

# The Avenue to Personalized Care for Cardiomyopathy Patients

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**Weill Cornell  
Medicine-Qatar**







Women's Wellness & Research Center

Ambulatory Care Center

Qatar Rehabilitation Institute

Translational Research Institute

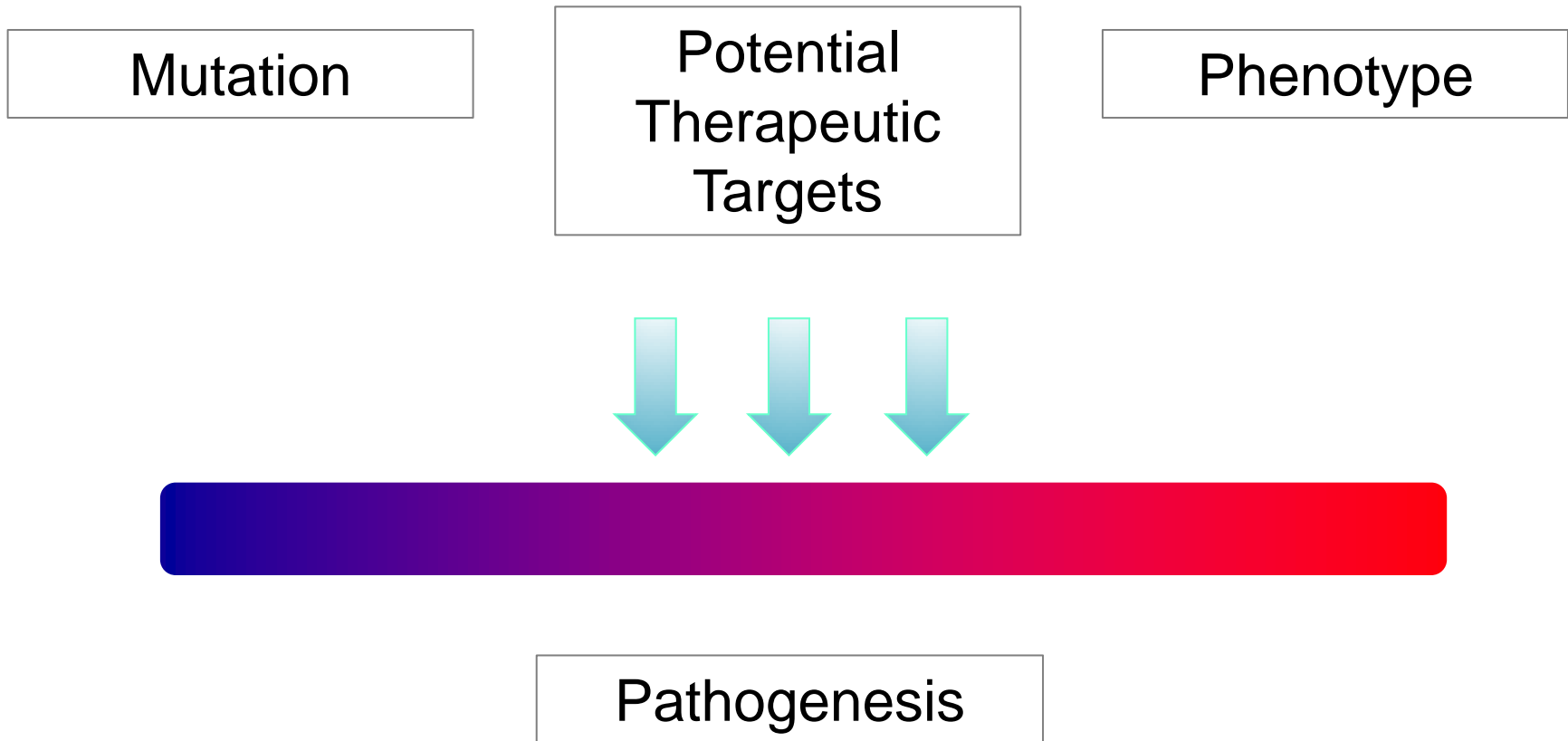
# Personalized Medicine

## Definition

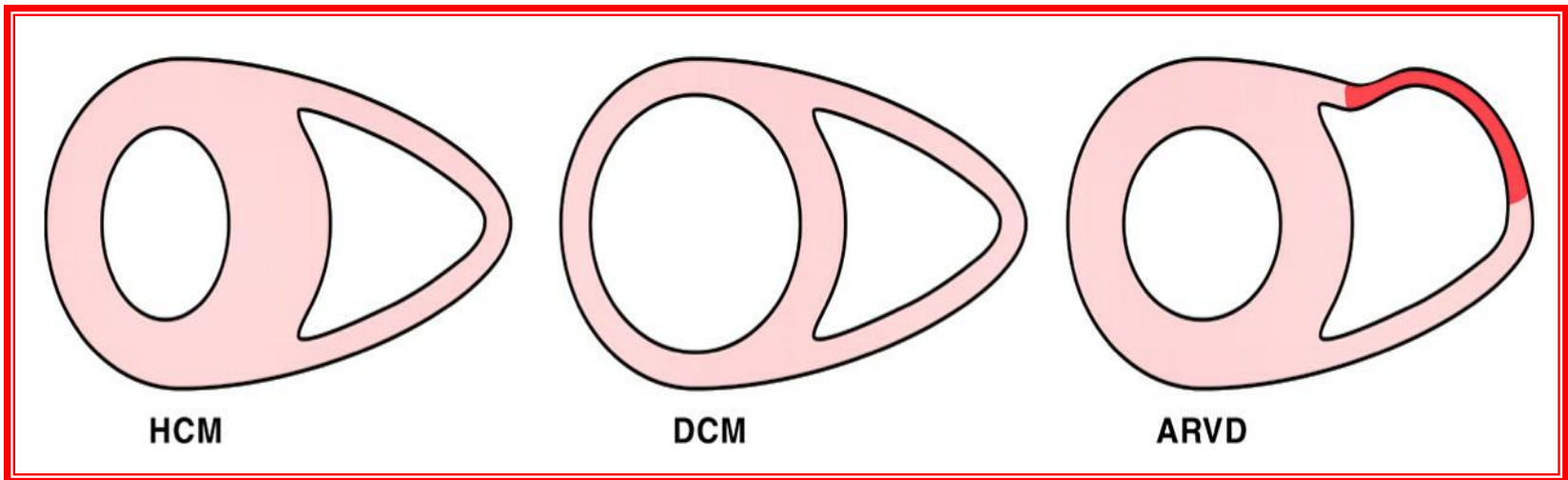
Customization of medical care tailored to the individual

- Biological
- Phenotypic
- Psycho-social

# Targeted/individualised treatment



# The Genetic Basis of the Inherited Cardiomyopathies

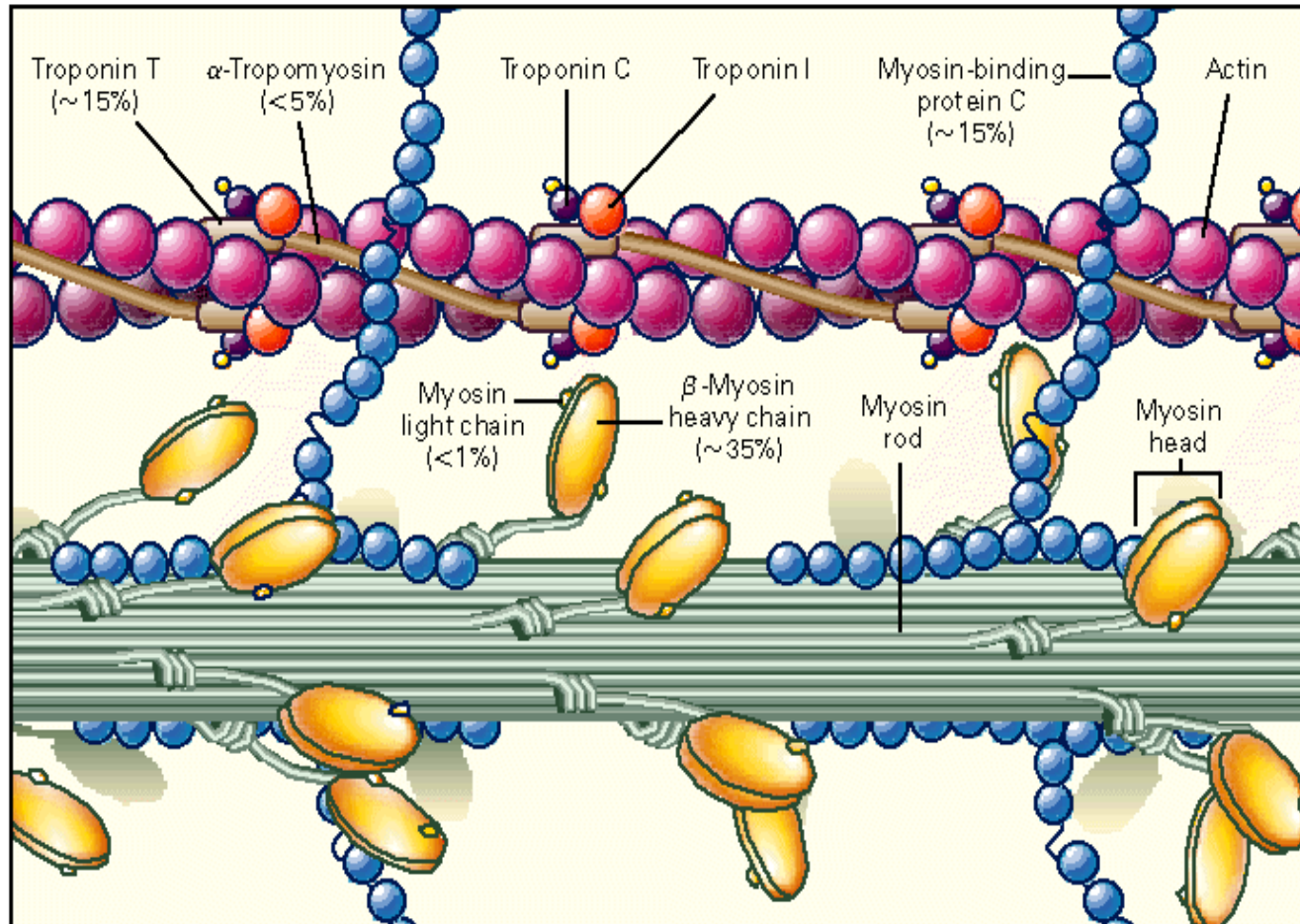


**sarcomere**

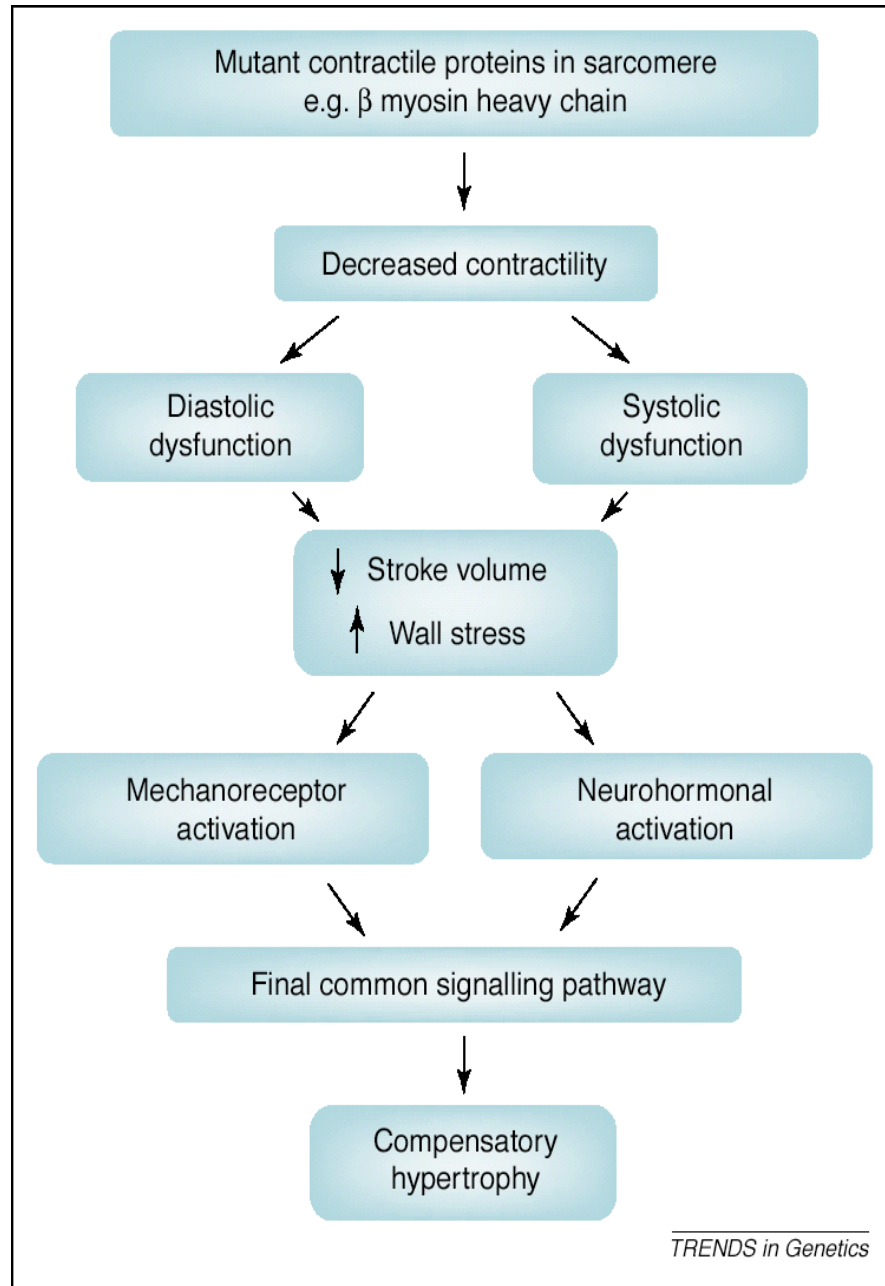
**cytoskeletal  
sarcomere  
nuclear envelope**

**cell  
adhesion**

# Sarcomere Disease

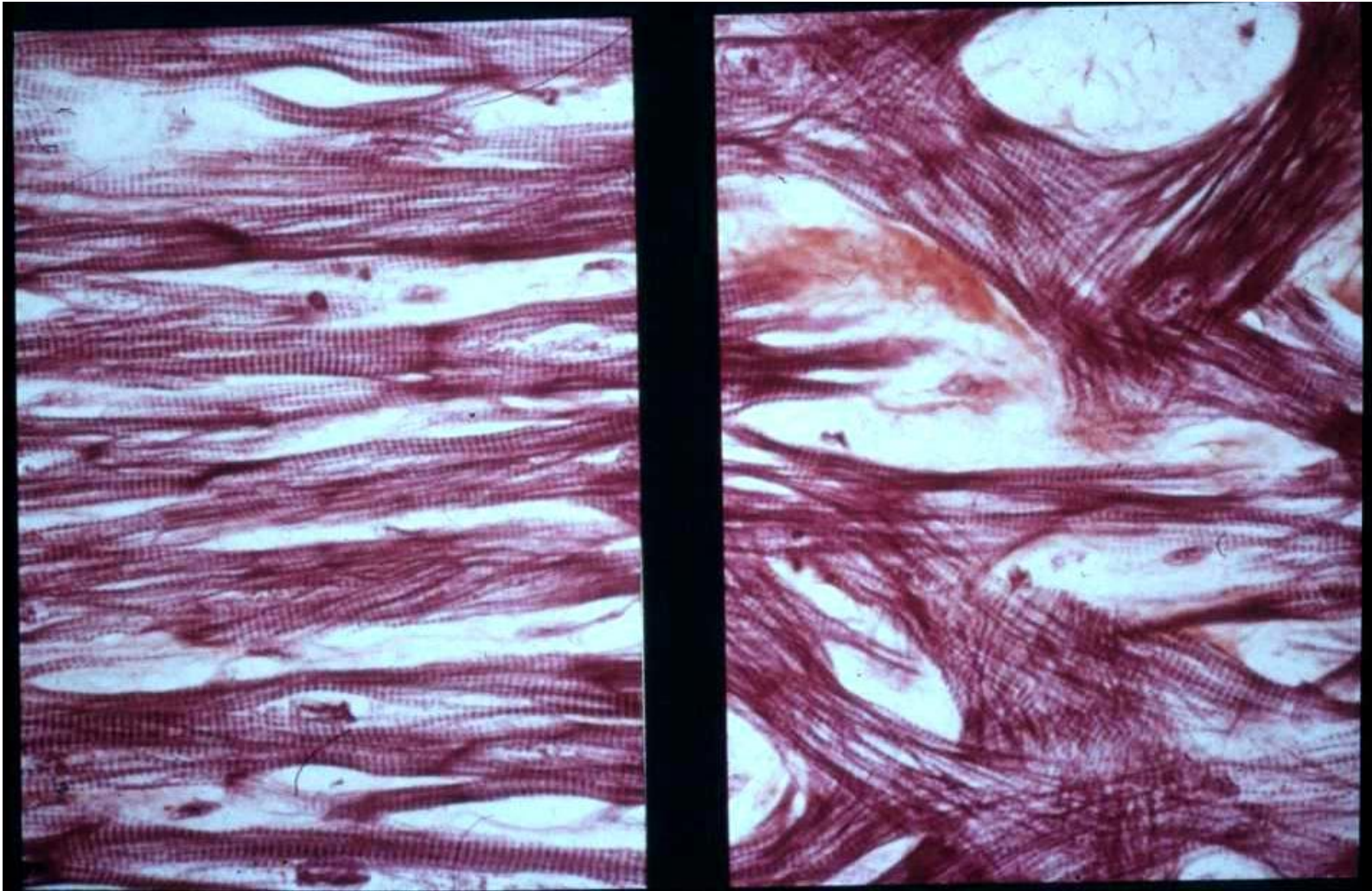






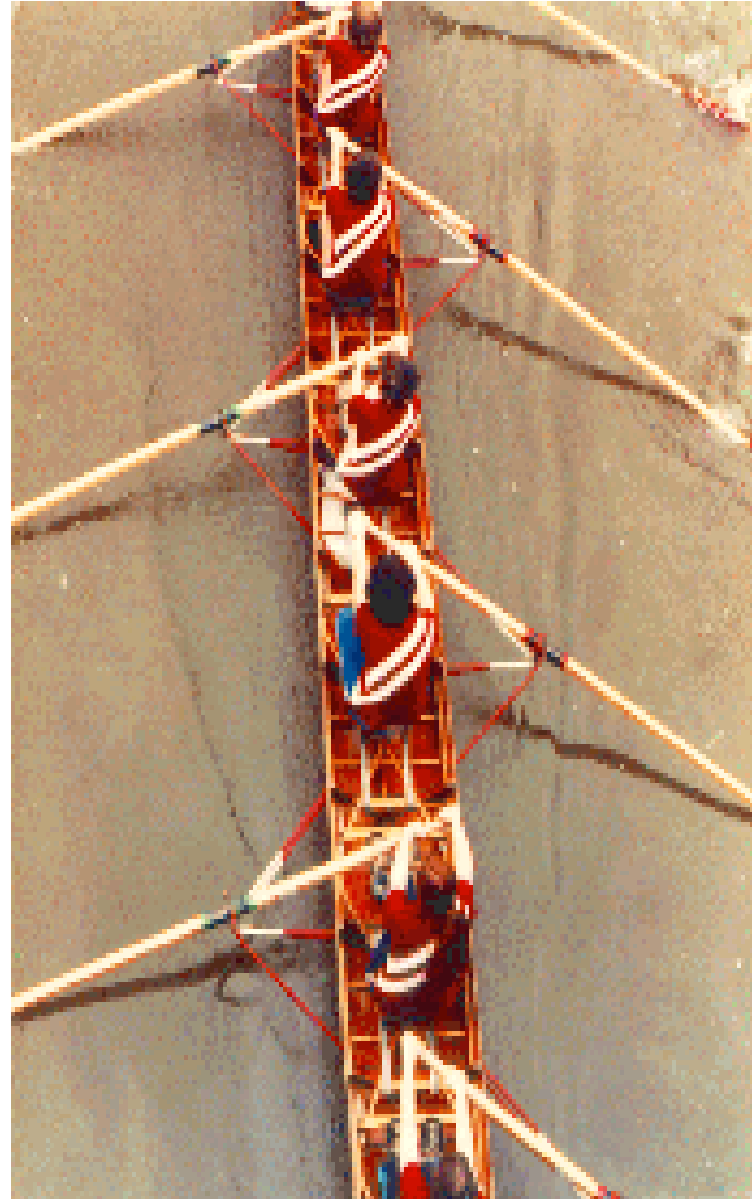
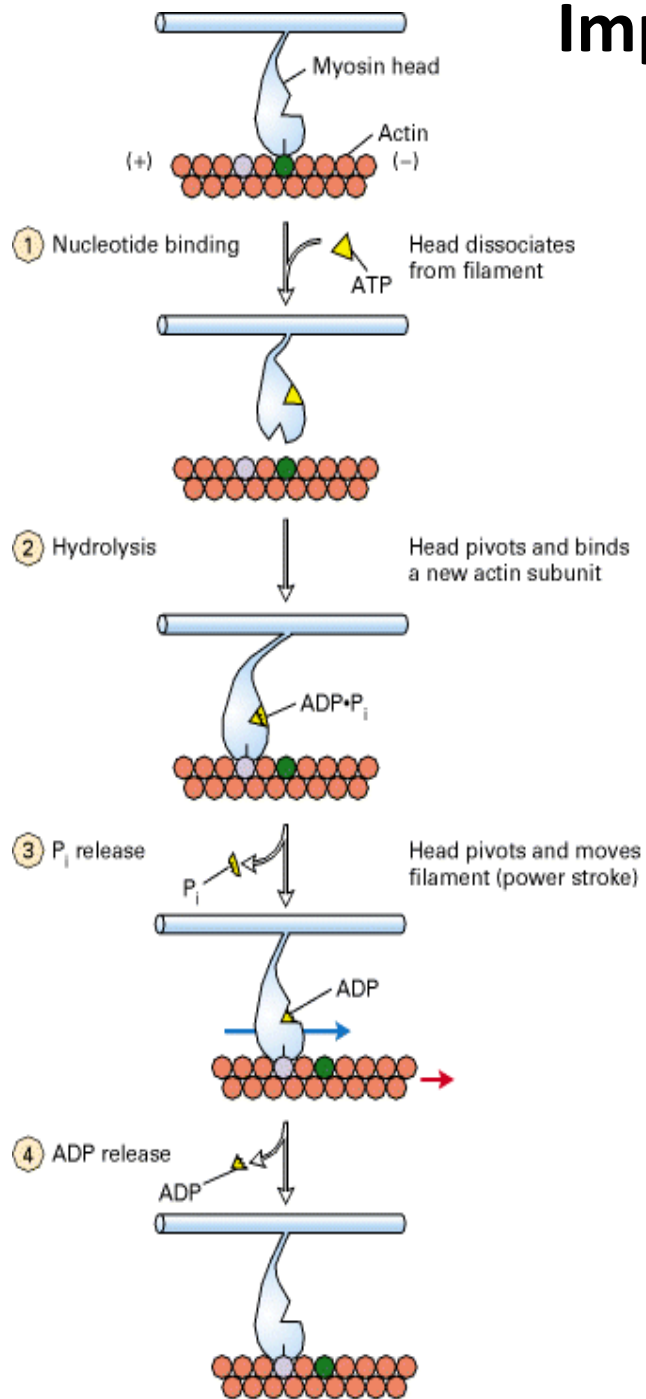


# Hypertrophic Cardiomyopathy

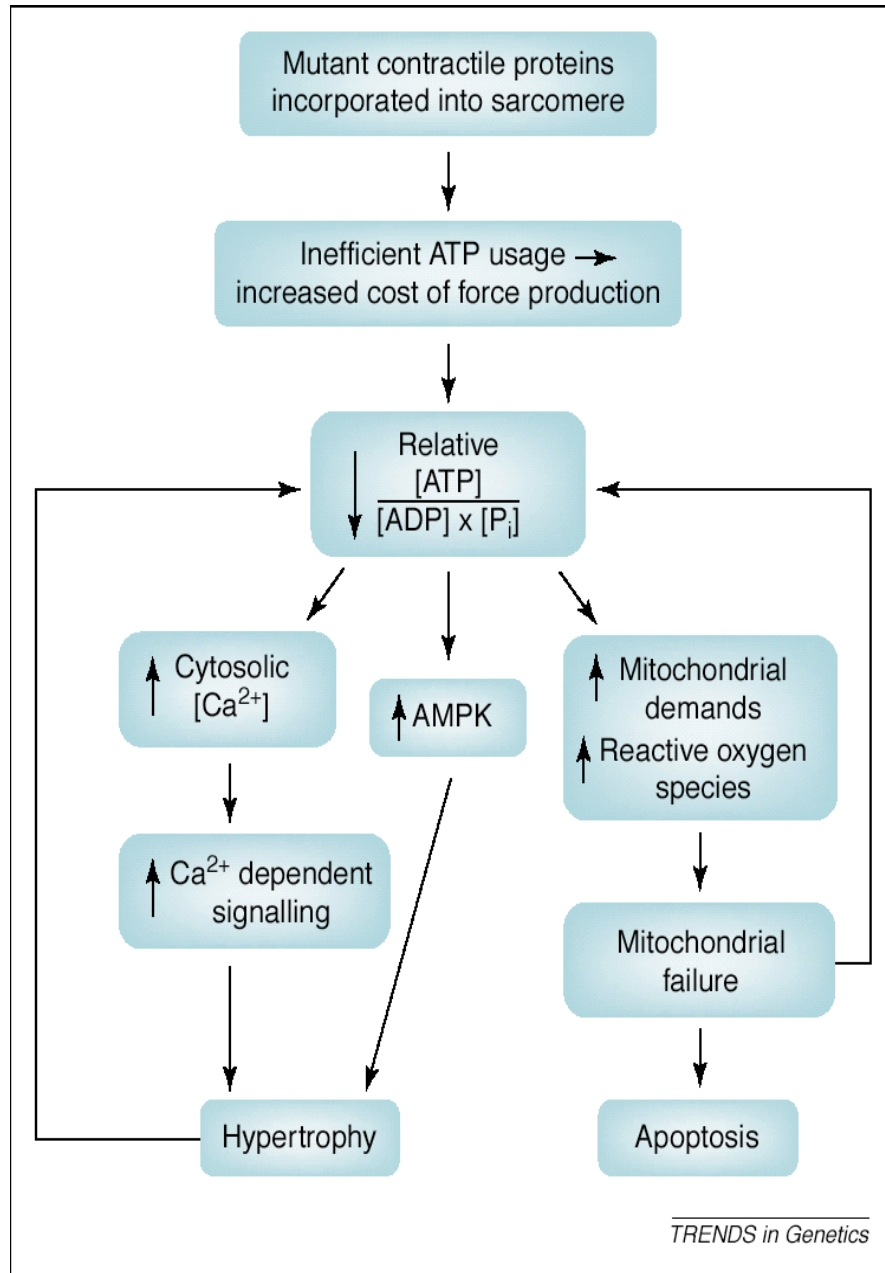


**Rx – symptoms, prevent complications**

# Impaired efficiency of Force Generation

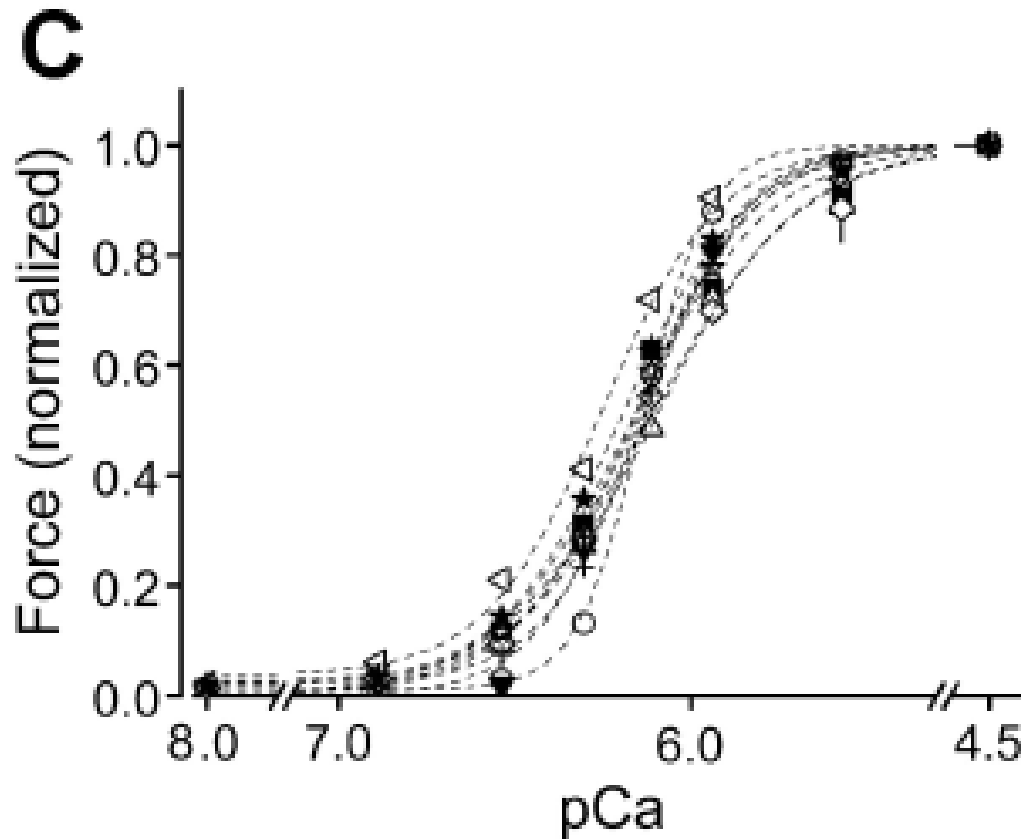


# Energy Depletion Hypothesis



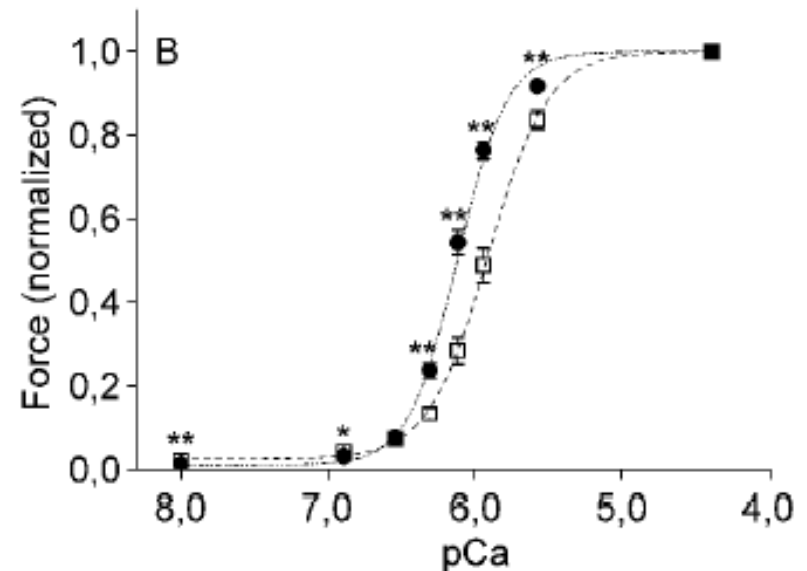
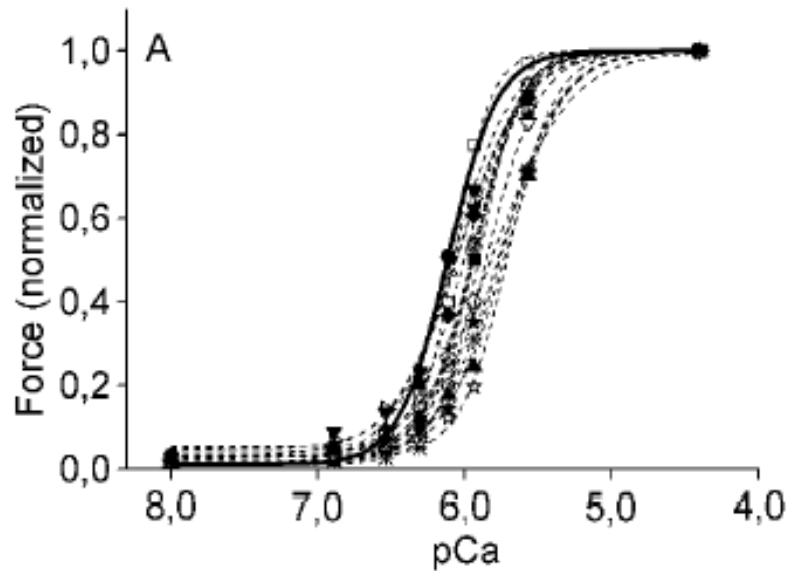
Controls (3) – single soleus muscle fibres (19)

Relation of force / Ca sensitivity



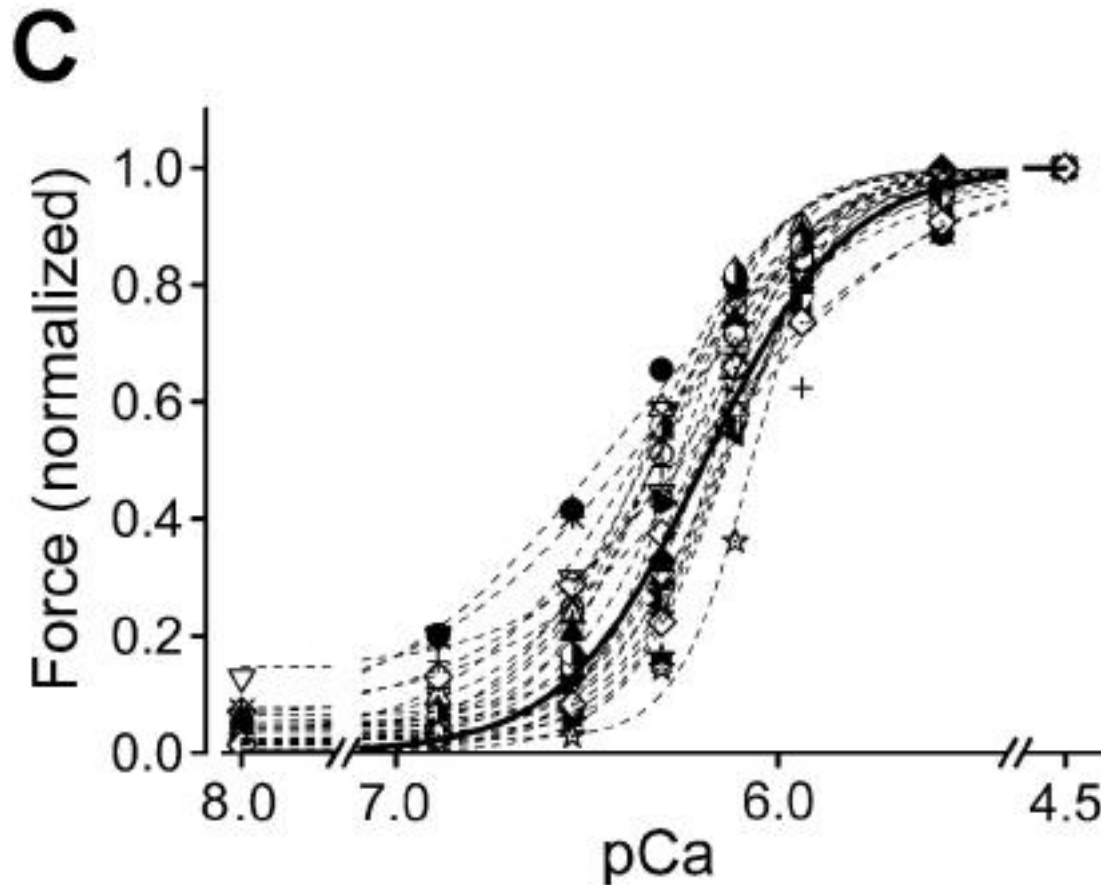
# Beta myosin heavy chain disease – single soleus muscle fibres (16)

## Relation of force / Ca sensitivity (Arg719Trp)



# Beta myosin heavy chain disease – single soleus muscle fibres (25)

Relation of force / Ca sensitivity (Ile736Thr)





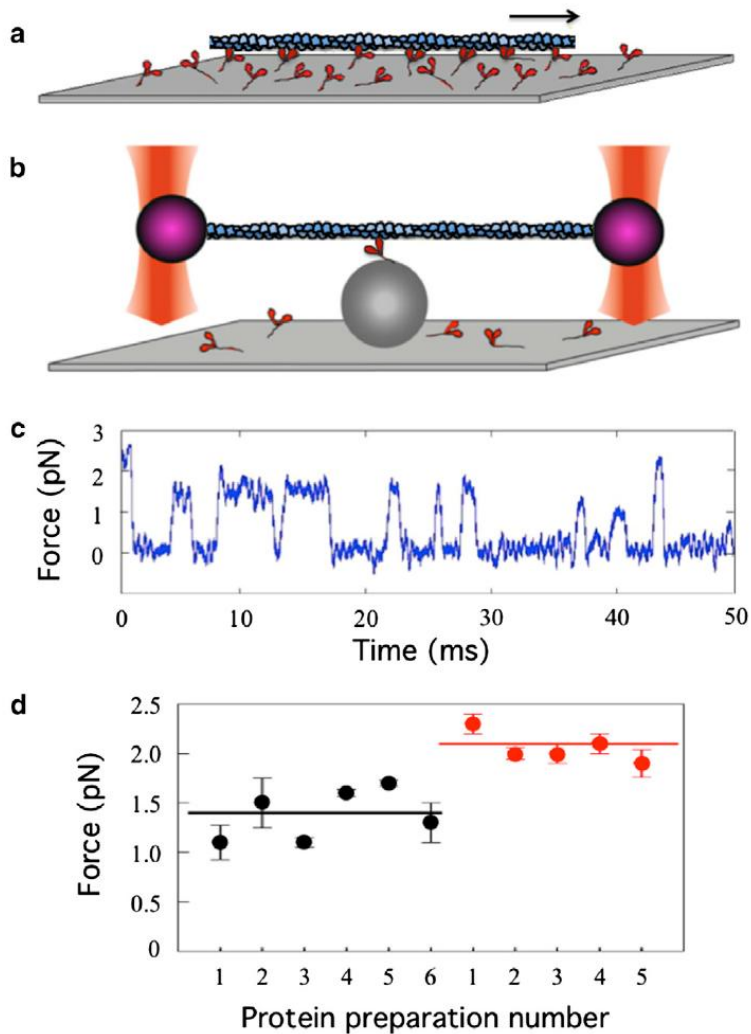
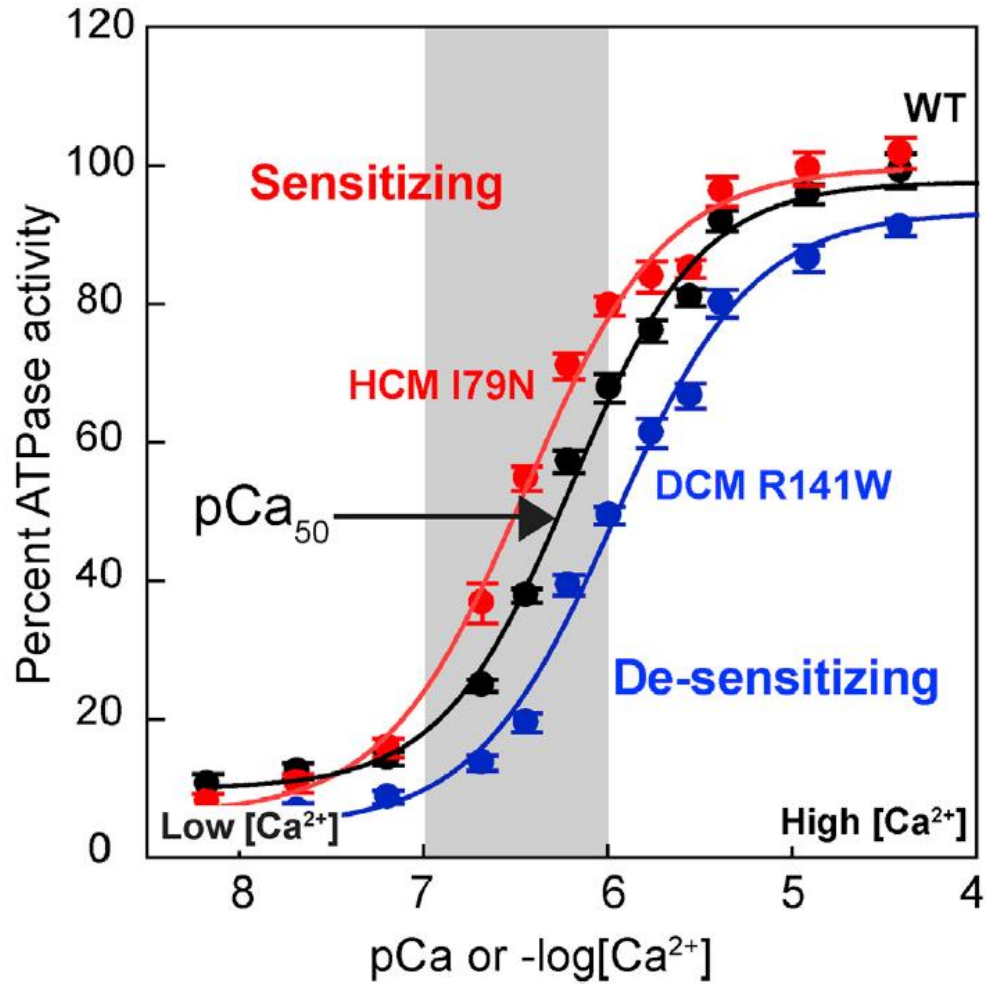


FIGURE 6 In vitro motility taken to the single-molecule level. (a) Myosin-coated surfaces drive the movement of fluorescently-labeled actin filaments at velocities comparable to those of muscle contraction (85). (b) The dual-beam laser-trap assay for measuring nanometer steps and piconewton forces of a single myosin molecule (55). (c) Force transients measured by clamping the position of the actin-bound polystyrene bead on the left (purple, in panel b) as the myosin is trying to move the actin to the right. (d) Mean intrinsic forces from multiple preparations of wild-type human  $\beta$ -cardiac myosin S1 (black circles) and human  $\beta$ -cardiac myosin S1 carrying the HCM-causing mutation R453C (red circles) (49). To see this figure in color, go online.

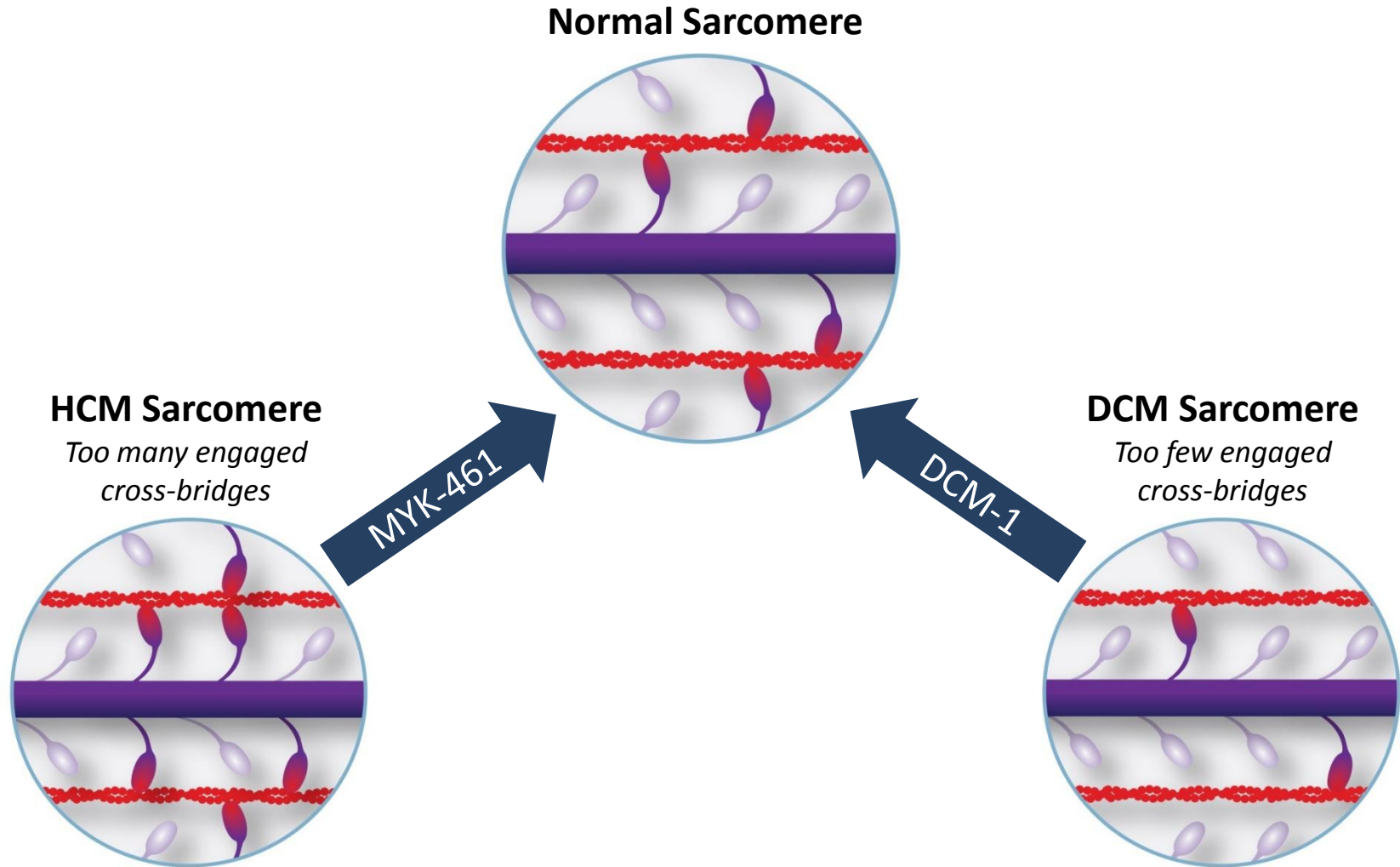
James A. Spudich



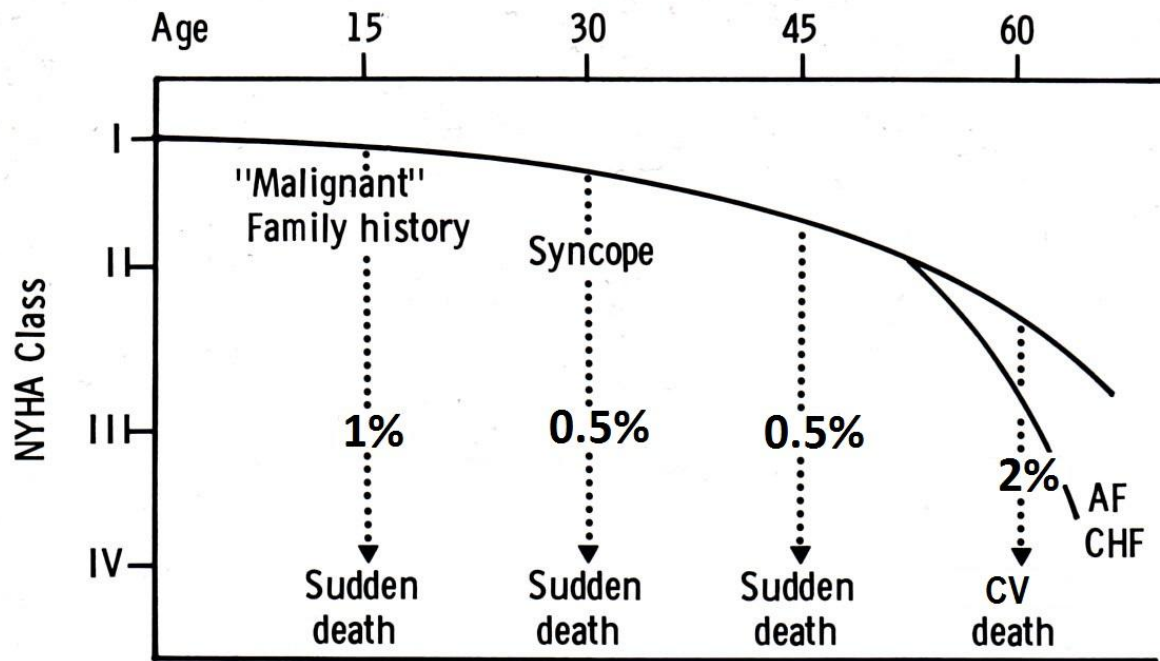


James A. Spudich

# Overview of MyoKardia Program: Product Candidates Designed to Correct the Underlying Causal Defects



# Natural History of HCM circa 2014



# Risk Factors in HCM

Youth

Genotype

Family history

Exercise capacity

Syncope

Severe LVH

Large gradient

Diastolic dysfunction

Abn exercise BP

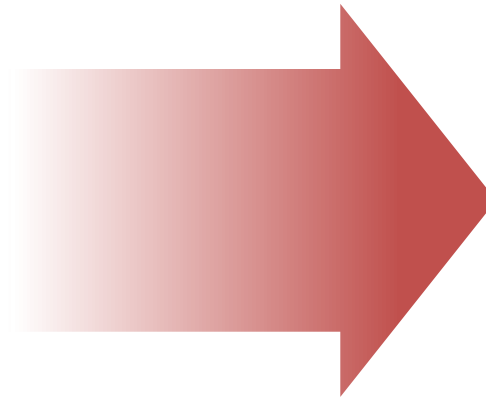
Ischemia

Atrial fibrillation

Non-sustained VT

Inducible VT / VF

Fractionation



Family history

Syncope

Exercise BP

NSVT

LVH

# Sudden Death Risk in HCM

<b>HIGH</b> 3-6%	<b>Cardiac Arrest (VT/VF)</b> <b>≥ 2 clinical risk factors</b>	<b>ICD</b>
<b>MEDIUM</b> 1.2% (0.2-2.2)	<b>Single risk factor</b>	<b>Individualised Treatment</b>
<b>LOW</b> <0.4%	<b>No risk factors</b>	<b>Reassure</b>

# SCD Risk Predictors in HCM

<i>Predictor variable</i>	<b>SCD risk prediction model</b>	
	<b>Hazard Ratio (95% Confidence Interval)</b>	<b>p</b>
<i>Age (years)</i>	0.98 (0.97, 0.99)	0.001
<i>Maximal wall thickness (mm)</i>	1.17 (1.01, 1.37)	0.042
<i>Maximal wall thickness<sup>2</sup> (mm<sup>2</sup>)</i>	0.997 (0.99, 1.0003)	0.078
<i>Left atrial diameter (mm)</i>	1.03 (1.01, 1.05)	0.006
<i>LV outflow gradient (mmHg)</i>	1.004 (1.001, 1.01)	0.021
<i>Family History SCD</i>	1.58 (1.18, 2.13)	0.002
<i>NSVT</i>	2.29 (1.64, 3.18)	<0.001
<i>Unexplained syncope</i>	2.05 (1.48, 2.82)	<0.001

# Absolute Risk Assessment in HCM

Age and NSVT

	Pt characteristic
Age	<b>17</b>
MWT	23
LA	44
LVOTO	64
FHSCD	0
NSVT	1
Syncope	0
PI	3.99
Survival	0.897431905
SCD at 5y	<b><u>10.25680946</u></b>

	Pt characteristic
Age	<b>58</b>
MWT	23
LA	44
LVOTO	64
FHSCD	0
NSVT	1
Syncope	0
PI	3.252
Survival	0.94957981
SCD at 5y	<b><u>5.042018989</u></b>

Age and LVH

	Pt characteristic
Age	50
MWT	<b>23</b>
LA	44
LVOTO	64
FHSCD	0
NSVT	0
Syncope	0
PI	2.57
Survival	0.974181337
SCD at 5y	<b><u>2.581866337</u></b>

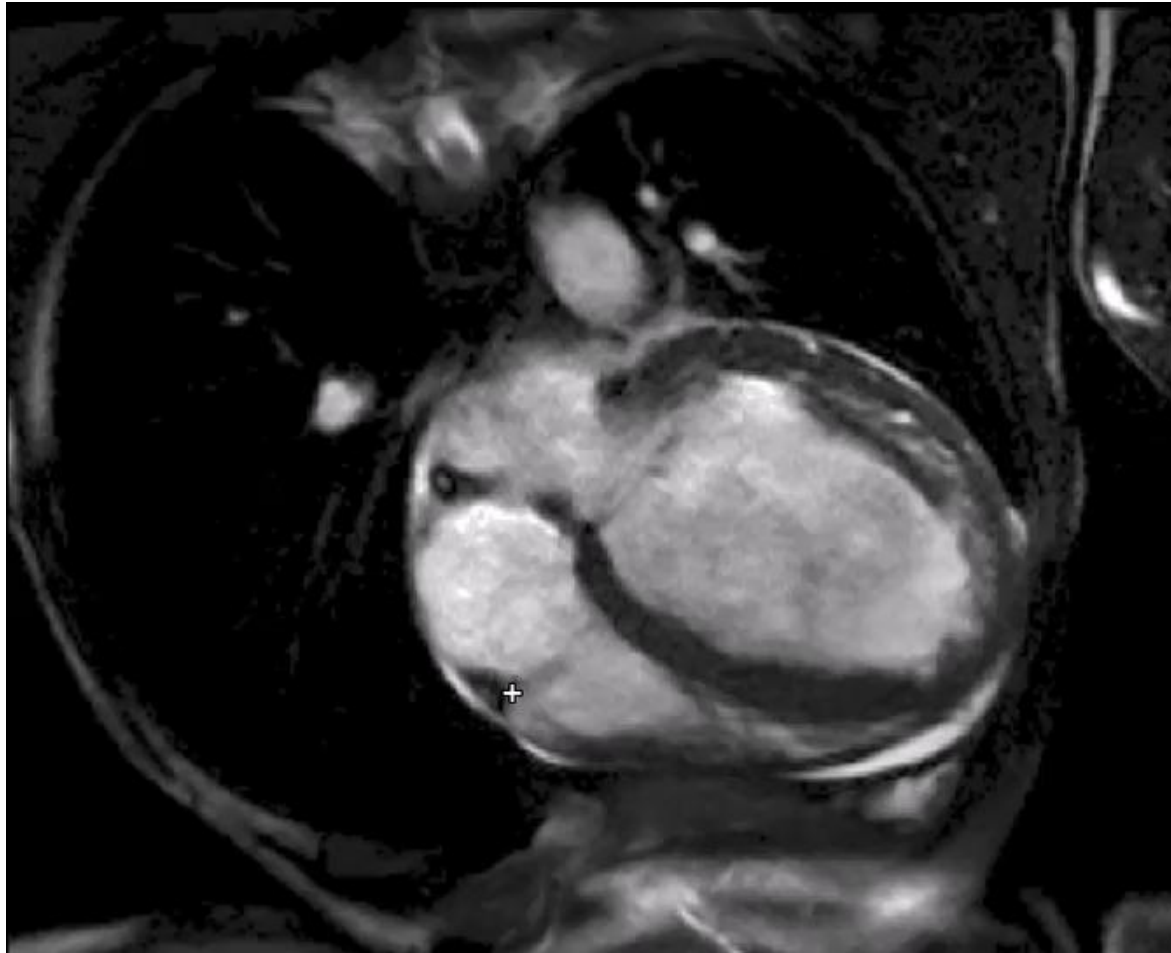
	Pt characteristic
Age	50
MWT	<b>33</b>
LA	44
LVOTO	64
FHSCD	0
NSVT	0
Syncope	0
PI	2.48
Survival	0.976377052
SCD at 5y	<b><u>2.362294786</u></b>

	Pt characteristic
Age	<b>17</b>
MWT	33
LA	44
LVOTO	64
FHSCD	0
NSVT	0
Syncope	0
PI	3.074
Survival	0.957624251
SCD at 5y	<b><u>4.237574868</u></b>

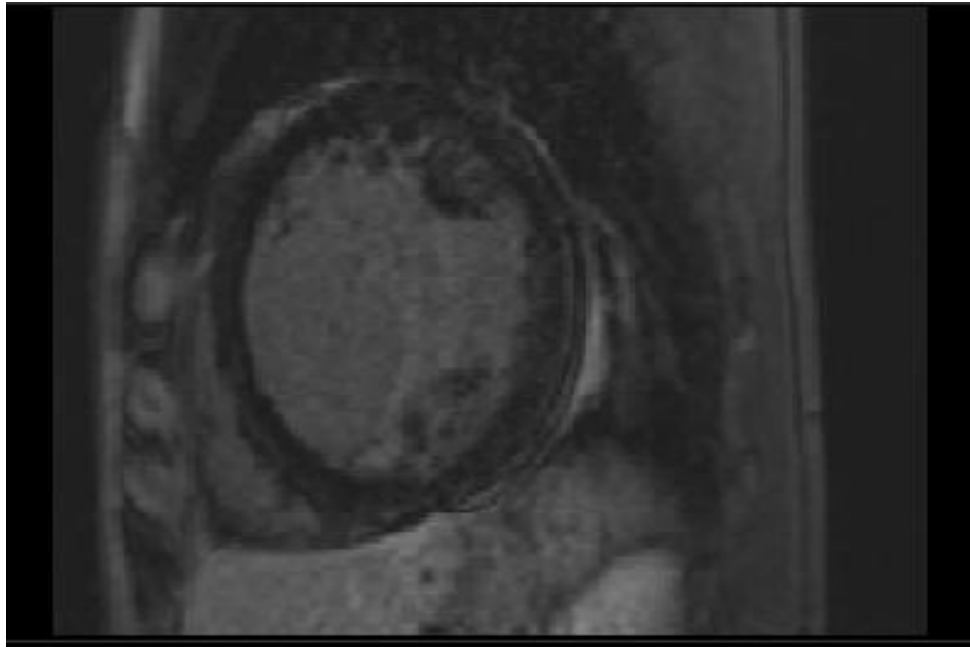
$$\hat{P}_{SCD\ at\ 5\ years} = 1 - 0.998^{\exp(\text{Prognostic Index})}$$

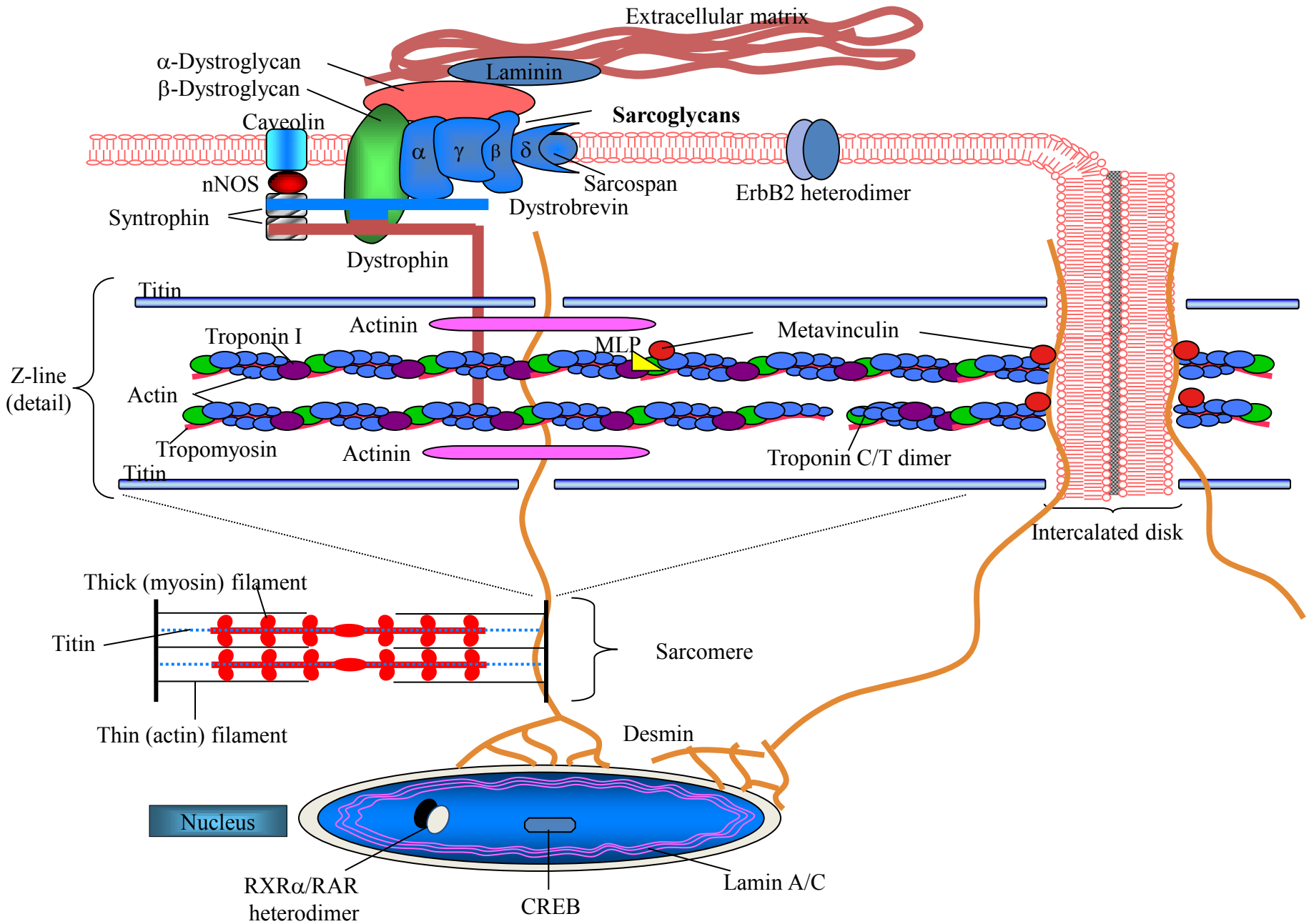


# DCM

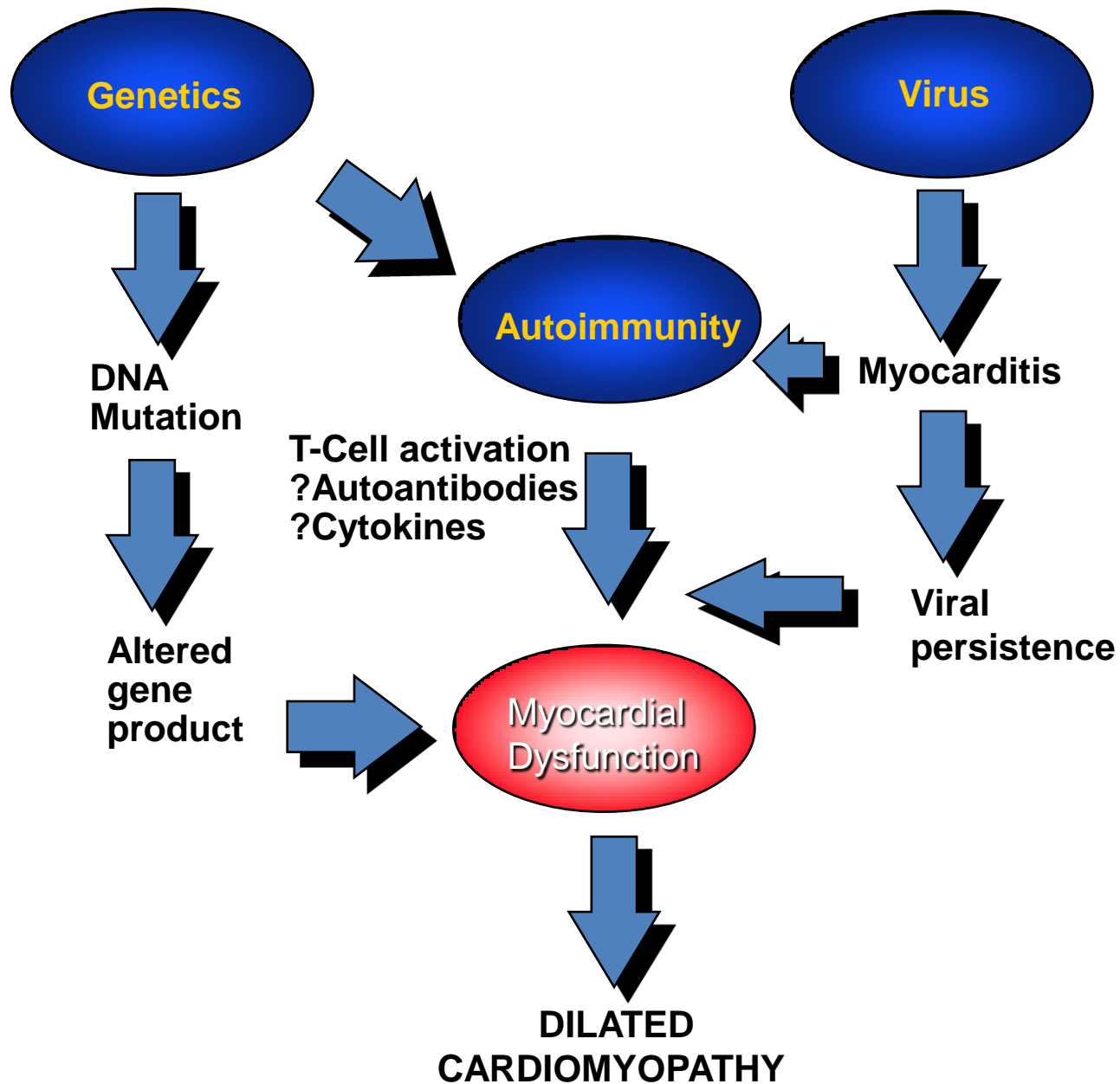


# DCM

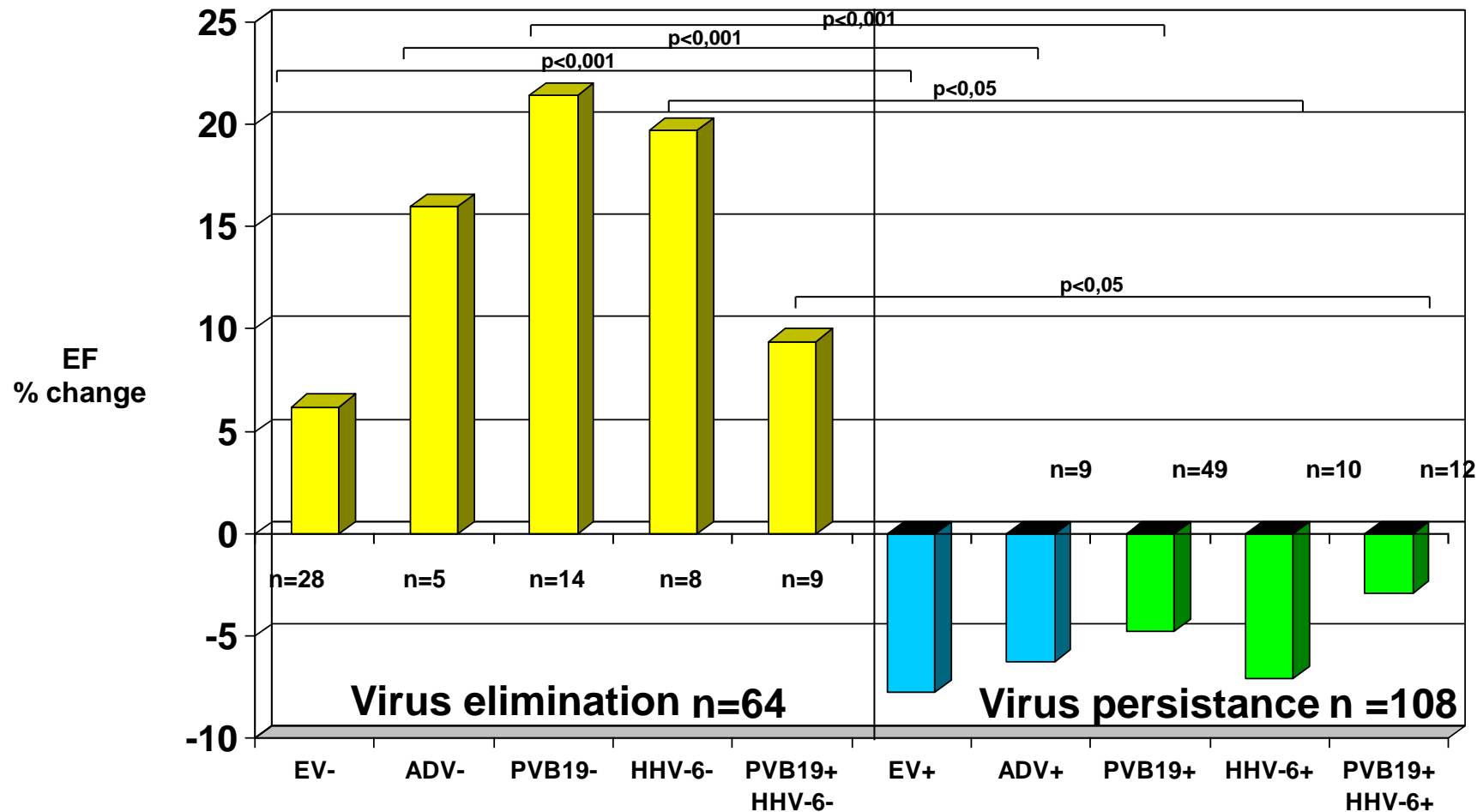




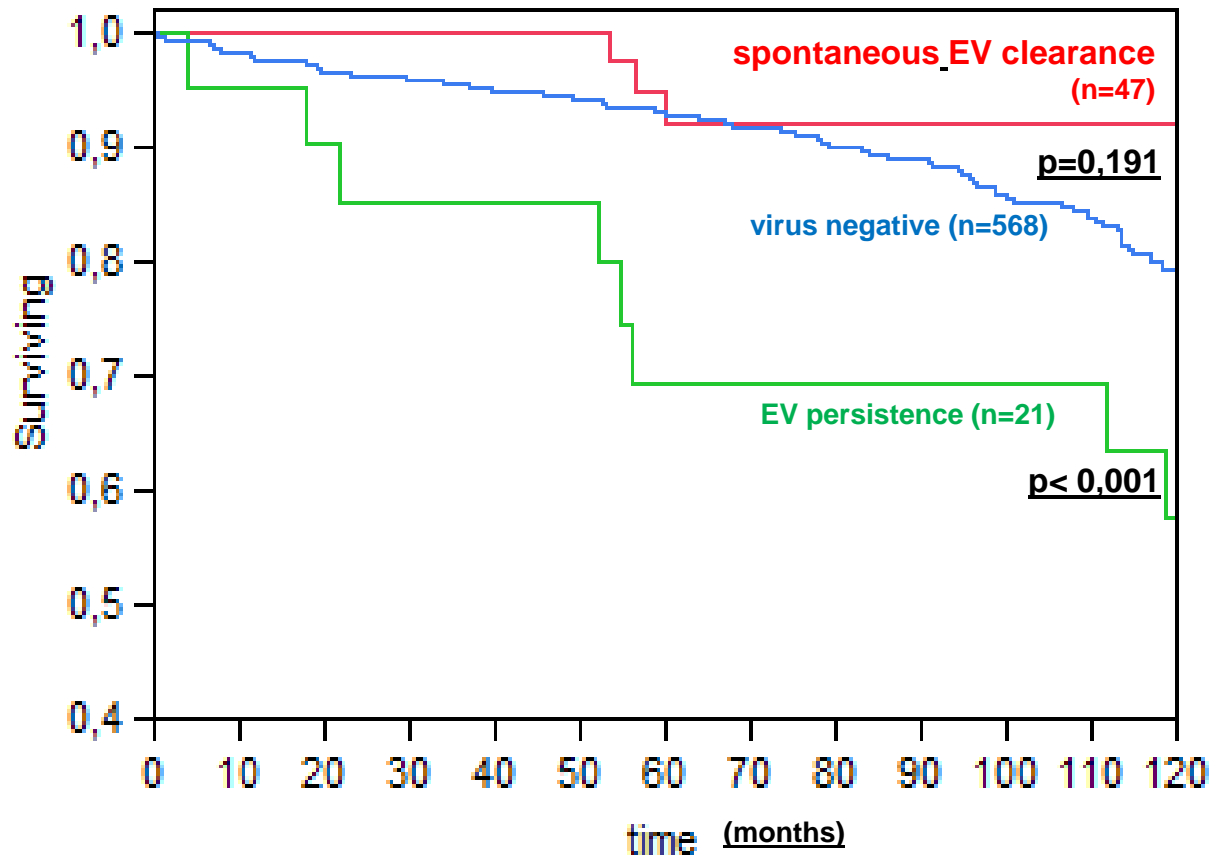
Modified from J. Towbin



# The spontaneous and chronic course ( 8 months ) of cardiac viral infections determines the clinical course of the disease



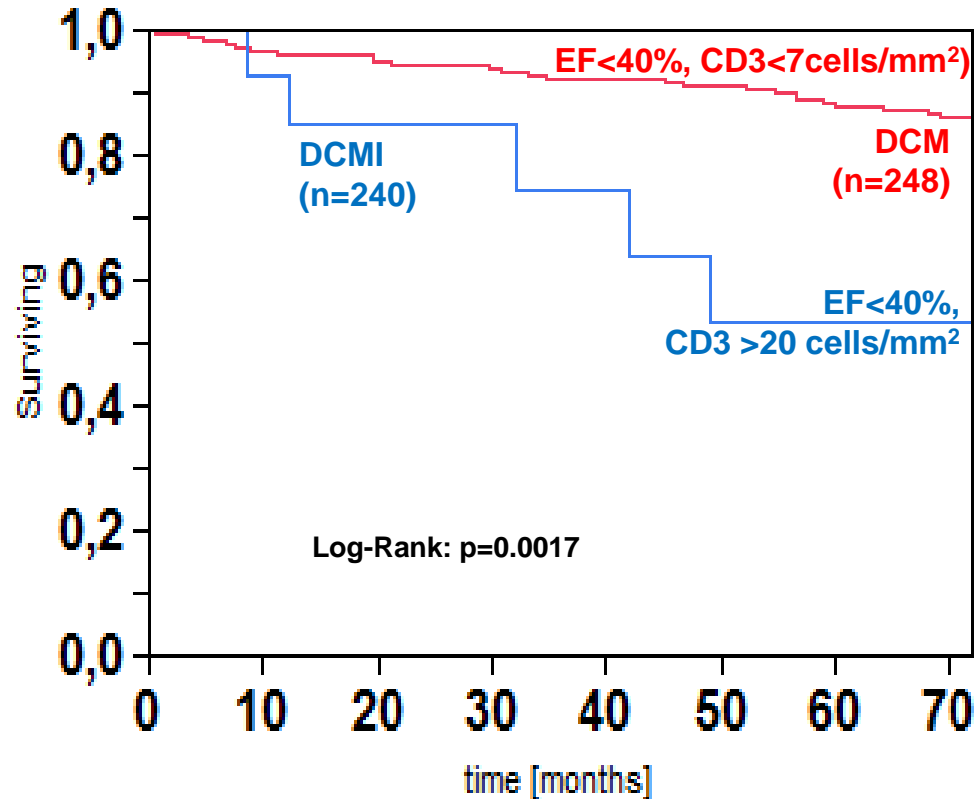
# Long-term outcome – 10 year survival - enterovirus positive vs virus negative DCM – patients



Kühl U, Schultheiss HP et al. JACC, 2012

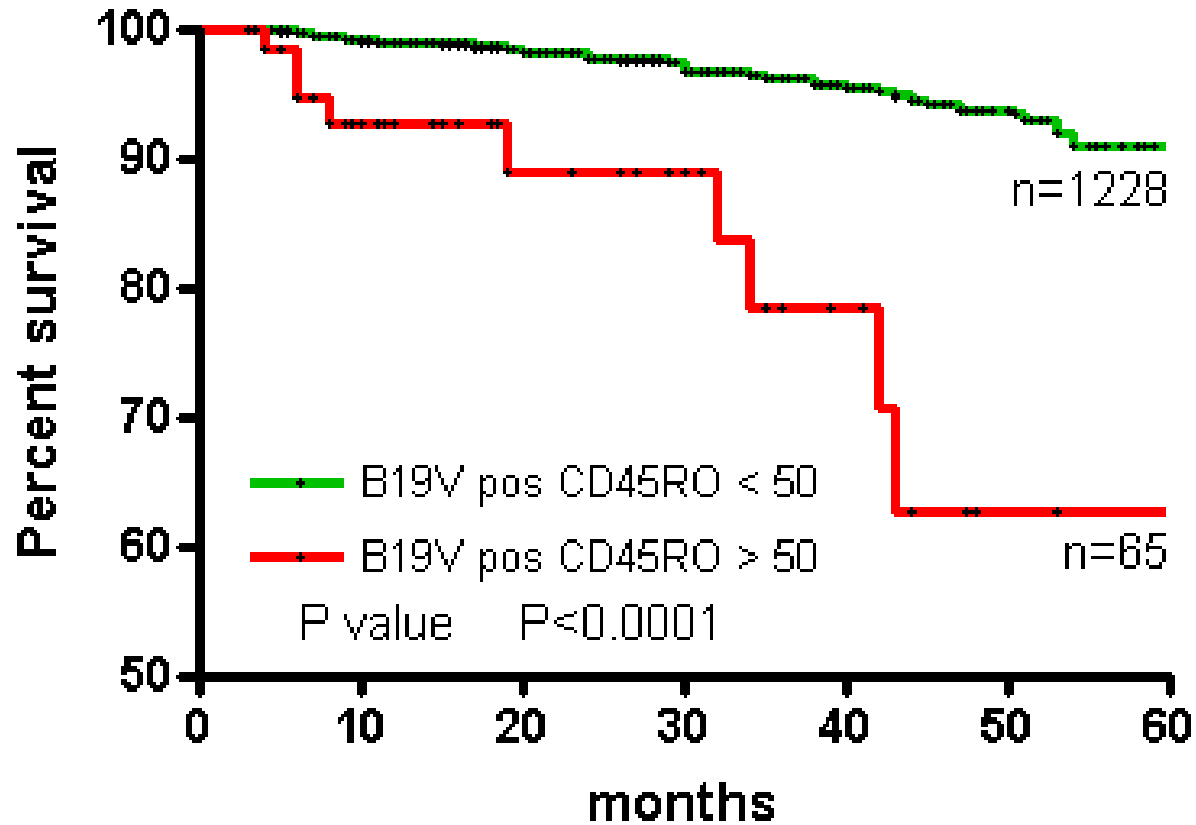
# EMB-based inflammation predicts poor outcome in patients with suspected myocarditis

## 6 year mortality rate of virus-negative patients with DCM vs. DCMI ( EF < 40% , CD3 >20 or <7cells/mm<sup>2</sup> )

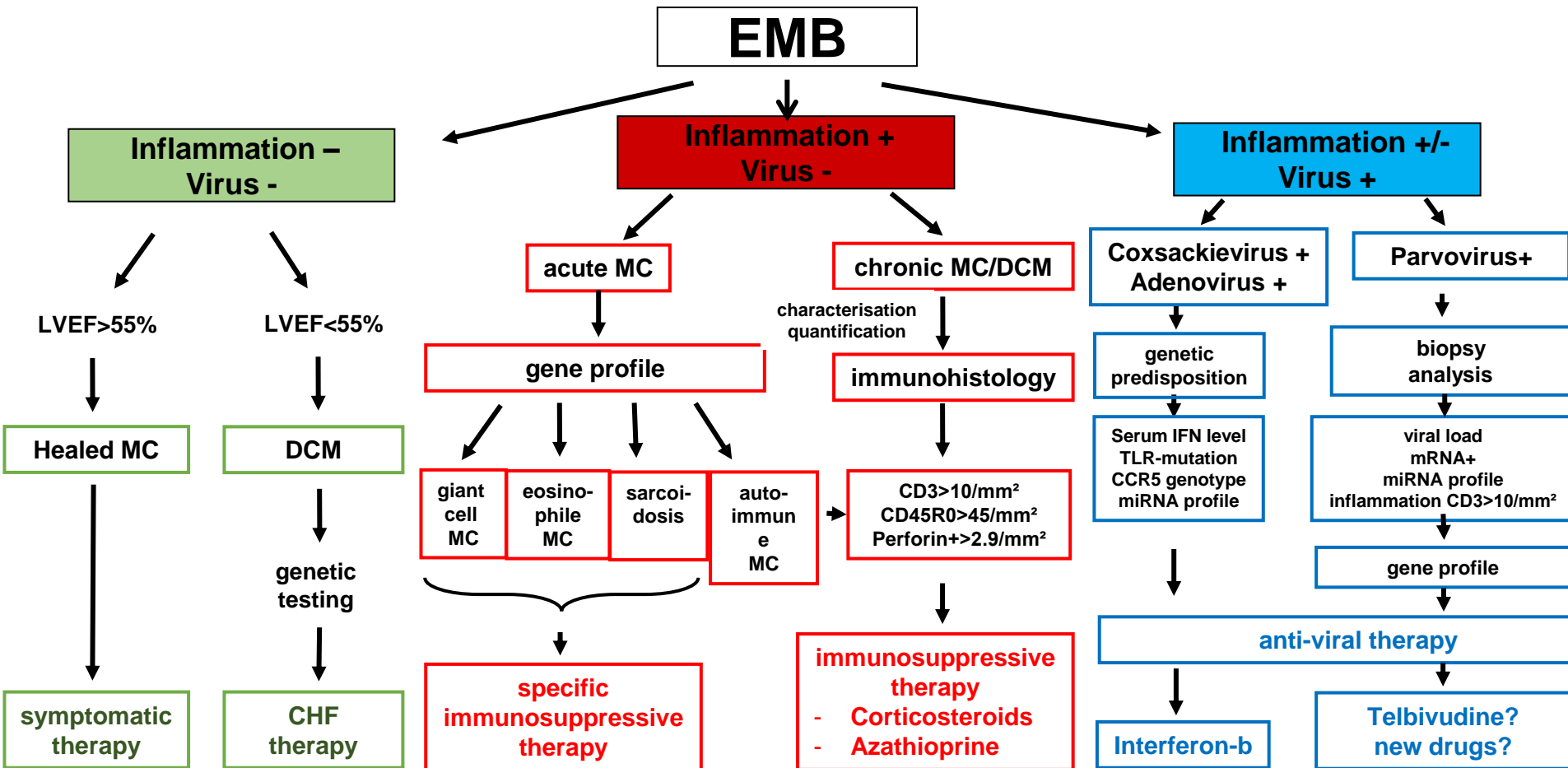




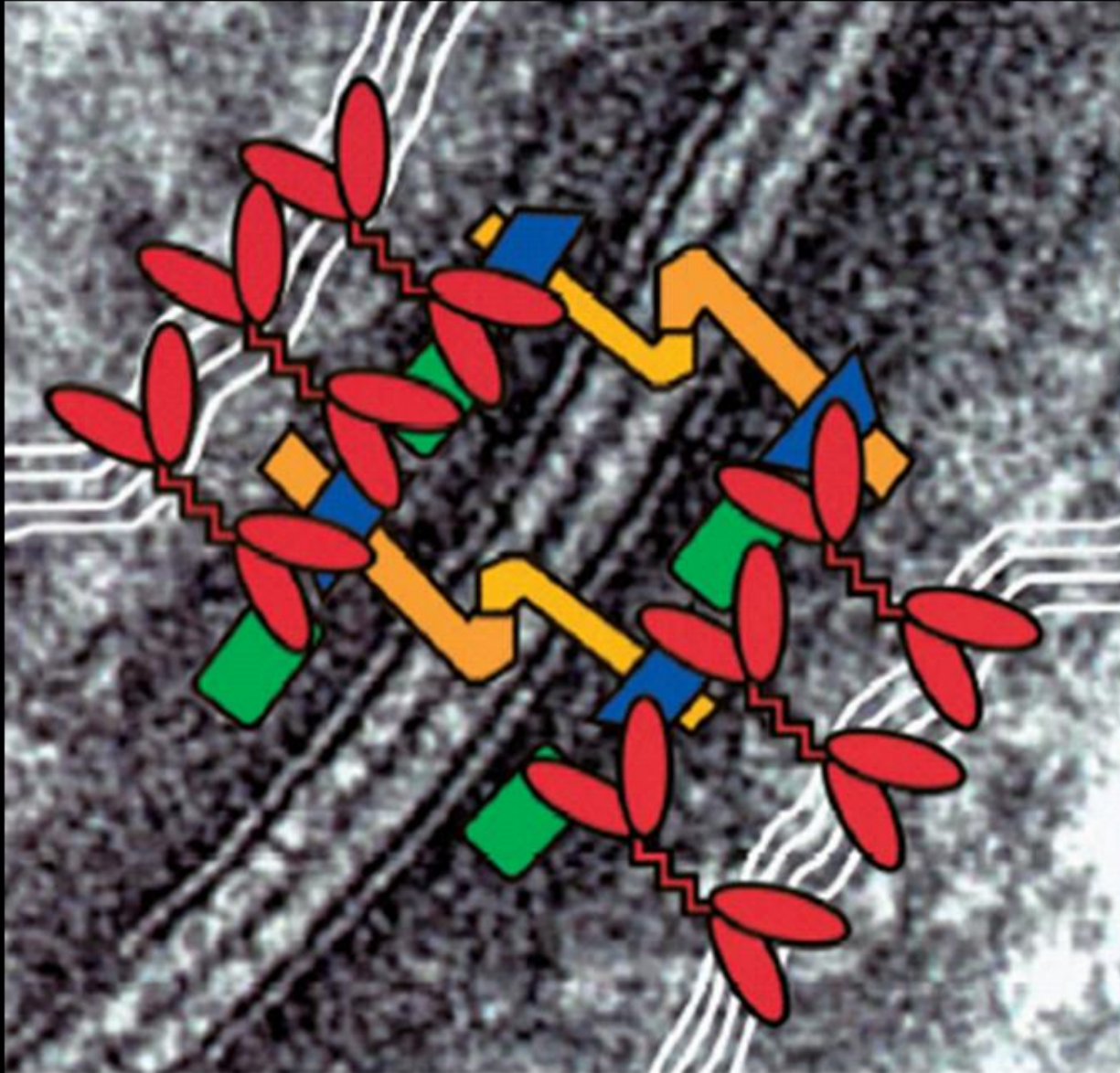
# Survival in B19V positive patients with MC or DCM ( CD45RO pos. cells)



# Acute/Chronic Myocarditis: Personalized Medicine



# Arrhythmogenic Cardiomyopathy



Desmoglein

Desmocollin

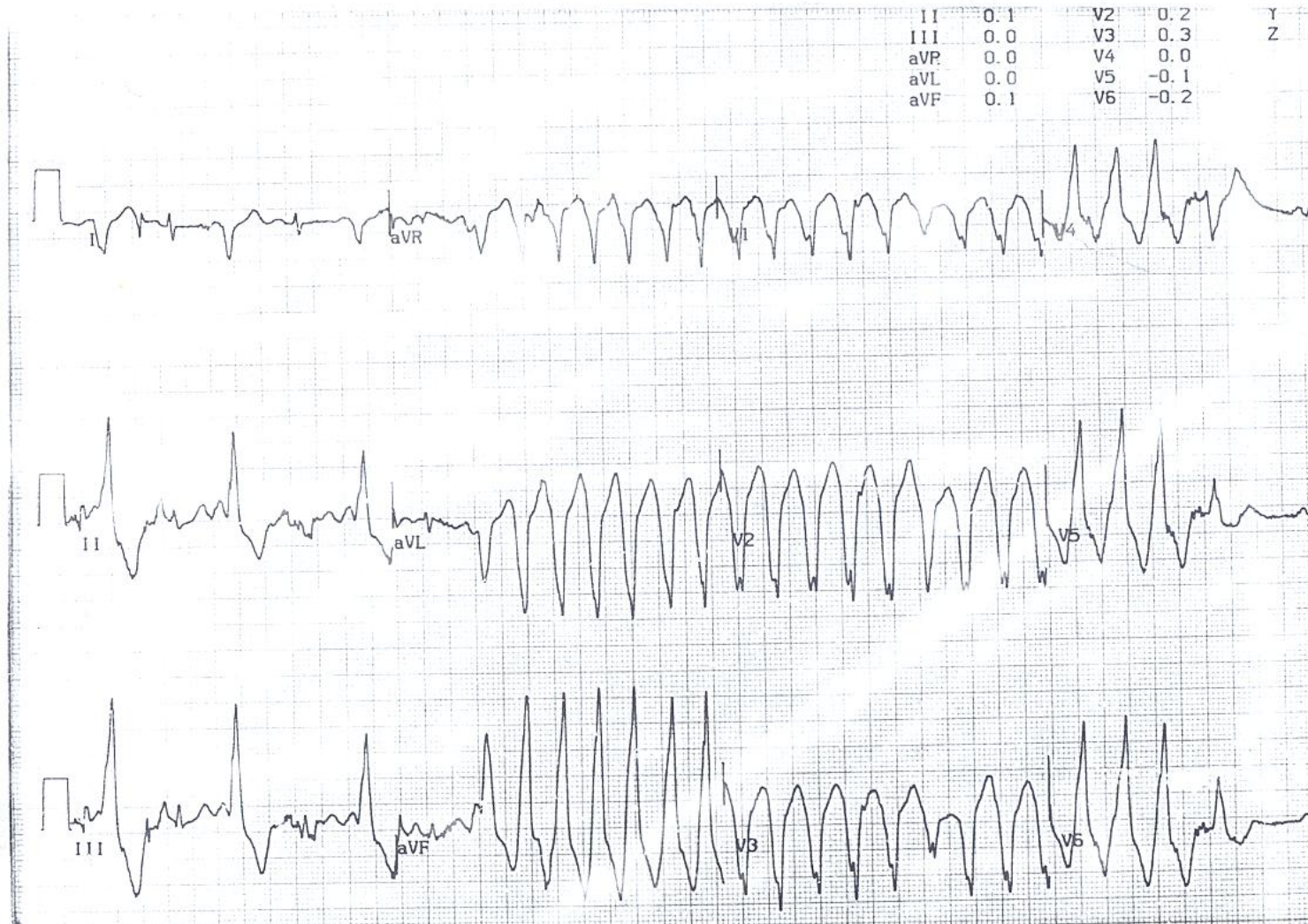
Desmoplakin

Plakophilin

Plakoglobin

Desmin

# ARVC Exercise: LBBB VT

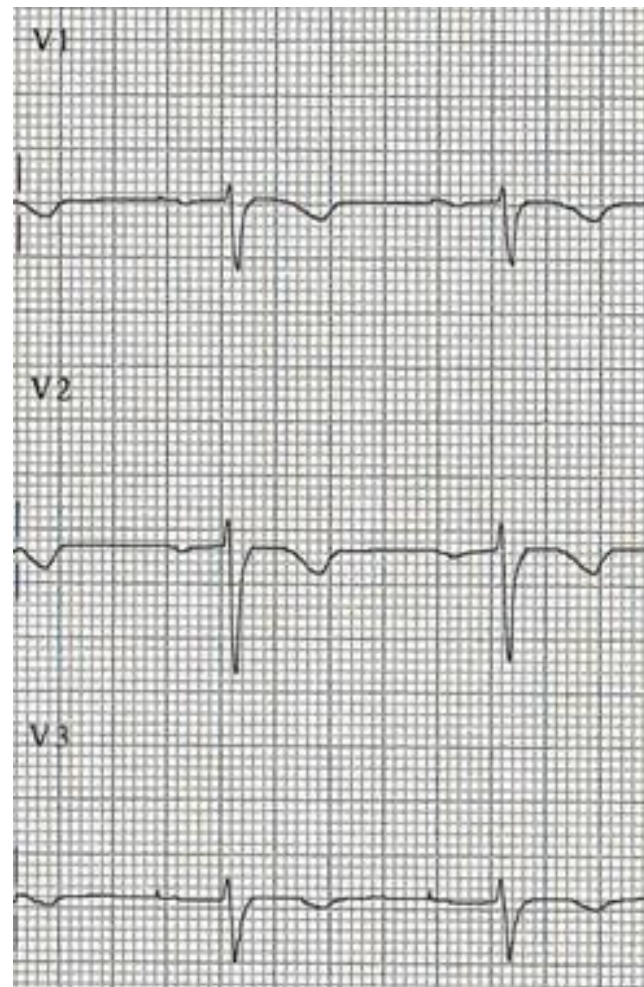
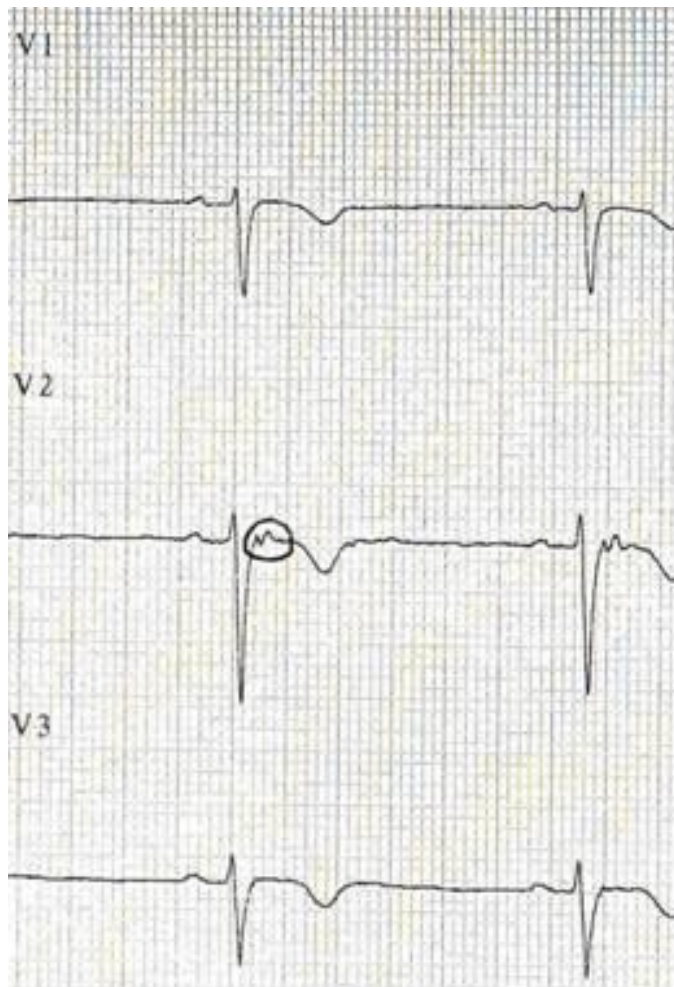




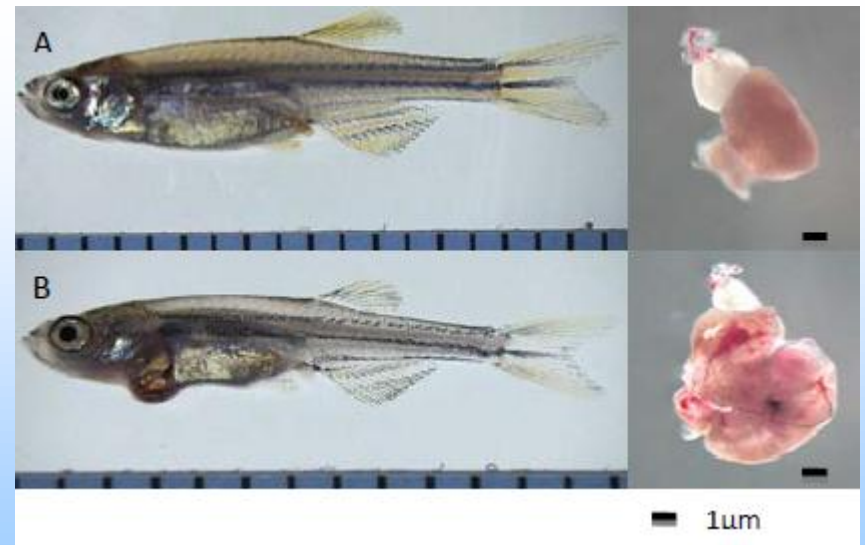
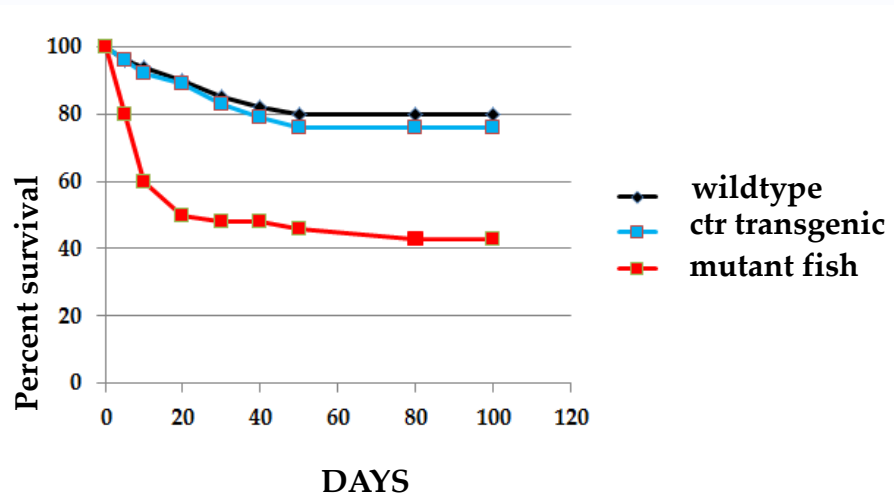
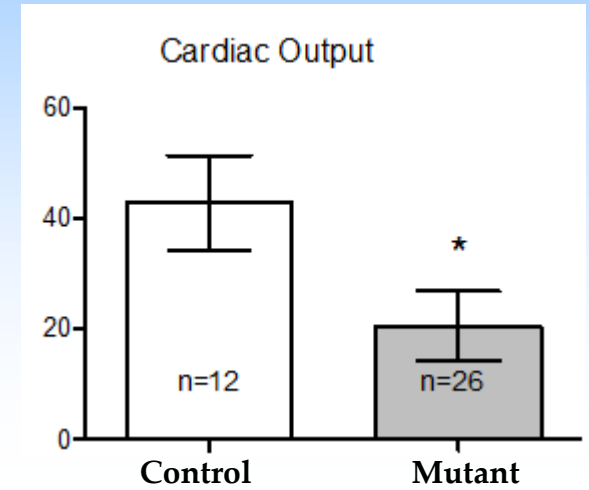
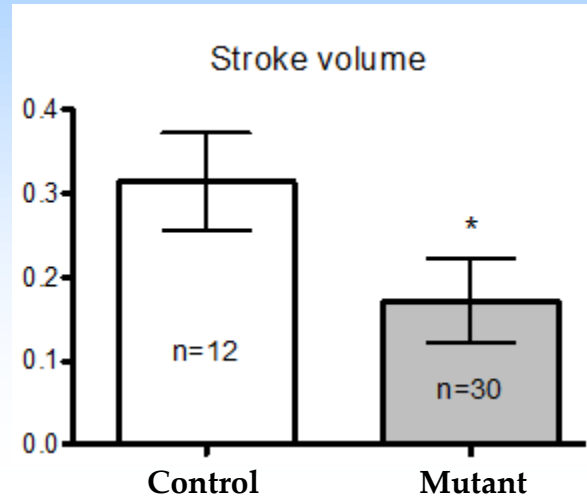
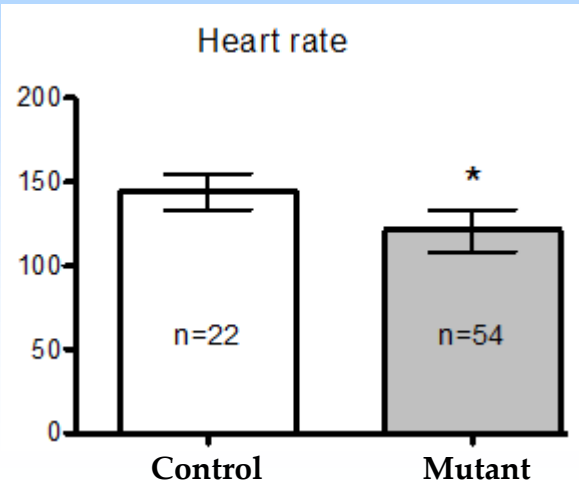
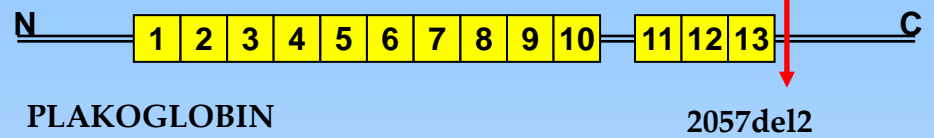
# ARVC

12/11/2003

02/02/2005

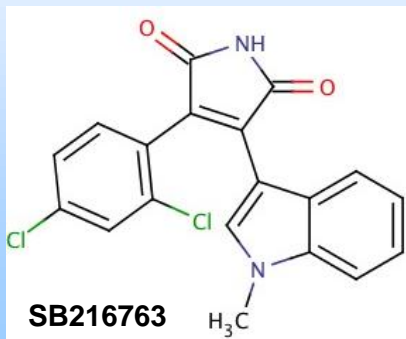
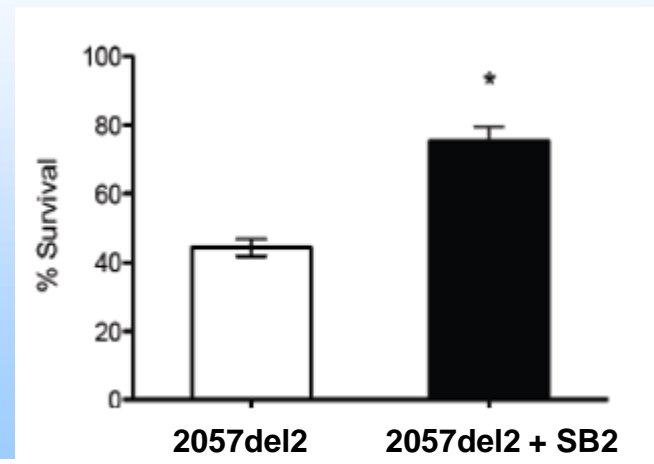
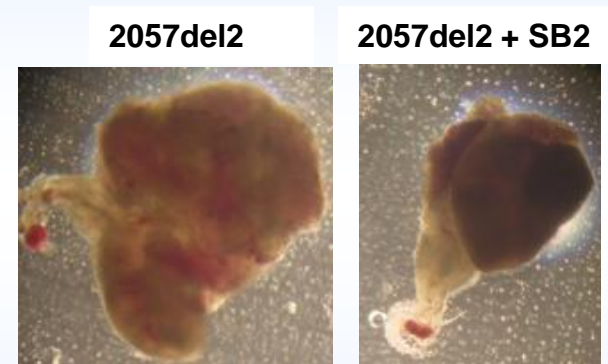
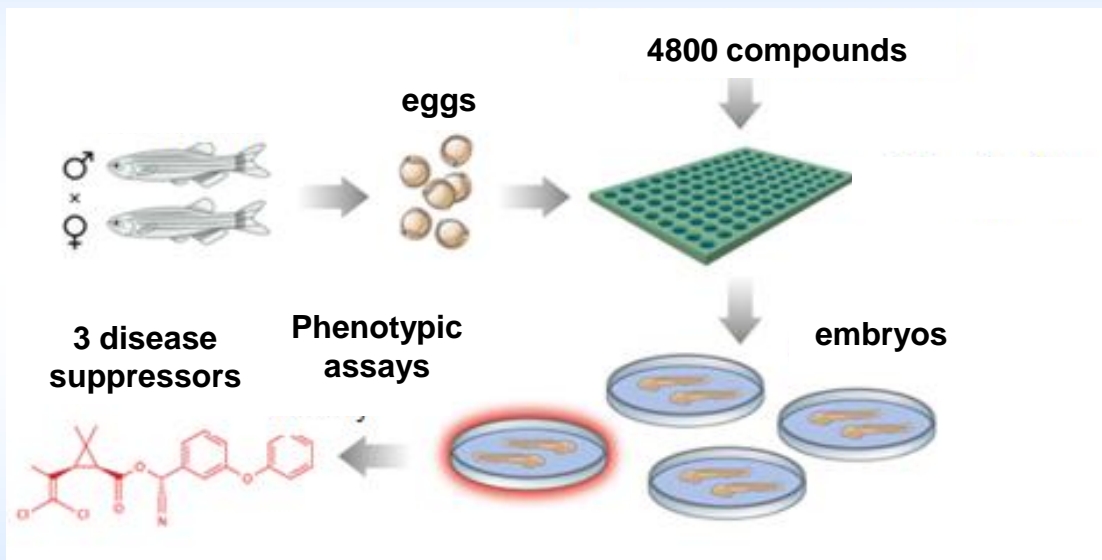
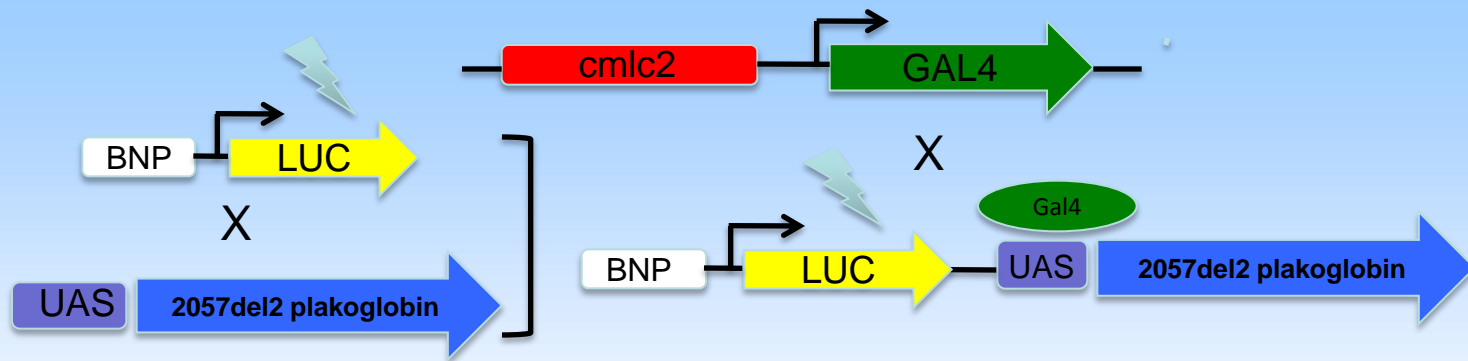


# A Small Fish with a Big Heart...



5-week control sibling (A) and mutant (B) and their hearts

# High-Throughput Library Screening...



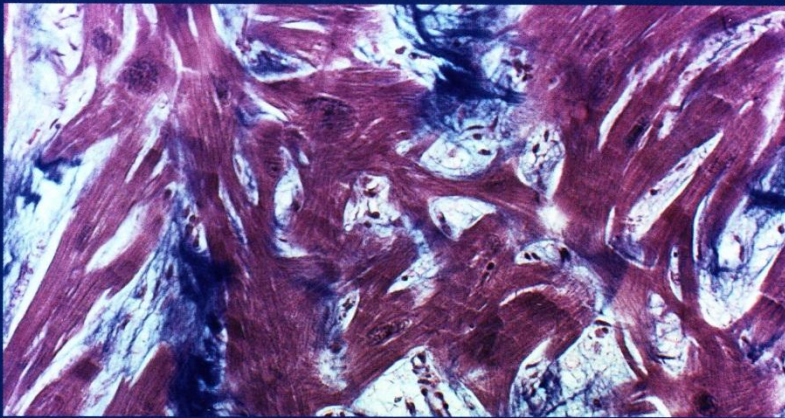
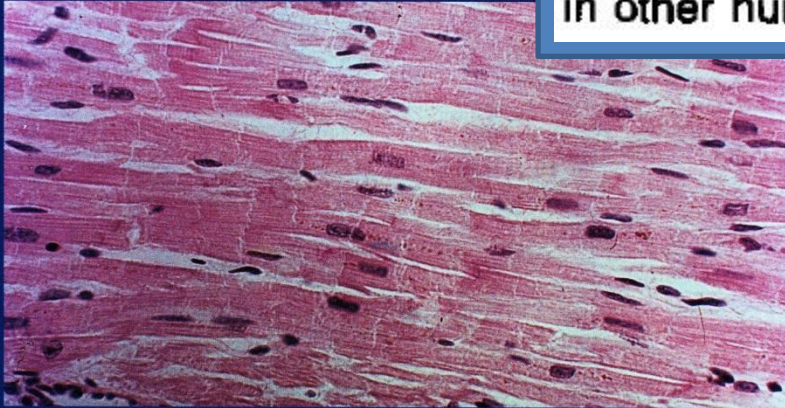


# Cell

Volume 62 Number 5

September 7, 1990

Understanding the mechanism by which mutations in the cardiac MHC genes produce the pathology characteristic of FHC may elucidate a molecular basis for myocyte growth and development and provide new insights into how these are altered in other human diseases.



Mutations in Myosin Heavy Chain Responsible for Familial Hypertrophic Cardiomyopathy

## Summary

– on the path, but progress to biologically based personalized care is slow