
ESC GUIDELINES FOR REVASCULARIZATION

SHOULD WE EXPECT CHANGE IN THE VIEW OF RECENT TRIALS

MARTIN MATES

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ESC/EACTS GUIDELINES



2014 ESC/EACTS Guidelines on myocardial revascularization

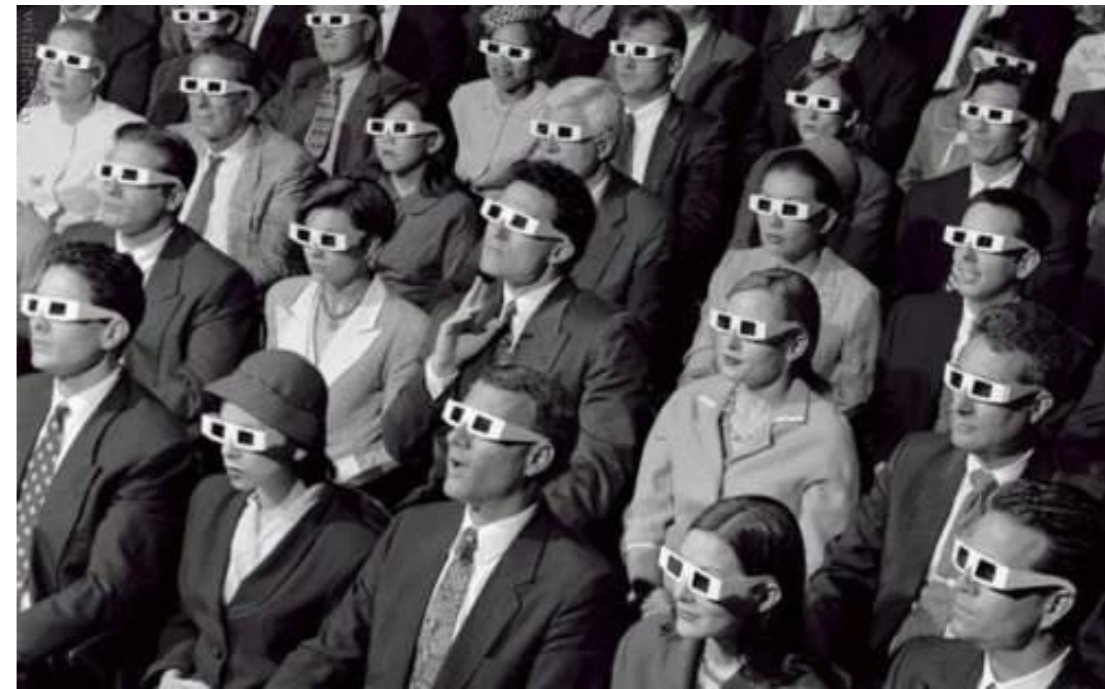
The Task Force on Myocardial Revascularization of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)

Developed with the special contribution of the European Association of Percutaneous Cardiovascular Interventions (EAPCI)

Stable CAD >> NSTEMI ACS >> STEMI ACS

ROLE OF HEART TEAM

	ACS			Multivessel SCAD	SCAD with <i>ad-hoc</i> PCI indication according to predefined Heart-Team protocols
	Shock	STEMI	NSTEMI-ACS		
Multidisciplinary decision making	Not mandatory during the acute phase. Mechanical circulatory support according to Heart-Team protocol.	Not mandatory during the acute phase.	Not mandatory during the acute phase. After stabilization recommended as in stable multivessel CAD.	Required.	Not required.



INDICATION FOR REVASCULARIZATION

- ▶ Stenosis > 50% and < 90% with documented ischaemia or FFR ≤ 0,80

Extent of CAD (anatomical and/or functional)		Class ^b	Level ^c	References
For prognosis	Left main disease with stenosis >50% ^a	I	A	108,134,135
	Any proximal LAD stenosis >50% ^a	I	A	94,108,135,136
	Two-vessel or three-vessel disease with stenosis > 50% ^a with impaired LV function (LVEF<40%) ^a	I	A	93,94,108,112,121,135,137–142
	Large area of ischaemia (>10% LV)	I	B	54,91,97,99,143,144
	Single remaining patent coronary artery with stenosis >50% ^a	I	C	
For symptoms	Any coronary stenosis >50% ^a in the presence of limiting angina or angina equivalent, unresponsive to medical therapy	I	A	54,96,105,108,118–120,145

PCI vs CABG

Recommendations according to extent of CAD	CABG		PCI	
	Class ^a	Level ^b	Class ^a	Level ^b
One or two-vessel disease without proximal LAD stenosis.	IIb	C	I	C
One-vessel disease with proximal LAD stenosis.	I	A	I	A
Two-vessel disease with proximal LAD stenosis.	I	B	I	C
Left main disease with a SYNTAX score ≤ 22 .	I	B	I	B
Left main disease with a SYNTAX score 23–32.	I	B	IIa	B
Left main disease with a SYNTAX score >32 .	I	B	III	B
Three-vessel disease with a SYNTAX score ≤ 22 .	I	A	I	B
Three-vessel disease with a SYNTAX score 23–32.	I	A	III	B
Three-vessel disease with a SYNTAX score >32 .	I	A	III	B

LEFT MAIN DISEASE

- ▶ 5-7% patients undergoing cardiac catheterization
- ▶ Usually associated with diffuse CAD
- ▶ Early clinical trial – CABG better than medical treatment
- ▶ CABG – “golden standard” for treatment of left main disease
- ▶ PCI used to be reserved for poor surgical candidates

PCI FOR LEFT MAIN DISEASE

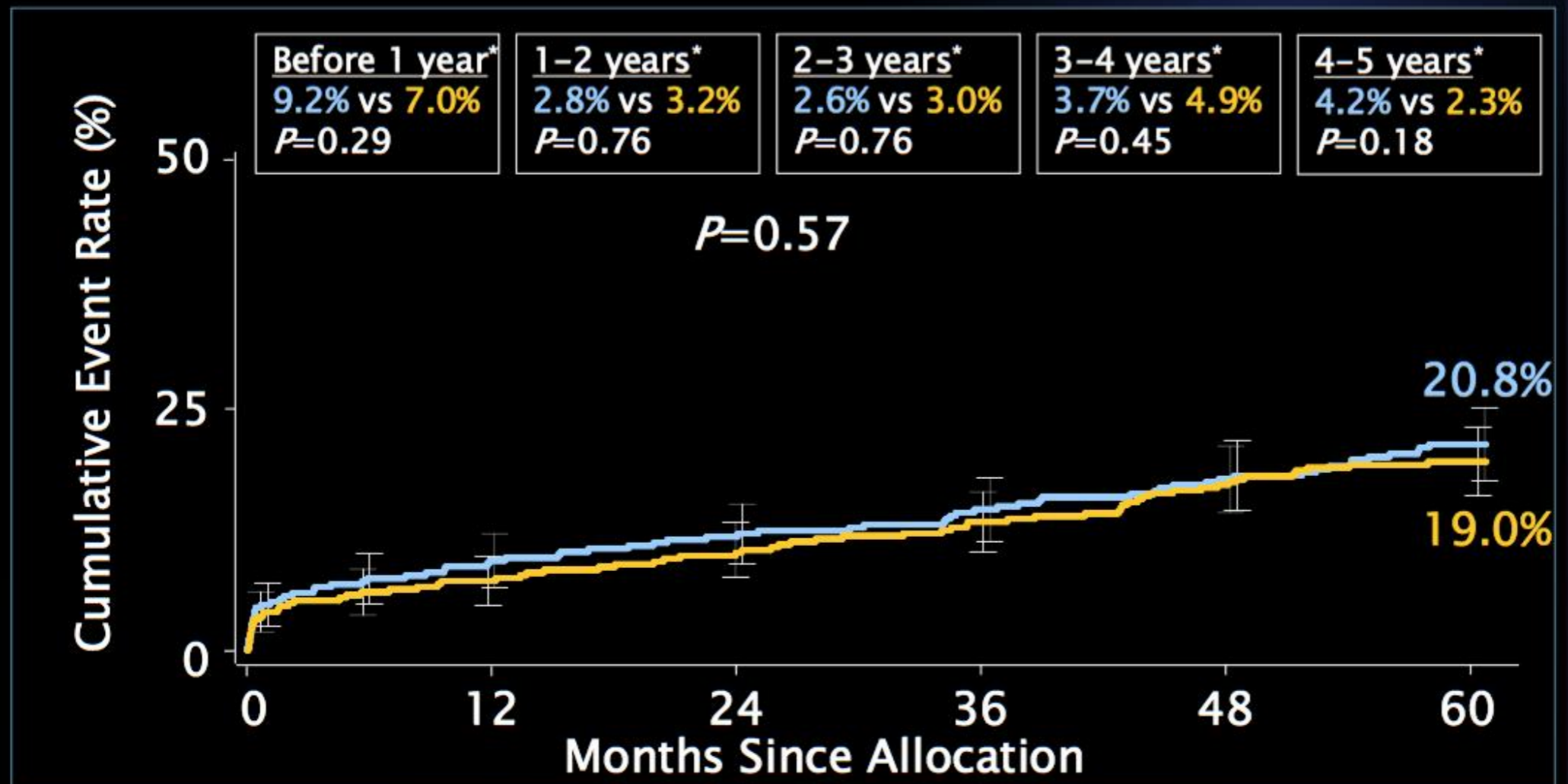
- ▶ Until 2000 – data from non-randomized studies and registries
- ▶ Small randomized studies
- ▶ Syntax trial 2009 (PCI with DES vs. CABG)
 - ▶ Subset of 750 patients with LM disease (published 2013)
 - ▶ 5 year outcome

All-Cause Death/CVA/MI to 5 Years *Left Main Subset*



■ CABG (N=348)

■ TAXUS (N=357)



Cumulative KM Event Rate \pm 1.5 SE; log-rank P value; *Binary rates

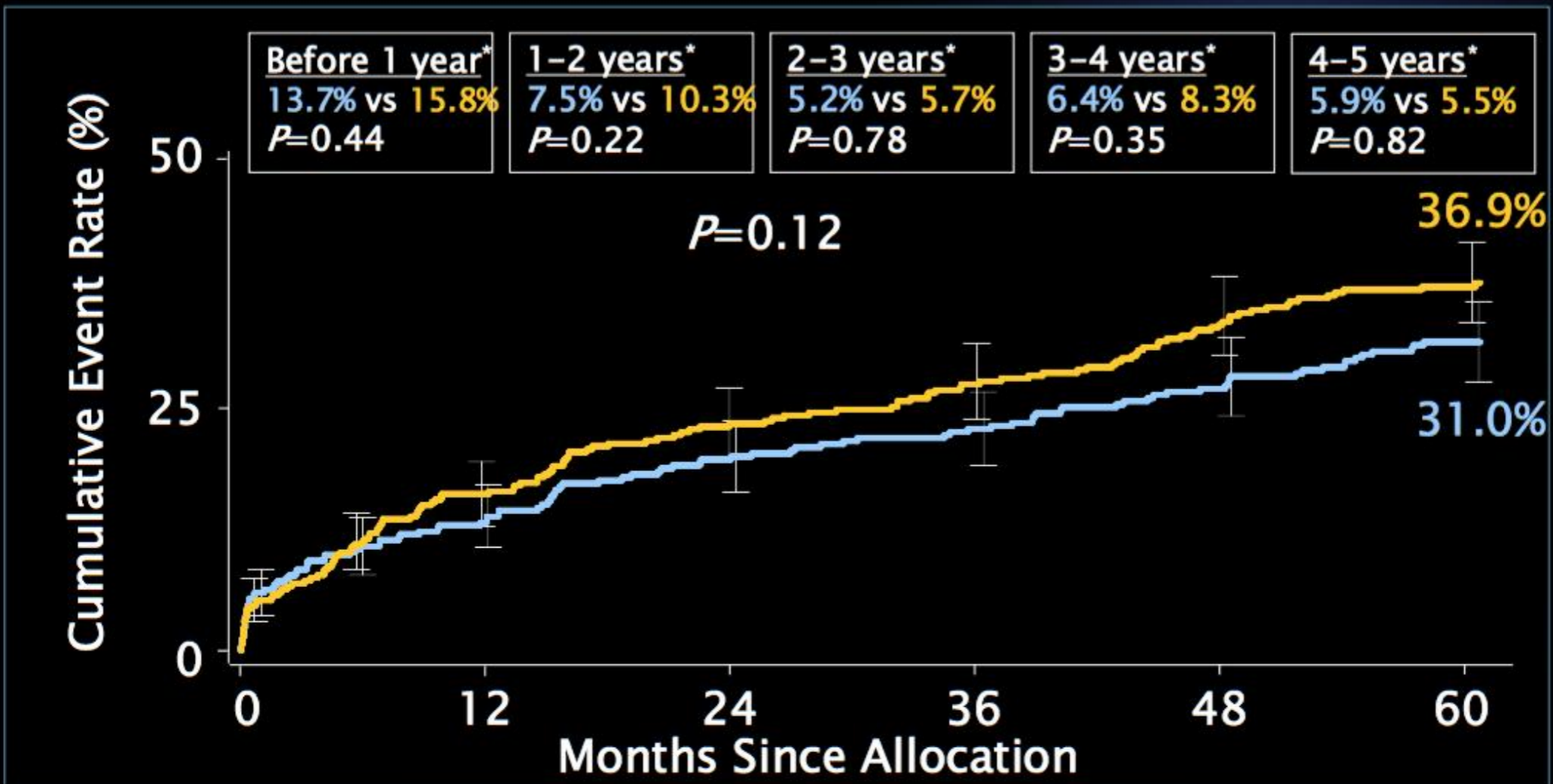
ITT population

MACCE to 5 Years *Left Main Subset*



■ CABG (N=348)

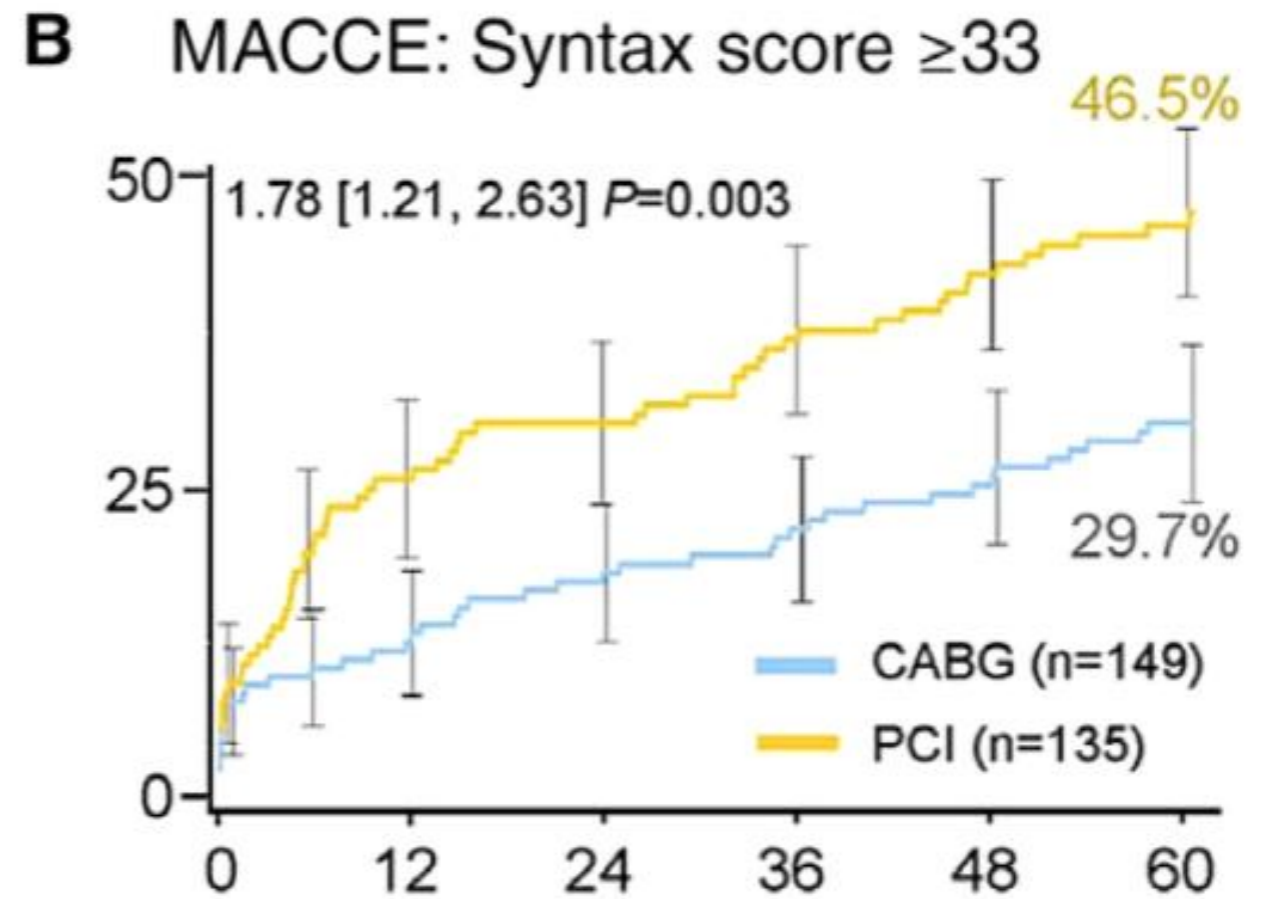
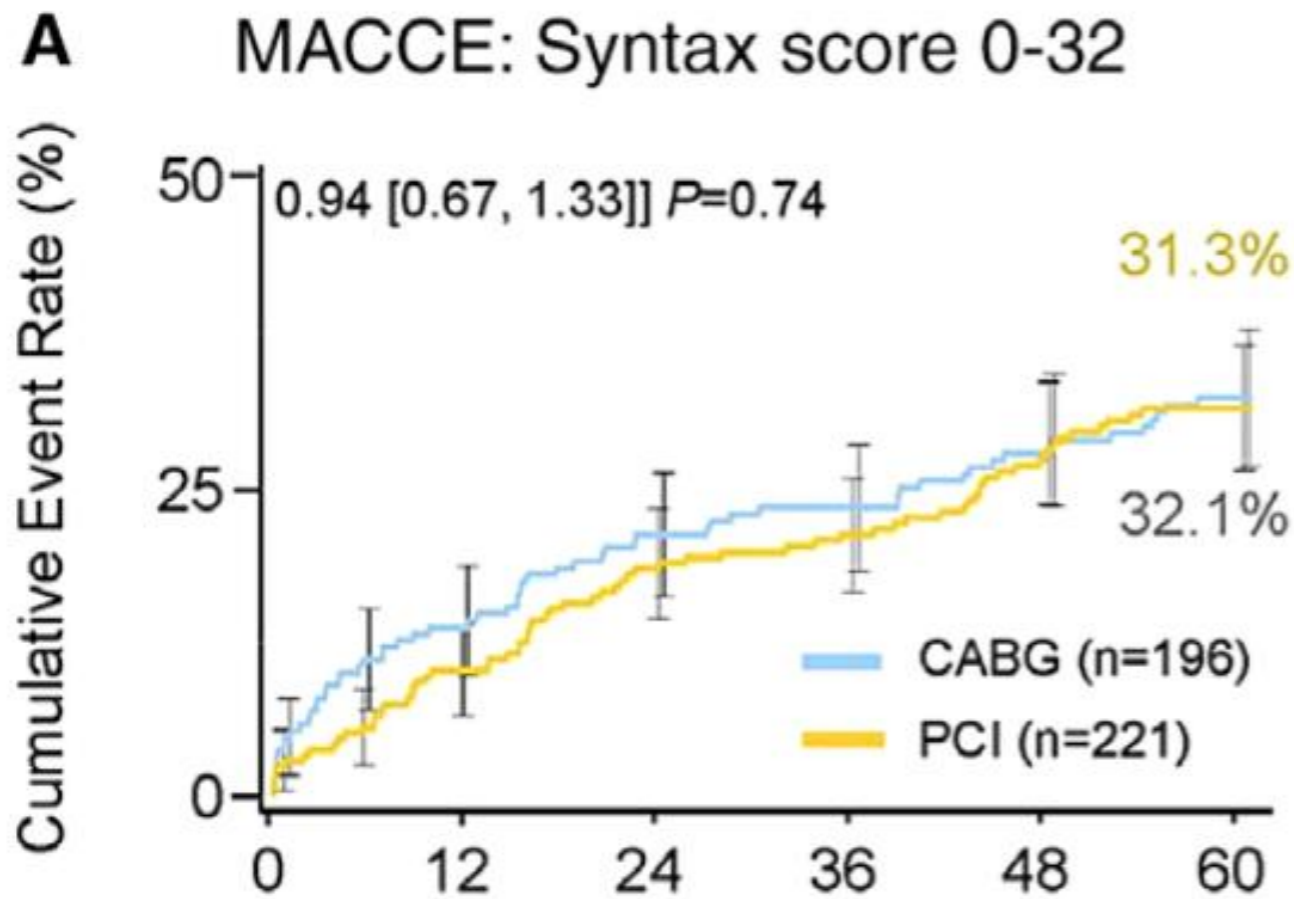
■ TAXUS (N=357)



Cumulative KM Event Rate \pm 1.5 SE; log-rank P value; *Binary rates

ITT population

SYNTAX Trial - Left main subset

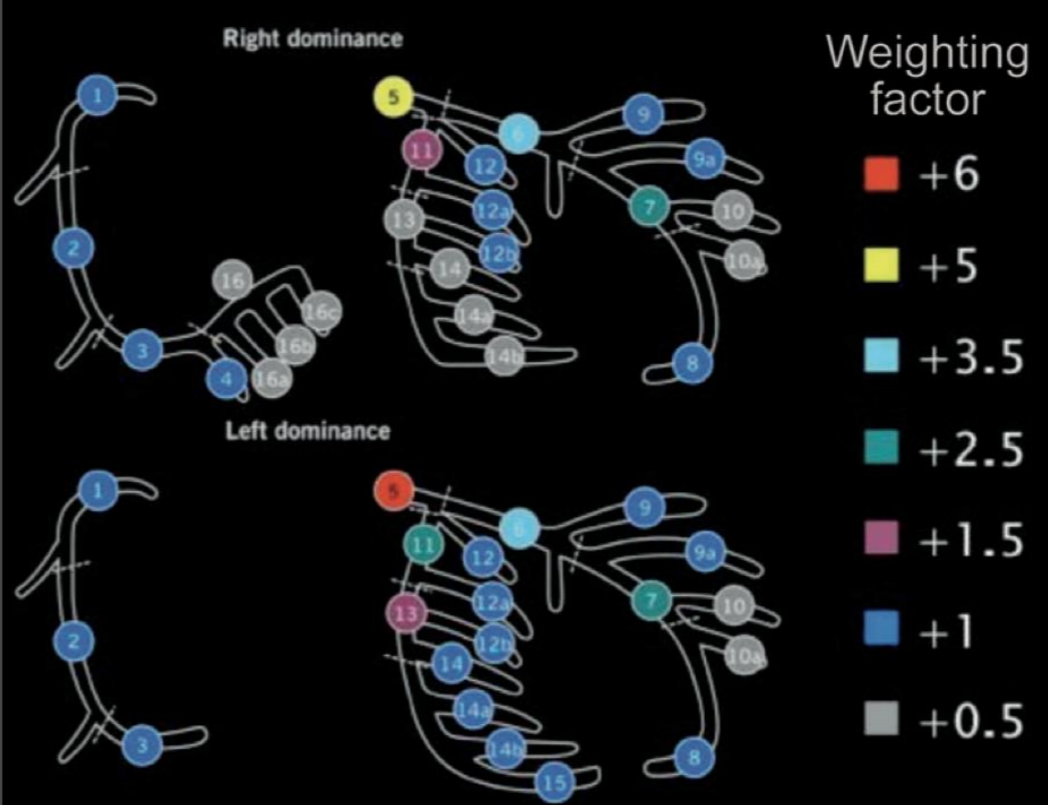


PCI VS CABG FOR LEFT MAIN DISEASE

Recommendations according to extent of CAD	CABG		PCI	
	Class ^a	Level ^b	Class ^a	Level ^b
One or two-vessel disease without proximal LAD stenosis.	IIb	C	I	C
One-vessel disease with proximal LAD stenosis.	I	A	I	A
Two-vessel disease with proximal LAD stenosis.	I	B	I	C
Left main disease with a SYNTAX score ≤ 22 .	I	B	I	B
Left main disease with a SYNTAX score 23–32.	I	B	IIa	B
Left main disease with a SYNTAX score >32 .	I	B	III	B
Three-vessel disease with a SYNTAX score ≤ 22 .	I	A	I	B
Three-vessel disease with a SYNTAX score 23–32.	I	A	III	B
Three-vessel disease with a SYNTAX score >32 .	I	A	III	B

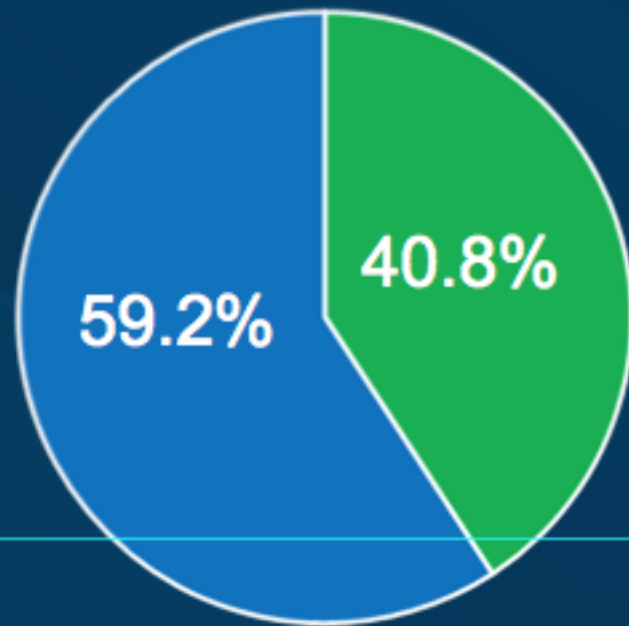
PCI vs. CABG = SYNTAX score

Table 3 Guide to calculate the SYNTAX score

Steps	Variable assessed	Description
Step 1	Dominance	The weight of individual coronary segments varies according to coronary artery dominance (right or left). Co-dominance does not exist as an option in the SYNTAX score.
Step 2	Coronary segment	<p>The diseased coronary segment directly affects the score as each coronary segment is assigned a weight, depending on its location, ranging from 0.5 (i.e. posterolateral branch) to 6 (i.e. left main in case of left dominance).</p>  <p>Right dominance</p> <p>Left dominance</p> <p>Weighting factor</p> <ul style="list-style-type: none"> ■ +6 ■ +5 ■ +3.5 ■ +2.5 ■ +1.5 ■ +1 ■ +0.5
Step 3	Diameter stenosis	<p>The score of each diseased coronary segment is multiplied by 2 in case of a stenosis 50–99% and by 5 in case of total occlusion.</p> <p>In case of total occlusion, additional points will be added as follows:</p> <ul style="list-style-type: none"> - Age >3 months or unknown +1 - Blunt stump +1 - Bridging +1 - First segment visible distally +1 per non visible segment - Side branch at the occlusion +1 if <1.5mm diameter +1 if both <1.5 and ≥1.5mm diameter

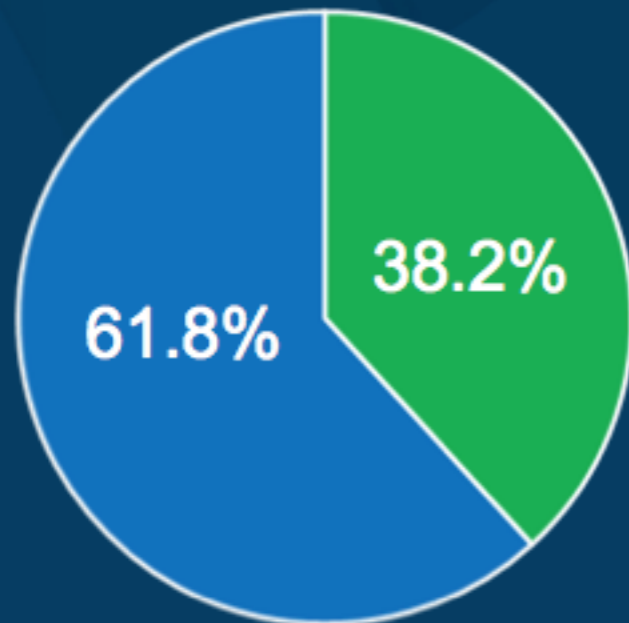
SYNTAX Score

Site Reported



Mean 20.6 ± 6.2

P=0.52

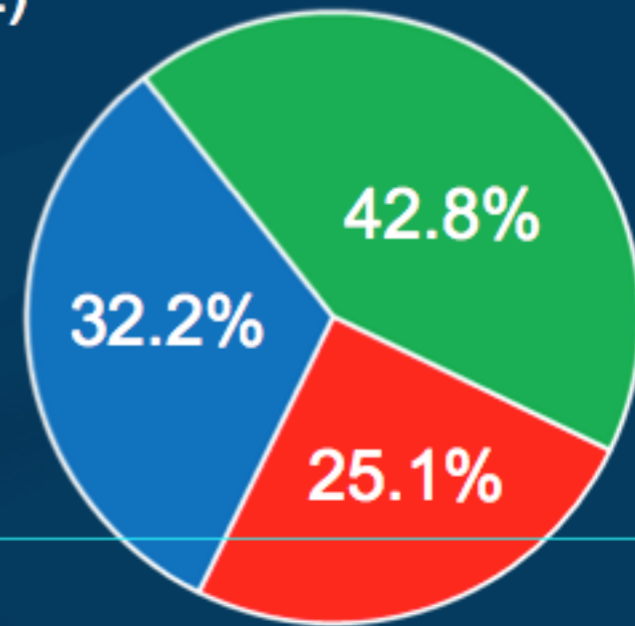


Mean 20.5 ± 6.1

- Low (≤ 22)
- Intermediate (23-32)
- High (≥ 33)

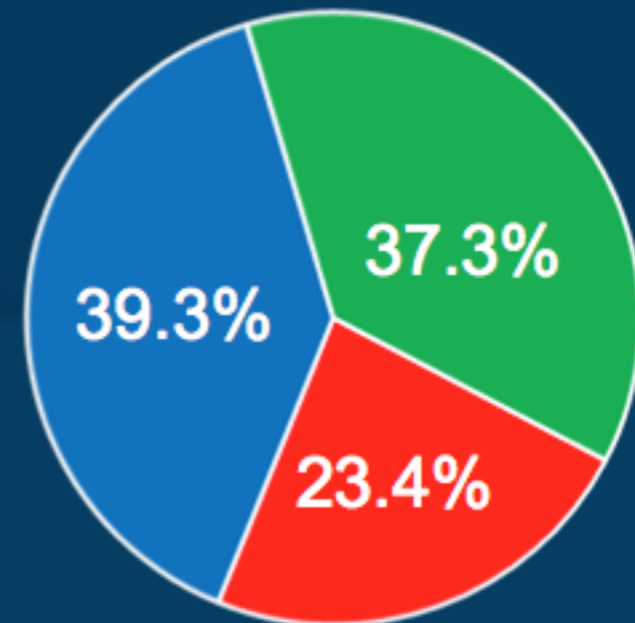
PCI

Core Lab



Mean 26.9 ± 8.8

CABG

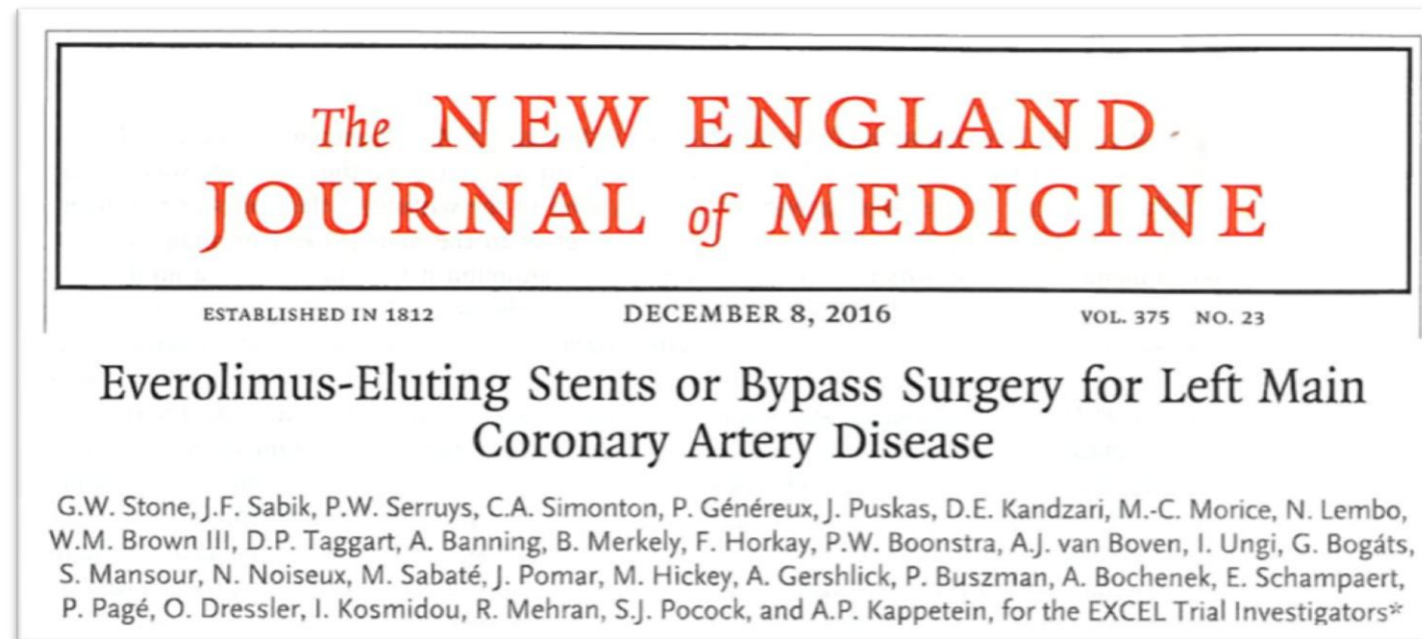


Mean 26.0 ± 9.8

P=0.005

NEW randomized controlled trials comparing PCI and CABG for left main disease

▶ EXCEL



▶ NOBLE

Percutaneous coronary angioplasty versus coronary artery bypass grafting in treatment of unprotected left main stenosis (NOBLE): a prospective, randomised, open-label, non-inferiority trial



*Timo Mäkikallio, Niels R Holm, Mitchell Lindsay, Mark S Spence, Andrejs Erglis, Ian B A Menown, Thor Trovik, Markku Eskola, Hannu Romppanen, Thomas Kellerth, Jan Ravkilde, Lisette O Jensen, Gintaras Kalinauskas, Rikard B A Linder, Markku Pentikainen, Anders Hervold, Adrian Banning, Azfar Zaman, Jamen Cotton, Erlend Eriksen, Sulev Margus, Henrik T Sørensen, Per H Nielsen, Matti Niemelä, Kari Kervinen, Jens F Lassen, Michael Maeng, Keith Oldroyd, Geoff Berg, Simon J Walsh, Colm G Hanratty, Indulis Kumsars, Peteris Stradins, Terje K Steigen, Ole Frøbert, Alastair N J Graham, Petter C Endresen, Matthias Corbascio, Olli Kajander, Uday Trivedi, Juha Hartikainen, Vesa Anttila, David Hildick-Smith, Leif Thuesen, Evald H Christiansen, for the NOBLE study investigators**

Summary

Background Coronary artery bypass grafting (CABG) is the standard treatment for revascularisation in patients with *Lancet 2016; 388: 2743-52*

PCI vs CABG

	EXCEL	NOBLE
Patients (n)	1905	1201
Follow-up	3 years	5 years
Syntax score	<32	
	Everolimus DES	Biolimus DES
Primary endpoint	Death any, stroke, MI	Death any, non-procedural MI, stroke, repeated revascularization
Patients details	60% stable, 30% diabetics	82% stable, 15% diabetics
	77% IVUS	74% IVUS
Syntax	20,6	22,5

EXCEL

NOBLE

Primary endpoint

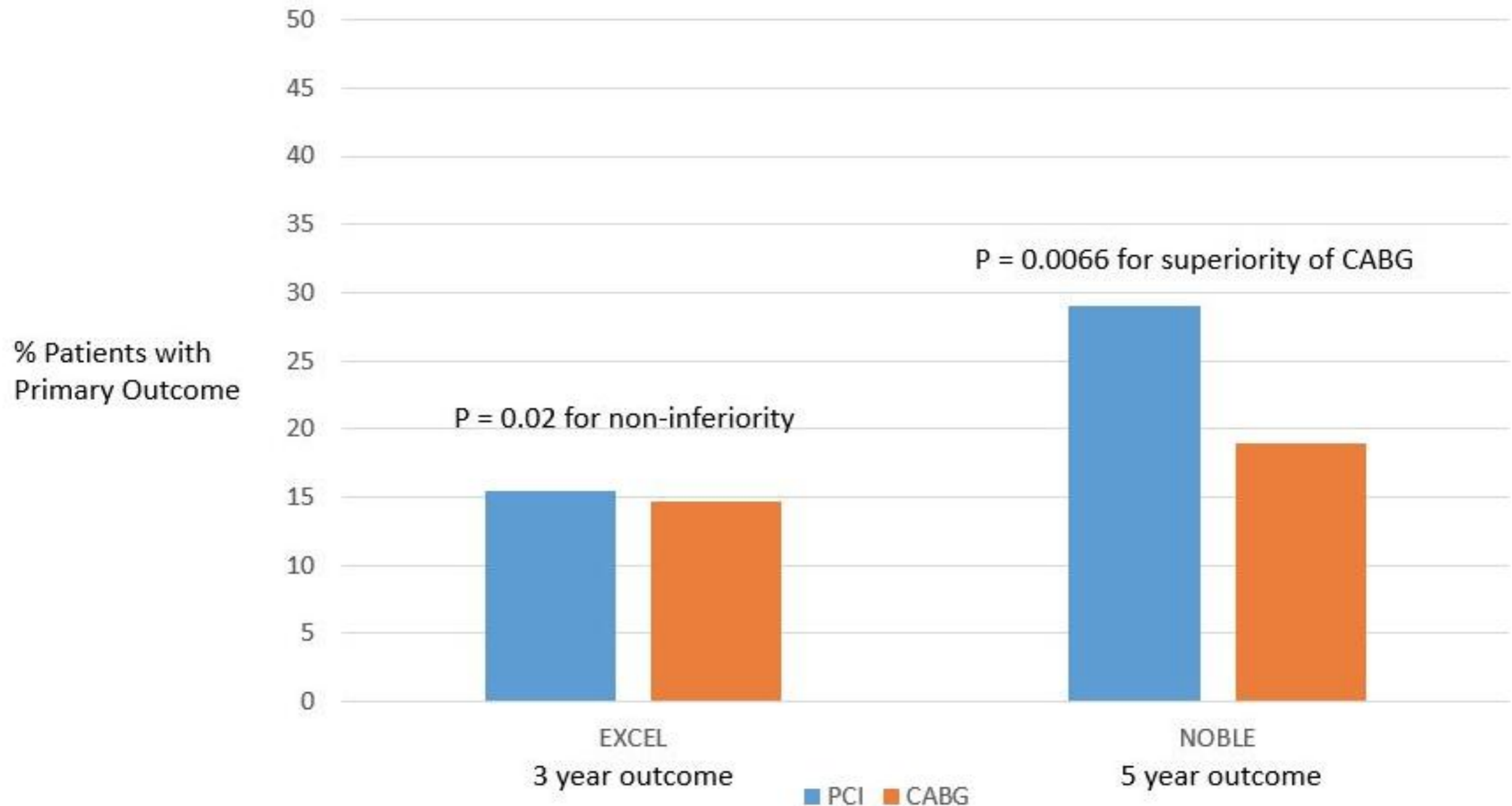
Death any, stroke,
MI

Death any, non-
procedural MI,
stroke, repeated
revascularization

PCI vs. CABG

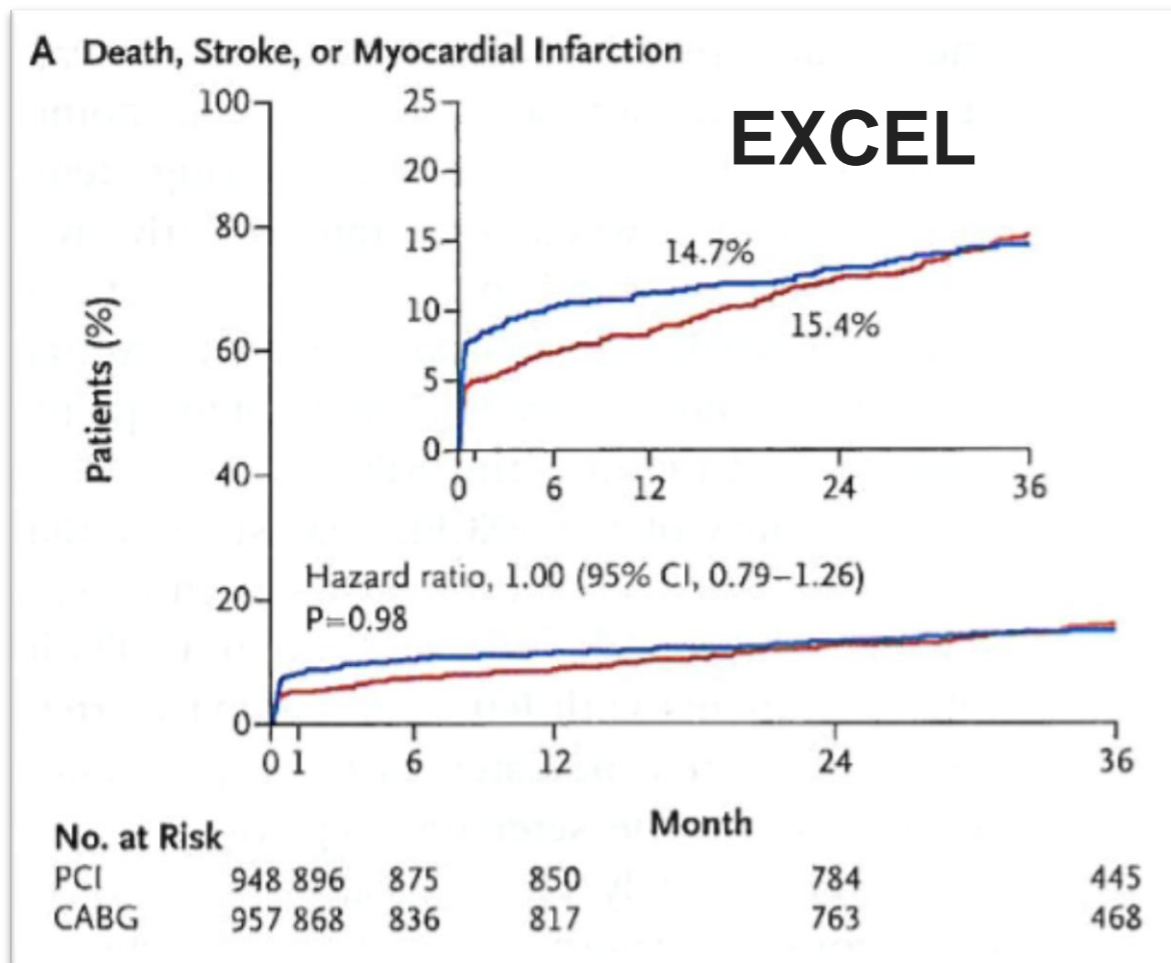
15.4% vs. 14.7%

29% vs. 19%

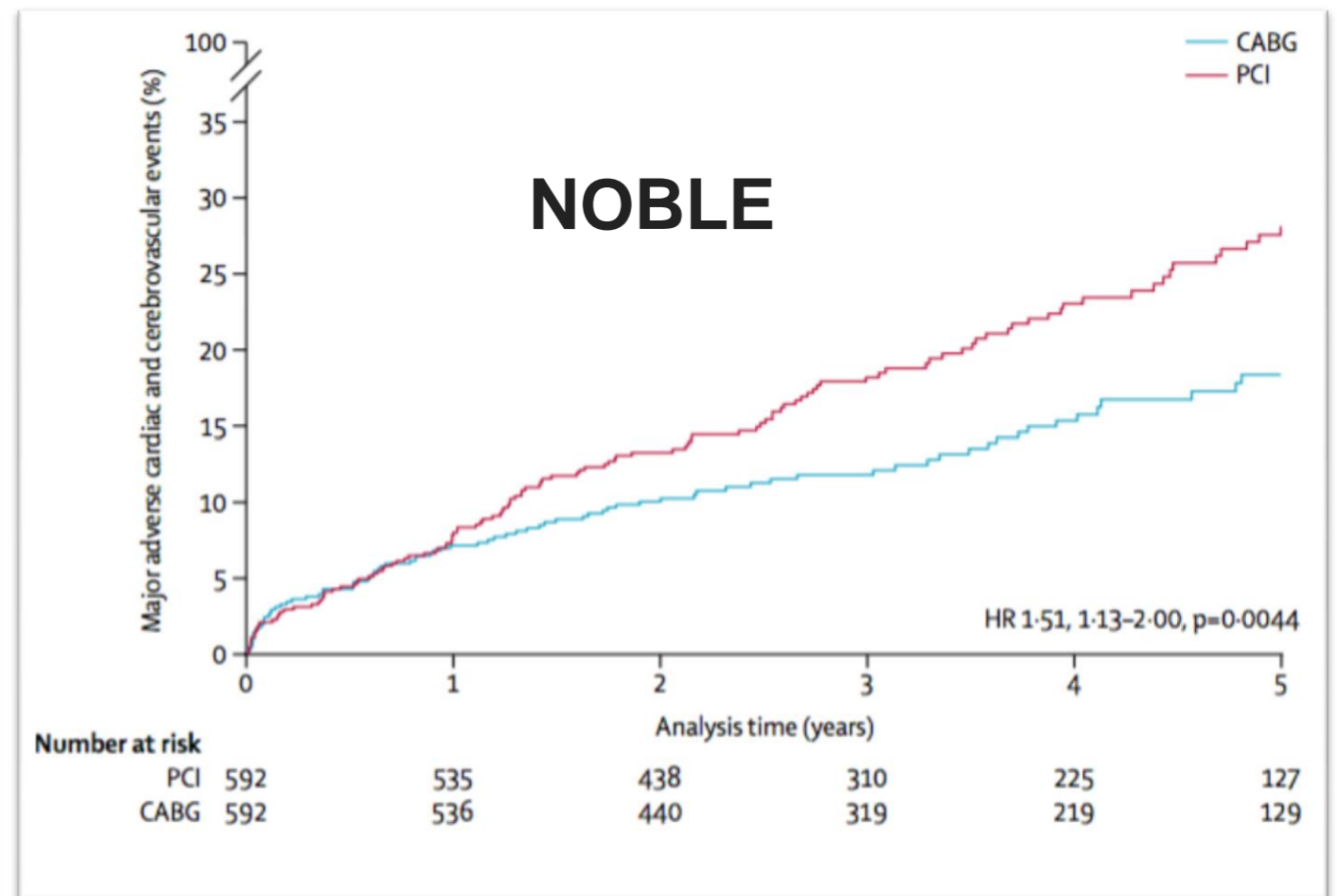


MACCE

At 3 years (EXCEL) and 5 years (NOBEL)



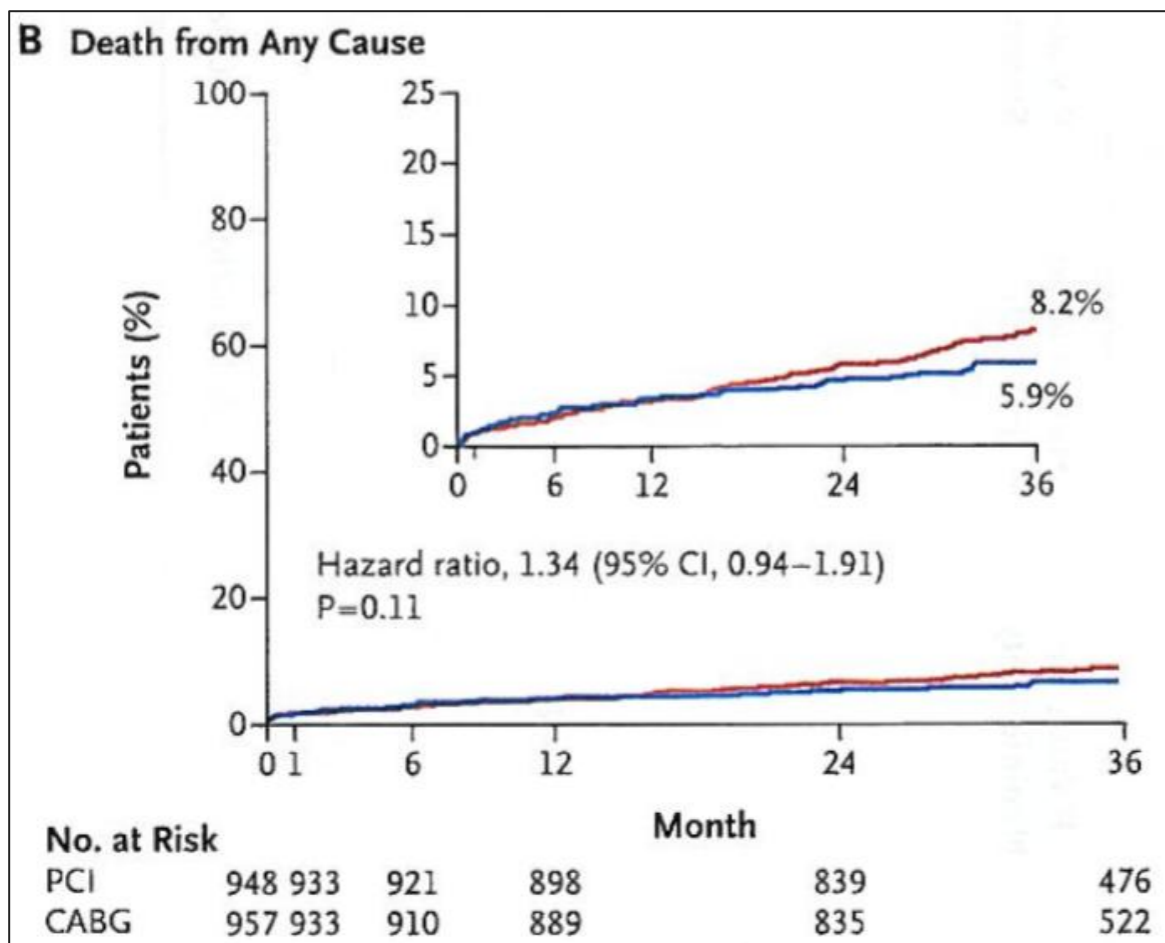
Primary endpoint
 Death any cause
 Stroke
 Myocardial infraction



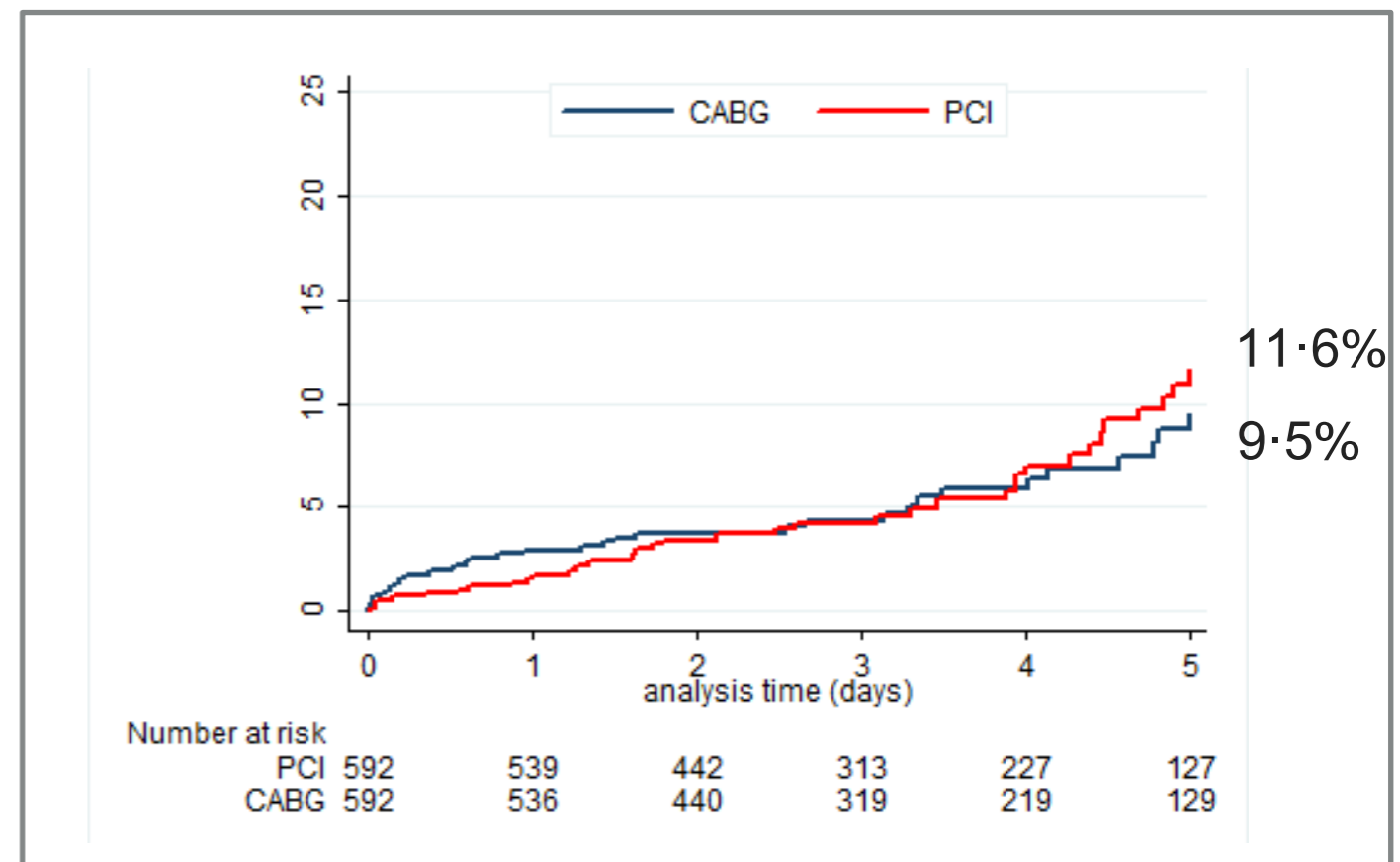
Primary endpoint
 Death any cause
 Stroke
 Non-procedural myocardial infraction
 Repeated revascularization

MORTALITY (TOTAL) AT 3 YEARS (EXCEL) AND 5 YEARS (NOBEL)

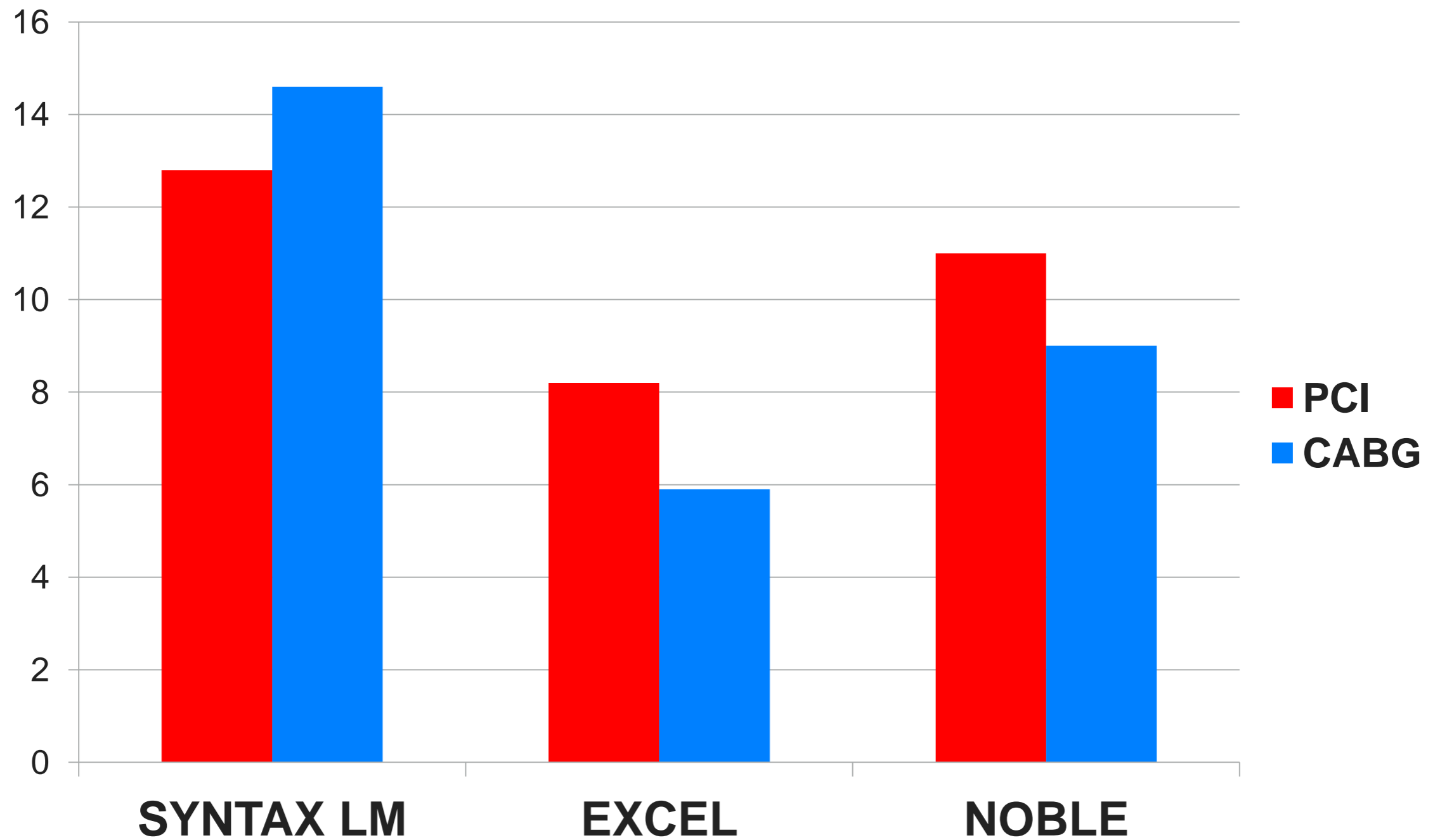
EXCEL



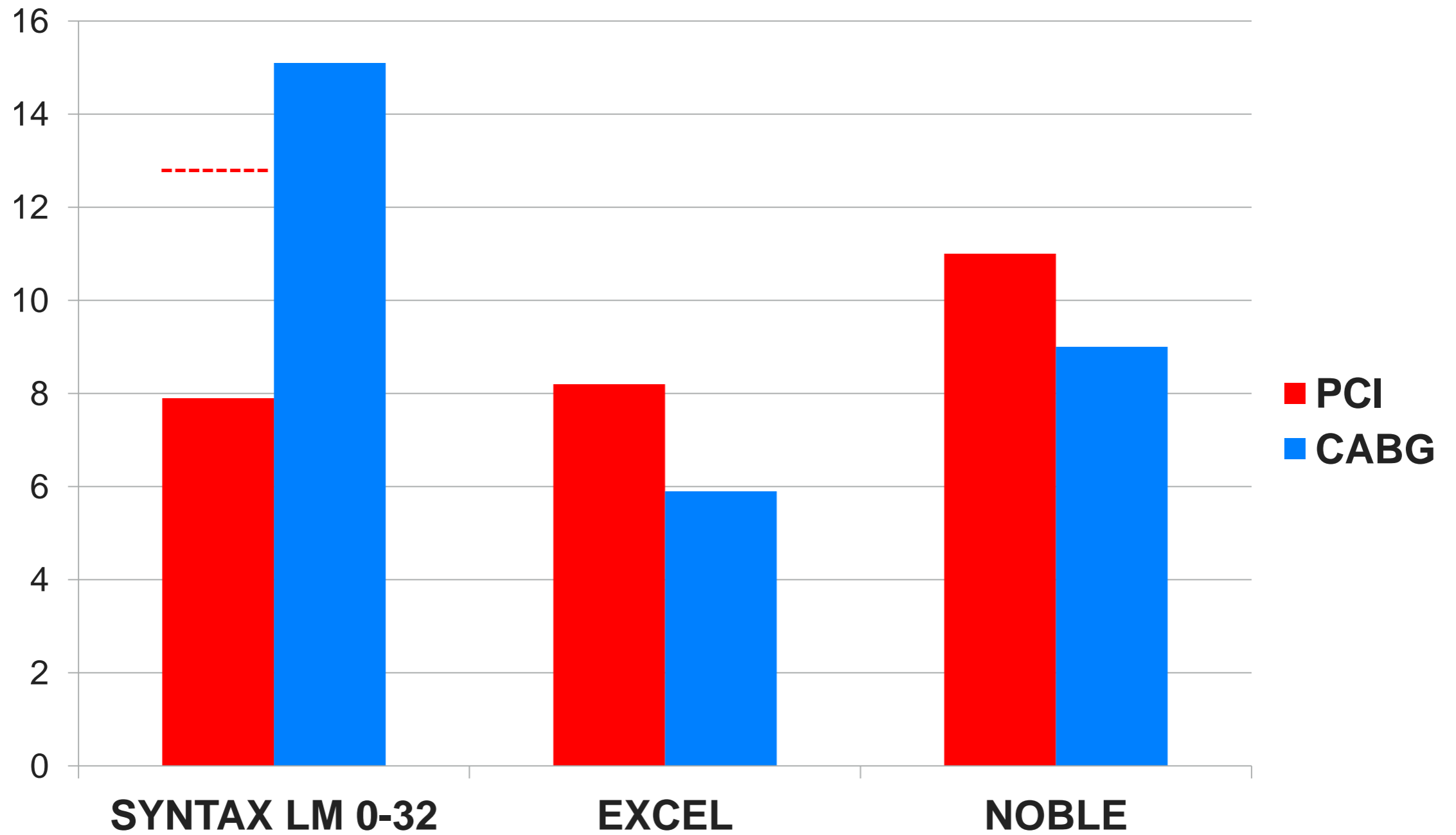
NOBEL



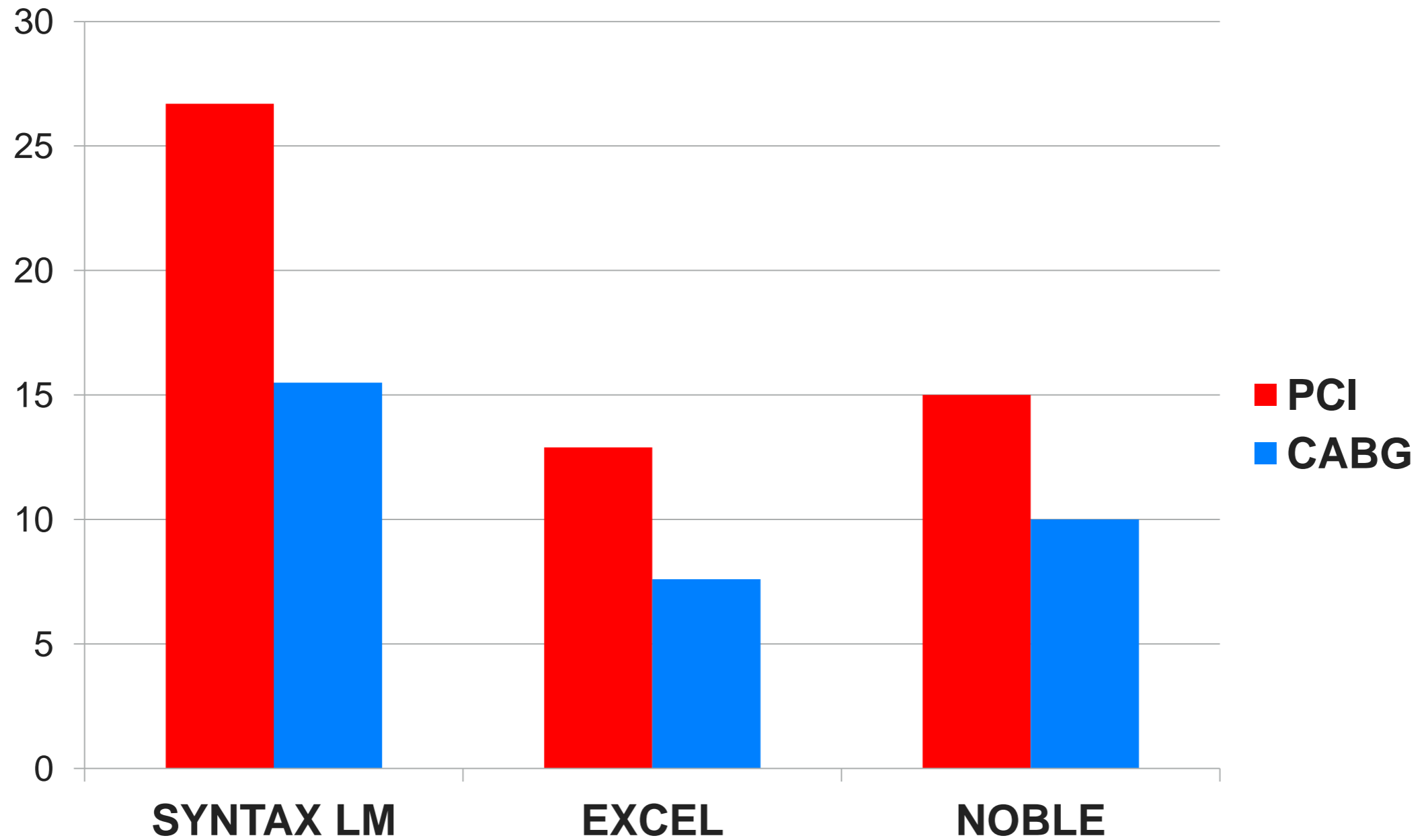
TOTAL MORTALITY



TOTAL MORTALITY (WHEN SYNTAX SCORE 0-32)

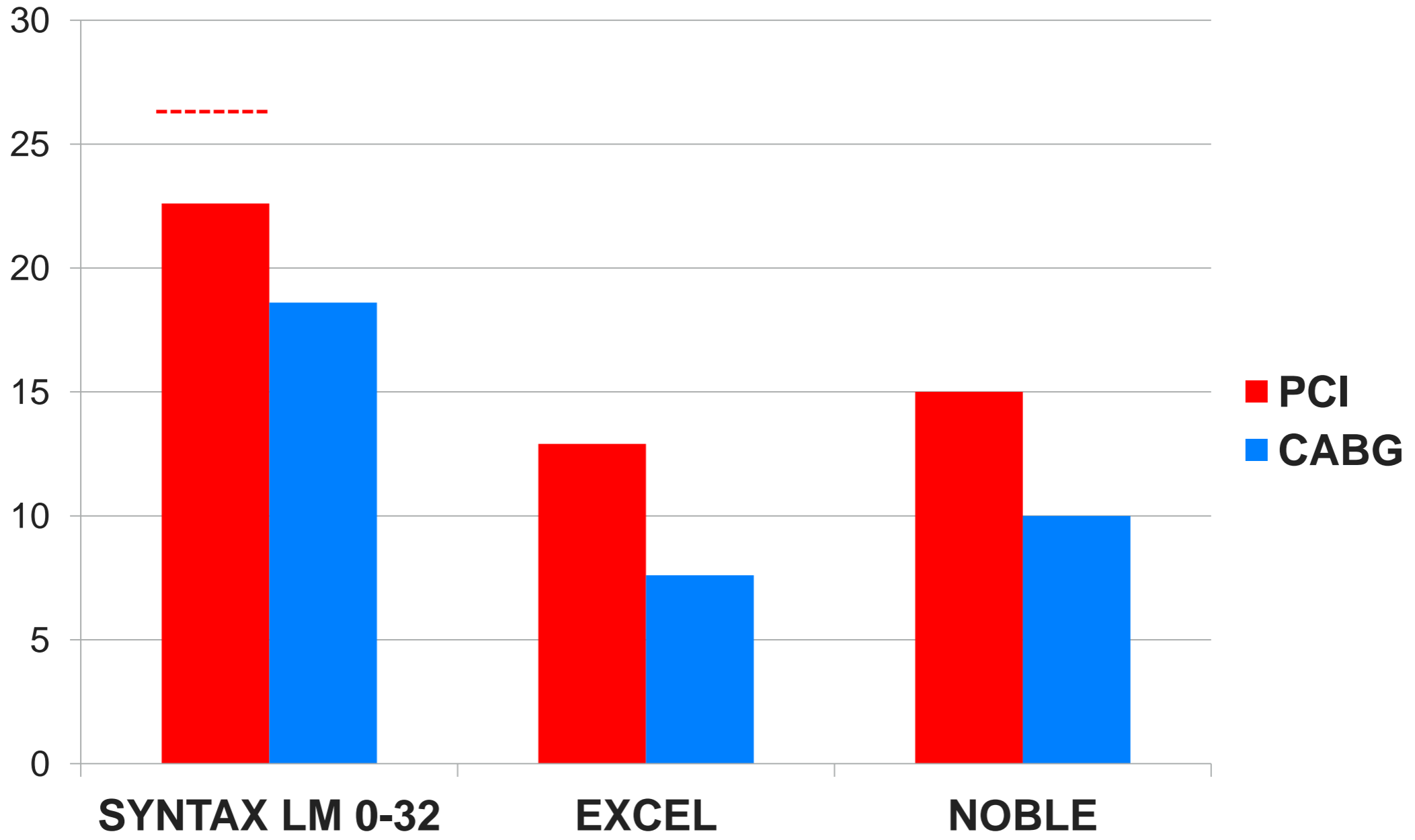


NEED FOR REVASCULARIZATION

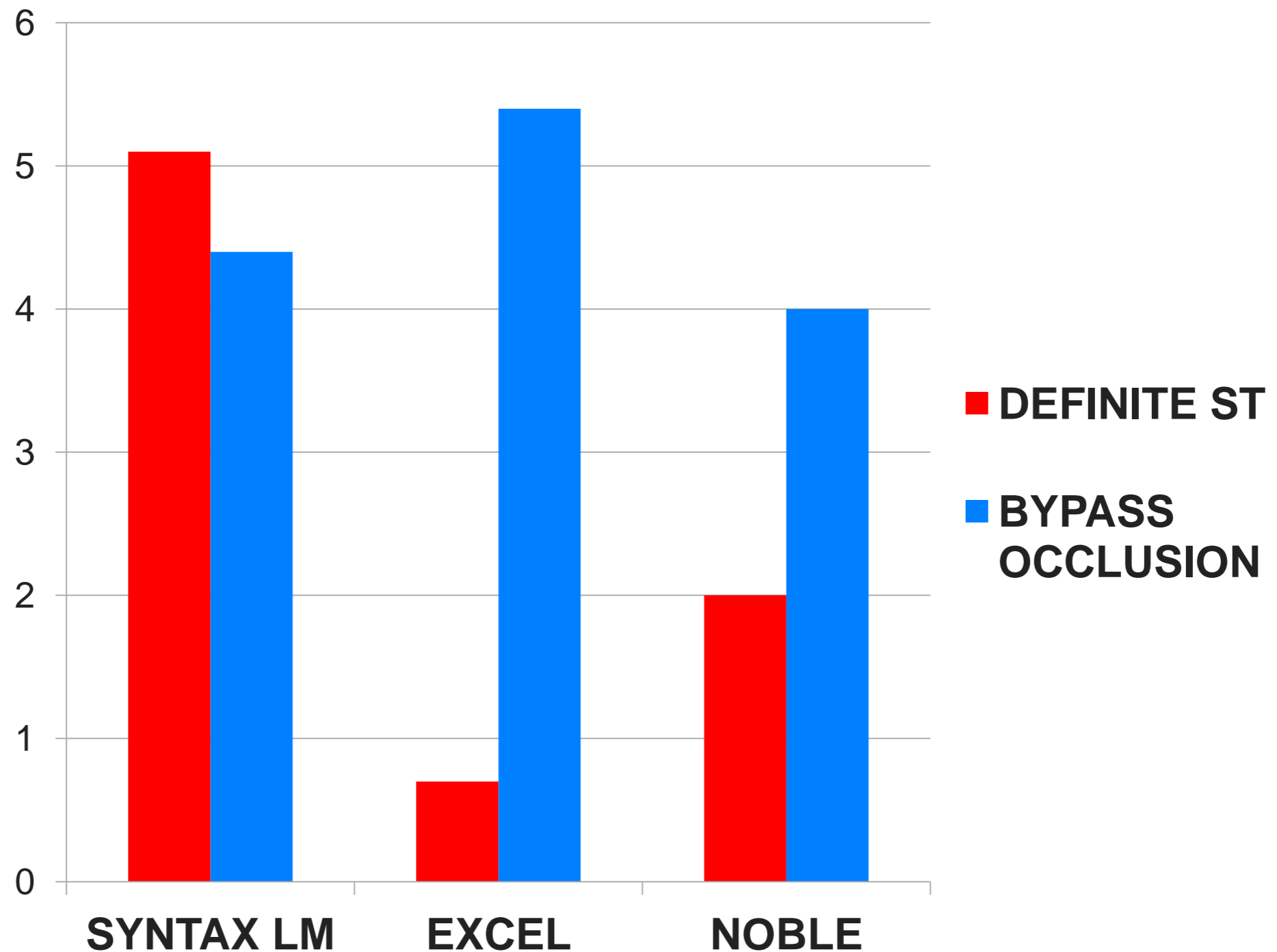


NEED FOR REVASCULARIZATION

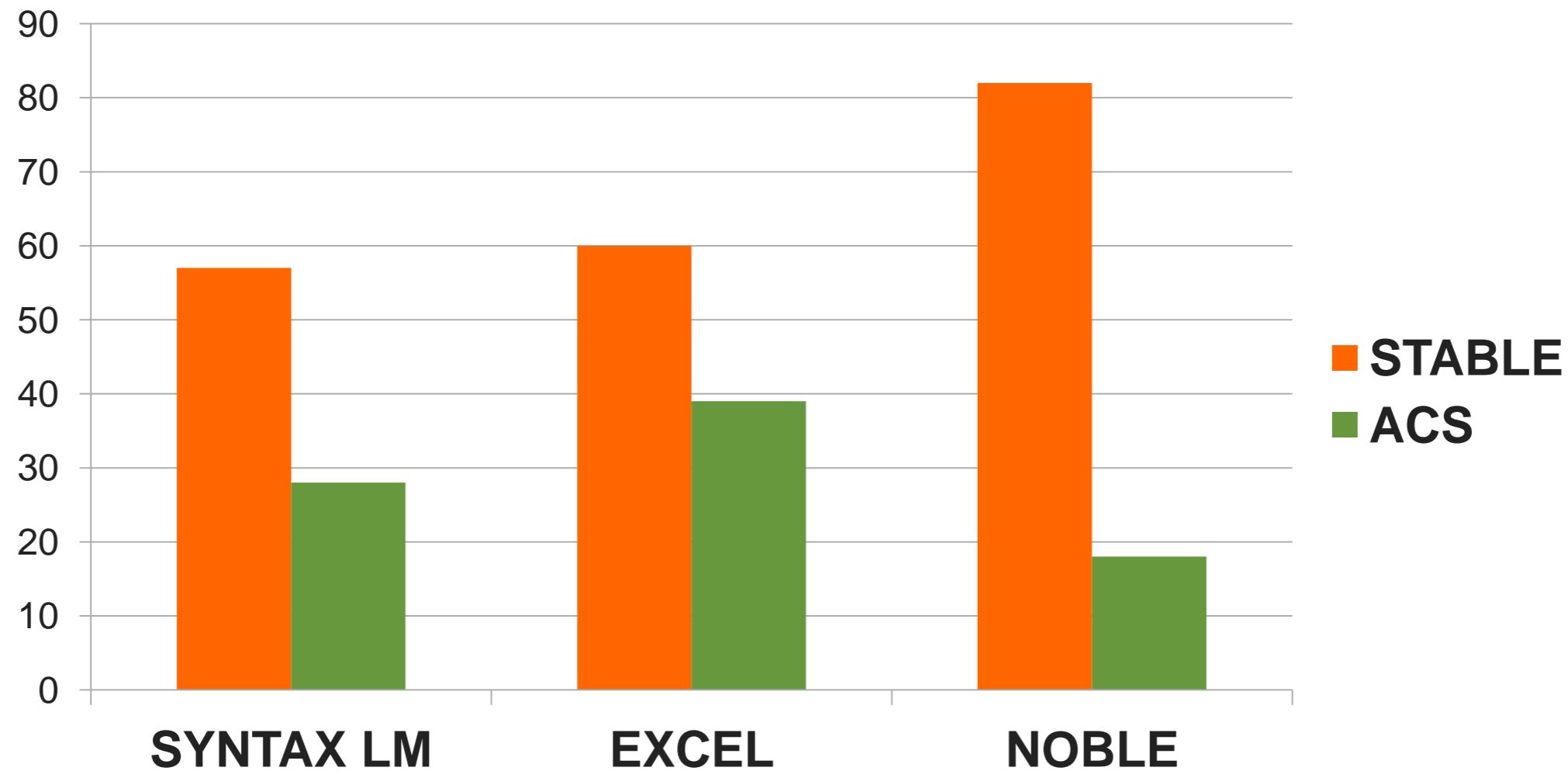
(WHEN SYNTAX SCORE 0-32)



STENT THROMBOSIS AND BYPASS GRAFT OCCLUSION



DATA FOR ACS PATIENTS?



SYNTAX – no patients with recent MI enrolled

EXCEL – 14% patient with NSTEMI or STEMI

NOBLE – data for troponin positive ACS not available

CONCLUSION

- ▶ Duration of RCT is an important factor when comparing PCI and CABG
- ▶ RCT focus on stable CAD
- ▶ PCI of LM disease in patient with low and intermediate Syntax score is reasonable alternative to CABG in stable CAD
- ▶ The heart team for decision making
- ▶ IVUS is used in majority of LM percutaneous interventions
- ▶ Syntax score calculation