



Úloha MRI v detekci vaskulopatie štěpu u pacientů po srdeční transplantaci

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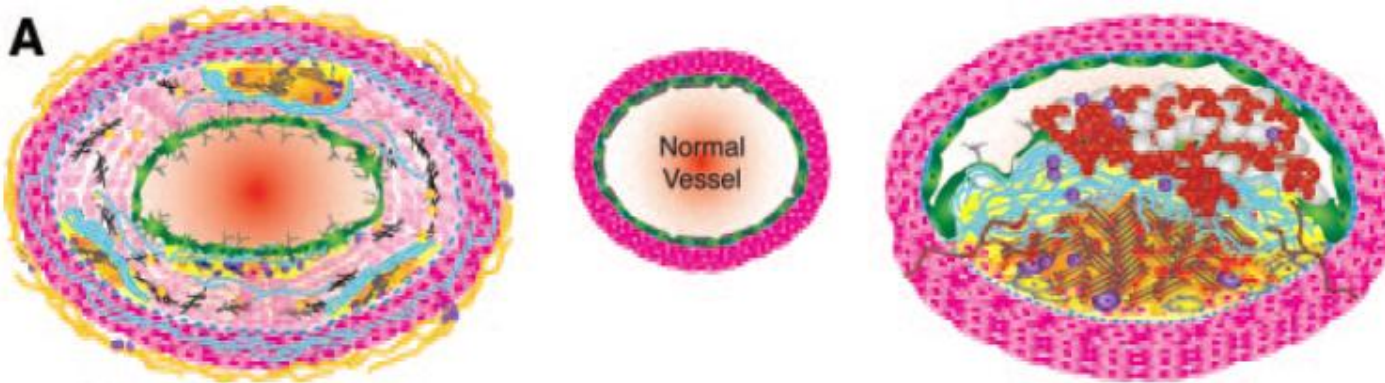
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Vaskulopatie štěpu neboli Cardiac allograft vasculopathy (CAV)

- Koncentrická fibrózní hyperplazie intimy
- Imunologické a neimunologické faktory
- Rizikové faktory: hyperlipidémia, věk, mužské pohlaví, obezita, diabetes, příčina srdečního selhání (ICHS), ischemicko – reperfuční poškození



Allograft Vasculopathy

- (1) Epicardial and intramural arteries are involved
 - (2) Veins can also be involved. The only vessels relatively unaffected are those with little or no muscular layer
 - (3) Diffuse and very extensive vessel involvement
 - (4) Affects the proximal and distal epicardial vessels, as well as their branches
 - (5) The media can be unaffected or almost completely replaced by fibrous tissue. As the intimal disease progresses in severity so does fibrosis of the media and adventitia.
 - (6) A disease of the intima, media, and adventitia
- (1) Diffuse, concentric intimal thickening
 - (2) Ranges from concentric, diffuse, intimal lesions to advanced fibrofatty plaques with degeneration
 - (1) The initial lesions are SMC proliferation in the intima and accumulation of extracellular lipids
 - (2) Accelerated progression of intimal proliferation and luminal stenosis during the early phase of the disease, with foam cell development
 - (3) Surface endothelial erosion is not characterized in this setting but may be a rare finding
 - (4) Fibrous cap thinning and plaque rupture is a rare finding until late in the disease

Atherosclerosis

- (1) Major epicardial muscular arteries are involved
 - (2) Largely affects the proximal epicardial coronary arteries. There is usually sparing of the intramyocardial vessels and arteries under muscular bridges
 - (3) Veins are never involved
 - (4) Three layers, intima, media and adventitia, are involved
- (1) Focal, eccentric proliferative, and degenerative lesions of the intima of proximal coronary vessels
 - (2) Mostly fibrofatty plaques with ultimate necrotic cores and progressively thinned fibrous cap
 - (1) Fatty streaks are seen initially
 - (2) Slow progression of lesion development (decades)
 - (3) Surface endothelial erosion is seen
 - (4) Thin fibrous cap and plaque rupture are frequently seen in intermediate to advanced lesions

ISHLT klasifikace vaskulopatie

TABLE 1 ISHLT Recommended Nomenclature for CAV

| Classification | Severity | Definition |
|------------------|----------------|--|
| CAV ₀ | Nonsignificant | No detectable angiographic lesion |
| CAV ₁ | Mild | Angiographic LM <50% or Primary vessel with maximum lesion <70% or Branch stenosis <70% |
| CAV ₂ | Moderate | Angiographic LM <50%, Single primary vessel ≥70% or Isolated branch stenosis in 2 systems ≥70% |
| CAV ₃ | Severe | Angiographic LM ≥50% or ≥2 primary vessel ≥70% or Isolated branch stenosis in all 3 systems ≥70% or CAV ₁ or CAV ₂ with allograft dysfunction (LVEF ≤45%) or evidence of significant restrictive physiology |

TYPE A LESION



TYPE B₁ LESION



TYPE B₂ LESION

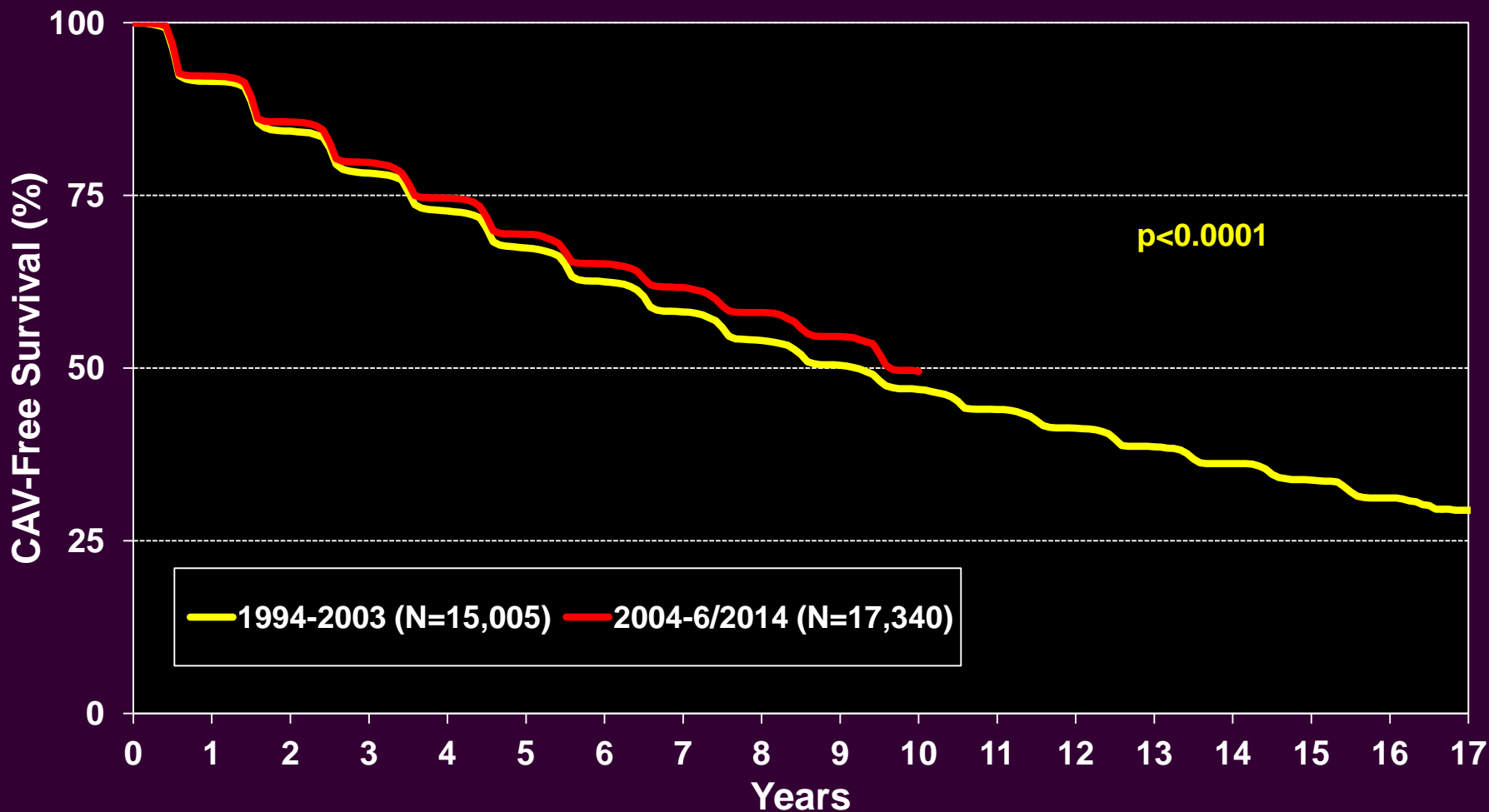


TYPE C LESION



Adult Heart Transplants

Cardiac Allograft Vasculopathy-Free Survival by Era (Transplants: January 1994 – June 2014)



Adult Heart Transplants

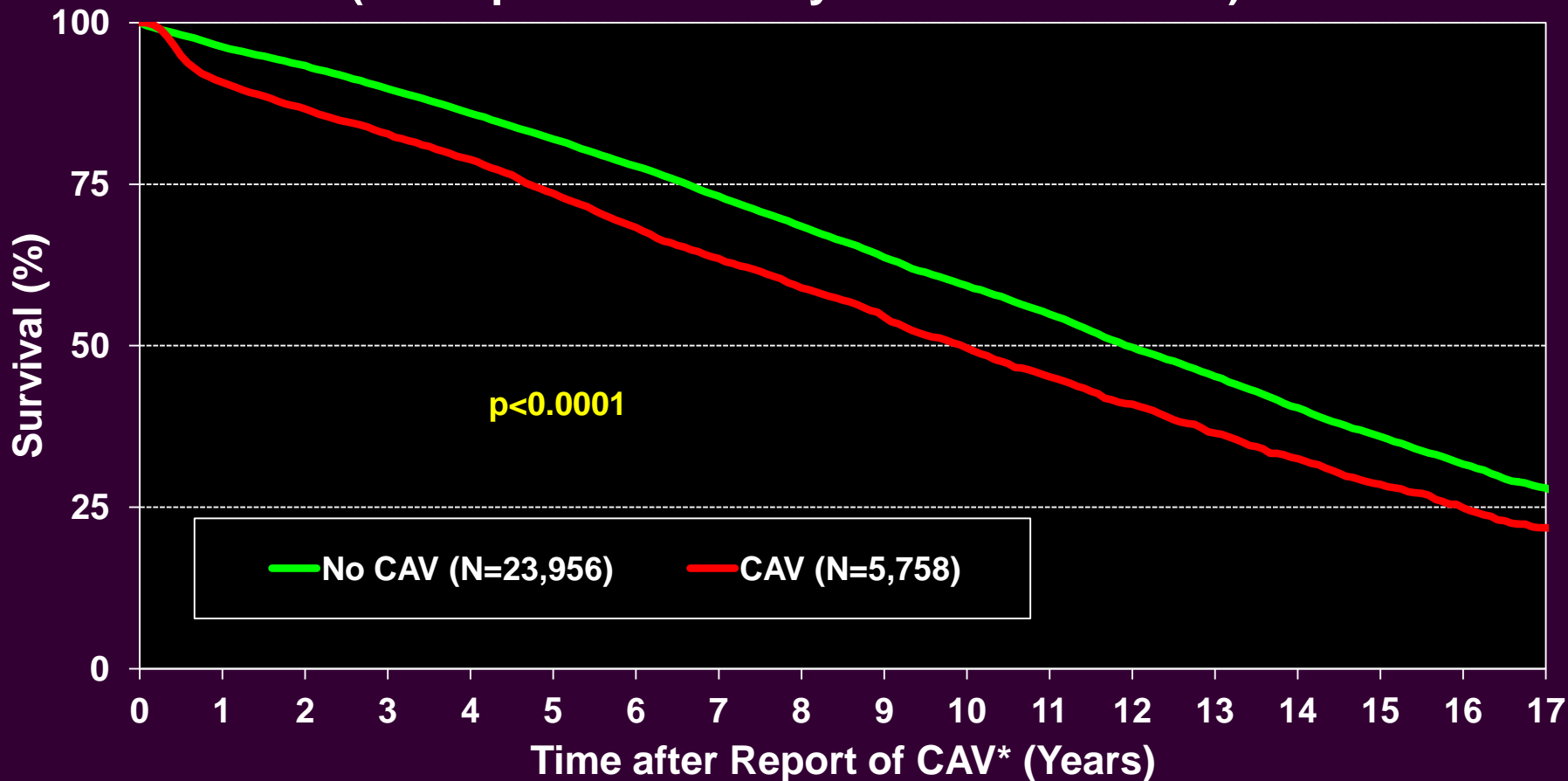
Cause of Death (Deaths: January 1994 – June 2015)

| Cause of Death | 0-30 Days (N=6,238) | 31 Days - 1 Year (N=5,370) | >1-3 Years (N=3,861) | >3-5 Years (N=3,347) | >5-10 Years (N=8,557) | >10-15 Years (N=5,997) | >15 Years (N=4,053) |
|--------------------------------|------------------------|----------------------------------|-------------------------|-------------------------|--------------------------|---------------------------|------------------------|
| Cardiac Allograft Vasculopathy | 84 (1.3%) | 187 (3.5%) | 456 (11.8%) | 448 (13.4%) | 1,125 (13.1%) | 768 (12.8%) | 442 (10.9%) |
| Acute Rejection | 272 (4.4%) | 500 (9.3%) | 393 (10.2%) | 164 (4.9%) | 167 (2.0%) | 56 (0.9%) | 25 (0.6%) |
| Lymphoma | 2 (0.0%) | 59 (1.1%) | 92 (2.4%) | 110 (3.3%) | 298 (3.5%) | 169 (2.8%) | 95 (2.3%) |
| Malignancy, Other | 3 (0.0%) | 127 (2.4%) | 466 (12.1%) | 644 (19.2%) | 1,821 (21.3%) | 1,264 (21.1%) | 769 (19.0%) |
| CMV | 3 (0.0%) | 55 (1.0%) | 19 (0.5%) | 6 (0.2%) | 7 (0.1%) | 4 (0.1%) | 0 |
| Infection, Non-CMV | 835 (13.4%) | 1,671 (31.1%) | 500 (13.0%) | 344 (10.3%) | 909 (10.6%) | 651 (10.9%) | 489 (12.1%) |
| Graft Failure | 2,510 (40.2%) | 927 (17.3%) | 1012 (26.2%) | 781 (23.3%) | 1,622 (19.0%) | 1,043 (17.4%) | 703 (17.3%) |
| Technical | 456 (7.3%) | 84 (1.6%) | 28 (0.7%) | 27 (0.8%) | 92 (1.1%) | 73 (1.2%) | 49 (1.2%) |
| Other | 272 (4.4%) | 365 (6.8%) | 304 (7.9%) | 256 (7.6%) | 670 (7.8%) | 393 (6.6%) | 305 (7.5%) |
| Multiple Organ Failure | 1,110 (17.8%) | 856 (15.9%) | 229 (5.9%) | 197 (5.9%) | 592 (6.9%) | 502 (8.4%) | 383 (9.4%) |
| Renal Failure | 29 (0.5%) | 50 (0.9%) | 53 (1.4%) | 105 (3.1%) | 470 (5.5%) | 486 (8.1%) | 394 (9.7%) |
| Pulmonary | 181 (2.9%) | 206 (3.8%) | 158 (4.1%) | 150 (4.5%) | 381 (4.5%) | 266 (4.4%) | 180 (4.4%) |
| Cerebrovascular | 481 (7.7%) | 283 (5.3%) | 151 (3.9%) | 115 (3.4%) | 403 (4.7%) | 322 (5.4%) | 219 (5.4%) |
| Total Deaths (N) | 7,189 | 6,194 | 4,754 | 4,227 | 11,349 | 8,708 | 6,068 |

Adult Heart Transplants

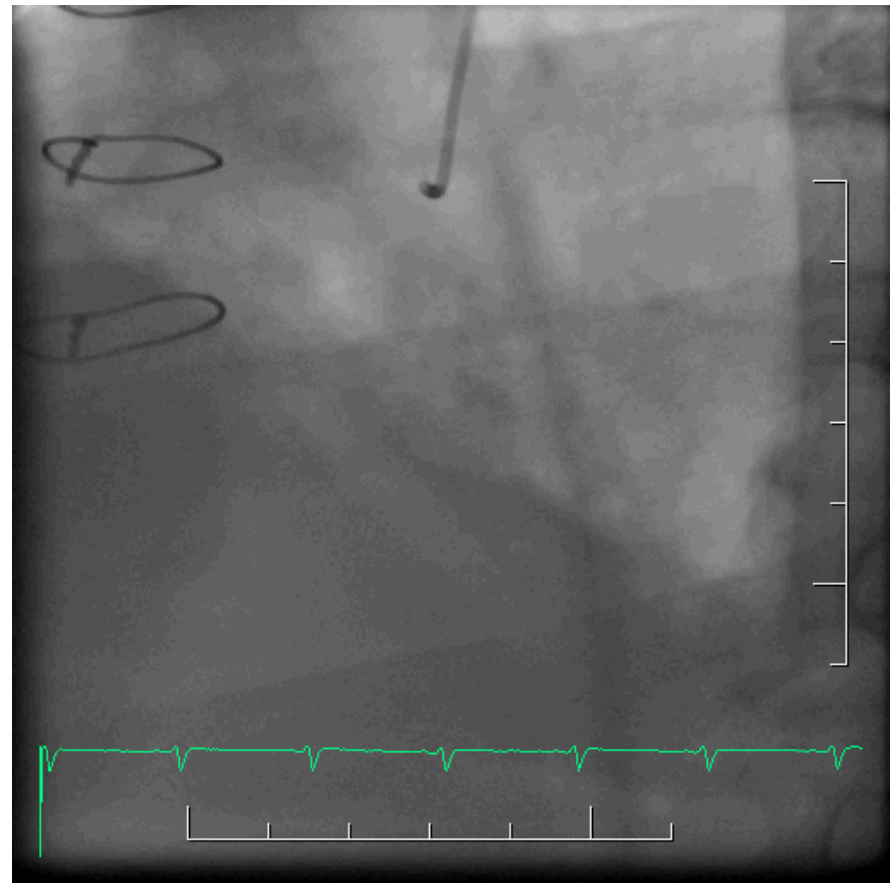
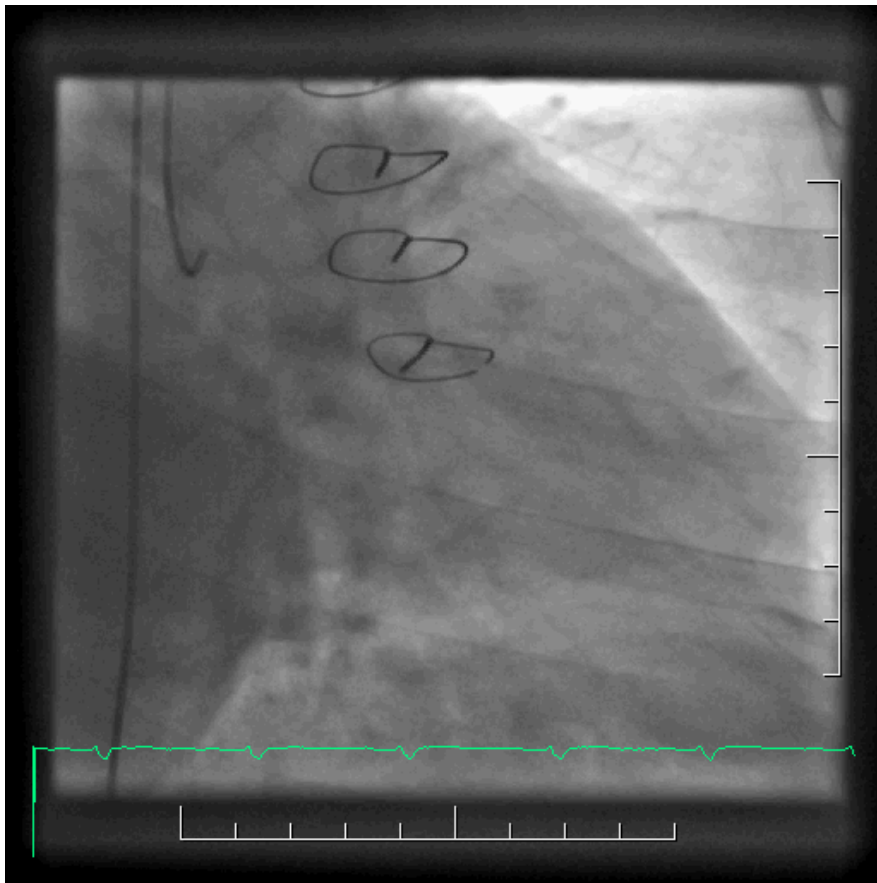
Survival After Report of CAV Within 3 Years of Transplant and Survival In Patients Without CAV*

(Transplants: January 1994 – June 2014)



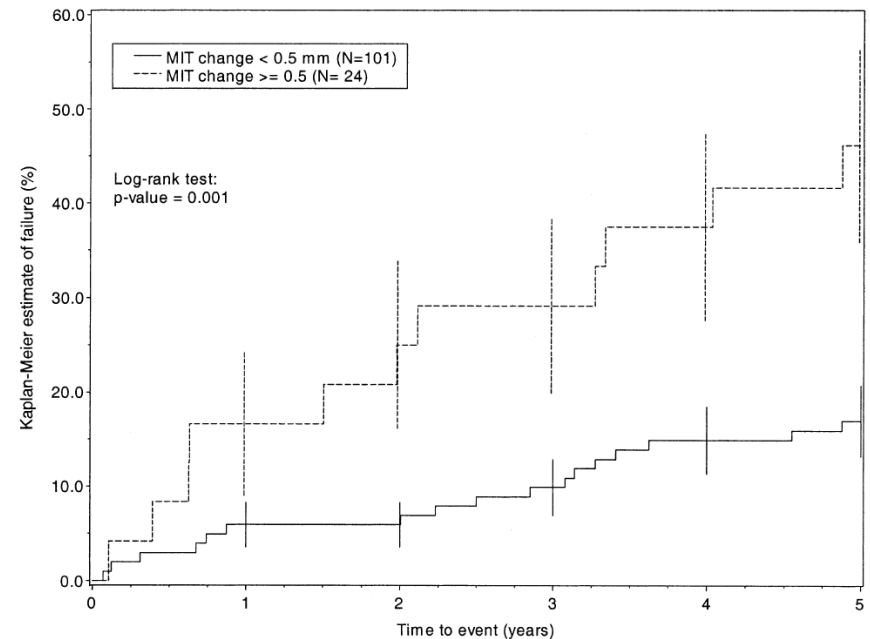
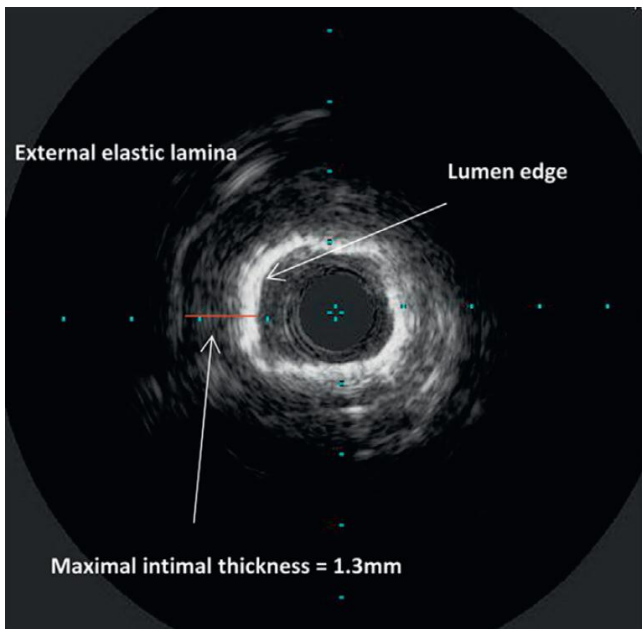
* Patient survival for those without CAV within 3 years after transplant was conditioned on survival to median time of CAV development (527 days). Median time to CAV development is based on patients who developed CAV within 3 years of transplant.

Koronarografie



OCT/IVUS

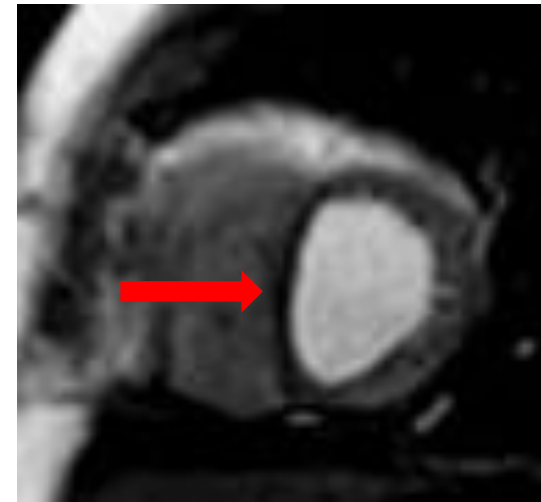
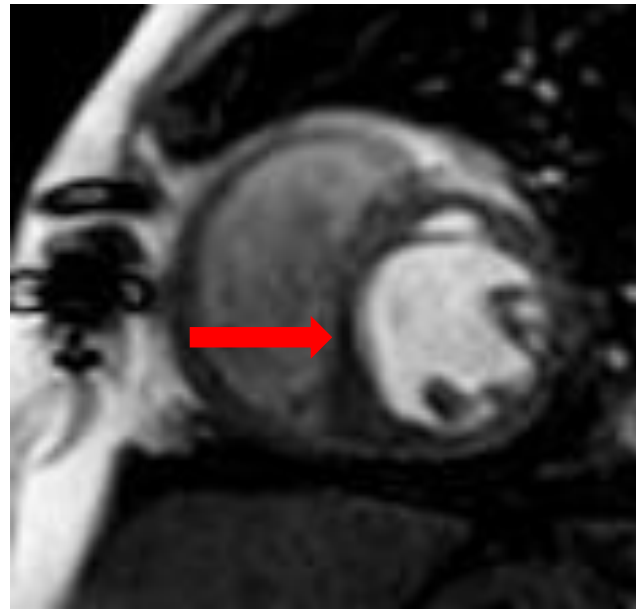
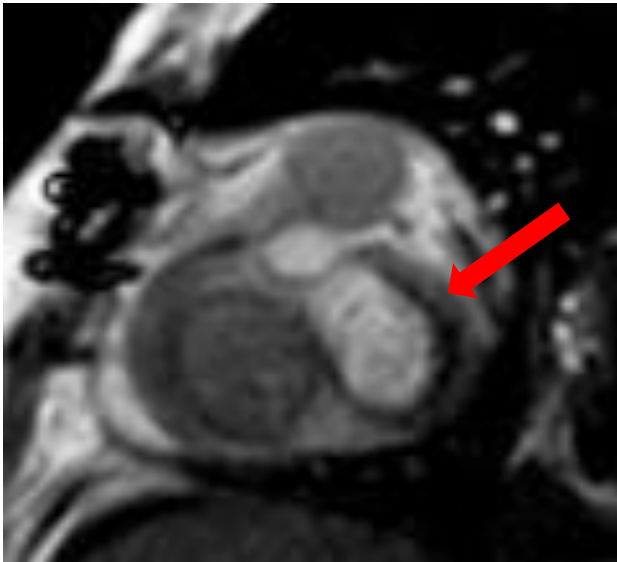
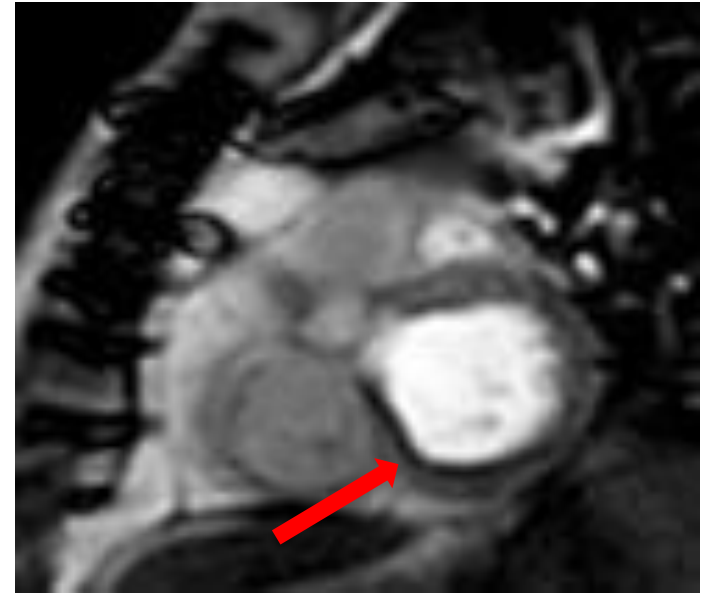
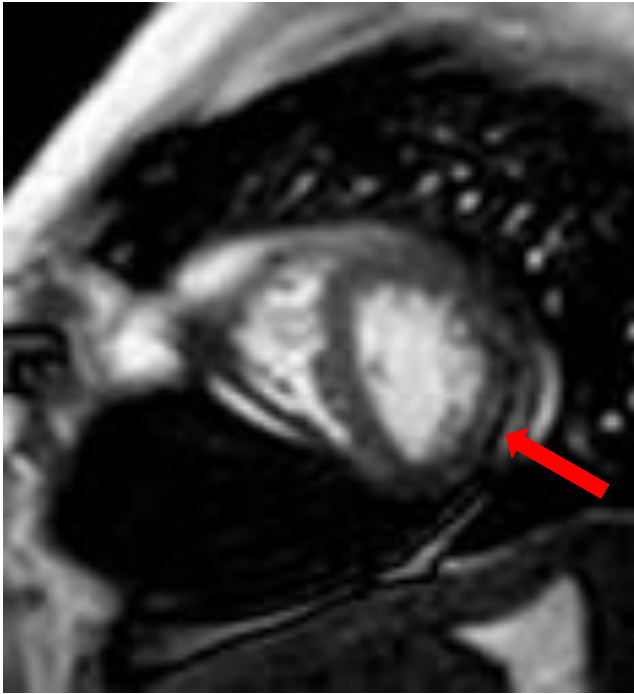
- Progrese maximálního intimálního zesílení (MIT) $\geq 0,5$ mm je prediktorem celkové mortality, nefatálních KV příhod a rozvoje angiograficky detekovatelné vaskulopatie.



MRI perfuze

1. Zátěžové testování: Adenosin 140 $\mu\text{g}/\text{kg}/\text{min}$
2. Gadolinium
3. Vizuální hodnocení: first pass gadolinium enhancement
4. Klidové hodnocení s gadoliniem

MRI



MRI as rule-out method

$$MPR = \frac{\text{hyperemic myocardial blood flow (MBF)}}{\text{resting MBF}}$$

- Lepší v detekci mikrovaskulárního a lehkého až středního epikardiálního postižení
- Optimální cutoff hodnota indexu myokardiální perfuzní rezervy (MPR) $\leq 1,68$ předpovídá CAV se 100% senzitivitou a 63% specificitou.
- Negativní prediktivní hodnota 100%

Design

- U každého pacienta v 1. roce po OTS provádíme koronarografii s OCT (event. IVUS) a MR srdce se zátěžovou perfuzí.
- U všech pacientů s podezřením na vaskulopatii štěpu
- Úloha MRI v detekci vaskulopatie štěpu u pacientů po srdeční transplantaci

Design

angiograficky nedetekovatelná (bez CAV + CAV 0)

X

angiograficky detekovatelná (CAV 1-3)

zcela bez vaskulopatie

X

CAV 0-3

- CAV 0 jsou pacienti s OCT resp. IVUS nálezem MIT $\geq 0,5$ mm

| n 40 | CAV (n 26) | Without CAV (n 14) | p |
|--------------------------|------------|--------------------|--------------|
| věk | 55,4 | 50,87 | ns |
| věk při OTS | 52,9 | 49,4 | ns |
| muži | 81% | 71% | ns |
| ženy | 19% | 29% | ns |
| BMI | 26,5 | 27,9 | ns |
| EF LK (%) | 69,3 | 68,8 | ns |
| ICHS jako dg. OTS | 2 (8 %) | 4 (29 %) | ns |
| Doba od OTS (dny) | 879 | 537 | 0,008 |
| Hypertenze | 61% | 64% | ns |
| Hyperlipidémie | 73% | 78% | ns |
| Diabetes Mellitus | 50% | 42% | ns |
| TF (/min.) | 82 | 82 | ns |
| kouření | 1 | 0 | ns |
| CMV IgG | 88% | 71% | ns |
| CMV IgM | 12% | 28% | ns |

| n 40 | CAV (n 26) | Without CAV (n 14) | p |
|----------------------|------------|--------------------|-----------|
| ACE-I/sartany | 38% | 28% | <i>ns</i> |
| Beta-blokátory | 46% | 43% | <i>ns</i> |
| Kalciové-blokátory | 42% | 57% | <i>ns</i> |
| Ivabradin | 30% | 21% | <i>ns</i> |
| ASA | 65% | 28% | 0,045 |
| Statiny | 84% | 78% | <i>ns</i> |
| Takrolimus | 88% | 93% | <i>ns</i> |
| Mykofenolát mofetil | 80% | 78% | <i>ns</i> |
| Everolimus/sirolimus | 27% | 14% | <i>ns</i> |
| Kortikoidy | 58% | 71% | <i>ns</i> |

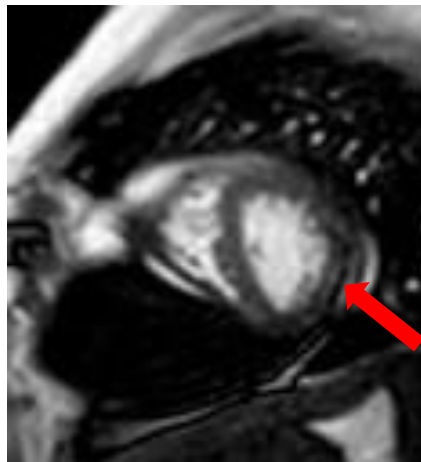
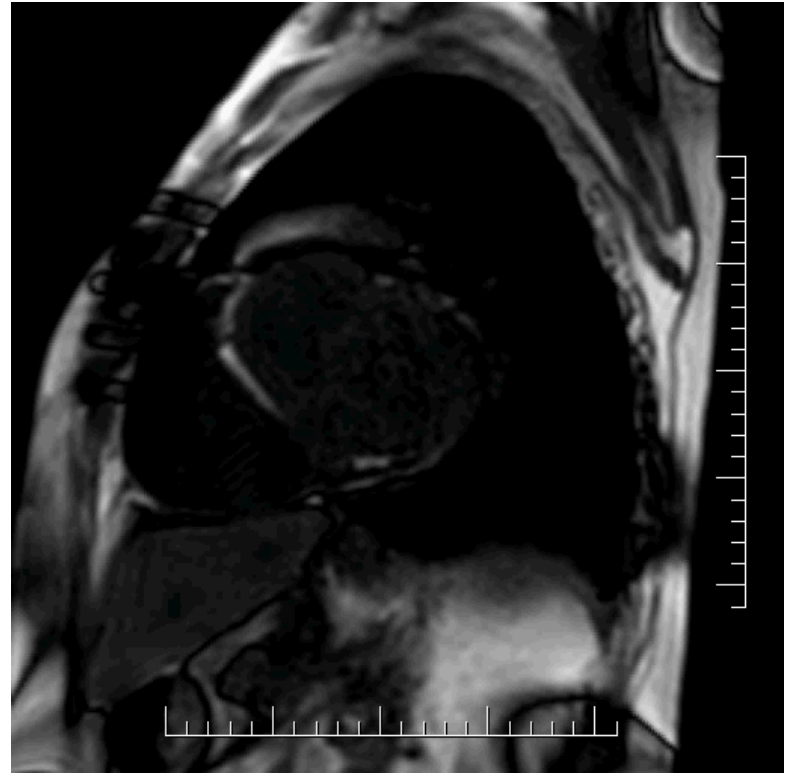
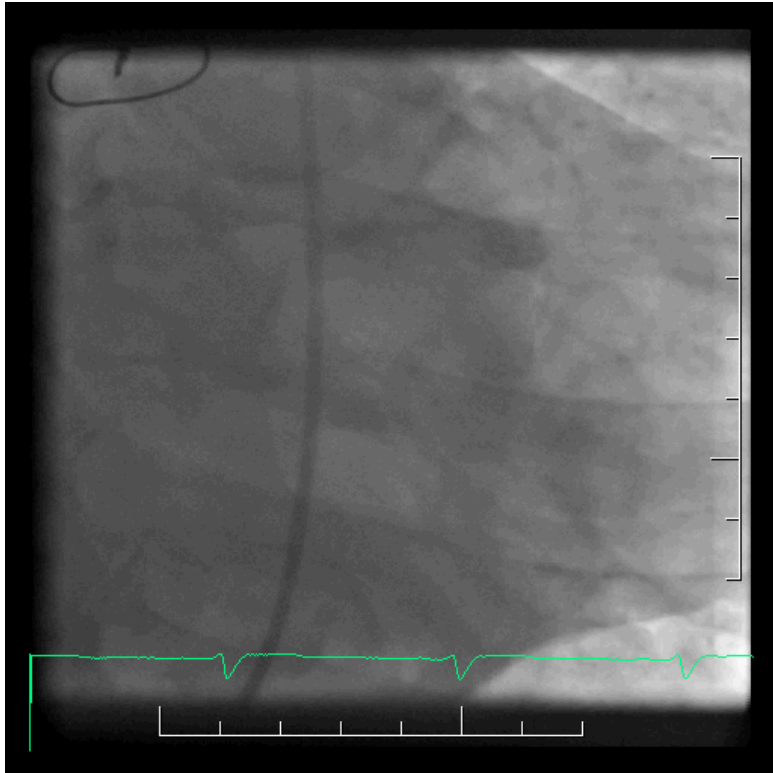
Výsledky

| n 40 | No CAV | CAV 0 {OCT +} | CAV 1 | CAV 2 | CAV 3 |
|----------------------|--------|---------------|-------|-------|-------|
| Koronarografie | 14 | 23 | 0 | 1 | 2 |
| MRI defekt v perfuzi | 0 | 0 | 0 | 1 | 2 |

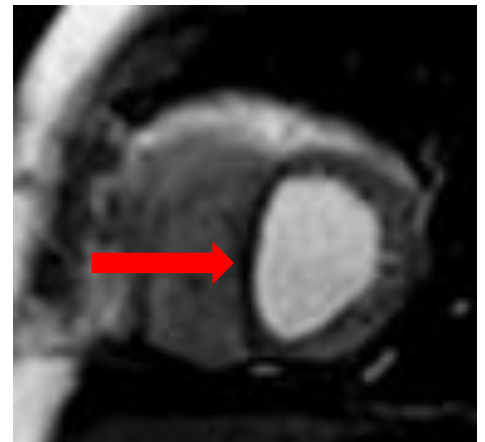
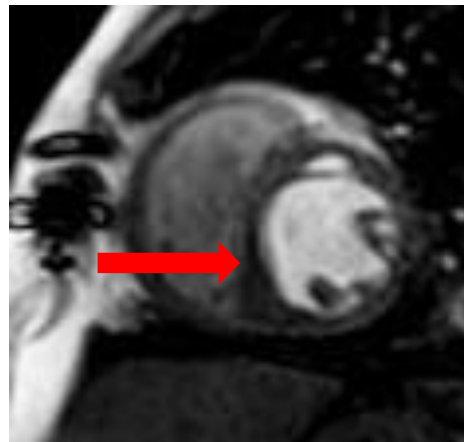
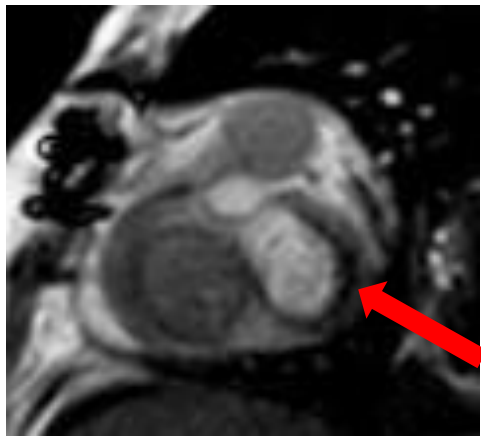
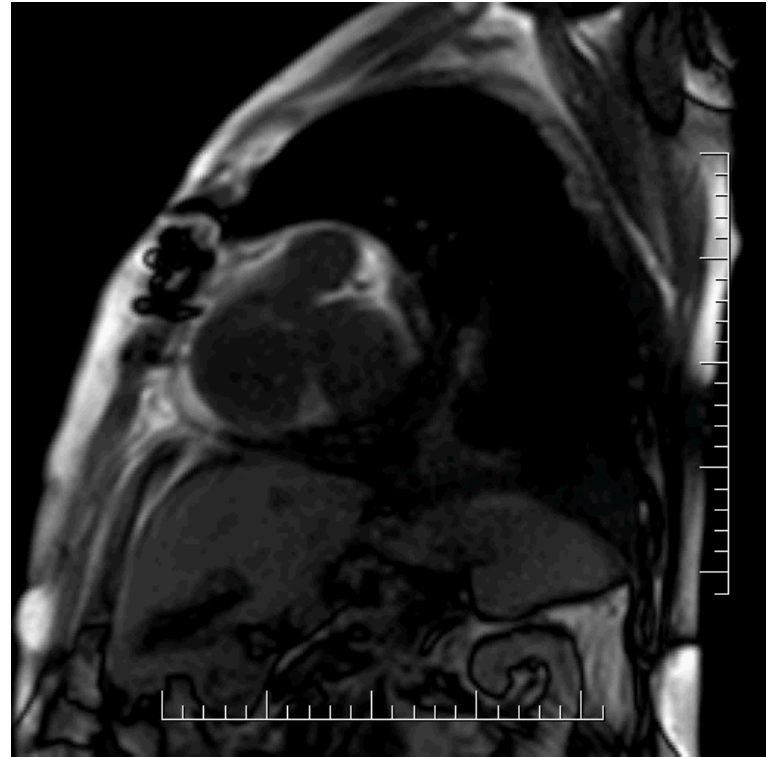
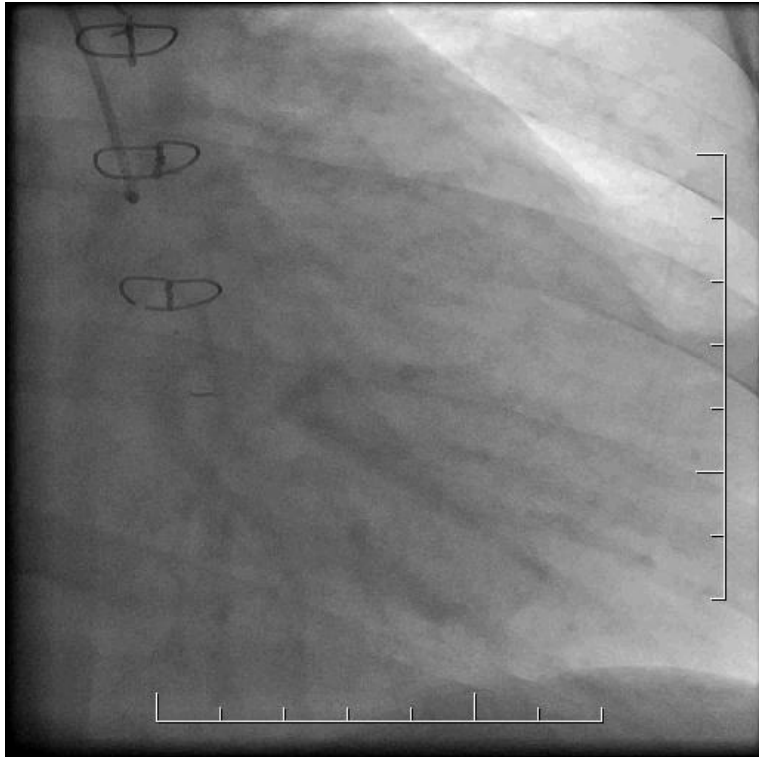
| | No CAV | CAV 0-3 |
|----------------------|--------|---------|
| Koronarografie | 14 | 26 |
| MRI defekt v perfuzi | 0 | 3 |
| | | p 0,53 |

| | No CAV and CAV 0 | CAV 1-3 |
|----------------------|------------------|----------|
| Koronarografie | 37 | 3 |
| MRI defekt v perfuzi | 0 | 3 |
| | | p 0,0001 |

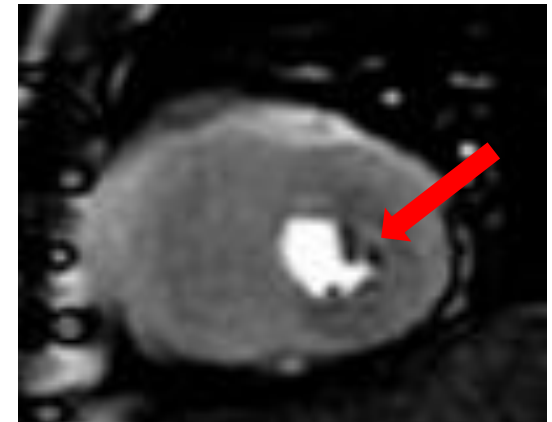
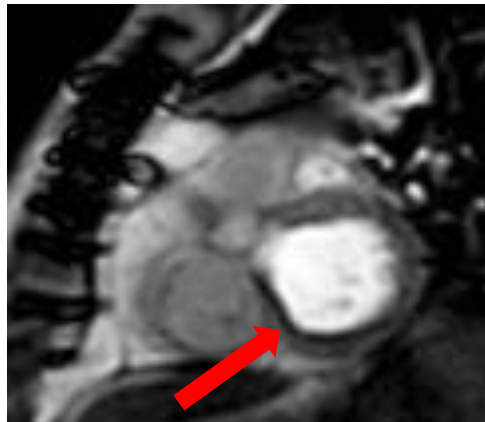
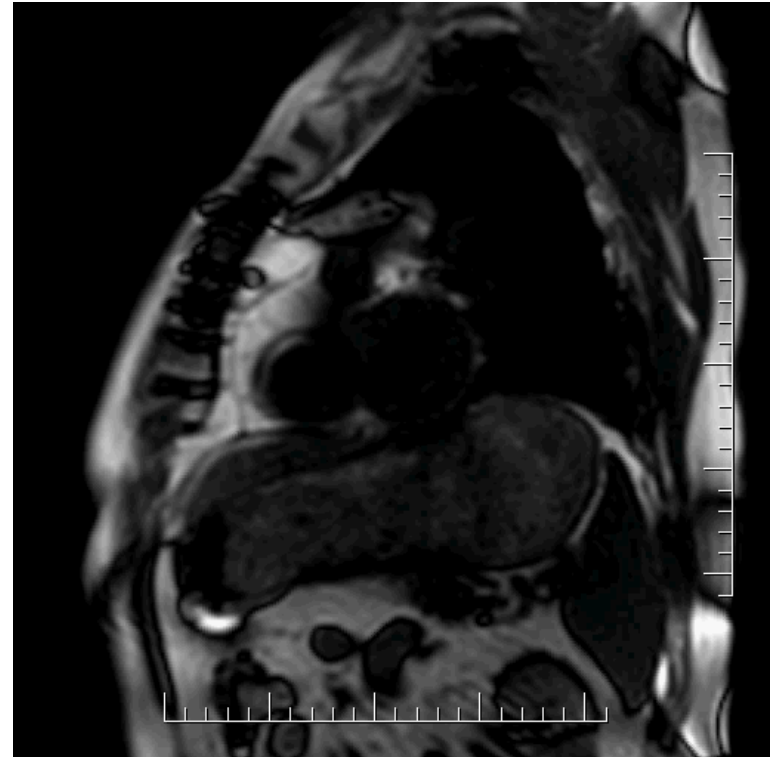
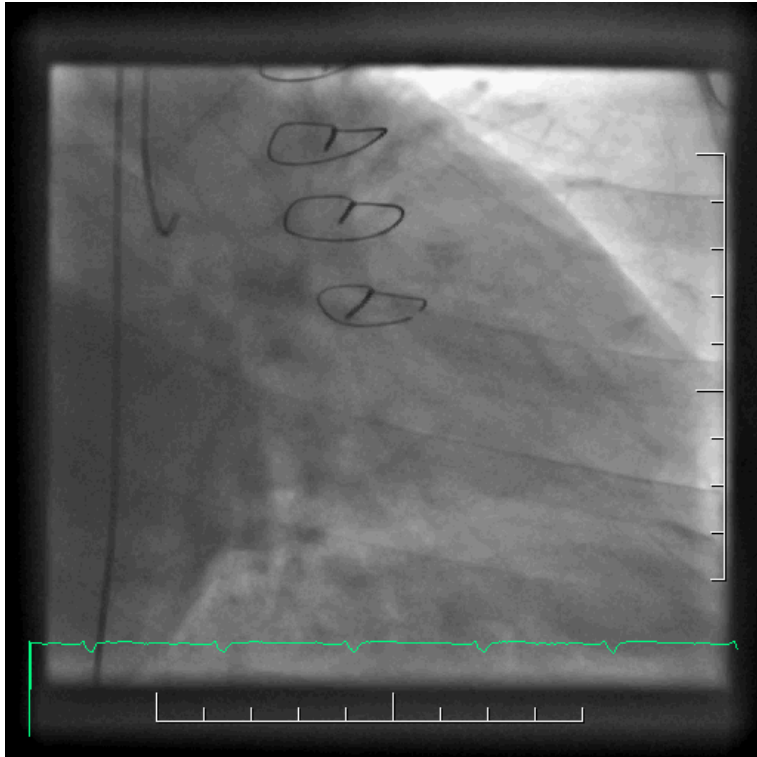
Z. L.



J. S.



F. S.



Výsledky

- Perfuzní defekty pomocí MRI srdce jsme zjistili u 3 z 26 pacientů s vaskulopatií v jakémkoliv stádiu *p 0,53*
- Všichni 3 pacienti s angiograficky detekovatelnou vaskulopatií CAV 1-3 měli zároveň poruchu perfuze na MRI (100% match) *p 0,0001*

Diskuze

- MRI má velký potenciál v diagnostice vaskulopatie
- Detekce skorých stádií vaskulopatie vyžaduje další výzkum
- MPRI kvantifikace je technicky i časově náročná
- Komerčně a široce dostupný software je pořád ve vývoji a není běžně dostupný
- Nicméně i tak pracujeme na začlenění MPR indexu do standardních protokolů



Děkuji za pozornost!

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