

Plicní embolie – diagnostika a prognostická stratifikace

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ESC GUIDELINES

2014 ESC Guidelines on the diagnosis and management of acute pulmonary embolism

The Task Force for the Diagnosis and Management of Acute Pulmonary Embolism of the European Society of Cardiology (ESC)

Endorsed by the European Respiratory Society (ERS)

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ESC/ERS GUIDELINES



2015 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension

The Joint Task Force for the Diagnosis and Treatment of Pulmonary Hypertension of the European Society of Cardiology (ESC) and the European Respiratory Society (ERS)

Endorsed by: Association for European Paediatric and Congenital Cardiology (AEPC), International Society for Heart and Lung Transplantation (ISHLT)

Epidemiologie

Prevalence 0,4% populace

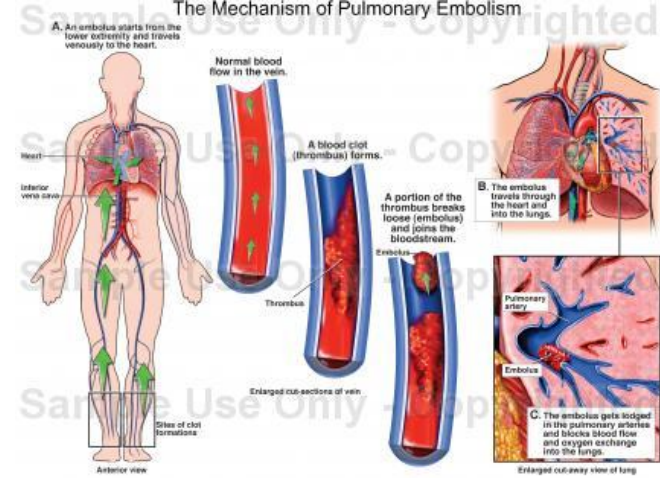
Incidence 100-200/100 000/1 rok

Autopsie 2356 (79% všech zemřelých z populace 200 tis.) s nálezem PE u 25% a u 18% jako hlavní příčina smrti

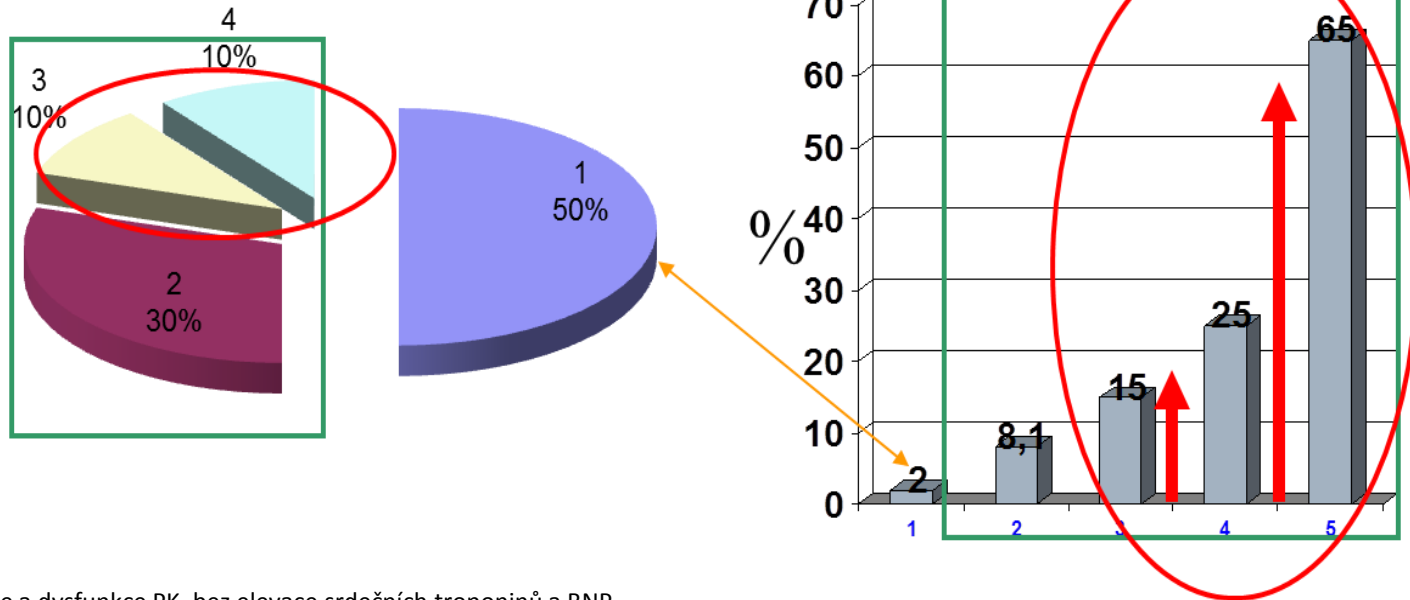
Závislost výskytu na věku a rizikových faktorech

Jen 30-45% pacientů, kteří zemřeli v důsledku plicní embolie bylo adekvátně léčeno

Až 80% pacientů s rizikovými faktory tromboembolie je špatně diagnostikováno



Prognóza



1. **Normotenze** bez dilatace a dysfunkce PK, bez elevace srdečních troponinů a BNP
2. **Normotenze s dilatací nebo dysfunkcí PK, plicní hypertenzí**, (elevace srdečních troponinů a BNP)
3. **Systémová hypotenze bez klinických známek šokové cirkulace** (pokles TKs<90 mmHg nebo pokles TKs>40 mmHg, bez nutnosti použití vazopresorů s výjimkou dobutaminu do maximální dávky 5 µg/kg/min)
4. **Kardiogenní obstrukční šok** s orgánovou hypoperfuzí a multiorgánovým selháním
5. Nutnost **iniciální kardiopulmonální resuscitace a náhlá srdeční smrt**

Klinická pravděpodobnost

Geneva skóre:

klinická pravděpodobnost

nížká 0-3 body

střední 4-10

vyšší ≥ 11

Predisponující faktory	
Věk nad 65 let	+1
Předchozí TEN	+3
Chirurgický výkon nebo trauma do 1 měsíce	+2
Malignita	+2
Symptomy	
Bolesti končetiny	+3
Hemoptýza	+2
Fyzikální vyšetření	
Srdeční frekvence	
75-95/min.	+3
>95/min.	+2
Asymetrický otok nebo bolestivost končetiny	+4

Wellsovo skóre:

klinická pravděpodobnost

nížká 0-1 body

střední 2-6, vysoká ≥ 7

plicní embolie nepravděpodobná 0-4

pravděpodobná ≥ 5

Predisponující faktory	
Předchozí TEN	+1,5
Recentní chirurgický výkon nebo imobilizace	+1,5
Malignita	+1,0
Symptomy	
Hemoptýza	+1,0
Fyzikální vyšetření	
Tepová frekvence > 100/min.	+1,5
Klinické známky hluboké žilní trombózy	+3,0
Klinické hodnocení	
Jiná diagnóza je méně pravděpodobná než PE	+3,0

Items	Clinical decision rule points	
Wells rule	Original version ¹¹	Simplified version ¹²
Previous PE or DVT	1.5	1
Heart rate ≥100 bpm.	1.5	1
Surgery or immobilization within the past four weeks	1.5	1
Hemoptysis	1	1
Active cancer	1	1
Clinical signs of DVT	3	1
Alternative diagnosis less likely than PE	3	1
Clinical probability		
Three-level score		
Low	0-1	N/A
Intermediate	2-4	N/A
High	≥7	N/A
Two-level score		
PE unlikely	0-4	0-1
PE likely	≥5	≥2
Revised Geneva score		
	Original version ¹¹	Simplified version ¹²
Previous PE or DVT	3	1
Heart rate		
75-94 bpm.	3	1
≥95 bpm.	5	2
Surgery or fracture within the past month	2	1
Hemoptysis	2	1
Active cancer	2	1
Unilateral lower limb pain	3	1
Pain on lower limb deep venous palpation and unilateral oedema	4	1
Age ≥65 years	1	1
Clinical probability		
Three-level score		
Low	0-3	0-1
Intermediate	4-10	2-4
High	≥11	≥5
Two-level score		
PE unlikely	0-5	0-2
PE likely	≥6	≥3

Performance of 4 Clinical Decision Rules in the Diagnostic Management of Acute Pulmonary Embolism A Prospective Cohort Study from the Prometheus Study Group

Ann Intern Med. 2011;154(11):709-718.

Table 4. Accuracy Indexes of the Clinical Decision Rules in Combination With a Normal D-Dimer Result in Patients With a Suspected Event*

Variable	Original Wells Rule (n = 796)	Simplified Wells Rule (n = 803)	RGS (n = 796)	Simplified RGS (n = 795)
Sensitivity†				
Number/number	190/191	191/192	188/189	187/188
Percentage (95% CI)	99.5 (97–100)	99.5 (97–100)	99.5 (97–100)	99.5 (97–100)
Specificity‡				
Number/number	183/605	177/611	184/607	189/607
Percentage (95% CI)	30 (27–34)	29 (25–33)	30 (27–34)	31 (28–34)
Negative predictive value§				
Number/number	183/184	177/178	184/185	189/190
Percentage (95% CI)	99.5 (97–100)	99.4 (97–100)	99.5 (97–100)	99.5 (97–100)

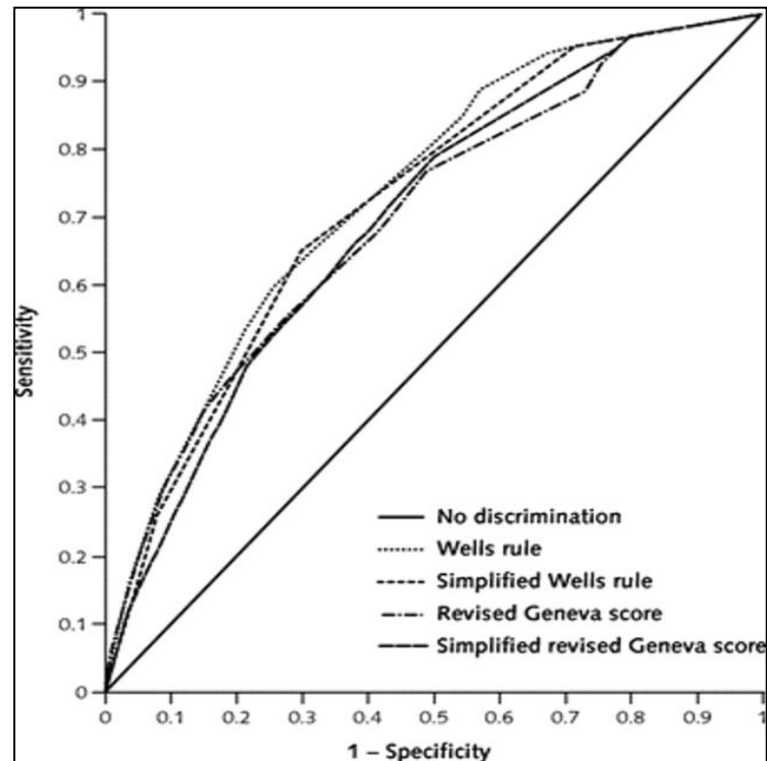
RGS = revised Geneva rule.

* Patients with a clinical decision rule indicating that PE was unlikely but in whom the D-dimer result was missing (protocol violation) were not included in this analysis; this number differed among the 4 clinical decision rules. Sensitivities did not differ among the 4 clinical decision rules in combination with D-dimer test. Specificity differed significantly between the Wells rule and the simplified Wells rule ($P = 0.031$) and the simplified Wells rule and the simplified RGS ($P = 0.017$). Other differences in specificity were not statistically significant.

† The number of patients correctly identified as having pulmonary embolism by the combination of clinical decision rules and D-dimer testing divided by the total number of patients with proven pulmonary embolism identified by computed tomography at the time of initial evaluation or venous thromboembolism at 3-mo follow-up.

‡ The number of patients correctly identified as not having pulmonary embolism by the combination of clinical decision rules and D-dimer testing divided by the total number of patients in whom pulmonary embolism was excluded by computed tomography at the time of initial evaluation or venous thromboembolism at 3-mo follow-up.

§ The number of patients correctly identified as not having pulmonary embolism by the combination of clinical decision rules and D-dimer testing divided by the total number of patients with the combination of clinical decision rule and D-dimer testing indicating that pulmonary embolism was excluded (i.e., pulmonary embolism and deep venous thrombosis).



Receiver-operating characteristic curves of the 4 clinical decision rules:

Area under the receiver-operating characteristic curves were 0.73 (95% CI, 0.69 to 0.77) for the Wells rule, 0.72 (CI, 0.68 to 0.76) for the simplified Wells rule, 0.70 (CI 0.65 to 0.74) for the revised Geneva score, and 0.69 (CI, 0.65 to 0.74) for the simplified revised Geneva score.



Terminologie

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	Hemodynamická nestabilita ^(a)	Echokardiografické markery dilatace, dysfunkce PK a PH*	Kardiomarkery	Léčebná strategie
Masivní (high risk, mortalita >15%)	+	+	+	Trombolýza nebo embolektomie
Submasivní (medium risk)	-	+/-	+/-	Antikoagulace nebo trombolýza
Neriziková (mortalita <3%)	-	-	-	Antikoagulace

Early mortality risk		Risk parameters and scores			
		Shock or hypotension	PESI class III-V or sPESI >1 ^a	Signs of RV dysfunction on an imaging test ^b	Cardiac laboratory biomarkers ^c
High		+	(+) ^d	+	(+) ^d
Intermediate	Intermediate-high	-	+	Both positive	
	Intermediate-low	-	+	Either one (or none) positive ^e	
Low		-	-	Assessment optional; if assessed, both negative ^e	



PESI – prognostická stratifikace

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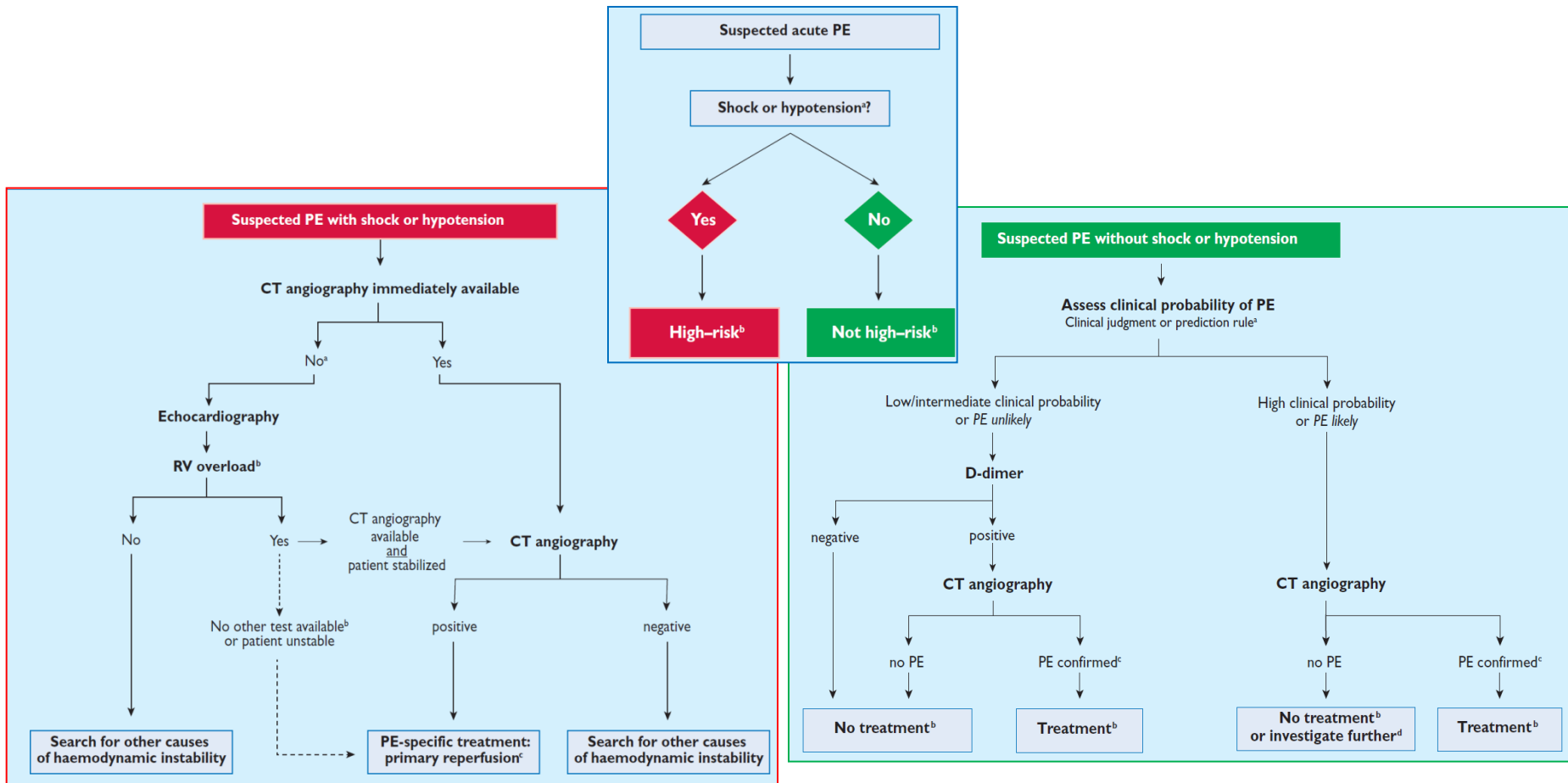
Parameter	Original version ²¹⁴	Simplified version ²¹⁸
Age	Age in years	1 point (if age >80 years)
Male sex	+10 points	–
Cancer	+30 points	1 point
Chronic heart failure	+10 points	1 point
Chronic pulmonary disease	+10 points	
Pulse rate ≥ 110 b.p.m.	+20 points	1 point
Systolic blood pressure <100 mm Hg	+30 points	1 point
Respiratory rate >30 breaths per minute	+20 points	–
Temperature <36 °C	+20 points	–
Altered mental status	+60 points	–
Arterial oxyhaemoglobin saturation <90%	+20 points	1 point
	Risk strata^a	
	<p>Class I: ≤ 65 points very low 30-day mortality risk (0–1.6%)</p> <p>Class II: 66–85 points low mortality risk (1.7–3.5%)</p> <p>Class III: 86–105 points moderate mortality risk (3.2–7.1%)</p> <p>Class IV: 106–125 points high mortality risk (4.0–11.4%)</p> <p>Class V: >125 points very high mortality risk (10.0–24.5%)</p>	<p>0 points = 30-day mortality risk 1.0% (95% CI 0.0%–2.1%)</p> <p>≥ 1 point(s) = 30-day mortality risk 10.9% (95% CI 8.5%–13.2%)</p>

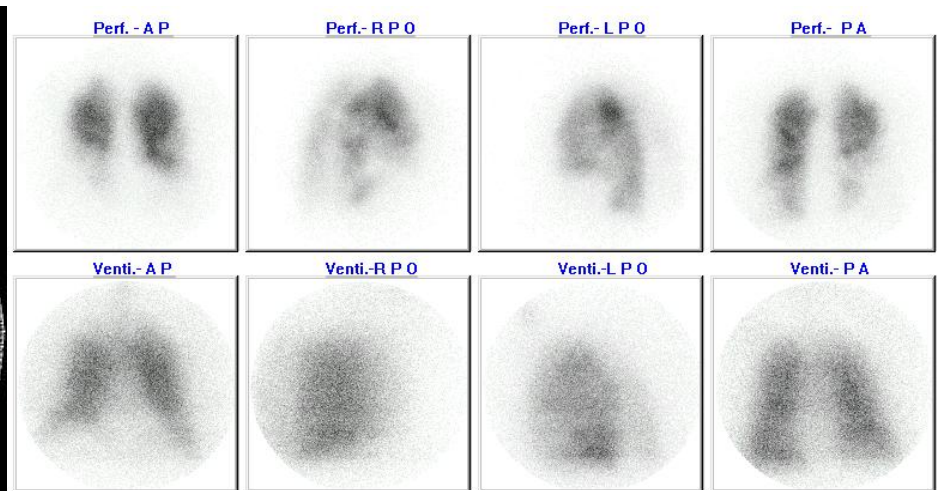
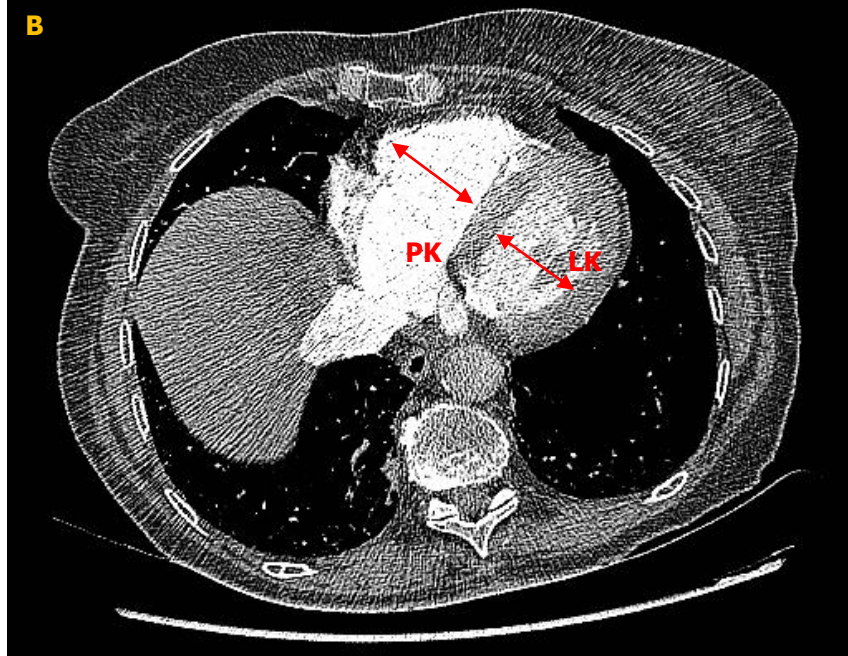
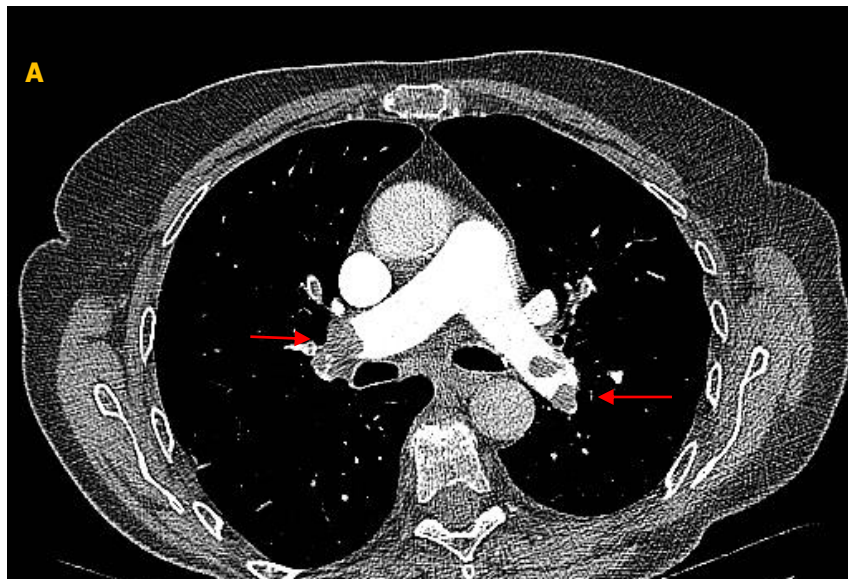
Diagnostika a riziková stratifikace

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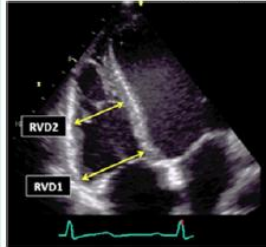


Test or biomarker	Cut-off value	Sensitivity, % (95% CI)	Specificity, % (95% CI)	NPV, % (95% CI)	PPV, % (95% CI)	OR or HR (95% CI)	No. patients	Study design (reference)	Remarks
Echocardiography	Various criteria of RV dysfunction	74 (61–84)	54 (51–56)	98 (96–99)	8 (6–10)	2.4 (1.3–4.3)	1249	Meta-analysis ²²⁶	RV dysfunction on echocardiography or CT was one of the inclusion criteria in two randomized trials investigating thrombolysis in normotensive patients with PE. ^{252,253}
CT angiography	RV/LV ≥ 1.0	46 (27–66)	59 (54–64)	93 (89–96)	8 (5–14)	1.5 (0.7–3.4)	383	Meta-analysis ²²⁶	
	RV/LV ≥ 0.9	84 (65–94)	35 (30–39)	97 (94–99)	7 (5–10)	2.8 (0.9–8.2)	457	Prospective cohort ²²⁸	
BNP	75–100 pg/mL	85 (64–95)	56 (50–62)	98 (94–99)	14 (9–21)	6.5 (2.0–21)	261	Meta-analysis ²³²	The optimal cut-off value for PE has not been defined.
NT-proBNP	600 pg/mL	86 (69–95)	50 (46–54)	99 (97–100)	7 (5–19)	6.3 (2.2–18.3)	688	Prospective cohort ^{234e}	NT-proBNP <500 pg/mL was one of the inclusion criteria in a single-armed management trial investigating home treatment of PE. ²³⁷
Troponin I	Different assays/cut-off values ^c	NR	NR	NR	NR	4.0 (2.2–7.2)	1303	Meta-analysis ²³⁹	A positive cardiac troponin test was one of the inclusion criteria in a randomized trial investigating thrombolysis in normotensive patients with PE. ²⁵³
Troponin T	Different assays/cut-off values ^c	NR	NR	NR	NR	5.0 (1.7–14.4)	682	Meta-analysis ²³⁹	
		14 pg/mL ^d	87 (71–95)	42 (38–47)	98 (95–99)	9 (6–12)	5.0 (1.7–14.4)	526	Prospective cohort ^{24e}
H-FABP	6 ng/mL	89 (52–99)	82 (74–89)	99 (94–99)	28 (13–47)	36.6 (4.3–304)	126	Prospective cohort ^{244e}	

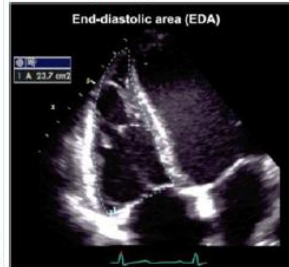
Rozměry DUTINY pravé komory

Recommendations for Cardiac Chamber Quantification by Echocardiography in Adults: An Update from the American Society of Echocardiography and the European Association of Cardiovascular Imaging

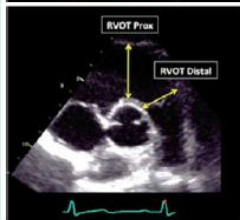
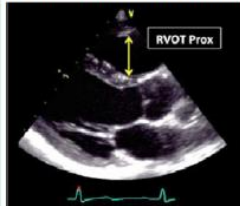
RV linear dimensions (inflow)*



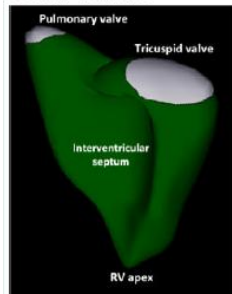
RV areas (inflow)



RV linear dimensions (outflow)*



3DE RV volumes



RV wall thickness

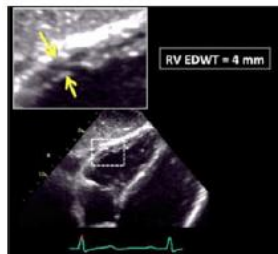
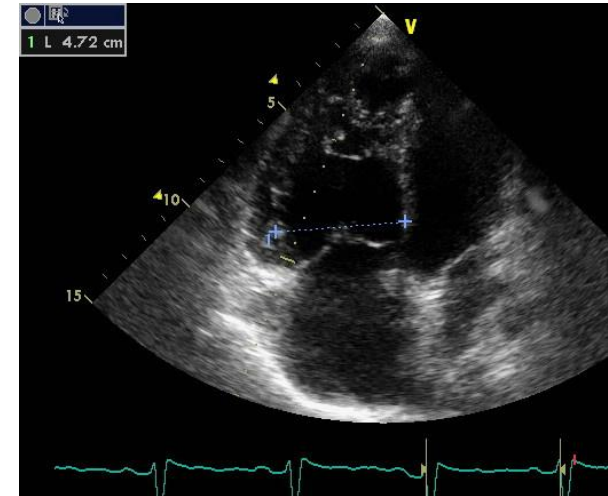


Table 8 Normal values for RV chamber size

Parameter	Mean ± SD	Normal range
RV basal diameter (mm)	33 ± 4	25–41
RV mid diameter (mm)	27 ± 4	19–35
RV longitudinal diameter (mm)	71 ± 6	59–83
RVOT PLAX diameter (mm)	25 ± 2.5	20–30
RVOT proximal diameter (mm)	28 ± 3.5	21–35
RVOT distal diameter (mm)	22 ± 2.5	17–27
RV wall thickness (mm)	3 ± 1	1–5
RVOT EDA (cm ²)		
Men	17 ± 3.5	10–24
Women	14 ± 3	8–20
RV EDA indexed to BSA (cm ² /m ²)		
Men	8.8 ± 1.9	5–12.6
Women	8.0 ± 1.75	4.5–11.5
RV ESA (cm ²)		
Men	9 ± 3	3–15
Women	7 ± 2	3–11
RV ESA indexed to BSA (cm ² /m ²)		
Men	4.7 ± 1.35	2.0–7.4
Women	4.0 ± 1.2	1.6–6.4
RV EDV indexed to BSA (mL/m ²)		
Men	61 ± 13	35–87
Women	53 ± 10.5	32–74
RV ESV indexed to BSA (mL/m ²)		
Men	27 ± 8.5	10–44
Women	22 ± 7	8–36

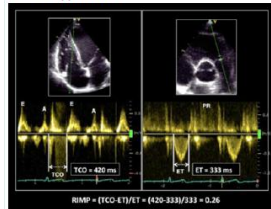


Recommendations for Cardiac Chamber Quantification by Echocardiography in Adults: An Update from the American Society of Echocardiography and the European Association of Cardiovascular Imaging

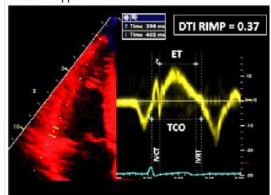
Echocardiographic imaging

RV global function

Pulsed Doppler RIMP



Tissue Doppler RIMP

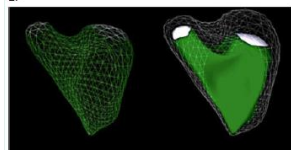


RV global systolic function

FAC



EF



Recommended methods

RIMP (Tei index) by pulsed Doppler:
RIMP = (TCO - ET)/ET

RIMP by tissue Doppler:
RIMP = (IVRT + IVCT)/
ET = (TCO - ET)/ET

RV FAC in RV-focused apical four-chamber view:
RV FAC (%) = 100 × (EDA - ESA)/EDA

Fractional RV volume change by 3D TTE:
RV EF (%) = 100 × (EDV - ESV)/EDV

Advantages

- Prognostic value
- Less affected by heart rate

- Less affected by heart rate
- Single-beat recording with no need for R-R interval matching

- Established prognostic value
- Reflects both longitudinal and radial components of RV contraction
- Correlates with RV EF by CMR

- Includes RV outflow tract contribution to overall function
- Correlates with RV EF by CMR

Limitations

- Requires matching for R-R intervals when measurements are performed on separate recordings
- Unreliable when RA pressure is elevated

- Unreliable when RA pressure is elevated

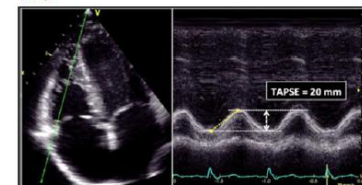
- Neglects the contribution of RV outflow tract to overall systolic function
- Only fair inter-observer reproducibility

- Dependent on adequate image quality
- Load dependency
- Requires offline analysis and experience
- Prognostic value not established

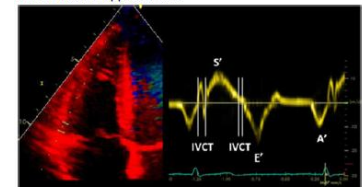
Echocardiographic imaging

RV longitudinal systolic function

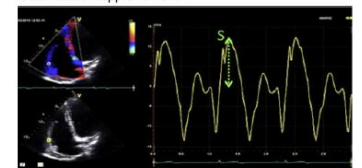
TAPSE



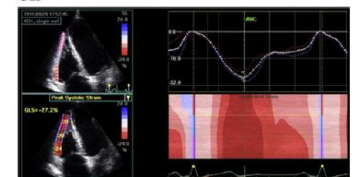
Pulsed tissue Doppler S wave



Color tissue Doppler S wave



GLS



Recommended methods

- Tricuspid annular longitudinal excursion by M-mode (mm), measured between end-diastole and peak systole
- Proper alignment of M-mode cursor with the direction of RV longitudinal excursion should be achieved from the apical approach.

- Peak systolic velocity of tricuspid annulus by pulsed-wave DTI (cm/sec), obtained from the apical approach, in the view that achieves parallel alignment of Doppler beam with RV free wall longitudinal excursion

- Peak systolic velocity of tricuspid annulus by color DTI (cm/sec)

- Peak value of 2D longitudinal speckle tracking derived strain, averaged over the three segments of the RV free wall in RV-focused apical four-chamber view (%)

Advantages

- Established prognostic value
- Validated against radionuclide EF

- Easy to perform
- Reproducible
- Validated against radionuclide EF
- Established prognostic value

- Sampling is performed after image acquisition
- Allows multisite sampling on the same beat

- Angle independent
- Established prognostic value

Limitations

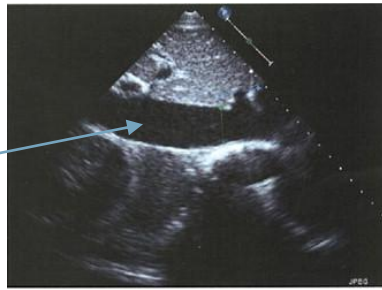
- Angle dependency
- Partially representative of RV global function*

- Angle dependent
- Not fully representative of RV global function, particularly after thoracotomy, pulmonary thromboendarterectomy or heart transplantation

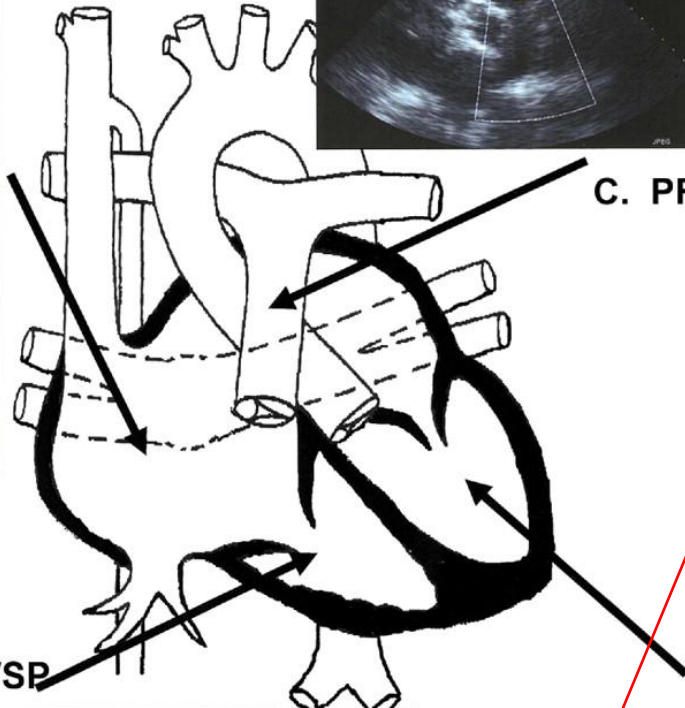
- Angle dependent
- Not fully representative of RV global function, particularly after thoracotomy, pulmonary thromboendarterectomy or heart transplantation
- Lower absolute values and reference ranges than pulsed DTI S' wave
- Requires offline analysis

- Vendor dependent

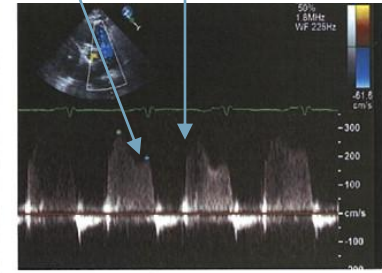
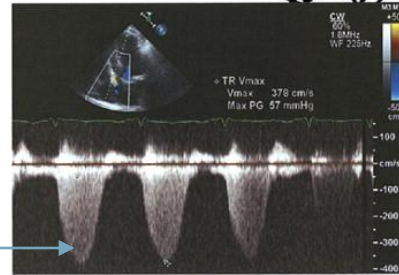
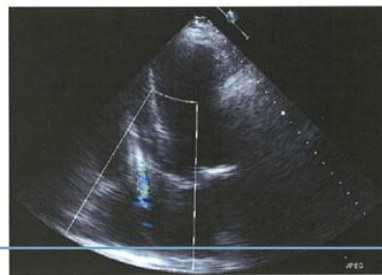
Maximální gradient regurgitace na pulmonální chlopní (PR) predikuje střední tlak v plicnici (MAP) .
 Endiastolický gradient pulmonální regurgitace predikuje diastolický tlak v plicnici (DAP) .



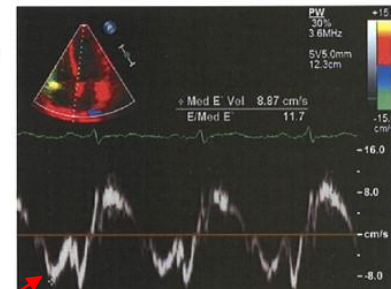
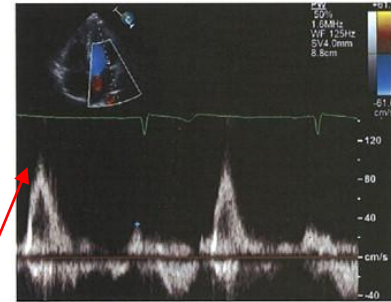
A. IVCCI--RAP



B. TR Vel.--RVSP



C. PR Vel.--PAPm, PAPd



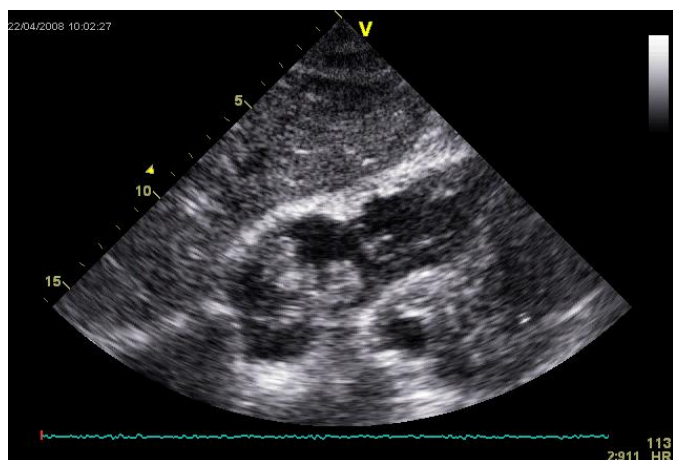
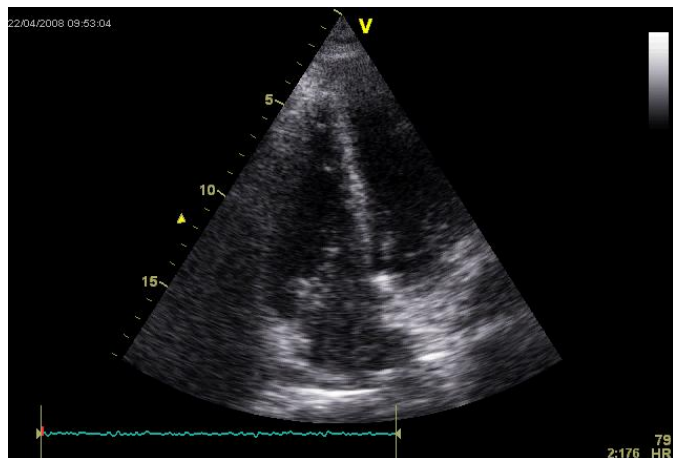
D. E/E'--PCWP

Dolní dutá žíla (IVC) , její rozměr a stupeň inspiračního kolapsu predikují tlak v pravé síni (RAP resp. CVT):
 IVC <1.2 cm a kolaps 100% = RAP 0 mmHg
 IVC 1.2-1.7 cm s >50% kolapsem = RAP 0-5 mmHg
 IVC >1.7 cm s >50% kolapsem = RAP 6-10 mmHg; <50% kolapsem = RAP 10-15 mmHg
 IVC >1.7 cm s 0% kolapsem = RAP >15 mmHg

Vrcholová systolická rychlost jetu trikuspidální regurgitace (TR) predikuje systolický tlak v plicnici (SAP):

Poměr vrcholové systolické rychlosti časný mitrálního toku (E)/časná diastolická rychlost mitrálního anulu Em (E/Em) <8 nebo >15 přesně predikuje PCWP <15 mmHg resp. >15 mm Hg.

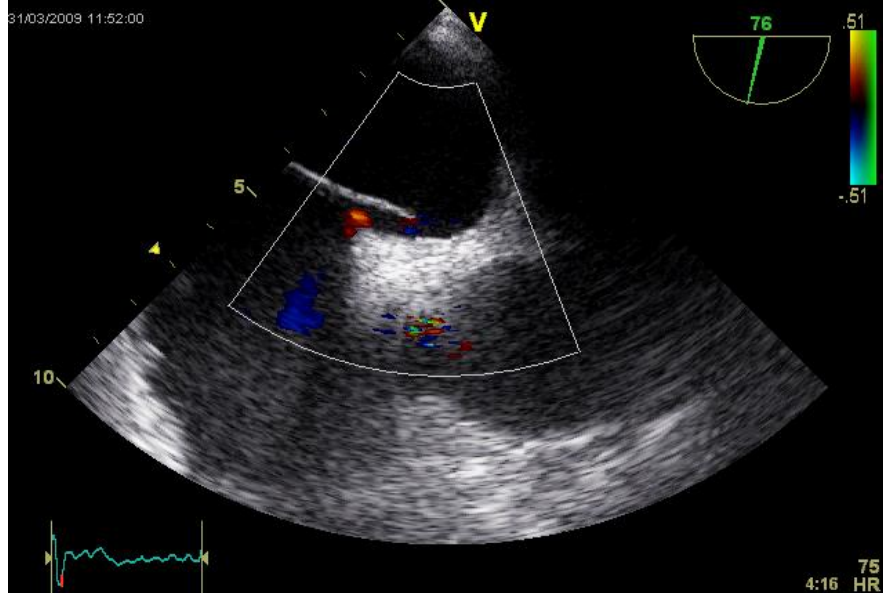
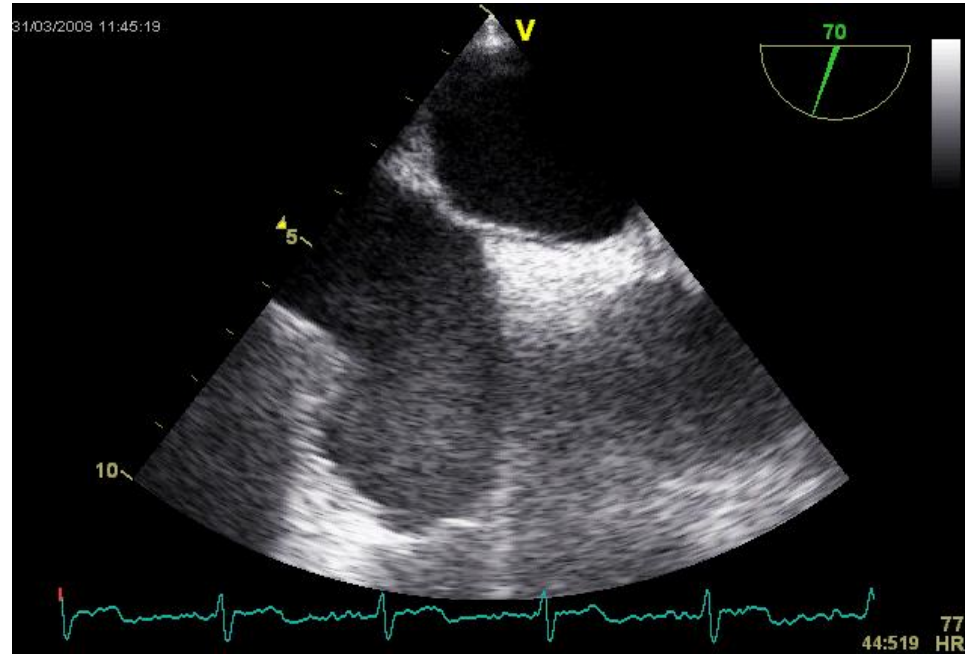
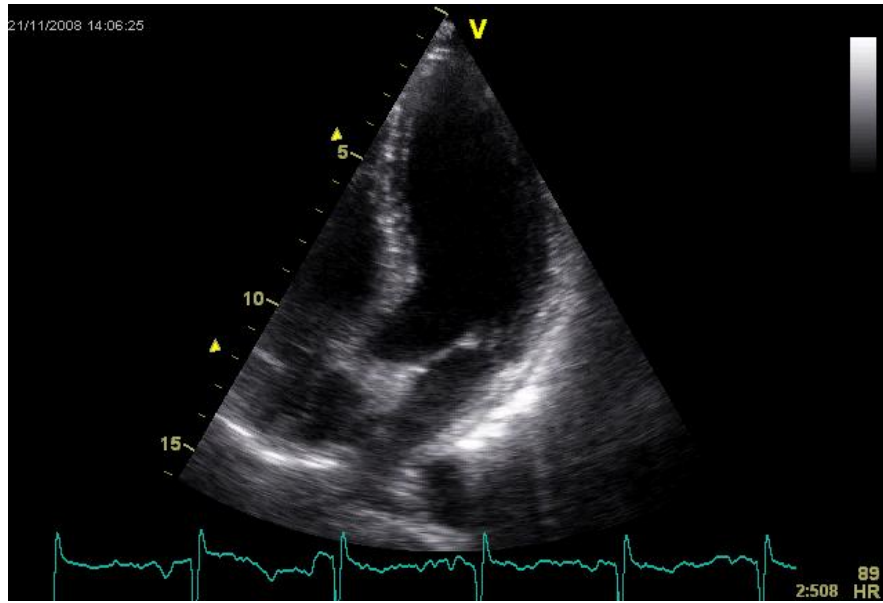
Tranzientní tromby



Přítomny až u 4 (18)% nemocných s plicní embolií

Závažný náález indikující trombolýzu

Při kontraindikaci (při PFO z rizikem vzniku paradoxní embolizace) k embolektomii



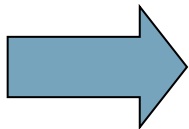
PFO s pravo-levým zkratem jako zdroj paradoxní embolizace

Nemocní s PFO a plicní embolií mají:

Vyšší riziko mortality (33% vs. 14%)

Vyšší výskyt ischemické CMP (13% vs. 2%)

Vyšší incidenci periferní arteriální embolizace (15% vs. 0%)



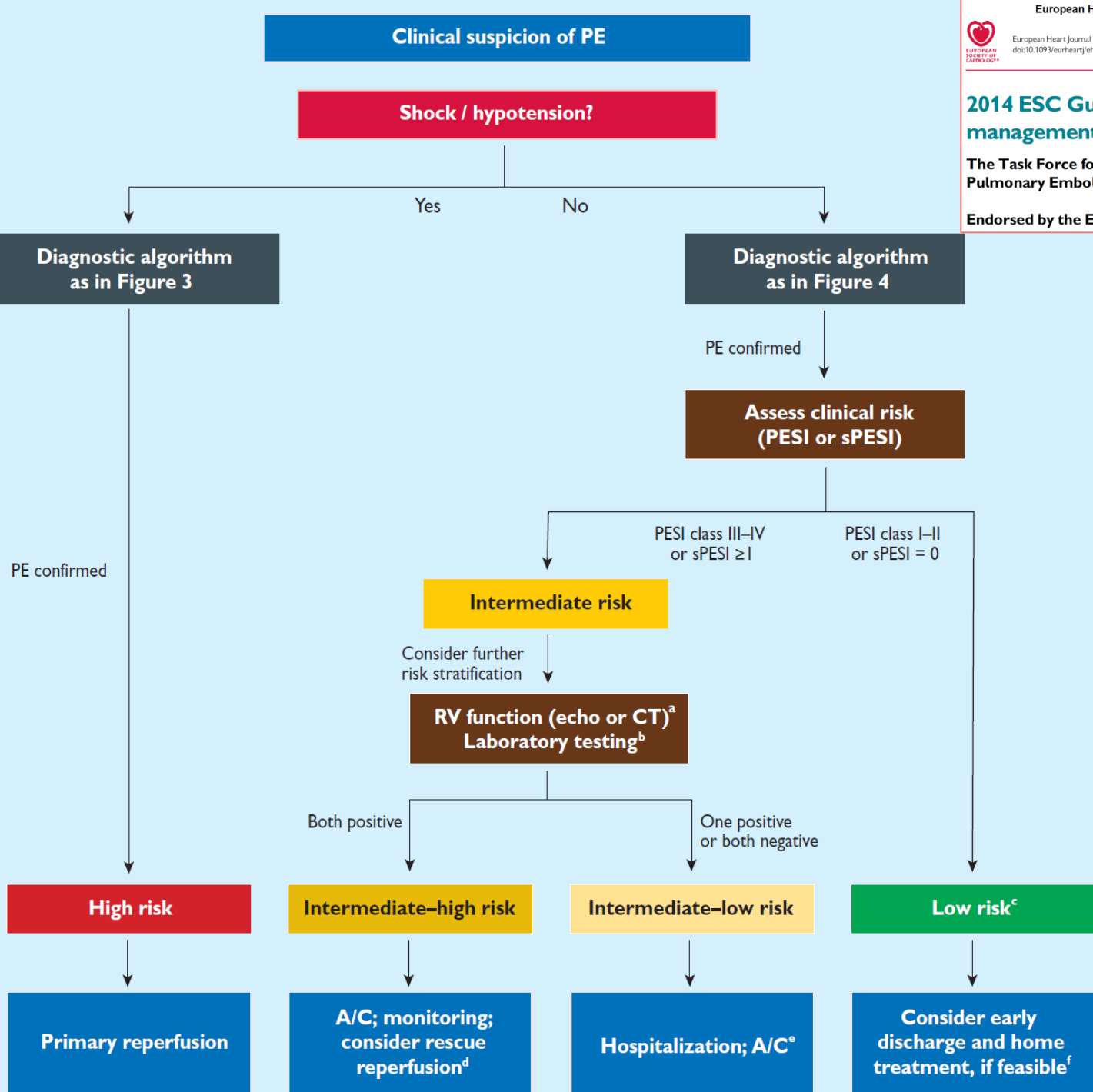
Indikace trombolytické léčby

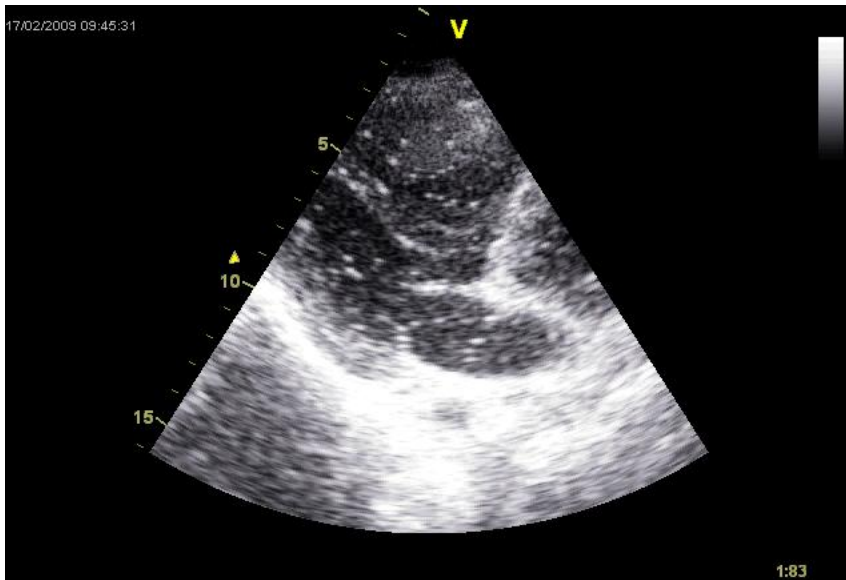


2014 ESC Guidelines on the diagnosis and management of acute pulmonary embolism

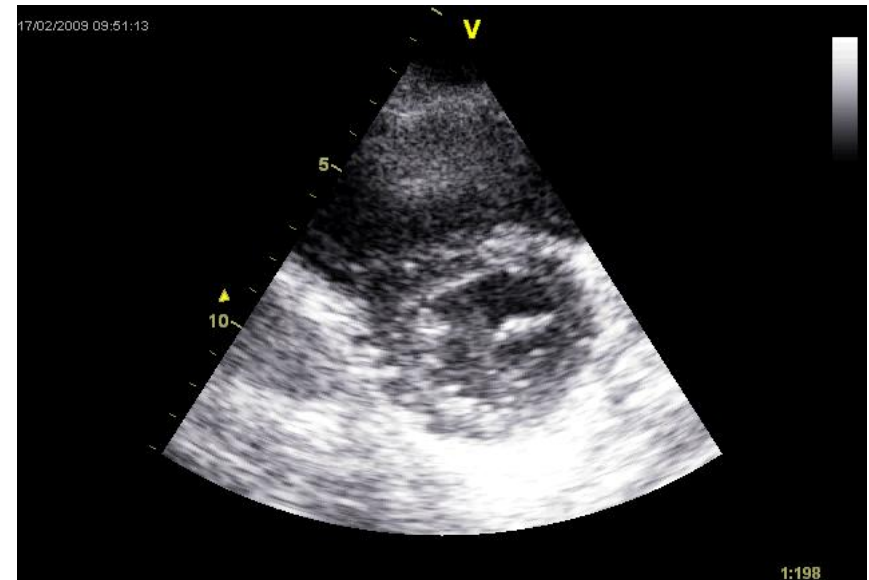
The Task Force for the Diagnosis and Management of Acute Pulmonary Embolism of the European Society of Cardiology (ESC)

Endorsed by the European Respiratory Society (ERS)





ECMO Maquet



LUCAS CPR Chest Compression System



