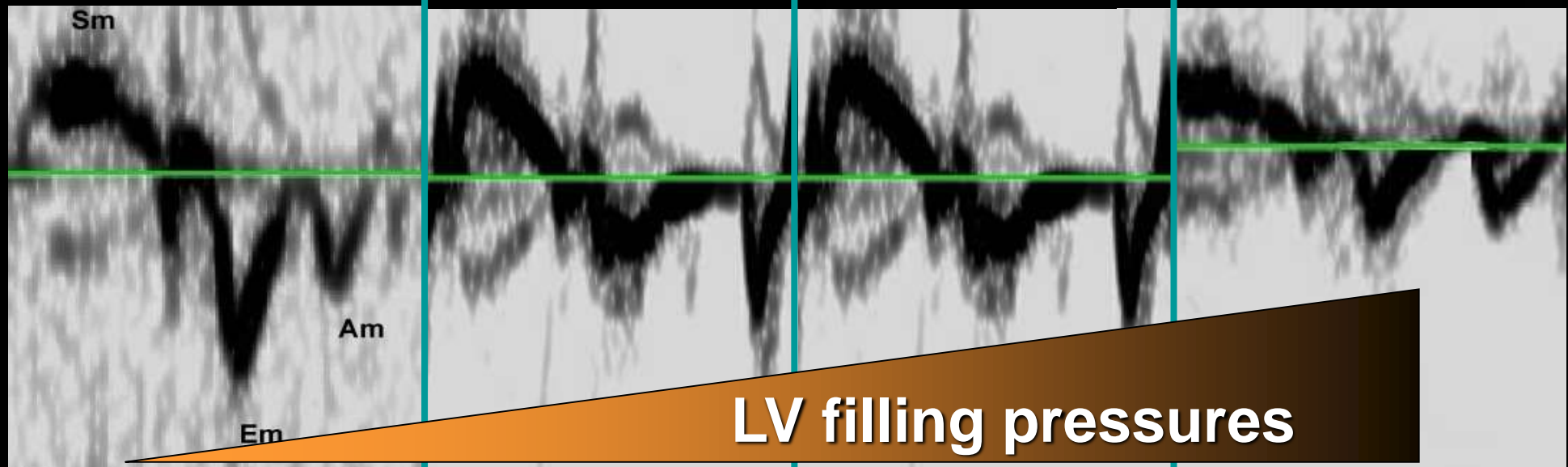
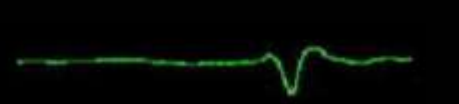
Impaired relaxation



Pseudonormal



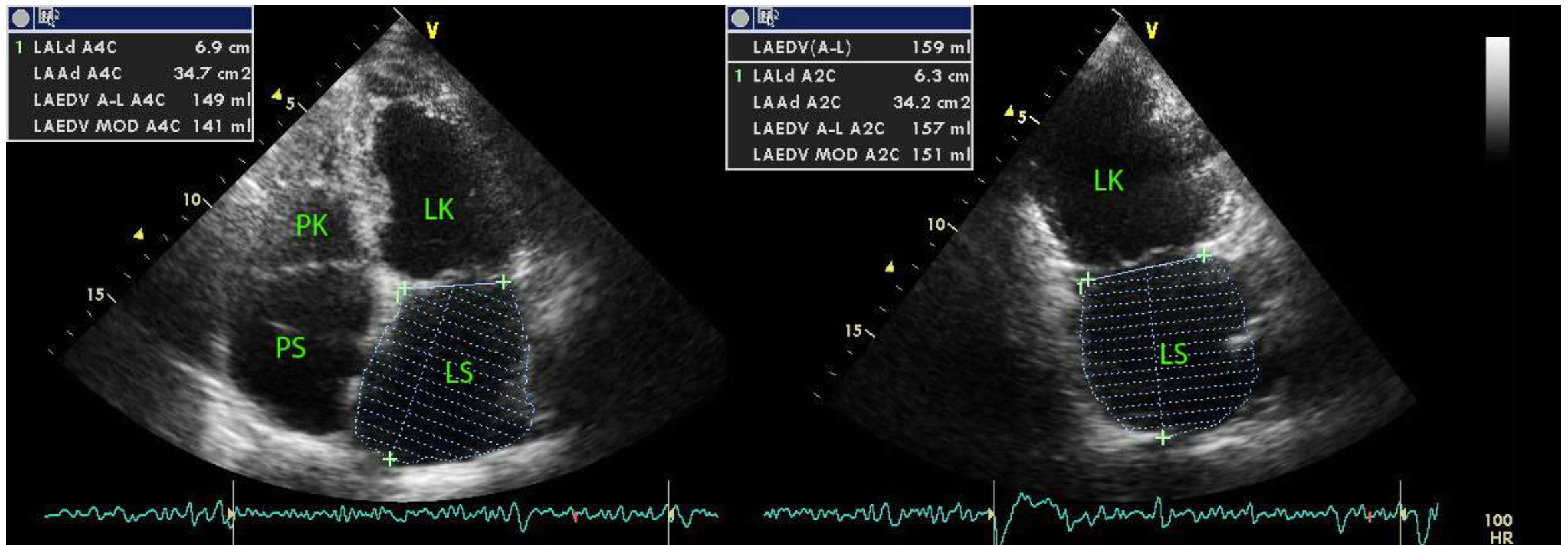
Restriction



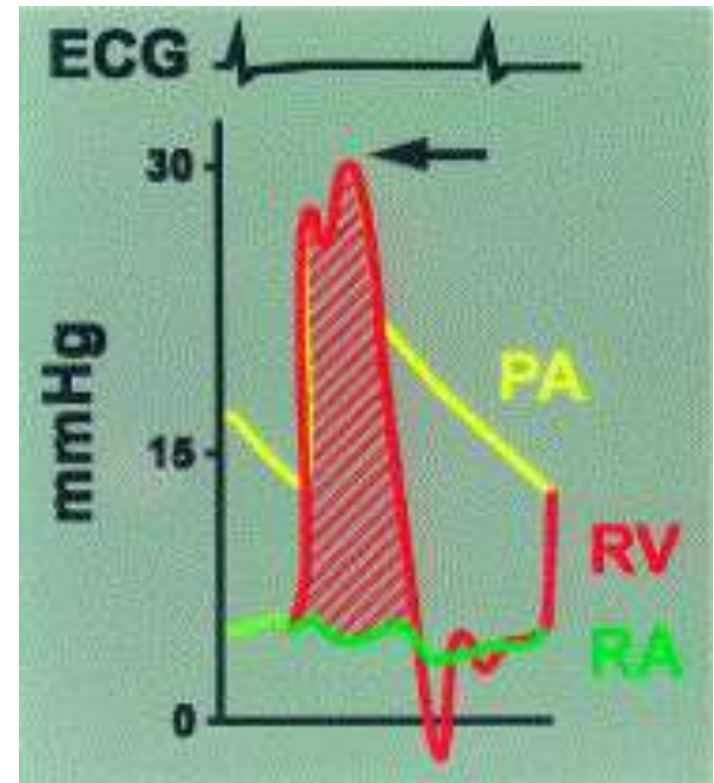
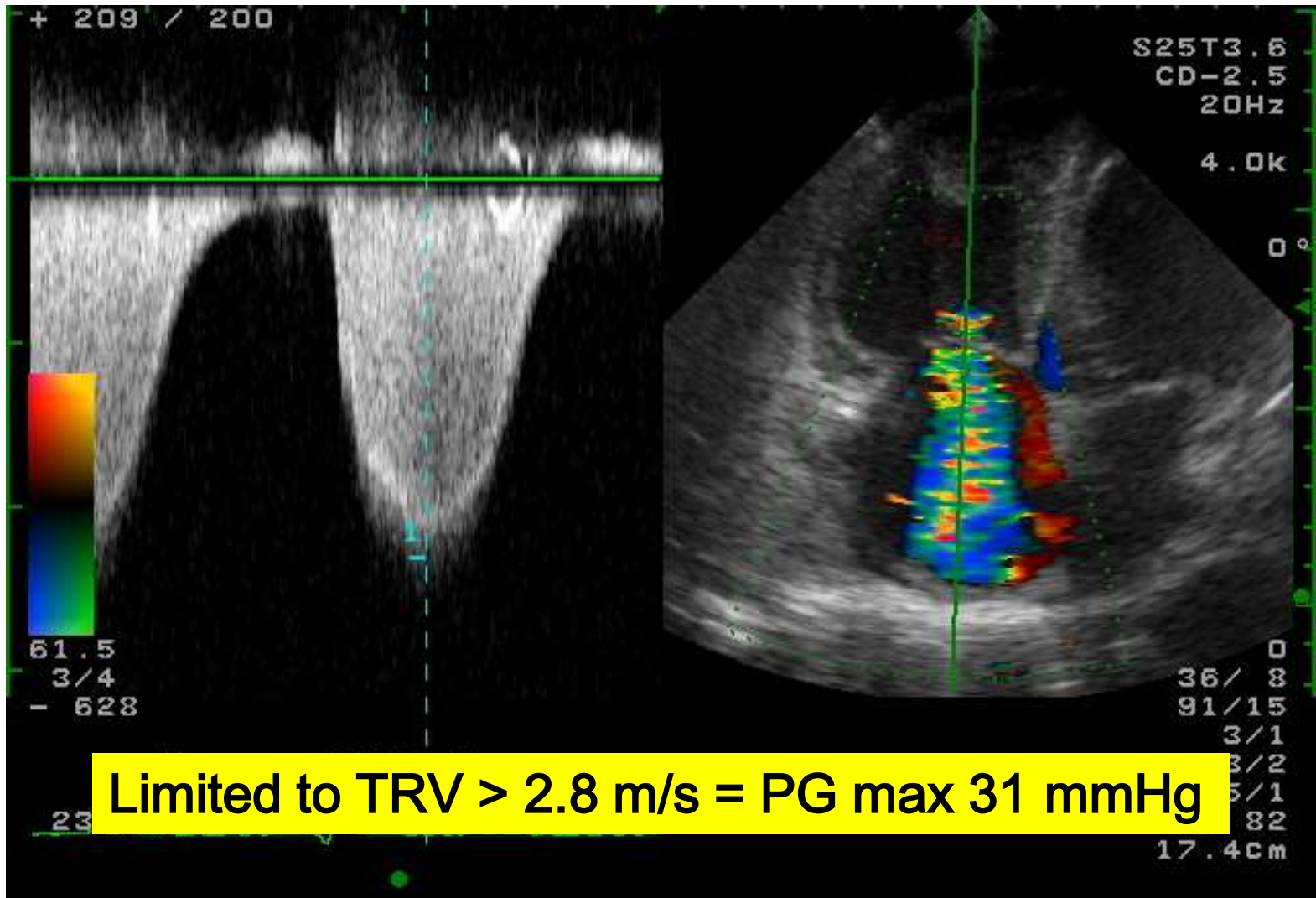
LV filling pressures

Left atrial volume index (LAVi)

- 2 perpendicular planes
- Area length metoda

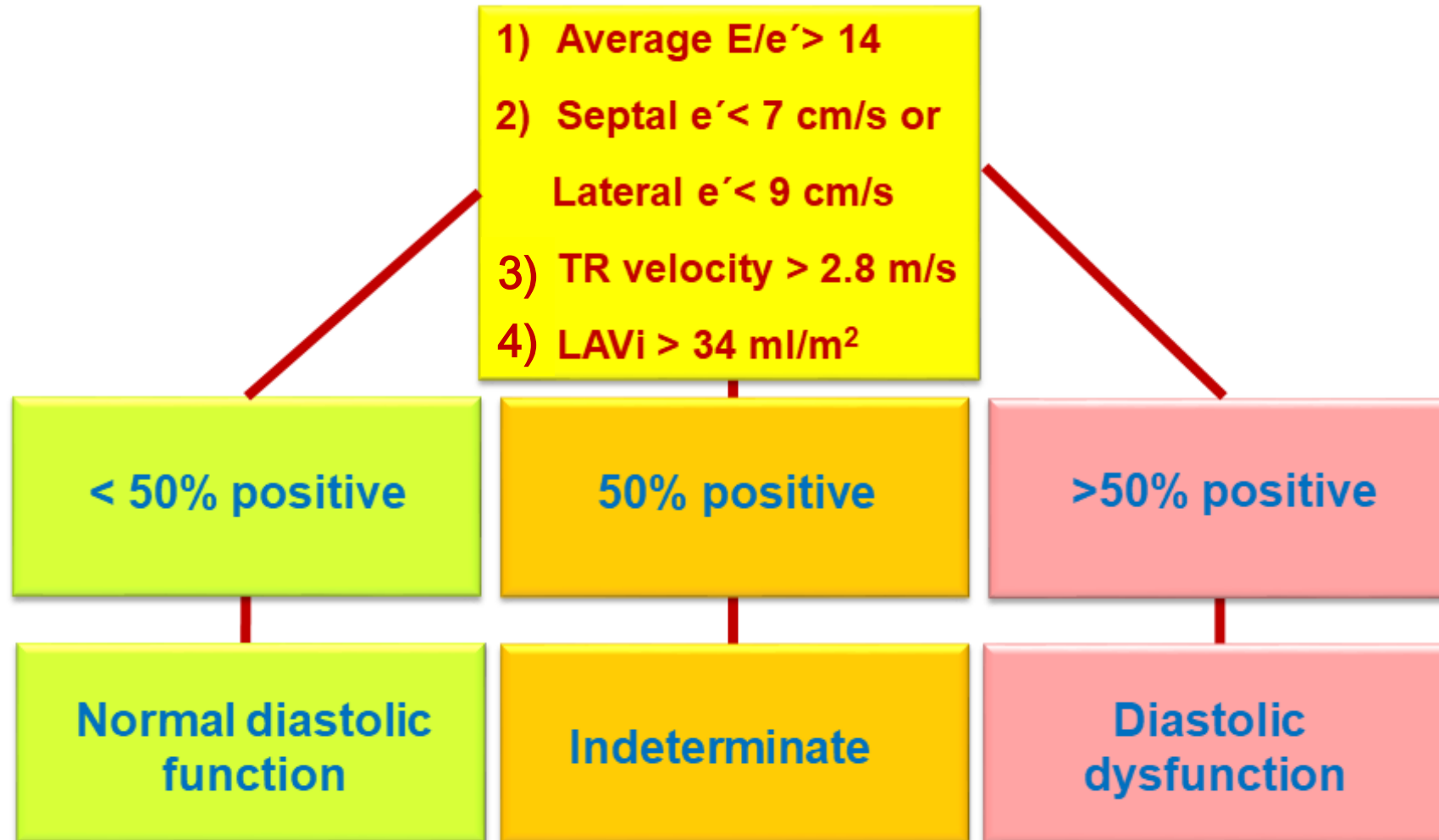


Pulmonary pressure estimates



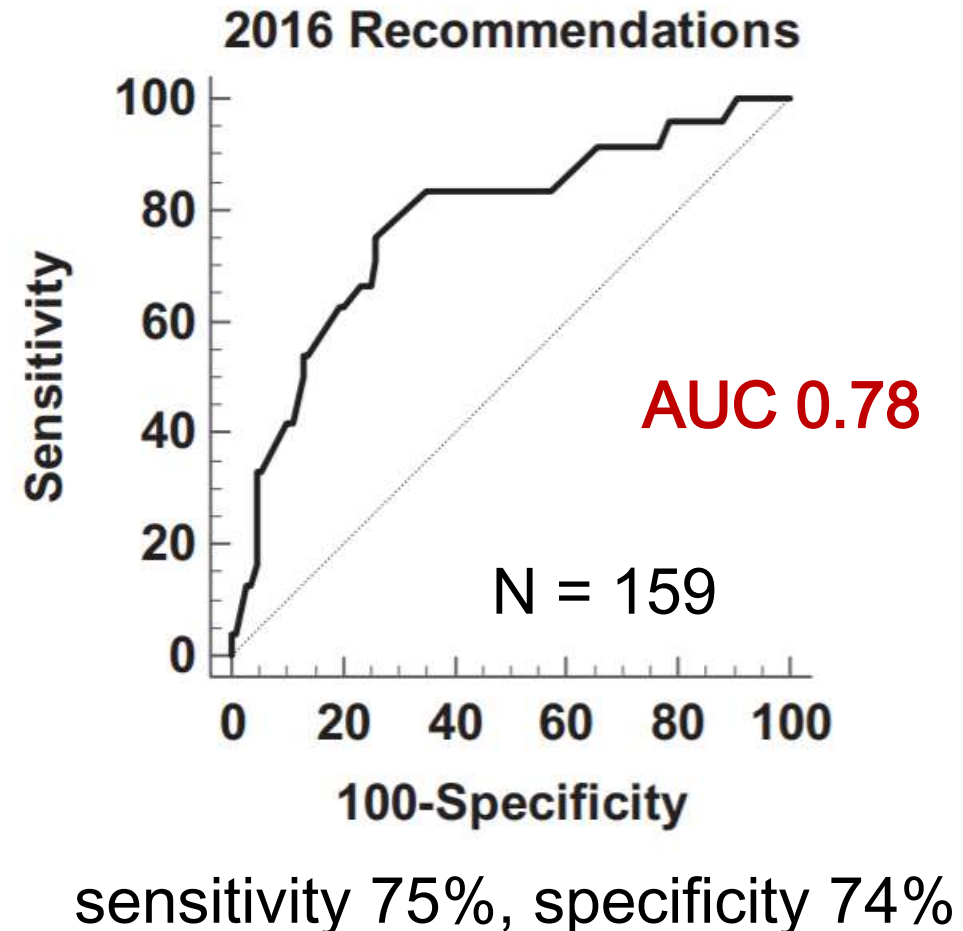
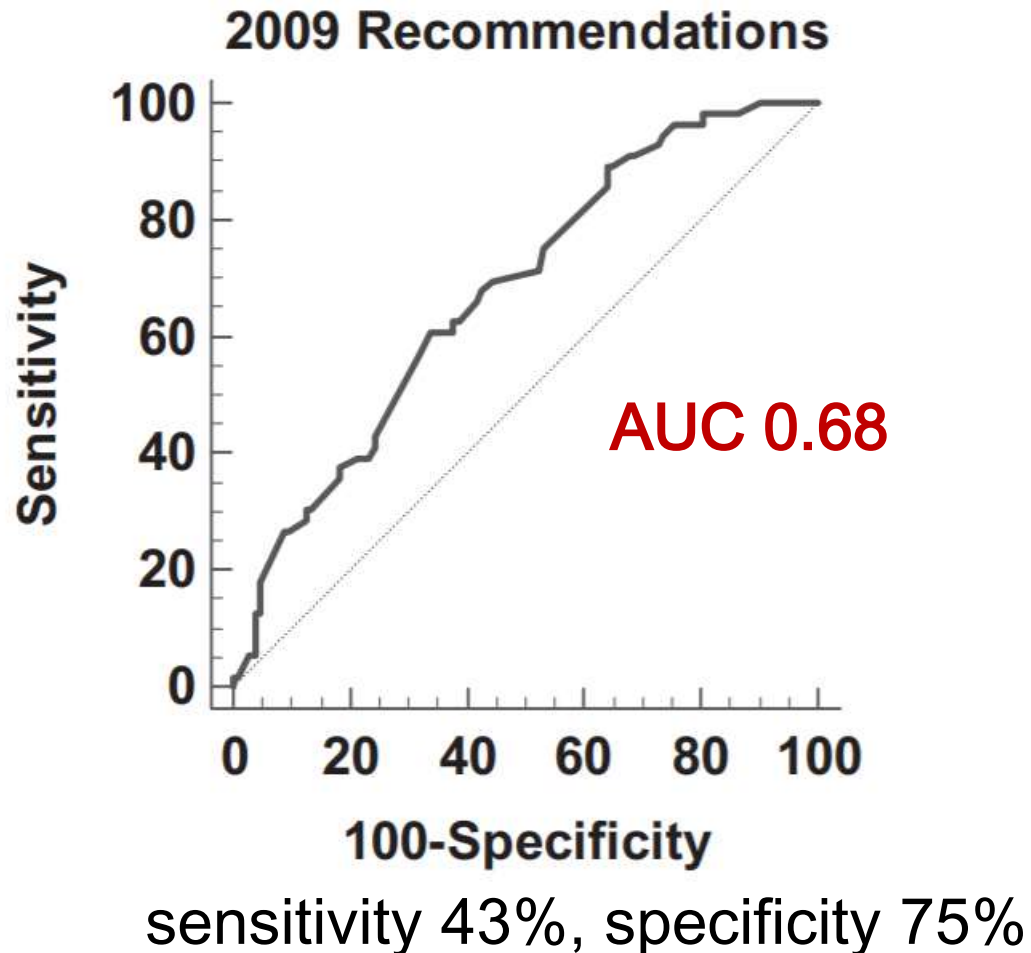
PASP
peak TR gradient + RAP

How to make a diagnosis of HF-pEF /HF-mrEF



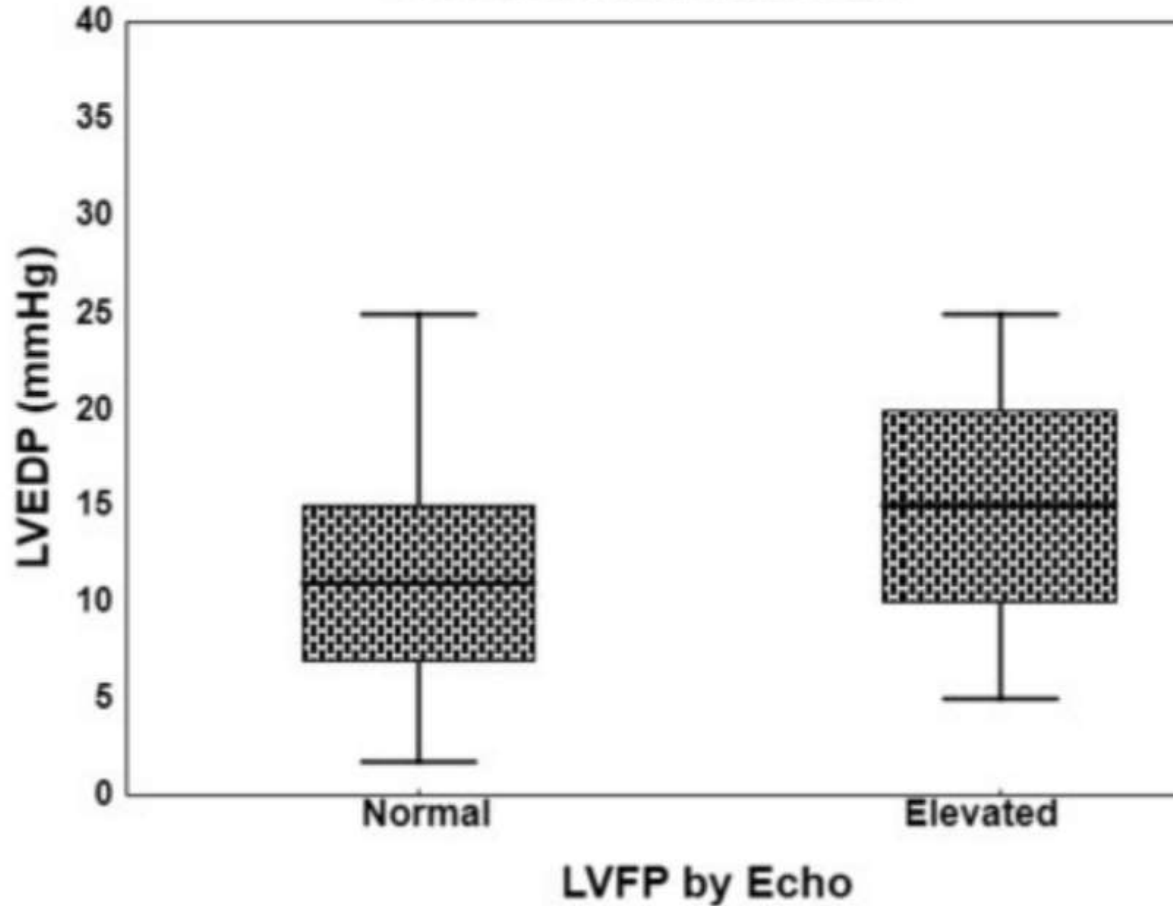
Current algorithms have a substantially better yet not optimal performance

Euro-filling study

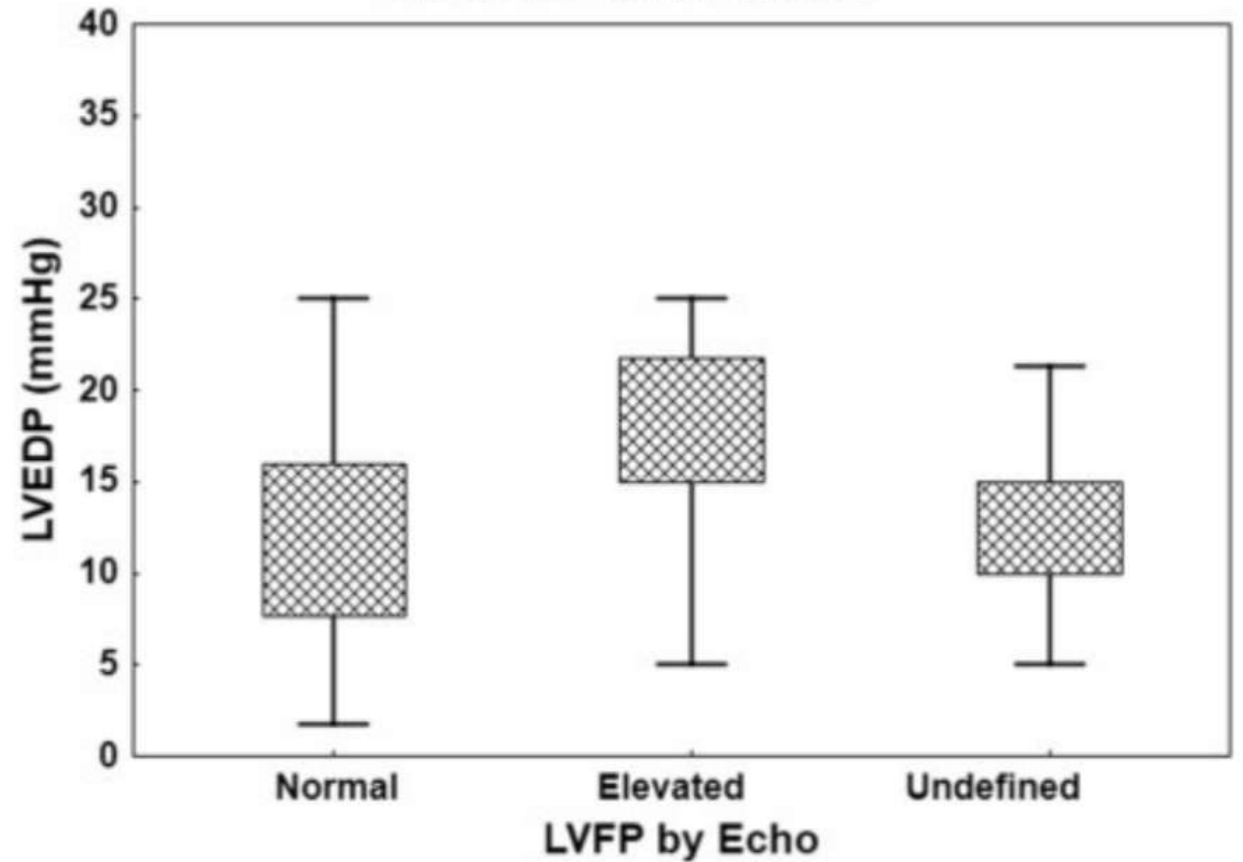


Undetermined are really „undetermined“




2009 Recommendations



2016 Recommendations



How to diagnose heart failure with preserved ejection fraction: the HFA–PEFF diagnostic algorithm: a consensus recommendation from the Heart Failure Association (HFA) of the European Society of Cardiology (ESC)

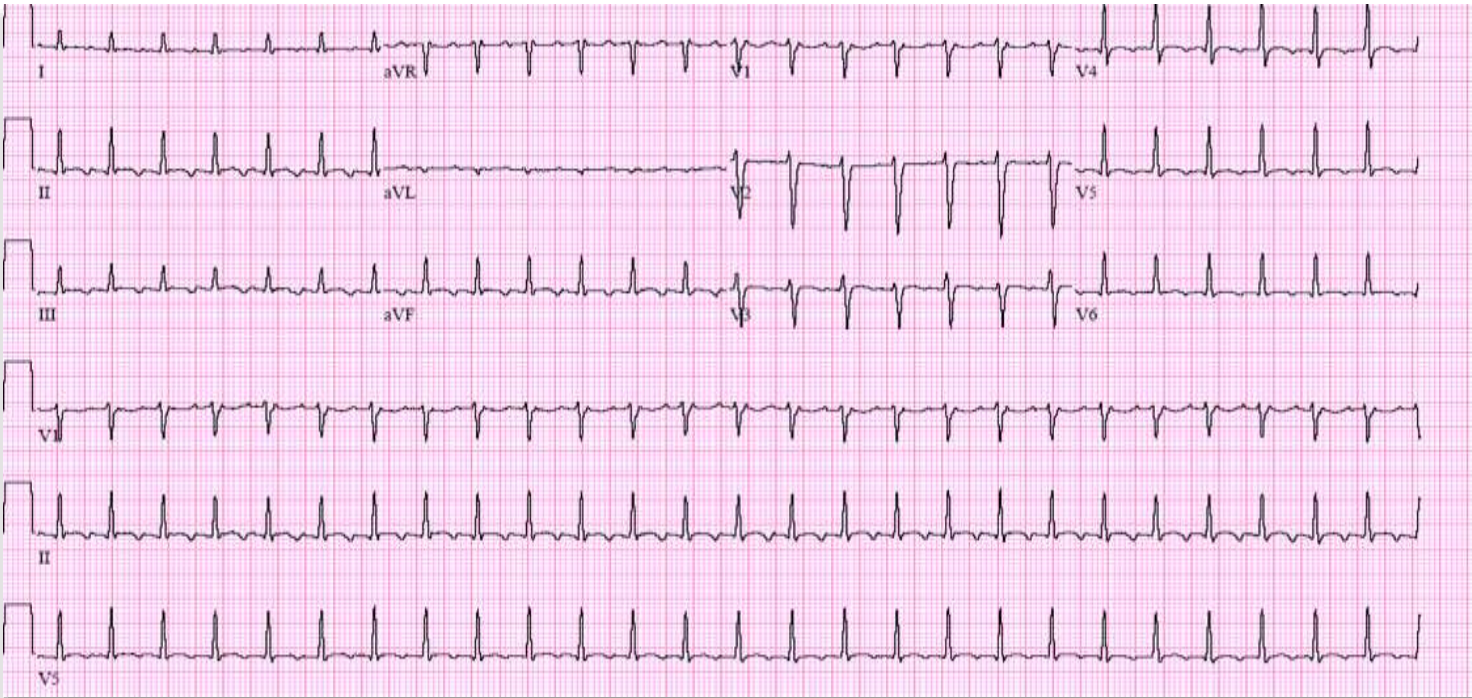
Burkert Pieske^{1,2,3,4*}, **Carsten Tschöpe**^{1,2,5}, **Rudolf A. de Boer** ⁶, **Alan G. Fraser**⁷,
Stefan D. Anker^{1,2,5,8}, **Erwan Donal**⁹, **Frank Edelmann**^{1,2}, **Michael Fu**¹⁰,
Marco Guazzi^{11,12}, **Carolyn S.P. Lam**^{13,14}, **Patrizio Lancellotti**¹⁵,
Vojtech Melenovsky¹⁶, **Daniel A. Morris**¹, **Eike Nagel** ^{17,18},
Elisabeth Pieske-Kraigher¹, **Piotr Ponikowski**¹⁹, **Scott D. Solomon**²⁰,
Ramachandran S. Vasan²¹, **Frans H. Rutten** ²², **Adriaan A. Voors**⁶,
Frank Ruschitzka²³, **Walter J. Paulus**²⁴, **Petar Seferovic**²⁵, and
Gerasimos Filippatos^{26,27}

HFA-PEFF diagnostic algorithm

P	Initial Workup (Step 1 (P) : Pretest Assessment)	<ul style="list-style-type: none">• Symptoms and/or Signs of HF• Comorbidities / Risk factors• ECG• Standard Echocardiography• Natriuretic Peptides• Ergometry / 6 min walking test or Cardiopulmonary Exercise Testing
E	Diagnostic Workup (Step 2 (E) : Echocardiographic and Natriuretic Peptide Score)	<ul style="list-style-type: none">• Comprehensive Echocardiography• Natriuretic Peptides, if not measured in Step 1
F1	Advanced Workup (Step 3 (F1) : Functional testing in Case of Uncertainty)	<ul style="list-style-type: none">• Diastolic Stress Test: Exercise Stress Echocardiography• Invasive Haemodynamic Measurements
F2	Aetiological Workup (Step 4 (F2) : Final Aetiology)	<ul style="list-style-type: none">• Cardiovascular Magnetic Resonance• Cardiac or Non-Cardiac Biopsies• Scintigraphy / CT / PET• Genetic testing• Specific Laboratory Tests

Why ECG ?

- **Probability of HF in presence of normal ECG¹**
 - **New acute < 2%**
 - **New non-acute <10-14%**



The most important indication is to detect atrial fibrillation (AF), which is highly predictive of underlying HFpEF²

1. Eur J Heart Fail. 2016 Aug;18(8):891-975.
2. European Heart Journal (2019) 40, 3297–3317

Major and minor criteria for NPs according to HFA-PEFF scoring system


	SINUS RHYTHM		ATRIAL FIBRILLATION	
	NT-proBNP (pg/mL)	BNP (pg/mL)	NT-proBNP (pg/mL)	BNP (pg/mL)
MAJOR	> 220	> 80	> 660	> 240
MINOR	125 - 220	35 - 80	375 - 660	105 - 240

RESEARCH

Open Access

Normative reference ranges for echocardiographic chamber dimensions in a healthy Central European population: results from the Czech post-MONICA survey



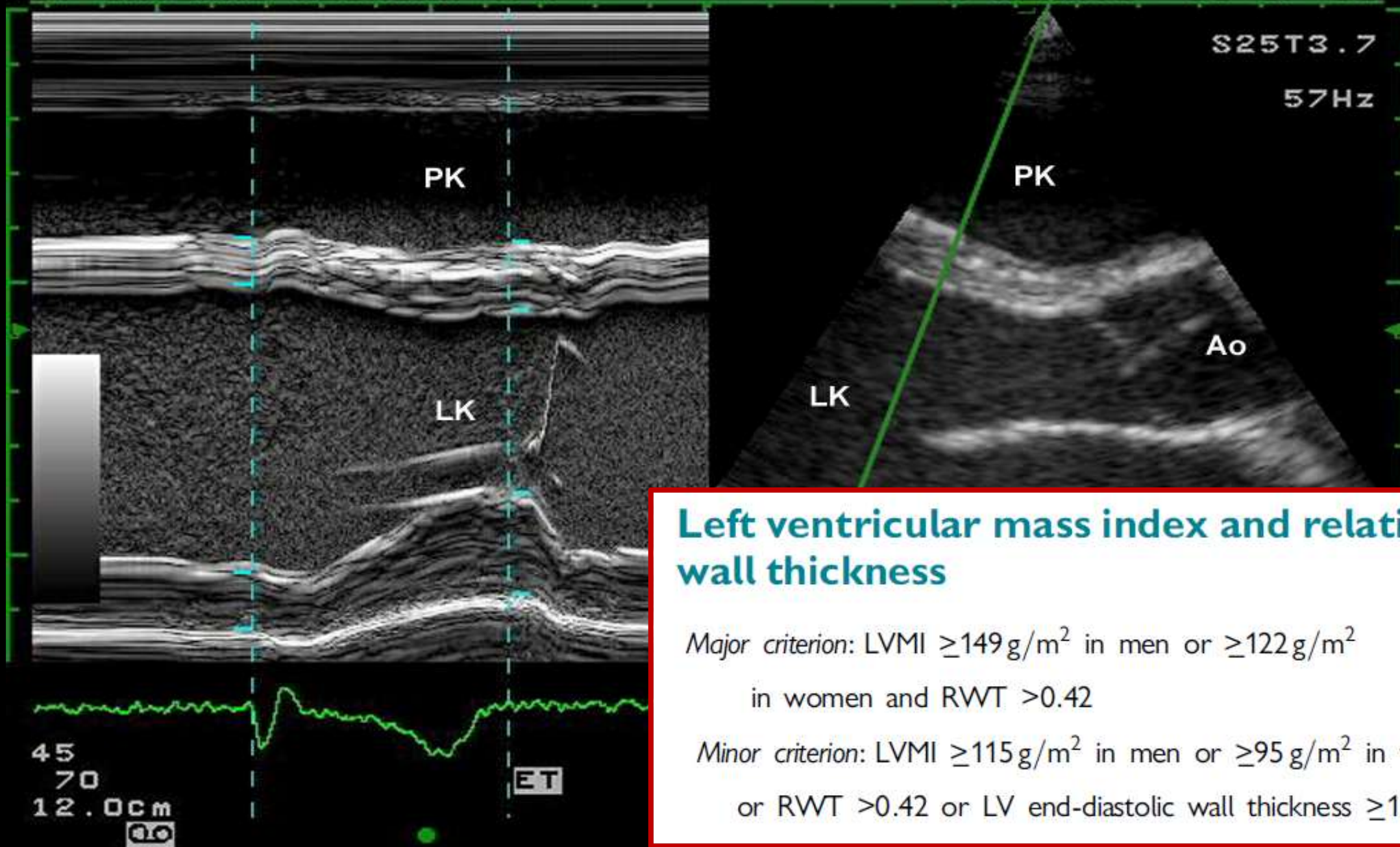
Josef Marek¹, Jean-Claude Lubanda¹, Renata Cifkova^{1,2}, Petr Kuchynka¹, Lubor Golan¹, Eduard Nemcek¹ and Ales Linhart^{1*} 

n = 575, median age 42 years [IQR 34–52], 57% females

HYPERTROFIE LEVÉ KOMORY?

ID:
II. INTERNI KLINIKA VFN

♥ 44 28/06/2001
A-HEART1 10:27:16



Left ventricular mass index and relative wall thickness

Major criterion: LVMI $\geq 149 \text{ g/m}^2$ in men or $\geq 122 \text{ g/m}^2$ in women and RWT > 0.42

Minor criterion: LVMI $\geq 115 \text{ g/m}^2$ in men or $\geq 95 \text{ g/m}^2$ in women or RWT > 0.42 or LV end-diastolic wall thickness $\geq 12 \text{ mm}$

Suggested abnormality limits – Czech Population POSTMONICA

		Males						
Variable	Abnormal							
M-mode method								
Interventricular septum (mm)	> 12.7							
Posterior wall (mm)	> 11.0	> 13.3	> 14.0	> 9.7	> 11.5	> 12.3		
LV mass, BSA (g/m ²)	> 122	> 147	> 167	> 104	> 129	> 141		
LV mass, height ^{2.7} (g/m)	> 53	> 68	> 76	> 47	> 69	> 76		

Left ventricular mass index and relative wall thickness

Major criterion: LVMI ≥ 149 g/m² in men or ≥ 122 g/m² in women and RWT >0.42

Minor criterion: LVMI ≥ 115 g/m² in men or ≥ 95 g/m² in women or RWT >0.42 or LV end-diastolic wall thickness ≥ 12 mm

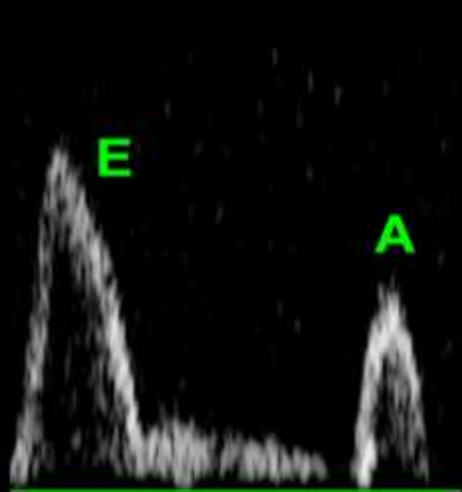
115 g/m²

149 g/m²

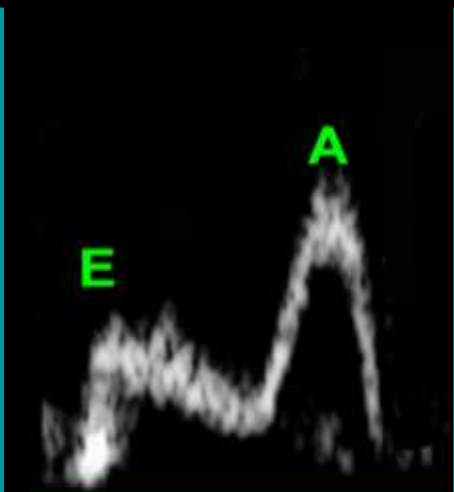
95 g/m²

122 g/m²

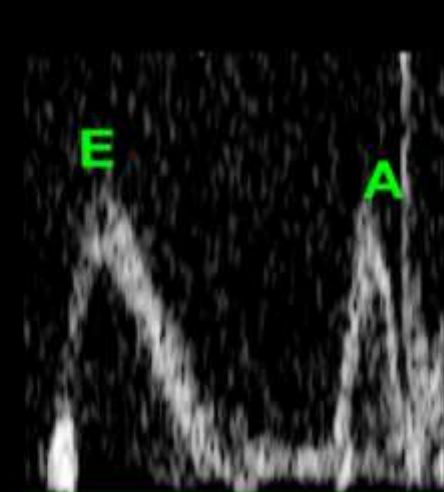
E/E'?



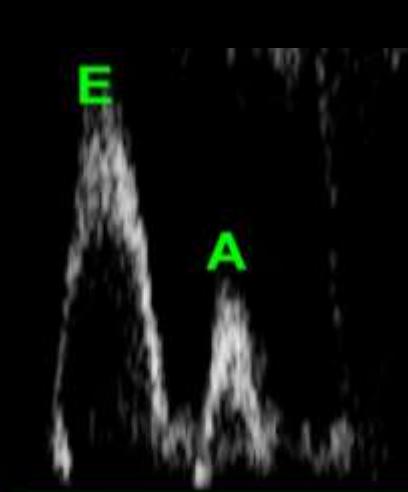
Normal



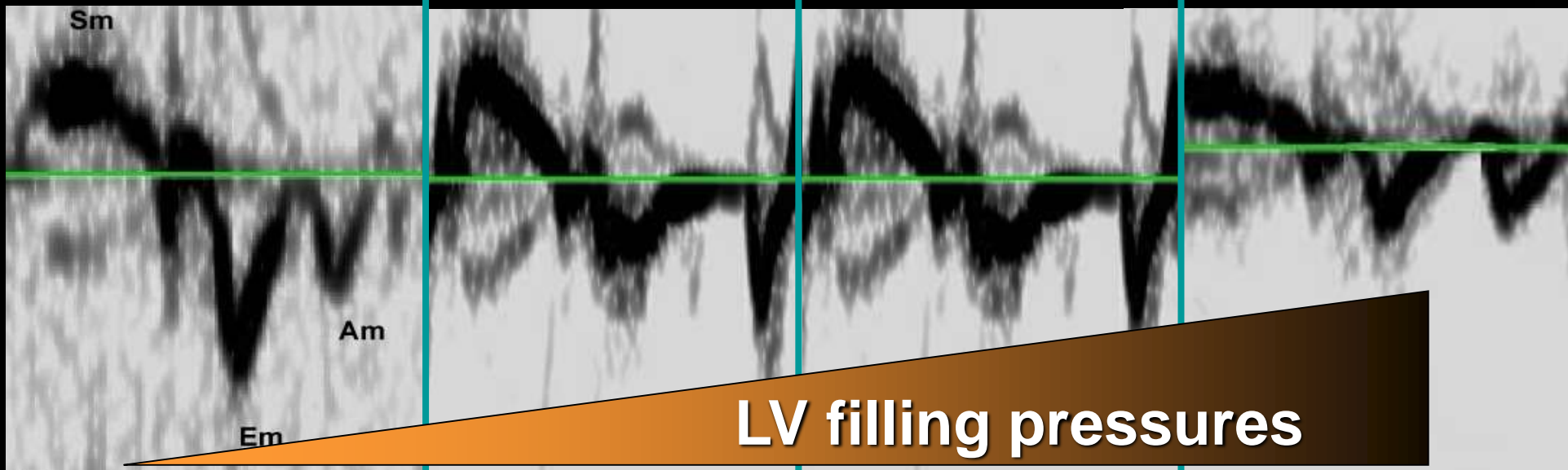
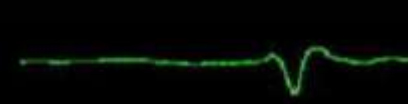
Impaired relaxation



Pseudonormal



Restriction



LV filling pressures

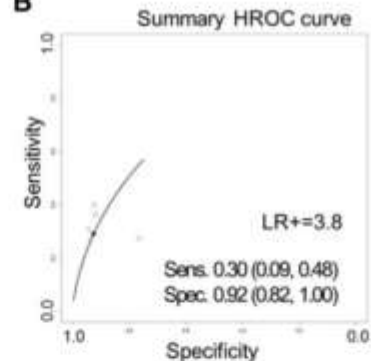
Dg. Senzitivita a specificita E/e' k dg. zvýšených plnicích tlaků

A

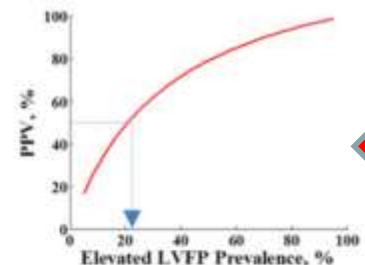
E/e' Lateral >12

Study	LVFP	N	Prev. (%)	TP	FP	FN	TN	Sens. (95% CI)	Spec. (95% CI)
Kidawa, 2005* (24)	LVEDP	45/50	42	6	1	13	25	0.32 [0.15, 0.56]	0.96 [0.77, 1.00]
Ozar, 2011 (43)	LVEDP	45	51	6	1	17	21	0.26 [0.12, 0.47]	0.96 [0.74, 0.99]
Previtali, 2012* (46)	LVEDP	62/57	61	10	8	28	16	0.26 [0.15, 0.42]	0.67 [0.46, 0.82]
Rivas-Gotz, 2003* (18)	PCWP	51/55	67	15	1	20	15	0.43 [0.28, 0.59]	0.94 [0.66, 0.99]
Hadano, 2005* (23)	PCWP	63/65	19	5	4	7	47	0.42 [0.18, 0.69]	0.92 [0.81, 0.97]
Mansencal, 2004* (20)	Pre-A	20/20	25	0	0	5	15	0.08 [0.00, 0.62]	0.97 [0.65, 1.00]
Heterogeneity								I ² =0, P=0.48	I ² =63, P=0.02

B



C



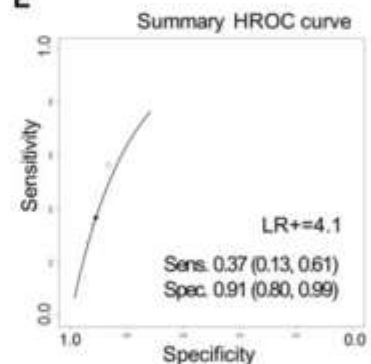
Sens. 0,30
Spec. 0,92

D

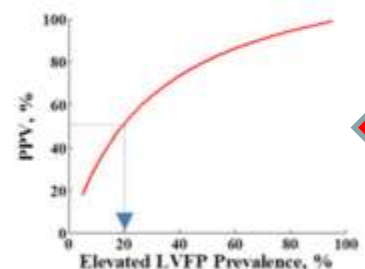
E/e' Mean >13

Study	LVFP	N	Prev. (%)	TP	FP	FN	TN	Sens. (95% CI)	Spec. (95% CI)
Dokainish, 2010* (35)	LVEDP	122/122	81	57	3	42	20	0.58 [0.48, 0.67]	0.87 [0.66, 0.96]
Ozar, 2011 (43)	LVEDP	45	51	6	1	17	21	0.26 [0.12, 0.47]	0.96 [0.74, 0.99]
Dokainish, 2004* (19)	PCWP	19/19	58	6	2	5	6	0.54 [0.27, 0.80]	0.75 [0.38, 0.94]
Bhella, 2011* (39)	PCWP	10/10	50	3	0	2	5	0.58 [0.22, 0.88]	0.92 [0.39, 1.00]
Dini, 2010 (33)	Pre-A	55	47	9	2	17	27	0.35 [0.19, 0.54]	0.93 [0.76, 0.98]
Manouras, 2013* (48)	Pre-A	35/38	69	2	1	22	10	0.08 [0.02, 0.28]	0.91 [0.56, 0.99]
Heterogeneity								I ² =75, P=0.001	I ² =0, P=0.70

E



F



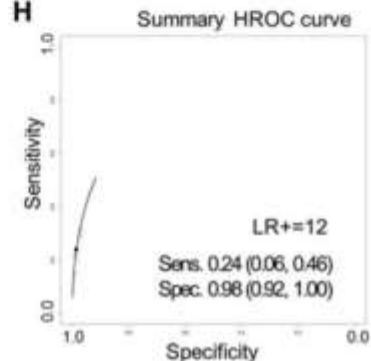
Sens. 0,37
Spec. 0,91

G

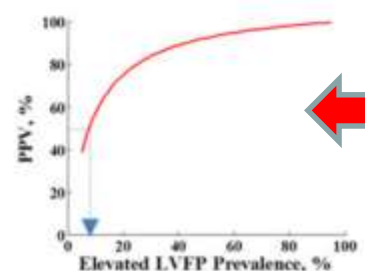
E/e' Septal >15

Study	LVFP	N	Prev. (%)	TP	FP	FN	TN	Sens. (95% CI)	Spec. (95% CI)
Ozar, 2011 (43)	LVEDP	45	51	7	1	16	21	0.30 [0.15, 0.52]	0.96 [0.74, 0.99]
Rivas-Gotz, 2003* (18)	PCWP	52/55	69	12	1	24	15	0.33 [0.20, 0.50]	0.94 [0.66, 0.99]
Omman, 2000* (15)	LVMDB	61/64	30	4	0	14	43	0.24 [0.10, 0.48]	0.99 [0.84, 1.00]
Rudko, 2008* (32)	LVMDB	43/39	42	2	0	16	25	0.13 [0.04, 0.36]	0.98 [0.76, 1.00]
Heterogeneity								I ² =0, P=0.45	I ² =0, P=0.74

H



I



Sens. 0,24
Spec. 0,98

E/e'

Average septal-lateral E/e' ratio¹

Major criterion: average septal-lateral E/e' ratio ≥ 15

Minor criterion: average septal-lateral E/e' ratio 9-14

There is insufficient evidence to support that E/e can reliably estimate LVFP in preserved EF. The diagnostic accuracy of E/e to identify/exclude elevated LVFP and DD/HF-pEF is limited and requires further validation in a well-designed prospective clinical trial.²

1. Peiske et al. European Journal of Heart Failure (2016) doi:10.1002/ejhf.592
2. Sharifov et al. J Am Heart Assoc. 2016;5:e002530 doi: 10.1161/JAHA.115.002530

DILATACE LEVÉ SÍNĚ?

Left atrial volume index (LAVi)

- 2 perpendicular planes
- Area length metoda



LAVI – Czech Population - POSTMONICA

Variable	Males					
	Abnormal	Severely abnormal	Severely abnormal	Severely abnormal	Severely abnormal	Severely abnormal
Left atrium						
LA diameter M-mode (mm)	> 46	> 53	> 56	> 41	> 48	> 51
LA diameter M-mode, BSA (mm/m ²)	> 23	> 25	> 27	> 24	> 26	> 27
LA vertical diameter (mm)	> 61	> 67	> 71	> 56	> 61	> 63
LA horizontal diameter (mm)	> 48	> 52	> 54	> 46	> 50	> 54
LA volume (ml)	> 86	> 108	> 123	> 70	> 90	> 105
LA volume, BSA (ml/m ²)	> 42	> 52	> 59	> 40	> 48	> 53

Left atrial volume index

Major criterion: >34 mL/m² [in sinus rhythm]

Major criterion: >40 mL/m² [in atrial fibrillation]

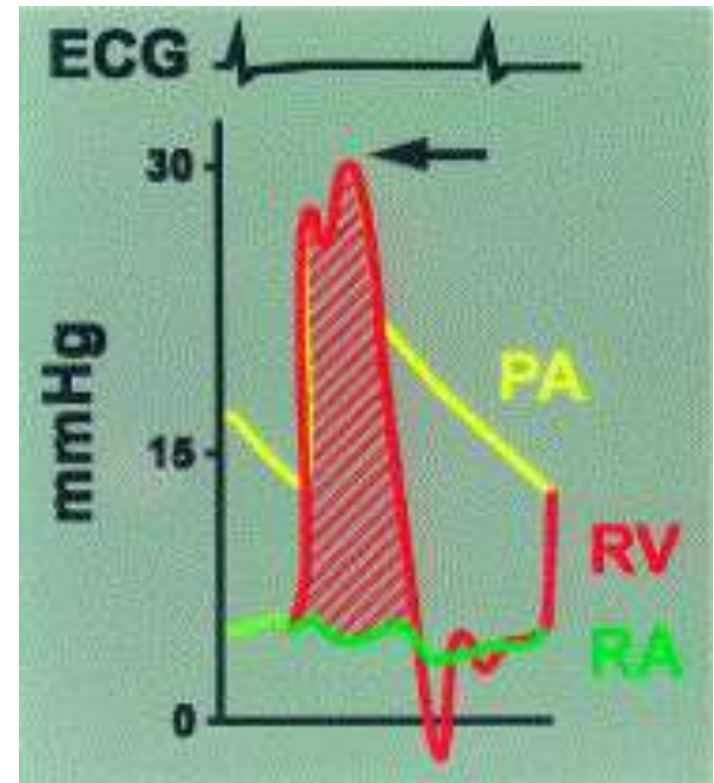
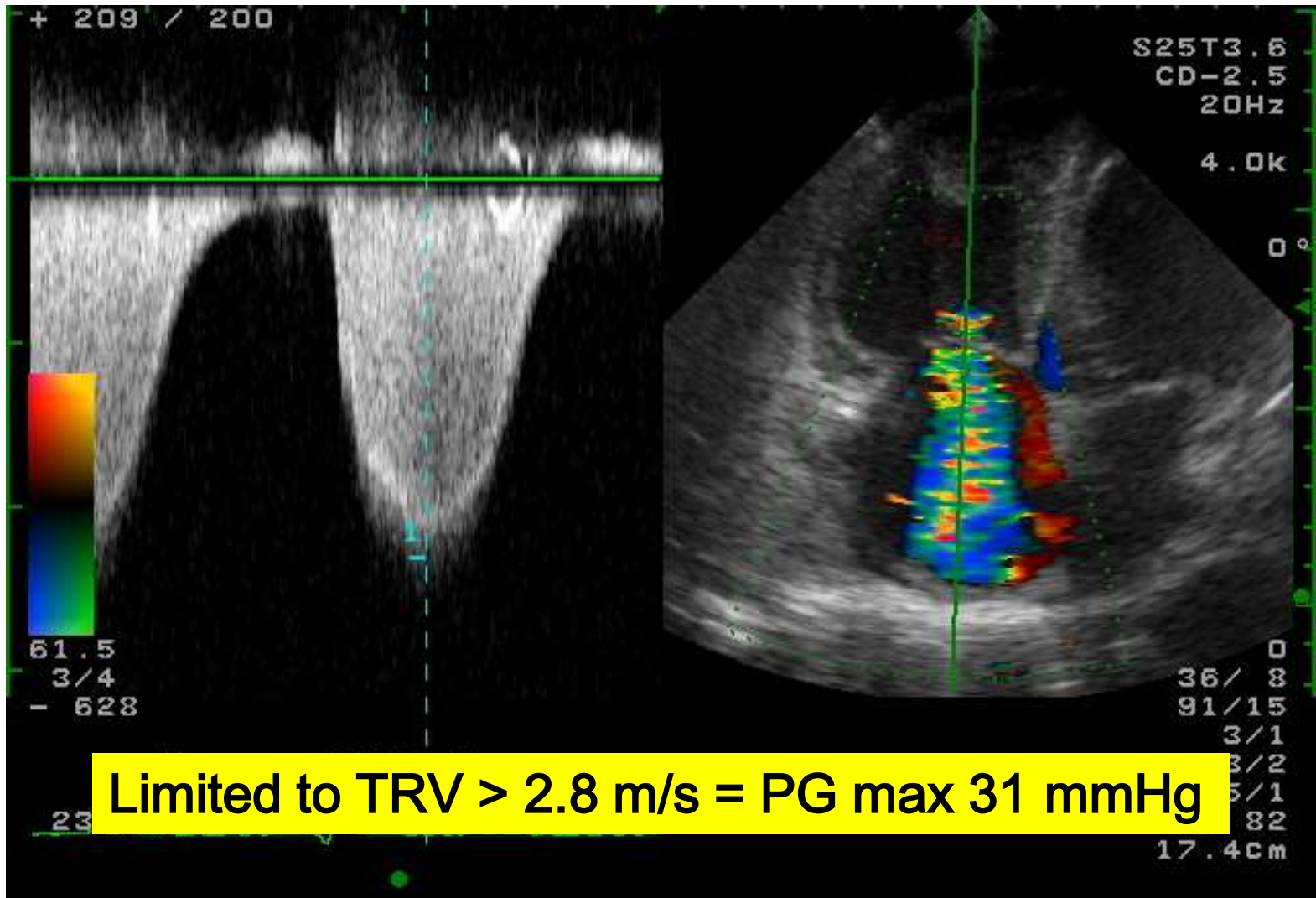
Minor criterion: 29-34 mL/m² [in sinus rhythm]

Minor criterion: 34-40 mL/m² [in atrial fibrillation]

Marek J.... Linhart A, Cardiovasc Ultrasound 2019, in press

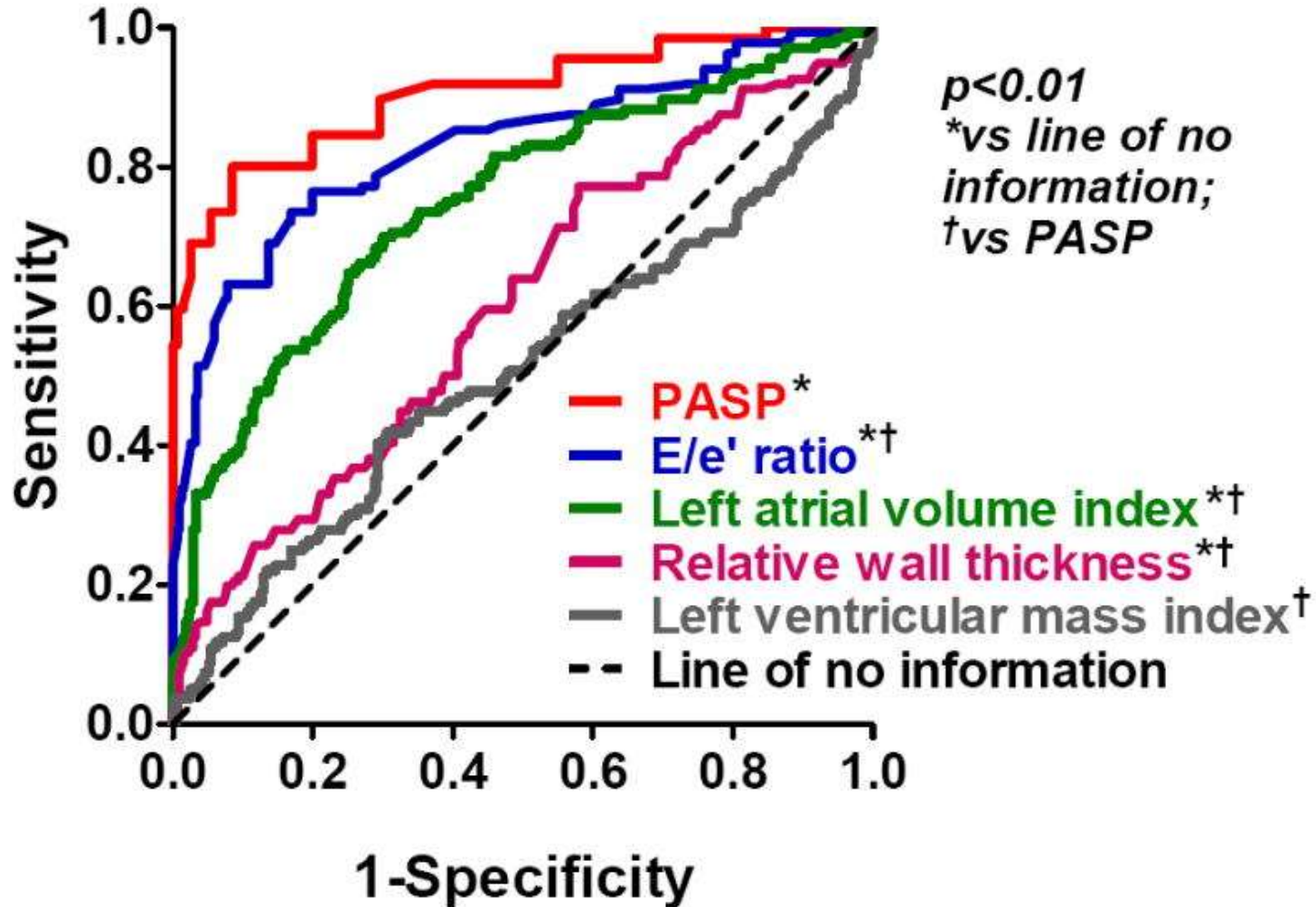
Pieske et al. European Heart Journal (2019) 40, 3297–3317

Pulmonary pressure estimates



PASP
peak TR gradient + RAP

PASP > 35 mmHg discriminates HF-pEF from HTN?

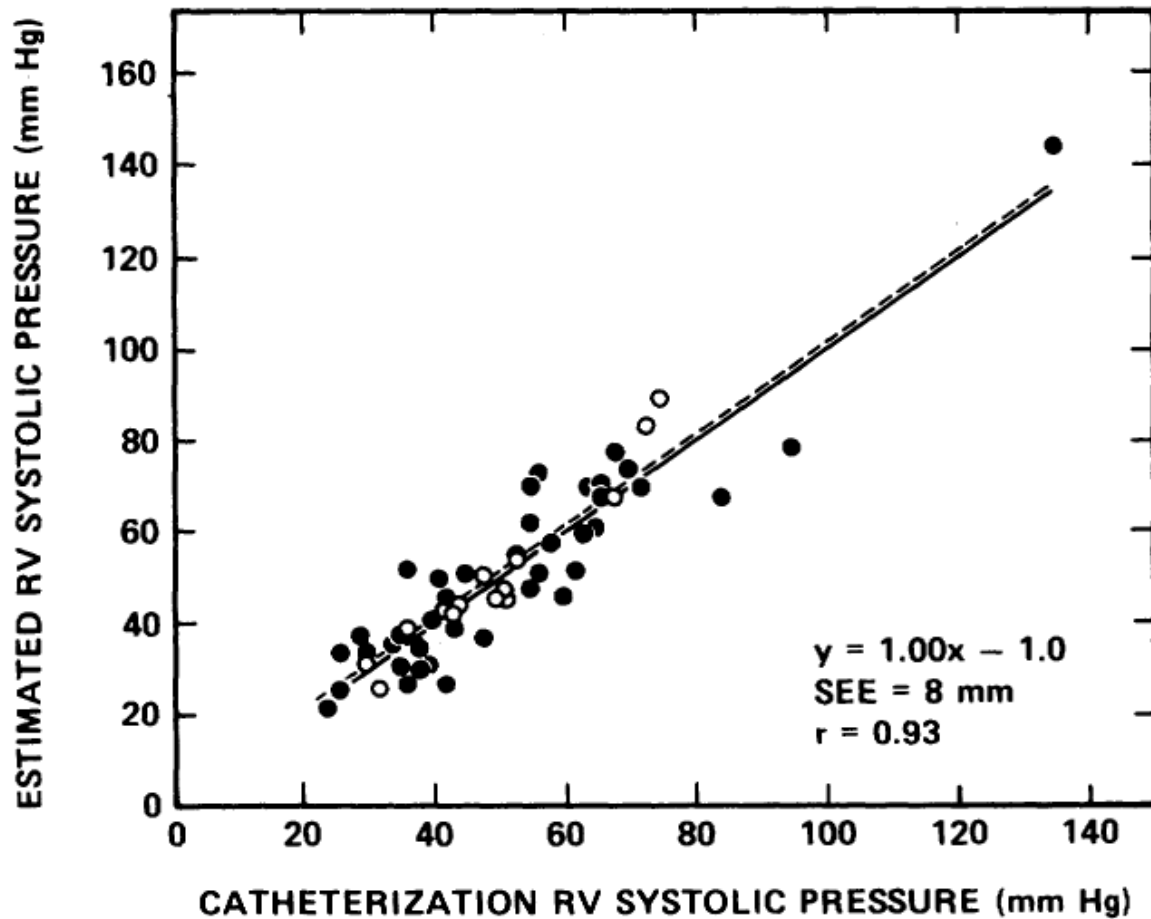


Right atrial pressure, estimated based on echocardiographic characteristics of the inferior vena cava and assigned a standardized value, was then added to the calculated gradient to give PASP.

sensitivity of 83% and a specificity of 92%.

Noninvasive estimation of right ventricular systolic pressure by Doppler ultrasound in patients with tricuspid regurgitation

62 pts explored by RHC, echo and RHC within 24 hours



RAP ~ (JVP + 5cm)/1.3 (mmHg)

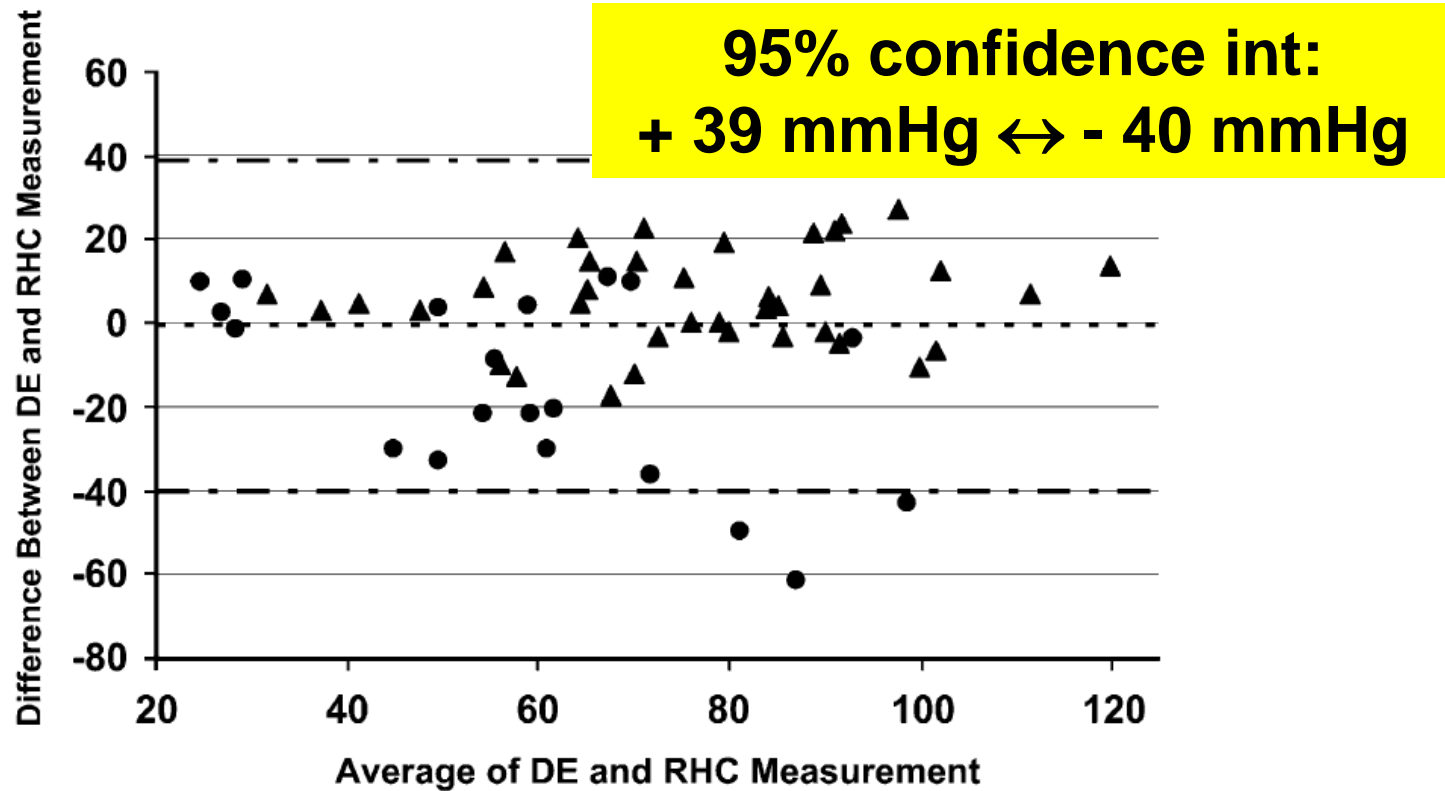
Accuracy of Doppler Echo in the Hemodynamic Assessment of PH

65 pts with different PAH types, PAMP 41 ± 15 mmHg,

Echo and Cath within 1 hour

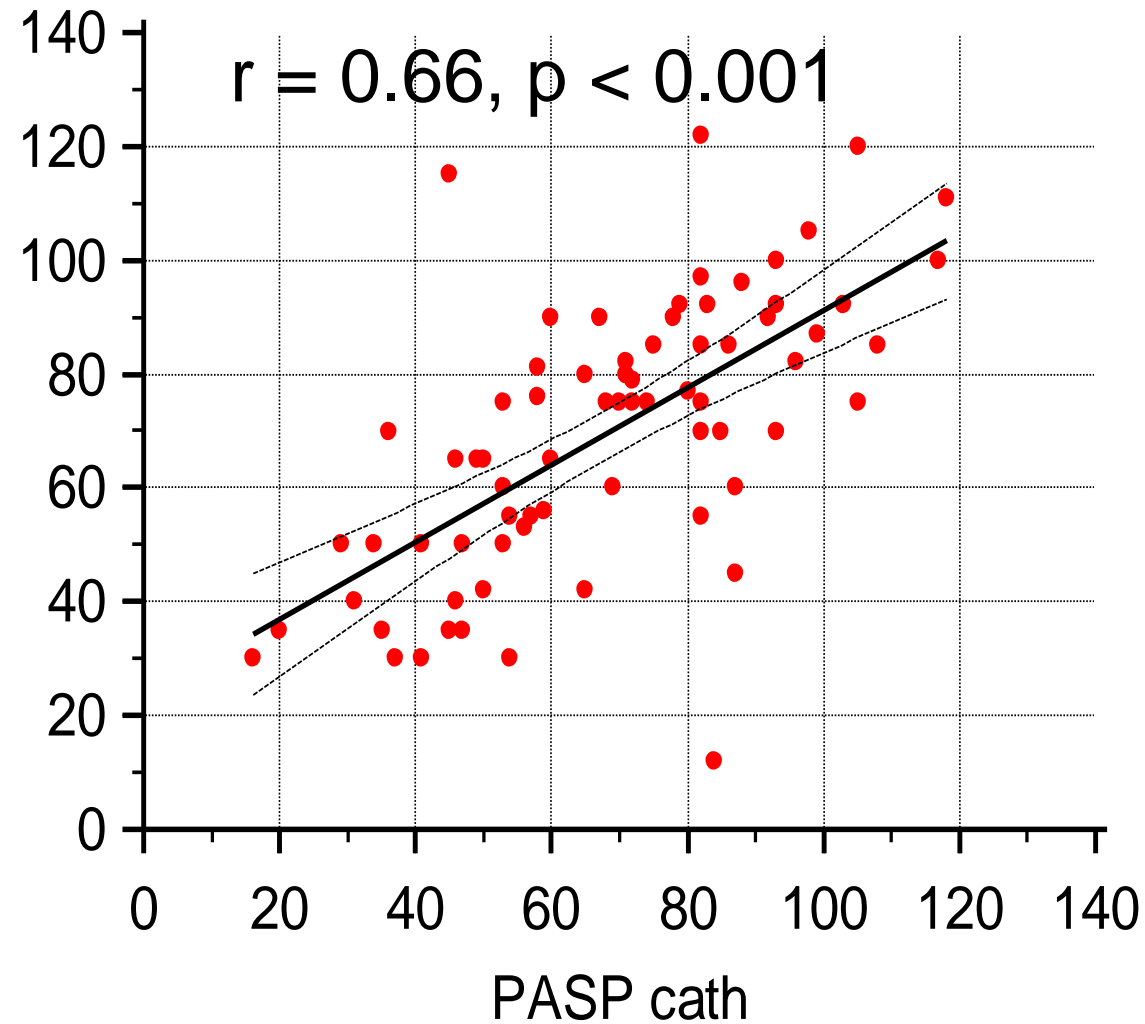
(Johns Hopkins University, Baltimore, Maryland)

$r = 0.66$



Cath vs Echo data

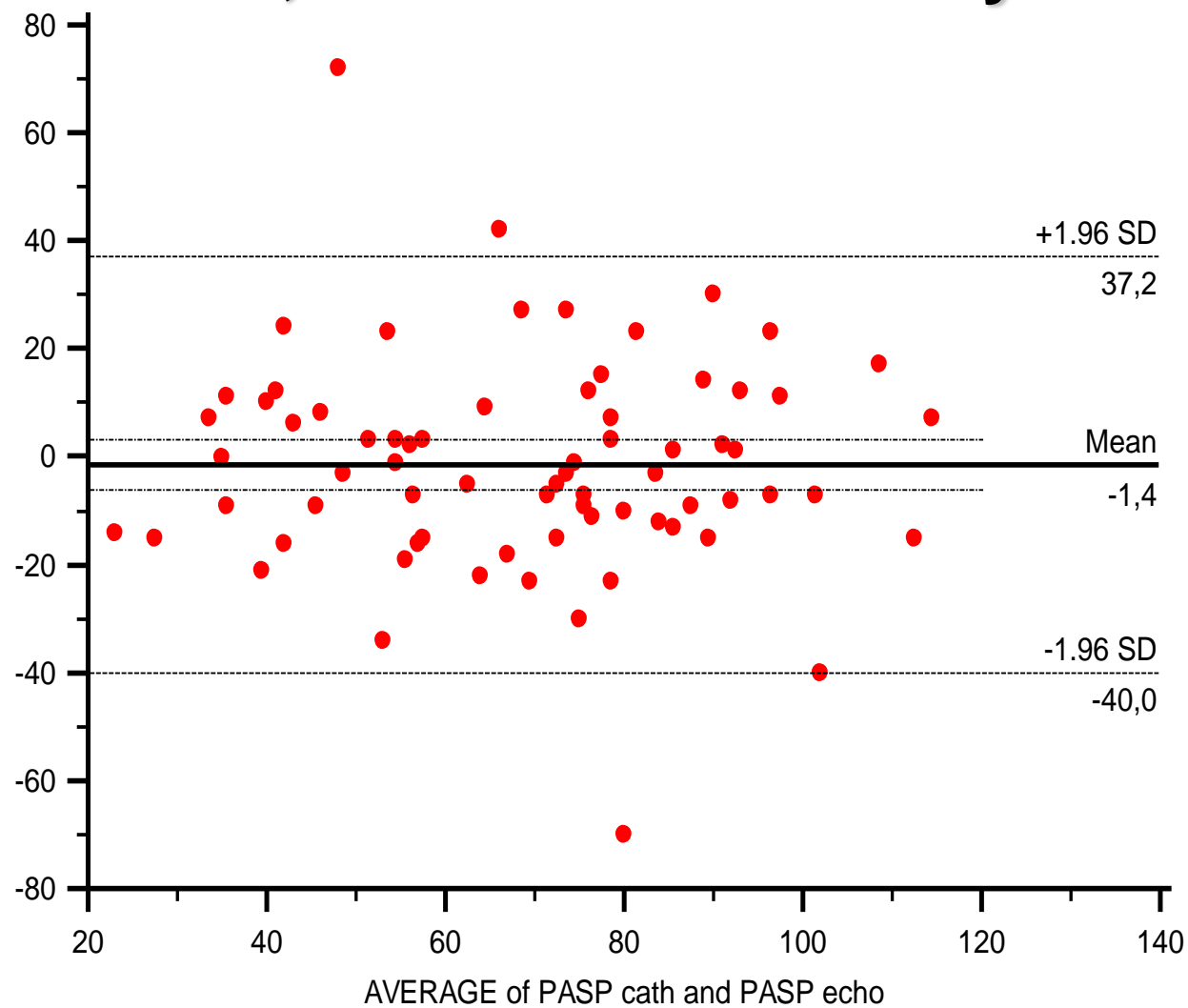
n= 72, RHC – ECHO < 7 days



(P. Poláček, P. Jansa – data on file)

Cath vs Echo data

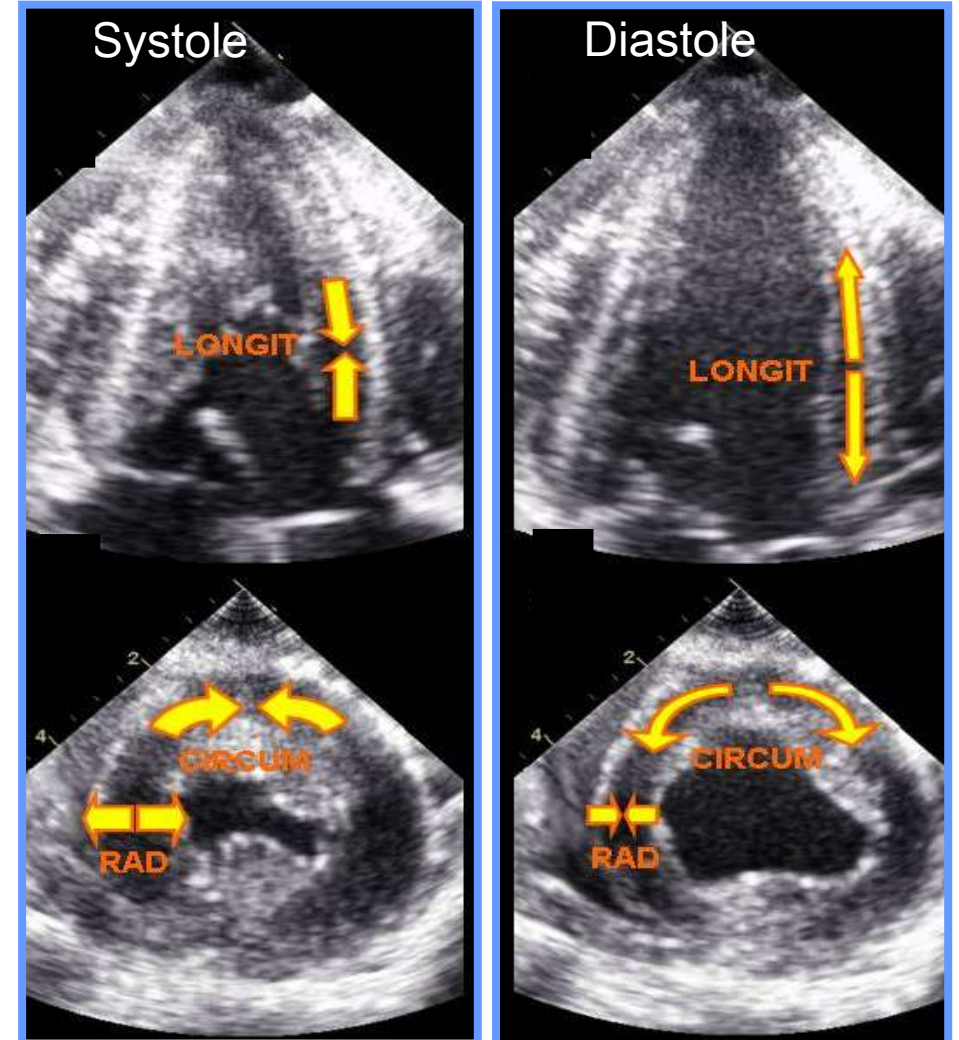
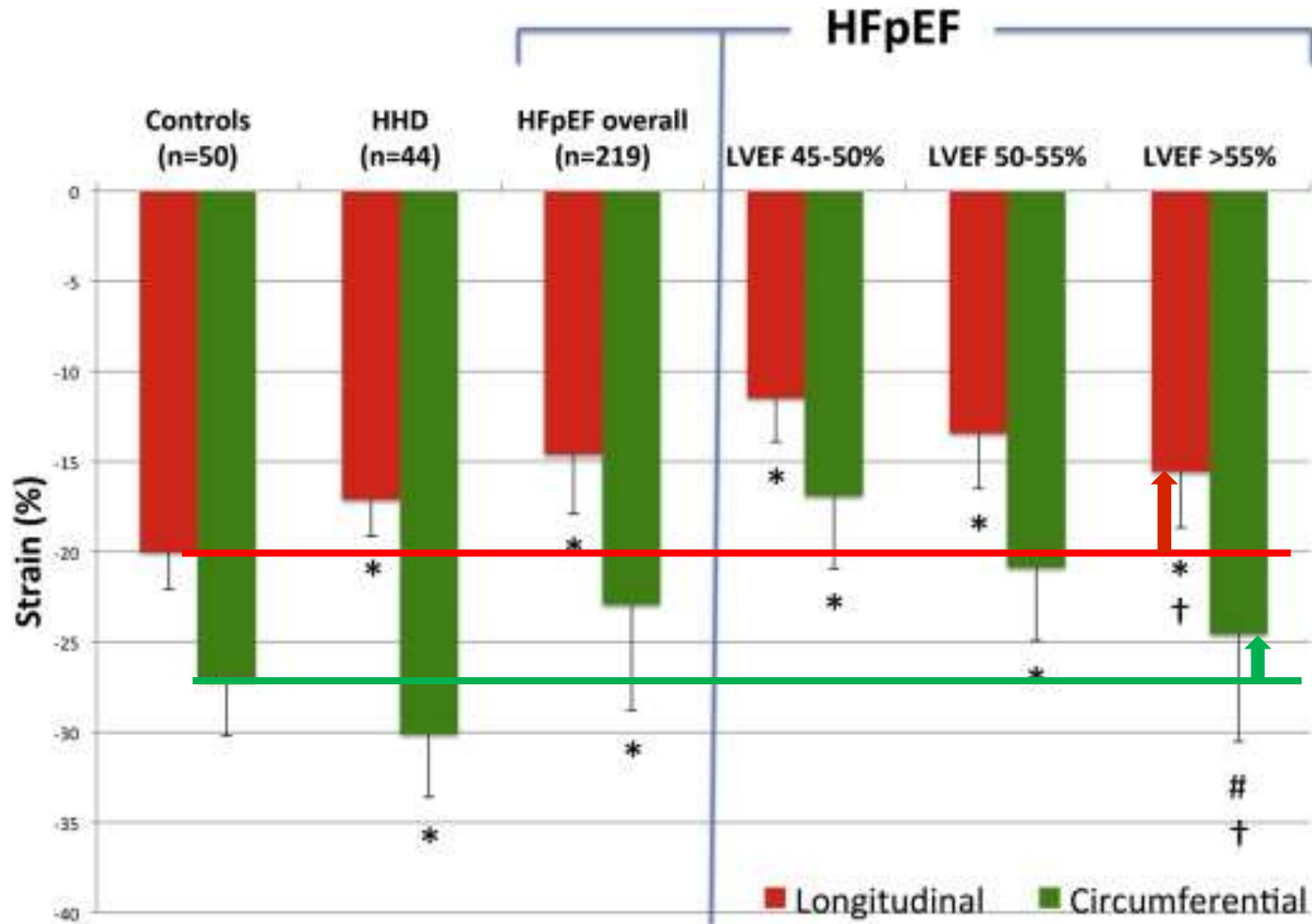
n= 72, RHC – ECHO < 7 days



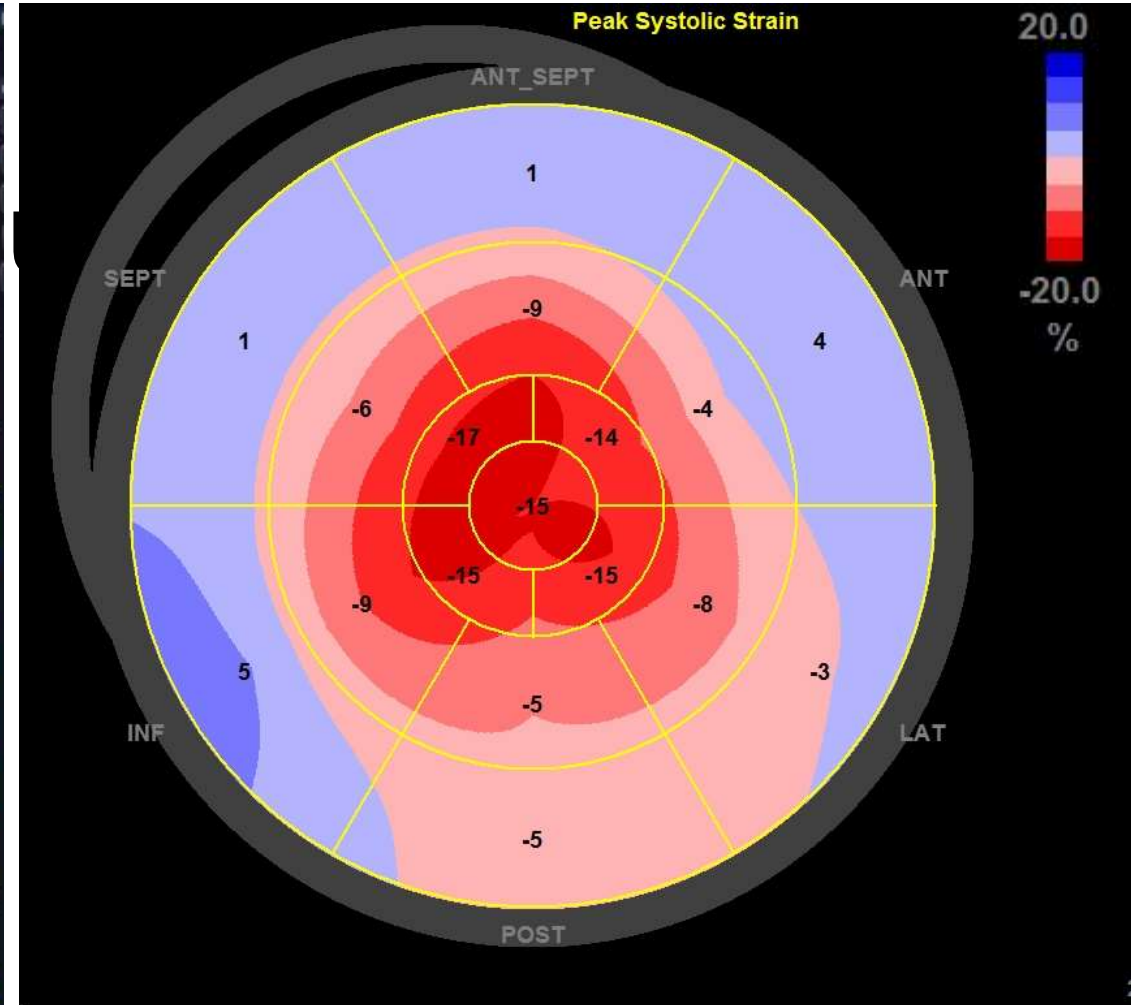
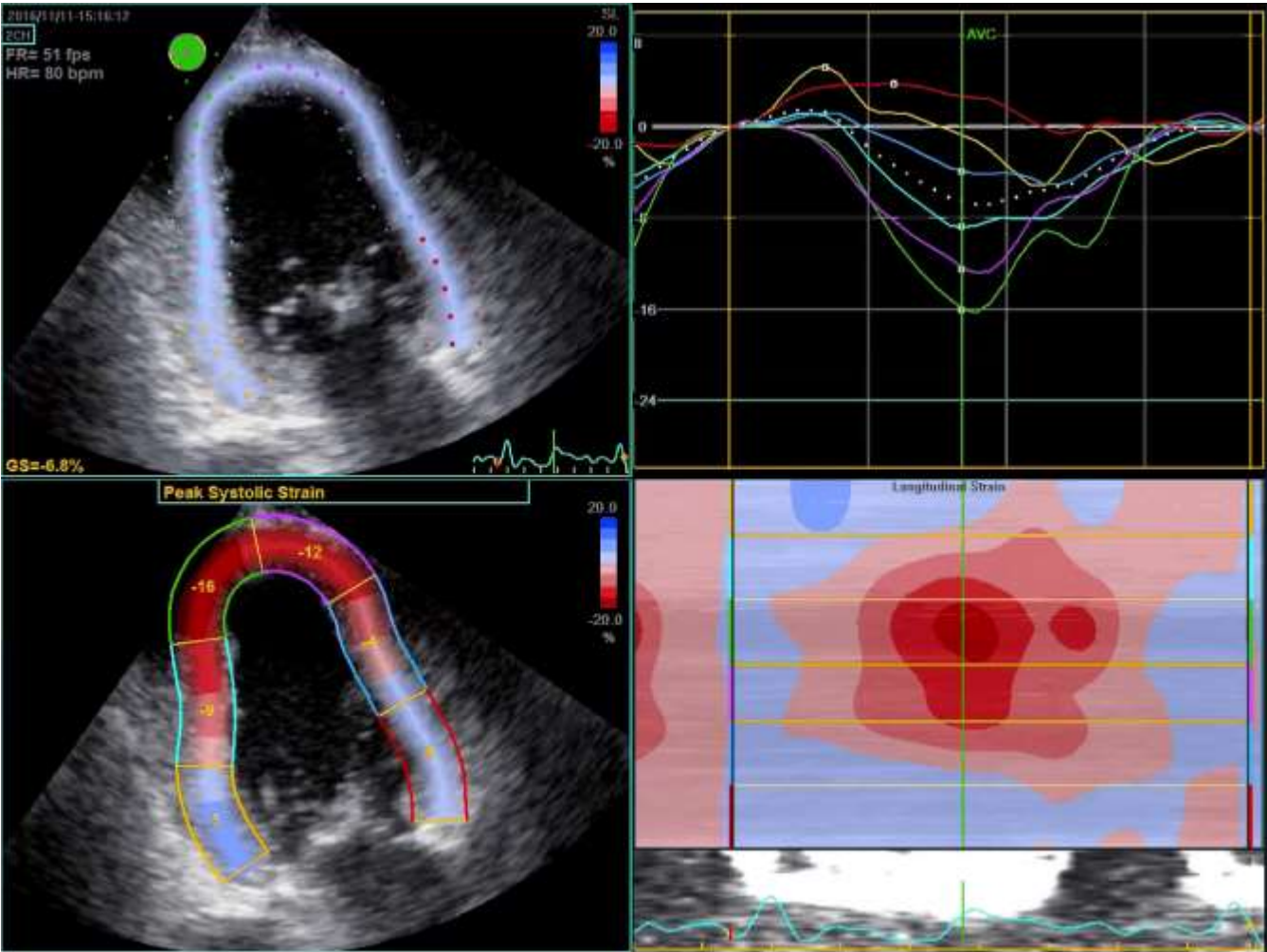
(P. Poláček, P. Jansa – data on

GLOBALNÍ LONGITUDINÁLNÍ STRAIN?

Je přítomna systolická dysfunkce u HFpEF?



GLS in amyloid Apical sparing phenomenon



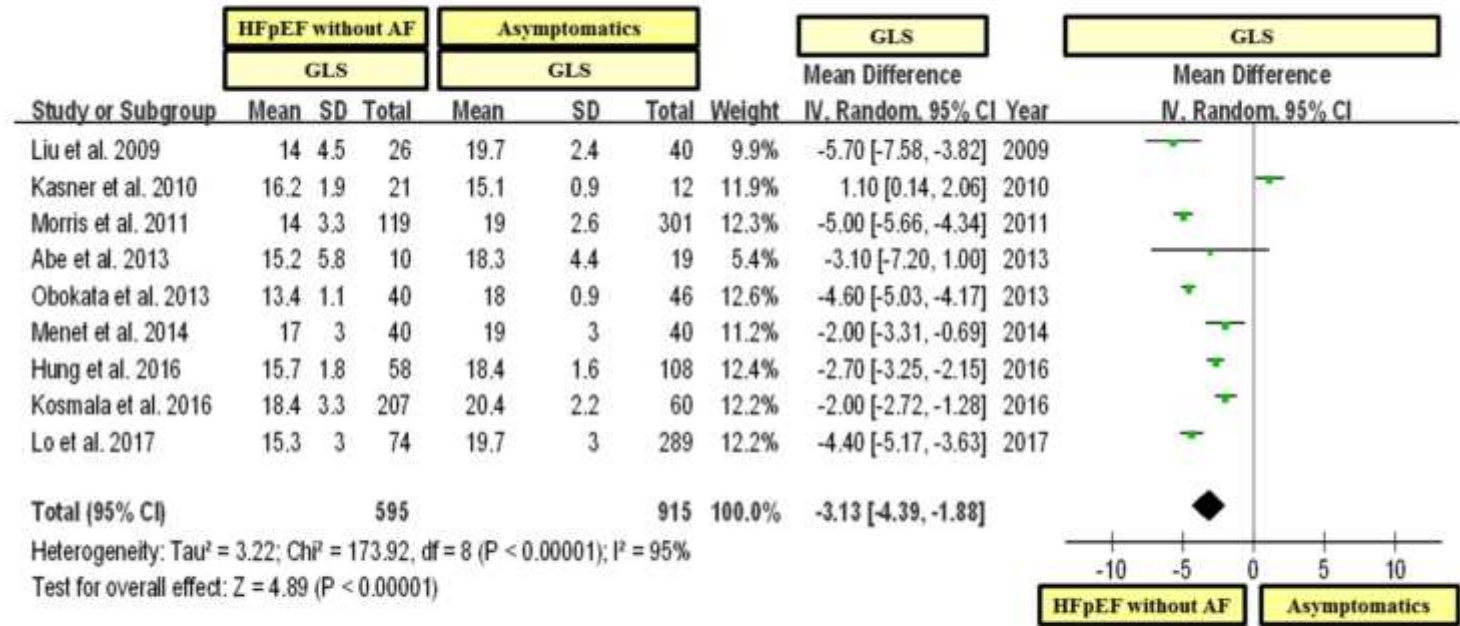
Cases and images: General University Hospital Prague, CZ

GLS < 16 = 1 point

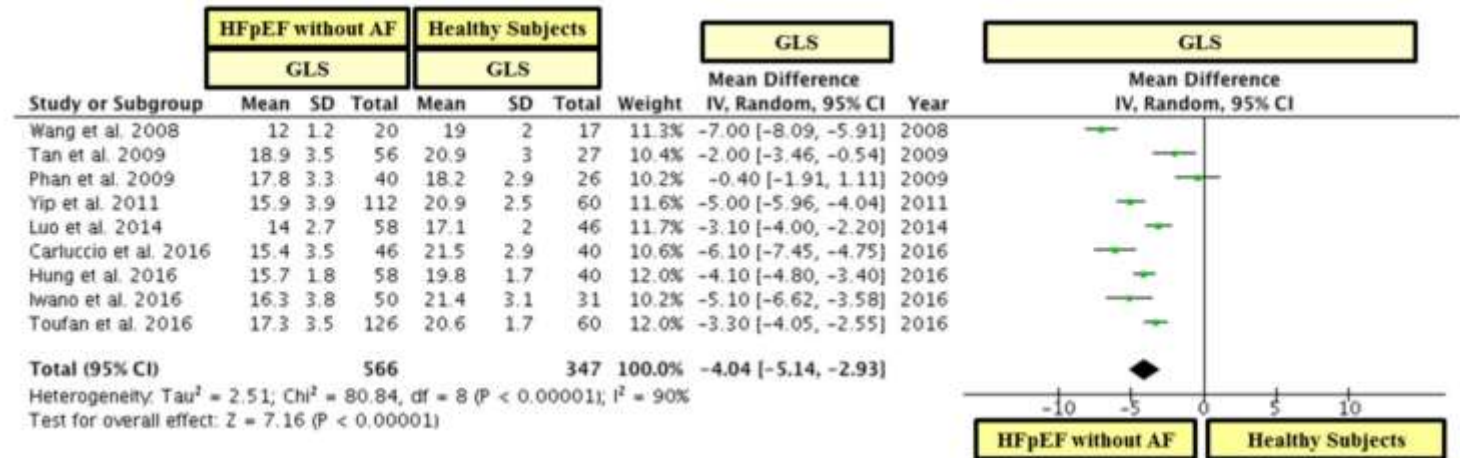
Pieske et al. European Heart Journal (2019) 40, 3297–3317

GLS in HF-pEF

LV Global Longitudinal Systolic Strain (GLS) in Patients with HFpEF without Atrial Fibrillation vs Asymptomatic Patients



LV Global Longitudinal Systolic Strain (GLS) in Patients with HFpEF without Atrial Fibrillation vs Healthy Subjects



Morris DA, et al. Open Heart 2017;4:e000630. doi:10.1136/openhrt-2017-000630

VÝPOČET HFA-PEFF SKORE?

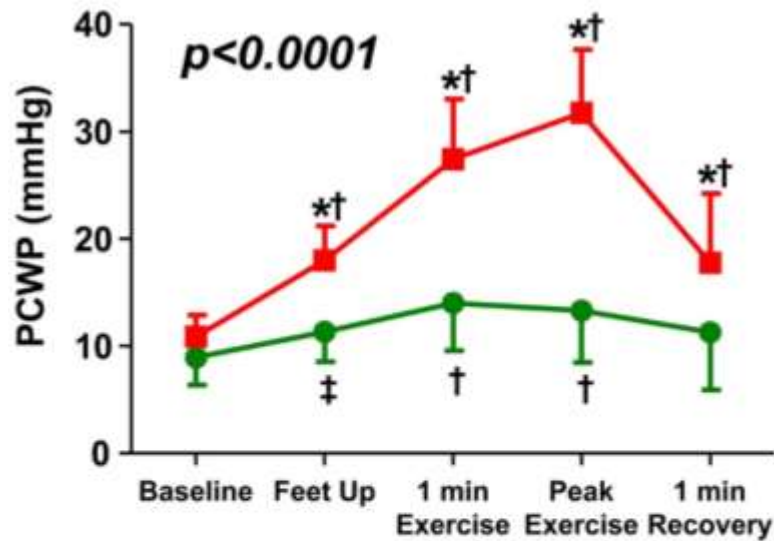
Calculation of HFA-PEFF score

	Functional	Morphological	Biomarker (SR)	Biomarker (AF)
Major	septal $e' < 7$ cm/s or lateral $e' < 10$ cm/s or Average $E/e' \geq 15$ or TR velocity > 2.8 m/s (PASP > 35 mmHg)	LAVI > 34 ml/m ² or LVMI $\geq 149/122$ g/m ² (m/w) and RWT $> 0,42$ #	NT-proBNP > 220 pg/ml or BNP > 80 pg/ml	NT-proBNP > 660 pg/ml or BNP > 240 pg/ml
Minor	Average $E/e' 9 -14$ or GLS < 16 %	LAVI 29-34 ml/m ² or LVMI $> 115/95$ g/m ² (m/w) or RWT $> 0,42$ or LV wall thickness ≥ 12 mm	NT-proBNP 125-220 pg/ml or BNP 35-80 pg/ml	NT-proBNP 365-660 pg/ml or BNP 105-240 pg/ml
Major Criteria: 2 points		≥ 5 points: HFpEF		
Minor Criteria: 1 point				

ROZHODNUTÍ PŘINÁŠÍ PSK?

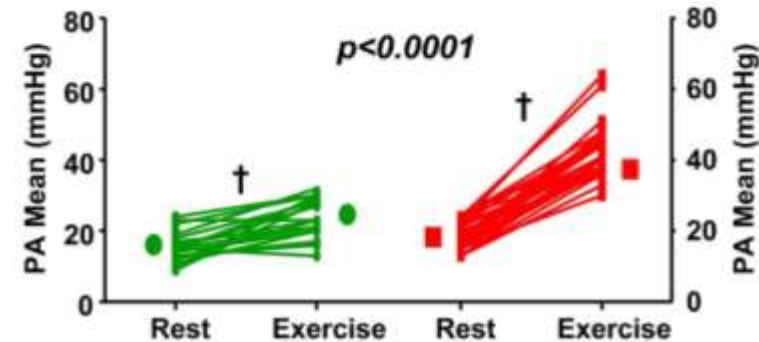
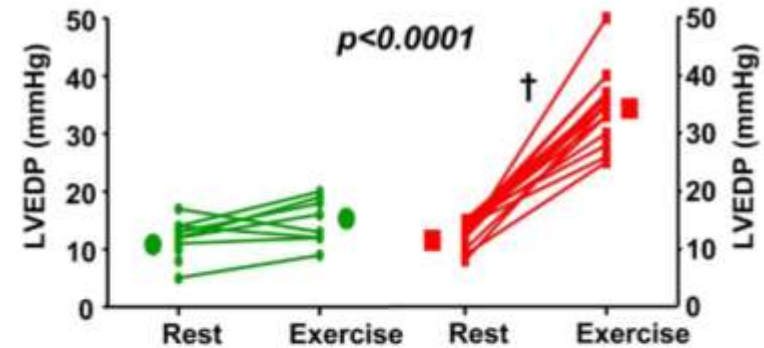
Exercise induced LVEDP increase for unmasking HF-pEF

55 subjects with exercise-induced dyspnea,
PAPM < 25 mmHg and PAWP < 15 mmHg at rest
Exercise rise in PAWP > 25 mmHg = HF-pEF



* $p < 0.0001$ for Δ PCWP (vs NCD)
† $p < 0.0001$ vs base (within group)
‡ $p < 0.01$ vs base (within group)

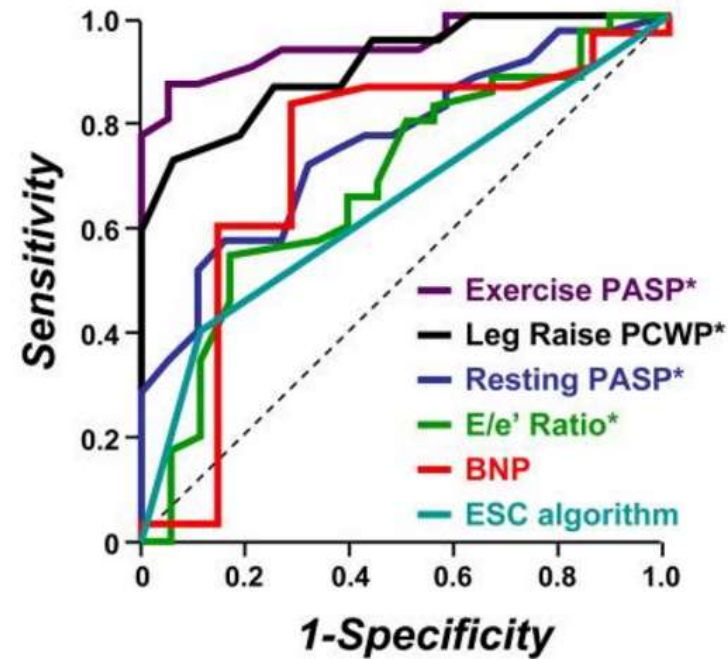
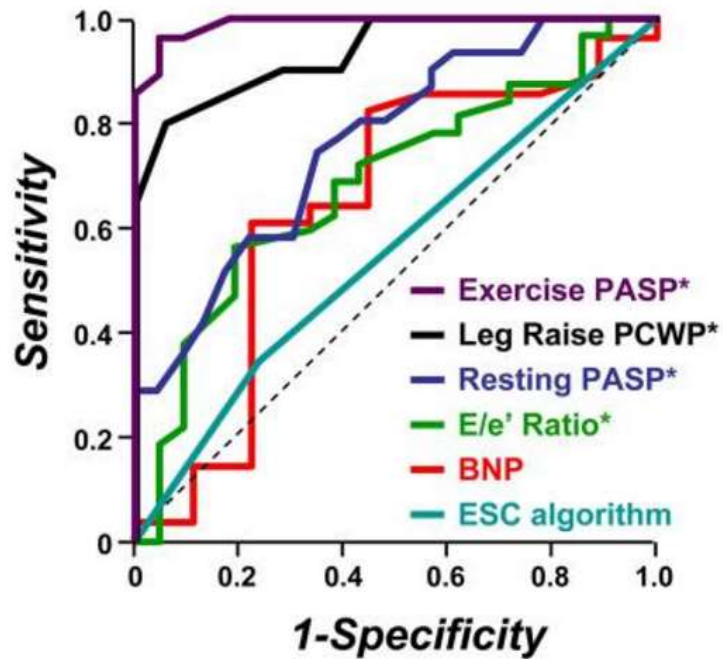
● NCD ■ HFpEF



Exercise induced LVEDP increase for unmasking HF-pEF

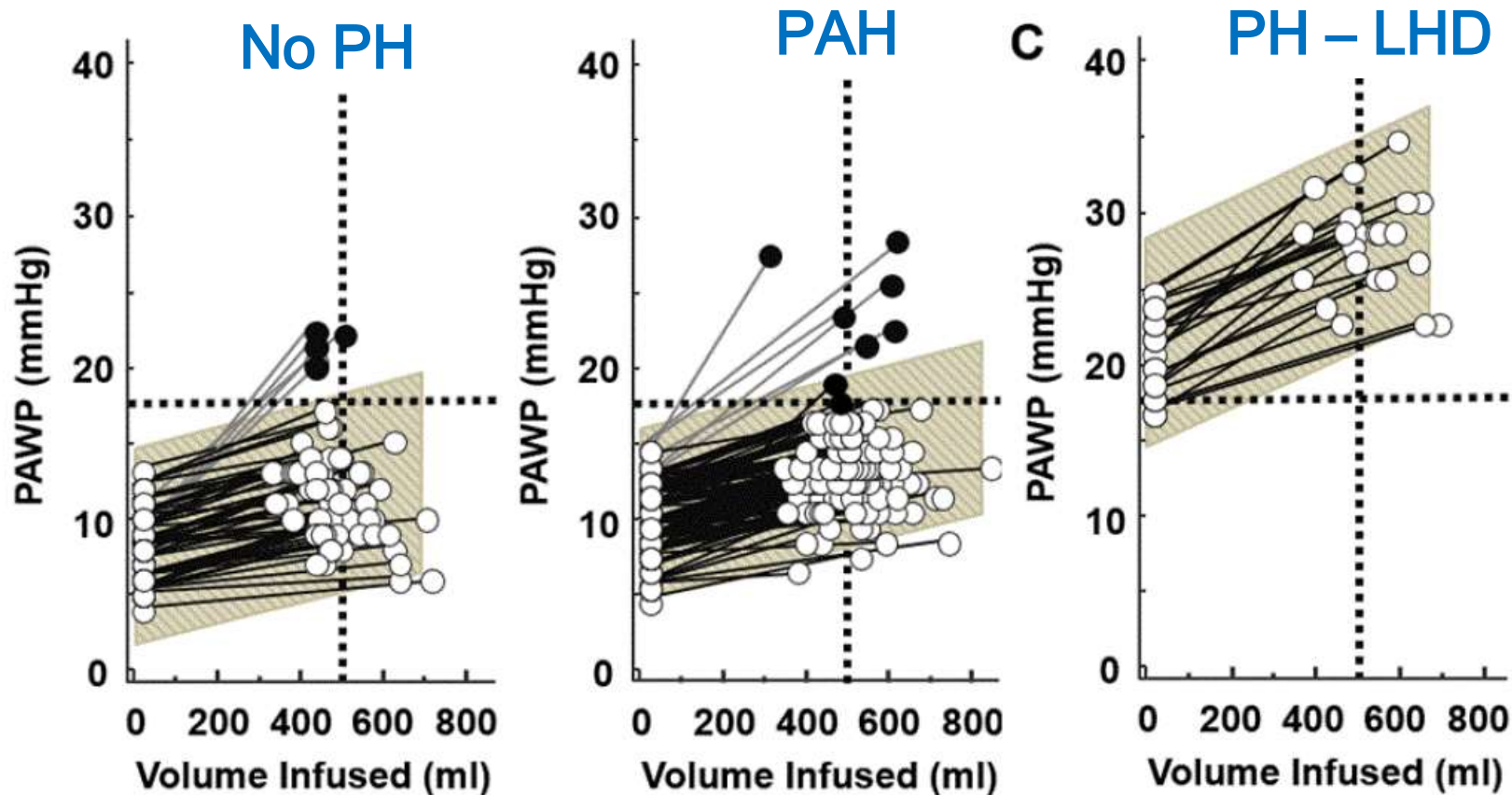
Exercise PAWP > 25 mmHg

Exercise PAWP > 15 mmHg

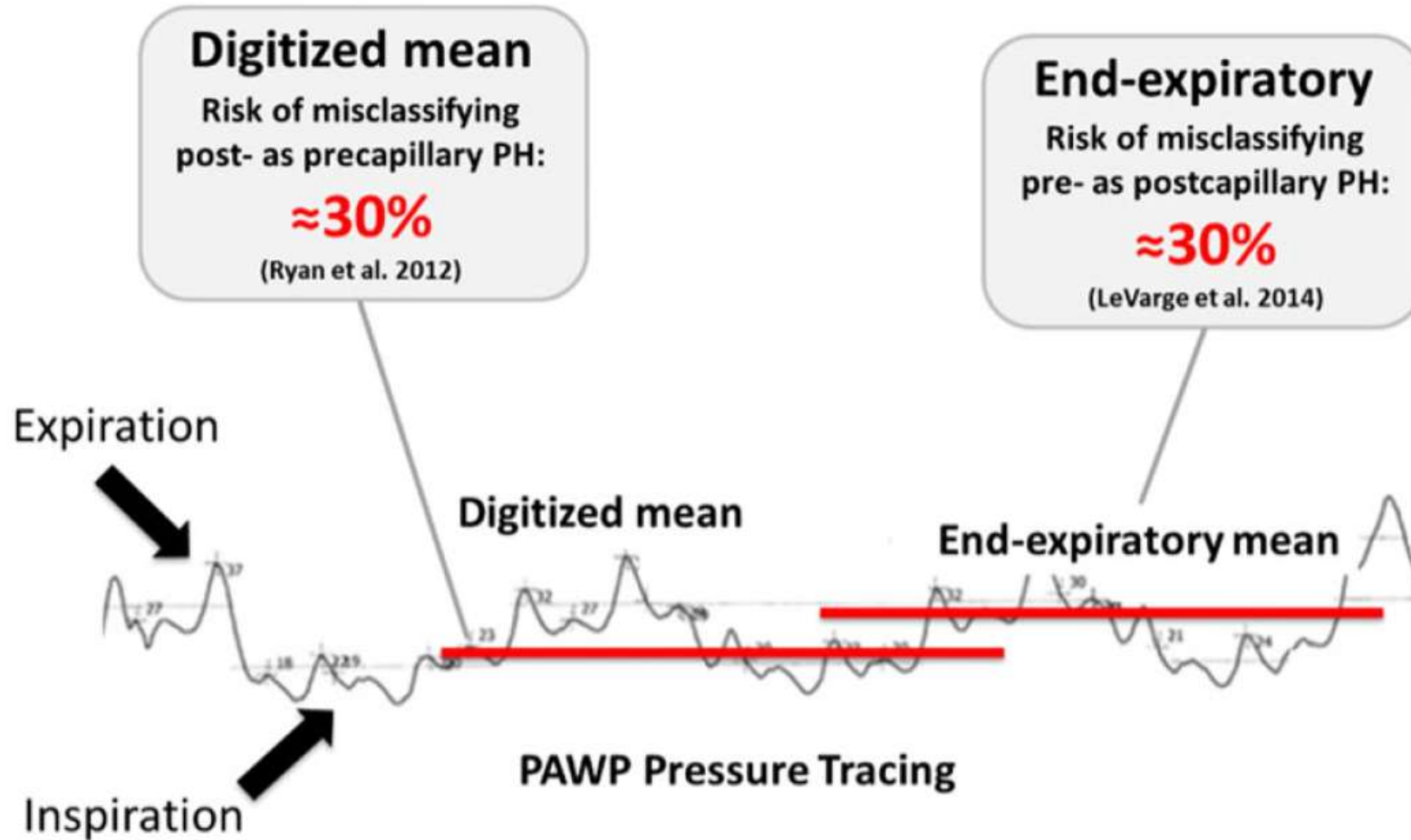


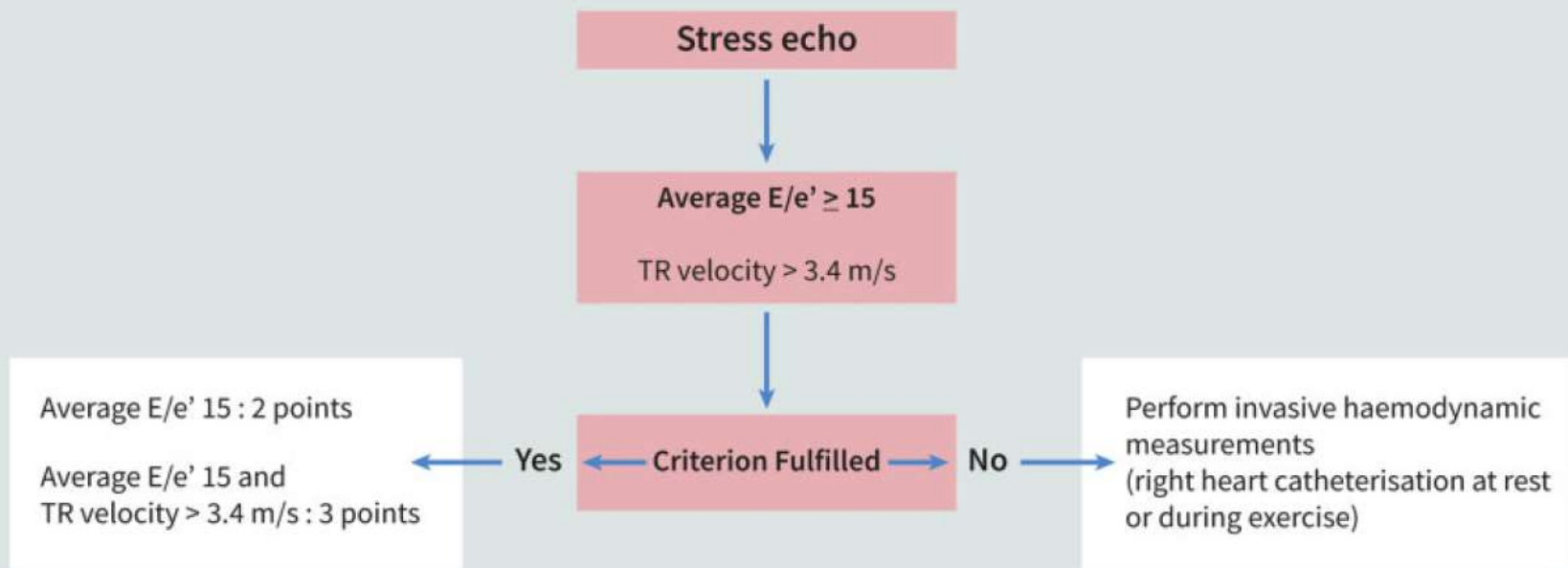
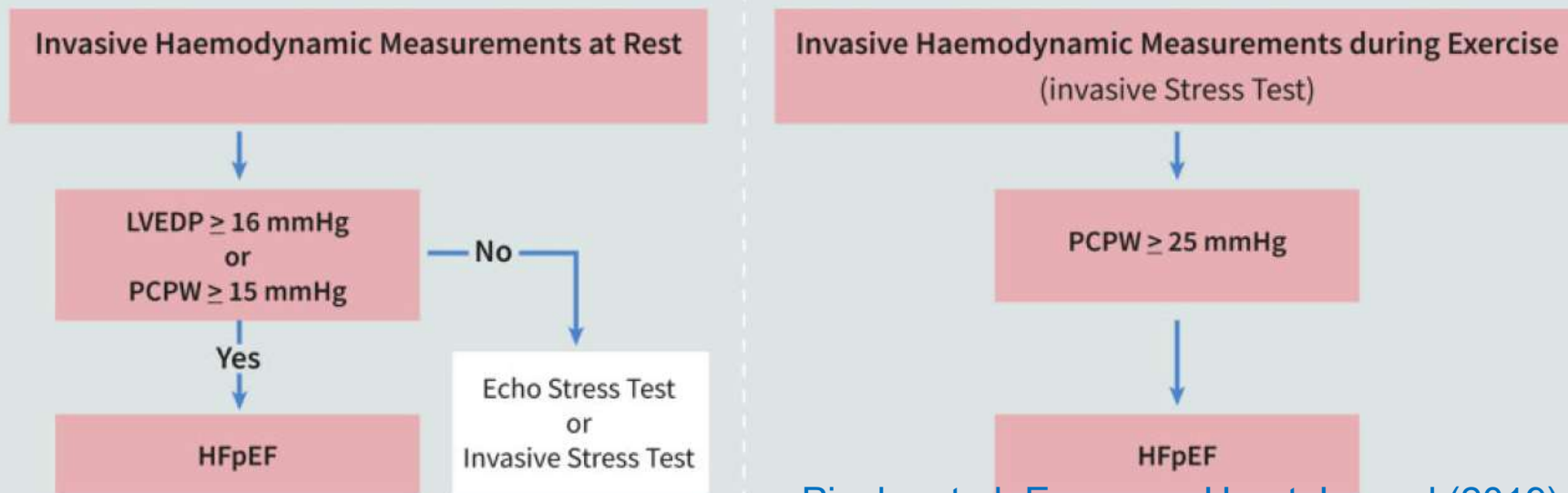
Re-classification of PH after fluid challenge?

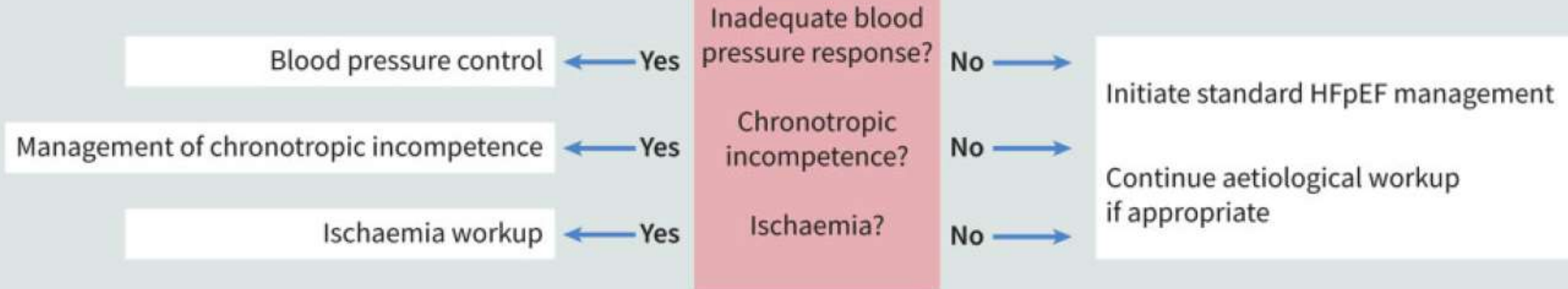
- 7 ml/kg/10 min infusion
- cut-off PCWP 18 mmHg



PAWP measurement method matters



A**Advanced HFpEF workup: Echo stress test****B****Invasive Haemodynamic Measurements (Left and Right Heart Catheterisation)**

A**Aetiological Workup:****Ergometry****B****Aetiological Workup:****CMR**

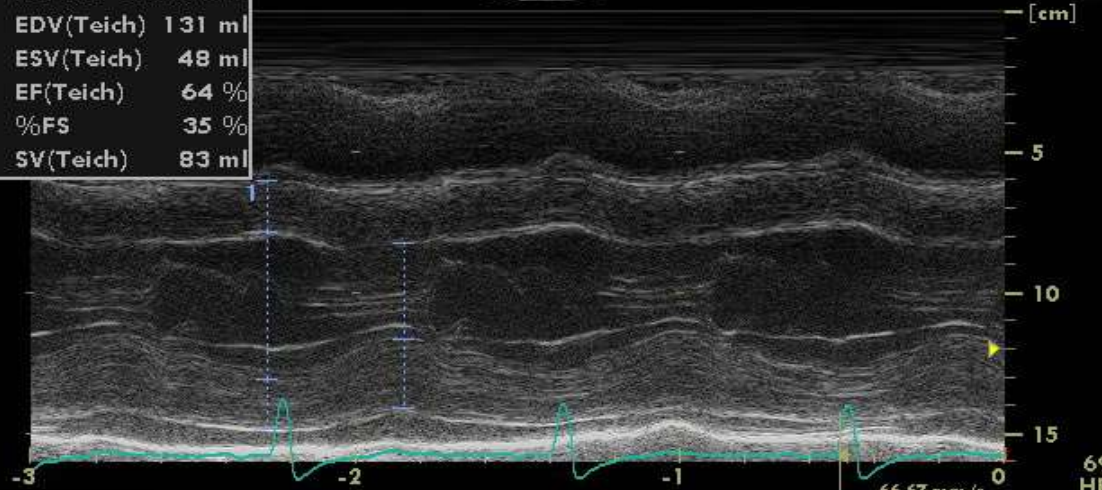
**JAK MŮŽE NEMOCNÝ S HF-PEF
VYPADAT?**

Hypertrofie LK Zachovalá EF

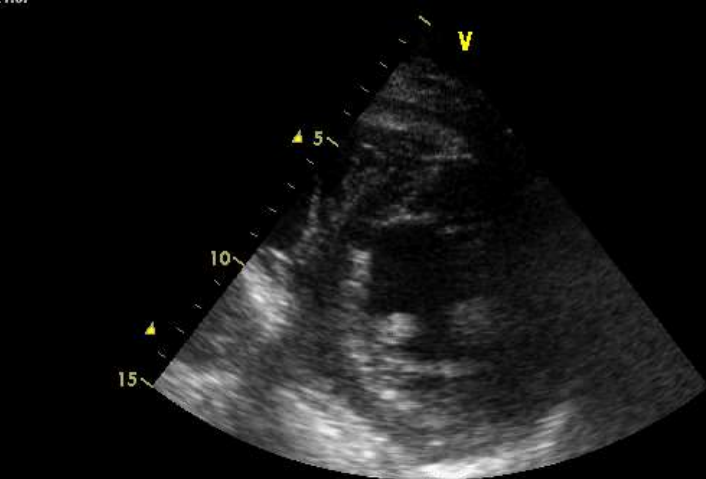
LVMi = 165 g /m²

EF = 67%

1	IVSd	18.16 mm
	LVIDd	52.20 mm
	LVPWd	17.02 mm
	LVIDs	34.04 mm
	LVPWs	24.40 mm
	EDV(Teich)	131 ml
	ESV(Teich)	48 ml
	EF(Teich)	64 %
	%FS	35 %
	SV(Teich)	83 ml

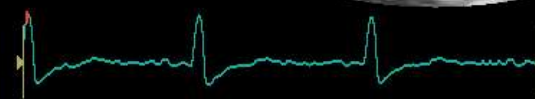
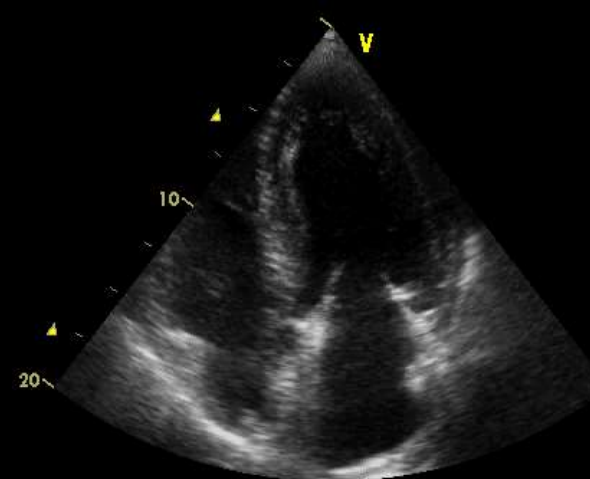


11:21:07



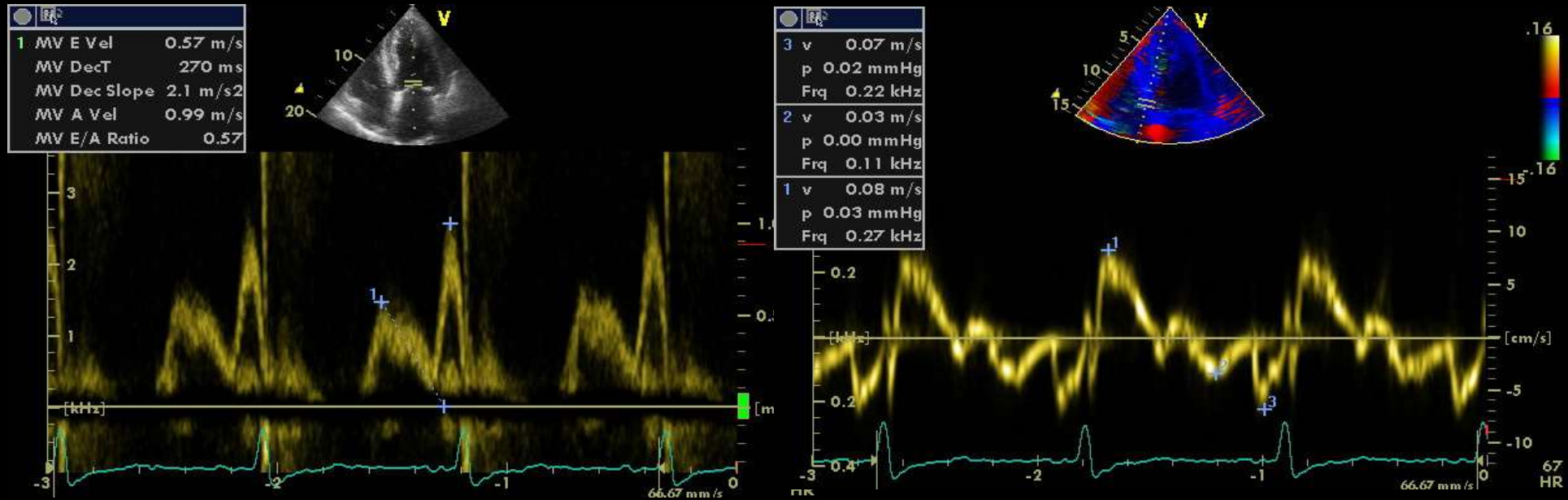
69
HR

11:21:48



68
HR

Porucha plnění levé komory



$$E = 0,57$$

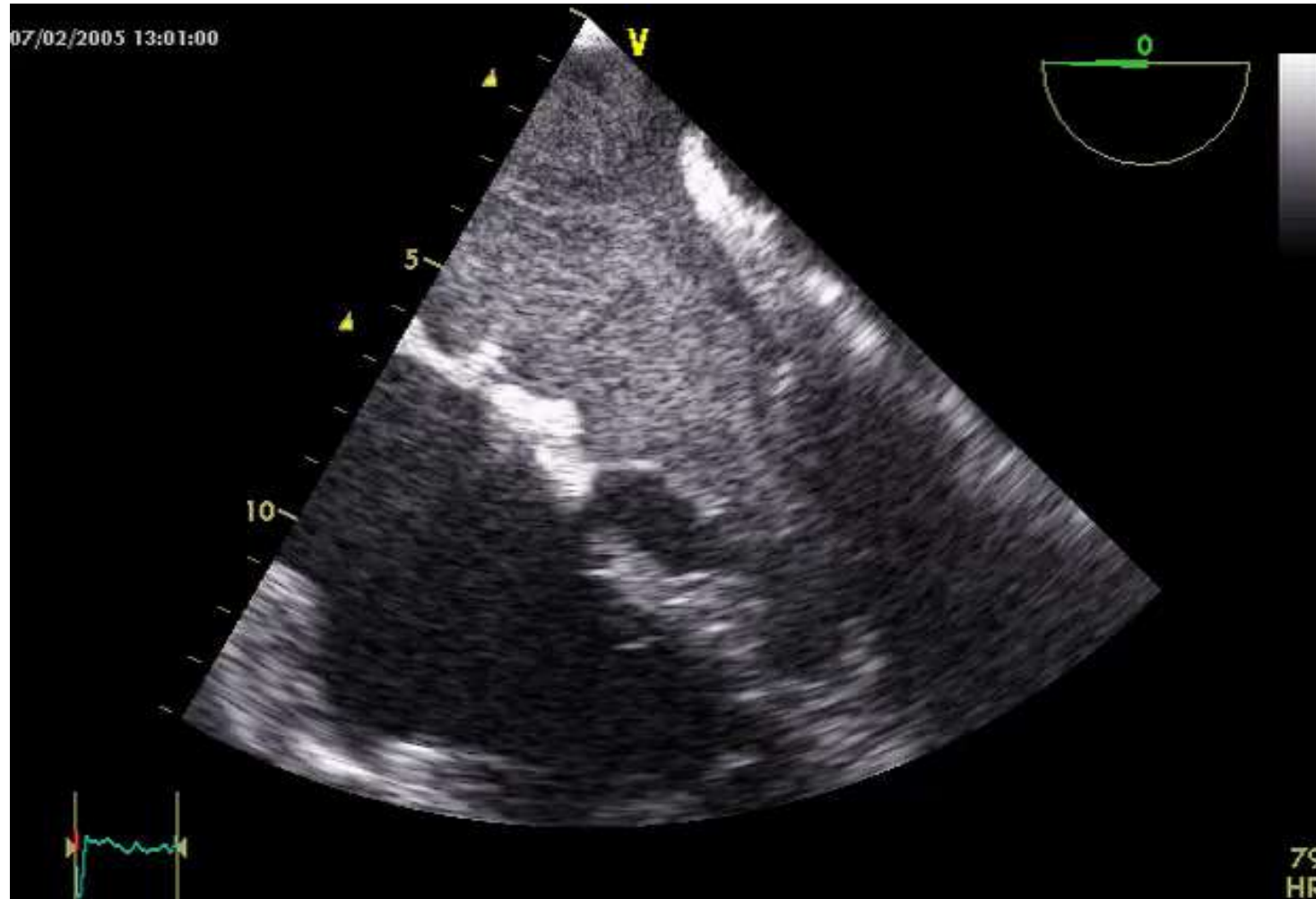
$$E' = 0,03$$

$$E/E' = 19$$

$$EDP = 11.96 + 0.596 \cdot E/E' = 23 \text{ mmHg}$$

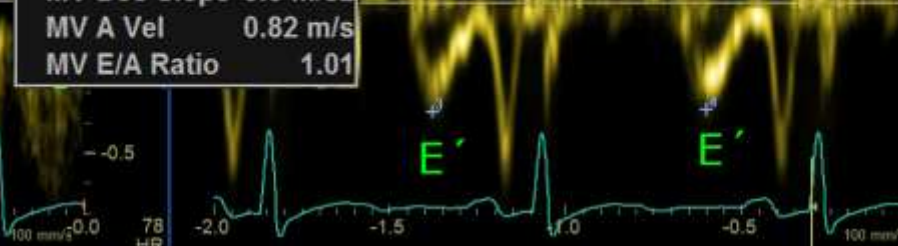
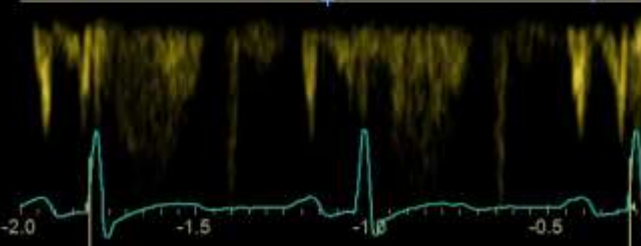
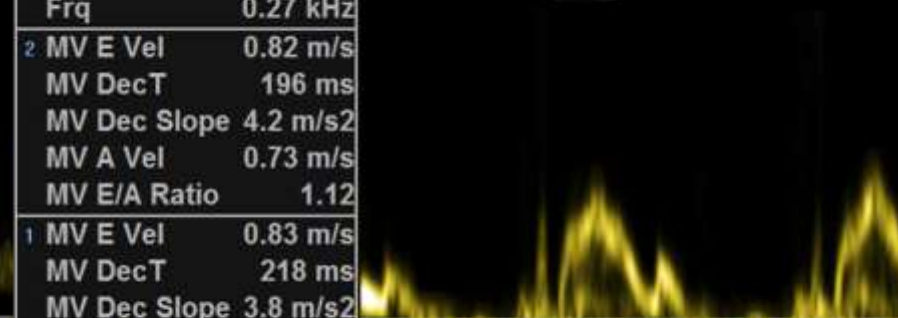
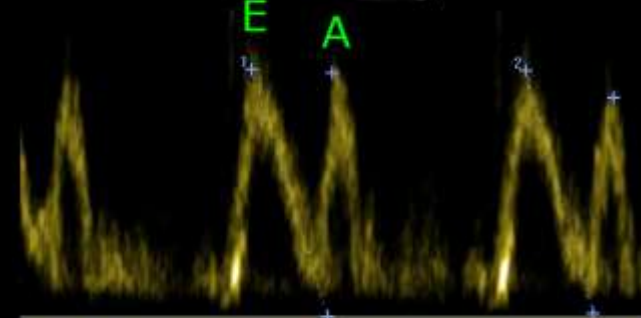
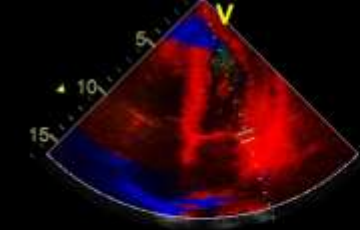
$$\tau_{TDI} = (14.7 - 100 \cdot E') / 0.15 = 78 \text{ ms}$$

Restriktivní idiopatická kardiomyopatie



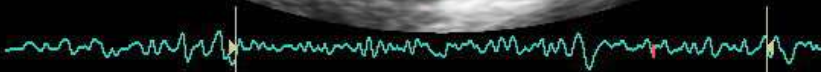
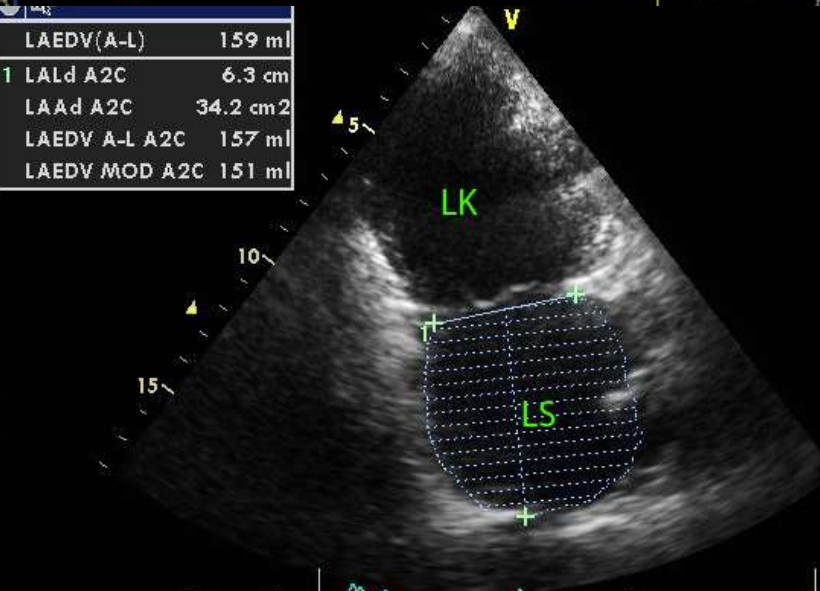
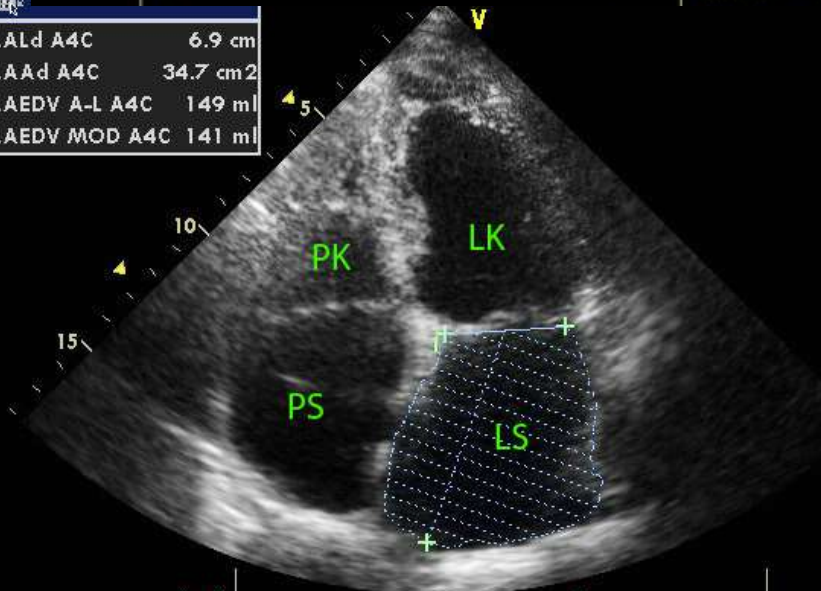


4 v	0.08 m/s
p	0.03 mmHg
Frq	0.27 kHz
3 v	0.08 m/s
p	0.03 mmHg
Frq	0.27 kHz
2 MV E Vel	0.82 m/s
MV DecT	196 ms
MV Dec Slope	4.2 m/s ²
MV A Vel	0.73 m/s
MV E/A Ratio	1.12
1 MV E Vel	0.83 m/s
MV DecT	218 ms
MV Dec Slope	3.8 m/s ²
MV A Vel	0.82 m/s
MV E/A Ratio	1.01

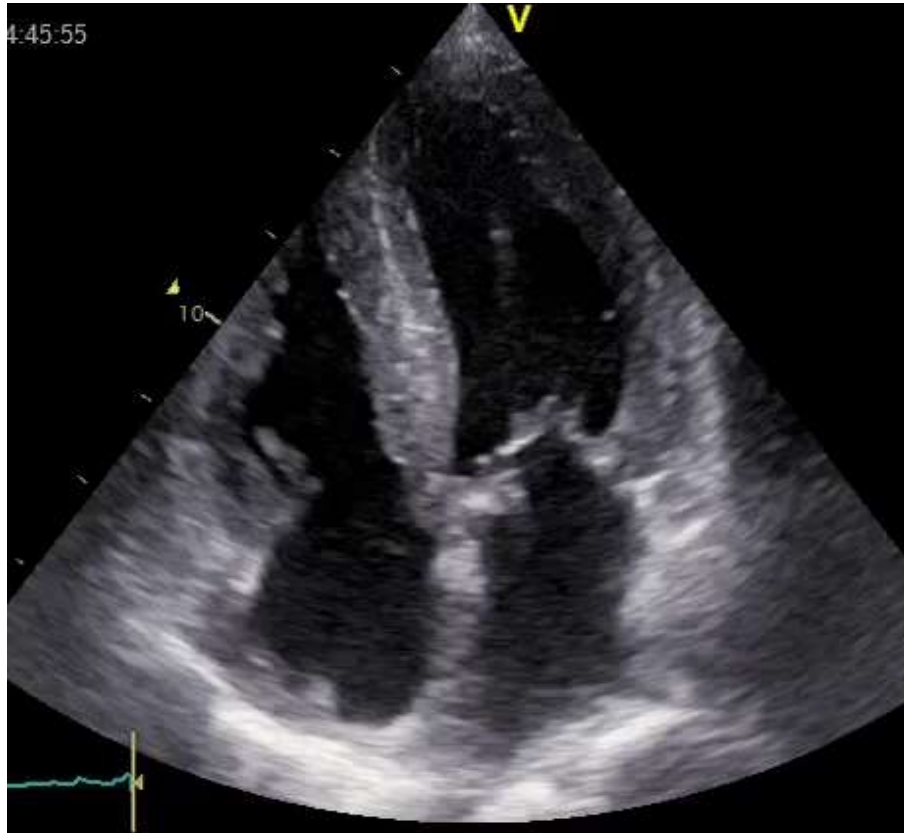


1 LALd A4C	6.9 cm
LAA d A4C	34.7 cm ²
LAEDV A-L A4C	149 ml
LAEDV MOD A4C	141 ml

LAEDV(A-L)	159 ml
1 LALd A2C	6.3 cm
LAA d A2C	34.2 cm ²
LAEDV A-L A2C	157 ml
LAEDV MOD A2C	151 ml



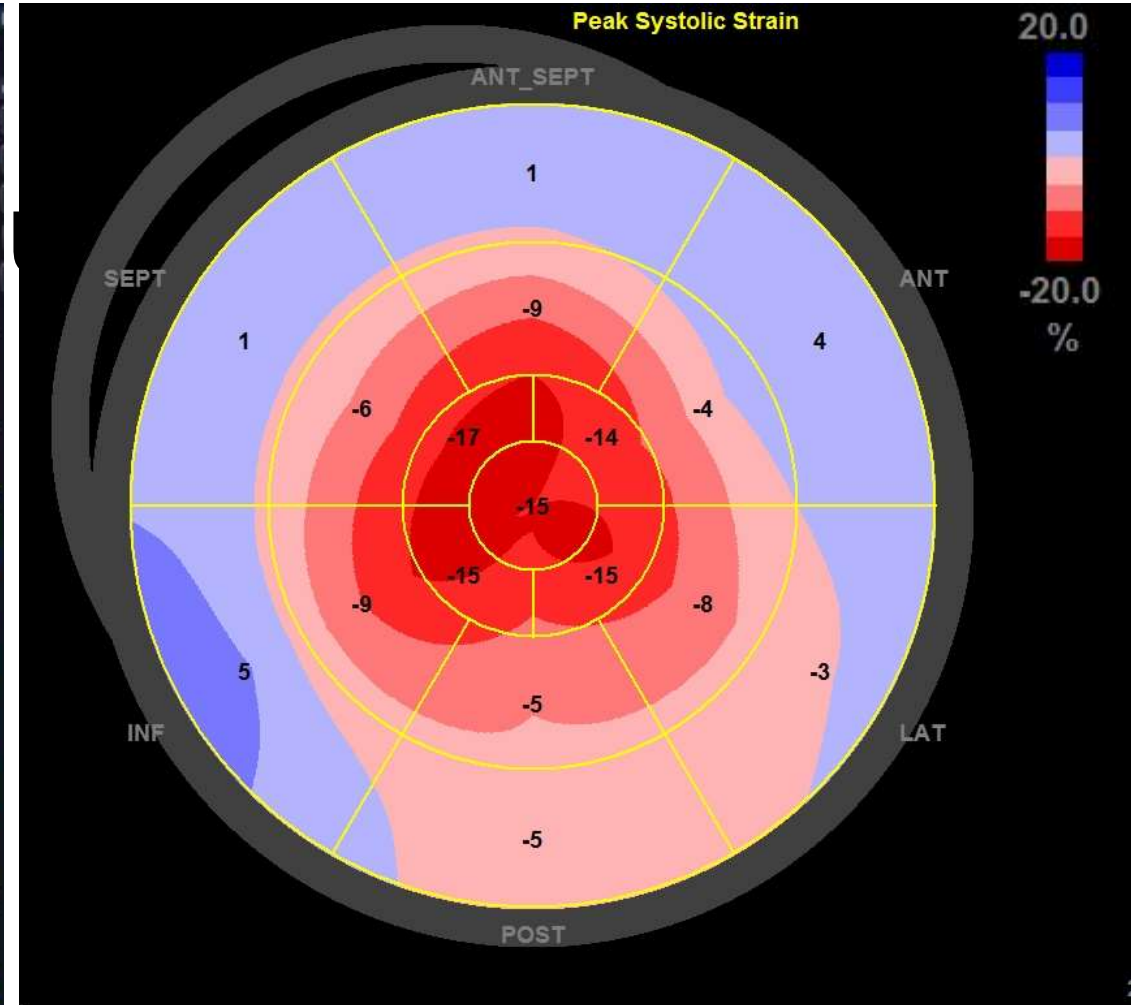
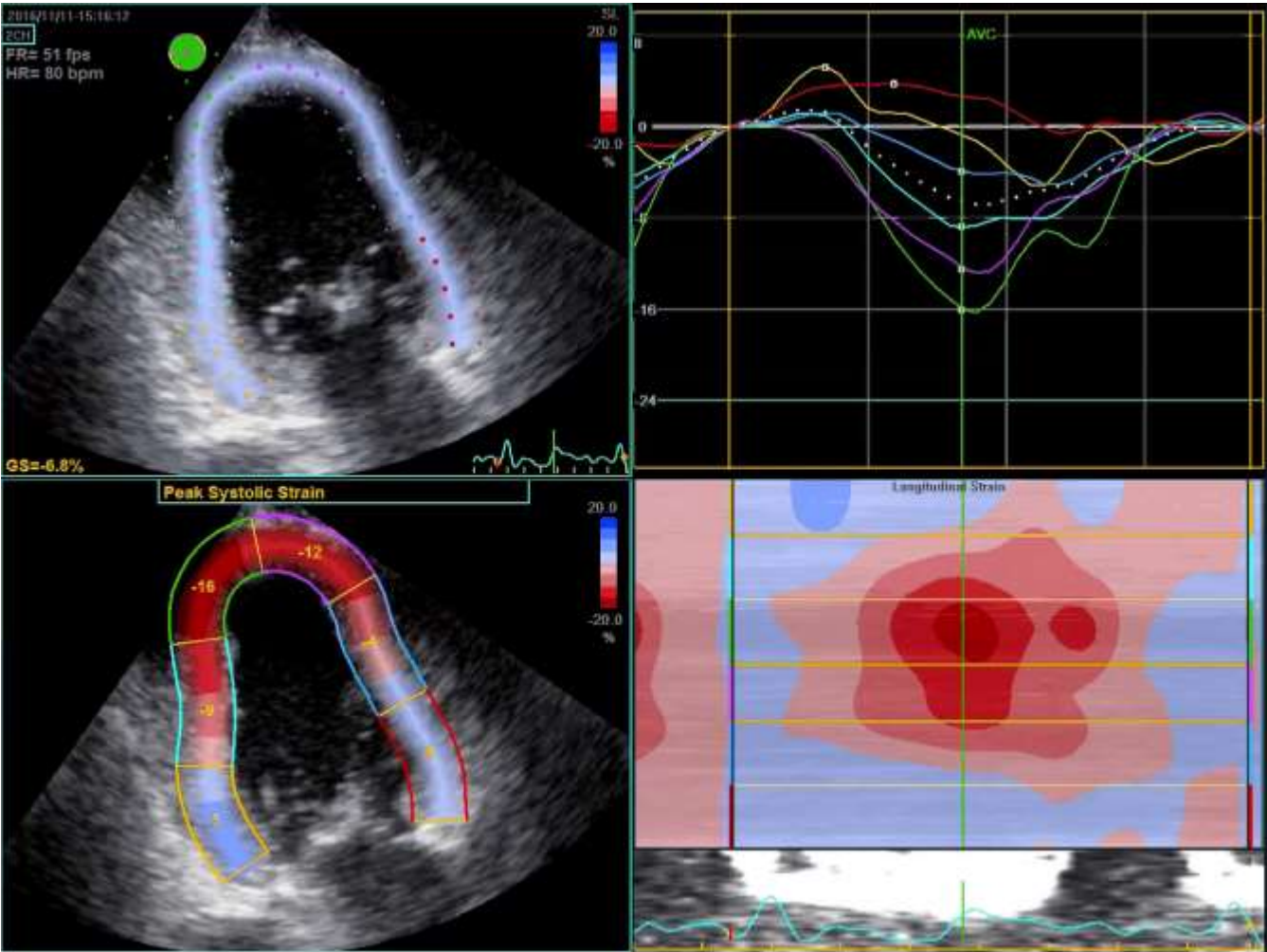
Restrictive cardiomyopathy



Imaging: General University Hospital,
Prague, CZ



Apical sparing phenomenon

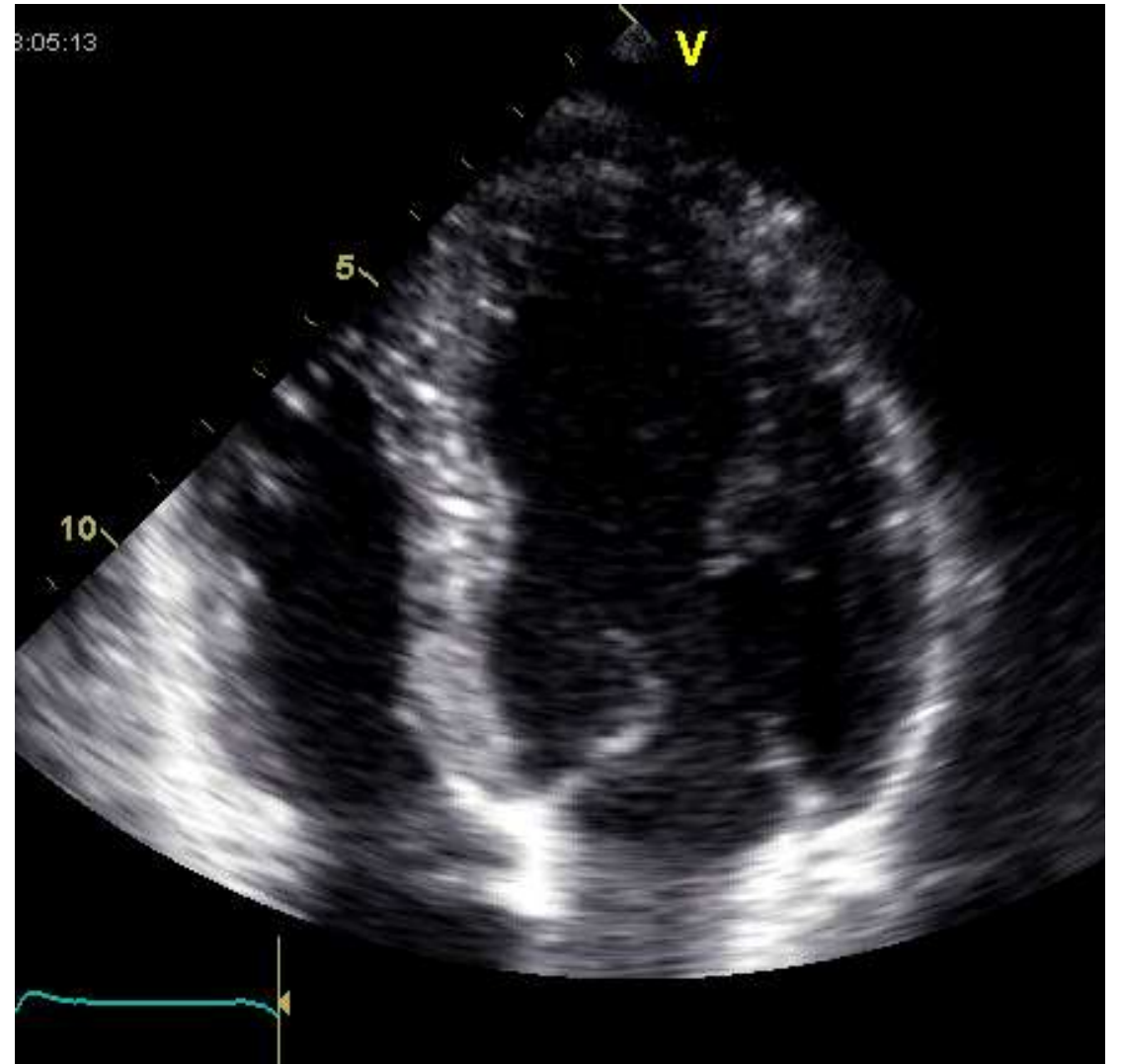
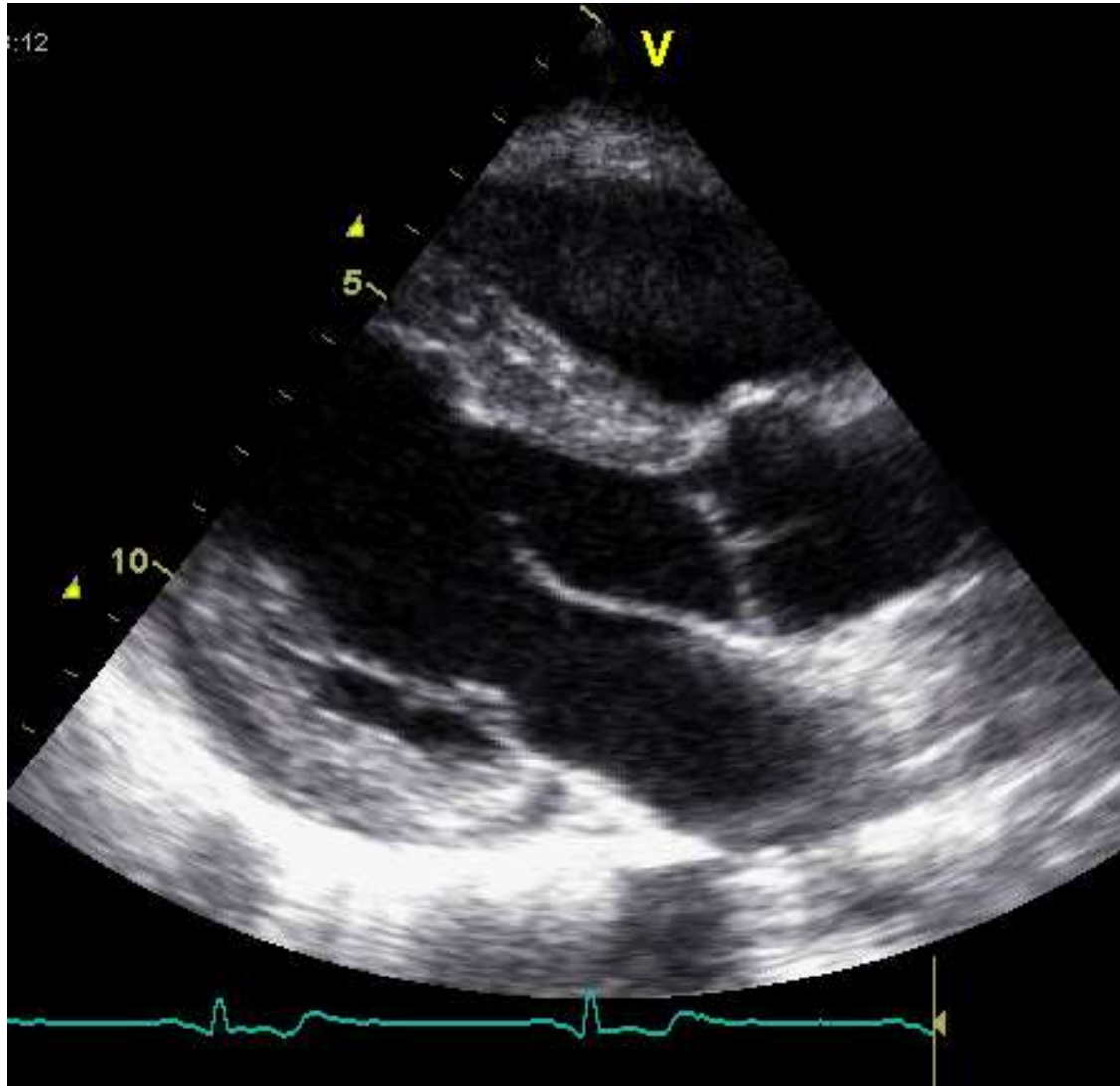


Cases and images: General University Hospital Prague, CZ

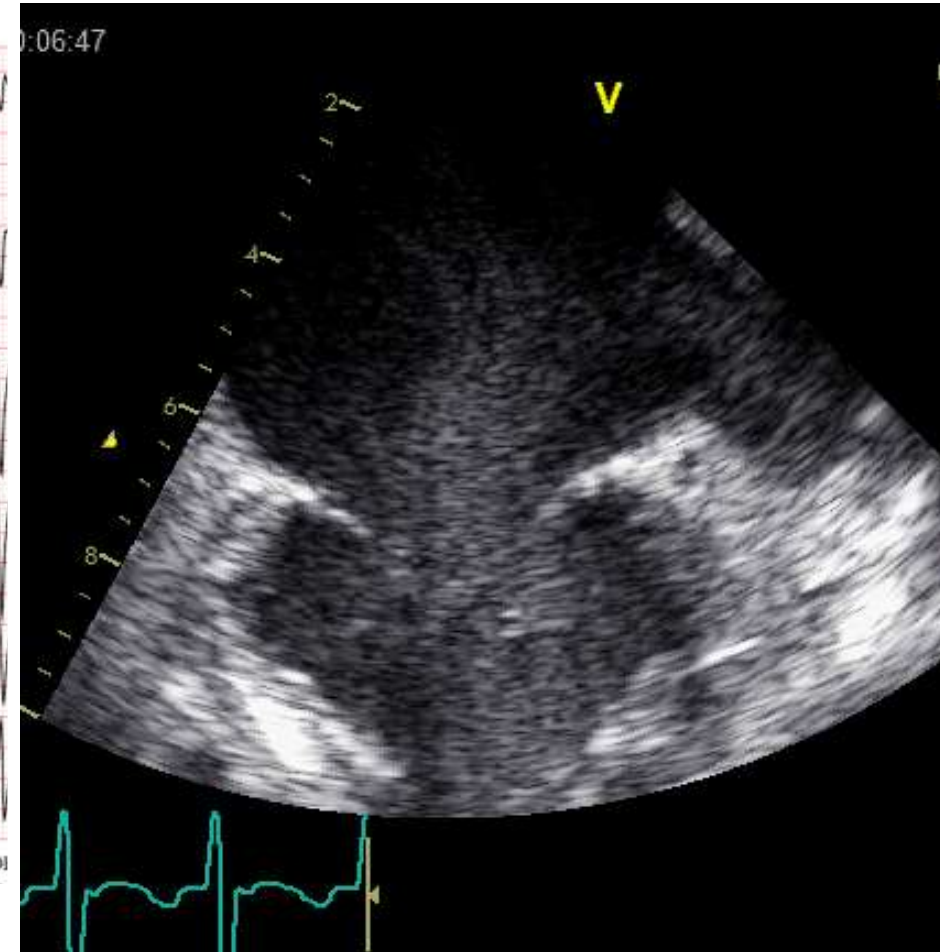
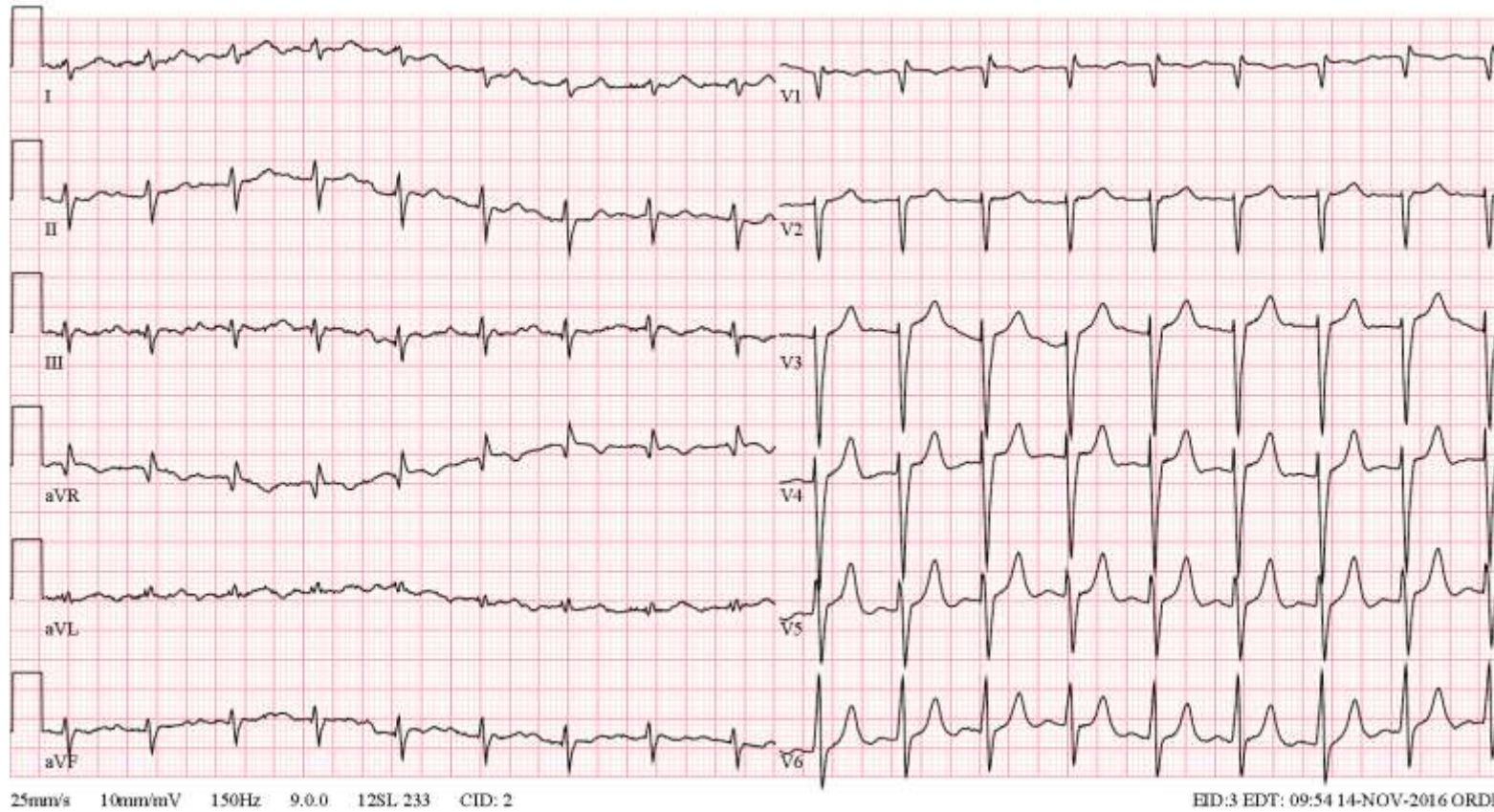
GLS < 16 = 1 point

Pieske et al. European Heart Journal (2019) 40, 3297–3317

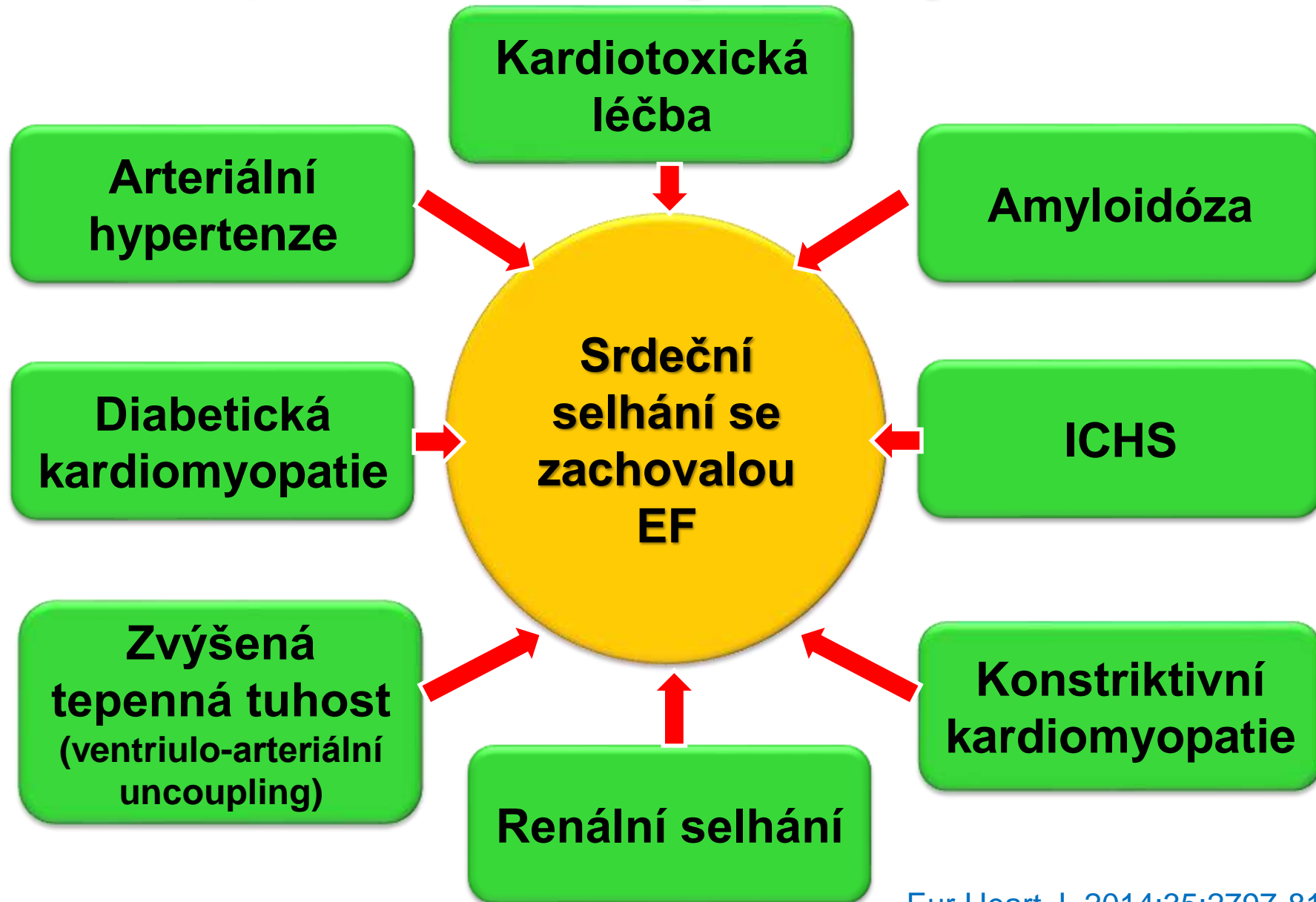
Diffuse LVH



Fibrilace síní a HF-pEF



HF-pEF – heterogenní syndrom



Rozdíly v příčinách úmrtí u nemocných s HF-PEF a HF-REF²

Příčiny úmrtí	I-Preserve*¹	HF-REF
Náhlá srdeční smrt	26	28
Srdeční selhání	14	45
IM	5	6
CMP	9	5
Nekardiovaskulární	30	15

*I-preserve = 4128 nemocných s EF > 45%, NYHA II-IV

1) Massie et al. N Engl J Med.
2008;359:2456-67

Závěr

- Nemocní s HF-pEF nepochybně existují
- U řady nemocných je ale dg. pochybná
- Kritéria navržená HFA zahrnují i normální nálezy jako známky HF-pEF
- Echo a BNP kritéria umožnila zařazení nemocných bez srdečního selhání do řady studií
- Nemocní s HF-pEF mají řadu specifických dg. (amyloidóza)
- Četné komorbidity činí léčbu nemocných problematickou