

ČASR: Jak na to? – Nové výzvy v arytmiologii

Jak na bradykardie a synkopy u mladých pacientů

Dan Wichterle

ČKS 7.5.2018

INSTITUT KLINICKÉ A EXPERIMENTÁLNÍ MEDICÍNY
KLINIKA KARDIOLOGIE



IKEM



ESC

European Society
of Cardiology

European Heart Journal (2018) 00, 1–69
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ESC GUIDELINES

2018 ESC Guidelines for the diagnosis and management of syncope

The Task Force for the diagnosis and management of syncope of the European Society of Cardiology (ESC)

Developed with the special contribution of the European Heart Rhythm Association (EHRA)

Endorsed by: European Academy of Neurology (EAN), European Federation of Autonomic Societies (EFAS), European Federation of Internal Medicine (EFIM), European Union Geriatric Medicine Society (EUGMS), European Society of Emergency Medicine (EuSEM)

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**IKE
M**

Indikace kardiostimulace

Evidence je jen pro pacienty > 40 let

Kardioinhibice dokumentována ...	Indikační třída
... při karotické masáži	II a
... při tilt testu	II b
... při monitoraci v běžném životě (ILR) *	II a

* Pauza >3 sec při synkopě nebo >6 sec asymptomatická

Kardioneuroablace (ablace gangliových plexů)

Europace (2005) 7, 1–13



ELSEVIER

“Cardioneuroablation” – new treatment for neurocardiogenic syncope, functional AV block and sinus dysfunction using catheter RF-ablation

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Sao Paulo Heart Hospital and Dante Pazzanese Cardiology Institute, Pacemaker and Arrhythmias, Acoce, 515/31 Indianapolis, 04075023 Sao Paulo, SP, Brazil

Submitted 4 September 2004, and accepted after revision 5 October 2004



Pachon JC et al. Europace 2005;7:1-13

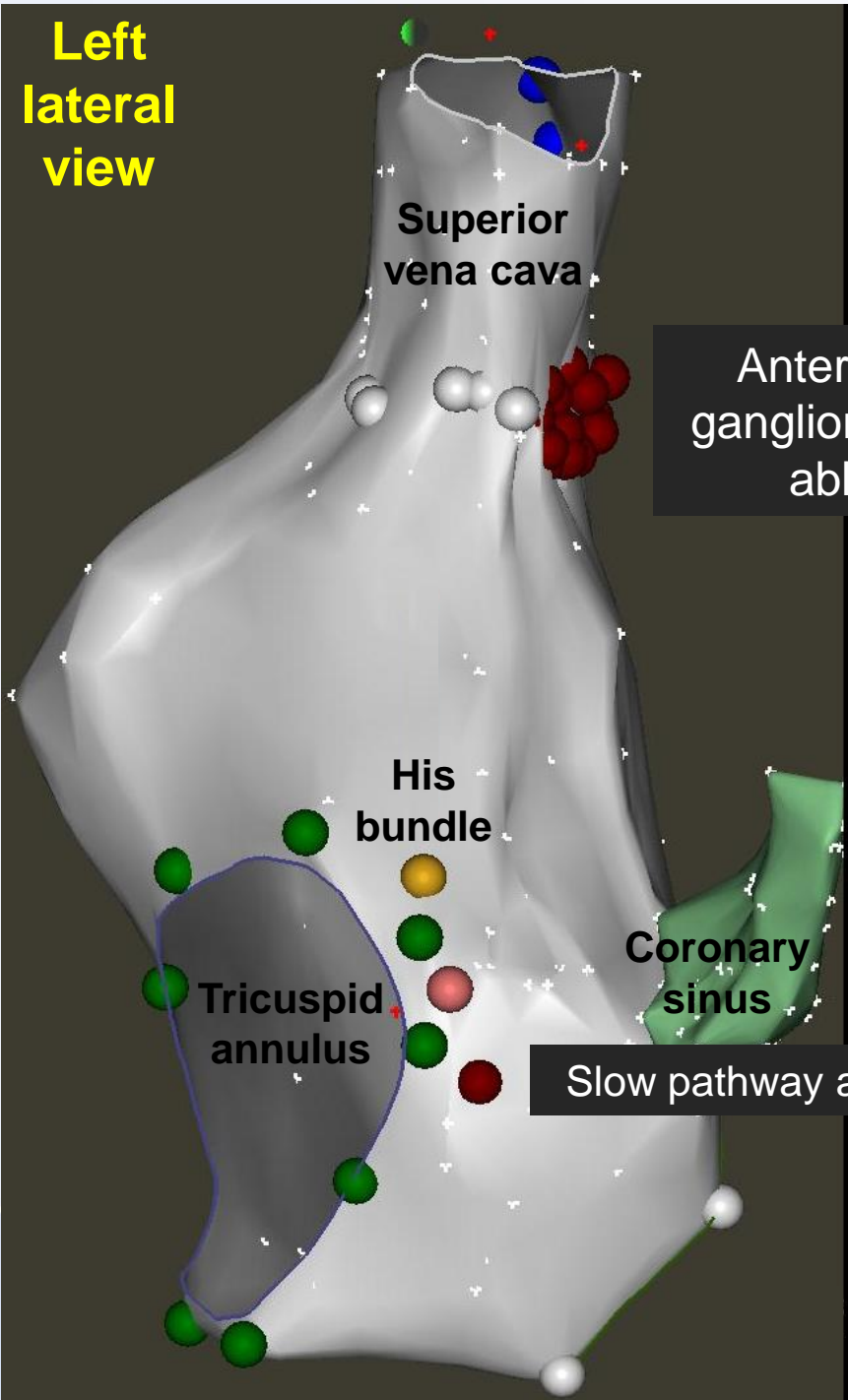
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ESC 2018 guidelines

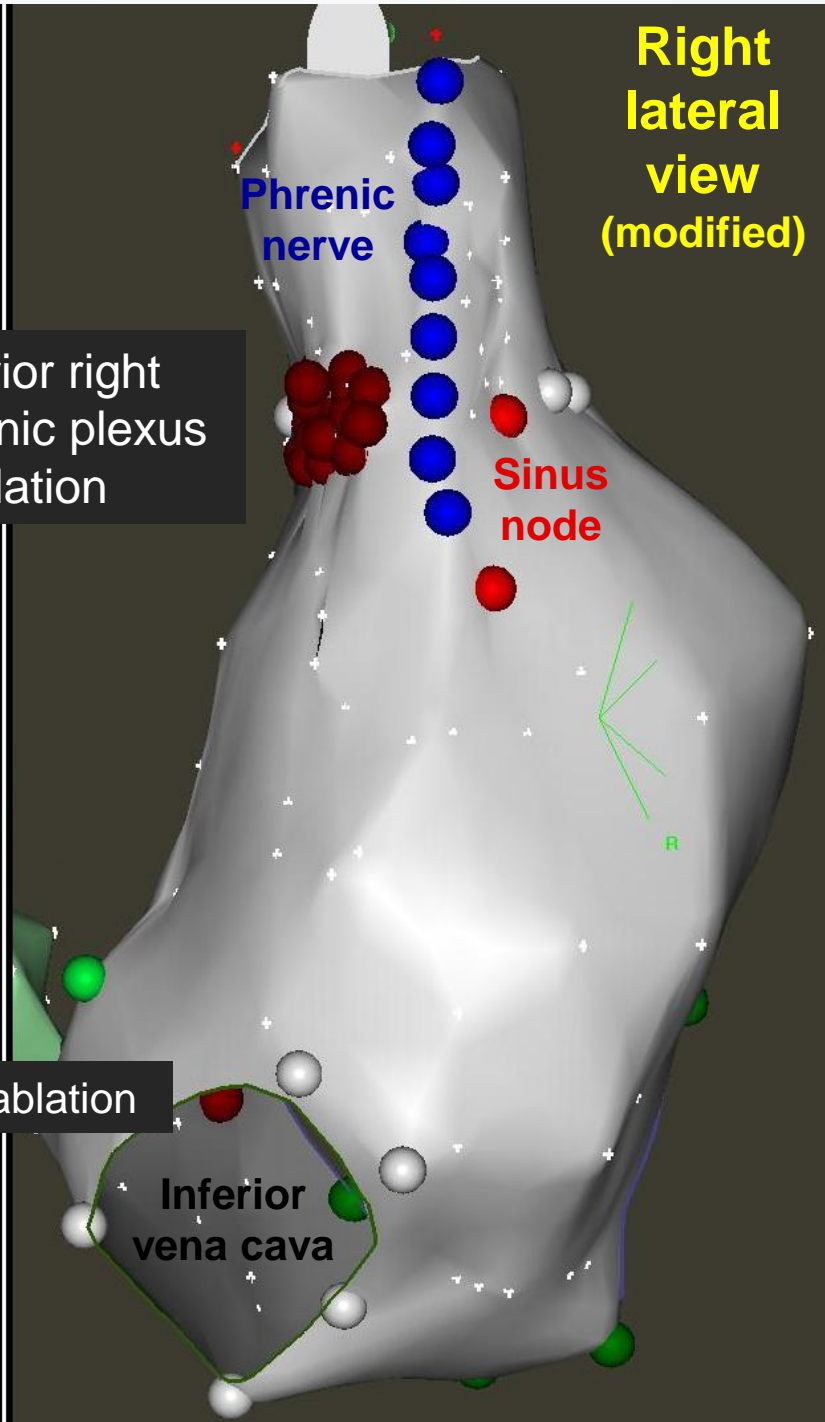
Ganglionic plexus ablation. Radiofrequency ablation of vagal ganglia located close to the sinus node and AV node was reported to abolish the vagal efferent output during VVS in some observational studies and case reports.^{290,291} However, owing to a weak rationale, small populations, weak documentation of follow-up results, procedural risks, and lack of control groups, the current evidence is insufficient to confirm the efficacy of vagal ganglia ablation.

Left lateral view



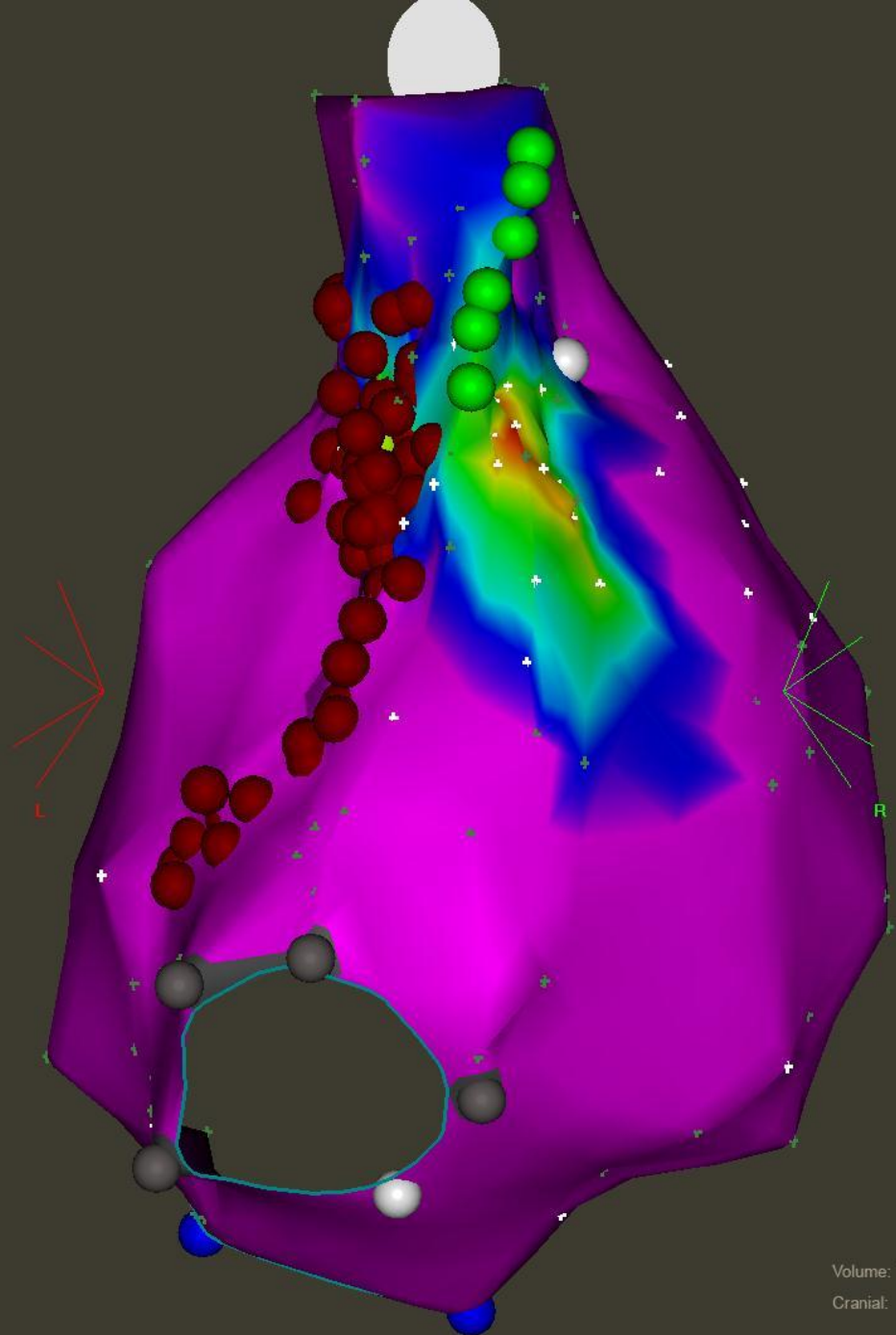
Anterior right ganglionic plexus ablation

Right lateral view (modified)



1-1-ReRA (202, 0)

-81 ms LAT 18 ms
-81 -66



Volume: 119.76 RAO: 145°
Cranial: 0° Swivel: 0°

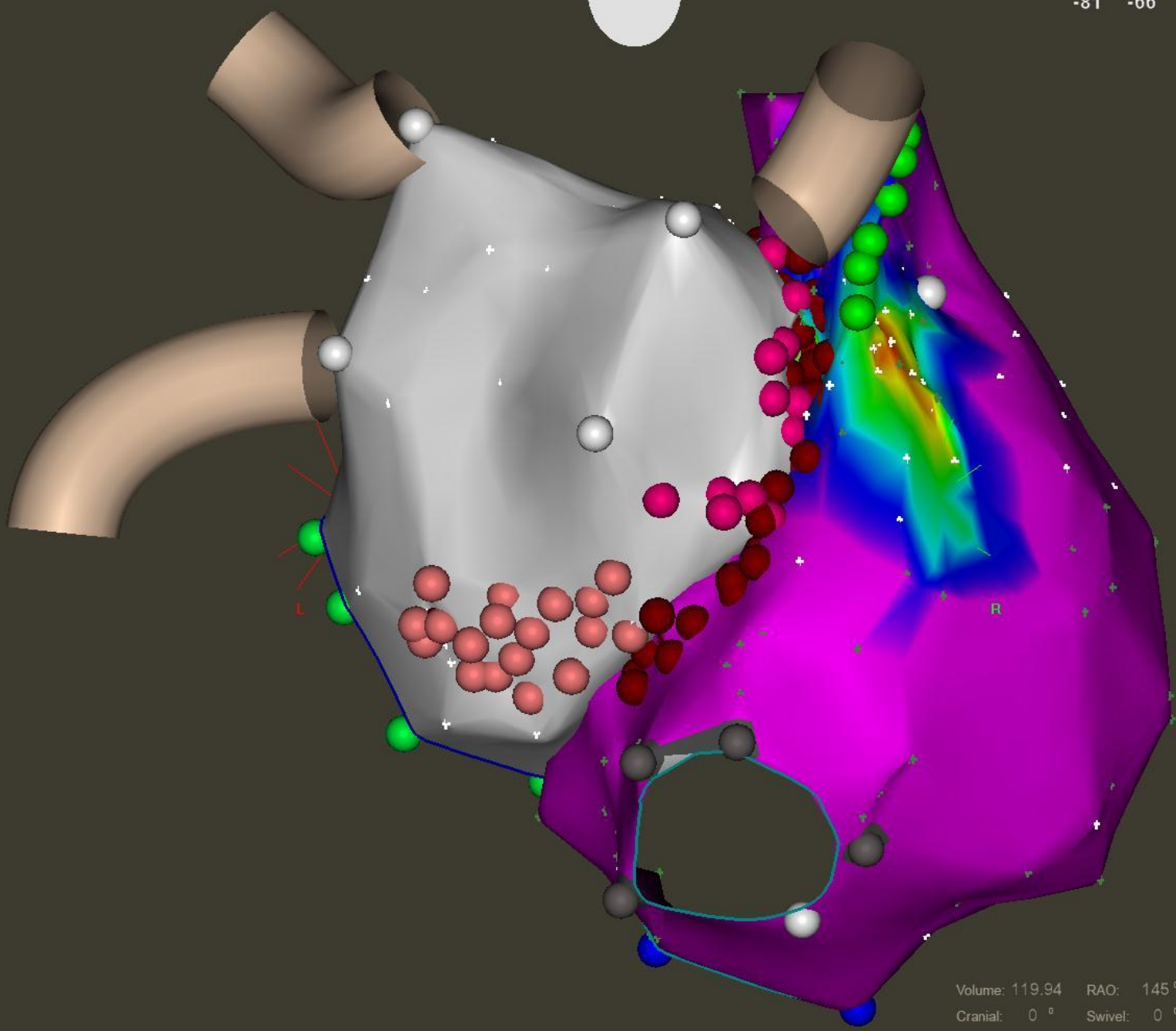


1.10
+
-
⌂
⌂

AP PA LAO RAO LL RL INF SUP

1-1-ReRA (205, 0)

-81 ms LAT 18 ms
-81 -66



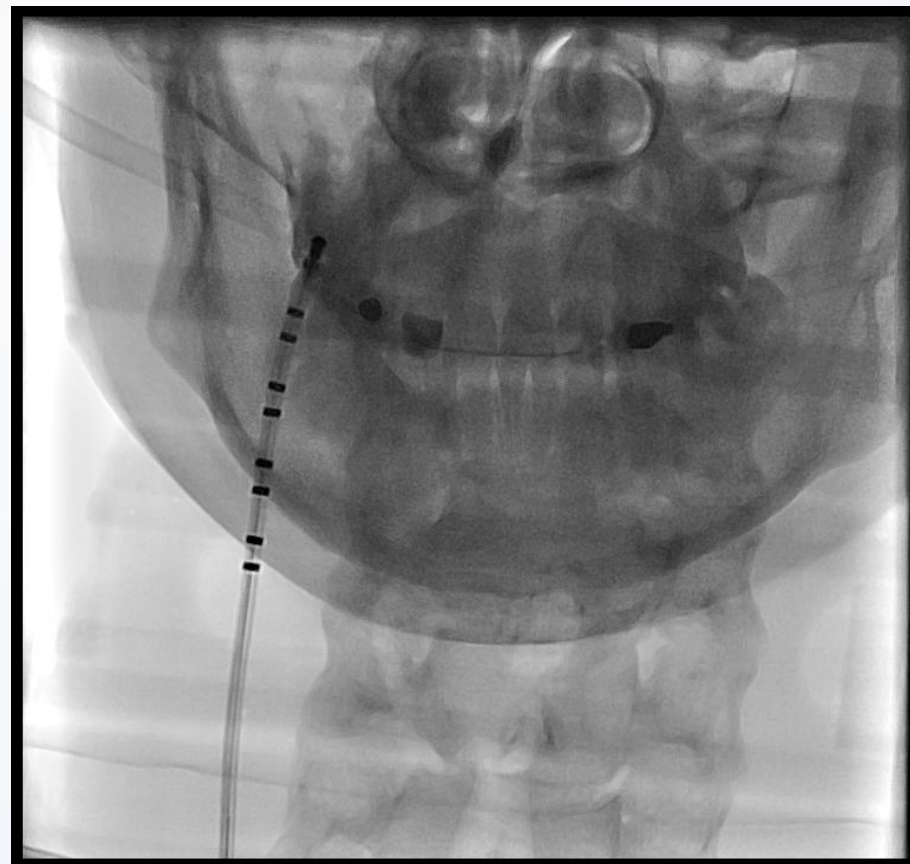
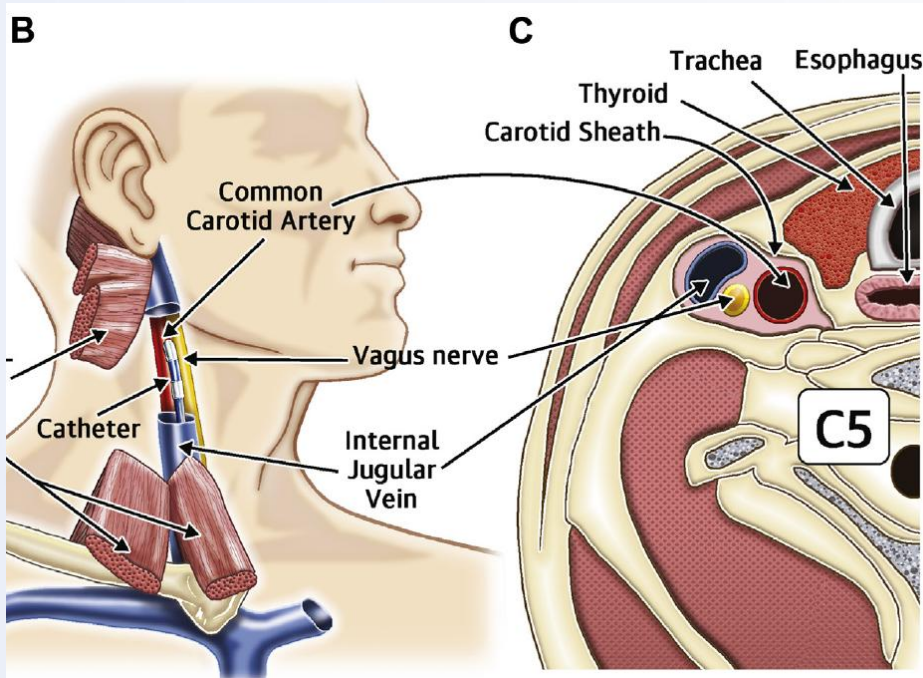
Volume: 119.94 RAO: 145°
Cranial: 0° Swivel: 0°



1.21
+
-
⊙
⊕

AP PA LAO RAO LL RL INF SUP

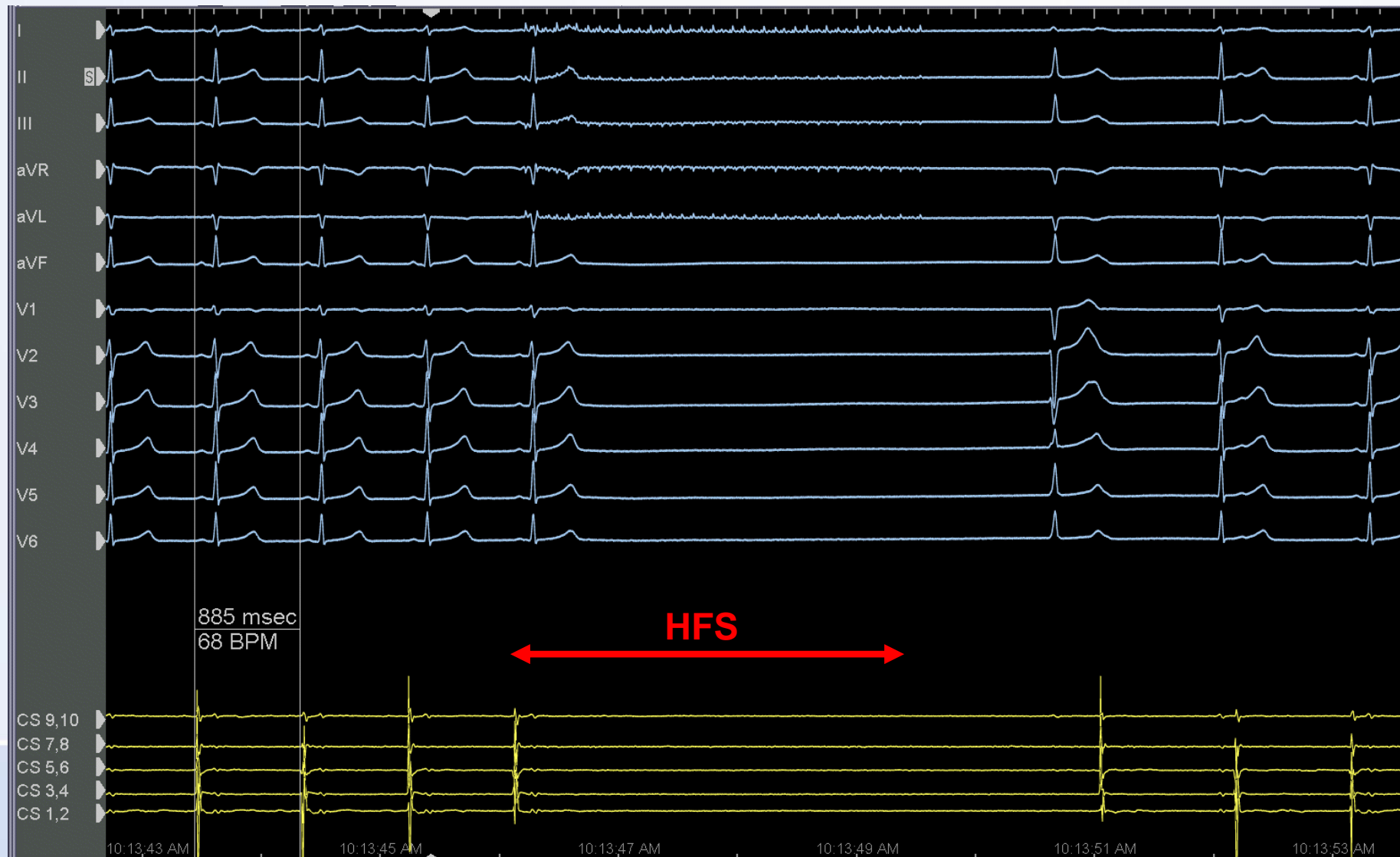
High-frequency vagal stimulation (HFS)



- 30 Hz
- 30 - 70 V
- 0.05 - 0.1 ms

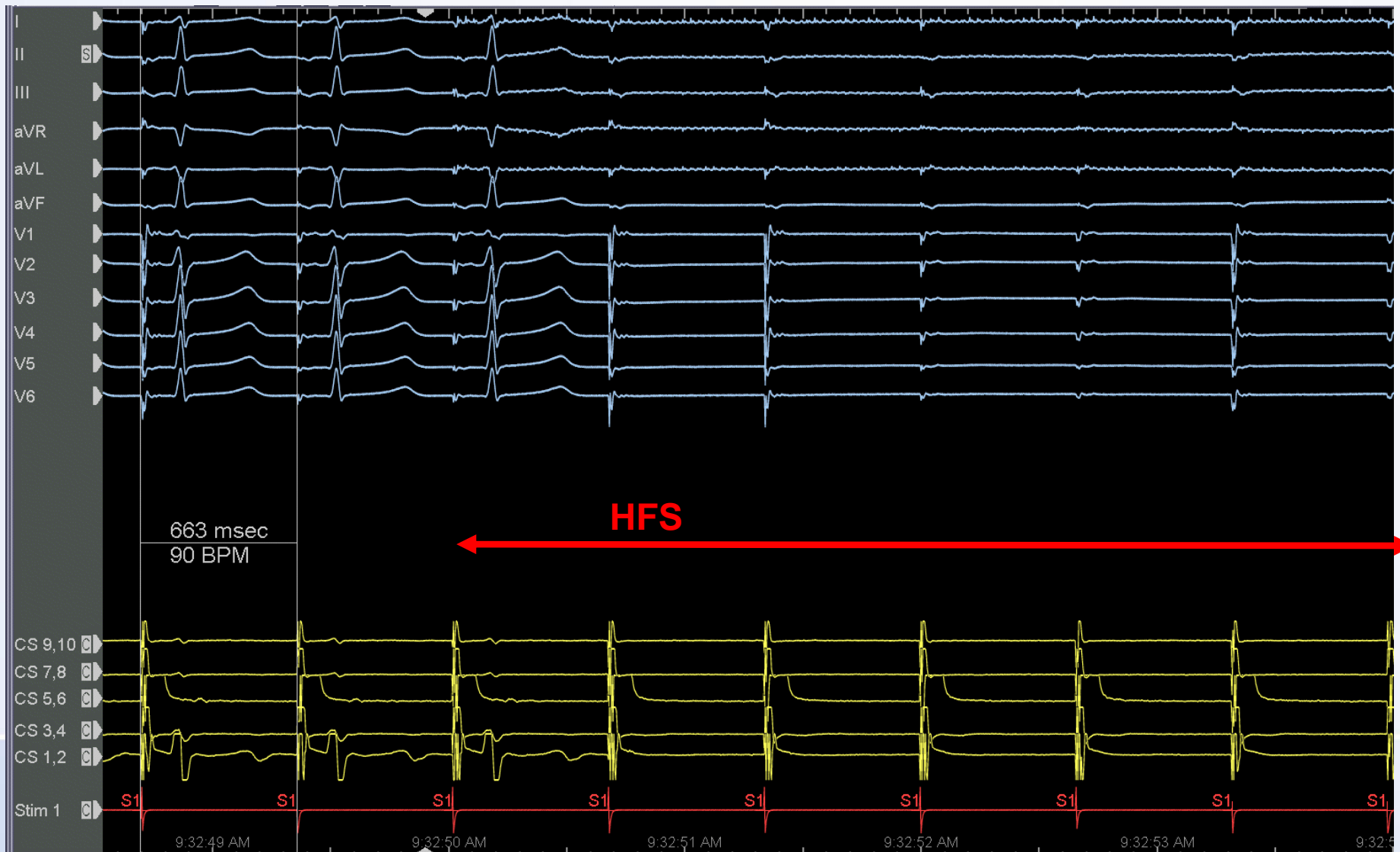
High-frequency vagal stimulation (HFS)

Baseline: sinus arrest



High-frequency vagal stimulation (HFS)

Baseline: AV block



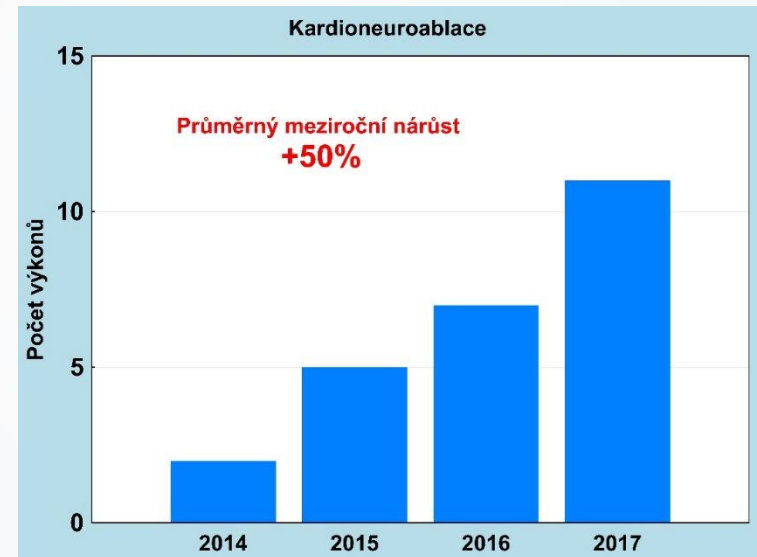
Kardioneuroablace 2014-2018

- Celkem 31 výkonů
- Follow up:
18 měsíců (IQR: 12-31)

Klinické charakteristiky (N = 20)

Věk (roky)	35 ± 10
Muži	65%
Max. pauza (sec)	8 (IQR: 5-14)
Porucha SAN	9 (45%)
Porucha AVN	8 (40%)
Porucha SAN+AVN	3 (15%)

Rekurence/reablace: 2 (10%)



Procedurální charakteristiky (N = 20)

Procedurální čas (min)	146 ± 35
Radiační dávka ($\mu\text{Gy}\cdot\text{m}^2$)	50 ± 48
Ablace ARGP	20 (100%)
Ablace IRGP	11 (55%)
Ablace ILGP	8 (40%)
Ablace SLGP	0 (0%)

**XXVI. VÝROČNÍ SJEZD ČESKÉ KARDIOLOGICKÉ SPOLEČNOSTI
BRNO (pavilon E – I. patro) – pondělí 7. 5. 2018**

Česká asociace pro srdeční rytmus

**14:10-15:10 KAZUISTICKÉ SYMPOZIUM – ŠIRŠÍ EFEKTY
KATETRIZAČNÍ ABLACE**

Předsedající: R. Čihák, L. Haman (Praha, Hradec Králové)

14:55 158. MLADÝ PACIENT S VAZOVAGÁLNÍ SYNKOPU
D. Wichterle (Praha)



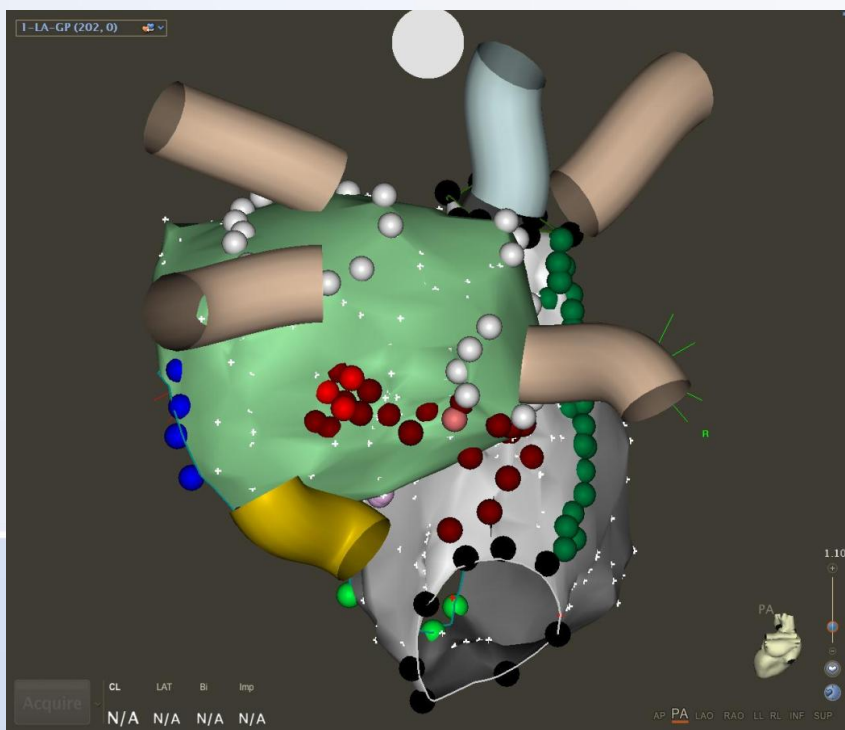
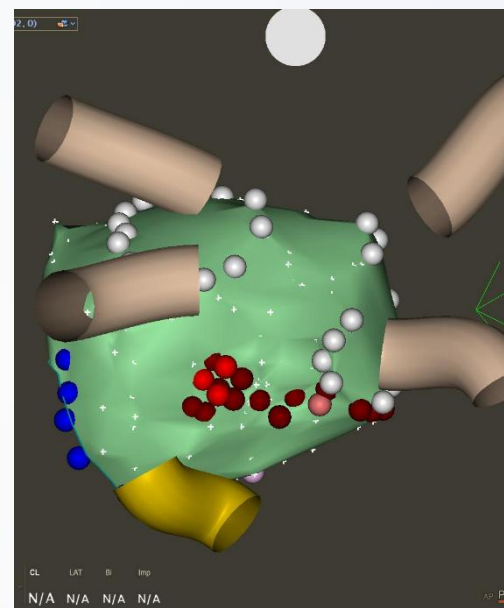
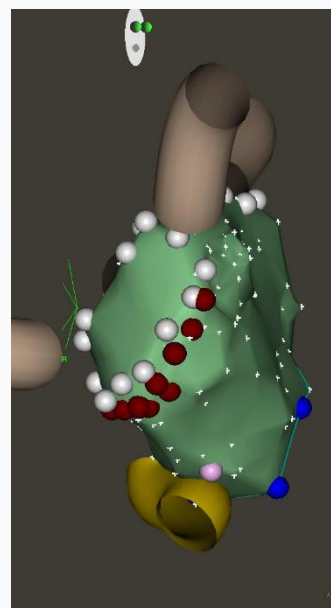
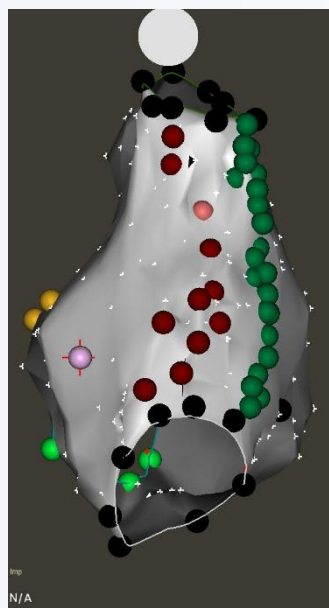
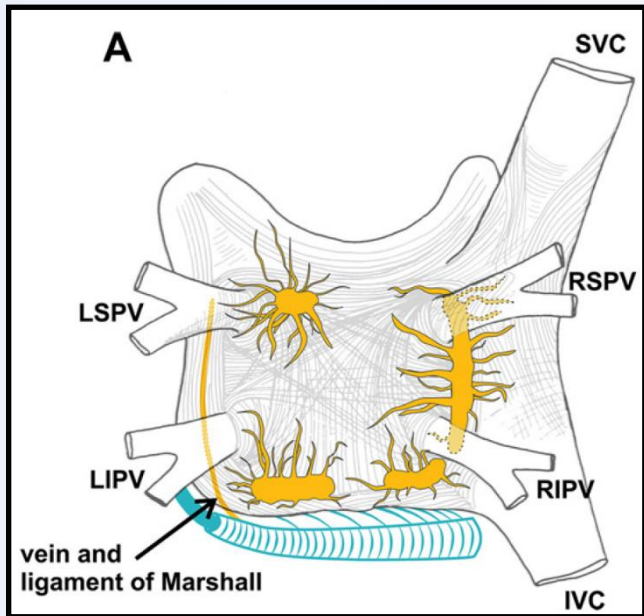


5. REFLEX CONDITIONS: RECOMMENDATIONS

5.1. Vasovagal Syncope: Recommendations

VVS is the most common cause of syncope and a frequent reason for ED visits.⁶⁶ The underlying pathophysiology of VVS results from a reflex causing hypotension and bradycardia, triggered by prolonged standing or exposure to emotional stress, pain, or medical procedures.^{361–365} An episode of VVS is typically associated with a prodrome of diaphoresis, warmth, and pallor, with fatigue after the event. Given the benign nature

of VVS and its frequent remissions, medical treatment is usually not required unless conservative measures are unsatisfactory. In some patients, effective treatment is needed, as syncopal events may result in injury and an impaired quality of life (QoL).^{366–368} Despite the need and substantial efforts by investigators, there are limited evidence-based therapeutic options.³⁶⁹ Preliminary data from cardiac ganglia plexi ablation in treating selected patients with VVS are encouraging but still insufficient to make recommendations at this time.^{370–372} See Figure 4 for the algorithm for treatment of VVS.



Simplified Method for Vagal Effect Evaluation in Cardiac Ablation and Electrophysiological Procedures

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