

OVLIVNĚNÍ MORTALITY U PACIENTŮ S PLICNÍ HYPERTENZÍ

PAVEL JANSA

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European
Reference
Network

for rare or low prevalence
complex diseases

• **Network**
Respiratory Diseases
(ERN-LUNG)

• **Member**
General University
Hospital in Prague –
Czechia



KLINICKÁ KLASIFIKACE PLICNÍ HYPERTENZE (2022)

GROUP 1 Pulmonary arterial hypertension (PAH)

1 %

- 1.1 Idiopathic
 - 1.1.1 Non-responders at vasoreactivity testing
 - 1.1.2 Acute responders at vasoreactivity testing
- 1.2 Heritable^a
- 1.3 Associated with drugs and toxins^a
- 1.4 Associated with:
 - 1.4.1 Connective tissue disease
 - 1.4.2 HIV infection
 - 1.4.3 Portal hypertension
 - 1.4.4 Congenital heart disease
 - 1.4.5 Schistosomiasis
- 1.5 PAH with features of venous/capillary (PVOD/PCH) involvement
- 1.6 Persistent PH of the newborn

GROUP 2 PH associated with left heart disease

70 %

- 2.1 Heart failure:
 - 2.1.1 with preserved ejection fraction
 - 2.1.2 with reduced or mildly reduced ejection fraction^b
- 2.2 Valvular heart disease
- 2.3 Congenital/acquired cardiovascular conditions leading to post-capillary PH

GROUP 3 PH associated with lung diseases and/or hypoxia

20 %

- 3.1 Obstructive lung disease or emphysema
- 3.2 Restrictive lung disease
- 3.3 Lung disease with mixed restrictive/obstructive pattern
- 3.4 Hypoventilation syndromes
- 3.5 Hypoxia without lung disease (e.g. high altitude)
- 3.6 Developmental lung disorders

GROUP 4 PH associated with pulmonary artery obstructions

4 %

- 4.1 Chronic thrombo-embolic PH
- 4.2 Other pulmonary artery obstructions^c

GROUP 5 PH with unclear and/or multifactorial mechanisms

5 %

- 5.1 Haematological disorders^d
- 5.2 Systemic disorders^e
- 5.3 Metabolic disorders^f
- 5.4 Chronic renal failure with or without haemodialysis
- 5.5 Pulmonary tumour thrombotic microangiopathy
- 5.6 Fibrosing mediastinitis

Humbert M et al. 2022 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension
EHJ 2022, ERJ 2022

Survival in Patients with Primary Pulmonary Hypertension

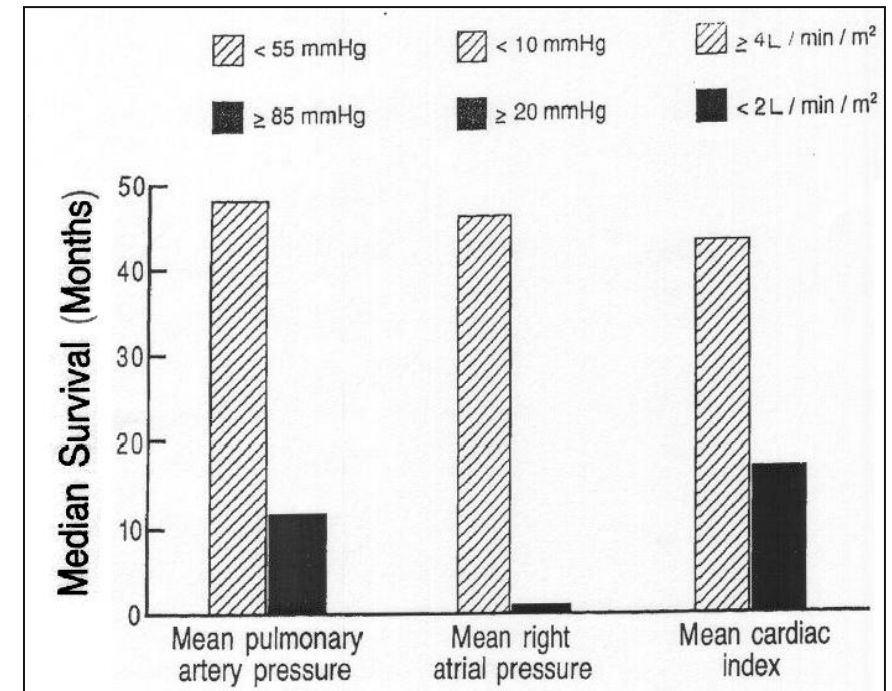
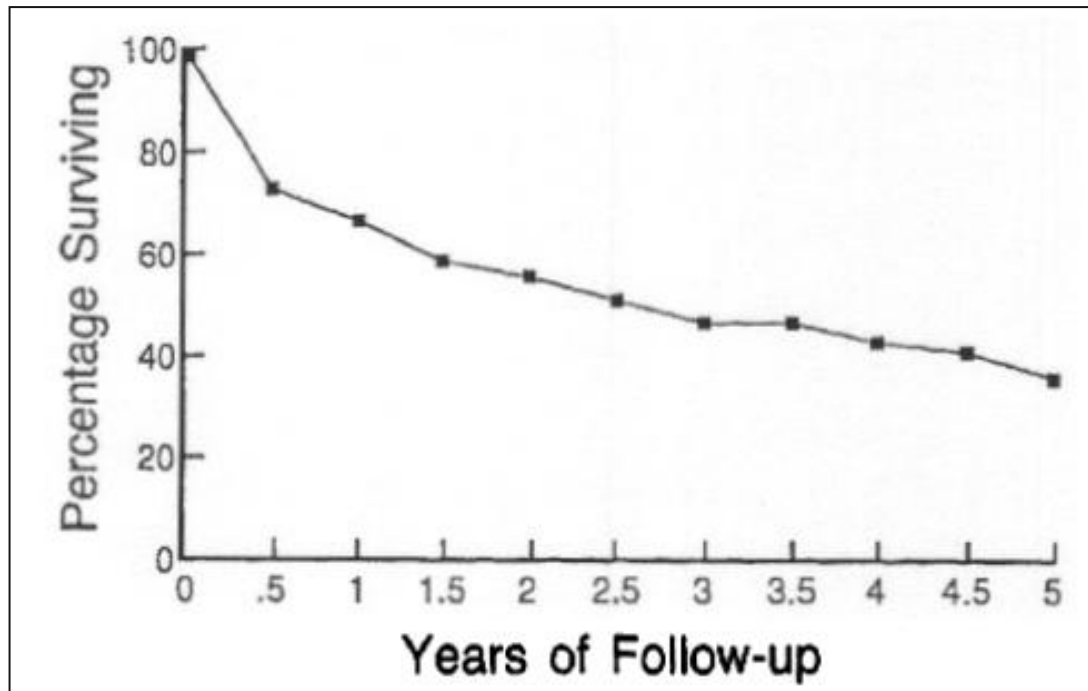
Results from a National Prospective Registry

32 US clinical centers

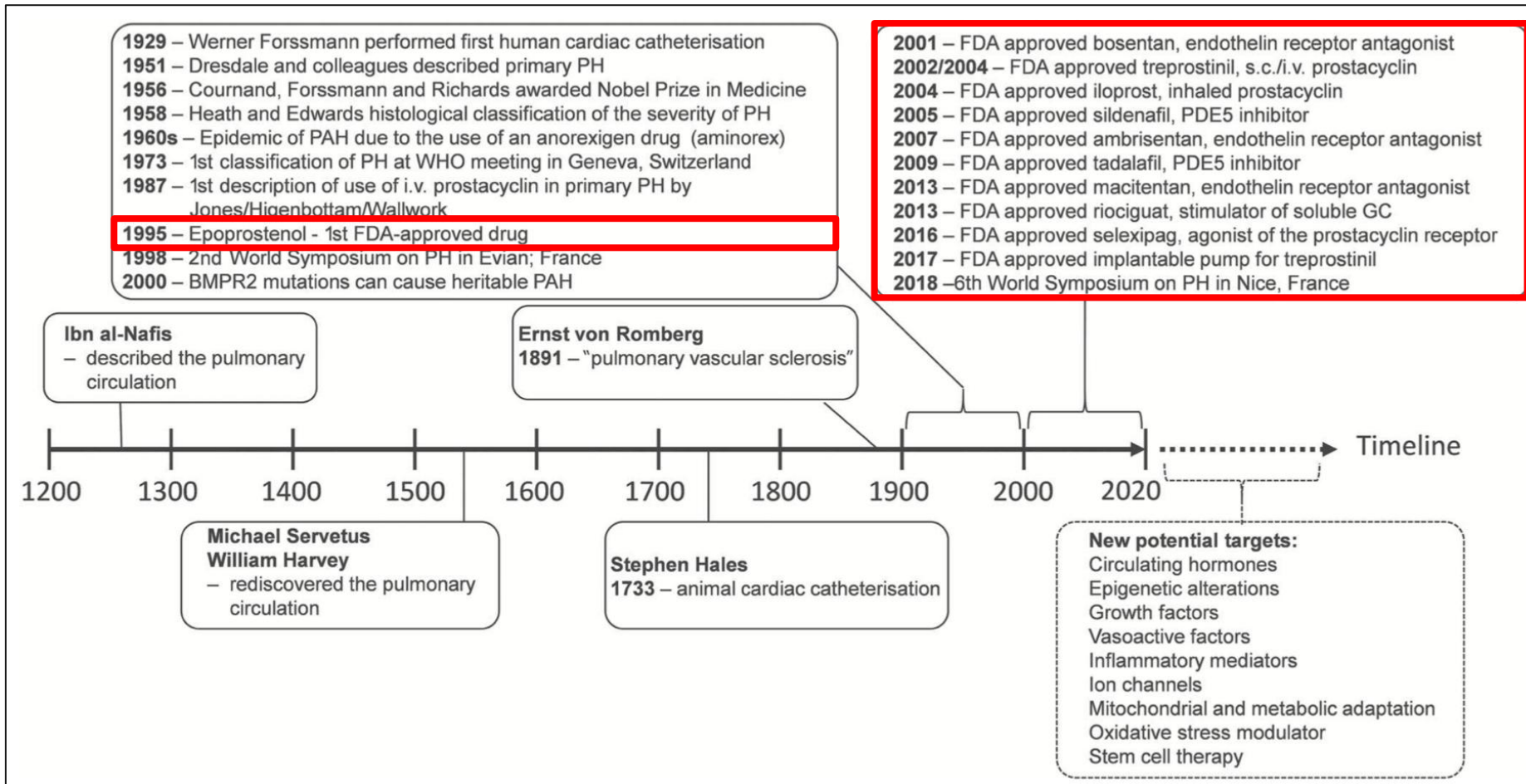
187 patients diagnosed between 1981 and 1985, FU through 1988 (106 died)

Mean age 36 ± 15 years, male:female 1:1.7

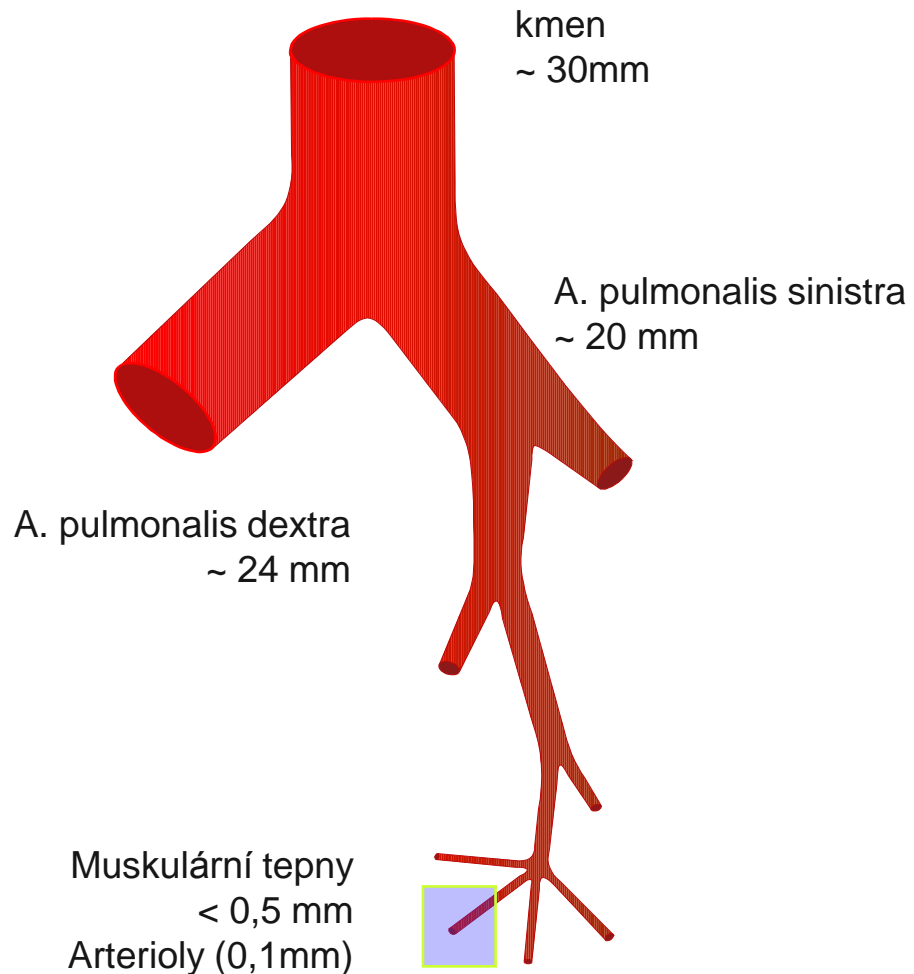
Median survival 2.8 yrs, 1-, 3- and 5-yr survival rates 68, 48 and 34%



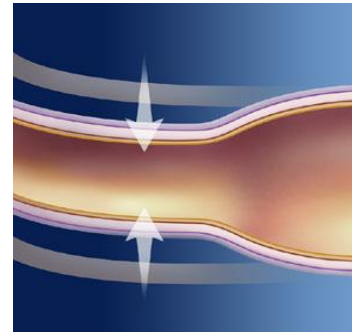
EVOLUCE LÉČBY PLICNÍ ARTERIÁLNÍ HYPERTENZE



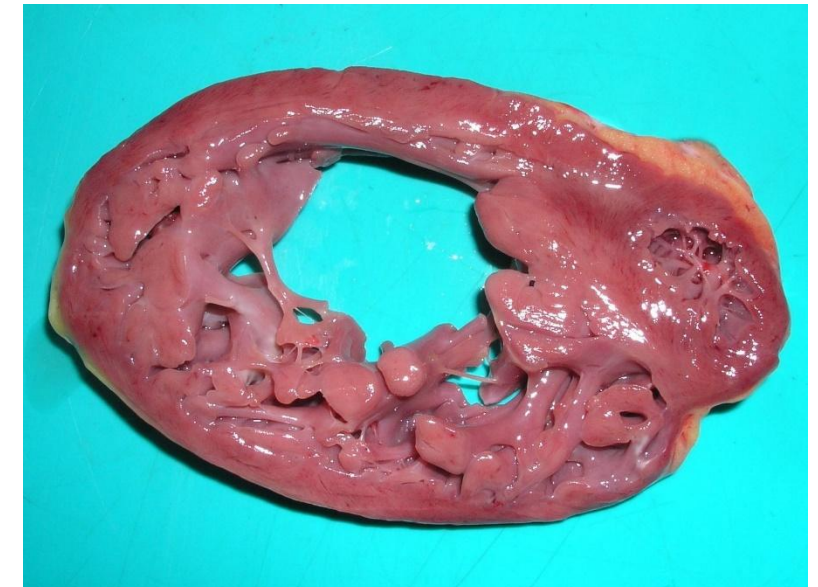
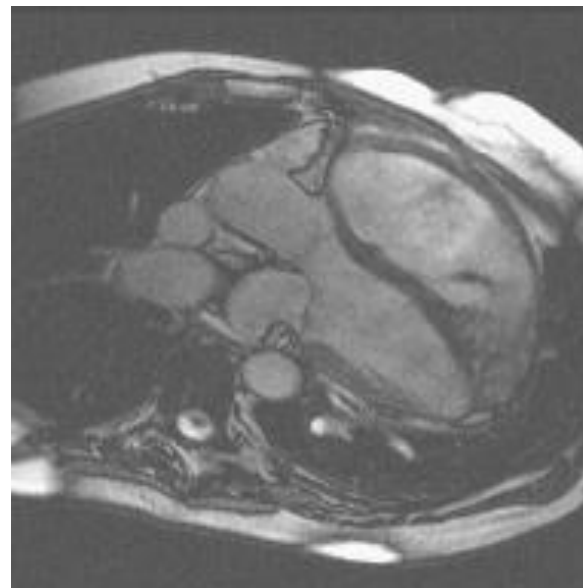
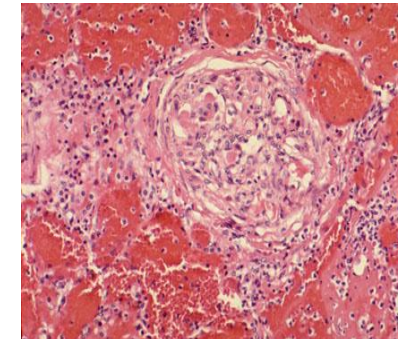
PODSTATA PLICNÍ ARTERIÁLNÍ HYPERTENZE (PAH)



Vazokonstrikce

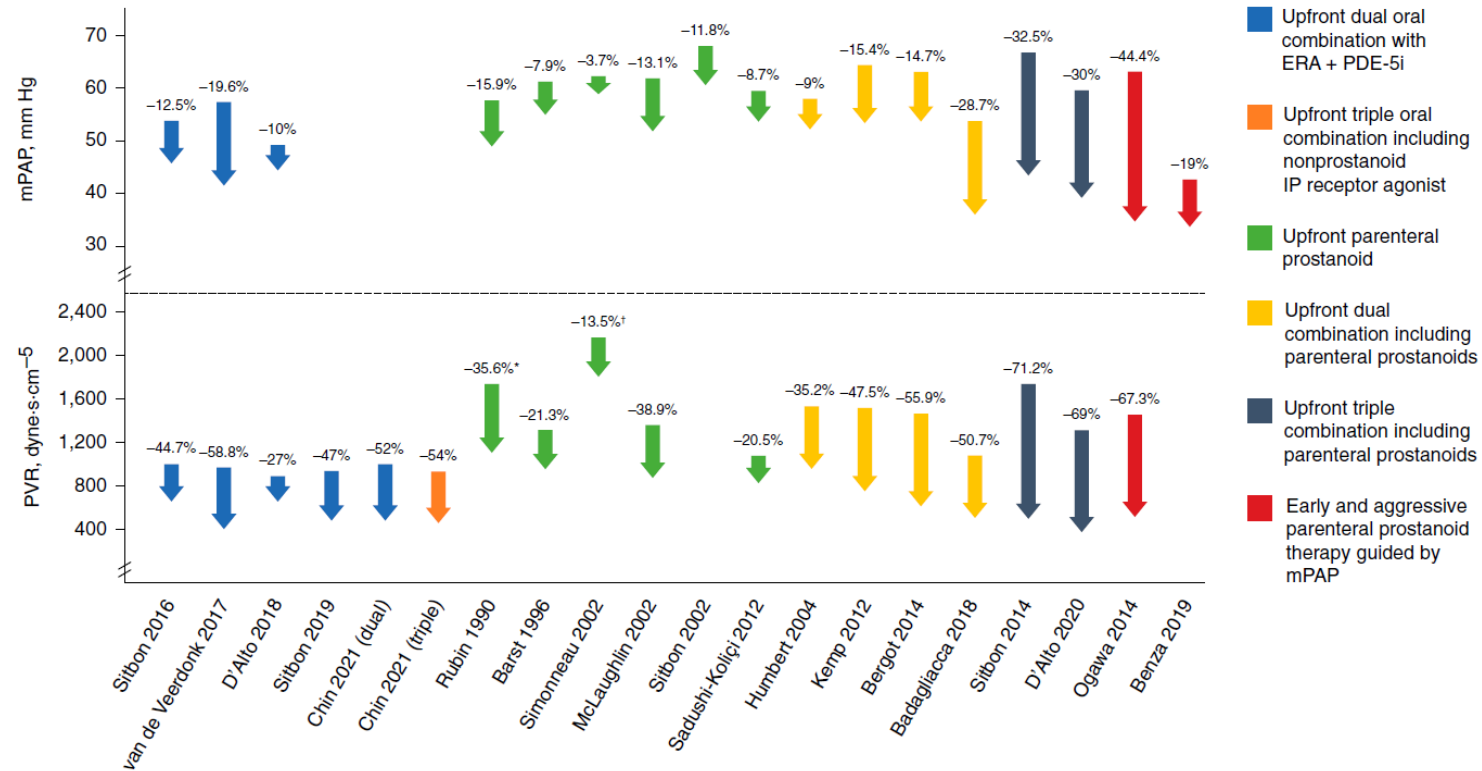
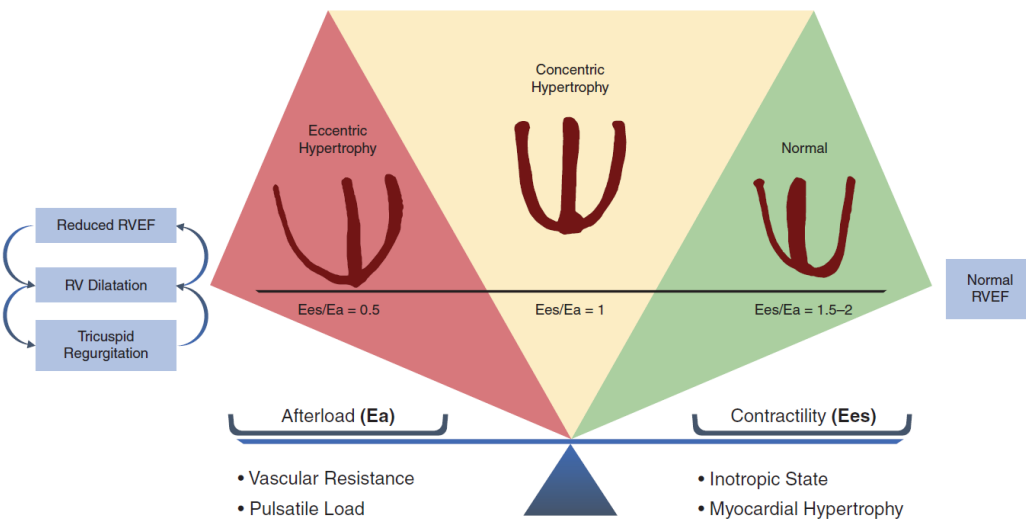


Remodelace



VÝVOJ TAKTIKY TERAPIE PAH

Aggressive Afterload Lowering to Improve the Right Ventricle A New Target for Medical Therapy in Pulmonary Arterial Hypertension?

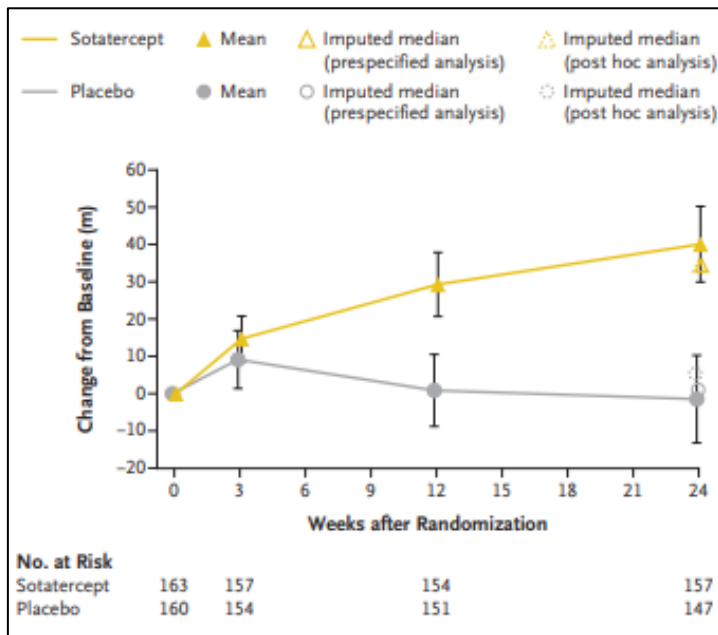


Phase 3 Trial of Sotatercept for Treatment of Pulmonary Arterial Hypertension

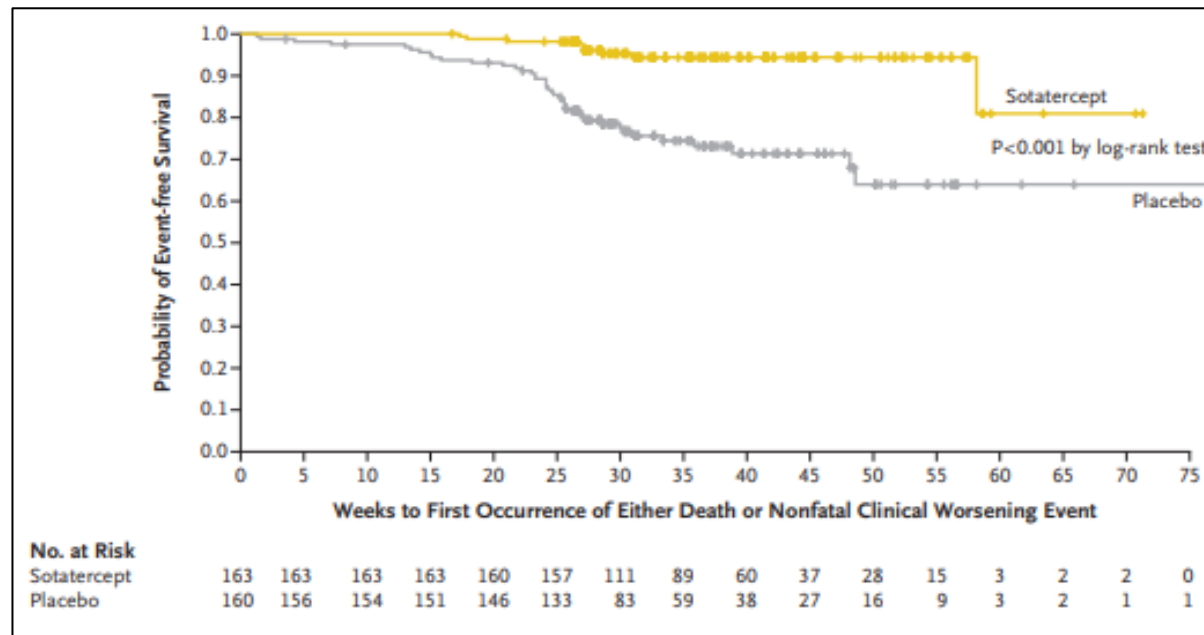
Marius M. Hoeper, M.D., David B. Badesch, M.D., H. Ardeschir Ghofrani, M.D., J. Simon R. Gibbs, M.D., Mardi Gomberg-Maitland, M.D., Vallerie V. McLaughlin, M.D., Ioana R. Preston, M.D., Rogerio Souza, M.D., Ph.D., Aaron B. Waxman, M.D., Ph.D., Ekkehard Grünig, M.D., Grzegorz Kopeć, M.D., Ph.D., Gisela Meyer, M.D., et al., for the STELLAR Trial Investigators*

PAH, 163 Sotatercept vs 160 placebo, 24 weeks, NYHA II 49% + NYHA III 51 %
 Monotherapy 4 %, double 35 %, triple 61 %

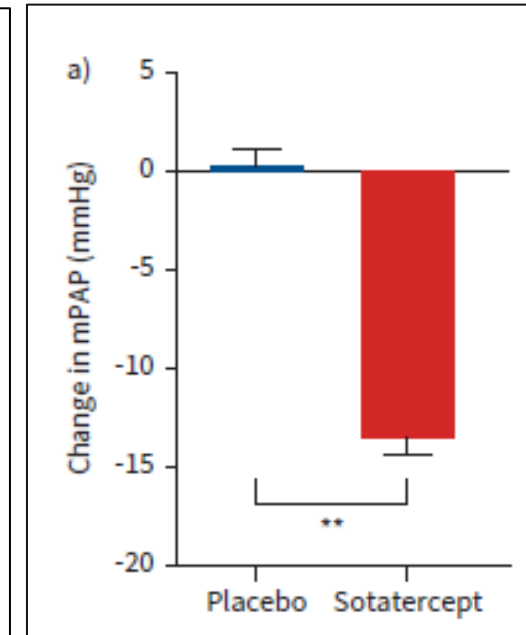
6MWT



TTCW



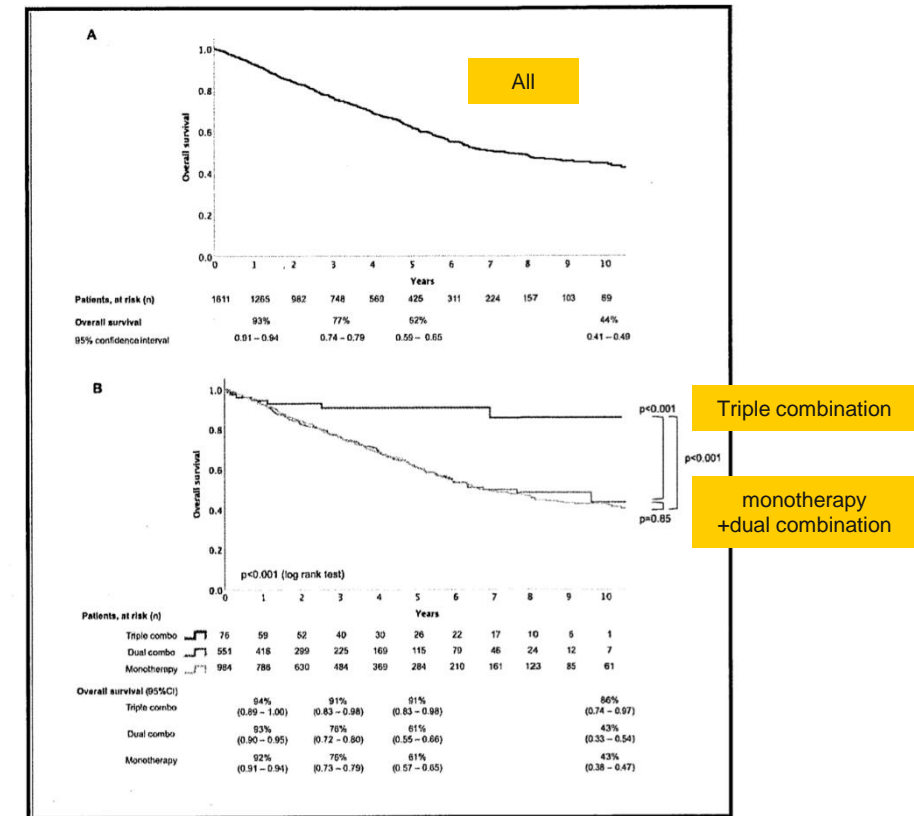
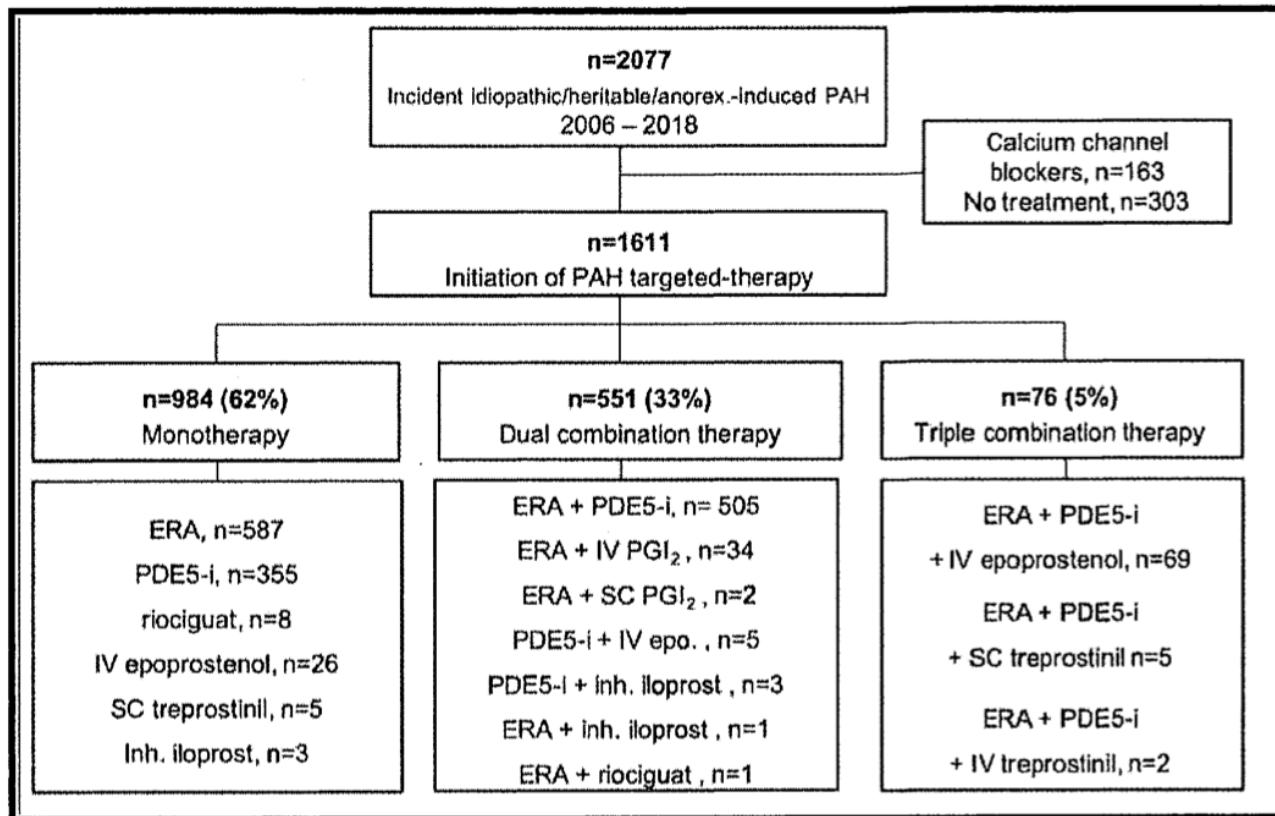
Hemodynamika



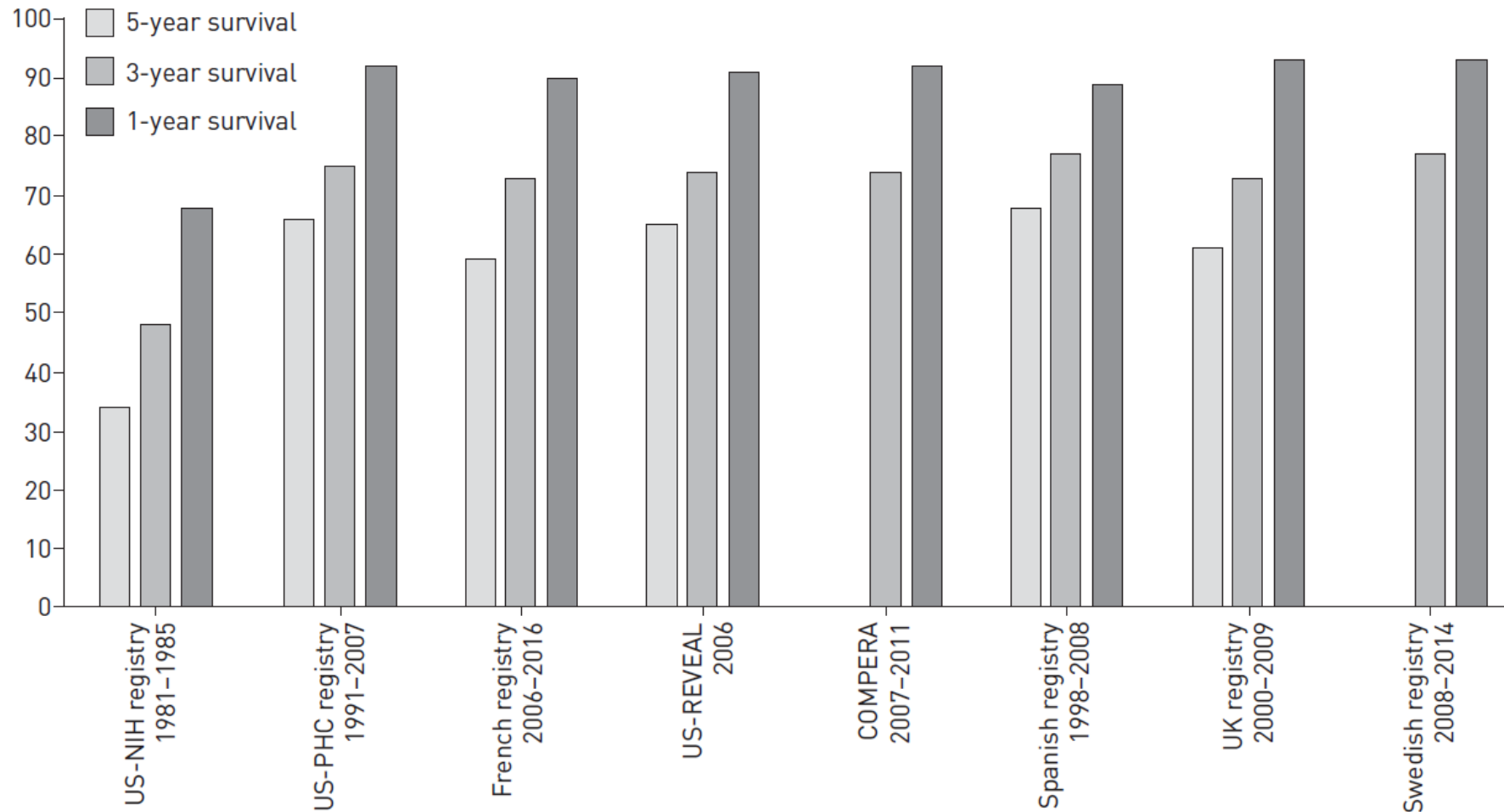
Association between Initial Treatment Strategy and Long-Term Survival in Pulmonary Arterial Hypertension

French Registry 2006-2018

N=1611, 984 monotherapy, 551 dual combination therapy, 76 triple combination therapy



REGISTRY U PLICNÍ ARTERIÁLNÍ HYPERTENZE



Primary Pulmonary Hypertension

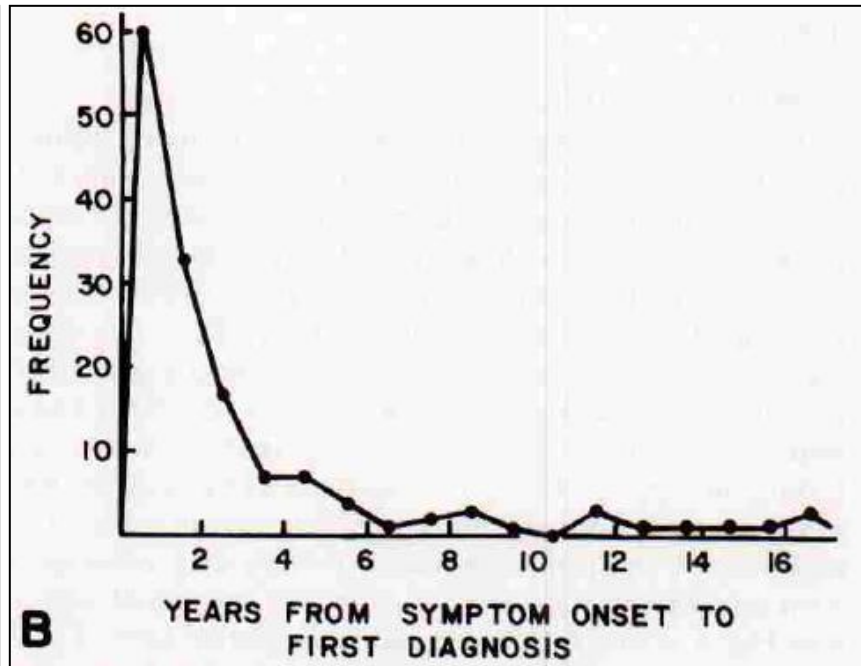
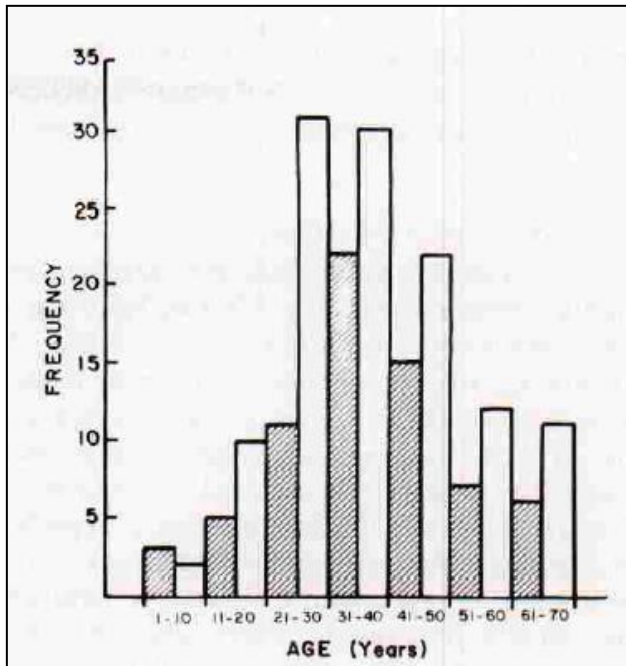
A National Prospective Study

STUART RICH, M.D.; DAVID R. DANTZKER, M.D.; STEPHEN M. AYRES, M.D.; EDWARD H. BERGOFKY, M.D.; BRUCE H. BRUNDAGE, M.D.; KATHERINE M. DETRE, M.D., Dr.P.H.; ALFRED P. FISHMAN, M.D.; ROBERTA M. GOLDRING, M.D.; BERTRON M. GROVES, M.D.; SPENCER K. KOERNER, M.D.; PAUL C. LEVY, Sc.D.; LYNNE M. REID, M.D.; CAROL E. VREIM, Ph.D.; and GEORGE W. WILLIAMS, Ph.D.; Bethesda, Maryland

32 center v USA, 187 pacientů diagnostikovaných v letech 1981 až 1985, FU do 1988 (106 úmrtí)

Průměrný věk 36 ± 15 roku, M:F 1:1.7

Medián přežití 2.8 roku, pravděpodobnost přežití 1, 3, 5 let: 68 %, 48 %, 34%



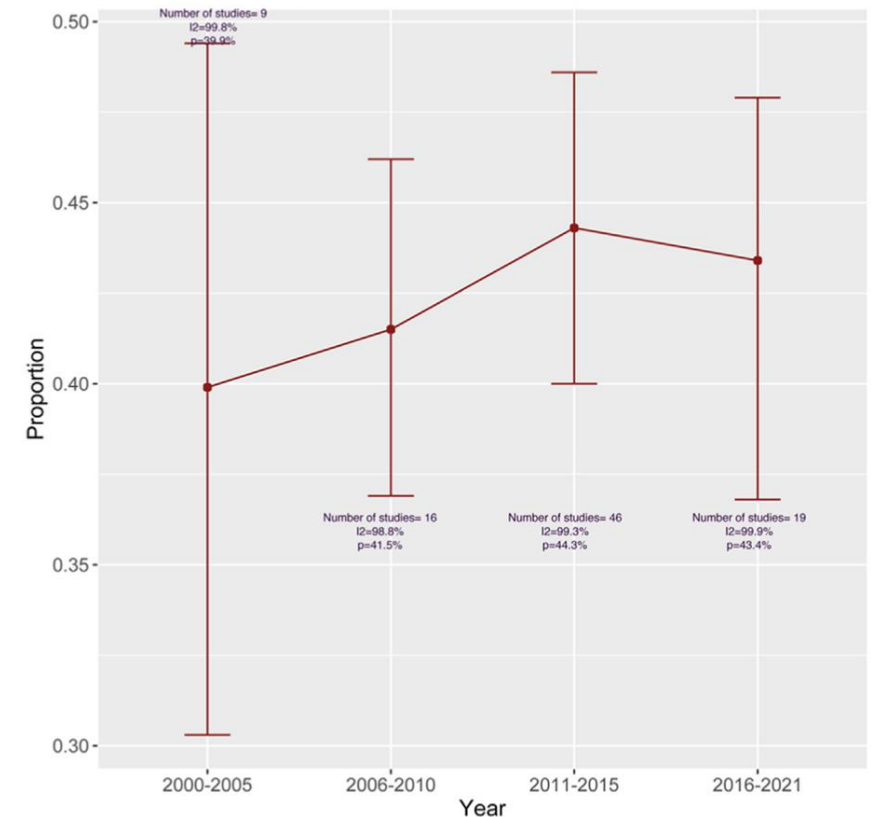
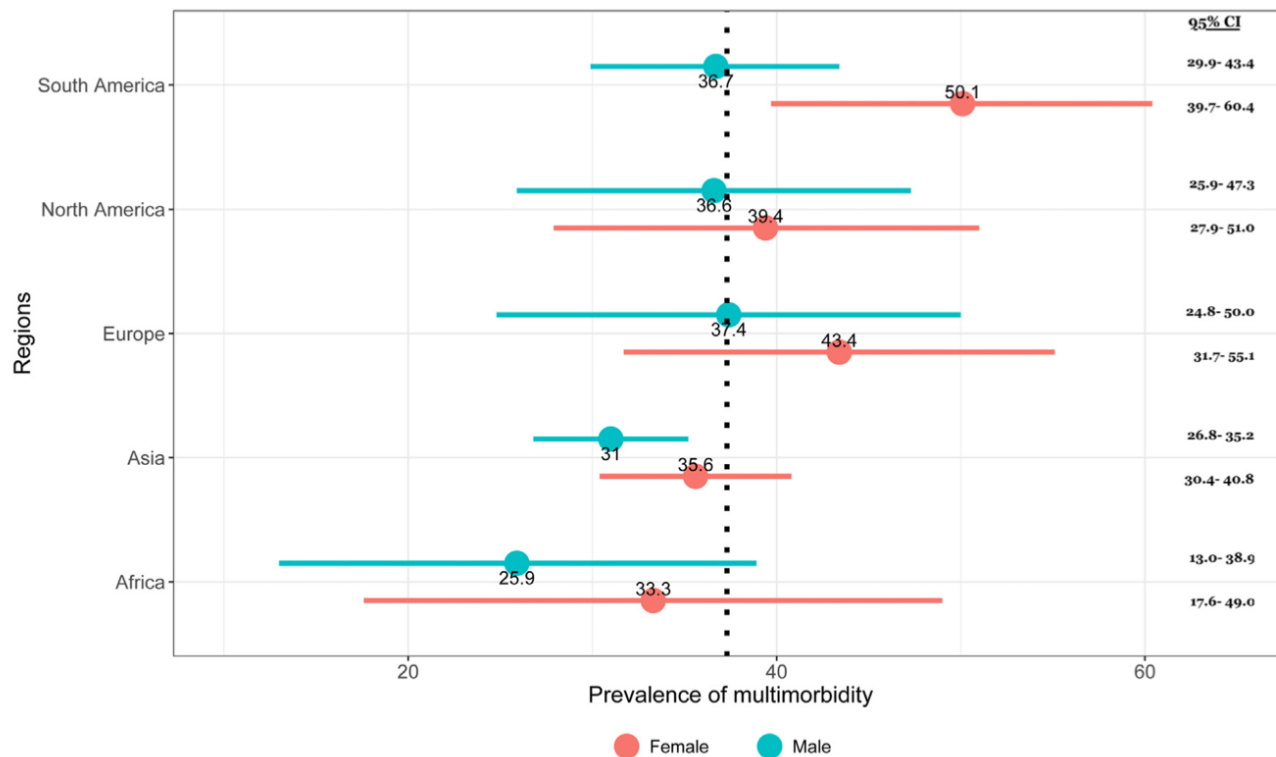
MEDICAL AND FAMILY HISTORY

Forty-five percent of the patients were previous or current cigarette smokers, and only 5% had histories of appetite suppressant drug use. Fifty-four percent of the female patients had taken oral contraceptives at some time. There were 2.3 live births per female patient in the registry. None of these frequencies appear to differ dramatically from those found in the general population. There were 12 cases (6%) of familial pulmonary hypertension (disease affecting a first-order blood relative), 7 in men and 5 in women. Patients who had positive family histories were usually diagnosed sooner after the onset of symptoms than were the other registry patients (0.68 compared with 2.56 years; $p = 0.0002$). There were no differences, however, in their ages or hemodynamic findings.

Global and regional prevalence of multimorbidity in the adult population in community settings: a systematic review and meta-analysis

126 studií, 15.4 milionů osob z 54 zemí (32.1% mužů, průměrný věk 56.94 ± 10.84 roku)

Definice multimorbidity: více než jedna komorbidita



Comorbid Conditions and Outcomes in Patients With Pulmonary Arterial Hypertension

A REVEAL Registry Analysis

2959 pacientů s PAH, 78.9 % žen, průměrný věk 52.7 roku v době zařazení
45.9% idiopatická PAH, 51.1%+7% NYHA III+IV
Vznik databáze: 2006 (incidentní a prevalentní pacienti s PAH)

Characteristic	All Patients (N = 2,959)	Hypertension (n = 1,021)	Obesity ^a (n = 956)	Type 2 Diabetes (n = 324)	COPD (n = 498)	Sleep Apnea (n = 599)	Depression (n = 408)	Thyroid Disease ^b (n = 667)	None of the Analyzed Comorbidities ^c (n = 786)
Age at enrollment, mean ± SD, y	52.7 ± 14.7	58.9 ± 12.9	53.3 ± 13.3	58.6 ± 12.3	59.7 ± 12.8	56.3 ± 12.4	53.0 ± 13.4	56.4 ± 13.9	46.3 ± 14.9
Female sex	2,334 (78.9)	802 (78.6)	784 (82.0)	241 (74.4)	364 (73.1)	439 (73.3)	348 (85.3)	606 (90.9)	601 (76.5)
White	2,138 (72.3)	734 (71.9)	710 (74.3)	218 (67.3)	378 (75.9)	469 (78.3)	326 (79.9)	532 (79.8)	528 (67.2)
Etiology									
Idiopathic APAH	1,358 (45.9)	515 (50.4)	505 (52.8)	184 (56.8)	249 (50.0)	353 (58.9)	187 (45.8)	285 (42.7)	330 (42.0)
CTD	787 (26.6)	302 (29.6)	201 (21.0)	46 (14.2)	141 (28.3)	104 (17.4)	111 (27.2)	237 (35.5)	187 (23.8)
CHD	285 (9.6)	46 (4.5)	57 (6.0)	19 (5.9)	53 (10.6)	37 (6.2)	29 (7.1)	49 (7.3)	126 (16.0)
PoPH	175 (5.9)	43 (4.2)	54 (5.6)	37 (11.4)	23 (4.6)	31 (5.2)	23 (5.6)	28 (4.2)	45 (5.7)

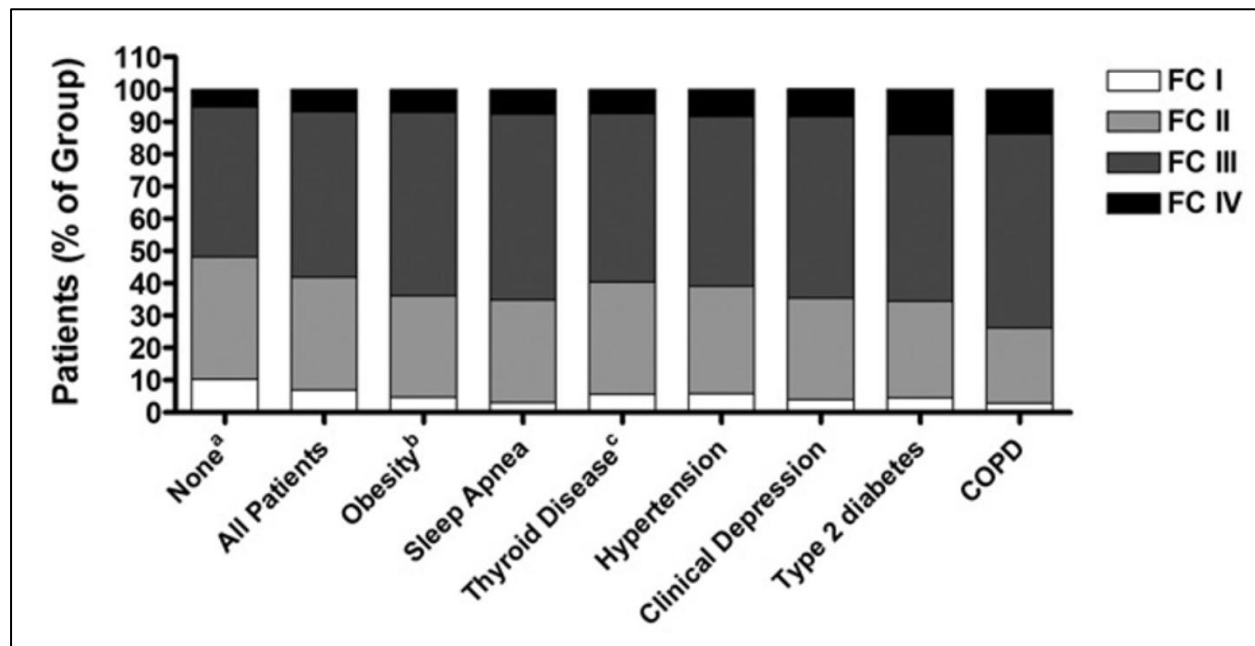
Obesity was defined as BMI ≥ 30 kg/m²

Thyroid disease was defined as patients with hyperthyroidism or hypothyroidism and/or patients having taken synthetic thyroid replacement for hypothyroidism.

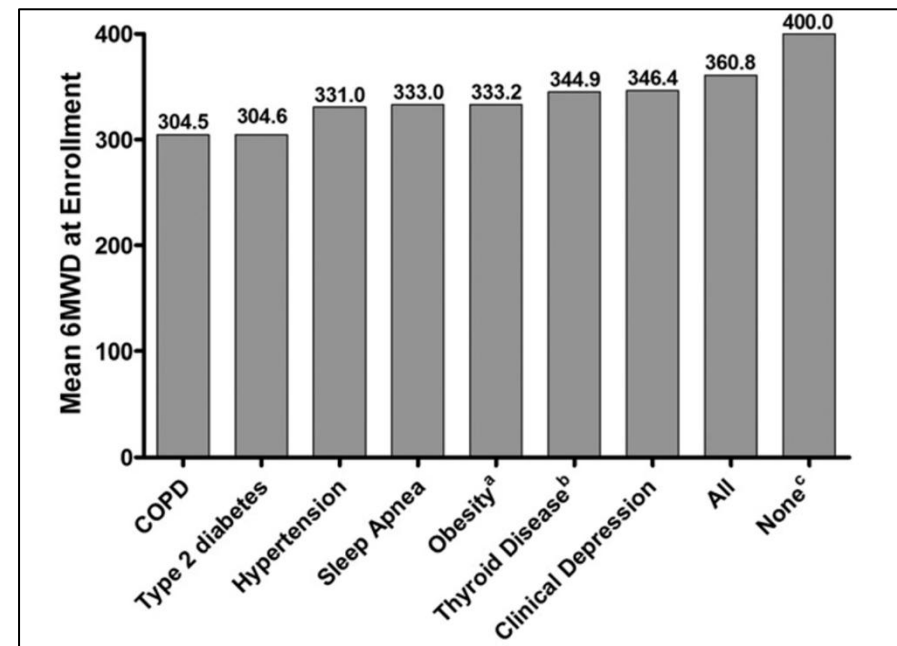
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NYHA při zařazení

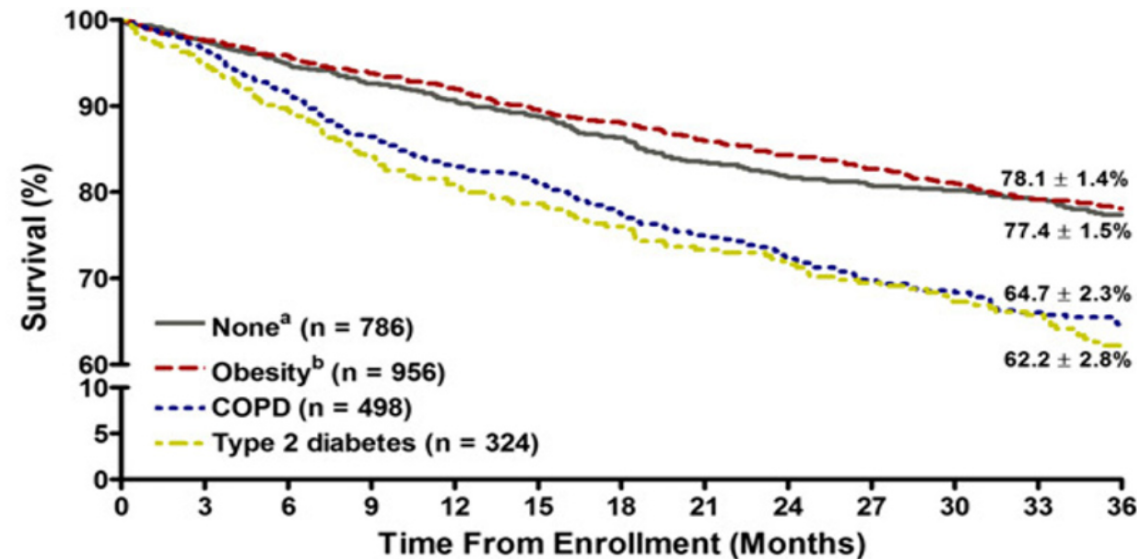


6MWD při zařazení

Comorbid Conditions and Outcomes in Patients With Pulmonary Arterial Hypertension

A REVEAL Registry Analysis

2959 pacientů s PAH, 78.9 % žen, průměrný věk 52.7 roku v době zařazení
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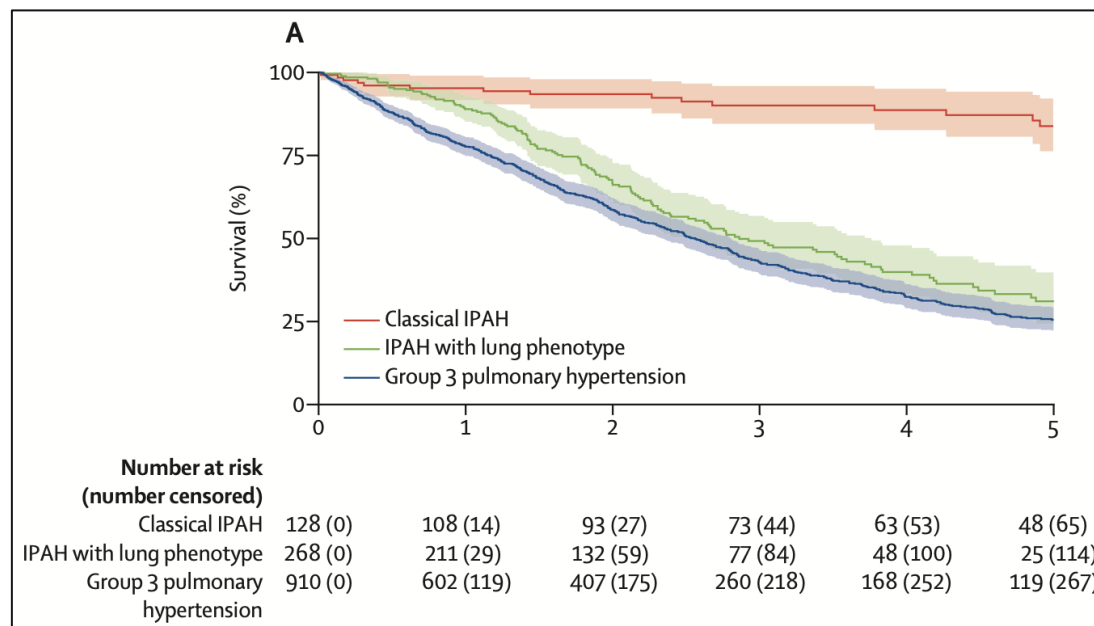
Number at risk:	0	3	6	9	12	15	18	21	24	27	30	33	36
None	786	764	744	723	705	681	644	609	593	562	525	512	483
Obesity	956	929	910	882	858	823	790	736	713	677	626	610	589
COPD	498	480	452	423	406	392	358	330	314	289	267	256	239
Type 2 diabetes	324	305	287	268	254	243	230	216	210	195	179	173	158

přežití

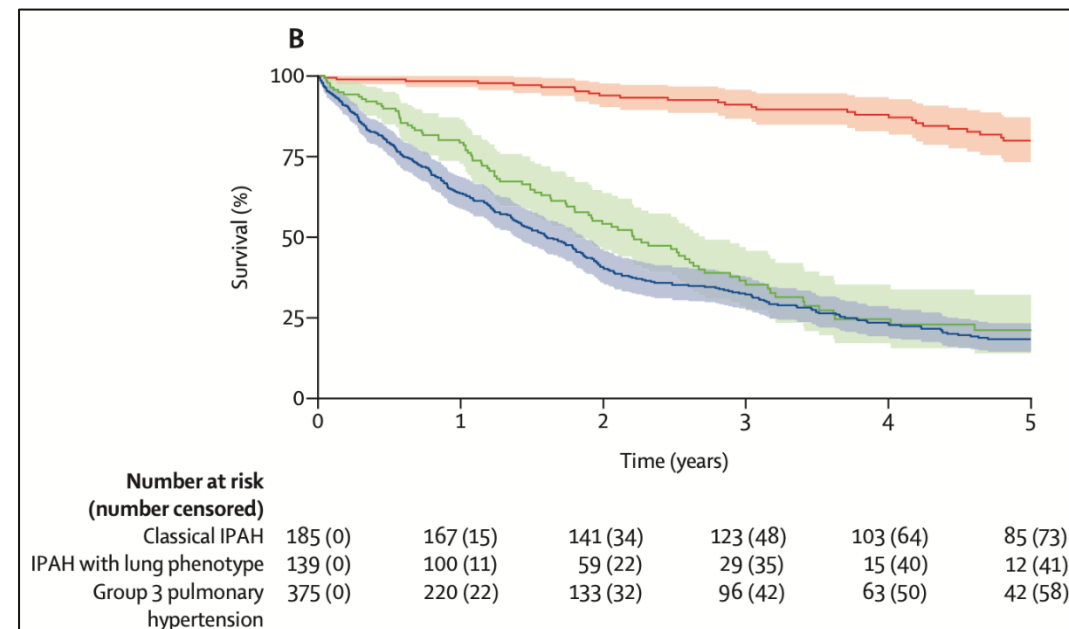
Phenotyping of idiopathic pulmonary arterial hypertension: a registry analysis

COMPERA (n=1306) and **ASPIRE** (699) registries, patient characteristics, response to therapy, survival

- classical IPAH (DLCO \geq 45%, absence of cardiopulmonary comorbidities)
- IPAH + lung phenotype (DLCO < 45%, smoking history)
- PH due to lung disease (group 3 pulmonary hypertension)



COMPERA registry



ASPIRE registry

Kazuistika ♀ J.Š., *1948

Anamnéza

- CHOPN
- FVC 1,45l (83%). VC 1,41l (77%), FEV1 0,71l (51%), FEV1/VCmax 48, TLCO 35%, KCO 44%
- Permanentní fibrilace síní
- ICHS, PCI v 2007
- Arteriální hypertenze

Leden 2023, Všeobecná fakultní nemocnice v Praze

NYHA III, váha 42 kg, váha 154 cm, TK 190/110

ECHO: EFLK 68 %, LAVi 54 mL/m², PASP 78 mmHg

V/Q scintigrafie: souhlasné defekty

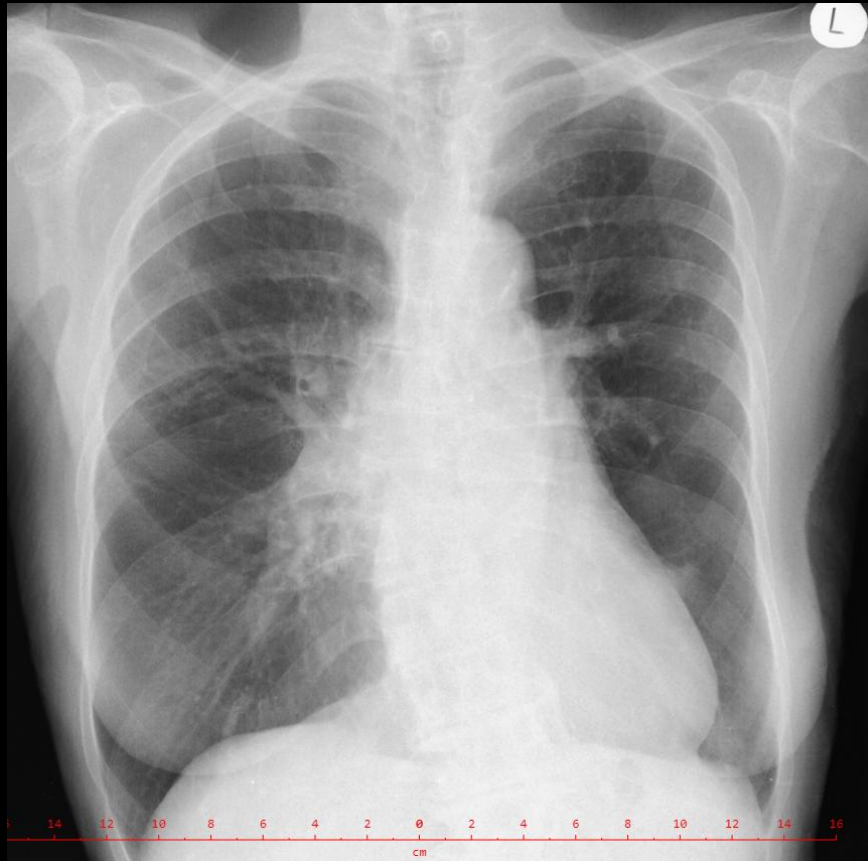
6MWT 225 m

Pro BNP 4377 pg/mL

Hemodynamika:

RA 10 PA 83/42/55, PCW 18, CO 2.70 L/min, CI 1.97 L/min/m², PVR 13.7 WU, HR 81/min

Kazuistika ♀ J.Š., *1948



Kazuistika ♀ J.Š., *1948

Klinický závěr:

PAH s kardiopulmonálními komorbiditami

X

PH skupiny 2+3 s těžkou prekapilární komponentou

Léčba PH: Sildenafil 20 mg 3x1 tbl

	NYHA	6MWD (m)	proBNP (pg/mL)	PAMP (mmHg)	PCWP (mmHg)	CO (L/min)	CI (L/min/m ²)	PVR (WU)	SaO ₂ (%)	SvO ₂ (%)	BP (mmHg)
PH diagnóza (1/2023)	III	225	4377	55	18	2.7	1.97	13.7	95	63	145/94

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PH Reevaluace (6/2023)	III	229	2348	39	15	3.97	2.39	6.0	97	66	138/89

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CTEPH – PROGNÓZA NELÉČENÉHO ONEMOCNĚNÍ

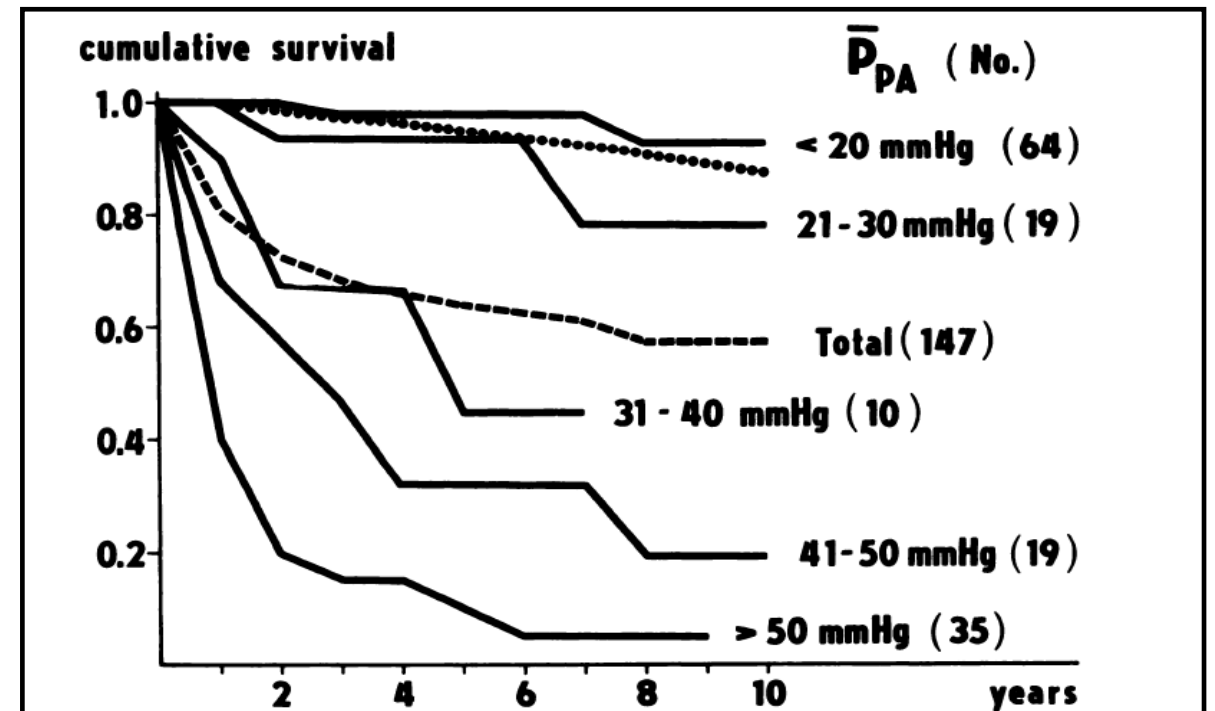
Longterm Follow-up of Patients with Pulmonary Thromboembolism*

Late Prognosis and Evolution of Hemodynamic and Respiratory Data

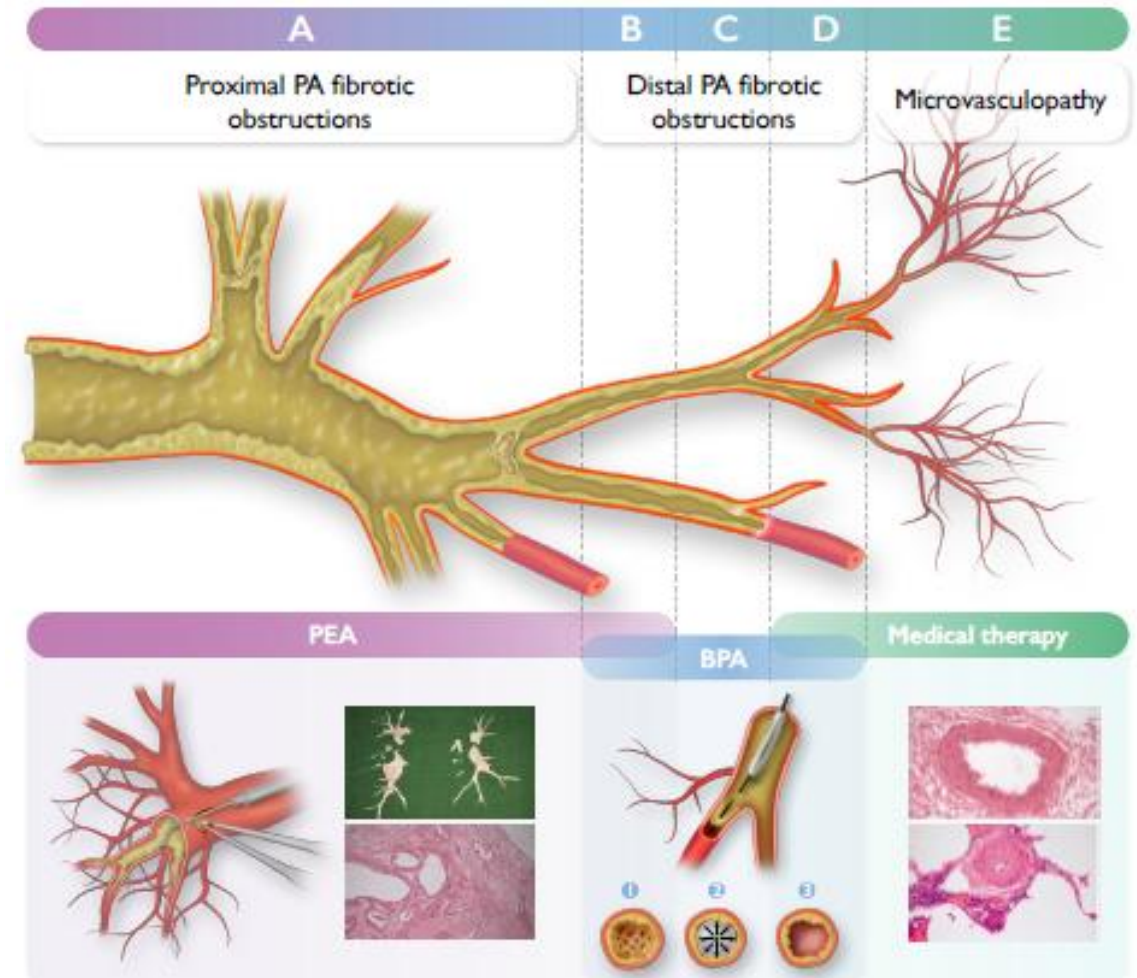
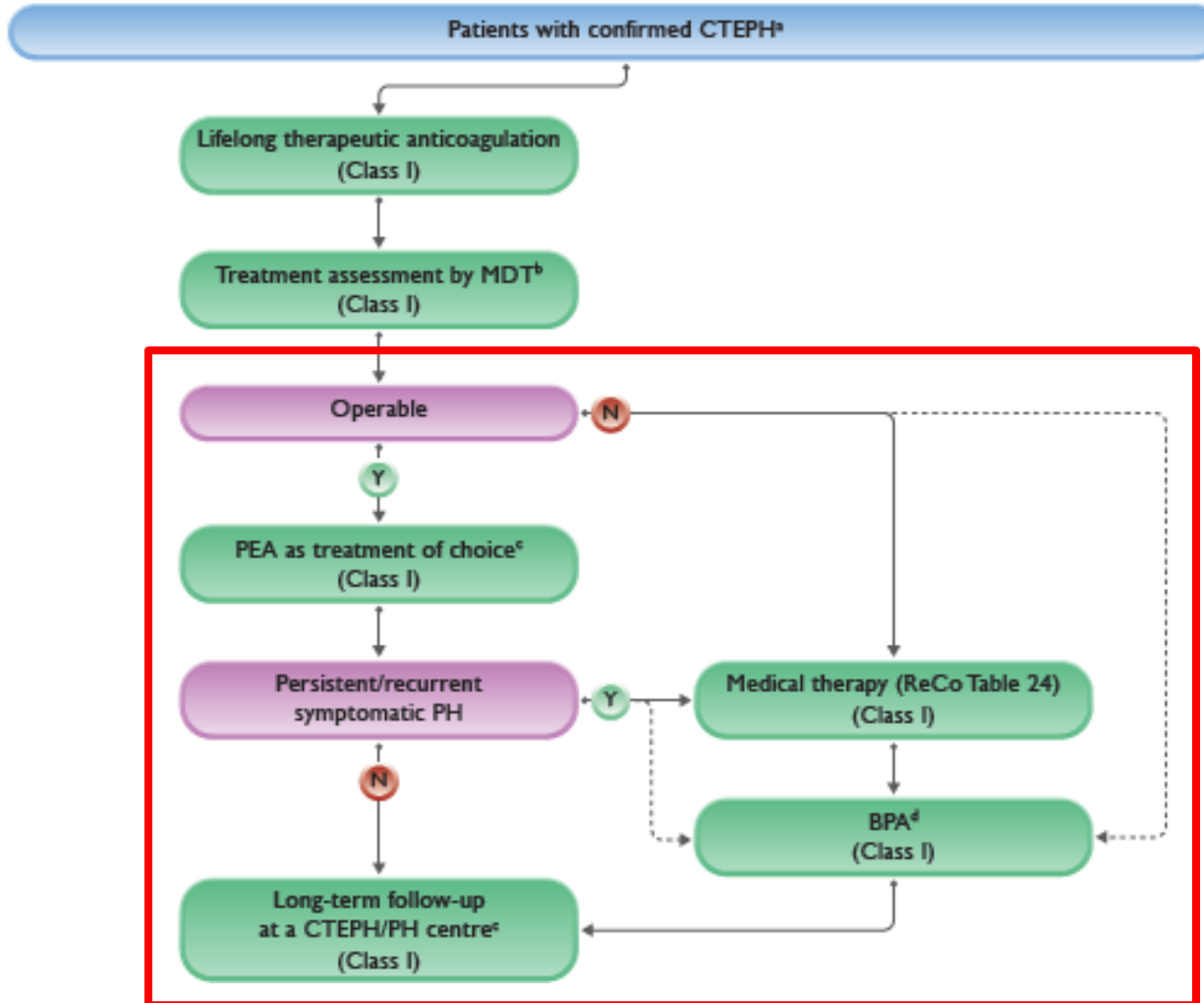
N=76, M/F = 50/26, věk 48.2 roku
hemodynamické vyšetření 1964-1979

Group:	Acute PE		Subacute PE		Recurrent PE		Occult PE	
Death from pulm. hypertension:	0		3		4		9	
$P_{PA} > 30$ mmHg	0	0	4	1	4	0	12	3
$P_{PA} 21-30$ mmHg	2	4	9	3	3	4	0	0
$P_{PA} \leq 20$ mmHg	12	8	13	18	16	14	1	1
Death from other cause:	2		1		1		0	
Examination:	1st	2nd	1st	2nd	1st	2nd	1st	2nd

5leté přežití: $P_{AMP} > 50$ mmHg 10%

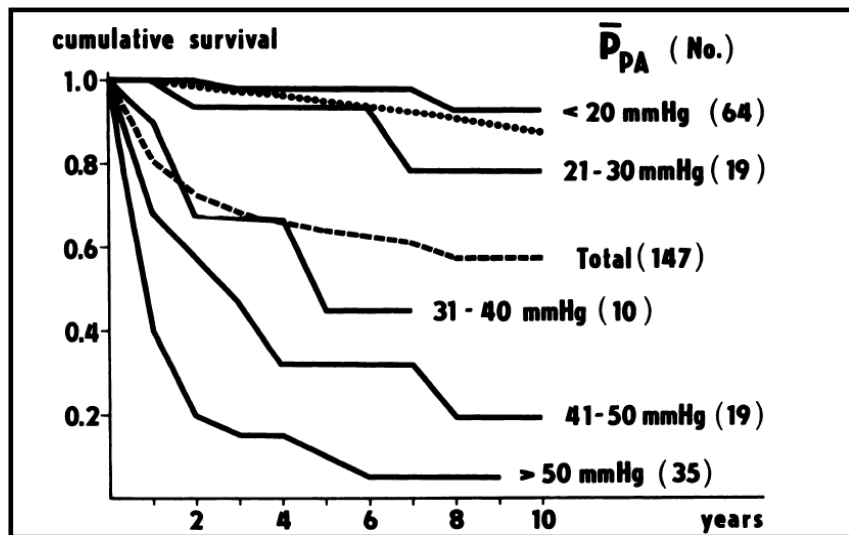


2022 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension

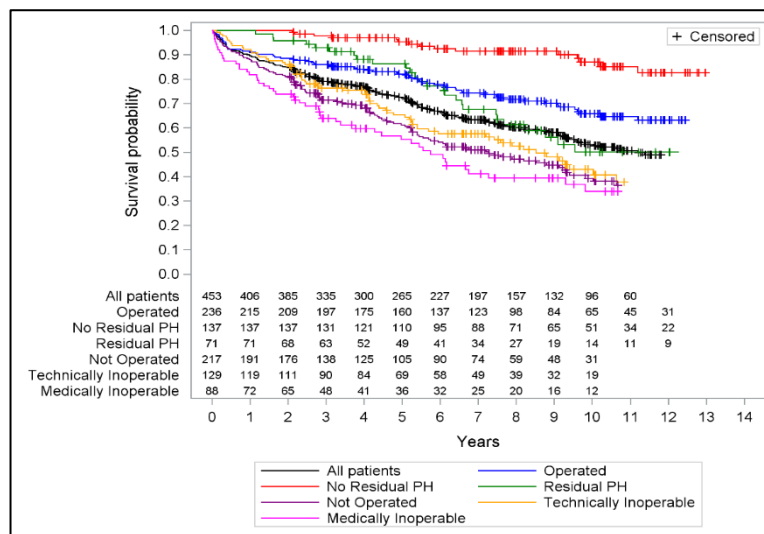


„MULTIMODÁLNÍ“ LÉČBA CTEPH V ČR

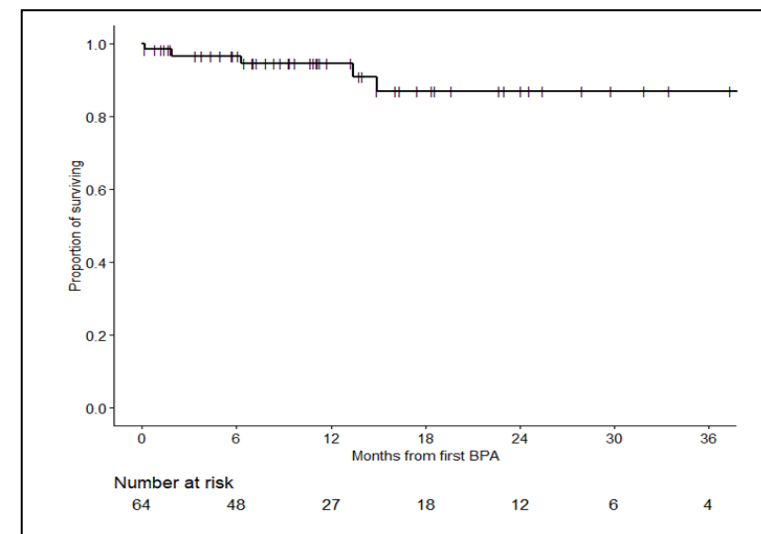
Pravděpodobnost přežití (%)
bez léčby CTEPH



Pravděpodobnost přežití (%)
2004-2016 (PEA)



Pravděpodobnost přežití (%)
2016-2019 (BPA+farmakoterapie)



Kazuistika: ♂ ZP, * 6.června 1960

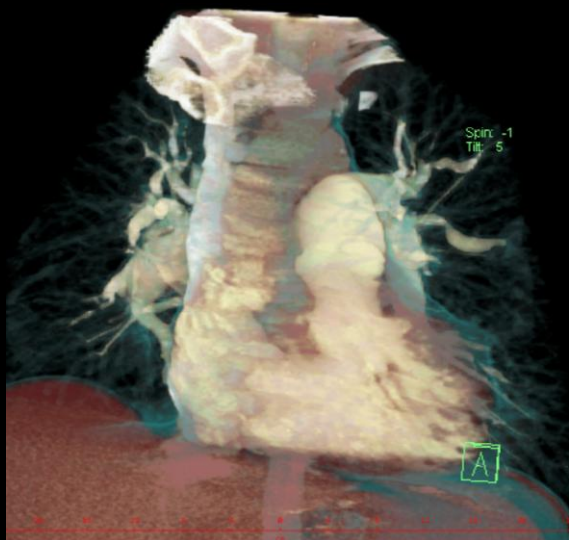
Březen 2009, VFN v Praze

CTEPH, NYHA II-III, 6MWD 460 m, B6

Plicní funkce: TLC 6,63 (89,3%), FEV1 3,72 (95,4%), FVC 4,71 (97,3%), TLCO 10,97 (97%)

Hemodynamika:

RAP 20, PAMP 87, PCWP 14, CO 5.34, CI 2.27, PVR 13,67WU

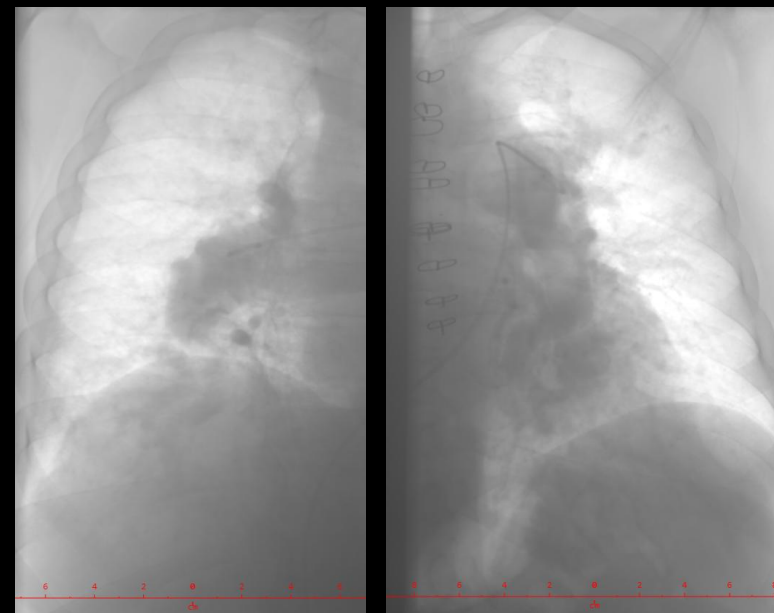


Kazuistika: ♂ ZP, * 6.června 1960

PEA 28.4.2009



Angiografie (4/2015)



	NYHA	6MWD (m)	PAMP (mmHg)	PCWP (mmHg)	CO (L/min)	CI (L/min/m ²)	PVR (WU)
Před PEA (3/2009)	II-III	460	87	14	5.34	2.27	13.7
Po PEA (4/2015)	II	495	65	8	6.0	2.6	9.5

Kazuistika: ♂ ZP, * 6.června 1960

PEA 28.4.2009, riociguat od 5/2015

6xBPA (10/2019...10/2021):

Říjen 2019	A6, A8, A9, A10 vpravo
Listopad 2019	A5, A8, A9, A10 vlevo
Leden 2020	A10, A9, A8, A3 vpravo
Březen 2020	A6, A4, A5, A2, A1 vlevo
Červen 2020	A4, left A2a, A4, A6, A10 vpravo
Říjen 2021	A1, A2, A6a,b, A10 vlevo

	NYHA	6MWD (m)	PAMP (mmHg)	PCWP (mmHg)	CO (L/min)	CI (L/min/m ²)	PVR (WU)
Před PEA (3/2009)	II-III	460	87	14	5.34	2.27	13.7
Po PEA (4/2015)	II	495	65	8	6.0	2.6	9.5
Po rio (4/2019)	II	487	60	9	7.7	2.8	7.7
Po 6 BPA (5/2022)	II	493	53	19	6.4	2.7	5.3

Kazuistika: ♂ ZP, * 6-června-1960

PEA 28.4.2009, riociguat od 5/2015

6xBPA (10/2019...10/2021):

Říjen 2019 A6, A8, A9, A10 vpravo
Listopad 2019 A5, A8, A9, A10 vlevo
Leden 2020 A10, A9, A8, A3 vpravo
Březen 2020 A6, A4, A5, A2, A1 vlevo
Červen 2020 A4, left A2a, A4, A6, A10 vpravo
Říjen 2021 A1, A2, A6a,b, A10 vlevo

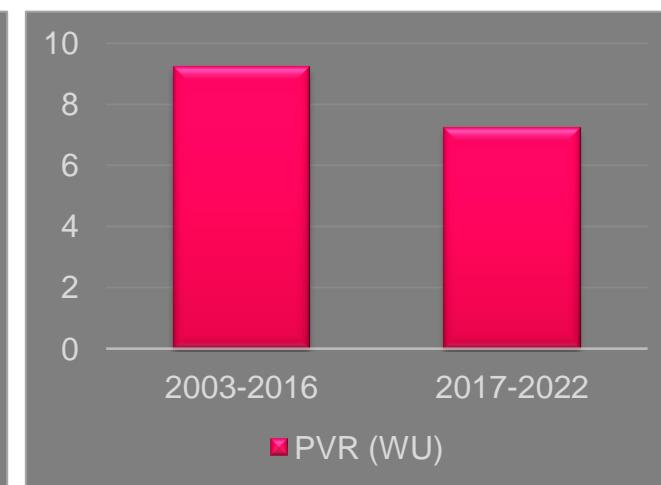
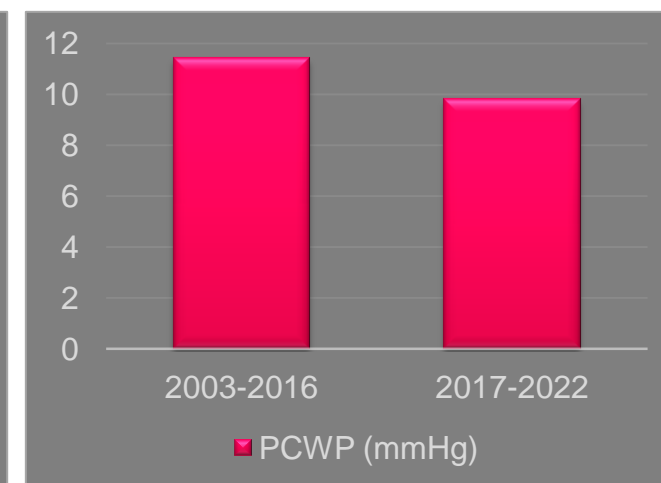
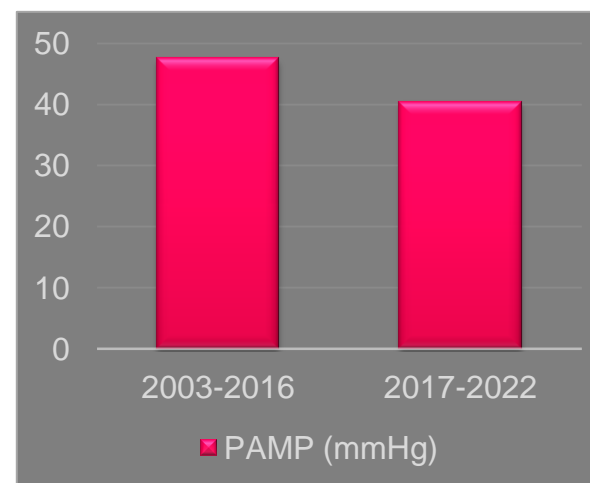
Fibrilace síní
OSA

diagnóza 1/2020, elektrická kardioverze v 3/2020, RFA v 3/2022 (recidiva)
diagnóza v 2021, léčen BiPAP

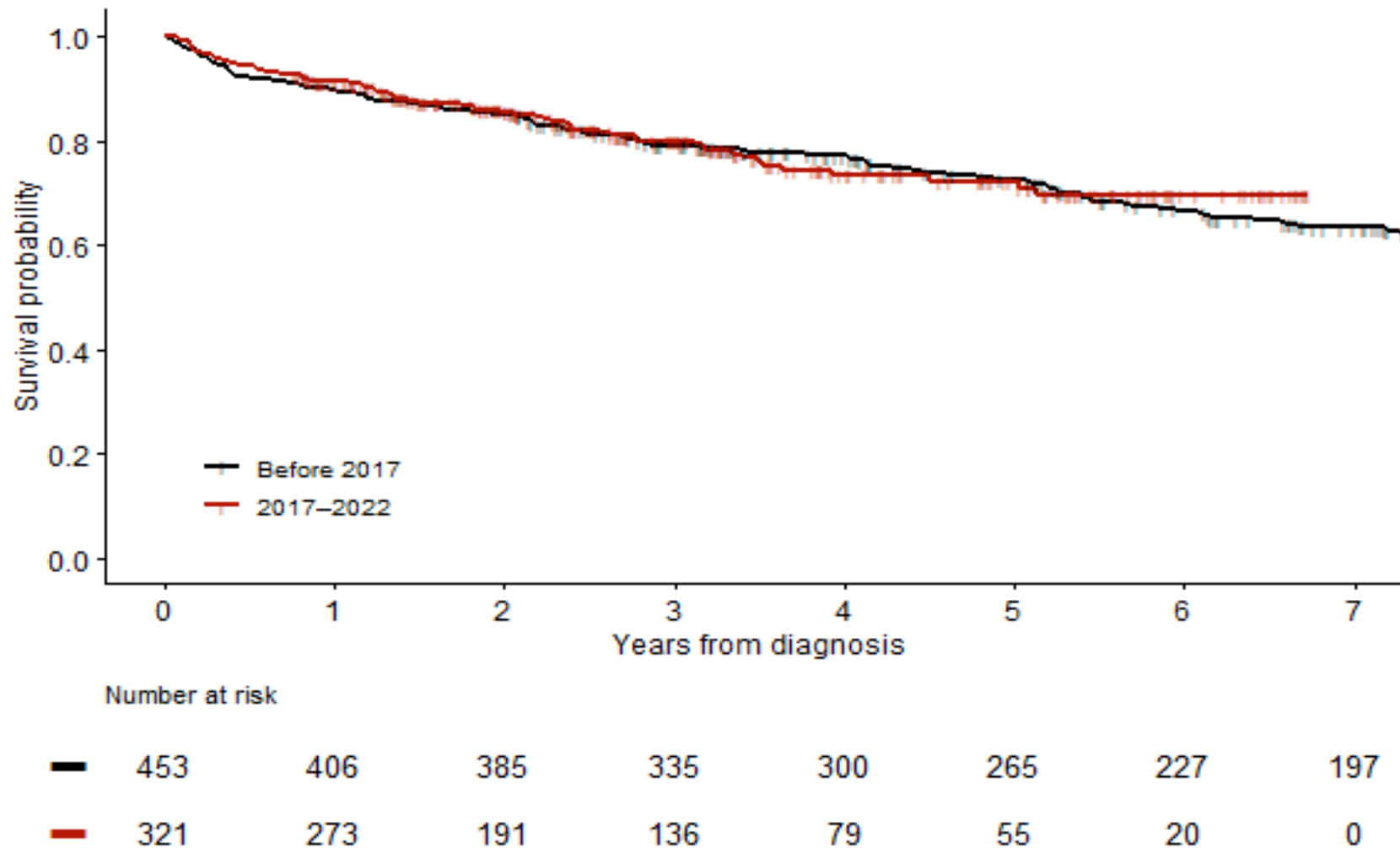
	NYHA	6MWD (m)	PAMP (mmHg)	PCWP (mmHg)	CO (L/min)	CI (L/min/m ²)	PVR (WU)
Před PEA (3/2009)	II-III	460	87	14	5.34	2.27	13.7
Před PEA (4/2015)	II	495	65	8	6.0	2.6	9.5
Po rio (4/2019)	II	487	60	9	7.7	2.8	7.7
Po 6 BPA (5/2022)	II	493	53	19	6.4	2.7	5.3

CTEPH IN THE CZECH REPUBLIC (2003-16 vs 2017-22)

	Year of diagnosis	
	2003-2016, N = 453	2017-2022, N = 321
All patients, n (%)	453 (100.0%)	321 (100.0%)
Operability, n (%)		
Operated	236 (52.1%)	114 (35.5%)
Not operated	217 (47.9%)	207 (64.5%)
Age at diagnosis [years]		
Mean (SD)	63.1 (12.55)	63.9 (13.14)
Median (Range)	65.2 (18.8 - 84.8)	66.9 (19.7 - 87.3)
Sex, n (%)		
Male	247 (54.5%)	169 (52.6%)
Female	206 (45.5%)	152 (47.4%)
BMI		
Mean (SD)	28.4 (5.42)	29.2 (5.79)
Median (Range)	27.8 (17.1 - 58.1)	28.8 (15.8 - 48.3)
Years from 1 st PE to diagnosis		
Median (Range)	2.2 (0.0 - 43.2)	1.0 (0.0 - 39.0)
NYHA, n (%)		
I	2 (0.5%)	0 (0.0%)
II	34 (7.8%)	63 (19.9%)
III	385 (88.1%)	240 (75.9%)
IV	16 (3.7%)	13 (4.1%)
6MWD (m)		
Mean (SD)	339.7 (110.15)	387.3 (134.64)

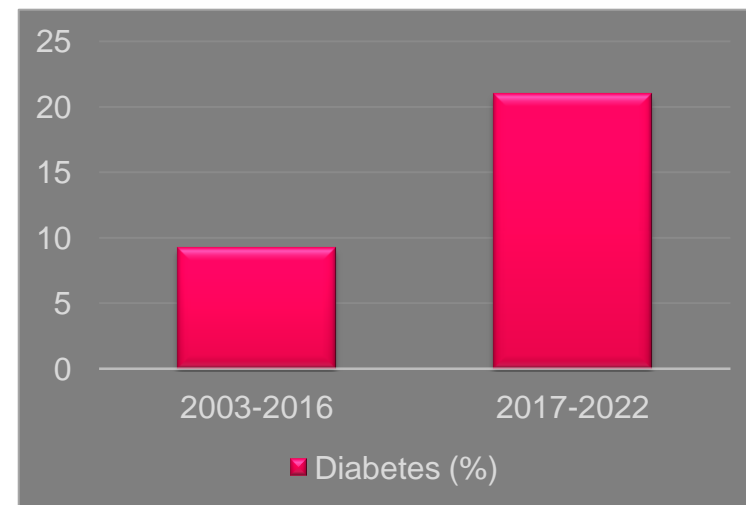
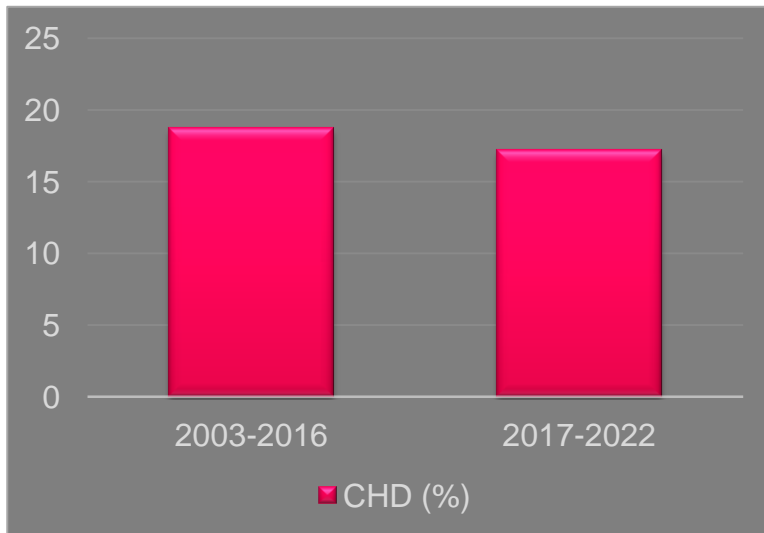
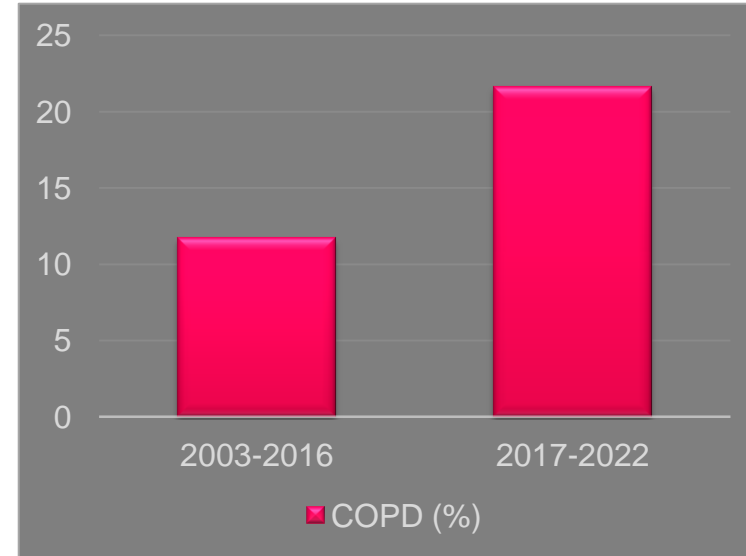
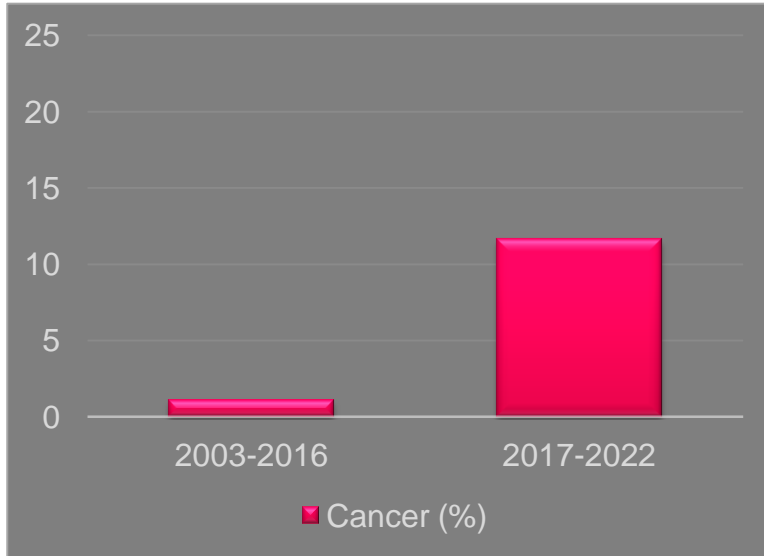


CTEPH IN THE CZECH REPUBLIC (2003-16 vs 2017-22)

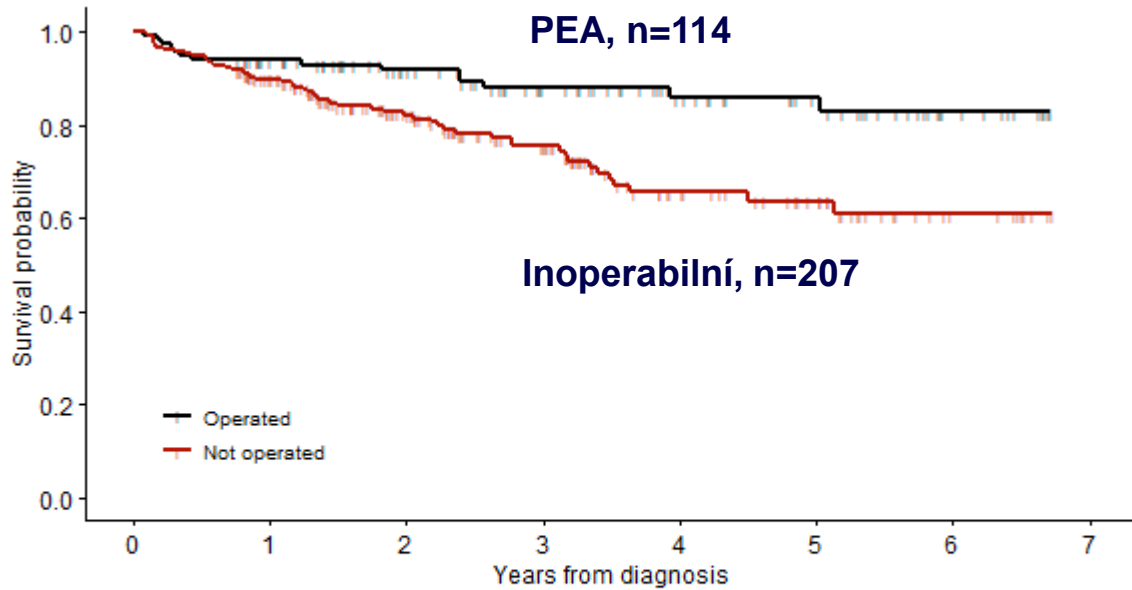


Survival from diagnosis (newly diagnosed CTEPH patients 2003-2016, n=453 vs 2017-2022, n=321)

CTEPH IN THE CZECH REPUBLIC (2003-16 vs 2017-22)



CTEPH IN THE CZECH REPUBLIC (2017-22)

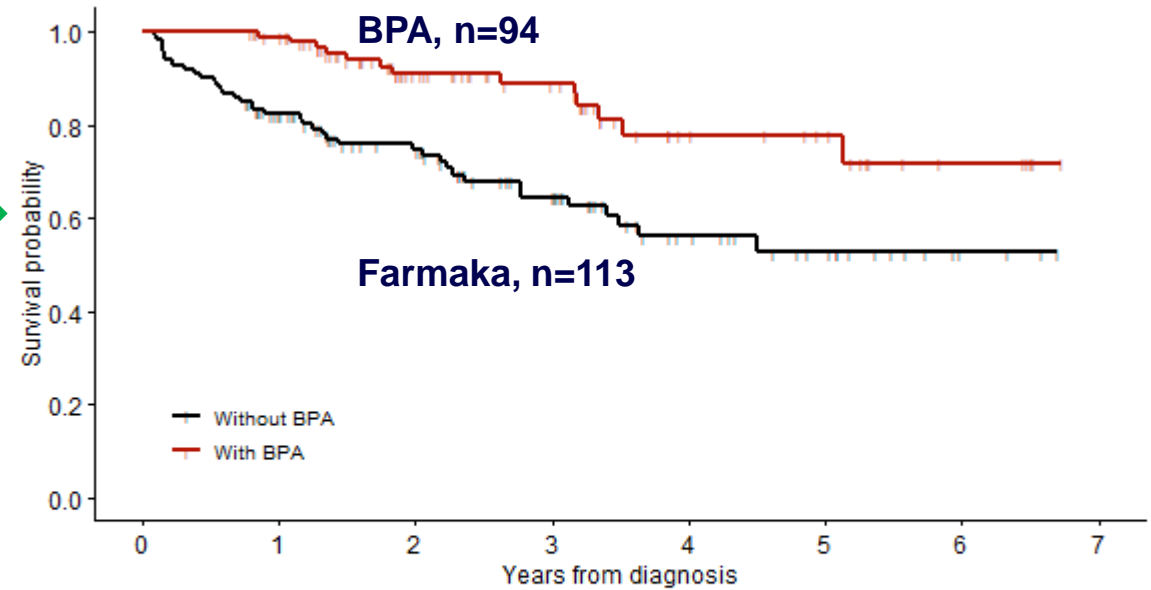
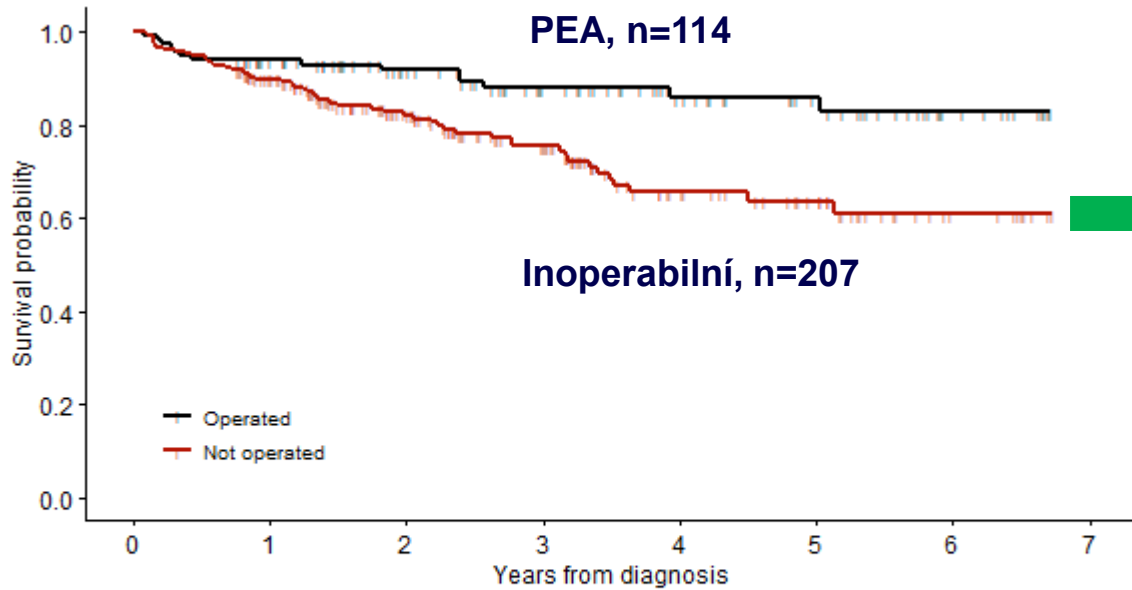


Number at risk

—	114	99	77	56	39	28	12	0
—	207	174	114	80	40	27	8	0

Operated (n=114) vs not operated (n=207)

CTEPH IN THE CZECH REPUBLIC (2017-22)



Number at risk

—	114	99	77	56	39	28	12	0
—	207	174	114	80	40	27	8	0

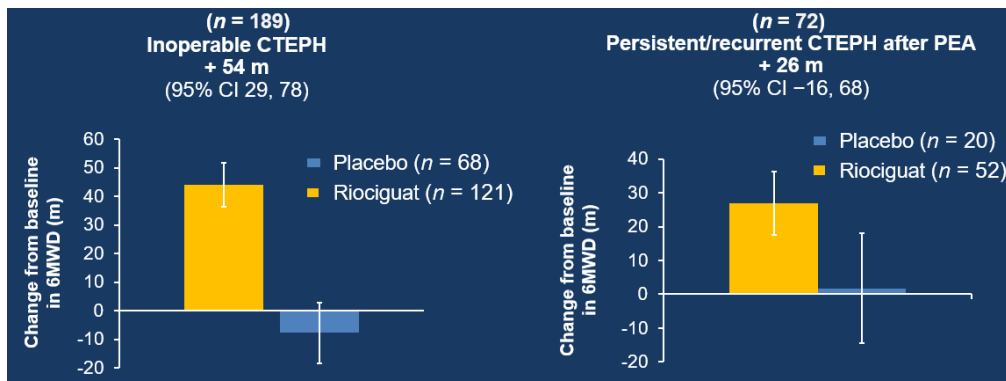
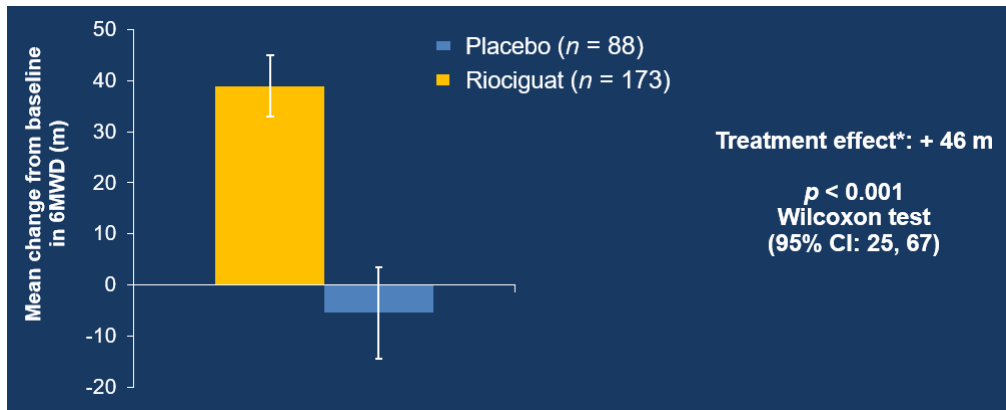
Number at risk

—	113	85	61	40	21	13	3	0
—	94	89	53	40	19	14	5	0

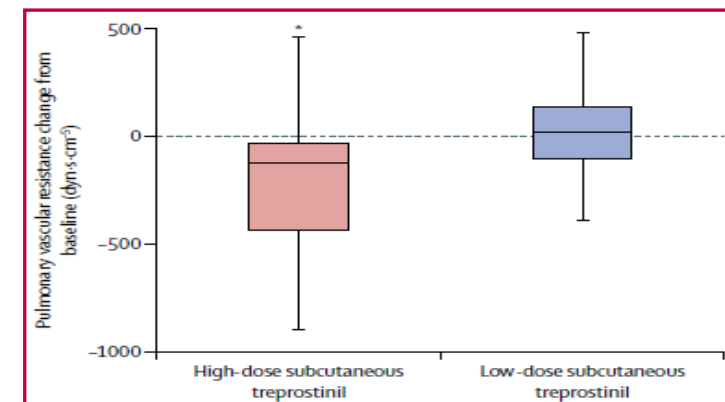
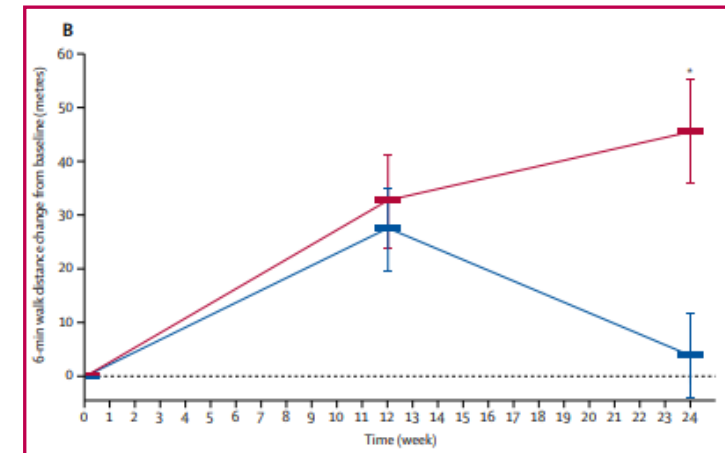
Operated (n=114) vs not operated (n=207)

Not operated + BPA (n=94) vs not operated-no BPA (n=113)

REGISTROVANÁ FARMAKOTERAPIE CTEPH



Studie CHEST (riociguat), n=261
Inoperabilní, perzistentní CTEPH, věk 59, 16 týdnů

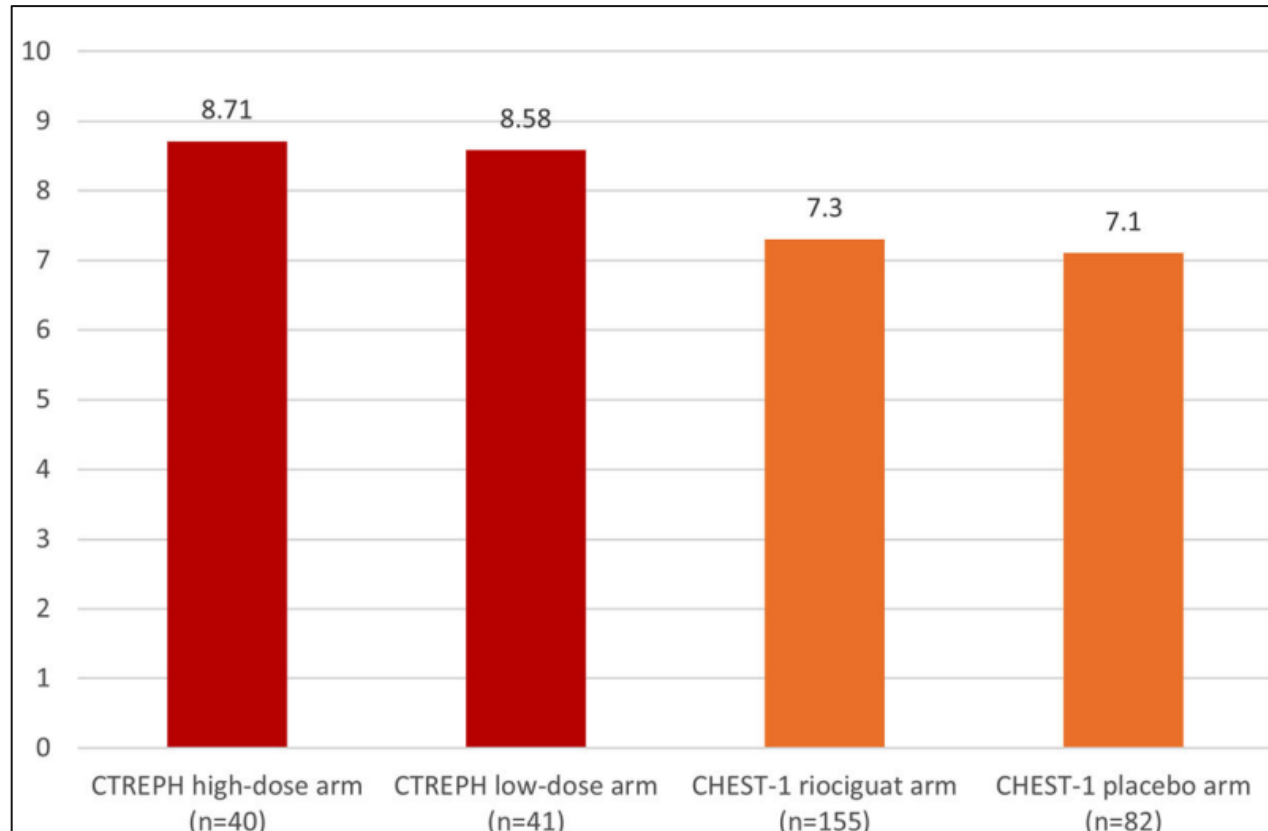


Studie CTREPH (treprostinil), n=105
Inoperabilní, perzistentní CTEPH, věk 64, 24 týdnů

The risk profile change in patients with severe chronic thromboembolic pulmonary hypertension treated with subcutaneous treprostinil

Pavel Jansa¹ | Grzegorz Kopeć² | Adam Torbicki³ | Roela Sadushi-Kolici⁴
Ioana-Alexandra Campean⁴ | Michael Halank⁵ | Iveta Simkova⁶ |
Regina Steringer-Mascherbauer⁷ | Barbara Salobir⁸ | Walter Klepetko⁹ |
Jaroslav Lindner¹⁰ | Irene M. Lang⁴

N=81 (40 high dose, 41 low dose), male sex 57 %, NYHA FC III+IV 95 %, PAPm 49.6 mmHg, PVR 893.5 dyn·s·cm⁻⁵



Risk strata: low (score 1 - 7); average (8); moderately high (9); high (10 - 11); very high (≥12)



SHRNUTÍ

- Terapeutické možnosti PAH vyvinuté v posledních 30 letech (>10 přípravků, 3+1 signální cesty) zlepšují především symptomy
- Ovlivnění prognózy je limitováno absencí přímého vlivu léčby na pravou komoru, komorbiditami a pozdní diagnózou
- Pacienti s četnějšími a významnějšími komorbiditami jsou vylučováni z klinických studií
- Multimodální léčba CTEPH zásadně zlepšuje prognózu
- Prognosticky nejzávažnější jsou polymorbidní pacienti bez možnosti mechanické léčby ⇒ optimalizace farmakoterapie (prostanoidy)



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**World Pulmonary
Hypertension Day**